



# San Gabriel Valley Examiner

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Aug 31 - Sept 6, 2017

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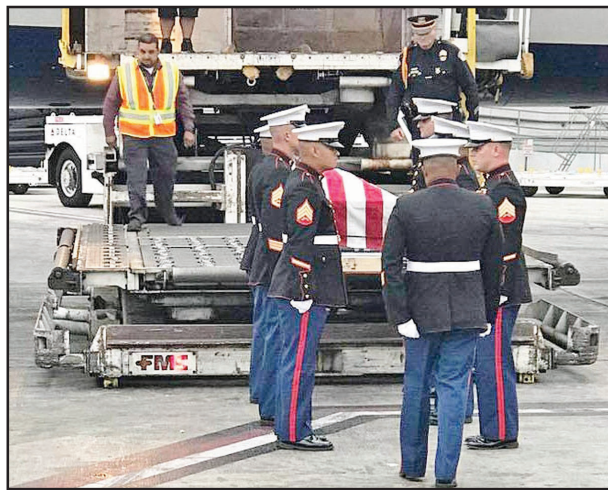


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# Fallen Marine Ruben Velasco Comes Home



Marine Ruben Velasco Arrives at LAX. Large crowd at Rose Hills wait for Ruben Velasco's arrival. Photos by Lloyd Johnson

By George Ogden

**WEST COVINA** - U.S. Marine Ruben Velasco, 19, of West Covina, was one of three Marines missing and presumed dead, following the crash on Aug. 5 in an MV-22 Osprey tilt rotor aircraft crash off the coast of Australia. Twenty-three Marines survived the crash, and a search for the three missing Marines at that time was unsuccessful.

After locating the wreckage a few days later, it was searched and then recovered. Once the aircraft was on deck, it was searched again and the three bodies of our Marines were found in the wreckage, one being Velasco.

On Friday, the body of the young Marine arrived at LAX late in the afternoon. He was met with a huge crowd of law

enforcement officers, fire fighters, elected officials, military personnel and the Patriot Guard just to name some of those that were there.

The West Covina Police, LASD and the CHP were there to honor and to escort the hearse and convoy of emergency vehicles and motorcycles to Rose Hills Cemetery. The huge convoy ended up going down the Century Freeway and then to the 605 freeway with traffic being halted to allow the long convoy unrestricted access to the freeways. All along the route people got out and saluted the hearse as it passed with the young Marine inside.

When the convoy exited the freeway, it was met with more people on both sides of the roadway, many holding large flags including Marine flags in

honor of the young Marine.

This was a very honorable tribute to both the family and to Ruben Velasco.

A memorial service is planned at Rose Hills at 5 p.m.

Wednesday and followed by the funeral service Thursday at 11 a.m.

Once again, the San Gabriel Valley Examiner's

family and staff honors his family for the sacrifice their son gave to his country and to all Americans.

Publisher Eugene F. Moses

## Arcadia Unified School District Ranked as Best Place to Teach in Los Angeles

AUSD Ranked 15th Best School District in California



Arcadia Unified announced its new teachers this year with an NFL draft style news conference.

**ARCADIA** - The Arcadia Unified School District ranks as the best place to teach in the Los Angeles Area according to Niche.com. Niche also rated Arcadia Unified at the top of the class in several other categories, naming the district as the #4 best place to teach in California, the #15 best school district in the state, and gave Arcadia Unified A+ ratings in overall school district, academics, teachers, and college prep, according to its 2018 rankings list.

"We are delighted and proud that Arcadia Unified School District has been recognized as the best place to teach in our area," said Arcadia Teachers Association (ATA) President and Arcadia High School teacher Kevin Fox. "This speaks volumes about the working relationship ATA has with the district. It takes a lot of hard work by all members of our Arcadia Unified community to get to this level, including cooperation and collaboration within and among teachers as well as between the teachers and the district, our students, and their families."

Arcadia Unified Niche Distinctions:

- #1 Best Place to Teach in the Los Angeles Area
- #4 Best Place to Teach in California
- #5 Best School District in Los Angeles County
- #6 District with the Best Teachers in California
- #15 Best School District in California

A+ overall grade from Niche

A+ in academics

A+ in teachers and college prep

Considering there are over 1,000 school districts in California, receiving these recognitions are extremely rare. In compiling its annual rankings, Niche, an influential school and neighborhood review website, performs a comprehensive data analysis of information collected from the U.S. Department of Education and from millions of reviews from students and parents. Niche also assigns grades to each school, with each Arcadia Unified school receiving an overall A+ grade.

"We are very fortunate to be a destination district for students and staff," said Arcadia Unified Superintendent Dr. David Vannasdale. "Our teachers are among the finest educators you will find that strive every day to imagine, inquire, and inspire as they challenge students to make a profound impact on their world."

In Niche's February 2017 list

results for best public high schools in California, Arcadia High School was ranked among the top 2% of public high schools in the state. Likewise, the home of the Apaches has been named a U.S. News and World Report Gold Medal School three times, an honor bestowed on less than 3 percent of the more than 19,000 schools in the country. Most recently, and for the second consecutive year, Arcadia High's 2017 graduating class had a student accepted into every Ivy League school in the country.

Arcadia Unified was also placed on the College Board's 7th Annual AP® District Honor Roll last year. Only 22 districts in California made the prestigious list, with Arcadia Unified being recognized for its outstanding Advanced Placement and Honors curriculum. For more information about the Arcadia Unified School District, please visit [www.ausd.net](http://www.ausd.net), and for more details on Niche ratings, you can visit [www.niche.com](http://www.niche.com).

## Chasing the Eclipse to Newport, Oregon

By Jayam Rutnam

**Newport, Oregon** - Persuaded to join friends who were making the trek from Glendora, California to Newport, Oregon, we agreed to take the 13 hour drive. The eclipse was to be on August 21st, and we left Glendora on August 19th, making an overnight stop at Redding, California.

The weather was beautiful and the drive was smooth with no major traffic jams. We thought the California countryside was beautiful on Highway 5, and then the miles and miles and acres and acres of fruit and nut trees through a large portion of the drive. As we went over the border to Oregon, the whole landscape changed. Tall pine trees as far as the eyes could see, the majestic backdrop of Mount Shasta, with the orange sun following us as a preview to the "big show" expected the next day.

There were millions expected from all over the U.S. to observe this once in a lifetime event. We anticipated traffic jams, crowds, shortage of gasoline and everything negative that goes with a convergence of traffic to a particular area. But so far, so good!

The next morning, we woke up at 5 a.m. to go to Agate Beach, which we had staked out the day before, as a perfect spot to observe the eclipse. An hours drive and we were at the beach. Some roads were closed to traffic, but the beach was open to eclipse watchers. We had a quick sandwich breakfast and waited for the big event. Someone shouted "It has started" and all eyes (wearing special protection glasses), looked up at the sky and the sun. Sure enough, one could notice the image of the moon



Three Glendorans Gina, Iswari and Rene watching the beginning of the eclipse. A later photo of the eclipse of the sun taken with an inexpensive Nikon Coolpix camera shows a perfect aura.

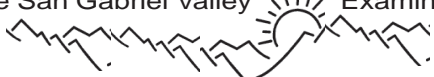
covering a portion of the sun.

All this time, the sky was blue with no clouds, and all of a sudden the marine layer from the ocean started covering the sun. I am sure that all watchers said a silent prayer at that moment and sure enough, the clouds dissipated. It was 10.19 a.m. and a major portion of the sun was now covered by the moon, and all of a sudden, the sun was completely covered showing a clear, bright white aura that we have heard about and seen pictures of. We watched the total eclipse to the OOH's and AAH's of the spectators. We were in awe, dumbstruck, watching this SPECTACULAR sight! Although it seemed to come and go fast, it lasted

for over 60 seconds, until the first light of what looked like a powerful flashlight peaked out of the side of the moon. Was the trip worth it? Absolutely! It was fantastic.

Coming back to Glendora is when we hit the traffic jams. We wanted to stop overnight at a hotel or motel on the way but all were fully booked. Finally found one room in the boondocks! We went to sleep as soon as we hit the pillow. The traffic was bad the next day, but we made it home.

We wouldn't have missed the opportunity of seeing the eclipse for anything. It certainly was a once in a lifetime event of mother nature at her best!



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# Monrovia Unified Students Experience First Solar Eclipse Through Handmade Viewing Devices



Plymouth Elementary School students looked up toward the sky in their specialized safety solar eclipse sunglasses on Aug. 21.

**MONROVIA** - Wild Rose Elementary students peaked through a square opening in their handmade sun projectors, made from a cardboard shoe box, hoping to safely catch a glimpse of the mid-morning solar eclipse on Aug. 21.

For almost all of the Monrovia Unified students, this was the first solar eclipse they have ever experienced.

"I thought it was cool - a tiny part of the sun went away," Wild Rose Elementary fourth-grader Joey Kubel said. "I had fun making the box and I learned that some areas of the sun were not fully covered."

For the first time this millennium, a total solar eclipse was visible in the contiguous U.S., providing Monrovia Unified students the opportunity to learn about astronomy by experiencing a celestial phenomenon.

Some students made their

own viewing devices in their classes while others looked to the sky in safety sun glasses.

"I think it was pretty cool that from a shoe box you could see the solar eclipse without hurting your eyes," Wild Rose Elementary fourth-grader Amirah Sorra said. "I want to learn more about how it works - if I make a pinhole in aluminum foil in a box, how can it make it look like the sun?"

For Monrovia residents, the partial eclipse started at 9:05 a.m. Aug. 21, when the moon touched the sun's edge. At 10:21 a.m., the sun reached its maximum eclipse; the phenomenon ended at 11:44 a.m. A total solar eclipse was visible in Oregon, Idaho, Wyoming, Nebraska, Missouri, Kansas, Kentucky and Tennessee. The District and schools sent out solar eclipse precautions to students and their families to ensure that individuals would

have a fun and safe experience.

"Thank you to our teachers and staff for ensuring the safety of our students and families while providing a fun learning opportunity during the solar eclipse," Monrovia Unified Board President Bryan Wong said. "Monrovia Unified students were able to learn about the astronomy behind this rare event while also experiencing it right in front of their eyes."

The next solar eclipse that will be seen in the continental U.S. will occur on Oct. 14, 2023 and will be visible from Northern California to Florida.

"By learning more about the science behind a solar eclipse and experiencing this moment in time together, we hope to ignite in our students their curiosity and their sense of community," Monrovia Unified Superintendent Dr. Katherine Thorossian said.

# Tips On Choosing A Lice Treatment For Back-To-School

With So Many Lice Treatments Available, Parents Are Left Scratching Their Heads

Lice cases spike during the back-to-school season, which means many parents will be shopping for lice treatment along with No. 2 pencils as kids return to the classroom. Parents have a variety of over-the-counter (OTC) options for treating lice—many more than their parents had—so selecting a product may feel overwhelming. Pesticide-free lice treatment Vamousse provides a look at the three most common types of lice treatment products found in the first aid aisle.

**Pesticide-Based Lice Treatments**

Traditionally, pesticide-based products have been the most common lice treatments available. These products contain the active ingredients permethrin or pyrethrum, which are pesticides introduced more than four decades ago as pediculicides—OTC drugs to kill lice. With these products, the formula kills lice but does little to kill their eggs, making a second application necessary seven to 10 days later to kill newly hatched lice that were in the egg stage when the first treatment was performed.

A big concern today is pesticide resistance. Researchers studying head lice across the U.S. have documented that strains of "super lice" exist in much of the country. As a result of having relied on the same chemicals to treat lice over decades, resistance has grown, leading to less consistent reliability of these pesticide-containing products.

**Pesticide-Free Lice Treatments**

This category of products is aimed at addressing the pesticide-resistance challenge and provid-



Parents today can defend their kids from picking up lice at school.

ing a different approach to ending an infestation. Within the pesticide-free category, there are two main types of products: pediculicides and combing facilitators.

**Pesticide-Free Pediculicides**

This newer generation of treatments emphasizes safe, non-toxic ingredients with the ability to kill lice, including super lice, without using the pesticides to which lice have become resistant. Often, these products include a Drug Facts box indicating that the FDA recognizes the active ingredient as a pediculicide—an OTC drug for the treatment of lice.

Vamousse Lice Treatment is an example of a pesticide-free pediculicide. Vamousse is also proven to kill eggs, dehydrating them with the treatment. This means that both the adult lice and their laid eggs are killed with the application rather than needing to wait for eggs to hatch. Parents also get the benefit of ingredients that are nontoxic and safe to reapply as needed, so there is no waiting period to fully end an infestation or quickly treat a reinfestation.

• Combing Facilitators

Combing is the original method of ending a lice infestation (evidence dates back even to the time of Cleopatra!). Some products in the lice treatment section serve to condition the hair for easier combing, supporting the manual removal of lice. These products can be recognized by language about "loosening the nit glue" or "eliminating lice and eggs." For many parents, combing alone is a time-intensive, highly involved activity that may need to be repeated frequently to get complete removal, so they should be aware that these combing aids do not kill lice.

What Parents Should Know

The best way to identify a head lice infestation early is by doing regular head checks. If you find lice, check the rest of the family and alert playmates. With the range of treatments on the market, be sure to follow the directions carefully for the product you select as procedures vary based on the type of product.

About Vamousse Lice Treatment

At Vamousse, they know parents want to eliminate head lice quickly. That's why they're proud to offer fast, effective products for parents to control lice and super lice with ingredients they can feel good about. Vamousse Lice Treatment kills both lice and eggs with the first application so kids and parents can get back to focusing on life—not the itchy effects of head lice.

Learn more about proactive lice management this back-to-school season and how Vamousse works at <http://vamousselicetreatment.com/backtoschool>. (NAPSI)

# California School Of The Arts - San Gabriel Valley Opens Doors To More Than 700 Artistically Minded Seven Through 11th Grade Students For First Day Of School

First-year opportunities include Steampunk Symposium, all-school musical "Pippin," Master Artist Series, FUSION and Descanso Gardens "Enchanted: Forest of Light"

**DUARTE** - California School of the Arts - San Gabriel Valley (CSArts-SGV), a new public charter school offering unparalleled opportunities for middle and high school students passionate about the arts, opens with the first day of school on Tuesday, Aug. 14. Since June 30, 2016, when the Duarte Unified School District (DUSD) School Board unanimously approved the charter, CSArts-SGV has accepted more than 700 students in grades seven through 11 (next year will expand to include grade 12). Approximately 66% of enrolled students reside in San Gabriel Valley, with others traveling from Los Angeles, Orange, San Bernardino, and Riverside counties, among other locations. CSArts-SGV's mission is to provide a creative, challenging, and nurturing environment that offers bright and talented students a rigorous college-preparatory academic program and pre-professional arts conservatory training. This new school is modeled after one of the premier arts schools in the nation, Orange County School of the Arts (OCSA), which has a 31-year history of providing innovative and award-winning arts and academic programs. The campus is located at 1401 Highland Avenue, Duarte.

"For years I've dreamed of serving more students who have a passion for the arts," said Dr. Ralph Opacic, founder and executive director of Orange County School of the Arts and chief executive officer of California School of the Arts. "Our partnership with the Duarte Unified School District has created an opportunity to provide the San

Gabriel Valley and surrounding communities with the same quality academic and arts instruction, unique school culture and unparalleled value that we have established at Orange County School of the Arts over the past 31 years."

High school students receive approximately five hours of academic instruction on campus per day, consisting of three 90-minute classes and a 30-minute tutorial block. College preparatory, honors and advanced placement courses are offered and each class has a small student / teacher ratio of 30-to-1. All academic faculty members are fully credentialed and the majority hold advanced degrees. Middle school students take their academic classes through the Duarte Unified School District, while completing their school-day at the CSArts-SGV campus in their conservatory classes.

"Our rigorous arts and academic programs work hand-in-hand to develop students into well-rounded individuals," says Principal William Wallace, Ed.D. "Upon graduation, CSArts-SGV students will be prepared to excel in college and pursue any career of their choosing."

All students have the opportunity to enroll in one of 10 arts conservatories offered including acting, classical & contemporary dance, commercial dance, creative writing, instrumental music, integrated arts, musical theatre, production & design, visual arts and vocal arts. The arts conservatory programs have a small student / teacher ratio of approximately 20-to-1.

Dean of Arts Abbe Levine adds: "The study and practice of

an art form teaches students creative thinking, discipline, teamwork and self-expression among other skills that are essential to success in any career. In addition, our high-caliber artistic instruction and pre-professional training also prepares students to pursue careers as professional artists."

Exciting learning and performance opportunities are in the works for the 2017-18 school year. To kick off the year, two creators of the science fiction genre steampunk, Tim Powers and Jim Blaylock, lead a school-wide symposium, which sets the stage for several steampunk-themed fall performances/presentations across multiple conservatories, including a visual art show and the all-school musical,

"Pippin," which will be designed with a steampunk aesthetic. A cross-disciplinary Master Artist Series brings nationally renowned guest artists and master teachers to provide extraordinary learning opportunities for students. Through a partnership with Descanso Gardens, students perform at the lauded "Enchanted: Forest of Light." Students may also audition to join FUSION, a cross-departmental performance group comprised of aspiring young artists who rehearse for and perform at on- and off-campus events.

CSArts-SGV was established in 2016 by the California School of the Arts Foundation, a non-profit organization being established to operate a network of high achieving, comprehensive



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# This Labor Day, Baldwin Park Police Department Reminds Citizens to Drive Sober or Get Pulled Over In Effort to End Impaired Driving

**BALDWIN PARK** - The end of summer is traditionally marked by the Labor Day holiday, a time for our country to reflect on the hard work of our fellow Americans. The long weekend is celebrated through picnics, pool parties, and barbecues, as families and friends enjoy the last few days of summer before fall and winter approach. Sadly, the Labor Day holiday is also one of the deadliest, with alcohol and drug impaired drivers endangering themselves and others on America's roadways.

This year, Baldwin Park PD is partnering with police, Sheriffs and the CHP across the state to stop impaired drivers and help save lives. The high-visibility national enforcement campaign, Drive Sober or Get Pulled Over, runs from August 18 through September 4, 2017.

The DUI Enforcement Team deployed this weekend to stop

and arrest alcohol and drug impaired drivers. DUI Saturation Patrols deployed on August 25 and 26 between the hours of 4:00 p.m. and 2:00 a.m. in areas with high frequencies of DUI collisions and/or arrests. These extra officers on the road, along with routine patrols, aimed to drastically reduce impaired driving in our community's roadways.

Statistics nationwide show a dangerous trend in impaired driving. According to the National Highway Traffic Safety Administration (NHTSA), 10,265 people were killed in drunk-driving crashes in 2015, a three percent rise in deaths over 2014. That's roughly one person killed every 51 minutes in 2015. That's the equivalent of 20 jumbo jets crashing each year, with no survivors. This is why Baldwin Park PD is working to remind drivers that impaired driving is not only illegal, it is a matter of life and death.

Officers will be looking for signs of alcohol and/or drug impairment. When possible, specially trained officers will be available to evaluate those suspected of drug-impaired driving, which now accounts for a growing number of impaired driving crashes.

In recent years, California has seen an increase in drug-impaired driving crashes. Baldwin Park PD supports the new effort from the Office of Traffic Safety that aims to educate all drivers that "DUI Doesn't Just Mean Booze." If you take prescription drugs, particularly those with a

driving or operating machinery warning on the label, you might be impaired enough to get a DUI. Marijuana use can also be impairing, especially in combination with alcohol or other drugs, and can result in a DUI.

Plan your sober ride home before the party begins as end of summer activities wraps up. It is never okay to drive impaired. Even if you've had one alcoholic beverage, designate a sober driver or plan to use public transportation to get home safely.

Drivers are encouraged to download the Designated Driver VIP, or "DDVIP," free mobile app for Android or iPhone. The DDVIP app helps find nearby bars and restaurants that feature free incentives for the designated sober driver, from free non-alcoholic drinks to free appetizers and more.

Have family or a friend who is about to drive buzzed or impaired? Take the keys away and make arrangements to get your friend home safely. The cost of a ride home is cheap. Drivers caught driving impaired can expect the impact of a DUI arrest to include jail time, fines, fees, DUI classes, license suspensions and other expenses that can exceed \$10,000.

Funding for this DUI operation is provided to the Baldwin Park Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to 'Report Drunk Driver - Call 9-1-1'.

## Duarte USD Announces Candidates for Open Seat on Board of Education

**DUARTE** - The Duarte Unified School District Board of Education is holding a meeting at the Duarte Performing Arts Center, 1401 Highland Ave., Duarte, on Tuesday, **September 5**, at 7:00 p.m. At that time they will interview and make a provisional appointment to fill one Board vacancy. That night, following the appointment, the selected candidate will take the oath of office and immediately begin their term.

The ten candidates that applied for the open seat are: Lupe Valerio, Jody Schulz, Evelyn Gonzalez, Shelby Wagner, Luz Serna, Marisol Martinez-Garcia, Rosalie Zesati, Theresa Benson-Mathenia, James Finlay, and Irene Murray.

## Draft District Maps Are Available For Public Comment

**ARCADIA** - In accordance with the California Voting Rights Act (CVRA) and AB 350, the City of Arcadia has released proposed district maps as part of the transition to district based elections. The drawing of City Council districts is regulated by state and federal law, and districts must be drawn to account for equal population according to the latest federal census data. In establishing the boundaries for the districts, the City may give consideration to the following factors:

- Topography;
- Geography;
- Cohesiveness, Contiguity, Integrity, and Compactness of Territory; and
- Community of Interest of the Districts.

The draft maps are available for review on the City's website at [www.ArcadiaCA.gov/districts](http://www.ArcadiaCA.gov/districts). The community is invited to provide input on the draft maps at the next scheduled public hearing on September 7, 2017 at 6:00PM at Arcadia City Hall located at 240 W. Huntington Drive. Additional comments may be submitted to the City via email to [mbruckner@ArcadiaCA.gov](mailto:mbruckner@ArcadiaCA.gov).

Per the CVRA and AB 350, the City must complete the transition to district based elections by October 2017; however, the implementation of district based elections will begin with the next General City Council Election.

# Los Angeles County's Community Development Commission Introduces SMART Funding

*Loans Available to Help Local Business Owners Save Time, Save Money, and Grow their Businesses*

**LOS ANGELES COUNTY** - The Community Development Commission of the County of Los Angeles (CDC) announced the streamlining of its small and medium business loan programs — all now known as SMART Funding. SMART Funding offers competitive loan programs created to support a variety of established businesses in Los Angeles County. Business owners and leaders want to make smart, sound financial decisions and, by working directly with SMART Funding, these businesses have the opportunity to access low-interest loans with customizable terms.

SMART Funding will offer personalized business capital options, focusing on four specific areas of promising economic development:

- Manufacturing;
- Clean technology;
- Medical and health professionals; and
- Transportation-adjacent development.

With potential loans ranging from \$25,000 to \$1,500,000, SMART Funding aims to help local businesses purchase necessary equipment and machinery, acquire commercial property, build up working capital, and create and retain jobs. Applicants will work closely with dedicated loan officers to determine eligibility and construct a loan tailored to specific business needs. The CDC aims to help these local businesses build firm foundations, and save time and money — all in line with the agency's goal of Building Better Lives and Better Neighborhoods for residents and business owners of Los Angeles County.

"We're pleased to offer SMART Funding to help valuable Los Angeles County businesses succeed. By streamlining these loans, we are positioning local businesses for healthy economic growth in the years ahead," stated Sean Rogan, CDC Executive Director.

The CDC is a creative and innovative public organization comprised of skilled professionals committed to Building Better Lives and Better Neighborhoods for the residents and business owners of Los Angeles County. As an affordable housing, community and economic development agency, the CDC offers a wide range of programs benefiting residents and business owners in unincorporated Los Angeles County areas and various incorporated cities.

## Fairplex To Honor Local Residents With "Baldwin Park Day"

*Special discounts, parade lined up for September 6 celebration*

**BALDWIN PARK** - Longtime resident Humberto "Monty" Montenegro, 88, is extremely proud to be part of the city of Baldwin Park. He has lived here since 1956, and still recalls when it was "just a bunch of orange groves all over the place."

Montenegro will be honored as a community hero, and the Baldwin Park Woman's Club will be honored as the community group honoree on Wednesday, September 6, as part of the Los Angeles County Fair's "Baldwin Park Day" at Fairplex in Pomona. The special designation was recently announced as part of Fairplex's salute to neighboring cities and their heroes.

"This is going to be something really special for our community," said Manuel Carrillo, director of Recreation and Community Services. "It promotes the city in a positive light, and it brings everyone together for good camaradery and to rally around the city."

Every year, Fairplex officials elect a slew of area communities to honor throughout the extent of the L.A. County Fair season. Residents from selected cities are invited to gather as a community at Fairplex, 1101 W. McKinley Ave., and celebrate elements of the fair together on a designated date. It has been about 20 years since Baldwin Park was tapped for the special honoring.

This year, however, the city was picked among Fairplex's honored Community Day honorees, designating September 6 as "Baldwin Park Day at the Fair."

"Baldwin Park Day" will include several perks for Baldwin Park residents, including a discounted fair admission price of \$8 each (regular admission is \$14) to be used on September 6. Local officials are, therefore, inviting residents and business

members to visit the L.A. County Fair on September 6 as a way of demonstrating their pride in Baldwin Park and building community relationships.

Festivities for "Baldwin Park Day" will include a community reception beginning at 3:30 p.m., followed by a parade through the fairgrounds at 5 p.m. Organizers anticipate City Council members, along with Montenegro and members of the local Woman's Club, to be among the caravan during the parade.

Local officials said the Fairplex parade will be special for Baldwin Park community members, family and friends. City Council members selected Montenegro and the Woman's Club as the community's hometown heroes due to their longtime commitment and service to the city. Montenegro has been a Baldwin Park business owner for about 60 years, and the Woman's Club has been a staple in the city for more than a century.

"We are honored to be selected to represent the City of Baldwin Park at the Los Angeles County Fair. It acknowledges our efforts to support our city, its businesses and its residents since we became part of an international organization in 1906," said Vivian Reyes, 1st Vice President for the Woman's Club.

"Baldwin Park is my city, I feel real proud to be part of this city and serve as the community hero," said Montenegro, adding he is excited to be part of his city's Fairplex parade. "I'll be as proud as can be during that parade, and I will do whatever I have to do to be part of Baldwin Park."

"Baldwin Park Day," of course, will also be met with the traditional fair specialties such as carnival food, rides, and a slew of attractions for those who attend. For a weekday celebration, ac-

ording to officials, it's a great way get out and enjoy an evening with family, friends and the community.

"It's an alternative to going to an amusement park," said Carrillo. "For this price of admission, it's pretty hard to beat. We would love for people to go to the L.A. County Fair and have a blast."

City Manager Shannon Yauchzee confirmed that he and his associates have cancelled the regularly scheduled City Council meeting slated for September 6 in order to encourage more residents to attend Baldwin Park Day at Fairplex.

Baldwin Park residents may purchase discounted L.A. County Fair tickets online by visiting [www.lacountyfair.com/buytickets](http://www.lacountyfair.com/buytickets) and entering promo code **baldwin6**. "Baldwin Park Day" coupons are also available via the city website ([www.baldwinpark.com](http://www.baldwinpark.com)) and at City Hall, the Esther Snyder Community Center, the Julia McNeill Senior Center, the Teri G. Muse Family Service Center, the Arts & Recreation Center and at the Teen Center.

Each coupon is good for up to 6 people on September 6, and coupons may be presented at the Fairplex ticket window on that day for admission to the L.A. County Fair.

"Baldwin Park Day" organizers additionally noted that a city bus will provide free transportation to the first 50 people to register for "Baldwin Park Day" at Fairplex. Interested individuals may enroll at the Esther Snyder Community Center, 4100 Baldwin Park Blvd. The bus is slated to depart from Morgan Park, 4100 Baldwin Park Blvd., at 1:30 p.m. and will return at 8 p.m. on September 6. For more details, call (626) 813-5245, Ext. 317, or visit [www.baldwinpark.com](http://www.baldwinpark.com).

## County Expands Efforts To Help Foster Youth Achieve Their Goals As Adults With Self Sufficiency Program

**LOS ANGELES COUNTY** —The Board of Supervisors unanimously approved a motion by Supervisors Kathryn Barger and Hilda L. Solis which seeks to organize and enhance efforts by county departments and community partners to help foster youth transition to successful adulthood.

"Today's Board motion asks the county to refine and focus the collective initiatives to ensure we are providing comprehensive programs and services to those vulnerable young people for whom the county has become their de facto parent," said Super-

visor Barger. "Starting at the earliest age possible, we must help foster youth achieve four foundational goals of educational attainment, stable employment, permanent housing, and emotional and social connections for well-being."

"Foster youth are among our most vulnerable young people in society. To the extent that they have unique challenges, this population deserves our time, attention and enhanced competency toward serving them," said Supervisor Solis. "Our foster children are our county's kids and I

am committed to seeing that responsibility through with this motion."

Under the direction of the Chief Executive Office and the Office of Child Protection, the County will examine the existing system of care, and collaborate with community organizations and partners who are experts in the fields of housing, employment, education and health to identify the gaps and shortfalls in services, potential bureaucratic hurdles, existing successful initiatives, and promising pilot programs.



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• We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.  
• We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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## Union Dues: Mandatory or History

Most of us are familiar with the term trailer bill since the latest budget incorporated a trailer bill attempting to change the recall process to protect Sen. Josh Newman (D-SD 29) from recall after he angered voters in his district voting to support the gas tax increase.

But there was another trailer bill - AB 119 - that was also signed into law as part of the budget process. This bill applies to public agencies including cities, counties, all public schools, the LA County Metropolitan Transportation Authority (and I'm sure I've missed one or two) allowing the unions "unfettered, on-the-job access to employees" to provide "orientation seminars", particularly with new employees so they understand their rights as members of the union.

Typically trailer bills were designed to clean up minor glitches in the budget bill, not write or rewrite state law to suit a political agenda by the party in power as is being done under the Brown Administration.

A chunk of money, called dues, is taken out of each paycheck of union members purportedly to support the union members in negotiations and disputes with the employer. Employees can opt out of a portion of those dues used for politicking (support of candidates, propositions, etc) but it is mandatory the union shop employees pay their "agency fees" or "fair share" to support activities the union performs to directly support them.

The option of withdrawing from the political portion of the dues is so complex and difficult to implement most give up or don't even try.

The California Teachers' Association published a document in 2014 called - "Not If, But When: Living in a World Without Fair



**Shade's Perspective**  
Lois M. Shade

**Former Mayor of Glendora**  
Share" to prepare union members for the day when mandatory dues may be history. The document noted:

- 1961 law required public employers to "meet and confer" with employee representatives of employees when requested.

- 1975, EERA, signed by Gov. Jerry Brown, established collective bargaining for school employees.

- 2000, a bill signed by Gov. Brown, allowed unions to require employees to join the union or pay the union a Fair Share service fee - "an amount ... not to exceed ... that shall cover the cost of negotiation, contract administration and other activities of the employee organization that are germane to its functions as the exclusive representative."

Several ballot propositions have attempted to overturn those measures, but all have failed.

As part of this document, the authors suggest if the mandatory requirement of membership for California Teachers Association (CTA) was lost, there would dire consequences for the unions --- loss of revenue, fewer resources, reduced staffing, pressure on pension and benefit systems.

The conservative Supreme Court in several cases, "did not rule public sector Fair Share fees

unconstitutional ... but the conservative majority did express hostility to, and skepticism about the constitutionality of, public sector Fair Share fees, and all but invited further legal challenges."

With the appointment of Justice Neil Gorsuch it is expected that some of those cases will move forward to the Supreme Court. One case, *Friedrichs v. the California Teachers Association*, was brought by nine California public school teachers challenging mandatory dues collection. While there is nothing I've read that indicates the elimination of unions in the public sector, there are articles that have been written noting there may be changes coming as the court wades through some of the cases challenging mandatory dues.

The California Policy Center weighs in on the issue, saying the unions control a majority of our State Legislature and support a 100% progressive agenda and "consistently agitate for increased spending." In 2016, CPC says the public education unions alone spent \$373 million a year just in California on their political agenda. The biggest impact is on local government with the pension requirements ruled to be irreversible once enacted.

California Policy Center, in their 2016 report, estimated the unfunded liabilities in CalPERS at \$93.5 billion and CalSTRS at \$73.7 billion or 62% of California's pension fund assets leaving state and local government workers' liabilities at \$256 billion.

CPC said the police and firefighter unions do the most damage at the local level with unsustainable pensions. At age 50, a 20-year veteran can retire with a pension equivalent to 60% of their highest year's salary; and, a 30-year veteran is eligible for 90% of their highest salary.

## Low Life Graffiti Criminals Ruin it for EVERYONE!

It never fails, you try to have something nice or keep something clean, you can bet your life that the graffiti criminals will be there to mess it up.

The other day, I was the on San Bernardino Freeway in West Covina, and on the brand-new decorative sound wall, the lowlives tagged about 20 feet and maybe 6 feet high all along the block wall. This is on the traffic side of that sound wall.

These pieces of garbage that do this cost us, you and me, money. Basically, they are stealing from us. We have to pay for the cleanup. If they get caught, it is just a slap on the wrist. If they get a fine, it is next to nothing. Each city pays well over \$100,000 per year to clean up their graffiti. Those people with private property that get hit, basically they are responsible to clean it up. Some of these people are senior citizens that cannot afford to cleanup the horrible damage done to their properties.

We need to modify the laws that would allow us to take measures in our own hands and to



**George Ogden**  
*That's just the way it is!*

protect our property. If you have a weapon and somebody tries to rob you and you shoot them, most likely that is justifiable homicide. We should be allowed to do this when people are damaging our property, or public property, as it is nothing more than stealing money from us.

The sad part of it is our lawmakers basically turn their backs on this type of criminal act. People need to come together and put a plan in action that will help neutralize this problem. I would bet that most parents are very much aware of what their criminal kids are doing. The interesting part is, it is not just the kids, and it is adults as well. One

"adult" that we caught that damaged property was 32 years old. He was convicted of a felony and sentenced to one year in jail. I believe he got an early out because of SB 109 and he was back at it again. We would've been better off if somebody would've shot him in my opinion.

If you see these criminals committing graffiti crimes, report it ASAP. Do not approach them. In many cases they are armed, and graffiti is not the only thing they do. Many of them commit other crimes such as robberies, mostly on seniors, car jacking and assaults. They are usually in gangs, and again the conspiracy lives on.

Unless we take an active role, including our lawmakers, we are not going to be able to defeat this type of crime. We need to come together and do something about it. Otherwise, you may as well take out your wallet put your money out there for somebody to take. It is the same thing as being robbed.

*"That's Just the Way It Is!"*

## Building up vs. Tearing Down: Trump and Charlottesville

by Jane M. Orient, M.D.

The President's remarks that provoked an unprecedented storm of hate and outrage were made at a press conference about—infrastructure. President Trump explained why our infrastructure is in such terrible shape. There's the permitting process that delays projects for years or decades, and causes costs to double, triple, quintuple, or more.

This resonated with me. My dad was a modestly successful general contractor. He built small commercial buildings like grocery stores, and affordable housing. He could have built more. "Old age and smashed feet" didn't stop him. The city's inspection process finally did. It was always a problem. He might have to sit around for days waiting for an inspector to deign to show up. Then the inspector could red flag a project just because he was having a bad day or felt disrespected.

So a man who built sound, durable buildings—who could and sometimes did do everything from surveying the land to digging the foundation to finishing the roof—whose livelihood was at risk if he did a bad job—was at the mercy of a government employee who might not know how to hold a hammer or even know the rules he was enforcing. It got worse and worse. Only the big guys who could afford lawyers and accountants, and who had "connections," could stay in business. Houses got more and more expensive. And they got worse, not better. Most are now thrown together with sticks and stucco.

Big projects are far worse. The U.S. will never regain dominance in nuclear energy without a massive overhaul of the Nuclear Regulatory Commission. A plant that is built in 2 years in Taiwan can't even get a permit in less than 10 years here. And that's for a plant that is exactly the same as ones that have been functioning flawlessly for decades. If you have a really innovative design, one that would be even safer, it takes more than 3 years for bureaucrats to evaluate the proposal. Meanwhile, you can't even build a prototype.

It's like this for all industries here, including medicine. President Trump sent a signal that he was going to start cutting useless red tape. Would this be good for black people? Poor people? Industry? Taxpayers? Absolutely yes, yes, yes, and yes. It would be a start for making America great again.

But the signal set off panic

among swamp dwellers: the 3 million bureaucrats who block productive work. The lobbyists who advocate for rules to crush little guys. CEOs of megacorporations who dread competition. And of course those who really don't want America to be great, and politicians who keep their power by demagoguing on problems they themselves caused.

The hate-Trump, stop-Trump-at-all-costs media couldn't allow people to learn about our infrastructure problems and what must be done to fix them. They needed a diversion. So they talked about a mob scene in Charlottesville, where part of the project to obliterate America's history is happening.

A lot of good people object to tearing down monuments. But some bad folks who wouldn't want to be associated with got a permit to hold a rally protesting the removal of a statue of General Robert E. Lee. A few hundred people might have waved their signs, listened to speeches containing offensive ideas, and gone home. But another group crashed the party, without a permit, to fight the last war against "Nazis," wearing masks and scary costumes, armed with baseball bats. The police apparently let them in.

To me (and apparently to the President) it looked like violent agitators type 1 versus violent agitators type 2. But reporters called them, respectively, "white supremacists" and "protesters." Social justice warriors, including CEOs and congressmen, are engaged in frenzied virtue signaling. The President supposedly didn't condemn the type 1 agitators fast enough or harshly enough and suggested there might be a moral equivalence. The type 2 agitators, in this view, had a pure motive for beating people up and throwing things, whereas type 1 agitators were pure Evil.

Some type 2s carried Black Lives Matter signs. Black lives are indeed threatened, but not by swastika-waving misfits. These are their real problems:

- Crime. Thousands of blacks are killed by (mostly black) criminals, mostly in inner cities ruled by liberal Democrats for decades. Trump wants more effective law enforcement.

- Drugs. While authorities blame doctors, international drug cartels thrive under the protection of sanctuary cities, pushing heroin, carfentanyl, and other things you can't get at Walgreen's. Thousands are dying. Trump wants to clean up sanctuary cities.

- Abortion. More than 19 million black babies have been aborted since 1973; the rate is three times that of whites. Planned Parenthood founder Margaret Sanger was a rabid racist. Trump wants to decrease abortion.

- Poor medical care. The past 8 years of ObamaCare have brought huge cost increases and deterioration in availability and quality. Trump wants to repeal it.

- Disease and poverty. Over-regulation by environmental radicals, based on fraudulent science, has killed and keeps on killing millions of African Africans (from resurgent malaria since banning DDT), and the war on affordable energy will keep Africa mired in poverty. Americans are less affected—so far. Trump wants to restore reason and honesty to the EPA and other regulatory agencies.

The frenzy really is about the subject of that press conference and its message that Trump is serious about draining the swamp. Those who have enriched themselves at the expense of black people and other hard-working Americans are not worried about neo-Nazis, but about loss of their special privileges. They will fight Trump—and those who elected him—with every vile tactic they can muster.

*Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona Affiliated Hospitals. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. Since 1988, she has been chairman of the Public Health Committee of the Pima County (Arizona) Medical Society. She is the author of YOUR Doctor Is Not In: Healthy Skepticism about National Healthcare, and the second through fourth editions of Sapira's Art and Science of Bedside Diagnosis. She is the editor of AAPS News, the Doctors for Disaster Preparedness Newsletter, and Civil Defense Perspectives, and is the managing editor of the Journal of American Physicians and Surgeons.*

## "TIME JOCKEY" - Disney Train Ride

By Joe Castillo

**Preserving Trains...** Walt Disney had a fascination with trains and railroad and included them as one of the first attractions when he designed Disneyland. He established the Disneyland Railroad which has run continuously since 1955 making it the one of the longest running trains in Southern California. In addition to the Disneyland Railroad, another train ran through Disneyland in its early years. The Mine Train was a nine minute ride which traveled through images of nature and was known as the "Mine Train through Nature's Wonderland" attraction. The train ran from 1956 to 1977 and was eventually replaced by the "Big Thunder Mountain Railroad" which is still in operation today.

But Disney also had a collection of model trains on his own property in Holmby Hills. When the Disney home was sold in the late 1990's a new location was needed to display the trains. At Griffith Park, a site was identified to display old Los Angeles era locomotives and a barn structure was built to display Disney's collection of model trains. The structure became known as "Walt's Barn" and today it has be-

come a museum displaying the model trains used by Walt Disney to design the railroad lines built at Disneyland.

If you are a train enthusiast or just like to see new and interesting items, take a trip to Griffith Park and check out the different antique locomotives as well as "Walt's Barn" and the models used by Disney himself to design one of the longest running attractions at Disneyland, the Disneyland Railroad ride.....

**Ticket eBooks...** Before FastPass and super FastPass and any other faster line system at Disneyland, a customer was issued a ride and attraction ticket booklet with each paid admission. In the 1960's, the tickets were identified by the type of ride which you could ride. Each type of ride was identified by a letter "A" through "E" with the "E" tickets allowing access to the more adult type rides like the Matterhorn Bobsleds, Pirates of the Caribbean, Space Mountain and The Haunted Mansion. I remember kids trading their other category tickets just to get the valuable "E" ticket. But before the letter tickets, Disneyland issued a Magic Key Coupon which al-

lowed one adult admission to any 10 cent through 85 cent attraction. Each customer received a ticket booklet with 10 Magic Key Coupons with their \$4.75 paid admission. Imagine that - admission to Disneyland for only \$4.75 and compare that with today's prices. There were only 37 rides and 6 theme lands at that time. Some of the past attractions which you could enjoy with your Magic Key Coupon contained in your ticket booklet were: Main Street Vehicles, People Mover, Casey Jr. Circus Train and the Mine Train - Nature's Wonderland. The Welcome to Disneyland cover page on the Disneyland ticket booklet summed up the effect of Disneyland on its customer: "This ticket book is your passport to many wonderful adventures in the Happiest Place on Earth". That saying is still true even today and has been Disneyland's key to its success.....

*Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 3 books on the topic. He can be reached at joeacastillo@aol.com.*

## Glendora Kiwanianes To Host Membership Meeting on September 6

**GLENDORA** - The Kiwanis Club of Glendora Kiwanianes will host a membership meeting September 6 at Rubel Castle from 5:30 p.m. to 7:30 p.m. Cost to attend and feast on a tri tip dinner is \$20. Women in the community are invited to attend.

The Kiwanianes, chartered as a club in 1984, meets in friendship and raises funds for

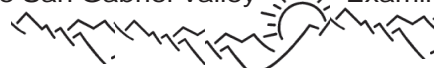
scholarships for local students, grants for teachers to bring art into the classroom, and supports other nonprofit organizations.

The club's main fund raisers include a Designer Bag Bingo event in the fall and a Community Tea in the spring.

At the September 6 meeting, guests will be able to take a guided tour through Rubel Cas-

tle, a large structure built completely of rocks from the area and furnished with antiques, memorabilia and novelty items. The castle was built by Michael Rubel and is run by the Glendora Historical Society.

To access the flier with more information about the meeting, go to the Kiwanian website at [www.glendorakiwanianes.org](http://www.glendorakiwanianes.org).



# Global Bond Yields Are Rising Along With Equities

*"Would I say there will never, ever be another financial crisis? You know probably that would be going too far, but I do think we're much safer and I hope that it will not be in our lifetimes, and I don't believe it will be."*

- Janet Yellen, Chair of the Federal Reserve, speaking in London.

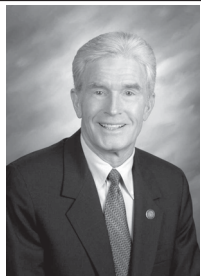
I always get nervous when I see a public official like Janet Yellen make a bold prediction that no financial crisis will come "in our lifetimes." Yellen is 70; her statistical life expectancy is maybe 20 years. Former Fed chair Alan Greenspan is 91 and Paul Volcker is near-90, so will we have relatively smooth sailing for 20 years?

Like most investors, I'm more concerned with the coming quarterly earnings announcements and GDP trends than what happens 20 years from now. In that context, the most surprising news last week was that domestic bond yields began falling right after Ms. Yellen gave her talk Friday in Jackson Hole. Sometimes when traders anticipate something and it fails to appear, the relief rally is even bigger than the selloff would have been had their fears been realized. So it was Friday morning when Yellen failed to deliver a hawkish warning to stockholders at Jackson Hole. Bonds rallied and the dollar punched through the bottom of its one-month range. Draghi helped weaken the dollar by carefully avoiding a much-anticipated admonition against euro strength. It was a day for all central bankers to walk the cautious line (it seems).

Bond yields internationally have been trending higher on the growing perception that central banks around the world are preparing to end their very easy monetary policies. For instance, last Thursday, the European Central Bank (ECB) revealed some clues about when it might begin to unwind its 60 billion euro (\$68 billion) per month in quantitative easing. However, the ECB is still continuing with its quantitative easing, so I'd say they are not yet ready to "normalize" rates (like the Fed is starting to do) so this increase in European bond yields may be premature.

The big news prior to the Jackson Hole speech recently was that

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

Fed Chair Janet Yellen resumed her "Fairy Godmother" role when she testified before Congress and made it clear that any future interest rates increases would be (1) gradual, (2) data dependent, and (3) probably few and far between, i.e., key interest rates would not need to rise much further. Specifically, Chairman Yellen acknowledged the recent softness in inflation and said that the Fed could alter its policy if inflationary weakness proves to be more stubborn than the Fed expects. As a result, the next key interest rate hike by the Fed may be postponed even beyond December.

This was a big surprise and a very dovish statement by Fairy Godmother Yellen, who is a labor economist who seems convinced that a tight labor market will eventually nudge inflation higher. Recently in her testimony before Congress, Yellen said that she believes the slowdown in inflation is "temporary."

**Outlook for Third-Quarter U.S. GDP Improves**

With statistics now coming in for July, it looks like the U.S. third-quarter GDP growth may improve. Last Tuesday, the Commerce Department announced that U.S. retail sales in July soared 0.6%, the highest level in seven months and significantly higher than economists' consensus estimate of 0.4%. In addition, June's retail sales were revised up substantially to a 0.3% increase from initial reports of a -0.2% decline. Due to June's substantial 0.5% upward revision, economists will upgrade second-quarter GDP estimates.

As suspected, the primary reason for this upward revision is that the Commerce Department was underestimating consumer spending by not properly measuring the growing influence of on-line sales. In fact, the catalyst behind July's robust retail sales was a 1.3% increase in on-line

sales (thanks largely to Amazon's Prime Day), plus a 1.2% increase at auto dealers and home improvement/garden stores. In the past 12 months, retail sales have risen by a healthy 4.2%, so GDP may reach Trump's desired 3% rate.

Speaking of the Trump Administration's economic goals, the goal of being truly energy independent is getting much closer. This will help narrow the trade deficit further, resulting in sustainable GDP growth much closer to a 3% annual pace. The Energy Information Administration (EIA) raised its forecast for Permian basin crude oil output by 64,000 barrels a day in September to a record output of 2.6 million barrels per day. This incremental shale crude oil production is largely responsible for the crude oil glut in the U.S. and lower prices at the pump. I should add that the EIA reported on Wednesday that overall U.S. crude oil production rose by 79,000 barrels a day to 9.5 million a day, the highest level since mid-2015.

Other great news emerged on Thursday, when the Conference Board announced that its leading economic index (LEI) rose 0.3% in July following an explosive 0.6% rise in June. Meanwhile, the Fed reported that industrial production rose 0.2% in July, slightly below economists' consensus estimate of 0.3%. In the past year, industrial production has risen 2.2% and is expected to continue to steadily rise this quarter.

As the second-quarter earnings announcement season winds down, the S&P 500's earnings are up 12.1% for the earliest reporting companies and sales are averaging a 5.6% annual gain. For the third quarter, the S&P 500's earnings are forecasted to grow at a 6.8% annual pace. Since GDP growth appears to be accelerating, do not be surprised if there are some positive upward analyst revisions and some big earnings surprises in the third quarter. This would seem logical in a low-interest rate, low-inflation world with lots of liquidity as well as demand.

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*I welcome your questions and comments:*  
kenherman46@hotmail.com

# Your Money - Ask Julia

*September is Life Insurance Awareness Month ...*

... established in 2004 by the U.S. House of Representatives. Since you are reading this right now, it's not too late for you. Use this Life Insurance Awareness month of September as your incentive to review your policy (-ies) or purchase life insurance.

*I have group life insurance at work, but the rest of my family has almost no life insurance. I know we cannot afford the expenses if one of us passes on, but I don't think we can afford the premiums. What do you suggest?*

First of all, if you lose your job, what happens to your life insurance coverage? (Call your Human Resources department and find out!) Now, ask yourself if you can maintain your lifestyle, either without that second income, or when you're faced with hiring help. Life insurance is an essential part of a sound financial plan that can help provide much-needed security in the event of an untimely death. Mourning family members should not have to beg for donations and do fundraisers to help with funeral costs. And, don't forget the children; a child's policy is very inexpensive, and when you are already grieving such a loss, you really don't want to have the additional financial strain at the same time. Getting a free quote will let you know whether



**Julia Yoder**

or not life insurance is affordable for you and your family.

*Should I get term life insurance or whole-life life insurance? Besides the cost, how do I figure how much life insurance to get?*

Although term insurance is typically less expensive than whole-life insurance, it's best to get quotes for both. The drawback of term life insurance is that it expires at the end of the term selected. Whole-life insurance, on the other hand, might cost a little more than term life insurance, but it does not expire as long as you continue to pay your premiums. And, if you want to be covered for life, but don't want to pay premiums for life, you can obtain a quote which calculates the premiums to a certain age. Whole-life insurance, and Indexed-Universal life insurance, can build up a cash value, accessible during your lifetime. To calculate how much insurance

you'll need, estimate how much your heirs will need to maintain their lifestyle without you. Don't forget to include additional costs they may face in your absence. If you've got young children, for example, include rising costs for childcare and higher education. Add up all other sources of income: spouse's salary, pension, Social Security, or, if eligible, any other government benefits.

**How can I reduce the estate tax obligations for my heirs?**

Life insurance is becoming more and more popular among wise investors to cover final expenses and inheritance / estate taxes. Proceeds paid to beneficiaries from a life insurance policy are income tax free. Life insurance policies are typically settled quickly (unless there are suspicious circumstances about the insured's death, of course).

**Ask Julia by email: juliayoder@yahoo.com**

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## THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morill - Certified Automotive Specialists

## Why My Vehicle Needs an Inspection

There are a lot of questions about inspecting a car when it comes into a shop for service.

In years past vehicle manufacturers suggested you change your oil every 3,000 miles. That meant you visited a service facility 3-4 times a year; that was 3-4 times a year that your technician had the opportunity to look over your car and catch potential failures in your vehicle's tires, wipers, brakes, fluids, leaks or any other concerns.

Today, the vehicle manufacturers are now extending oil and servicing to 7, 10 and even 15 thousand miles. This also extends the time your technician gets a look under the hood of your vehicle. This gives your technician less

times per year to inspect and identify issues with your vehicle.

Consider air transportation; a jetliner goes through a safety inspection before each flight. In fact, all public transportation including planes, trains and city busses all go through a certification and regular inspection process to find, identify and fix potential problems before they happen.

Our personal vehicles, on the other hand, usually see their technician for oil changes and maybe get a check over every few years. Just as regular oil changes keep your car healthy, having a professional inspection done on a regular basis will save you time,

money and avoid the headaches of major mechanical repairs.

A basic inspection can be simple, fast and efficient. It will allow the technician to fill your tires, top off your fluids and give you peace of mind when you are on the road.

Talk to your service professional about a scheduled inspection program to supplement your vehicle's service plan.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

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We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to [SGExaminer@aol.com](mailto:SGExaminer@aol.com). Articles should be in Word format while photos should be in jpeg.

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# Around the Valley & Senior News

## AZUSA

### Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

### TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

## ARCADIA

### Lip Reading/Brain Aerobics

The City of Arcadia Recreation & Community Services Department - Senior Services Division is offering a Lip Reading/Brain Aerobics class for adults, 50+ years of age. This course is offered as a communication tool for the hard of hearing and the goal of the class is to help students regain confidence and lessen the feelings of isolation. The class is facilitated by licensed speech pathologist, Francine Katz and is located at 365 Campus Drive, Arcadia. Courses can be taken either on Mondays, which begins **September 11** or Wednesdays, September 13 from 9:30-11:30am and the fee is \$4 for the 16 week course. For more information call Arcadia Senior Services at 626.574.5130 or log onto to www.arcadiaca.gov.

### Grief Support Group

Church of the Good Shepherd, United Methodist in Arcadia (400 W. Duarte Rd. Arcadia, CA 91007) is beginning the third round of the 10 week grief support group. This group will begin meeting on Tuesday, **September 19th** from 7pm-8pm for ten weeks in the library. This group is open to the community regardless of religious affiliation. We will gather weekly with tea and engage in deep listening and uplifting support. People at all stages of grief are welcome to join this support group. Please email Linda Brown at childcenter@cgsum if you are interested or if you have any questions.

### Tennis Anyone, Classes and Camps

Tennis Anyone has been teaching successful tennis classes for the Arcadia community since 2012. Tennis Anyone believes in the development of tennis players from beginning through competitive tournament levels. Their goal is to run a com-

prehensive program of classes that will suit the needs of all ages and levels of players. Coaches are energetic, dynamic, friendly, fun, and passionate about the game.

This summer, Tennis Anyone is offering Pee Wee, Beginner Junior Tennis, Intermediate/Advanced Junior Tennis, Small Group, and Adult classes, as well as weeklong camps. Don't miss out and sign-up today! For more information, please visit our website at [www.arcadiaCA.gov](http://www.arcadiaCA.gov) or call the Recreation Office at 626.574.5113.

### Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

## COVINA

### Volunteer Your Gift Of Music

Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email at [tramirez@mail.cvhp.org](mailto:tramirez@mail.cvhp.org) to start the application process.

## DUARTE

### Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

### Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

### Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

## GLENDORA

### Laugh Because You Can

In this class Barbara Stevens will help students snort and giggle while exploring the simple truth about laughter and why it transcends the borders of geography and lifestyles. Humor obliges us to have an open mind and compels empathy and forgiveness; so join us as we laugh at the absurdities of life. Pre-Register at the La Fetra Center; 333 E. Foothill Blvd. Glendora or by calling 626-914-0560. \$8.00 is payable to the instructor for printed materials. Classes on Mondays, October 16 - November 6, from 6:15 PM to 8:15 PM

### Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit [glenkirkchurch.org](http://glenkirkchurch.org) or call Glenkirk's church office at (626) 914-4833.

### Regional Food Bank Distribution Program

The La Fetra Center and the Los Angeles Regional Food Bank

invites SENIORS (Ages 60+) to participate in the Commodity Supplemental Food Program. Current Food Bank participants can receive a FREE food kit once per month which contains items such as canned meats, canned fruits and vegetables, dry milk, cereals, and related products.

Participants must meet the following income guidelines to be eligible: one person household income must not exceed \$1,211 per month and a two person household income must not exceed \$1,640 per month. You must provide income verification and a photo ID with birthdate at your first visit. The La Fetra Center distribution takes place on the **Fourth Tuesday of Every Month** from 1:00 p.m. 3:00 p.m. For additional information, please call the Center at (626) 914-8235.

### Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

### Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

## EYE-DAS Western University Presentation

ARCADIA - Western University is conducting a balance study with people over 50 with vision impairment. They will discuss how the study will be implemented at the October Eye-Das meeting. Presentation is at the Assistance League Building, 100 Alta, Arcadia on Tuesday, September 12 at 12:00 p.m.

EYE-DAS ["Eye Diseases are serious"] provides social and educational services to the visually impaired throughout the San Gab-

## MONROVIA

### Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

### Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

### Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel

and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

## SAN DIMAS

### San Dimas Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

## WEST COVINA

### Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

## San Dimas Heroes Is Looking For A Few Good (Or Bad) Golfers

SAN DIMAS - San Dimas Heroes is looking for a few golfers for our 7th Annual Golf Tournament at Via Verde Country Club. You don't have to be a pro, you just have to enjoy golfing and looking for a great event that helps our Veterans. This year's tournament will be on Monday, **September 11**. Check-in will start at 9AM with a 11AM shot-

gun start. Following the golfing will be a banquet dinner, raffle and a live auction. The cost to golf is \$125. per golfer or \$500. for a foursome. Late registration is welcome. For more information visit [www.SanDimasHEROES.org](http://www.SanDimasHEROES.org), email at [SanDimasHEROESgolf@gmail.com](mailto:SanDimasHEROESgolf@gmail.com) or the HEROES Golf Hotline at 909 542 8511.

## Newcomers and Friends Invites Local Residents to September Events

ARCADIA AND PASADENA - Are you interested in meeting new people, making new friends, exploring well-known landmarks, and enjoying new activities? Newcomers and Friends of San Gabriel Valley, a social club, invites local residents to attend their September meeting.

On **September 6**, at 10:00 am, Newcomers and Friends of SGV's "meet-and-greet" coffee

will be held at the Fireside Room, Santa Anita Church, 226 West Colorado Blvd., in Arcadia. This general meeting is a great way to meet the members of Newcomers and Friends and learn about the club's wide variety of daytime, weekday, fun activities. Anyone interested in joining is welcome to attend.

Additional Newcomers and Friends' mostly-daytime week-

day activities include a Book Club, Bridge, Crafters, Games (Bunco, Rummikub, etc.), Hiking, Happy Hour, Day Trips, Lunch Bunch, Mah Jongg, Movies, Golf, and Wine Tasting.

To learn more about Newcomers and Friends of San Gabriel Valley, contact them via email at [sgvnewcomers@gmail.com](mailto:sgvnewcomers@gmail.com) or visit them online at <http://www.sgvnewcomers.com>

## Fall Into Good Health

### Health Screenings, Health Lectures

ARCADIA - Arcadia Senior Services in partnership with Methodist Hospital is having its annual Health Fair on Friday, **September 8** from 9am-1pm. It will take place at the Arcadia Community Center, 365 Campus Drive. September is "National Senior Center Awareness Month" and "Health Aging Month". To highlight these two nationally designated events this health fair will have infor-

mational tables available from 9-11:30am plus giveaways, and raffle prizes. In addition, there will be free health screenings; spine, balance evaluation, blood pressure, retinal, bone density and more. Two of the free screenings; memory assessment and hearing testing require an appointment. There is also a carotid artery screening for \$7. Dr. Jay linuma, who specializes in family medicine,

will present an informative lecture at 12pm, "Stress and High Blood Pressure: What is the Connection". Individuals may purchase lunch tickets for \$2 starting at 7:30am. Lunch will be served from 11-11:45am. To make an appointment or for additional information please contact Arcadia Senior Services at 626.574.5130. This program is for individuals age 50 and over.

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# National Preparedness Month: Keep Your Family Safe in an Emergency

When it comes to emergency and natural disaster preparation, clean, uncontaminated water should be top-of-mind. September, which is National Preparedness Month, is an ideal time for individuals and families to make certain that they will be able to hydrate safely throughout the duration of an emergency.

Natural disasters, such as tornadoes, floods and hurricanes, can compromise local water sources. Flooding can be especially dangerous, when harmful bacteria and contaminants that transmit life-threatening diseases can be present in nearby waterways. Unfortunately, flooding can occur after a number of emergency scenarios, from heavy rains to hurricanes.

"Contamination in fresh water sources continues to be a public health problem domestically and worldwide. During emergency scenarios, the issue is amplified as water can become unreliable for consumption," says Alison Hill, managing director of LifeStraw, a manufacturer of water filtration systems.

Consumers need to have the ability to filter their water following an emergency situation. Be sure your emergency supplies include a portable filter which can fit onto a wide variety of popular water bottle brands such as LifeStraw Universal. This versatile filter fits on most bottles you already own and offers two-stage filtration to remove 99.99999 percent of bacteria and 99.999 percent of protozoa, while also reducing chemicals, bad taste and odors.

"We've developed portable filtration technology to give consumers greater confidence that, in an emergency situation or natural disaster, they can have access to safe water for days, weeks, even months following a situation where their water supply is compromised," says Hill.

This National Preparedness Month; be sure that you equip your family with practical means to have safe drinking water. (StatePoint)



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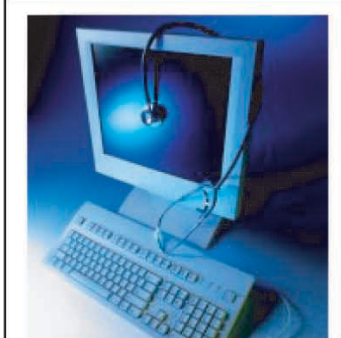
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\*\* Two independent clinical studies have shown that Signia hearing aids with binaural processing provide better than normal hearing capabilities in certain demanding listening environments.

# New Butterfly Waystation Promises Home to Hundreds of Monarch Butterflies at California DAR Headquarters



California DAR member and Glendora resident Carolyn Bushnell explains the Butterfly Waystation planting project to Glendora Council Member Judy Nelson and her grandchildren.

**GLENDORA** - A new Butterfly Waystation garden is set to bloom at the State Headquarters House of the California DAR in Glendora. Spearheaded by State Regent Beverly Moncrieff, the planting event took place Saturday, August 26, 2017 with 30 California members and guests in attendance. The garden will nurture the growth and reproduction of the endangered monarch butterfly.

Glendora City Council Member Judy Nelson who is actively involved in conservation efforts joined the Daughters. She serves as a representative on the National Forest Foundation's San Gabriel Mountains National Monument Community Collaborative, The Rivers and Mountains Conservancy representing the San Gabriel Valley Water Association.

The habitat fulfills Moncrieff's vision to Save the Monarch. The population of the butterfly has seen severe decline in recent years due to loss of habitat through development and the widespread use of herbicides taking away over 80 million acres of monarch habitat according to MonarchWatch.org. "By planting the habitat we hope to encourage others to plant their own," said Moncrieff. "Ours includes 155 Milkweed, 144 Tapien Blue Violet Verbena, 18 Patio Trees and three Potato Bushes covering over 500 square yards of ground that will provide year-round nourishment and shelter."

The non-political, non-profit DAR California Society focuses on conservation efforts to save the Monarch butterfly, fundraising to support local and DAR sponsored schools, schol-

arships, patriotic activities, and historic preservation in California and across the country.

The National Society Daughters of the American Revolution was founded in 1890 to promote historic preservation, education and patriotism. Its members are descended from the patriots who won American independence during the Revolutionary War. With more than 177,000 members in approximately 3,000 chapters worldwide, DAR is one of the world's largest and most active service organizations. DAR members are committed to volunteer service having served more than 12.5 million hours in communities throughout the world during the past three years. To learn more about the work of today's DAR, visit <http://www.californiadar.org/>.

# How to Cash in on the Gig Economy

There's an exciting career revolution taking place for those who want to call their own shots, set their own schedules and control their destinies. Say hello to the "gig economy," a booming new job market.

Nowadays more and more Americans are becoming a part of this employment shift. In fact, according to a CareerBuilder survey, 29 percent of workers have some sort of side hustle, especially millennials -- 44 percent of 25-34 year-olds and 39 percent of those between 18-24 report having a side gig. According to a Princeton University study, the percentage of workers engaged in alternative work arrangements rose from 10.7 percent in February 2005 to 15.8 percent in late 2015, while employment in traditional jobs rose by only 0.4 percent during the same period.

These days, being a freelancer, consultant or independent contractor might mean selling goods through a company like Arbonne or running a home-based business. Whether you're a new graduate looking for a job, a retiree looking for extra cash, or a stay-at-home parent hoping to grow your nest egg, there are many advantages to becoming part of the gig economy. Here are a few ways to cash in.

### What's Your Worth?

When it comes to getting paid, many times you can call the shots, setting your own hours and rates. Explore resources like the Editorial Freelancers Association to learn the going rates for writing, editing, Web design and more. And if you're working on something more technical that requires specialized knowledge,



Photo Source: (c) beer5020 - Fotolia.com

your work could be worth more; resources like BeeWits can help you calculate fair compensation online.

### Know Your Numbers

Avoid additional tax assessments and penalties by reporting all income received on your tax return. Do your research and talk to a certified accountant to see if you're eligible for deductions. Common deductible expenses include gas mileage, subscriptions, and tools, equipment or services used for business.

### Purpose and Protection

With autonomy comes responsibility. Take special care of your independence and income by planning ahead. Many personal insurance policies don't cover incidents that happen when you are being paid to do a job. However, there are options.

"Some insurance carriers offer special policies and endorsements that protect gig economy workers," says Ann Zaprazny, senior vice president of Commercial Products, Erie Insurance. "We strongly advise gig economy workers to talk with their insurance agents about their specific needs and situations before taking on risk. Without such coverages, you

could be on the hook for expenses if, for example, you get into a car accident on the way to pick up a passenger while driving for a ridesharing service, or are a victim of theft when your in-home stock of LuLaRoe inventory goes missing."

### Stash and Save

Four in 10 self-employed workers don't have a retirement account, according to a survey from Small Business Majority. Opening an Individual 401(k), a Simple IRA or SEP IRA may be viable ways self-employed individuals can save for retirement. Even just stashing some money in your savings account monthly can go a long way. While it might be tempting to splurge now, the payout could be huge in the future.

Don't work hard without also working smart. Get savvy so you can maximize your earnings and protect your extra income. (StatePoint)

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