



San Gabriel Valley Examiner

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

November 8 - 14, 2018

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Monrovia Unified Dedicates High School Library to Former English Teacher Frank Jansson

MONROVIA – Monrovia High School alumni, teachers and administrators shared memories as they leafed through yearbooks, photos, and paintings of long-time English teacher Frank Jansson during an Oct. 26 dedication of the school's library in his honor.

Jansson – who passed away in 2003 – instilled in his students the importance of literacy. The dedication marked the 15th anniversary of his passing.

Jansson joined Monrovia High in 1958 and taught there until 1995, returning in 1997 after retirement, to teach part time for six more years. His students and colleagues remembered him for his infectious personality and passion for teaching.

"The dedication of this library is another way in which we acknowledge the contribution of educators who truly have made a difference in the lives of our students," Board President Terrence Williams said. "This year, Monrovia High is celebrating its 125th anniversary, and the Board has taken steps to honor our rich



Monrovia Unified alumni, administrators, teachers and students stand in front of the Frank Jansson Library at Monrovia High School. Alumni flew in from as far away as Texas and New York to celebrate a dedication of the library to former English teacher Frank Jansson on Oct. 26.

legacy and tradition of excellence in education."

Several of Jansson's former students became teachers because they were inspired by his passion for his students and his career.

English teacher Randy Bell, a class of 1981 graduate, said that dedicating the library in honor of Jansson was fitting because it was where he lived for decades.

"He was our best teacher, our hardest teacher, and our

scariest teacher. He was our scariest teacher – and this leads me to what I loved most about him – because there was no escaping him if you were in his class," Bell said.

"He tapped into every student in his class and, as teachers, if our most important job is to pull kids out of their shell and develop them out – Frank was the golden one."

In addition to teaching English, Jansson was the yearbook adviser and took students and colleagues on summer trips to Europe for years. Many of the alumni in attendance traveled with Jansson on these adventures.

Jansson kept in touch with former students over the years, sending holiday cards, writing

letters, and attending high school reunions.

"I came to Monrovia High in 1985 and Frank became a mentor to me and then, 20

years later, I realized he was also my best friend," said Eric Miller, Monrovia High School English teacher and yearbook adviser. "He affected not only his students, but also his colleagues and just about everyone he encountered."

Toward the end of the celebration, everyone gathered outside of the library for the unveiling of the Frank Jansson Library.

"It is our hope that the young adults who come through these doors find that same love and joy of books that Frank Jansson awakened within his students," Superintendent Katherine Thorossian said. "Thank you to our Board of Education for making this dedication a possibility, to our alumni who made it out, and those who sent letters in."



Monrovia High School Associate Student Body students, Principal Kirk McGinnis (left) and English teacher Eric Miller (right) stand in front of the Frank Jansson Library.

Sandburg Middle School Welcomes Nakamura High School Students from Moka, Japan



Some of the students from Nakamura Junior High School pose outside the Gymnasium of Sandburg Middle School in Glendora.

By Jayam Rutnam

GLENDORA - Sandburg Middle School held a Welcome Assembly at the Sandburg Gymnasium on October 29th at 8.40 a.m. The Gymnasium was filled to capacity with enthusiastic and extremely well-behaved students who cheered, waved and applauded the visiting students from Nakamura Junior High School in Moka, Japan. Twenty six students and six teachers were included in the delegation that visited Glendora.

They were celebrating the 30th Anniversary of the Sister City program between Moka, Japan and Glendora, California.

Members of the Glendora Council, the School District were among the dignitaries present.

The program started with the Spartan Band playing "The Hey Song" which always gets people in the mood. The National Anthems of Japan and the United States were then played while two oversized flags of the two countries were displayed. The welcome speech was by Sandburg Middle School Principal Eric Osborne, who was also the Master of Ceremonies. Introduction of the Honored Guests and Remarks were by Dr. Robert Voors, Superintendent of

Glendora Unified School District. The Advanced Orchestra played a Japanese Ear-igami by Richard Meyer.

Gifts were exchanged by representatives of the schools, Kailee DeRose - ASB President and a Nakamura Student Rep-

resentative.

Then about a hundred students lined the front and sides of the gymnasium, swaying to the tune of "Thriller" by Michael Jackson.

The exchange of PTA gifts were by Mrs. Acuna and Mr. Tsubaki. The exchange of school gifts were by Mr. Osborne and Mr. Kikuchi.

Remarks were by Mr. Kikuchi, Principal of Nakamura Junior High School. The closing remarks were by Mr. Eric Osborne, Principal of Sandburg Middle School. The recessional was to a "Zombie Tango," by the Spartan Band.

The Glendora/Moka Sister City Program was founded by Gordon Norman, who was recently, the recipient of the Humanitarian Award. Through the sister city program, between 2500 and 3000 students have travelled back and forth from Japan and the United States.

City Of Azusa Receives Recognition For Excellence In Financial Reporting



The Azusa City Council and City Manager, Sergio Gonzalez (far right) presented a plaque from the Government Finance Officers Association of the United States and Canada to Director of Finance, Talika M. Johnson, MPA (center) and Azusa City Treasurer, Art Vasquez, Jr. (far left) for the city's Excellence in Financial Reporting for the Fiscal Year 2016-17 comprehensive annual financial report (CAFR). The Certificate of Achievement is the highest form of recognition in the area of government accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

The City's Comprehensive Annual Financial Report (CAFR) Recognized for its High Standards

AZUSA - A Certificate of Achievement for Excellence in Financial Reporting has been awarded to City of Azusa by the Government Finance Officers Association of the United States and Canada (GFOA) for its Fiscal Year 2016-17 comprehensive annual financial report (CAFR). The Certificate of Achievement is the highest form of recognition in the area of government accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

In its presentation, the GFOA states that City of Azusa "has been judged by an impartial panel to meet the high standards of the program including a constructive spirit of full dis-

closure to clearly communicate its financial story and motivate potential users and user groups to read the CAFR".

"For many years, the City has received the prestigious GFOA Award," said Talika Johnson, City of Azusa Finance Director. "The City's Finance Staff is dedicated to working hard throughout the year to comply with governmental accounting standards and to present transparent financial re-

ports. I'm very pleased we've been able to bring this award back to the City for the third consecutive year."

The GFOA is a nonprofit professional association serving approximately 19,000 government finances professional with offices in Chicago, IL, and Washington, D.C. To contact the GFOA, please call Michele Mark Levine (312) 977-9700 or E-mail to mlevine@gfoa.org

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. Articles should be in Word format while photos should be in jpeg.

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Jonah Alvarado - Glendora High School Water Polo Captain

By Matt Bauer

GLENDORA - As the boys water polo team close out their 2018 season, they leave behind them a year of historic performance never before seen by the program.

The team has already surpassed the season record for a number of games won, and currently holds a never-before-seen standing in league.

Since August, the boys have worked up an impressive 16-11.

A particularly crucial component towards the team's current success is captain and goalie Jonah Alvarado. He has displayed many qualities throughout the year that have made him an admirable player and teammate in the eyes of newly appointed head coach, Alba Espinar.

"Over the years, Jonah has been a really good water polo player, but he's really stepped it up this year, both athletically and in leadership. He's always the go-to and strives to give his best performance every game," says Espinar.

Alvarado has accumulated an impressive 297 blocked shots throughout the season, averaging a 60% block percentage (about 11 per game). In addition, the goalie has 55 steals and 17 assisted goals.

Accompanying Alvarado as captain, seniors Andrew Mansour



Water Polo Star Jonah Alvarado with head coach Alba Espinar.

and Drasyden Sharifi are working alongside Espinar to prepare not only for the remainder of the season, but C.I.F. as well.

After only being able to present themselves for a short time in C.I.F. last year, the team is tenacious and yearning for a record-setting postseason.

"We've been training and con-

ditioning since the beginning of summer, so the practices leading up to the postseason are going to be mainly focused on tactics and running plays," explains the determined Espinar.

Through the guidance of Espinar and leadership of Alvarado, Mansour, and Sharifi, the boys water polo team is determined to establish a new, more threatening name for themselves as they head into their postseason.

What to Know Now About COPD

It claims a life every three to four minutes, making it one of the leading causes of death in the United States.

The culprit: COPD, or chronic obstructive pulmonary disease.

Nationwide, more than 16 million people have been diagnosed with this debilitating lung disease, also known as emphysema or chronic bronchitis. But millions of others likely have COPD and don't know it, as symptoms develop slowly and worsen over time.

Shortness of breath, chronic coughing, wheezing and excess mucus—all can make even the most mundane tasks difficult, yet many people think these are just normal symptoms of aging or being out of shape.

So, what are the chances you have COPD? Smoking, research has long shown, is the main risk factor for the disease. Some 75 percent of people who have COPD smoke or once smoked. But long-term exposure to lung irritants such as secondhand smoke, air pollution, and chemical fumes and dust—from both the environment and workplace—can be a risk factor, too. In some cases, genetics can play a role.

The good news is COPD is highly treatable and manageable. The bad news is, due to the slow progression of the disease, Americans often delay seeking help until the problem is severe, which can lead to serious, long-term disability.

The National Heart, Lung, and Blood Institute (NHLBI), together with federal and nonfederal partners, has developed the COPD National Action Plan, the first-ever blueprint for collective action to reduce the burden of the disease.

With the action plan as a guide, NHLBI is working across the country to encourage earlier recognition of the disease. But it is giving particular attention to rural areas, where the disease is especially prevalent.

According to the Centers for Disease Control and Prevention, COPD is almost twice as likely to affect people living in rural communities than in urban ones. Because of this disparity, NHLBI is taking special steps to help rural residents get the advice it wants everyone to follow: learn the signs and symptoms of COPD, and if breathing issues are impacting even the most basic daily everyday tasks, see a health care professional, such as a primary care provider, nurse practitioner or other specialist. With a diagnosis and the proper treatment, people with COPD can learn to ably manage their condition.

For more information about COPD and resources, visit NHLBI's COPD Learn More Breathe Better program at COPD.nhlbi.nih.gov.

Talk to a health care professional as soon as breathing problems occur. (StatePoint)

Update on David Shoemaker

By George Ogden

WEST COVINA - David Shoemaker, 68, a Covina resident and combat veteran who served in Vietnam as a Marine is in the hospital and still waiting for a lung transplant. He has been in the hospital (Kindred hospital in West Covina) over 45 days with his condition not improving.

Since the Examiner wrote a story about David, a lot of people have asked about him and are wishing him well. Another visit to the hospital included some Examiner newspapers that had his story in it.

He has had visits from mayors, former mayors, councilmembers, elected city clerk from San Gabriel and a bunch of other people. Our Marine is not forgotten.

He, his family and friends have



Dave Shoemaker waiting for a lung transplant checks out the article in the Examiner.

expressed their appreciation for the visits, interests and well wishes. Many of these people he has never met before.

After all the attention, he now

has no choice but to get better...

Once again, the SGV Examiner family, its friends and readers are wishing him the best and a speedy recovery.

Healthy Air, Healthy Home

In the last several years, a growing body of scientific evidence has indicated that the air within homes and other buildings can be more seriously polluted than the outdoor air in even the largest and most industrialized cities, warns the Environmental Protection Agency (EPA). Since most people spend some 90 percent of their time indoors, the EPA adds, for many people, the risks to health may be great.

In addition, the EPA points out, the people who may be exposed to indoor air pollutants the most—the young, the elderly and the chronically ill—are often those most susceptible to its effects.

With cooler weather, many people spend more time inside homes with all the doors and windows shut, so it's even more important to make sure indoor air quality is healthy.

One easy way to help keep your family "Breathing Clean" is to clear out your HVAC system. All homes with air ducts accumulate dust and dirt, which can be a particular problem in households with:

- pets
- allergies or asthma
- smokers
- water contamination
- remodeling projects
- young children
- elderly people.

After all, your heating and cooling system is, essentially, the lungs of your home. The system takes air in and "breathes" air out. Through normal occupation, people generate a great deal of



Keeping your HVAC system clean can help you protect your home and family from indoor air pollution.

contaminants and air pollutants, such as dander, dust and chemicals. These are pulled into the HVAC system and recirculated five to seven times a day and can mean a buildup of contaminants in the ductwork.

What's more, clean ducts can save you energy and money. According to the U.S. Department of Energy, 25 to 40 percent of the energy used for heating or cooling a home is wasted. Contaminants in the heating and cooling system cause it to work harder to maintain the temperature you desire. With a clean system, less energy is used, leading to improved cost effectiveness.

Fortunately, it can be easy to get your system inspected by a reputable, certified HVAC professional. It helps to heed these four hints:

1. Ask the contractor for proof of insurance and any applicable licenses.

2. Have the contractor specify which components will be cleaned.

3. Verify that the contractor will limit the release of dust, dirt and debris into your home during cleaning.

4. Ask for proof of NADCA membership and certification. NADCA sets the industry standard for HVAC system cleaning and its members must have at least one certified Air Systems Cleaning Specialist (ASCS) on staff, comply with a Code of Ethics and acquire continuing education credits.

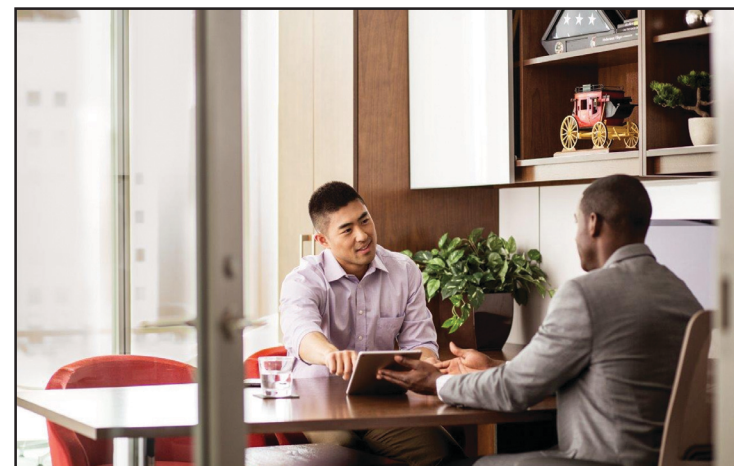
For further facts and tips and to find a nearby NADCA member, go to www.Breathing-Clean.com. (NAPSI)

Are You a Job-Seeking Veteran? What to Know

With the veteran unemployment rate at a record low, many who have served in the military are now in the driver's seat when it comes to civilian job hunting. This is in part because employers understand that veterans bring a wealth of transferable skills and experience to the workforce, including leadership, teamwork and attention to detail.

"For veterans, the right employer is one who values the leadership, discipline and service record of military members and veterans," says Jerry Quinn, Wells Fargo Military Affairs Program manager. "They seek an employer that goes above and beyond to empower them to succeed in and out of the workplace."

Wells Fargo, which established its Military Affairs Program in 2012, is an example of an employer committed to hiring and retaining veteran team members. A variety of job options, confidential resources, educational information and career guidance tools are available to those who served. In fact, eligible team members called to active duty receive military leave benefits and other programming designed to mitigate the burden on their families.



Are you a job-seeking veteran? Before accepting an offer, find out whether your potential employer values veterans' contributions to the workplace.

"Start by asking the hiring manager or human resources contact what benefits and programming are offered," suggests Quinn. "You'll quickly get a feel for the company culture."

To help get the conversation started, Quinn suggests the following topics of discussion:

- Growth opportunities. Is this position one on track for promotions and raises? Does this company offer resources and support to employees looking to grow? Discover what your future at this company could look like.
- Development programs. From apprenticeships and internships to transition services and leadership programming, ask about opportunities that will offer a chance to make new

contacts, find a mentor, develop professional skills and learn how to translate existing skills to a new position.

• Employee resource groups (ERGs). ERGs can provide resources, opportunities and camaraderie to employees. Find out if the company has a similar group for veterans.

• Diversity. Is this a company that values diversity, particularly when it comes to veteran status and disabilities? Will the employer accept your veteran status and value it as an asset?

• Benefits. Beyond military leave, are benefits available that provide supplemental pay and continued healthcare when individuals are called to active duty? Research whether the company offers additional fringe benefits to ease the burden of being away on active duty. For example, some employers provide lawn mowing and snow removal to those

away from home on military orders.

More information about career transition services and the type of workplace benefits offered to veterans are available at wellsfargojobs.com/military.

Remember, military skills and experience is an asset to employers. Hold out for a position that will value what you bring to the table through tangible workplace benefits and programming. (StatePoint)

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El Monte Receives \$2.3 Million Grant for Park and Open Space Project

EL MONTE – El Monte residents will have access to a new open and green space thanks to a \$2 million grant. The California Natural Resources Agency awarded the City of El Monte a \$2.3 million grant to develop the Gateway Park and Open Space Project.

The City of El Monte's project was one of 20 infrastructure projects throughout California, and one of only three projects in Los Angeles County, that were awarded a grant. The grant project will be located within The Gateway, which is largest transit-oriented development currently under construction in the United States, on Santa Anita Avenue and Santa Fe Drive.

"This grant is a tangible example of the City's vision to increase green spaces and develop a more sustainable community," said El Monte Mayor Andre Quintero. "The collaboration with The Grapevine advisors, our development partners, has been instrumental in our efforts to for a greener future."

The grant project aims to pro-

vide much needed green and open spaces, as well as reduce greenhouse gas emissions. Specifically, the grant project will fund the creation of 2.21 acres of public open space and the planting of 181 carbon-sequestering trees.

The grant project will also increase bicycle accessibility through one mile of new Class I and II bike paths. Grant funding will also connect the 30-mile long Rio Hondo Bike Path and El Monte Transit Center to new walkable and bikeable paths and greenspace throughout The Gateway. Once complete by 2021, El Monte estimates that the project will eliminate 46,340 vehicle miles traveled during the next twenty years.

The project also places an emphasis on storm water man-

agement with the inclusion of bioretention planters, rain gardens, and permeable parking spaces and crosswalks.

Community partners were a key component in the grant application process. Testimonials in favor of the project were provided by Jennifer Cobian, El Monte City School District Board President, David Diaz, El Monte Union High School District Board Member, and Cathy Eredia, former board member for the El Monte City School District.

"El Monte is positioning itself to be a regional leader. I applaud our community's support, staff dedication and City Council's determination to improve the quality of life for our community," said Quintero.

Honoring All Who Served

WEST COVINA - The City of West Covina invites you to join us on Veterans Day, Sunday, **November 11**, as we celebrate those who have served in protecting our great nation. Guest speaker, Donovan Tschider, a long time visitor of the West Covina Senior Citizens Center, will share his personal account of service in the United States Air Force with us on this commemorative day.

The ceremony will be held at the West Covina Civic Center Courtyard where the West Covina Veterans Memorial currently stands. The West Covina Civic

Center is located at 1444 West Garvey Avenue, West Covina, CA 91790 and the Veterans Days ceremony will begin at 10:00 a.m. We encourage all veterans in attendance to wear a symbol of their military branch. Please join us as we honor and salute those who served our country and continue to serve our country each and every day.

For more information, please contact the Community Services Department at 626-939-8430 or visit our website at Westcovina.org

Moody's Upgrades Rating For City Of Azusa As Outlook Remains Stable

AZUSA - The City of Azusa announced that Moody's Investor Services has upgraded the City of Azusa's issuer rating to A3 from Baa1 and the city's 2003 Lease Revenue Refunding Certificates of Participation rating to Baa1 from Baa3, affecting \$1.16 million in outstanding debt. The outlook remains stable.

"The upgrade of the Issuer Rating to A3 primarily reflects the city's improved financial position, as demonstrated by sustained strengthening of unrestricted general fund reserves and liquidity," states the Moody's report. "This improvement is not a pure positive however, since it is primarily attributable to one-time cash proceeds from the sale of city owned properties. The rating also incorporates our [Moody's] expectation that the city's financial position will re-

main stable with support from management's improved fiscal prudence and commitment to maintaining reserves within a formal reserve policy." Factors that led to Moody's assessment for the upgrade includes:

- Return to structural balance and sustained strengthening in reserves and liquidity
- Material increase in city's assessed valuation
- Substantial improvement in resident wealth measures

"We are pleased to see that our discipline in all of the City's financial policies is being reflected in an improvement to our credit rating," said Sergio Gonzalez, City Manager. "This new rating should further enhance the City's financial flexibility and health."

The stable outlook reflects Moody's expectation that man-

agement will develop a comprehensive plan of expenditure controls and revenue enhancements to ensure the city's long run fiscal health.

"The credit upgrade is evidence of the City Council and Staff's continued commitment to sound financial practices and community enhancements. Together, we take pride in Azusa and strive to attract long standing business partners and residential developers for the betterment of our city. We are pleased to see our efforts recognized with an enhanced credit rating," said Finance Director, Talika M. Johnson.

For a full copy of the credit analysis please visit the 'Finance' page on the City's website, <https://www.ci.azusa.ca.us/187/Finance>.

Glendora Police Arrest Suspect Following Barricade

GLENDORA – At approximately 10:45 p.m. on October 31, 2018, Glendora Police Officers began investigating an allegation of domestic violence. A female victim reported that her husband, and father of their child, had hit her and threatened to kill her. Detectives were called in and ultimately tracked the suspect to a family members' residence in the 13000 block of E. Amar Road, in La Puente.

After multiple attempts to make contact with the suspect, he barricaded himself inside of

the residence. Our Foothills Special Enforcement Team, which is a regional SWAT Team made up of members from the Glendora, La Verne and Monrovia Police Departments, was activated and responded. After several hours of negotiating with the suspect, tear gas was deployed. The suspect ultimately came out of his residence and surrendered, ending the incident at approximately 5:02 p.m on November 1, 2018.

The suspect, 29-year-old Ivan Morales Martinez, of

Glendora, was arrested on Domestic Violence related charges, Assault with a Deadly Weapon, Criminal Threats, and Negligent Discharge of a Firearm in a Grossly Negligent Manner.

The Glendora Police Department would like to thank the La Verne Police Department, the Monrovia Police Department, the West Covina Police Department, and the Los Angeles County Sheriff's Department for their assistance in bringing this incident to a safe conclusion.

County Seeks Input For Distribution Of Development And Housing Funds

LOS ANGELES COUNTY - Over the weekend, officials from the Community Development Commission/Housing Authority of the County of Los Angeles (CDC/HACoLA) hosted County residents at a Community Meeting & Resource Fair to seek input for the County's 2019-2020 Action Plan.

The Action Plan will disperse approximately \$34 million in community development and housing funds – including approximately \$23 million from the Community Development Block Grant Program, over \$9 million from HOME Investment Partnerships Program, and almost \$2 million from the Emer-

gency Solutions Grant Program. This funding helps support projects, including the revitalization of community infrastructure, childcare programs, services for senior citizens and persons experiencing homelessness, homebuyer assistance and home repair programs, low-interest business loans, and graffiti removal.

During the meeting, attendees completed the CDC/HACoLA Community Survey. Input from the survey will be used to develop the Action Plan. In addition, there were games, resources, and activities for all ages, including face painting, arts and crafts, CPR training, free flu shots, and assis-

tance with CalFresh and Medi-Cal sign up.

Individuals who were unable to attend the Community Meeting are able to submit surveys until Tuesday, December 18, 2018. Please visit the CDC/HACoLA's website at www.lacdc.org/action-plan/annualmeeting to learn how to submit a survey online or via U.S. Mail. Surveys are also available in 11 different languages, including Spanish, Russian, and Chinese.

For additional information on the Community Meeting, please contact Brian Talbot, Environmental and Planning Specialist, at (626) 586-1752.

"TIME JOCKEY" - Never Forgets

By Joe Castillo

Black Bart... Wells, Fargo & Company Express was the right business at the right time. Founded by William Fargo and Henry Wells, the transportation company provided a somewhat 'safe' way to transport gold from mining sites to the big cities of San Francisco and Sacramento. In addition, Wells and Fargo would store a depositor's gold in their own facilities for a nominal fee plus interest. It was the perfect arrangement except for one small matter, stagecoach robbers.

With Wells and Fargo's company basing their success on a customer's trust of transporting their assets in a reliable and safe manner, Wells and Fargo were determined to ensure no danger would come to their valuable cargo. Each Wells and Fargo stagecoach carried two drivers known as express agents with one carrying a special title of shotgun messenger. The company employed the best gun men in the area including Wyatt Earp to protect large treasure shipments and act as a first line of protection. If a robber was successful in its holding up of a Wells and Fargo Stagecoach, the drivers

would go into recovery mode and started gathering evidence, posted wanted posters and even gathered a posse to pursue the robbers.

Wells Fargo detectives such as John Thacker and James Hume supported the express agents using modern police techniques to track down the criminals. The criminal may not have been caught immediately but Wells & Fargo's dogged pursuit eventually caught up with the culprit and Wells and Fargo coined the motto "Wells Fargo Never Forgets".

But one notorious robber named Charles E. Bolton challenged Wells Fargo's self-proclaimed motto and started robbing Wells Fargo Stagecoaches. Bolton robbed so many stagecoaches that Wells Fargo detectives had a complete biographical profile on him. Bolton's height was 5 feet 7 1/3 inches with a light complexion, gray hair, high cheekbones, heavy eyebrows and missing two teeth on the upper right side and the lower left side. Bolton robbed 27 Wells and Fargo Company Express kept their promise to "never forget" for 8 years in pursuit of the poetic Black Bart.....

Bolton was known to leave behind his own handwritten poems at the scene of the crime and would sign each as "Black Bart". Finally apprehended after his robbery on November 3, 1883, 135 years ago, he pleaded guilty and was sentenced to serve a term of 6 years at California State Prison for the crime of robbery. In all 27 of Bolton's robberies, he was the lone robber of Wells Fargo cargo as well as the U.S. Mail deliveries. Wells and Fargo Company Express kept their promise to "never forget" for 8 years in pursuit of the poetic Black Bart.....

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 4 books on the topic. He can be reached at joeacastillo@aol.com...



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- We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain.
- We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.
- We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.
- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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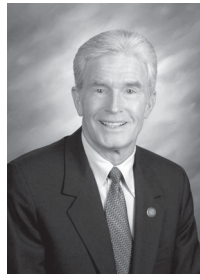
Market Disruption

The two questions I hear most frequently are: "What is going on in the markets?" and - on days when stocks lunge higher - "Is the selloff over?"

My answer to the first question is that the disruption in markets is exactly what you should eventually expect when the Fed materially raises interest rates. In the bond market, the long end of the yield curve reflects a combination of inflation expectations, long-run fed funds expectations and perceived upward creep (since August) in the market's neutral fed funds rate expectation. The yield curve reflects the "blind leading the blind" pattern historically observed in yields during Fed tightening's. FOMC participants are almost blindly groping toward a neutral rate they cannot visualize, and traders are following the Fed's lead, pricing based upon their best guess at that same invisible neutral rate. What is unique in this cycle is Fed communication, which is so much more open than in the past. This has allowed the market to price in more hikes, resulting in a flatter 2-10-year curve than in previous cycles. This means rates will ease in the belly of the curve if - or when - it becomes apparent the Fed's neutral rate estimate is too high.

In the stock market, traders have been grappling with an ugly reality (during tightening cycles since the 1960s) that, with just one exception, a series of rate hikes always end in recession. The decline in stocks in October reflects the possibility of recession, which - needless to say - would not be good for corporate

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

earnings.

Weakness in foreign currencies and commodities reflects the uncomfortable fact that while the Fed manages policy with the US in mind (as it must by law) Fed funds rate changes tend to have a bigger effect on small foreign economies than on the United States. Even if the US avoids a recession, an increasing number of emerging economies will not be so lucky.

In answer to the second question - Is the market correction over? - the answer most likely is no. When stocks rally in the midst of a selloff, as they have done on several days during the month of October, traders are responding to good short-run news. ADP employment was strong. Face Book posted good numbers. The economy currently appears to be in great shape. But, as long as the Fed continues to raise rates, the grim reality of overhanging recession risk will be there; and the conservative trade will be away from risk assets.

Which brings me to the usual follow up question to the first two: Will the Fed manage to avoid a recession this time?

Most economists think they will not, which is sensible enough

given the odds that recession is what usually happens when the Fed hikes interest rates. Recession has often followed a monetary policy shift to higher interest rates because the Fed has over tightened policy.

The best way to explain the October market action is that the "tail has been wagging" the dog. My hope is that between wave after wave of positive earnings announcements that this positive news may "break" and disrupt recent computer index arbitrage programs. It is very unfortunate that the stock market allows the computers to dominate trading and "jerk" the stock market around, but that is essentially what happened in October. Fortunately, good stocks "bounce" and, as more positive third quarter results are announced, expect a big rebound in fundamentally superior stocks.

Many on Wall Street expect Chairman Powell to convince the FOMC to pause rate increases in time to avoid a recession. However, there is still another rate hike coming in December, and another potentially will follow in March unless the economy is clearly slowing by then. Market volatility is likely to continue until The Fed gives strong guidance that the series of quarterly hikes is over, something I do not expect until the first quarter of next year at the earliest.

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I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

I'm 54, and my wife is 52. Should we buy long-term care insurance, or wait a few more years?

Although you'd be paying premiums for several more years, there is a big cost for waiting. The older you are when you purchase insurance, the higher the premiums. Also, keep in mind that long-term care is not reserved for the elderly - serious injuries from an accident can necessitate care at a rehab-facility, nursing-home, or in-home. Presently, the IRS (under Section 213(d)(10)), includes qualified long-term care premiums, up to certain limits, to be included with your tax-deductible medical and dental expenses.

My annuity (IRA) contract says I would have to pay a penalty if I take the money out too soon. I turn 70 next year, so I'll need to start taking Required Minimum Distributions. Is there a way to do that without a penalty?

Even though the annuity contract states there's an early withdrawal penalty, it is waived for RMD.

I have a lump sum of money from a CD. Is there an investment that is safe, and that will give me lifetime income right away?

An immediate annuity would give you exactly what you are looking for - safety and immediate income. The insurance company gives you choices for payout: for a fixed period of time, for the rest of your lifetime, or for the rest of your and your spouse's life, and more.

What is this secret, tax-free method of investing that I've read "Washington insiders"



Julia Yoder
(Senators, Congressmen, etc.),
and the very wealthy, are using to save for retirement? Can I get it?

You've seen the hype, along with the solicitation to pay for a newsletter subscription in order to receive the 'free' report about a much better retirement account than a 401(k) or IRA. Here's the scoop, and you're getting it for free! This "secret" method is not really a secret. It's a 702(j), or 7702 (IRS code that regulates life insurance contracts). These life insurance policies are not like the old whole-life or universal life insurance policies. Today there are permanent life insurance policies which offer much more than the death benefit. The cash value component of these policies can be equity-indexed (similar to many of today's annuities), with company-backed guarantees to protect your funds. These policies have much more transparency, allowing you to choose between several equity indices, and several crediting methods. Basically, you pay for insurance, plus you fund the policy with additional funds. If used as a part of your retirement plan, you could later 'borrow' from that cash value component during

your retirement years. Loans are not taxed. Typically, death benefits from a life insurance policy are not taxed. Ultimately, paying off the loans you've taken from the policy would be paid off from the death benefit. A real win-win. Getting one of these policies is like getting any other life insurance coverage.

We have really good credit and we rent an apartment. I want to buy a small home or condo, but my husband doesn't think we can afford to make this change. Do you think we could afford to buy?

Either get the facts and present them to your husband, or let your husband know that you'd like to sit down with a professional and figure out whether or not you could afford to purchase instead of continuing to rent. He'll probably react in one of two ways - agree or disagree. If he agrees, act before he changes his mind. If he disagrees, he might have another reason. Use the link below to start your loan application process - it's easy and there's no obligation to follow through.

Ask Julia by email:
juliyoder@yahoo.com

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THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

How Often Should You Have Your Car Serviced?

I know in this day and age it is sometimes difficult to remember those certain appointments...like going to the dentist or the doctor every six months...or having your vehicle serviced at least twice a year! You can ignore it until suddenly you aren't feeling your best, or you experience a toothache, or your car breakdowns!

Here is what your car's owner manual tells you should happen and how often. We recommend you visit us every six months to keep your vehicle in tip-top shape!

Your owner's manual states that every time you stop for fuel you need to:

- Check engine oil level and add as required.
- Check windshield washer solvent and add if required.
- Once a month you are supposed to:
 - Check tire pressure and look for unusual wear or damage
 - Inspect battery and clean and tighten terminals as required.
 - Check fluid levels of coolant reservoir, power steering, brake master cylinder, and transmission and add as needed
 - Check all lights and all other electrical items for correct operation

At every oil change you are supposed to:

- Inspect exhaust system
- Inspect brake hoses
- Rotate tires at each oil change interval shown on schedule "A" (Highway miles) or every other interval as shown on schedule "B" (Stop and go miles).

- Check coolant level, hoses, and clamps.

- After completion of off-road operation, the underside of the vehicle should be thoroughly inspected.

- Examine threaded fasteners for looseness

That is what the kindly, full-service gas station attendant used to do for us. Now that everything is self serve, we tend to drive up, fill up and drive off. Think about it. Do you check your engine oil level or your washer solvent at each fuel stop? Do you monthly check your tire pressure, inspect your battery, and check fluid levels, lights and other electrical items? The majority of consumers never lifts the hood of their car or even looks at their tires, much less checks the pressure. Some, when it is time for an oil change are adamant that we just change their oil as they are in a hurry and everything else seems fine.

It is true that our cars are increasingly sophisticated pieces

of machinery and that our oil is better able to withstand a couple of extra thousand miles between changes but how about all those other services that the gas station attendant used to take care of for us? Sadly, the answer for the most part is no one! You should at least have your vehicle serviced twice a year at the minimum. If you don't, think about what can go wrong between visits without someone lifting the hood and someone checking your tire pressure and fluid levels.

Remember, we love cars, trucks and SUV's! We want them to run at peak efficiency so that they are safe and reliable for you! Don't be a stranger. Stop on by and let us lift the hood for you!

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Hometown Service You Can Count On!

Police Warn of Phone Fraudsters Posing as Water Department Employees

MONTEREY PARK - The Monterey Park Police Department has recently investigated cases of theft by false pretense. This fraud has occurred when the victim received a telephone call from a male or female suspect posing as an employee of the City of Monterey Park Water Department. The suspects have told the victim that they were in jeopardy of having their water shut off unless they called a toll-free number and establish a payment plan. If the call was made to the number provided, an official-sounding person requested payment using pre-paid cash cards to clear the account.

The City of Monterey Park

does not make solicitation phone calls for utility payments. The City of Monterey Park does not accept pre-paid cash cards for utility payments.

Tips to prevent phone fraud:

- Never reveal personal information, credit card numbers, PIN numbers or account numbers to anyone.
- Never call back the number provided by an unknown caller.
- Always ask for the name, agency, department and business number.
- Never send payment to anyone using cash cards or pre-paid cards unless the caller's identity is verified. Most businesses do

not accept payment to settle accounts using these methods.

• If you have questions, call the police non-emergency number in your area. Not all incidents are crimes, however the information is important.

If you suspect you may be a victim of this type of fraud and reside or own a business in the City of Monterey Park, please contact the Monterey Park Police Department at 626-573-1311. If you reside or own a business outside of the City of Monterey Park and suspect you have been a victim of this scheme please contact your local police department to report the crime.

When Should I Worry About My Child's Foot Pain?

by Robert Joseph, DPM, Ph.D., FACFAS

When a child experiences leg pain, parents might not consider the foot as the source, even though some foot disorders can also cause symptoms in the leg. When it comes to foot-related problems, early intervention by an expert is key to proper treatment.

Flatfoot, a general term for the appearance of a foot without a well-developed "arch," is common in children. While most children with flatfeet have no symptoms, others may exhibit cramping, pain or tenderness in

the foot, lower leg or knee; limping or an aversion to athletic activities; and walking because their feet and legs "get tired." Foot and ankle surgeons can help determine if the pain is related to flatfeet.

When children have these symptoms, parents may think it's temporary "growing pains," without realizing it could be a foot-related problem. A foot and ankle surgeon will conduct a physical examination to assess the structure and function of the feet and may use imaging studies, such as X-ray or MRI, for a more comprehensive understanding of the specific foot structure.

Children with flatfeet may not have pain or limitation of activity; others experience symptoms related to structural abnormali-

ties of the foot that can be difficult to diagnose. Appropriate care includes orthotic supports or possibly surgery, depending on the condition and its severity. Early evaluation and intervention are the best measures for determining whether treatment is necessary for a quick recovery and return to normal activity.

For more information or to find a foot and ankle surgeon near you, visit FootHealthFacts.org, the American College of Foot and Ankle Surgeons' patient education website.

• **Robert Joseph, DPM, Ph.D., FACFAS, is a board-certified foot and ankle surgeon from Illinois and Fellow Member of the American College of Foot and Ankle Surgeons. (NAPSI)**

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Book of Bart

Glendora Community Coordinating Council October Humanitarian Award

GLENDORA - Glendora's own Gordie Norman, Miyoko and Jim Nakano and their committee had a vision to become sister cities with Moka, Japan. As co-founders and the driving force behind this idea they made it reality. Many residents and students of the Glendora and Moka communities have welcomed each other into their homes. This program has developed friendships and a common bond between our cities. This year we celebrate the 30th anniversary of this extraordinary program and those who made it happen. Glendora Community Coordinating Council congratulates our October Humanitarian Award recipients.



Glendora Community Coordinating Council President, Rose Wentz with October's Humanitarian Award recipients Gordie Norman, Miyoko and Jim Nakano.

The GCCC is always looking for volunteers from the city to be recognized each month. If you have a nominee please visit our website at www.glendoracoordinatingcouncil.org

For more moving tips, go to www.smartmove.us. (NAPSI)

Retired Teachers Week to be Celebrated November 4-10

Retired Teachers Never Stop Caring about Students and Education

The California Retired Teachers Association (CalRTA) has good reason to celebrate Retired Teachers Week, November 4-10. This organization has been going strong since its beginnings in 1929 when it was founded (CRTA then) through the efforts of Laura Settle, a retired Pasadena educator, with five or six people. Now the state organization numbers more than 40,000 members. To top that off, in May of 2019, CalRTA will celebrate its 90th anniversary!

Although retired, these retirees make an impact on their local communities through their incredible contributions. Volunteering is a major contribution CalRTA retirees make. The October issue of CalRTA's "Contact" publication states that in 2017 members contributed over two million hours of volunteer services, which translates to more than \$56 million. The dollar value is computed using values from the Independent Sector website.

Of equal importance is that CalRTA members, like other public employees, give back to their communities and to the state economically through pension spending. This spending results in more than 394,000 jobs and \$14 billion in federal, state, and local tax revenues.

Finally, Retired Teachers make direct contributions to their communities through classroom teacher grants and scholarships to future teachers. This year, the CalRTA #71



Attending the CalRTA #71 Reception for Newly Retired Teachers were new retirees (l-r) Becky Rees, Arcadia USD, and Karen Frey, El Monte City Schools.

(SGV) will present classroom grants to classroom teachers in El Monte City Schools SD, El Monte Union HSD, Mt. View SD, Rosemead SD, and Valle Lindo SD to enable them to purchase additional materials and equipment.

Membership in CalRTA is open to all retired educators, as well as to any others interested

in joining this active group. Local CalRTA #71 (SGV) has met at the Senior Center in Arcadia Park (county park) for many years. For more information, please call Marietta Watkins at (323) 258-9615 or Patricia Dietrich at (626) 446-8437. The motto of CalRTA is "Your Partner in Pension Protection."

Tips For Having A Smart Move

Every year, some 40 million Americans move into a new home. If you're one of them, consider taking steps to ensure your move is a smart one:

1. Create a to-do list. Write down everything you need to do before you're settled in your new place. Include budgeting, decluttering, hiring movers and updating important records.

2. Pack a first-night box. Once you get to your new

home, you won't want to hunt for must-have items such as box cutters, tools, device chargers, bed linens, toiletries—or the coffeepot.

3. Stay connected to your world. Set up your Internet, TV and phone service in advance by visiting smartmove.us. That way, you can stay in touch with what matters—family, friends—and the Internet. You'll be able to explore food

delivery options, shop online for home goods and order supplies for your new home. And the best part is, you can kick up your feet and watch your favorite shows at the end of the day.

For more moving tips, go to www.smartmove.us. (NAPSI)

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America's Christian Credit Union Casts A Vision To Build Stronger Futures, Communities And Families By Expanding Reach To Foster Youth

GLENDORA - America's Christian Credit Union (ACCU) reaffirms its commitment to building stronger families, communities, and futures during its 60th anniversary year as a financial partner for cultural impact.

"For 60 years, ACCU, through our mission - to reach, serve, and teach - has been steadfast in our commitment to improve the lives of our members. We strive to set an example as a positive change agent and as a financial partner grounded in Christian stewardship principles. One of our proudest achievements is our premier Adoption Loan program, by which we have helped over 1,750 children find their forever family," said ACCU's President/CEO Mendell L. Thompson.

Recently, America's Christian Credit Union was named as one of America's most adoption-friendly workplaces by the Dave Thomas Foundation for Adoption. "Today we want to build upon the momentum of our adoption ministry and expand our vision to assist at-risk foster youth in our community," said Thompson, while speaking, also as Mayor of the city of Glendora, at "College Bound," Pasadena City College's first-ever college resource conference for foster youth.

"There is such a profound



Mendell L. Thompson Mayor of Glendora & CEO of America's Christian Credit Union addressing foster youth at "College Bound" Pasadena City College's first-ever college resource conference for foster youth.

need," observed Fawn Imboden, Vice President of America's Christian Credit Union. "These children often have to make very adult decisions and weigh perceived short-term gains against long term benefits. The current education epidemic affecting foster youth in our nation is staggering. As it stands today, only about 50% of foster youth graduate from high school and just 2% emerging from foster care earn a degree of any kind after high school. This is a societal problem that we have a responsibility to help solve."

In response to this clear need, America's Christian Credit Union, along with California State Senator Anthony

Portantino, and several local churches, non-profits and agencies, helped organize this "College Bound" event, focused on encouraging and assisting high school foster youth as they look to navigate their teen years and stay on track for college. ACCU contributed to the event by hosting financial trivia and literacy workshops in addition to bestowing six scholarships and special bonuses to college-bound attendees who complete financial aid applications. "ACCU's support of this event will go a long way in ensuring that foster youth have the support the need to apply for college AND pay for college," said Senator Portantino.

Halloween Event for Special Fun People

By George Ogden

WEST COVINA - West Covina VFW Post 8620 was honored to help host the Social Vocational Services with their Harvest Festival recently at their VFW Post. This was for the young and older adults with intellectual disabilities. However, it appeared that the staff had just as much fun.

This is one of the many programs the VFW tries to assist in the community.

Everyone had an absolute ball being dressed up in their Halloween costumes.

Beverly Wheeler with the VFW Auxiliary assisted with the program on the VFW side. She states, "I'm happy to be here watching all the festivities go on and seeing all the costumes."

There was a great DJ, dancing and a lot of food and games.



A great Halloween Party hosted by the Social Vocational Services at the West Covina VFW.

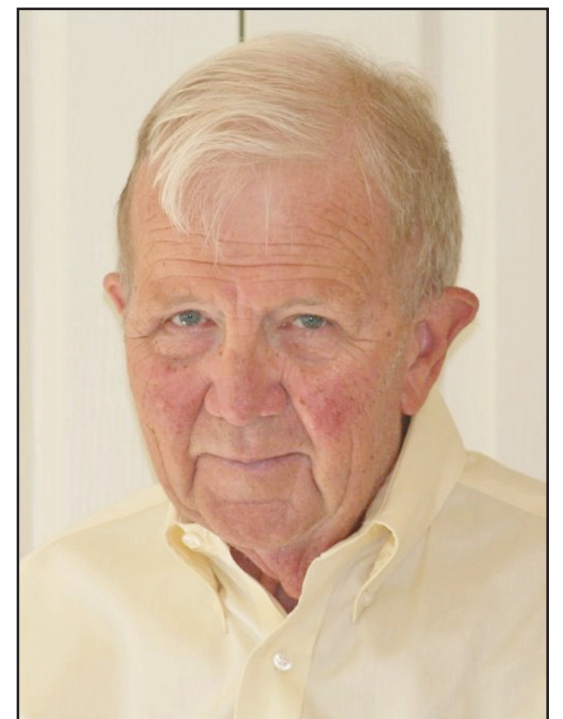
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Dr. Edward L. Davis Joins Woodglen Medical Group

GLENDORA - Edward L. Davis, M.D. Board Certified Urologist, specializes in female urology, has joined Drs. N. Bouz, and N. Kassar of Woodglen OB/GYN Medical Group, Glendora.

Dr. Davis provides expert care for bladder infections, painful bladder syndrome (IC), urinary control problems, over active bladder (OAB), painful intercourse (PI)

For a direct access appointment to Dr. Davis, call: Woodglen Medical OB/GYN Medical Group (626) 963-4124



Hit-and-Run Driver Gets Only 2 Years

By George Ogden

WEST COVINA - On Thursday, Nov. 1, a La Puente man was sentenced to only two years in state prison for a hit-and-run that killed a West Covina woman back in June of this year, while driving under the influence of marijuana.

At first, Dominic Orozco, 22, pled not guilty to a charge of felony hit-and-run causing a death during a court appearance in June of this year. On July 18, Orozco, a gang member with an arrest record, changed his plea to no contest to the charges.

Back on the morning of June 7, around 5:30 a.m., Dahlene Martin-Lovelace, 56, of West Covina was walking in the 1100 block of East Merced Avenue when the driver, later identified as Orozco, struck Martin-Lovelace who was near the curb. The vehicle continued westbound on Merced Avenue and then crashed through a retaining wall and ended up on the front yard of a home on the corner of South Neff Avenue and East Merced Avenue.

Orozco had some injuries from the crash and was treated at the scene.



Dominic Orozco

West Covina police officers arrested Orozco on suspicion of hit-and-run and driving under the influence of marijuana.

Marin-Lovelace who was taken to a local hospital and then transferred to Pomona Valley Hospital Medical Center died of her injuries several days later.

The family was devastated.

Orozco was sentenced at the county courthouse in Pomona and many people feel that this sentence was not appropriate or long enough for the crime of killing someone while DUI.

Toastmasters' Guest Earns Best Speech Honors

SAN DIMAS - A visitor won best speech honors at a recent Toastmasters meeting.

Pandu Chimata was voted the top speaker at the November 1 meeting of the "Toast to the Best" Toastmasters Club 5880 for his speech on how to gain financial independence. Chimata was visiting the club to practice his presentation.

JoAnn Haase was named the best table topics speaker, an exercise that challenges members in impromptu speaking. Art Douglas was named the best evaluator for his critique of Eric Wild's speech.

The club's next meeting is November 18.

The club is open to all who are interested in improving their public speaking or leadership skills. The Toastmaster club



Pandu Chimata gives a presentation about gaining financial independence at the Nov. 1 "Toast to the Best" Toastmasters Club 5880 meeting in San Dimas.

meets at 7 p.m., every first, third, and fifth Thursdays in the Parish Hall at Faith Lutheran Church, 505 E. Bonita Ave., San Dimas.

For more information, visit <https://5880.toastmastersclubs.org/>, email info@toasttothebest.org, or call 951-505-0555.

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