



San Gabriel Valley Examiner

To reach us:
Phone: (626) 852-3374
Fax: (626) 852-1904
E-mail: sgexaminer@aol.com
Web: www.sgexaminer.com

25 cents

Since 1997 • Published in GLENDORA, California
A Weekly Adjudicated Publication Serving all of Los Angeles County

Volume XXI, Issue No. 33

STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

August 16 - 22, 2018

INSIDE



Good Corporate Citizens / A3

National Competition



'Future Leaders' / A7

INDEX

Commentary	A4
Financial/Consumer	A5
Legal Notices	B1
City Notices	B11

San Gabriel Unified Educators Explore Design-Based Learning during Summer Institute

SAN GABRIEL – Nearly 40 San Gabriel Unified educators returned to the classroom – as students – to exercise their creativity and explore instructional methods during the Doreen Nelson method of Design-Based Learning (DBL) Summer Institute, held July 25-31 at Art Center in Pasadena.

The five-day training introduced teachers, staff and administrators to DBL instruction, developed by Cal Poly Pomona professor Doreen Nelson in 1969 so that students learn to acquire, retain and synthesize classroom lessons through kinesthetic problem-solving.

“Through traditional ‘frontward’ teaching, students are supposed to learn to analyze, synthesize and evaluate facts and ideas, and to develop original ideas,” Nelson said. “In that model, teaching begins with basic facts and gets stuck there. However, DBL teaches using Backward Thinking™ methodology, which begins with the highest level of reasoning. Students create unique objects through design challenges and use those objects to conceptualize the subject matter and textbook lessons.”

The institute was led by K-12



San Gabriel Unified educators evaluate a city built by their colleagues during the Design-Based Learning Summer Institute at ArtCenter on July 27. The cities, built using recycled materials, serve as reference points that help students conceptualize their lessons.

educators who have earned master’s degrees in DBL from Cal Poly Pomona and have successfully put the methodology to

work in their own classrooms. Among this year’s teacher trainers was Daphne Chase, a second-grade teacher at Wilson Elementary School, who is working on her doctorate in DBL.

“Design-Based Learning is best understood when it’s seen and experienced for yourself, so it’s wonderful that so many of our administrators joined us for the institute this year,” Chase said. “It’s exciting to see the support from our District as we seek to introduce DBL to other schools.”

General and special education teachers and administrators from seven SGUSD sites learned how

to apply simplified design techniques to teach problem solving, experienced hands-on activities to engage students and applied national standards to curriculum, instruction and assessment.

Educators were asked to design a creature or avatar using “happy trash,” or cardboard and recycled materials. They assigned them character traits, wants and needs. The teams then had to build a shelter – and ultimately a city – to house their creatures; the city had to fulfill a criteria list using “Never-Before-Seen” features.

In the classroom, the creatures and cities serve as refer-

ence points for students to be taught guided lessons that connect concrete ideas to abstract academic concepts and core curriculum, such as characterization in language arts and primary and secondary sources in social studies.

During the final days of training, attendees were challenged to establish criteria for evaluating DBL across the curriculum and developing and action plan for the classroom.

District administrators also met with Nelson and teacher trainers for their own sessions, in which they discussed challenges to implementing DBL at their schools, ways to support teachers who use DBL instruction and how to embrace DBL concepts at the administrative level.

San Gabriel Unified plans to introduce DBL instruction at the elementary, middle and high school levels over the next few years.

Deputy Director, Educational Services Yolanda Mendoza said the District plans to establish its own group of teacher trainers who can support other SGUSD educators in implementing DBL in their classrooms. The long-term goal, Mendoza said, is to transform one SGUSD site into a DBL demonstration school for other schools and districts.

We are proud to provide our teachers and administrators with the opportunity to learn from renowned educators and explore ways to improve the educational experience for our students,” SGUSD Superintendent Dr. John Pappalardo said. “We look forward to expanding DBL instruction throughout San Gabriel Unified with continued support from ArtCenter and Doreen Nelson.”

West Covina Firefighters Fighting Wild Fires in the State



West Covina Firefighters are finally home.

By George Ogden

WEST COVINA - After over 2 weeks fighting fires across California, West Covina's Firefighters are back home. The team went out on the Cranston fire and the Mendocino Complex fire. The Mendocino Complex Fire is

currently the 2nd largest fire in California history behind only the Thomas Fire.

On the evening of August 2nd, the West Covina Firefighters were out on the fire line trying to keep the Mendocino Complex fire in check when they were dusted

with a fire retardant. Engine 2 got hit pretty well and is going to be a major cleanup.

The firefighters were on the line with other firefighters from across the state. Australia has also sent firefighters to California to help with this disaster.

Two Arrested for Arson Fire near Morris Dam in the Angeles National Forest

By George Ogden

AZUSA - On Tuesday, August 7th, police arrested two men on suspicion of arson for setting a brush fire near Morris Dam in the Angeles National Forest.

The 3 a.m. fire was set by the two men and was witnessed by individuals who followed the suspects down the mountain. Once cell service was gained, the witness notified authorities of what he saw and reported the fire and that they were following the suspects.

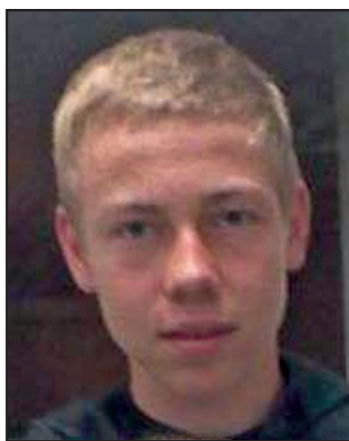
Three helicopters and over 100 firefighters responded to the fire and was lucky to get it out before it became a huge fire. It burned about a half-acre before it was put out.

With the help of the witnesses who saw them start the fire, they directed the police to



Christopher Ortega the car on Sierra Madre Avenue, east of Azusa Avenue. The two men, Christopher Paul Ortega, 20, of Glendora, and Santino Francisco Gnaulati, 21, of Covina, were arrested by Sheriff's Deputies. The U.S. Forest Service will be handling the investigation along with the County.

Ortega has a long arrest



Santino Gnaulati record with 10 arrests over the last 18 months. His bail was set at \$255,000.00 and Gnaulati original bail was \$75,000 and has already posted bond. Gnaulati has a previous arrest record as well.

Ortega and Gnaulati next court appearance is on August 29 and they are facing 6 years in prison.

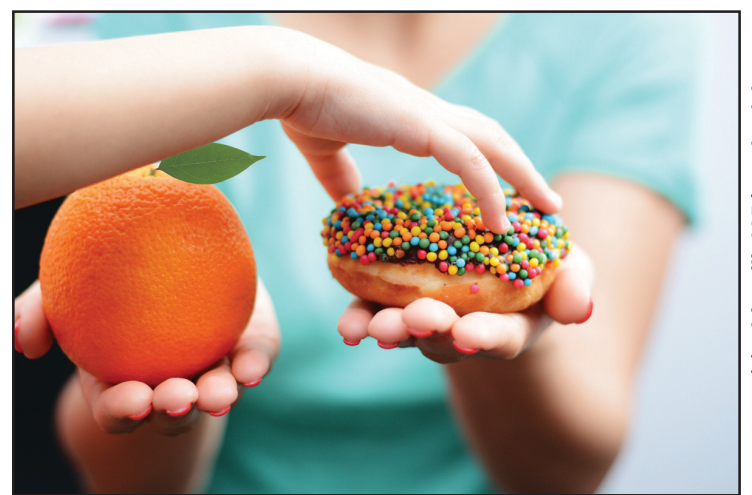
Is Your Child's School Promoting Healthy Habits or Junk Food?

Fast food coupons used as prizes, candy sale fundraisers, vending machine exteriors -- these are just a few examples of the kinds of junk food marketing that regularly takes place in U.S. schools, and such advertising is taking a toll on children's health, say experts.

“Fortunately, significant progress has been made nationwide to provide nutritious meals and snacks in cafeterias, vending machines and school stores. However, continued marketing of junk food at school can undermine these improvements. Over time, those messages being marketed shape children's food preferences, purchase requests, diets and overall health,” says Cheryl Anderson, PhD, nutrition chair, American Heart Association.

To help make the schools in your community a place where children can thrive, consider these suggestions from The Voices for Healthy Kids Action Center, a project of the American Heart Association.

• **Healthier Fundraising:** Is your child's school hosting a fundraiser? Get involved and help organize fundraising efforts that don't involve the sale of junk food. Instead, focus on selling fruit, plants, jewelry or gift items. You could even help organize an event like a walk-a-thon or dance-a-thon that



raises money while getting the community moving.

• **Learning Life Skills:** Some schools have classroom units on nutrition and critical thinking. Talk to your school's administration about implementing educational programming to help students identify junk food marketing in their own school and community and discuss how it impacts them.

• **Advertising Audit:** Despite its prevalence, commercial advertising is usually not a substantial source of revenue for schools. Ninety percent of school officials note that school programs and activities would not be reduced if advertisements of unhealthy food ceased, according to Voices for Healthy Kids. Find out if the junk food marketing taking place in your school district directly contributes to educational programming. If so, ask for

healthier food and beverage products to be marketed instead.

• **Speaking Out:** Get involved by calling school board members and school administrators, or by organizing other members of your community. Tips, resources and information for getting started can be found at voicesforhealthykids.org.

“Often companies that sell junk food spend millions of dollars marketing to children because it works. Children are likely to ask for things that are advertised to them,” says Dr. Anderson. “Be an advocate for school environments that help the next generation lead healthy lives.” (StatePoint)

Advertise In The San Gabriel Valley Examiner 626-852-3374

How Accurate is Your Weather Forecast?

The weather is not just an idle topic for chit chat. It matters. Particularly when you have a vested business interest in the outcome, or you simply want to make plans for the next few hours or days.

These days, there are innumerable sources for weather forecasts widely available. Unfortunately, these sources don't always say the same thing. So, how do you know which weather forecasting service or app is offering dependable information you can trust?

According to AccuWeather founder, president and chairman Dr. Joel Myers, choosing the most accurate source of weather forecasts and warnings will go a long way to help keep people and their families safe and help to protect businesses' property and assets as well as minimize liability.

"The greater the accuracy of weather forecasts and warnings, the better the decisions people and businesses can make in the face of hazardous weather events, the more lives are saved, the more property is protected, and the more losses are reduced," said Myers.

The good news is that weather forecasts are becoming more accurate, thanks to improved data-gathering technology, computers powerful enough to analyze it faster than ever before and better algorithms. Personal technology has also made it possible for individuals to get more localized weather reports, with smartphone apps able to provide weather predictions based on a user's exact GPS location.

Despite improved capabilities and technologies, many weather providers continue to regularly cough up inaccurate or misleading forecasts to consumers and businesses relying on them. Why? Sometimes it's due to a flawed algorithm. Other times, it's a lack of high-quality data, the systemic pessimism or optimism of a particular provider for fear of getting it wrong, or a unilateral system for analysis that relies on computer modeling alone to generate a forecast. While ar-



photo source: (c) sfio cracho / stock.adobe.com

tificial intelligence and supercomputers can perform certain aspects of forecasting, human meteorologists play a vital role in helping average people make sense of it all, say experts.

All weather apps are not equal. In the case of AccuWeather, a leading provider of weather forecasts and warnings globally, leveraging "consensus forecasting," has proven beneficial, whereby humans and computer models make accurate predictions, and then human meteorologists interpret and communicate the impact. Indeed, a recent report conducted by independent industry tracker ForecastWatch, analyzing the accuracy of six top global weather forecast providers, reconfirmed that AccuWeather was the clear winner in forecast accuracy and had the highest margin of statistical forecast accuracy in each of three areas it verified: high tem-

perature, precipitation and wind speed.

Available for free on all Android and iOS devices, the award-winning AccuWeather app, can be a good resource before you leave home for the day, connecting to desktop computers and TVs, as well as when you're on-the-go and using a smartphone or other mobile device, offering push notifications and 24/7 access to weather data and other weather-related tips and resources. It also provides MinuteCast precipitation forecasts, updated minute by minute, up to two hours ahead.

When it comes to weather forecasts, the powerful combination of accuracy and detail -- both in location and time -- as well as a strong emphasis on how predicted weather conditions will impact users, provides an added layer of insurance for better planning and better living. (StatePoint)

HPV and Throat Cancer in Men: How Vaccines Can Help

Human papillomavirus (HPV) is the most commonly diagnosed sexually transmitted disease in the U.S. and cases of HPV-related oropharyngeal cancer -- a cancer that develops on the back and sides of the throat, tonsils and base of the tongue -- in middle-age men have tripled in the past three decades.

But did you know that vaccines can help reverse this trend? August is Immunization Awareness Month and a good opportunity to learn more.

"Nearly all sexually active men and women get exposed to HPV at some point in their lives," says Dr. Tom Thomas, director, Head and Neck Reconstructive Surgery and Transoral Robotic Surgery at Atlantic Health System's Morristown Medical Center. "Symptoms may develop decades after you become infected, so it's often impossible to know who transmitted the virus to you."

You're at higher risk for oral HPV if you:

- Haven't been vaccinated against HPV
- Have had unprotected oral sex
- Have many sexual partners
- Have a sexual partner who has had many sexual partners
- Started having sex when you were 16 or younger

The good news is that when

caught early, treatment for HPV-related throat cancer is often successful.

Symptoms include a lump on the neck that isn't painful but doesn't go away, a sore throat or difficulty swallowing that doesn't go away after 3-4 weeks, unexplained weight loss and a change in voice.

If you have any of these symptoms, see your doctor right away. If you have a history of known HPV infection or other sexually transmitted diseases, see a head and neck expert.

"Even with no symptoms, you can pass HPV on to others, and you can get HPV from someone who doesn't show any symptoms," says Dr. James Wong, medical director, Leonard B. Kahn Head and Neck Cancer Institute at Morristown Medical Center.

As one of the leaders of the new Atlantic HPV Center, the country's first center dedicated to the diagnosis, treatment, research and survivorship of HPV-associated cancers of the head and neck, Dr. Wong points out that understanding HPV and cancer can mean catching the disease early.

Unfortunately, experts say that persisting misconceptions asso-

ciated with throat cancers caused by HPV create stigmas and fears and prevent many patients from having important conversations with loved ones and doctors.

"We need to overcome the embarrassment associated with throat cancer caused by HPV," says Dr. Thomas. "Anyone who's sexually active is at risk for getting HPV, even if you've had only one sexual partner."

There are more than 150 types of HPV, but the HPV vaccine protects against both types 16 and 18, which cause the majority of cases of oropharyngeal cancer. More widespread use of the vaccine could lower the rate of high-risk HPV infection in men and women and consequently lower the rate of HPV-related cancer in both sexes. The Centers for Disease Control recommends getting the HPV vaccine for children at ages 11-12, before they are exposed to HPV, in order to protect them from certain cancers later in life. However, those who have already been infected can still get some protection from the vaccine, which is recommended for females aged 13 through 26 and males aged 13 through 21 who were not adequately immunized previously. (StatePoint)

P & M Management, a healthcare partner you can rely upon with four nearby locations to service your individual needs. We invite you to take a tour of our beautifully appointed facilities where caring for you and about you is our pleasure and our commitment.

Mesa Glen Care Center



Available services include:

- Skilled rehabilitation services
- Weekly MD supervised wound evaluations
- Respite, Short term, Long term & Hospice stays
- Nutritional oversight of medical conditions
- Cable TV provided to each resident
- Wi-Fi availability throughout the facility
- Accepting Medicare, Medi-Cal, HMO and Kaiser insurances

638 E. Colorado Ave., Glendora Ca. 91710
(626) 963-6091

Offering our residents:

- Skilled rehabilitation services
- Wound care management
- Short-term recovery and long term needs
- Stroke Recovery Programs
- Cable TV provided to each resident
- Wi-Fi availability throughout the facility
- Accepting Medicare, Medi-Cal, and HMO insurances

Rancho Mesa Care Center



9333 La Mesa Dr., Alta Loma, Ca 91701
(909) 987-2501

Villa Mesa Care Center



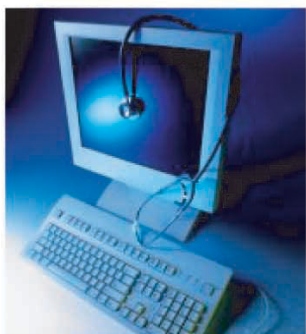
99 Bed Skilled Nursing Facility

Programs provided include:

- Physician directed plan of care
- Post surgical and wound care
- Pain Management
- Skilled Rehabilitation services
- Cable TV provided to each resident
- Wi-Fi availability throughout the facility
- Accepting Medicare, Medi-Cal and HMO Insurances

867 E. 11th Street, Upland, CA. 91786
(909) 985-1981 (909) 981-6888

COMPUTER SERVICE & SUPPORT



EPOCH NETWORK LTD.
COMPUTER MGMT. SOLUTION

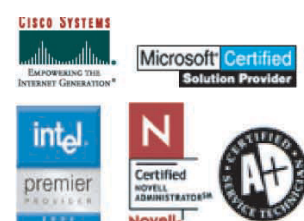
FAST • AFFORDABLE • RELIABLE
Serving Business & Residential

- Troubleshooting
- On-Site Repairs, Installation, & Upgrades
- Virus / Spyware Protection & Removal
- Data Backup & Recovery
- Website Development & Hosting
- Network Cabling Design, Set-Up, & Maintenance

Call Now!

(626) 650-1100

Mon-Fri from 9 am - 5 pm
20628 E. Arrow Hwy. Suite 7
Covina, CA 91724
www.epochnetwork.com



Mediterranean Catering

Waffa's
K.I.T.C.H.E.N

Authentic • Healthy • Delicious

221 W. FOOTHILL BLVD - GLENDORA, CA 91741
TEL: 626-914-3500 --- FAX 626-914-3511

Citrus College

OWN YOUR FUTURE

Degrees, Transfer Programs, Career Education
citruscollege.edu
626-914-8511



Industries Honored For Being "Good Corporate Citizens"

WHITTIER - The Sanitation Districts of Los Angeles County today sent Certificates of Recognition to 389 companies for being "good corporate citizens" for the year 2017. These companies have met their limits for wastewater discharge for at least a year, maintained their environmental equipment and fulfilled all permit requirements. Of these companies seventy have received this recognition for more than five consecutive years.

"As part of our mission to protect public health and the environment, we require our industries to comply with protective federal and local regulations," remarked Grace Robinson Hyde, Chief Engineer and General Manager of the Sanitation Districts. "These recognized industries not only met their requirements, but often exceeded them. Their efforts help us to effectively operate our wastewater collection

and treatment systems, which benefits all of our ratepayers." Ms. Hyde announced the certificate awardees at the meetings of the Sanitation Districts' Boards of Directors.

"The recipients of these awards take pride in environmental stewardship and are eager to work with the Sanitation Districts in its mission to protect the environment," said Sam Bell, owner of Metal Surfaces, Inc., of Bell Gardens and chair of the Sanitation Districts' Industry Advisory Council. "The award provides an incentive for Southern California industries in Los Angeles County to achieve consistent compliance with regulations, and save water and energy."

The idea for the Certificates of Recognition originated with the Sanitation Districts' Industry Advisory Council, an advisory group of 21 representatives from different industrial sectors. The Council and the Sanitation Districts felt it was important that industries with

good compliance records be recognized. The Recognition Program is now in its twenty-second year.

"This Program acknowledges industries for partnering with us to help our agency maintain high performance standards allowing us to economically convert wastes into resources," added Linda Shadler, Head of the Sanitation Districts' Industrial Waste Section.

The Sanitation Districts are a regional public agency consisting of 24 independent special districts serving over 5.6 million people in 78 cities and the unincorporated territory within Los Angeles County. The Sanitation Districts protect public health and the environment through innovative and cost-effective wastewater and solid waste management and, in doing so, convert waste into resources such as recycled water, energy and recycled materials.

Baldwin Park Teens Running From Police in Stolen Car Arrested

By George Ogden

COVINA - Thursday, August 9 around 11:30 p.m. an alert Covina Police Officer was at the intersection of Hollenbeck Avenue and Arrow Highway when the officer noticed a 2007 black Honda Accord with two young males inside. They looked young and the officer ran the plate and found the vehicle was stolen from Temple City.

At that point the officer attempted a traffic stop and the car took off. It drove through Covina and then headed into West Covina with officers right

behind them. Other police units joined the chase as the vehicle headed towards Baldwin Park. The vehicle ended up on the west side of Baldwin Park where the suspect abandoned the vehicle near Grace and Valley Vista Avenues. They took off running through backyards.

A perimeter was setup and officers believed the suspects were in that containment area. Soon, the officers found the suspects. A 15-year-old boy and a 16-year-old boy, both from Baldwin Park were taken into custody and charged with grand theft auto, failure to yield, providing false information to police officers and resisting arrest. The two suspects were taken to Los Padrinos Juvenile Hall.

Advertise In The San Gabriel Valley Examiner 626-852-3374

Arcadia Convenes Citizen's Financial Advisory Committee

Local residents to review city's long term finances, plan for future

ARCADIA - On July 24, 2018, the Citizen's Financial Advisory Committee held its first meeting to review the City's long-term financial forecast and to begin its import work to provide recommendations to the City Council regarding the City's financial future. The Committee is composed of five long-time Arcadia residents with backgrounds in financial management and planning and is tasked with making recommendations to preserve Arcadia's excellent City services, including cost containment measures, opportunities for efficiency, and potential sources of locally-controlled funding.

"People live in Arcadia because we offer a higher quality of life and better local services than other surrounding cities," said City Manager Dominic Lazaretto. "Unfortunately, with the rising cost of services it's no secret that we face some tough decisions ahead. The City convened the Citizen's Financial Advisory Committee to provide independent oversight and make thoughtful recommendations on how to preserve our high quality of life."

The Committee, which will have the power to review all of the City's existing finances, is comprised of five well-known residents, all with strong back-

grounds in finance and accounting:

- Mickey Segal, a 34-year resident of Arcadia, a former Mayor, and Chair of the City's previous Citizen's Financial Advisory Committee, Mr. Segal has an extensive background as a CPA and financial advisor, with a particularly strong background in municipal pension financing.

- Robert Miller, a 38-year resident of Arcadia and current member of the Arcadia Beautiful Commission, Mr. Miller has extensive experience with financial consulting through his award-winning financial consulting firm and sterling reputation in the financial services industry.

- Tommy Thai, a 12-year resident of Arcadia and former member of Arcadia's Zoning Review Committee, Mr. Thai brings a comprehensive understanding of the City's real estate environment, focusing on preserving the high property values and excellent services that make Arcadia a desirable place to live.

- Howard Ursettie, a 45-year resident of Arcadia and Certified Public Accountant, Mr. Ursettie is a long-time financial advisor, providing financial services to individuals and large and small businesses. A well-known figure in the community, Mr. Ursettie

brings a deep understanding of neighborhood needs to the Committee.

- Jessica Louie, a 28-year resident of Arcadia and independent auditor, Mrs. Louie has a deep understanding of Arcadia's finances, having been a part of the independent audit team that previously reviewed the City's finances. Mrs. Louie also assisted the City in preparing the 2005 budget, saving the City millions of dollars and maintaining a balanced budget.

"We look forward to continuing to discuss our ongoing finances with the City, and evaluating how best to maintain these services, particularly public safety," said Citizen's Financial Advisory Chair Mickey Segal.

Over the coming months, the City will continue to work with the community, to solicit additional views while we look towards our mid-year budget review and develop long-term strategies to address the City's fiscal challenges. To join the conversation, please visit ArcadiaCA.gov/CityWorks to learn more about Arcadia's financial future.

For more information about upcoming Citizen's Financial Advisory Committee Meetings, please visit ArcadiaCA.gov/CFAC.

One Killed, Three Injured in West Covina Freeway Crash

By George Ogden

WEST COVINA - On Thursday morning, around 2:00 a.m., the West Covina Fire Fighters and the CHP responded to a major traffic collision in the eastbound lanes of the I-10 Freeway at Grand.

When the first responders arrived, they found damaged vehicles on the center median and on the right shoulder of the freeway. They also found a number of injured people.

The accident started when a 2015 Hyundai Elantra rear-ended a 2014 Toyota Prius. After the impact, the Hyundai careened out of control and ended up in the fast lane on the freeway.

After the initial crash everyone in the Hyundai got out of the vehicle. The occupants, two men, 19, and two women, 18 & 19 were standing near the car when a 1999 Toyota Tacoma pickup truck hit the disabled Hyundai at a high rate of speed. This sent the vehicle further down the freeway and into the four people that were standing near it. The impact of striking the people sent them all over the freeway and the 19-year-old girl was then killed. The 18-year-old girl had a broken left leg with a compound fracture. This caused a massive amount of blood loss. Three CHP officers who arrived quickly applied a tourniquet to the 18-year old

woman's leg before paramedics arrived and may have saved her life.

CHP officers found the 19-year old woman from Upland had died from her injuries down the freeway in the center median. The three other people were taken to the hospital. The 53-year-old driver of the Prius and the 44-year-old driver of the Tacoma were uninjured.

The freeway was shut down for 3 hours and the investigation is ongoing. Alcohol and drugs are not suspected with any of the drivers, however, the CHP believes that fatigue may have played a role in the initial rear-end crash.

"Time Jockey" - Battlefield Dedication

By Joe Castillo

Extraordinary Event... On August 7th, the loud blast of a howitzer cannon sounded through the streets of the City of Vernon to kick off a citywide event to replace the California Historical Plaque commemorating the La Mesa Battlefield as the location of the final conflict fought in California during the Mexican-American War. In front of a crowd of 125, the Honorable Mayor Yvette Woodruff-Perez welcomed the community of Vernon, business leaders, local elected officials and the Native Sons of the Golden West to the Vernon City Hall ceremonies which unveiled a new California Historical Landmark #167 to replace the original plaque which went missing in 2012. The event included a presentation of colors from the U.S. Marine Corp Color Guard, Recruiting Station, Orange with historical re-enactors in various military uniforms standing at attention nearby. In front of a huge U.S. American flag, historian Steve Clugston gave a stirring rendition of Brigadier General Stephen Watts Kearney who led the American forces at the Battle of La Mesa. Clugston described how the American forces formed a defensive position with ranks of rifleman bordered by cannons at the end of each row and acknowledged how the Californio Lancers were the best horsemen on the continent and had fought brilliantly during the battle. Clugston

spoke of the American troopers who were killed and wounded in the battle and how brave they fought in the line of fire.

The remainder of the program was filled with Vernon school children who performed a variety musical and dance routines for the crowd. The performance by the Vernon City Elementary School Dance Team and the Middleton Elementary School Folklorico group provided the gathering with a festive environment. It was followed by a performance by Mariachi Alegria de la Vida a local youth group between the ages of 8 and 15 who were joined by Mayor Woodruff-Perez on violin and Chief of Police Anthony Miranda on guitar.

Local city officials from Huntington Park, Maywood and Bell, as well as officials from California State Assembly and Los Angeles County Board of Supervisors were on hand to present commendations to the City of Vernon in their efforts to preserve history. The Native Sons of the Golden West, led by Grand President Carey Pearce from Salinas, completed the program by performing their 100-year old dedication ceremony in officially recognizing the historical plaque. The program closed much like it opened with a loud cannon boom bringing the crowd to its feet with a heart-felt round of applause.

The event recognized the Battle of La Mesa which was fought on January 9, 1847, as the final

California conflict in the Mexican-American War. During the battle, over 1,000 men exchanged fire from rifles, cannons and lancer attacks while battling each other trying to claim an advantage in the war. On September 9, 1926, the four large granite boulders were used to dedicate the La Mesa Battlefield site at the actual site located on the grounds of the Union Pacific Railroad Stockyard on Exchange and Downey Avenues in Vernon. The boulders were shipped by the Union Pacific Railroad from the San Gabriel Arroyo Seco and were given as a gift by the President of the Union Pacific Railroad, Mr. Carl Gray. Over 2,000 people attended the dedication event. On March 6, 1935, the State of California approved California Historical Landmark #167 and the California Historical Landmark plaque marked the actual site of the 1847 historic battle. In 1940, the official unveiling of the California Historical Landmark plaque took place with hundreds of people in attendance.

The ceremony marked the reunion of the four large granite boulders with the California Historical Plaque, a union which has lasted over 90 years...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 4 books on the topic. He can be reached at joeacastillo@aol.com...

San Gabriel Valley Examiner
INFORMATION GUIDE

1160 Englewild Dr.
Glendora, California
91741
Phone (626) 852-3374
Fax (626) 852-1904
E-mail: sge Examiner@aol.com

EUGENE F. MOSES
Publisher/Editor

Edward M. Moses, Esq.
Legal Counsel

Jayam Rutnam
Contracted Reporter

George Ogden
Contracted Reporter

Glenn Purbaugh
Photographer

Contributing Writers
Pat Murphy
Joan Hallidy
Ken Herman
Charles H. Bayer
Jorge V. Rosales
Lois M. Shade
Julia Yoder
Gene Morrill

San Gabriel Valley Examiner, published weekly by Eumo Enterprises, has been adjudicated as a newspaper of General Circulation for the County of Los Angeles, California in Court Case No. KS 005341.

Mission Statement

- We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain.
- We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.
- We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.
- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

DISCLAIMER

Views and opinions of writers, contributors and columnists are their own and do not necessarily reflect the views of the publisher or the newspaper.

SUBMISSION POLICY

All submissions for publication become the property of San Gabriel Valley Examiner and will not be returned. San Gabriel Valley Examiner does not guarantee submissions to be published. All submissions are subject to editing, including to conform to space limitations.

Contributing Writers:

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer.

Thank you for your cooperation.

SANDBLASTING

Elite Sandblasting INC.
Residential & Commercial

Metal, Wood & Concrete Plastering, Stucco, Roof Coating, Concrete & Painting, Termite Repair.

All Types of Roofs.

Free Estimates Lic#827330

(626) 235-8780

No matter what you drive--We are your GO-TO PLACE

Serving Glendora Since 1978

CERTIFIED
Automotive Specialists

626.963.0814
www.CertifiedAutoCa.com

HAVE YOU HAD YOUR VEHICLE'S HEALTH CHECKED RECENTLY?

THE CAR DOCTORS AT CERTIFIED AUTOMOTIVE ARE HERE TO MAKE SURE YOUR VEHICLE STAYS IN GOOD HEALTH... CALL TODAY AND SCHEDULE YOUR VEHICLE'S EXAM!

\$50 OFF YOUR 1ST VISIT

Use this offer on your first visit to check out our company and see the benefit of letting us care for your car!

Limited time offer. Valid with appointment only. Can't be combined with any other offer.

HOMETOWN SERVICE YOU CAN COUNT ON!

Fires: NEPA Review and Reform Needed

Wildfires in California have taken a tremendous toll this year. A quick update from the San Francisco Chronicle that did an outstanding job in graphically pointing out the fires and providing the number of acres, the structures destroyed and unfortunately deaths and injuries in the 14 major fires and 30 minor fire events. Major fires are those burning over 500 acres and the 30 others did not burn as much territory (https://projects.sfchronicle.com/2018/fire-tracker/).



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

ting the sun and rain come through, especially the rain into the ground to prevent the trees from becoming dried out if not dead. One conversation I had was about the fire up in Big Bear area where many of the dead, beetle-eaten trees remained making that area ripe for fire and providing all the tinder that fire needed to ravage the area.

Sacramento Bee came out with an update today, reporting 13,800 firefighters are on the front lines of the twelve largest fires that burned 688,000 acres or over 1,075 square miles and damaged or destroyed 2,000 structures. The Holy Fire in Orange County was determined to be arson and the Lions Fire caused by lightning. Containment of the fires range from 41% to 95% and the largest, Mendocino Complex Fire (Ranch and River fires) is estimated to reach containment on September 1st.

Cong. Tom McClintock (CD-6 Elk Grove) has long been a supporter of good forest management. He recently told Mackenzie Myers of the Mountain Democrat, Placerville, "... timber in forests comes out two ways -- in fires or by being hauled away. He blamed laws like the National Environmental Policy Act and the California Environmental Quality Act for the condition of California's forests, suggesting they have made forest management cost-prohibitive and inefficient. Private lands aren't subject to these laws. They are properly managed. They are properly thinned and they actually make money doing that. And, at the same time, when a massive fire sweeps through a region and hits these private, well-managed lands, the fire slows and breaks

up." The National Environmental Policy Act, known as NEPA, dictates how federal agencies deal with environmental issues on land they are responsible for including our national forests. When a federal agency like Forestry considers timber sales to thin out a forest, the NEPA review process is triggered. The same with building a bridge, paving a highway or building or improving a dam, the agency responsible must be prepared to go through the NEPA process.

Carl Segerstrom, an editorial fellow at High Country News, tells us there are three tiers to the environmental review process. First is the Categorical Exclusion which exempts action because it has been determined there is no environmental impact on the human environment. The second step is an Environmental Assessment, a formal report to decide whether there is a significant impact on the environment from the project. If it is determined there is a significant impact then an Environmental Impact Statement is required causing a thorough review, multiple drafts, a public comment period including a discussion of the alternatives available to the proposed project.

Rob Bishop, (CD - 1 Utah), Chair of the House Committee on Natural Resources, has said NEPA ... "has been warped by lawsuits and court interpretations and become a weapon for litigants to force delays and denials on all sorts of activities." President Trump has called for a review and some targeted reforms for this law hopefully to avoid disastrous flooding that may await the burned area come winter.

Socialism's "Exceptional" Ideology

Socialism is great! That is...for certain people. Those on the Left, like our celebrity friends who are rich enough to afford it, influential enough to promote it, and well-connected enough to take advantage of its "exceptions." And boy, are there exceptions! They constantly preach to all of us about the social awareness that they possess while lecturing the rest of us about what we need to do so we can be as socially aware as they are.

They own the land that they feel the rest of us are not worthy of owning. And if you are Barbra Streisand, you can keep people off your private beach, or if you are Barack Obama, the Clintons, or Nancy Pelosi, build the kind of privacy walls that America on its own property borders shouldn't be allowed. The regular folks shouldn't own firearms for protection, but the celebrities' body guards are allowed theirs.

Then there is Madonna, who can leave the country of her birth because she and her friends judge this country not by the people who live here, the laws they keep and the rights they have enjoyed, but instead, judged by the politi-



Charles Lopresto

cians they elect. For the Left, it is a great country if the person elected is of their liking. But if the person elected to lead our country is not of their liking, well, the patriotic thing to do is just ...leave. So there in the airport is Madonna, leaving for Portugal towing her adopted "token" Black children. The people who promote Planned Parenthood and look down upon people opposing abortion are arrogantly asking Pro-Life advocates "Who is going to take care of those children?" How about the couple, unable to have children, who want to adopt and can't because the government, that kind of big government the Socialists prefer,

has put in too many restrictions and regulations. Meanwhile Madonna and others of influence can adopt kids from Africa and that is NOT considered cultural misappropriation.

We have PETA advocating for the rescue of animals, but Barbra, here again, would rather choose to clone them. Why, PETA might ask? Because she "can."

Hanoi Jane practices Socialist, identity style separation by denying employment to people in her trade that don't agree with her point of view.

Socialism doesn't thrive because of the people who are stuck with it. Socialism thrives because of the people that are allowed its exceptions. They are wealthy enough, healthy enough, and enthusiastically "followed" enough, to make Socialism's case. The media happily supports them, and we are supposed to happily follow along.

If they succeed in creating this Socialist world here in America, they will continue to benefit. And for the rest of us, it will just be another day in the gulag.

Congress and the IRS Have Stranded Patients in SwampCare

by Jane M. Orient, M.D.

The Swamp in Washington, D.C., and its crony capitalist retainers do not want to lose their grip on the trillions of dollars that slosh through the "health-care" sector—approaching one-fifth of the U.S. economy.

The one thing that would cut costs (not just spending), restore sanity, protect the patient-physician relationship, unleash innovation, and encourage excellent care is to put patients in control of their own money. Under the current third-party payment system, made much worse by ObamaCare, a huge part (one-third? one half? who knows?) of the health-care dollar is diverted to bureaucrats, compliance officers, administrators, CEOs, managed-care profits, middlemen such as pharmacy benefits managers, and other swamp dwellers who contribute nothing to the actual care of patients. Then a goodly share goes to lobbyists and congressmen to keep the racket going.

There are two disruptive innovations that threaten the sweet-heart deals in the Swamp: Health Savings Accounts (HSAs) and DPC—Direct Primary Care or Direct Patient Care.

HSAs give individuals spending their own money the same tax advantages long enjoyed by employer-owned health benefits plans. But from the very beginning they were crippled by restrictive regulations concerning funding and use of the funds. For example, the accompanying "high-deductible health plan" has to have a deductible that is not too low, and not too high, but just right.

DPC is a direct arrangement between doctors and patients, which cuts the red tape out of medical care, kicks the bureaucrats out of the exam room, and is set to sweep across the U.S. whether the Swamp likes it or not. Dr. Marilyn Singleton, president-elect of the Association of American Physicians and Surgeons (AAPS), explains DPC like this: "The Direct Primary Care (DPC) model is burgeoning as patients yearn for quality time with their doctor at an affordable price. Here, all primary care services and access to basic commonly used drugs at wholesale prices are included in a fixed transparent price," often around \$50 to \$75 per month.

At present, patients have to pay their monthly DPC membership fees with after-tax dollars. They have already lost 15% of their earnings to the payroll tax, the heaviest burden borne by low-income workers, along with the in-

come tax. Workers who have an employer-owned health plan have hundreds of pre-tax dollars extracted from their earnings to go to the third-party payer. (It only looks like the employer is paying—the worker earned the money.) So, health plans, which sell promises to pay for approved medical services, have a huge competitive advantage over practices that actually provide the services.

Why not combine the two? Why can't patients use their HSAs—supposedly their own money—to pay DPC fees? Because the IRS says they can't. Not only that, if they have a DPC membership, they can't even make a contribution to their HSA.

Congress was considering a simple bill to fix that—H.R. 365. But on the way to the House Ways and Means Committee, provisions were sneaked in, with very limited time to comment, and the bill number was changed to H.R. 6317. Some things from the Affordable Care Act (ACA) were inserted, along with provisions that independent DPC doctors said would favor huge corporate entities—purveyors of big-box medicine—that want to dominate the market. The government would micromanage what a DPC could or could not offer, based on the AMA's copyrighted procedure codes, and cap the fee that the DPC could charge—not just the amount that could be paid from an HSA. It would allow only Direct Primary Care. It would not allow Direct Patient Care arrangements with specialists; for example, a direct care agreement with an endocrinologist to manage diabetes would not qualify. Then the bill was incorporated into H.R. 6199, with some of the objectionable features removed, thanks to patients and doctors who spoke out. We'll see what emerges from the sausage factory.

The rationale for restrictions, especially the cap on fees, was the scoring by the Joint Tax Committee, which calculated that more money would go to HSAs and less to the tax man: \$1.8 billion over 10 years. Never mind that employer health benefits cost the Treasury \$3 trillion over 10 years, 1,700 times as much.

Physicians are calling on President Trump to intervene to stop the obstruction of patient freedom by the IRS and Congress. Allowing patients true flexibility to use HSAs for DPC will turbo-charge the ability of patients with short-term and as-

sociation-based plans to stretch their medical dollars and get the best care from the physicians of their choice.

President Trump could order Treasury Secretary Mnuchin to take immediate action to reverse the IRS rules made by former Commissioner Koskinen and also tweet shame Congress into passing real reform.

Why would anyone favor blocking patients with HSAs from DPC physicians—except middlemen profiting from the status quo?

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. Since 1988, she has been chairman of the Public Health Committee of the Pima County (Arizona) Medical Society. She is the author of *YOUR Doctor Is Not In: Healthy Skepticism about National Healthcare*, and the second through fourth editions of *Sapira's Art and Science of Bedside Diagnosis* published by Lippincott, Williams & Wilkins. She authored books for schoolchildren, *Professor Klugimkopf's Old-Fashioned English Grammar* and *Professor Klugimkopf's Spelling Method*, published by Robinson Books, and coauthored two novels published as Kindle books, *Neomorts* and *Moonshine*. More than 100 of her papers have been published in the scientific and popular literature on a variety of subjects including risk assessment, natural and technological hazards and nonhazards, and medical economics and ethics. She is the editor of *AAPS News*, the *Doctors for Disaster Preparedness Newsletter*, and *Civil Defense Perspectives*, and is the managing editor of the *Journal of American Physicians and Surgeons*.

What a Mess, Election Time Again

Well, here come the campaign signs again... No pole or fence will be safe. Election season is everywhere. Some elections will be a nightmare for some cities. Some cities are forced to do district voting. It has cost the cities money.

Many feel that those responsible for districting are racists.

There may be some substance to this but in reality; it takes away the right of the people. Citizens who have to vote for only one person from their district will have four oth-



George Ogden
That's just the way it is!
ers from other districts spending their money and the citizens have no say to it. These people can't even be voted out of office. One could look at this as

taxation without representation.

Campaigns get uglier and uglier. There is so much negative campaign literature we don't have a clue what the candidates themselves are all about. They are too busy looking for dirt.

West Covina is going to have a blast; all hell will most likely break out.

Stay tuned and enjoy, it will be crazy.

"That's Just the Way it Is!"

DMV Announces New Efforts to Reduce Wait Times

SACRAMENTO—The California Department of Motor Vehicles (DMV) is taking a number of additional actions — including redirecting 240 employees from the DMV headquarters and staff from other state agencies and departments—to combat rising wait times at field offices. Customers have experienced longer-than-expected service times because of increased demand in the federal compliant REAL ID driver license or identification card.

The redirected employees are triaging the lines to ensure customers have the required documents to complete their transaction and get a service number faster. They are also assisting customers with filling out the Electronic Driver License and ID Card Application.

The department is using a variety of additional options to reduce wait times. Some of the timesaving solutions include:

- Piloting a text notification option. If a customer provides their cell phone number when they check in, they can receive a text message shortly before their service number is called. This provides flexibility so they do not have to wait inside a field office. The DMV is piloting the text notification option in several field offices across the state and working to launch this statewide within the next two weeks.
- Expanding DMV Now Self-Service Terminals: The DMV will add the self-service vehicle registration renewal kiosks to 10 additional field offices. Later this year, the department will expand to 50 additional grocery store locations, bringing the statewide total of DMV Now Self-Service Terminals to 160.
- Saturday service expansion: The DMV expanded Saturday service to 60 field offices. Offices are open every Saturday from 8 a.m. to 5 p.m. Find a location on the Saturday Service webpage.
- Early office hours: The DMV began offering extended hours at 14 field offices on July 16. The offices open at 7 a.m. four days a week. They continue to open at 9 a.m. on Wednesdays and close at 5 p.m. daily. For the list of office locations, visit the extended hours webpage.

27 Years of Experience

We Now Offer Mechanic Service

Facebook Find Us Like Us

(626) 452-0742
(626) 444-7167
(626) 444-4427

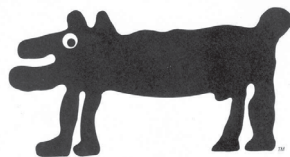
ERNIE'S CARBURETORS INC.
www.erniescarburetor.com

Mention this ad and get a 10% discount

10903 Fawcett Ave, South El Monte, CA 91733

MasterCard VISA

BART The BLOCKHOUND



Believe me...
the bridges' burning...

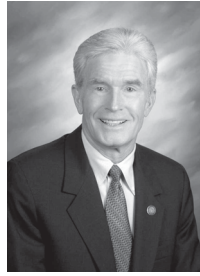
Info-Tech and Consumer Discretionary Defy "Trade War" Warnings

Do you ever wonder what causes stocks to go up or down? When the market makes a material move, we may ask "why?" If a stock has been gathering steam and showing gains for weeks, investors want to know what might generate continuation of that trend? When someone is bragging about a big stock win, there is always a story related to it going up. Cramer can't get on TV and entertain millions of people with his analysis if he doesn't have the answer to the burning question that is a natural human instinct: Why?

The funny thing about the answer to why is that once the reason is widely known, the significant movement is usually over. It's too late. Think about big success stories of the past like McDonalds (MCD), Home Depot (HD), or Microsoft (MSFT). They used to be wild and exciting, but they are now a bit boring. They don't command attention the way speculative Tesla (TSLA) does, but those stocks grew leaps and bounds over the years. Their quarterly dividend payments now eclipse their IPO share price (if a savvy investor purchased the IPO and reinvested their dividends). This happened through years of steady growth and capturing pole-position in their respective markets. Yet the "hot new stock" continues to animate some cocktail conversations.

Smart Money Managers have the knack of knowing about great stocks before the big story breaks. It's their business. Big

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

hedge funds and institutions have multi-million-dollar budgets to research their investments before they are made. They quietly step into stocks, accumulating shares, trying not to tip their hand. When Jim Cramer is out there on TV, weeks or months later, that is usually when these smart investors can start monetizing their investment. They need someone to sell to. They need the public to buy into the story.

So how does the average investor win? They may use cold-hard data and/or an investment manager who realizes how to find good stocks early. One step to knowing the story before everyone else is sector performance.

Big institutions are the ones that start the snowball rolling. They start piling into stocks that lead the sectors. Those sectors then start to lead the markets. The move can stay protracted for a long time.

Case in point: Information Technology. The trade-war story started in late January and temporarily "broke" the markets. Ac-

ording to months of doomsday headlines, growth was over. Tech stocks would fare poorly because a tariff "tit-for-tat" would severely hamper global growth. This would supposedly also affect Consumer Discretionary stocks, since tariffs would drive consumer goods costs higher.

What have the sectors done since then? If you look at the past six-months, you will see that those two sectors clearly beat out all other sectors. The 12-month and three-month sectors are no different. Tech and Consumer Discretionary are the winners. These are the growth-heavy sectors! According to a prevailing theme in much of the media, they should have been the worst sectors, leading the market lower.

Stories are great for parties, but data is how investors find opportunity. Finding winners before they are on TV is how real money is made. To find those, begin by knowing which sectors to look in. From there, identify leadership by looking for the highest-quality stocks. Employing this method means there's a chance you'll own stocks before you hear about them on TV. You may also want to contemplate selling those same stocks, or at least taking gains, once they become popular discussion topics.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

We're thinking that we should be saving for our children's college educations. What are my choices, and what's best?

The earlier one starts to save for expensive things in life - college, home purchase, retirement, the better. Setting up a savings plan is a wonderful gift from parents, grandparents, aunts, and uncles. Choices include College Savings Plans, Roth IRA's, Annuities, and Life Insurance with a cash account. What's best for you and your children depends on your specific situation: how much money you have available to invest, how many children you have to save for, and your personal concerns. I advise against 529's.

I keep getting calls from SCE saying that I need to pay my bill immediately or my power will be shut off. They offered to expedite the payment by taking it over the phone. I got suspicious when they asked for my SCE account number, figuring they should have that. I hung up. Is this real, or a scam?

It's a scam! As SCE says on at insidedison.com, "SCE will never demand immediate payment with the threat of service disconnection.... Last year, scams cost SCE customers about \$500,000." During the first half of 2018, SCE has "successfully disconnected more than 630 phone numbers used by scammers to call SCE customers."

Our 'draw' period on our home equity line of credit ended almost 5 years ago, and the bank gave us 5 more years to continue making interest-only payments. In 2 months, our payment amount will almost double



Julia Yoder

when we have to start paying principle plus interest. It's not in our budget; we know we cannot afford it. What do we do now?

It's commendable that you are aware of this impending financial problem and are ready to take some kind of action now. Here are 3 steps to start with: 1. Let's find out what amount of equity you have in your home (now that house values have risen), and see if you qualify to refinance your first and line-of-credit into one loan. 2. If not, then we'll need to look at your budget to see where you might be able to re-allocate funds. 3. Sometimes it becomes necessary to get a part-time job. But, don't panic. Just take one step at a time.

We are totally stressing out with worry that we won't have enough money for retirement. Is there something we can do to relieve our stress?

You have just taken a big, brave step in the right direction! You spoke up, and asked for some help. Roughly 80-percent of Americans feel the same way, and over half are so worried that it's even affecting their sleep. The majority of these people are actively saving for retirement, but

are still full of anxiety. On the other hand, those who are saving toward a specific goal, with a detailed plan to reach that goal, also gain a high level of confidence that they are going to be okay! Let me know when you'd like a free consultation with someone who can help you make a plan for your retirement years.

I can get life insurance, but my wife has some health issues and will be 'rated.' Is there a way to get some life insurance on her without paying the higher 'rated' premiums?

We could look into a second-to-die life insurance policy with a first-to-die rider. Normally, a second-to-die life insurance policy is used to pass more money to heirs. The cost is typically lower because the payout is based on the lives of two people, while the insurance company only pays when the last one dies. By paying extra for the first-to-die rider (typically less than 'rated' premiums) the insurance company will pay at the passing of the first person insured on the second-to-die policy.

Ask Julia by email:
juliyoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/RE Broker 01238153/NMLS 248681/Nat'l. Ethics Assoc. Home loan application: <https://blink.mortgage/app/signup/p/allsourcemortgage/juliyoder>. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

How Are Your Shocks/Struts?

Shocks and struts take a beating so we don't have to! They help us ease the pain of driving over less than perfect roads and stabilize us over bumps, when we stop quickly and when we go around corners. We pretty much take them for granted. Our owner's manuals tell us they need to be replaced every 30,000 to 90,000 miles, depending on our driving habits. That is a wide range!

We would like to recommend that you take some time when you are out driving around to notice a few things about your vehicle. If your car is bouncing a bit after you hit a bump in the road, is nose diving after you brake or is swaying around corners you need to have your shocks replaced.

Struts basically perform the same function as shocks except they also are an integral part of

your suspension system. When you are out and about in your car and notice the same symptoms as above and also notice noise while you go over those bumps or turn corners you might also have an alignment situation.

Shocks and struts also give you another symptom if they are ready to be replaced...they leak fluid. They do a lot for us and we certainly take them for granted until we notice our ride is just not as enjoyable or comfortable as it could be. Bad shocks and struts also cause wear and tear on our tires and our suspension components.

Make sure your shocks and struts are ready for whatever condition the roads you drive on happen to be in. Whatever your car may need, at Certified Auto Specialists we want your vehicle to always be ready to go when you are!

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can Count On!

Kirk Warner Insurance Agency
Medicare • Health • Life

Call us with your Medicare Questions
(626) 963-3244

Our services are always free!

Anthem BlueCross | **blue of california**

137 N. Glendora Ave. Glendora, CA 91741
CA LIC. #0809588

TRUST - Nearly 100 years of Service to the community
QUALITY - Highest standards of service in the industry
AFFORDABILITY - Pricing plans to meet all needs
COMPASSION - Bereavement Minister on staff
Free monthly Grief Support group

White's Funeral Home
OVER 90 YEARS OF SERVICE

Life Celebrations • Burial • Cremation • Advance Planning

404 E. Foothill Bl., Azusa, CA 91702 (626) 334-2921
www.whitesfuneralhome.com

WHITE'S FUNERAL HOME

Like us on Facebook

America's Christian Credit Union Donates \$37,954 to build Stronger Families

GLENDORA - "And an Angel came to kiss my eyes closed." And just like that, 33-year-old Laura Krimmel's courageous, valiant and sustained health battle was over. Life will be different now for Laura's husband and three young children who are now learning to go on without their beautiful wife and mother. In the midst of life's darkest moments, and mounting medical bills, the Krimmel family feels loved, anchored and supported by the community around them. And they thank God for His faithfulness.

America's Christian Credit Union could not have found a more worthy recipient than the Krimmel Family for its Visa® Giveback Program. Each quarter, ACCU gives back to four top-tier ministries; each of these ministries provides essential services and makes a meaningful impact in their communities. At the close of the second quarter in 2018, the program gave back \$3,000 apiece to New Beginnings Adoption & Family Services (Tupelo, MS), The Legacy Center (New York, NY), The World Mission Broadcast project of the Church of the Nazarene (Lenexa, KS) and

the Krimmel Family of Glendora, CA for a total of \$12,000.

ACCU's charitable giving to advance God's work in the second quarter was further fueled by adoption grants and generous employee donations, and by the Live the Mission (LTM) program. LTM promotes and encourages employee volunteerism by recognizing and rewarding the top volunteers among its staff on a quarterly basis.

The second quarter's total giveback added up to a cool \$37,954, including:

- Two \$500 adoption grants to Casey and Kimberly Reynolds, of Minnesota, and to David and Eva McDorman, of Missouri. With the help of grant funds, the Reynolds family was able to adopt 3 siblings from Haiti, bringing them to a family of 9! The McDormans are pleased to report that after a 4-year process they have been matched with a 4-year-old girl for adoption.

- \$3,000 Sponsorship of the Education Summit hosted at Azusa Pacific University, which played out under the theme of "Foster to College."

- Awarding a total of six scholarships -- \$2,500 apiece -- to deserving scholars, for a

total of \$15,000 in scholarship money awarded

- Donations totaling \$3,874.50 from employee payroll deductions in support of Neighborhood Homework House, Children's Miracle Network, and Shepherd's Pantry Glendora

- \$1,880 in fans and water bottles was donated to Azusa Pacific University for graduation ceremonies.

- Assembling a team of volunteer employees for a Pack Day event for Operation Community Cares (OCC) at Hillside Church in Rancho Cucamonga, CA. This activity involved the assembly of hundreds of care packages to be sent to active-duty American troops.

- Making an accompanying donation of \$1,200 to Operation Community Cares, in conjunction with ACCU's annual Patriot Week festivities in May

America's Christian Credit Union continues to donate generously to worthy charitable and ministry causes. As ACCU continues its yearlong 60th anniversary celebration, the credit union demonstrated throughout the 2nd quarter that it continues to embrace the opportunity to give back to the communities it serves.

Property Tax Relief Available for Those Impacted by Fires

SACRAMENTO - If your property has been damaged by the recent fires, you may be eligible for property tax relief. In many cases, the damaged property can be reappraised in its current condition, with some taxes refunded to the property owner. Once rebuilt, the property's pre-damaged value will be restored.

To qualify for property tax relief, you must file a claim with your county assessors'

office within 12 months from the date of damage or destruction. The loss estimate must be at least \$10,000 of current market value to qualify.

Owners of eligible property may also apply for deferral of the next property tax installment on the regular secured roll or tax payments on the supplemental roll, without penalties or interest. The disaster must be the result of a Governor-proclaimed state of emergency.

When a timely claim for deferral is filed, the next property tax installment payment is deferred without penalty or interest until the county assessor has reassessed the property and a corrected tax bill has been sent to the property owner.

For further information on property tax disaster relief, please see our Disaster Relief website - <http://www.boe.ca.gov/proptaxes/disaster-relief.htm>.

Gabrielino High School 'Future Leaders' Excel at National Competition

SAN GABRIEL – Gabrielino High School's Future Business Leaders of America (FBLA) program was recognized for its continued success at the 2018 National Leadership Conference (NLC), which challenges young professionals to put their business skills to the test in a workforce-simulated environment.

Gabrielino's six students were among nearly 13,200 students from across the country to compete in 40 categories at the conference, which concluded July 2. The students qualified for nationals after earning top honors at the state leadership conference in April.

Juniors Casey Lee and Jiin Lee advanced to the national level for the second year in a row for Publication Design, in which they were tasked with designing promotional products for a meal delivery service. The duo presented designs for a logo, business cards, freezer tote bags, mugs and meal containers.

"We enjoyed the creative freedom of designing our own company," said Casey Lee, who will serve as FBLA chapter president in 2018-19. "We invested months of time and effort into creating a final product that we are very proud of."

Recent graduates Stanley Lee and Jason Tran took third place in the Emerging Business Issues competition, in which they presented an analysis of the costs and benefits of crowdsourcing, as well as how to make the practice more ethical.

Bianca Lee and Emily Wang, also recent Gabrielino grads, also advanced to the final round of the E-Business competition in their final NLC.

Casey Lee said the team plans



Gabrielino High students Stanley Lee and Jason Tran earned third place in the Emerging Business Issues competition at the FBLA National Leadership Conference.

to learn from the challenges faced this year and hopes to improve its performance at the 2019 NLC.

"The travel to Baltimore was a different experience, and NLC felt much bigger this year," Lee said. "It strengthened our skills and allowed us to critique our work, which allowed room for improvement."

Founded in 1940, FBLA brings businesses and students together through leadership and career advancement programs. The NLC also provided students



Gabrielino High's Future Business Leaders of America (FBLA) program advanced six students to the National Leadership Conference in early July.

with the opportunity to attend motivational sessions, professional development seminars and career planning workshops.

"FBLA plays an instrumental role in empowering students to tackle the professional challenges of today and tomorrow, and we are proud to have such a strong chapter at Gabrielino High School," SGUSD Superintendent Dr. John Pappalardo said. "Congratulations to Gabrielino's FBLA students and staff on their continued success."

Make Back to School Season the Greenest Ever

Earn an A+ in sustainability this school year with tips from Waste Management

BALDWIN PARK - As millions prepare to head back to school, Waste Management of Southern California is offering parents, students and educators practical tips to make this school year more sustainable by reducing, reusing and recycling right, in and out of the classroom.

"Back to school season is the perfect time to incorporate eco-friendly practices into our daily routine that can have a lasting positive impact on the environment," said Eloisa Orozco, spokesperson for Waste Management of Southern California. "By committing to reduce, reuse and recycle right, we can all do our part to make this school year the greenest ever."

Go green this school year with these tips from Waste Management:

- Ditch those disposable bags and pack lunches in reusable containers to reduce waste.
- Make the grade by purchasing school supplies made from recycled materials to help keep the cycle of recycle going.
- As you make room in the closet for all the latest back to school fashions, consider donating unused items to a local charity to help others and promote the reuse of materials.
- Upgrading to the latest computer, tablet or phone? Recycle your old device properly or consider donating it to a local non-profit. Electronics

require special handling and should never be placed in the trash or recycling.

- Place clearly marked recycling containers in common areas at school, home and work to encourage recycling.
 - Learn and teach others the three basic rules of recycling both in and outside the classroom:
 - 1) Recycle bottles, cans and paper
 - 2) Keep food and liquids out of the recycling
 - 3) Keep plastic bags out of the recycling
- Become the ultimate recycling ambassador this school year with resources from Waste Management. Visit rorr.com.

Third Annual Azusa Field of Glory



The Azusa Rotary Foundation and the Azusa Rotary Club will display their Third Annual Field of Glory display of U. S. Flags in front of Azusa City Hall from September 8-11, instead of November as they did in the past two years. The Flags display will honor the 9/11 victims, first responders, and military personnel.

By Jorge V. Rosales

AZUSA - The Azusa Rotary Foundation and the Azusa Rotary Club, in conjunction with many valued partners, including the City of Azusa, are proud to announce that for the third year in a row they are once again planning an inspirational and patriotic display of hundreds of U.S. Flags on the Azusa City Hall front lawn located at 213 East Foothill Boulevard, Azusa, California 91702.

This year the flags display will not take place as in the past two years during the Veterans Day Holiday in November, instead it will run from Saturday, September 8th through Tuesday, September 11th in remembrance of 9/11 victims, survivors, and all of those who rose up in service in response to the victims of the New York Twin Towers attack. The Opening Ceremony will be held on Saturday, November 8th at 11:00 a.m. among the field of flags. Shade structures, chairs, and water will be provided, along with patriotic and inspirational music.

In addition to numerous government officials, military personnel, veterans, and first responders, the committee has confirmed the attendance of two distinguished military officials. Michael McDowell is a retired Marine officer and served as a field artillery and civil affairs officer from January 2001 to August 2016 and held numerous platoons, battery, and battalion-level commands. He deployed six different times serving in Iraq, Afghanistan, and Southeast Asia. He currently serves as the Executive Director for The Soldiers Project, a national organization that offers free, confidential, and unlimited mental and behavioral health for Post 9/11 veterans and their loved ones. Command Sergeant Major Roosevelt J. Mitchell who held every leadership position from Squad Leader

to Command Sergeant Major during combat and peace keeping operations which include: Desert Shield/Storm in 1990-91 and Operation Iraqi Freedom in 2003-2004. He received numerous awards, decorations and badges during his military career including the Legion of Merit and Bronze Star Medal. He currently works as the Senior Army Instructor for La Puente high school and resides in Azusa.

There will be a pancake breakfast fundraiser prior to the opening ceremony in front of Azusa City Hall from 8:00 a.m. to 10:00 a.m. hosted by the Knights of Columbus at only \$5 per adult and \$3 per child, 6 years and under. There will also be exhibitors and vehicles displayed on the east lawn and the rear parking lot of Azusa City Hall, respectively, from 8:00 a.m. until noon, to include but not be limited to the Azusa Police Department, U.S. Forest Service, Army National Guard and Fire Department.

Field of Glory Flags will sell for \$40 each, with flagpoles and ground stakes available for an additional \$25 per set. All parts are made in the USA. If desired, flags may be claimed Wednesday morning September 12 when the Field of Glory is taken down. They also offer a special personal sponsorship of \$100 for those who wish to provide additional funds to the programs and non-profit organizations they

support. Funds raised from this event will benefit Veterans Groups, Youth Leadership Programs, and non-profit organizations. To maximize their support to these groups, Business Sponsorships from \$250 - \$5,000 are available.

For those who wish to honor first responders, veterans, active military members, personal heroes, or any loved one, they will personalize a tag that will be attached to each flag listing the Donor, the Honoree, and if desired, some information about the Honoree. As a special touch, personal photos may also be attached to the flags and are encouraged. There will be a site map updated daily showing visitors where to find individual flags in the Field, and the entire Field of Glory will be illuminated at night in accordance with U.S. Flag display protocol.

The members of the Field of Glory Committee hope you can join them in celebrating and honoring the patriotism of all of those who have through the ages made the USA the greatest nation in the world! For more information about the Field of Glory Ceremony or to buy a Flag or become a program sponsor please contact Rae Kearney Co-Chair, Field of Glory at 626-488-6685 or raejkearney@gmail.com or David Grinsdale Co-Chair, Field of Glory at dgrins@verizon.net.



You only live once. That's worth protecting.

Kyle A. Cline, Agent
Insurance Lic. #: OD16727
1275 E. Route 66
Glendora, CA 91740-3779
Bus: 626-335-0815
Toll Free: 888-400-5551

A conversation about life insurance now can make a big impact on your family (and even your retirement) later. **LET'S TALK TODAY.**



State Farm Life Insurance Company (Not licensed in MA, NY or WI)
State Farm Life and Accident Assurance Company (Licensed in NY and WI)
1708142 Bloomington, IL

31st ANNUAL FLASHBACK Classic Car Show
AUGUST 18 6PM-11PM
IN THE GLENDORA VILLAGE

Adults 17 & up \$12
10 - 16 years \$8
Seniors 55 & up \$10
Children under 10 FREE

Flashback is held in the Glendora Village, located on Glendora Ave. between Foothill Blvd and Bennett Ave. Come out August 18th and enjoy a beautiful night with your family and friends.

For more information visit FlashbackInfo.org or (626) 963-4128.

Admission: Adults 17 and up \$12.00, Seniors 55 and up \$10.00, Teens 10-16 \$8.00, & Children 9 and under Free.

ATHENS SERVICES | SAN GABRIEL VALLEY TRIBUNE | WALMART
COLDWELL BANKER | LGE-GTS | MILLENNIUM | MOTORSPORTS
HYUNDAI | GLENDORA CHEVROLET | GLENDORA

FLASHBACKINFO.ORG
FEATURING LIVE PERFORMANCES BY: **The Answer**, **The Snipes**

Compliments of The Kiwanis Club of Glendora and The Glendora Chamber of Commerce

\$2.00 Off ADMISSION PRICE

More coupons are available at the Glendora Chamber Office, 224 N. Glendora Ave or on the **SHOPGlendora App**. Text **GLENDORA** to 63975 to download today!

Discount off regular admission prices. One coupon per person. Coupon may not be redeemed for cash. Coupon not valid with any other discount offer.

Jan's Towing INCORPORATED
24 Hour Towing... 7 Days A Week
Emergency Hotline Call (626)357-3220

Now Hiring Drivers

- Official Police Tow
- We Haul Junk and Abandoned Vehicles
- Auto Lockouts
- Lien Sale Auctions

(626) 914-1841
134 N. Valencia, Glendora
1045 W. Kirkwall, Azusa
www.janstowing.com

Property Owners Have Rights!
- Free Code Enforcement Signs- Private Property Impounds (PPI)
Upon your direction, we will remove vehicles from your property in a non-confrontational manner, while following all state and local laws.

COMMERCIAL PROPERTY: Mini-Malls • Shopping Centers • Restaurants & Fast Food
RESIDENTIAL PROPERTY: Apartment Complexes • Condominiums • Townhomes

Choosing The Right Caregiver For Your Parents

According to Pew Research, every day, 10,000 Americans turn 65 years old. And that will continue for the next 12 years, reaching 18 percent of the population by 2030. Americans 85 and older will triple in population by 2050.

With a rapidly aging population living longer than past generations, caregivers are in high demand. A cost of care study by Genworth forecasts that there will be a shortage of more than 3 million home care aides in the next decade. To meet this demand, over the years there has been an explosion of home care franchises and independent home care agencies across the country. Yet, as many families discover, finding the right caregiver to meet your family's specific needs can be a challenge.

One innovator looking to solve the caregiver gap is a San Francisco-based company focused on modernizing and improving home care for older adults. By professionalizing its caregiver workforce and developing technology to improve efficiencies, it's able to deliver more consistent and reliable care. Through its Honor Care Network, the company partners with home care agencies in multiple states, making quality care more accessible to more families.

Called Honor, the firm suggests five things that families should consider when hiring a caregiver to ensure a safe and optimal care experience for their parents or loved ones:

Important Questions to Ask Your Home Care Agency

1. How do you screen your caregivers for safety? A responsible, credible home care agency in California always conducts a thorough screening and background check of its caregivers before sending them into a



Getting answers to how to care for an aging loved one involves asking the right questions. Photo credit: Honor

client's home. In addition to Home Care Aide (HCA) mandated certification and Department of Justice fingerprinting and background checks, the best home care agencies go further by screening for DMV driving records, drug testing, and abiding by strict minimum-age requirements.

2. How do you train your caregivers and verify their skills? Caregivers should have a solid foundation of training, such as how to use mechanical lifting equipment, basic knowledge of how to support clients living with Alzheimer's or Parkinson's disease, and how to assist with daily living activities such as bathing, grooming and hygiene. Ask if the caregivers are tested on scenario-based skills and if any personality tests are conducted to check for temperament under stress or condition-related situations, such as "sundowning."

3. What is your performance record for on-time arrivals and no-shows? How promptly do you communicate schedule changes to your clients? Ask the agency how it manages late arrivals and last-minute cancellations by caregivers. Does it guarantee a replacement? How does it com-

municate with clients and how often? What is its policy if there's an ongoing tardiness issue?

4. How do you manage caregiver performance? Ask how the agency motivates caregivers to provide the best care and client experience. Does it value and know its caregivers' track record and does it continually train caregivers to ensure it has the best talent? Assessing personality and chemistry with clients is also important.

5. How do your caregivers communicate with each other about a client's condition during shift changes? Your parent will likely have more than one caregiver to staff weekly schedules. Ask the agency how each caregiver is notified of a client's daily condition, how that information is communicated to other assigned caregivers to ensure seamless care, and how families are notified, how often and when.

Finding the right caregiver can be less stressful if you know the right questions to ask. Initiating a conversation at the start about what's most important to you in finding the right caregiver can make all the difference.

For further facts and tips, go to www.joinhonor.com. (NAPSI)

What To Do When The 'Lice Letter' Comes Home

If any of America's 56 million schoolchildren is yours, you are probably familiar with the "lice letter" alerting parents that a head lice outbreak has been identified at school. When the letter comes home, some parents panic while others delay action because "it wasn't my child." Fortunately, there are steps you can proactively take to control the exposure risk.

Be Proactive

Catching lice early is vital in halting the spread of these itchy pests. It can take four to six weeks after infestation begins for itching to start, and not everyone develops this telltale symptom. Help the entire family to avoid an outbreak by acting quickly after exposure.

Steps to Take

- Check the child and ALL family members for lice using a nit comb. To check fine sections of hair with the comb, apply a 50/50 solution of conditioner/water to the hair to help facilitate combing. Work under bright light and watch for movement. Examine the comb after each stroke, wiping it on disposable towels or running it under water.

- Nits and scurrying lice are so small that they can be easily missed. It's likely other family members and friends have already been exposed to lice by the time an infestation is identified. If you don't find lice but are still concerned, switch the whole family to a daily lice defense shampoo. How is a daily lice shampoo different from a lice treatment shampoo? For starters, shampoo is a form and treatments come in many forms. This topic really deserves its own article, but there is one key difference worth noting. A daily lice defense shampoo is pesticide-free and can be used like regular shampoo to defend your family against a head lice infestation or control against re-exposure to someone who has not been successfully treated. A lice treatment shampoo is used to treat an active lice infestation, and most OTC products contain pesticides so they aren't ideal for a daily regimen. One gentle daily shampoo that offers ongoing control is Vamousse Lice Defense. It's been found in laboratory studies to kill lice with each use and is recommended for 10 to 14 days following the risk to help reduce the potential growth of an infestation contracted but not yet identified.

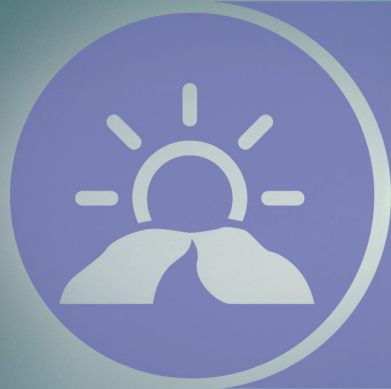


If you get a message from your child's school that there are lice in the class, don't panic, but take control.

- Treat anyone who is infested. With lice increasingly resistant to traditional over-the-counter pesticides, look for a pesticide-free treatment that is proven effective against super lice. There are many new types of products, so read the instructions carefully. For example, Vamousse Lice Treatment comes in a convenient mousse format that kills lice and eggs before they hatch—in just one application. Lice eggs are rendered no longer viable with this treatment, so there's no waiting for them to hatch to treat again a week later, thus decreasing hassle and the risk of spreading lice throughout your family.

- If you are concerned about your home, vacuum, and then wash and dry any launderable items in high heat. For items that cannot be washed or soaked in 130° F soapy water, the company offers a powder that is the only one on the market proven to eliminate super lice in the environment.

For further facts and tips, go to <http://vamousselice.com>. (NAPSI)



BUILDING STRONGER FUTURES

HOW WILL YOU PAY FOR COLLEGE?

ACCU OFFERS SOLUTIONS THAT ARE TAILORED TO YOUR NEEDS:

- UNDERGRADUATE STUDENT LOANS
- BUSINESS GRADUATE LINE OF CREDIT
- PARENT STUDENT LOAN
- STUDENT LOAN REFINANCING

VISIT: AMERICASCHRISTIANCU.COM/STUDENTLOANS FOR MORE INFO!



CONNECT WITH US!
 AmericasChristianCU.com
 800-343-6328



This credit union is federally insured by the NCUA. Added savings protection provided by American Share Insurance. Please speak to a credit union representative for details. An Equal Housing Lender.