



San Gabriel Valley Examiner

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January 24 - 30, 2019

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Glendora Chamber Hosts 2019 Glendora State of The City and Schools Luncheon

By Jayam Rutnam

GLENDORA - The pouring rain did not stop Glendora residents from attending the Annual State of the City and Schools luncheon held on January 17th at the Glendora Country Club, which was packed to capacity.

The Glendora Chamber of Commerce, headed by Director Joe Cina has been hosting this event for many years. Glendora Mayor Mendell Thompson was the keynote speaker at this year's State of the City and Schools luncheon. Mayor Thompson delivered his State of the City to include updates on Glendora's new City Manager and new City Attorney, the March Sales Tax Proposal (Measure E) that residence will be voting on March 5th pertaining to a 0.75% sales tax increase and the Gold Line project among other things.

In addition to Mayor Thompson, Community leaders, Superintendent/President of Citrus College Dr. Geraldine Perri, Glendora Unified School District Superintendent Dr. Robert Voors, and Charter Oak Unified School District Superintendent Dr. Michael Hendricks, presented the many projects current and future, accomplishments, awards and concerns they are dealing with now and in the future.

We give you below, excerpts



Glendora Mayor Mendell Thompson delivers his State of the City Speech

of the speech the State of the City 2019, given by Glendora Mayor Mendell Thompson.

"Glendora has great people. Glendorans are generous, civic minded, and have a tremendous sense of civic pride and Glendora is such a great place that it's not uncommon for multiple generations of families to live here - I know from personal experience. My wife and I are truly grateful to have lived, worked and raised a family in Glendora - something that is now being carried out by our own daughter, son-in-law and grandchildren. To get things started and in honor of my fellow educators who spoke before

me, I'm going to take the easy way out and just show a video!

A city is not gauged by its length and width but by the boldness of its vision and the height of its dreams. From the video it's truly amazing how much we have accomplished over the past year. I'd like to take a quick moment to highlight just a few items: We welcomed a new City Attorney, Bill Wynder and new City Manager, Adam Raymond. Celebrated our 30th year as Sister City to Moka, Japan. Won awards from Best Friendly City and Best Downtown for the 7th year. Implemented a new online bidding system for capital projects. Completed Phase 1 for the Ur-

ban Trail. Approved a Homeless Action Plan. Implemented a Wildlife Management Plan, including Coyote Catcher and Neighborhood Watch. Implemented Compstat Community Dashboard. Dialed in on the Goldline. Held a successful Night on the Plaza which grossed over \$200,000 - the most funds raised in 18 years. Added new playground equipment at Pompei Park. Completed a face lift at the La Fetra Center. New engagement with the Chamber. Successfully removed the K Rails - nearly 5 years after the Colby Fire. The Water Department didn't have to buy outside water until June for the first time in

three years. Visit our City website to read all 70 bullet points that in just six months the City has done.

One of the great things about Glendora is that your government listens to you. The City just finished its fourth Community Survey. Previous surveys were done in 2011, 2014, and 2016. Per our survey that was completed in December 2018: 92% said Glendora was a good to excellent place to live. 91% said Glendora was a good to excellent place to raise a family; 85% of responses were satisfied with the job we are doing to provide services; 81% of respondents trust the City of Glendora; 79% are satisfied with the City's efforts to share information. Respondents would like future development to take into account the City's small-town charm and focus on the development of new dining and entertainment; and When looking at funding priorities, respondents found streets/roads, parks/recreation, programs for the community, and public safety to be the highest. We encourage everyone to review the results of this survey on the City's website at www.cityofglendora.org/communitysurvey

While Glendora is a great place to live, work and play - and while the City has continued to

Please turn to CHAMBER / A7

Community Invited To Ribbon Cutting Ceremony For Culinary Complex Constructed At Duarte High School

State-of-the-Art Facility will House NAF Approved Culinary Academy



DUARTE - The transformation of Duarte High School's Culinary Arts classroom into a professional-grade facility started this summer, is now complete. The culinary complex was created to house the school's growing Food Service & Hospitality/Culinary Entrepreneurship Pathway, as Duarte Unified School District (DUSD) is soon to offer the only dual enrollment culinary school collaboration in the San Gabriel Valley.

DUSD Chief Facilities Officer, Brad Patterson, oversaw the design of the new culinary space in consultation with experts on the cusp of industry trends contained within the district's Facilities Master Plan, which won a Leroy F. Greene Design & Planning Award in 2017. Funded by Measure E, the culinary facility upgrade is also among the many modernization projects that support program designs defined in the district's five-year Competitive Advantage Plan.

Development of the Culinary Arts Academy began three years prior when DUSD joined a consortium of neighboring districts that was awarded the California Career Technical Education Incentive Grant (CTEIG) under the direction of Kevin Morris, DUSD Director of College, Career and Community. Established as a state education, economic, and workforce development initiative, with the goal of providing students with the knowledge and skills necessary to transition to employment and postsecondary education, the CTEIG grant provided the seed money for DHS to pay for professional development, certification and curriculum development.

A crucial criteria to receive the grant funding is to deliver a high quality curriculum and instruction aligned with the Career Technical Education (CTE) Model Curriculum Standards. This was achieved last May when Duarte High School earned cer-

tification by the National Academy Foundation (NAF) as an Academy for Culinary Entrepreneurship. To attain this esteemed status, CTE teachers Chef Jason Prince and Amy Bustos, designed the rigorous, career-themed curricula and direct pathway for students to enter the culinary industry.

As the Culinary Arts Academy continues to grow, the CTE Team at Duarte High School already has plans in the works to create additional Pathways for Video Film Production, Certified Nursing Aide Training and Welding that will also be NAF aligned and certified.

Duarte Unified will be celebrating the completion of the Culinary Arts Complex with a Ribbon Cutting Ceremony to be held at 4:00 p.m. on **January 24** at Duarte High School. The entire community is invited to attend to see this amazing space in person. RSVP to communications@duarteusd.org.

Glendora Woman's Club To Present Guest Speaker Dianne Broski

By Joan Hallidy

GLENDORA - The Glendora Woman's Club will present guest speaker Dianne Broski at the club's luncheon-meeting on Tuesday, February 5. Her program titled "Mary Todd to Mary Lincoln" is part of the commitment by she and her husband Robert to bring the life and achievements of President Lincoln and his family to more audiences.

Mrs. Broski's program for the Woman's Club will mark a return visit to the club as she had accompanied her husband last year for his program at the club. Both she and her husband often share the role of guest speaker for presentations featuring the life of President Lincoln and his family, said program vice president Helen Storland.

The Woman's club meeting day will begin at 10:30 a.m. with a social time, followed by the business meeting at 11 a.m. The Catered luncheon by Cambria Catering around noontime will be followed by the program by guest speaker Mrs. Broski.

The Members Participation Art Display, held every month, features a different display theme each meeting. This month will be "Love Goes Around" to help celebrate Valentines Day, and members are encouraged to bring an item from home to display, said Joy Martau.

One of the club's ongoing service projects is Shepherd's Pantry, located in Glendora. The Pantry serves families in need in 10 area cities and members are asked to donate nonperishable food items at club meetings for the families in need, said Rose Myers, substituting for project chair Gloria Liddle.

Each month, one of the club's four departments takes a turn sponsoring the Corner Cupboard project. The project features baked goods and assorted items



The Glendora Woman's Club is presenting guest speaker Dianne Broski, pictured portraying Mary Todd Lincoln, and her program "Mary Todd to Mary Lincoln" at the clubs luncheon meeting.

for sale, with funds benefiting service projects. This month's department sponsor is the Potpourri Department said department chair Susan Lepkojus.

Coming up pm Tuesday, April 9 will be the Annual Fashion Show and Luncheon, with the theme "Mardi Gras on the Avenue". Fashion Show tickets at \$40 will be available at the meeting from ticket chair Chris Ohrmund. Fashion Show flyers and copies of information on the new levels of sponsorships will be available

on the back table, said club co-president Carolyn Cunningham and Joy Martau.

For more information about the Woman's Club, its four departments, service projects and the club's Fashion Show, call Chris at 909-598-0554. For information about renting the clubhouse for an event or meeting call Ryan at Cambria Catering at 626-335-7010. The clubhouse is located at 424 N. Glendora Avenue in Glendora.

Probation Youth Kitten Fostering Program Applauded By L.A. County Board Of Supervisors

LOS ANGELES COUNTY - The Los Angeles County Board of Supervisors recognized and honored the Kitten Academy at Camp Joseph Scott during its regular meeting at the Kenneth Hahn Hall of Administration Tuesday in Downtown Los Angeles.

The Kitten Academy is an innovative eight-week program that emphasizes the importance of the human-animal bond and its impact on both emotional and mental well-being. The first-of-its-kind approach teaches probation youth new skills pertaining to animal care, as well as an appreciation and an understanding of animal behavior. The program, launched last November as a collaboration between the Los Angeles County Probation Department, Department of Animal Care and Control (DACC), Department of Mental Health, Pub-



The Kitten Academy at Camp Scott was honored by Supervisor Kathryn Barger at the L.A. County Board of Supervisors meeting January 15

lic Health, Los Angeles County Office of Education and Juvenile Court Health Services, pairs kittens in need of foster homes with probation youth to care for them.

The youth provide kittens with the nurturing they need until a forever home is found and each kitten has graduated from the academy.

L.A. County Fifth District Supervisor Kathryn Barger was joined by kittens "Knight" and "Winter" as she expressed her support for the Kitten Academy and saluted the team of professionals dedicated to making the program a success for the girls of Camp Scott and the kittens.

"I'm excited to celebrate one of our cutest County programs with the help of many of our departments, we are proud to honor the compassionate work of the Kitten Academy," said Supervisor Barger. "This unique opportunity allows young women at Camp Scott in the Santa Clarita Valley to foster kittens in preparation for adoption. This gives the girls on probation the chance to learn meaningful lessons about responsibility while also having a lot of fun doing it. It's just as much of a growing experience for the women as it is for the kittens. As the kittens grow, the young women are able to thrive empathetically and rehabilitate emotionally."

The kittens cared for at Camp Scott, the only all-girls probation juvenile residential treatment fa-

city in Los Angeles County, are too young to be placed in animal shelters and require special care and nurturing. The girls learn how to feed, groom, handle and socialize kittens that are as young as four weeks old with the help of the Los Angeles Department of Animal Care and Control's staff and volunteers. The youth are also responsible for monitoring the kitten's weight and behavior and journal about their experiences. In addition to teaching responsible behavior, the Kitten Academy is providing the girls with valuable training to one day possibly work in an animal-related field.

Chief Deputy Probation Officer for Juvenile Services Sheila Mitchell believes that programs like these provide youth with therapeutic interpersonal skills necessary to successfully function in society upon their release from juvenile camp.

"We are very proud of the work that probation staff, DACC and all of the County partners and volunteers have put forth to ensure the success of the Kitten Academy," Chief Mitchell stated. "The girls are taught a variety of positive moral attributes such as compassion, selflessness, patience, and reliability that will bode well for them upon their exit

from juvenile camp. The kittens, who might otherwise face euthanasia, receive personal attention, nurturing and ultimately a loving home. The program is a win-win for all involved."

DACC Director Marcia Mayeda expressed her enthusiasm with the collaboration between County agencies to help prepare the youth for a career and the kittens for adoption. "We are so excited about our partnership with L.A. County Probation," said Director Mayeda. "The Kitten Academy saves the lives of vulnerable kittens while teaching valuable skills to young women, in an educational and supportive environment. The opportunities for expansion and replication of its success are tremendous, and we look forward to seeing this program flourish."

The first set of kittens, named Pooh, Sky, and Aladdin, graduated from the first Kitten Academy on November 15, 2018, and were lovingly presented to their new forever families by the Camp Scott ladies.

The next litter of kittens are expected to be ready for adoption in February 2019. To adopt a kitten or any animal that needs a home please call 562-940-6898 or visit animalcare.lacounty.gov

Speeches, Honors, Contests: Toastmasters Year Gears Up

SAN DIMAS - Starting a new foundation and sharing what a favorite country to visit were among the topics of speeches at the latest meeting of a local Toastmaster club.

Dan Lee was named best speaker at the "Toast to the Best" Toastmasters Club 5880 meeting on Jan. 17 for his prepared speech on establishing a new foundation. Dr. Lefan Zhuang, a guest attending her first meeting, was chosen best table topics speaker for her extemporaneous speech on her favorite country to visit. Maria Covarrubias was voted the best evaluator for her review of JoAn Haase's prepared speech.

In other news, Art Douglas completed the second level in the motivational strategies pathway in the new Toastmasters training curriculum.

In addition, contest season is approaching. District 12 Toastmasters will have contest offi-



Maria Covarrubias, Lefan Zhuang, and Dan Lee were winners at the Jan. 17 meeting of the "Toast to the Best" Toastmasters Club 5880 in San Dimas.

cial training session on Jan. 26. Toast to the Best will hold its speech contest on March 12. The winner will move on to the area speech contest.

The club is open to all who are interested in improving their public speaking or leadership skills. The Toastmaster club meets at 7 p.m., every first, third, and fifth Thursdays in the Parish Hall at

Faith Lutheran Church, 505 E. Bonita Ave., San Dimas.

For more information, visit <https://5880.toastmastersclubs.org/>, email info@toasttothebest.org, or call 951-505-0555.



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Glendora Police Department Citizens Academy Begins Soon

GLENDORA - The Glendora Police Department is now accepting applications for Class #35 of their fun and exciting Citizen's Academy. The Academy has graduated hundreds of Glendora residents and is a great way to become familiar with the functions of the Glendora Police Department. This class is also the pre-requisite for becoming a GPD Auxiliary Volunteer! Classroom time will include introductions to Dispatch and Jail Services, Fraud

and Identity Theft, Mock Traffic Stops, Fingerprinting and more! Academy classes begin on Wednesday, **February 6th** from 6:30-9:00 p.m. at the Police Department and runs for 12 consecutive Wednesday nights and is free. Applications to attend can be picked up at the front counter of the Glendora Police Department located at 150 S. Glendora Avenue or by visiting the website at www.cityofglendora.org or via

an email to nulloa@glendorapd.org. Application deadline is Wednesday, **January 30th**. All applicants must consent to a record and background check. Class size is limited to 25 students and is free to those who work or live in the City of Glendora or are students of Citrus College and are at least 18 years of age. For more information, you can also call CSO Ulloa at 626-914-8268.

E-Scooter Pilot Program Approved

LOS ANGELES COUNTY - The Board of Supervisors approved a motion by Supervisor Kathryn Barger directing county agencies to develop a regulatory framework for the safe commercial operation of e-scooters in the communities of unincorporated Los Angeles County.

In November 2018, the arrival of e-scooters in unincorporated

Altadena and East Pasadena created a serious concern about the potential public safety and nuisance issues that e-scooters have caused in other jurisdictions.

Supervisor Barger's motion directs the CEO, in collaboration with county departments and agencies, to develop a pilot program in 45 days with regulations allowing for the safe operation and storage of shared e-scooters and bikes on County roadways.

"We want a collaborative plan that allows operators to provide

a viable transit option for our residents while minimizing the potential for public nuisances, safety issues, and lawsuits ultimately paid by taxpayers," Barger said.

The program will also include a consumer-focused website regarding safety and other information to set the stage for a safe, sustainable, and innovative approach to incorporating e-scooters and bicycles as a service to residents looking to bridge gaps in transit access.

Senator Chang Introduces Pet Microchipping Bill

Microchipping your four-legged friends will save pets & taxpayer dollars

SACRAMENTO - Senator Ling Ling Chang (R-Diamond Bar) recently introduced legislation that would save taxpayer dollars while reducing the number of dogs and cats that are euthanized. Senate Bill 64 requires that all municipal animal shelters microchip any dog or cat that is adopted or claimed by a pet owner.

"Our pets are part of our family and my four-legged friends, Buster and Pepper, are precious to me. Should both of them not come home, a planted microchip allows me to find and bring them home. By microchipping our dogs and cats with the owner's

information, we can help reunite pets with owners, drop the euthanized numbers, and save taxpayer dollars," said Senator Chang.

"Micro-chipping every animal that leaves a shelter is the easiest and most efficient way animals are returned to their owners," said Judie Mancuso, President and Founder of the bill's sponsor, Social Compassion in Legislation. "Getting pets back to their owners saves municipalities money by reducing the cost of sheltering and timely rehoming efforts, but most importantly saves animals' lives from needless euthanasia. This bill is a win

for animals, families, and taxpayers."

Microchips are the most reliable source of identification for animals. When a pet is found by an animal shelter or vet, a scanner will detect the microchip and the unique ID number with the owner's contact information.

According to the American Society for the Prevention of Cruelty to Animals, approximately 6.5 million dogs and cats enter animal shelters every year. And each year, 1.5 million dogs and cats are euthanized. This means that every hour, 171 animals are being put to death.

Supervisors Call For The Department Of Mental Health To Provide School-Based Services Countywide

LOS ANGELES COUNTY - The Board of Supervisors approved a motion by Supervisors Kathryn Barger and Janice Hahn to create a countywide plan for the provision of school-based mental health services through the Department of Mental Health.

"There are 80 school districts in Los Angeles County and it is important for us to look at this as a countywide effort, as the issue impacts all of our schools," said Supervisor Barger. "I have met with local schools in my district and they

agree there is a critical need for mental health programs and services to support our students."

The motion by Supervisors Barger and Hahn came as an amendment to a motion by Supervisors Ridley-Thomas and Solis, which sought to provide Los Angeles Unified School District (LAUSD) with funding to enhance health and mental health services provided to students, staff, and others within LAUSD specifically.

The motion directs the Department of Mental Health to

work with the Los Angeles County Office of Education, the Auditor-Controller, and the Chief Executive Office to develop a countywide plan to provide school-based mental health services including but not limited to prevention and early intervention services, education, support, and outreach. This plan will include the identification of resources, timeline for implementation, and any other relevant information with a comprehensive report back to the board in 45 days.



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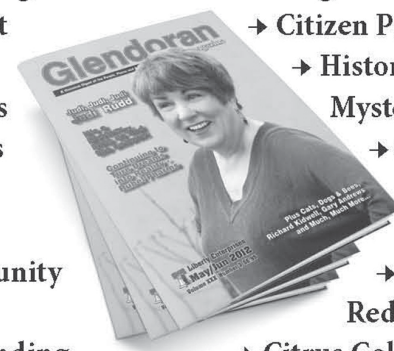


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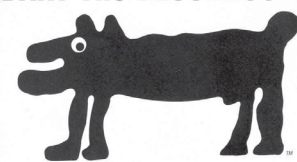
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Board Approves Millions in Aid for LAUSD

Amid a continuing teacher strike, the Board of Supervisors unanimously approved a motion by Supervisors Mark Ridley-Thomas and Hilda Solis that would identify millions in Los Angeles County funds that could be directed to the Los Angeles Unified School District (LAUSD) to enhance healthcare for students.

"Among the concerns raised by teachers is the need for more support services for students and, with this motion, we are doing what we can to be helpful," said Supervisor Ridley-Thomas, a former high school teacher himself. "LA County has sufficient resources and this is part of fulfilling our mandate to provide medical services to the most vulnerable."

The motion seeks to build on the infrastructure and resources that LA County already provides LAUSD, which includes dozens of school-based health centers, as well as mental health clinicians, crisis intervention training for teachers, and counseling for families. LA County is also currently working to build dozens of wellbeing centers in high schools to support teenage students' social and emotional wellness and sexual health.

Specifically, the motion instructed the LA County Department of Mental Health (DMH) to identify up to \$10 million in potential funding to enhance mental health and wellbeing at LAUSD schools. The amount would make it possible to fund a healthcare professional on every

elementary school campus five days a week. Research has shown that the sooner children experiencing trauma or distress can access professional treatment and support, the higher their likelihood to succeed academically, and develop resilience and effective coping mechanisms.

"The mental health and wellbeing of our kids, schools, and neighborhoods must always be front and center," DMH Director Dr. Jonathan Sherin said. "We empower our future by identifying and addressing needs early and broadly through services at our school platforms. We are currently invested in a strong partnership with LAUSD, and this motion takes our commitment to a whole new level."

The motion also instructed the County's Departments of Health Services (DHS) and Public Health (DPH) to, within 30 days, identify strategies for supporting LAUSD in its efforts to hire school nurses and other health professionals.

"As a former high school principal, I know the importance of ensuring a healthy environment in our schools and DPH stands strongly in support of LAUSD," DPH Director Dr. Barbara Ferrer said. "Teachers, nurses, counselors, and parents all play a vital role in supporting our children and helping them become all they can be."

LA County Office of Education (LACOE) Superintendent Debra Duardo, who recently assigned a team of fiscal experts to

look into LAUSD's worsening financial situation, said, "LACOE has long recognized that we cannot allow the unmet mental health needs of children and youth to stand in the way of their access to a great education."

"As we continue to work with LAUSD on fiscal and operational health, we are encouraged by the leadership of Supervisors Ridley-Thomas and Solis in recognizing the compelling need for funding for mental health services," she added. "We look forward to continuing our collaborative efforts to ensure that every District in the County is equipped to support the social-emotional and mental health needs of our youth."

Courtney Powers with the Community Clinic Association of LA County, which represents several operators of school-based health centers, also supported the motion. She said, "Our health centers are places of trust in the community and schools are too, so this is a terrific opportunity to expand reach to students and families in need."

"When the physical, emotional and psychological needs of children are met, we all benefit from their ability to focus on learning," said Michael Green, LA County Regional Director for SEIU Local 721. "If, through this investment, we increase the wellness and learning ability of a child, then we are making a positive change for their future, and the future of our community."

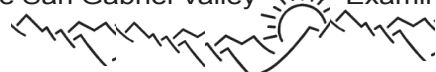
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Newsom's Plan Mows Over Grassroots

Gov. Gavin Newsom has promised 3.5 million new housing units by 2025 to cure the shortage of housing units purportedly driving up the housing costs; and, to solve the homeless problems now flooding our communities not addressed during the Brown Administration. Newsom's Sacramento ally in this effort is San Francisco Democrat State Sen. Scott Wiener who has introduced SB 50, a rehash of failed SB 827 from last year. It appears, under this new proposal, local government's traditionally vested rights in their municipal codes and zoning ordinances would be mowed over by this new legislation. Initial reports indicate SB 50:

- Creates high-density housing zones within a half mile of a rail transit station, within a quarter of a mile of high-frequency traffic corridors and bus stops, and within "job-rich" neighborhoods.
- Creates heights of these apartments or condo units that could go as high as 80 feet.
- Short-cuts or eliminates environmental review to expedite the creation of these units.
- Severely reduces or eliminates parking to support the theory in this new mass building effort, all living in those units will walk out their doors and ride the bus or train to wherever they are going.
- Dictates failure to comply, would allow Gov. Newsom to initiate procedures to withhold / confiscate transportation funding for that city.

Take a peek out your front door and for a minute try to as-



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

How this will affect your neighborhood and quality of life you now enjoy. In my city, qualifying transit routes are Arrow Highway, Rt. 66 and soon the Gold Line. Measuring out quarter and half mile radiuses, I found out my high-density neighborhood becomes my whole city. Look at a map and see how you are impacted. What is your neighborhood going to look like if this passes?

The guidelines for SB 1, the gas tax measure passed in the middle of the night with bought votes, provided, from some sources analyzing the measure the following ... "a complex formula that allows local government a share of the gas tax money but only if they spend the same amount they have been spending and pass a state audit." I always wondered what that audit would look like and it seems we now know.

Just as I wasn't sure how the state legislature and a new governor would define the "rules" under the gas tax money to local

government, I am not sure now how Gov. Newsom will define "job-rich" neighborhoods and whose responsibility it will become if those "job-rich" areas deteriorate. If those businesses creating the jobs brought on by the Trump administration's tax and economic reform policies decide to abandon California for better out of state options, whose responsibility do those left behind become?

Gov. Newsom has labeled his affordable housing plan the Marshall Plan of Affordable Housing named after the U.S. \$15 billion, 4-year program initiated after World War II to assist with rebuilding Western Europe and foster trade and commerce. I haven't seen Newsom's actual plan yet, but it seems from what is coming forward now, the basis of this plan is to make local government the sole responsible party for the homeless population by voiding their zoning codes and using transportation money as the implementation carrot.

Newsom had a "Care Not Cash" program he implement in San Francisco when he was mayor taking all monetary assistance from the homeless and providing housing and food as replacement assistance. Perhaps that is the direction he will go again with his proposal for the homeless shelters he wants to establish.

Gov. Newsom's continual pronouncement, "Local government is going to have to step up," makes his entire housing program, from what I've seen so far, a non-starter for me.

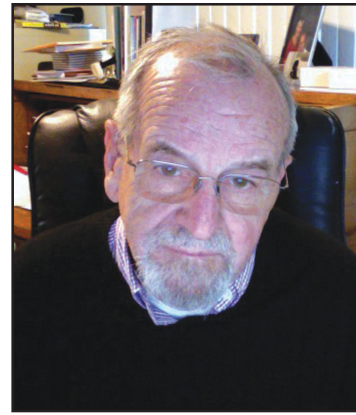
Downsizing

There are words that strike terror in the hearts of people who are otherwise secure. Consider the father who sits looking at a sizeable box containing his child's birthday gift, his eyes riveted on what is etched on a side panel: SOME ASSEMBLY REQUIRED. Opening the box and dumping the contents onto the middle of the living room floor, he is confronted by what looks to be a hundred oddly shaped pieces, none of them seeming to have anything to do with any of the others. But he is saved. Somewhere in the debris he spots what appears to be the instructions. He carefully unfolds them ending with one enormous sheet written in Japanese. Hurray! He calls a Japanese neighbor who has a PhD in engineering from MIT. Together they get the thing assembled just in time-except for three of the pieces that don't seem to fit anywhere. "Oh well, we've done our best, and the thing works."

When you are much older than this poor father, most such problems can be instantly solved by a second-grade great-grandchild. But there are other frightening words that come with our senior years. Consider: DOWNSIZING.

The time has arrived when the children are long gone and the big old three-bedroom house, complete with attic and basement, has served its precious purpose and must now be left. You are to be located in a one-bedroom apartment complete with a walk-in closet that passes for a second bedroom. Even if you have magic powder that can shrink anything it touches to half size, there is no way to squeeze a third of your stuff into your new digs. DOWNSIZING is the answer that ominously looms.

What will you take and what must be left behind? Since in our society there are businesses for almost everything, a quick look at the internet-it used to be the yellow pages-will produce a dozen companies that guarantee they can fit everything you need into your new home. All they re-



Charles H. Bayer

quire is your agreement to let them decide what you can take and what must otherwise be jettisoned. First, after taking careful measurements in each room of the home-to-be, they will look at and measure all your stuff, requiring that you answer the following questions as you and they examine everything piece by piece:

- Is it necessary?
- Do we really want it?
- Are there multiples of this item?
- Is this utilized regularly?
- Does it have sentimental value?
- Does it have significant financial value?
- Will it fit into the smaller space?
- Would a family member or friend appreciate and use it?

This is like hospice care for the ebbing lifetime of your precious stuff.

Some things are obviously disposable-like everything in the attic. There is that precious set of golf clubs. And you haven't played for years and never will again. What about the books still in boxes that remain unpacked from the last move, or the volumes gathering dust in the wall-to-wall shelves somewhere in the house? Among them are books you haven't looked at for a generation, but are a security blanket just in case someday you might need their precious information.

What about that great old oak dining room table and its three leaves? Might as well find someone who could use it. Don't both-

er even looking at the stuff in the basement. You won't miss anything down there. As a last resort you could rent one of those storage things. But why? The chances are you will never need any of what you put there. And one day when you haven't paid the rent for a year, all that debris will be confiscated and auctioned off, perhaps on one of those made-for-TV shows.

There are better solutions. We knew someone who sent out an invitation to all her friends, inviting them not to a house-warming, but to a house-cooling where they could take as a gift an item they might use.

All of the above just has to do with stuff, and stuff may be the easiest thing to DOWNSIZE. Here are a few things much more difficult to shrink:

- A bucket list containing places you have always wanted to go; and your traveling days are over.
- A list of old friends. That list gets downsized with every obituary.
- The names of people you don't think you ever knew but who claim to know you.
- Believing you will get over whatever physical illness you have recently developed. You won't!
- Having to remember the plot of the book you have just read.
- The belief that you and your generation will solve the world's most difficult problems.
- Your inventory of stories, not realizing you have told the same ones to the same groups a dozen times.

There are many other things that belong on this list, but my reduced memory can't call them up.

So when you see words like SOMEASSEMBLY REQUIRED, just chuckle and say to yourself, "I'll let somebody else worry about putting together whatever is in this box. Because now I've got to worry about DOWNSIZING!"

Contact Charles Bayer at candwbayer@verizon.net

My Turn: "If We Told You Once, We Told You A Million Times..."

When President Trump abruptly cancelled a government paid junket for Nancy Pelosi overseas, there was much handwringing and accusations of juvenile behavior directed at Trump. In a classic message to Ms. Pelosi, Trump suggested either to postpone it or fly commercial. "Use your prerogative." This came in response to not only Pelosi's desire to cancel the State of the Union Speech under the guise of inappropriateness to the shutdown, but also in response to the myriad of dopey things the Madame Speaker has done to flex her majority leader muscles.

During the shutdown she took trips to Hawaii for vacation and to Puerto Rico with other Democrats and lobbyists, all while bemoaning the shutdown.

She ignored the group of Angel Moms who came to see her at her office seeking a "few minutes with no cameras."

Democrats lead by Senator Schumer and Speaker Pelosi ignored an invitation to the White House to discuss border security, instead running to the cameras with dopey and phony rallies. One such rally on



Charles Lopresto

the capitol steps had blow up pictures of folks not being paid during the shutdown. I guess it was to counter attack the Angel Moms' photos of their dead children killed by illegal criminals. The problem with the Angel Moms might have been their request of no cameras.

And then there was an incident when a group of illegal immigrants were invited to visit Pelosi's Bay Area residence due to a flyer circulated by activist Laura Loomis. Pelosi had them kicked off her premises.

But probably the dumbest moves Pelosi has made is in her appointment of individuals for the various committees that are now headed up by a Democrat house majority. Jerry

Nadler, as politicized as anyone, will head up the Oversight committee. He plans to immediately submit subpoenas for one and all starting with Trump, Vice-President Pence and Justice Kavanaugh. Financial genius Maxine Waters will be in charge of the Finance Committee. It was just announced that her right hand person will be Alexandra Ocasio-Cortez, another Wall Street wizard. Maybe I should say Left hand person.

Another appointment she made is a real head scratcher. The House Foreign Affairs Committee will be lead by Minnesota Representative and avowed anti-Semite Ilhan Omar, a Muslim who has attacked Lindsey Graham and defended Louis Farrakhan. Yes, its a committee for "foreign affairs."

Here is the point of this litany against Nancy Pelosi.

Many of us on the Right tried to warn everyone before the election about allowing the race for the House of Representatives and the Senate as well, to be too localized. Many said "I really like the Democrat individual in my district better than the Republican." And this was coming from Republican voters quite often, with their naive and self-righteous belief that "I am above party politics." It was a notion that did nothing more than help the Democrats regain the House. Thankfully regaining the Senate was missed, but many fine Conservatives did lose.

We tried to warn everyone that allowing Pelosi the chance to return to the leader position was going to result in this nonsense. Some of which we were informed of before the election and some that could be easily assumed based on past behavior and rhetoric.

This may sound like a plea for voters to "wise up." But unfortunately it is too late for that.

So Republicans and Democrats alike, enjoy YOUR new Speaker of the House.

"TIME JOCKEY" - Bradbury

By Joe Castillo

Wealthy Businessman... In the foothills of the San Gabriel Mountains lies a small town founded by one of the wealthiest businessmen in Los Angeles history. Louis Bradbury was the son of a very well-to-do family from Maine who came West in 1850 to seek his fortune in the gold mines. One would think that Bradbury went to the Mother Lode area of the Sierra foothills just like so many other gold seekers hoping to strike it rich in the gold claims near Colima. Instead Bradbury went to the Mexican gold mines striking it rich in Mazatlán.

Just like so many other Yankees living in Mexico, eventually they met a young Mexican woman and married them. Bradbury met Simona Martinez, who was 20 years his junior and was the daughter of a wealthy landowner. They were soon married but Bradbury was of ill health and sought a new location in which to live. He traveled up and down the California coast and finally settled in the Los Angeles area, purchasing a 2,750-acre rancho which became the center of the town today known as Bradbury. But Bradbury chose to build his city home closer to the downtown area of Los Angeles and selected Bunker Hill as the site for his 50-room mansion.

Los Angeles was on the verge of a real estate boom and Bradbury had some additional money available for investing so he financed the construction of an office building which he could work from close to his Bunker Hill mansion. Bradbury commissioned popular architect Sumner P. Hunt to draft design plans for his idea. Bradbury was uninspired by Hunts' draft and chose instead a fledgling architect who was getting paid only \$5 a week as a draftsman. His name was George Herbert Wyman who thought it would be unethical to take the job as he was an employee of Hunt but as fate would have it Wyman believed in the spirit world and asked a Ouija board to show him a sign. The board answered with an answer from George's dead brother Mark playing out a message stating "Take the Bradbury project. It will make you famous one day".

With the assistance of the spiritual world, Wyman began designing Bradbury's structure and soon put together an elaborate design which included 5

stories of Italian marble, Mexican titles, 2 elevators with a bird-cage iron design, 288 radiators, 50 fireplaces, 215 wash basins and the largest plate glass window in any building in Los Angeles. But Bradbury died before the building opened in 1894 and his cost of \$500,000 was double the original estimate.

After multiple ownership changes and renovations, the Bradbury Building remains as one of the most significantly built and designed architectural buildings in Los Angeles and California history. It is a national historical landmark and its place in Los Angeles and downtown history will forever remain in the Bunker Hill area while the quiet town of Bradbury will continue to bear the name of the wealthy mining tycoon named after the fortune seeker Louis Bradbury.

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 4 books on the topic. He can be reached at joeacastillo@aol.com.

Volunteers Make A Difference!

WEST COVINA - Are you looking for a way to serve our community? Citrus Valley Health Partners at Queen of the Valley hospital, West Covina, is looking for adults - men and women willing and able to serve others. Need volunteers to help in the gift shop and front desk. It's challenging,

rewarding and fun. The weekly minimum requirement is a four hour shift.

For more information, please email Tiffany Ramirez, Director of Volunteer Services at tramirez@mail.cvhp.org or call her at 626-925-6337

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One Of The Biggest Media Ignored News Stories

By far the biggest news recently - ignored by most financial media - is the collapse of Treasury bond yields. The 10-year Treasury bond yield has recently been 2.67% (after being as low as 2.55% intraday) caused by a global flight to quality. The sharp drop in rates influenced Fed Chairman Jerome Powell to say that the Federal Open Market Committee (FOMC) is "prepared to adjust policy quickly and flexibly" if necessary. Translated from FedSpeak, Chairman Powell seems to be saying that he may have been too strong in his previous language about two possible rate increases in 2019. With short rates stabilizing and long rates falling, an ultra-flat yield curve should prohibit the Fed from raising key interest rates. As I have repeatedly said, the Fed never fights market rates, so current Treasury yields are forcing the Fed to adjust its previously forecast policy.

The financial media is citing slow economic growth in Asia and Europe as the cause for falling Treasury bond yields; but, the answer is much simpler: namely a strong U.S. dollar. Specifically, international capital prefers to hide in strong reserve currencies with relatively high interest rates. U.S. Treasury bonds yield substantially more than equivalent securities in Japan, Britain, or the euro-zone. China's interest rates yield more than the U.S., but the yuan has been weak due to the ongoing trade spat as well as slowing GDP growth, so global investors are less inclined to park their capital in the Chinese yuan. As a result, the U.S. dollar continues to be the preferred reserve currency, which should help to keep Treasury bond yields relatively low.



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

Naturally, lower Treasury bond yields also make the stock market much more attractive, especially since it is very easy to pick high-dividend stocks that yield more than the 10-year Treasury bond. Since most dividends are taxed at a maximum federal rate of 23.8%, while Treasury interest is taxed at a maximum federal rate up to 40.8%, dividends deliver more after-tax income for most investors. This puts a floor under the market as long as the S&P dividend yield is over 2% and Treasuries remain less than 3%.

I think the best way to describe the market recovery in the past three weeks is a "return to normal," or "normalization." I was especially encouraged to see many small-capitalization stocks "melt up" after suffering from liquidity issues in the fourth quarter. It was also rewarding to see some of the best stocks on the board rising strongly, even before their fourth-quarter earnings announcements.

The primary wild card remains the partial government shutdown. It is apparent that the partial shutdown may continue until President Trump and House Majority Leader Nancy Pelosi resolve at least some of their differences. Right now, this rift has become a big game of "chicken" to see who will "blink" first. Majority Lead-

er Pelosi is now arguing that the federal government should be reopened before negotiations continue. Despite the fact that many federal workers and contractors are not getting their paychecks, which may soon adversely impact retail sales, the stock market does not seem overly concerned. However, this government deadlock cannot be beneficial.

Finally, the trade talks with China are apparently progressing well (based on preliminary reports). The U.S. has tremendous leverage over China, which is in the midst of an abrupt economic slowdown. The latest casualty of the China economic slowdown is European automakers like Jaguar Land Rover, which announced layoffs for 4,500 workers, representing about 10% of their overall global workforce. Ford also announced that it would lay off European workers and shut down at least one manufacturing plant in France (indirectly related to Ford's past excessive investments in China). In the midst of this global economic slowdown, I expect that China will be eager to somewhat resolve its trade dispute with the U.S. in the upcoming months, and that should be a big boost to the stock market.

I remain optimistic for 2019, despite the fact that the financial media refuses to report much good news. Why are so many commentators ignoring falling market interest rates, as well as record corporate earnings and stock buy-backs?

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I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

Democrats, it seems, are determined to say, "No" to anything President Trump says, even before he says it. This is harming America and her citizens, but they don't seem to care. There are thousands of people forced to work without pay, or forced into furlough, yet those representing us still get paid! They still give themselves an annual raise higher than COLA. Are they truly representing those who voted for them? Why is this happening?

Politics. Party loyalty has taken precedent over the well-being of the American people and our country. You're right, thousands of citizens are facing financial disaster while those in Washington get paid as usual. This is like a Civil War between Parties. President Abraham Lincoln, in his Gettysburg Address, stated, "...and that government of the people, by the people, for the people, shall not perish from the earth." The Preamble of our Constitution states, "We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common Defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America." This longest-in-history partial government shutdown is harming the economy, here and globally. Do whatever you can to hope for the best and plan for the worst. Even when this shutdown ends, it is going to take time to recover. *With the new tax laws, do you think it's a good time to start a*



Julia Yoder
business?

The new tax laws favor starting a business because of a lower tax rate and deductions. However, the government officials in Sacramento, California are reacting by making plans to intentionally increase business taxes (and possibly individual taxes, too). This would stifle growth. Before making a decision, gather the facts for Federal and State taxation. It helps the economy to see a need, start a company, and create jobs.

Is there really a safe place to invest?

An individual's risk tolerance level fluctuates with age, life-changing circumstances, and the roller-coaster stock market. Although the money you have in a bank is FDIC insured (with limits), insurance companies are closely watched and rated (Standard & Poor's, Moody, and others), and are required to have a much higher percentage of their money "liquid," (quickly available), and typically back their investors' dollars by having their own widely diversified investment portfolio. (Remember that your investments at that bank are

NOT necessarily FDIC insured.) Nowadays, life insurance (especially with a built-in cash accumulation account), and certain equity-indexed, or fixed annuities are good places to put your money.

I meant to invest in my Roth during 2018. Is there any way for me to still do this now?

As long as you qualify to put money into a Roth IRA, you can make your 2018 investment until April 15, 2019. You will also still be able to make your 2018 Roth IRA investment contribution.

My wife and I are in our 40's and are arguing about whether it would be better for us to buy life insurance now, or would it be okay to wait until we're in our mid-to-late 50's?

It is very important to consider your odds of declining health as you age, possibly resulting in a considerably higher premium, or even being declined. There are a variety of life insurance policies available, from term, to return-of-premium term, to policies that can build cash value, accessible by you while you are living.

Ask Julia by email:
juliyoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/Nat'l. Ethics Assoc./Accident-Medical-Dental discount plans:
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THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

Gasoline

Gasoline has been around for decades and the changes to the formulation have been incredible.

The basic refined crude is mostly the same. What makes each brand unique is the additives and detergents package mixed in. Regular fuel has less additives than the premium blend.

One of the biggest changes to gasoline is the introduction of ethanol. Ethanol has brought us lower emissions and a little better MPG, but it also has caused some new drivability issues. Most fuels started with a small amount of ethanol; now

the base amount is 10%. As we randomly test fuel from the tanks we see as much as 30% ethanol.

What that means is the ethanol and the detergents added do not work together! Ethanol washes the detergent away that is supposed to help stop carbon build up inside the engine. Type "engine carbon" into a browser and there are many articles to scan. The tough part for you, the driver, is you don't know it's happening until it gets bad.

Here are the symptoms of carbon build up:

- Drivability issues; engine

not running smoothly or stalling

- Engine vibration or shaking
- Car jerking or surging at stops
- Check engine light may be on
- Cold start misfires

The cure is to be proactive by cleaning the fuel injectors and air intake system every 15,000 miles. For most drivers that is once a year. This is great insurance to protect the investment you drive. Previous year cars did not have the carbon concern, so this will be something to be educated on. If ignored the cost to dis-assemble the engine to clean out the carbon is not pretty.

Cars, year 2000 and newer, have a different type of fuel system than previous years and 2010 and newer have gasoline direct injection (GDI) that is even more susceptible to carbon build up.

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Limiting Risk

Now that Christmas has come and gone and hopefully Santa has brought everyone that special gift (assuming that you weren't on the naughty list) and we have start the New Year a fresh, what do you want the new year to look like? Keeping in mind the roller coaster ride of the stock market and everything political, the economic indices and fundamental are healthy.

Today, many organizations are opting for changes in their working paradigm, and this can occur due to a variety of reasons such as the devaluation of the brand, younger competition, the lack of qualified help or outdated machinery and management techniques. Most often than not change in an organization is initiated on account of either growing demand or falling profits.

However pressing for a change may be rarely taken on a positive note by the folks it affects. In organizations, when a large scale change is about to be implemented it often creates a high degree of stress and somewhat of an emotional environment in the organization. This condition happens because of an elevated level of stress and anxiety amongst its employees. Most people face high stress levels due to change because they believe that they are not good enough to accomplish something that they have never accomplished before and this leads to a feeling of denial which is followed by disdain or resistance towards the change and the people involved.

To create a positive and sure shot plan for implementation of a change in an organization, it's important to minimize the risk that can act as a hindrance. I can't say this enough, benchmarking and asking question before jumping into any directional change or planning is deeply advised. Given below are some guidelines that you can use to minimize risk during a change:

- Understand the goals and break it down into objectives:

It's been observed that long term or radical and significant changes are often implemented by the management at one time to make a complete break from



Michael Allowos
Principal Consultant
Global Management Consulting Services

past procedures. However, such long term change(s) are difficult to accomplish and receive a greater resistance from the employees because of its sudden nature and sheer magnitude. Instead of making sweeping changes all at one time, organizations can opt for a change that is short term and cost effective. Short term changes are beneficial over long term changes, as they allow smaller, achievable goals that are very easily accepted by the organization. These short term goals, if done properly and constructively, lead to the accomplishment of long term changes.

- Preempt resistance to the change process and incorporate feedback from staff:

While formulating the necessary requirements and specific nuances of a change, it is a foremost requirement to make the staff aware of the change and to include the employee feedback regarding the change in the change process. Whenever possible give the objective and or the goals needed to re-invent the organization to the employees to put together a plan and or let them be part of the transition so that they are included in the path moving forward for ownership in the process and lest resistance.

- Be flexible to accommodate different views:

Many times, after a change is implemented, employees face problems and give feedback regarding the change. During the creation of a change, it is necessary to include a provision for easy and hassle free inclusion of different views and feedbacks during and after the implementation of the change.

- Explore the possibility of using external consultants to re-train employees:

In case a change requires a firm to create new skills in its employees, provision for the inclusion of external consultants for employee training and procedures should be made. Instead of transferring the full workforce to a new skill, a limited number of employees should be trained at a time and positive experiences must be encouraged. The use of consultants also gives management a third party separation that will add value for validation of ideas and a path forward. Another important benefit of using consultants is that they are expendable.

- Document every action so that you can correct any mistakes made in the process and refer back to if necessary:

Last but not the least, in an organization, no matter how much care is taken, mistakes can be made while implementing a change. To prevent this, proper documentation of the change and its steps should be diligently performed.

One also must remember that change for change sake is not always a healthy move, but an organization must grow and or morph into the changing times of face death. When in a segment of an industry where there is no possibility of growing and or staying relevant an adult conversation must be had to cut your losses and dissolve an organization that has run its course to no real fault of its owners or founders. Many times an organization waits too long for this deliberation.

Being proactive is the key to any organization no matter the outcome. Asking for help is never a bad idea and should be looked on as strength and not a weakness or being prideful.

So if you want to be on Santa's nice list next year plan for it now, luck is usually in short supply. You must plan for the effects of outside pressures such as the political and economic pressures and influence, the future is in your hands.

Kirk Warner

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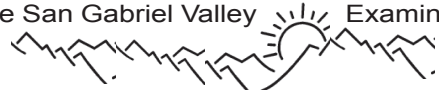
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Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome. For more information, call Norm Klemz, 626-967-8829

ARCADIA

"Senior" Red Carpet Senior Prom

Arcadia Senior Services is having a special Senior Prom for individuals age 50 and over. The event will take place at the Arcadia Community Center, 365 Campus Drive on Friday, **January 25** from 4-6pm. There will be a catered dinner, music and dancing to the Stardust Trio Band, a prom king and prom queen will be chosen. Cost to attend this red carpet affair is \$13. Tickets are on sale now and can be purchased at the Arcadia Community Center. For additional information please call 626.574.5130.

Celebrate the Chinese New Year

Children and their families are invited to a Chinese New Year celebration at the Arcadia Public Library on Saturday, **January 26**, at 2:30 pm. We will celebrate the Year of the Pig with fun stories, activities, and a festive craft. On Saturday, February 2, from 2:30 to 4 pm, drop by the Library's Art Market and receive special APL "dollars" to purchase supplies to make crafts in celebration of the Lunar New Year. All materials provided while supplies last. Both programs are for children of all ages, although younger children should have an adult with them to help with the Art Market crafts.

For more information, please call 626.821.5566 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

Library Success for Parents

Baffled and a bit anxious about helping your children use the library? You're not the only one! Arcadia Public Library's Children's Services Department is offering a stress-free, useful workshop on "Navigating the Jerry Broadwell Children's Room," on Monday, **January 28**, at 6:30 pm. Participants will take a tour of the Children's Room and learn important tips for finding all the resources their young readers need for learning success.

For more information, please call 626.821.5566 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

Youth Basketball League

Arcadia Recreation and Community Services is excited to offer a basketball league designed

to expose children to the fundamental skills of the sport while allowing them to experience teamwork and sportsmanship. Leagues are organized to provide a fun, non-competitive, learning experience for boys and girls of all skill levels in grades 3rd-8th. Practice is held at Dana Middle School in the Dana Gym on Mondays and Wednesdays, times T.B.D. Transportation to and from the practice and games is the responsibility of the participants. Space is limited and registration is currently open until filled online at www.ArcadiaCA.gov or at the Recreation Office. For more information please call 626.574.5113.

Saturday Adult Basketball League

Gather your friends, form a team and stay active in the adult basketball league. Whether it's casual or competitive, there's always an opportunity to stay fit and have fun. Games are played at the Dana Gym, 1401 S. First Avenue, Arcadia on Saturdays between the hours of 4:30pm and 7:30pm. Saturday Open League is limited to six teams and is open to all levels of play. League fees are \$500 plus a \$40 forfeit deposit, which includes 9 league games, officials, scorekeepers, and championship award. Registration takes place on a first-come, first-serve basis. For more information please call 626.574.5113.

Instructors Needed

Do you have a talent you want to share or have a love for teaching? The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their existing income. Go to www.ArcadiaCA.gov/recreation for the Prospective Instructor Application or call the Recreation Office for more information.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK Candlemas Cultural Celebration

Come and celebrate the cultural celebration of Candlemas here with us at the Senior Center on Friday, **February 8**, from 9:00 am - 11:00 am. Enjoy a warm tamale and coffee for breakfast to celebrate the event. We will also be having Live Mariachi and Ballet Folkloric to celebrate with us. Sign up at the front counter. Tickets are \$5. Last day to register is Thursday, **January 31** at 1:30 pm.

Retired Teachers to Hear Updates From Local Superintendents

ARCADIA - Back at their regular location in Arcadia, the California Retired Teachers' Association #71 (CalRTA #71) will welcome local superintendents to speak at their luncheon meeting Friday, **February 8**, at the Arcadia Senior Center (County Park), 405 South Santa Anita Avenue, Arcadia. The center is next to the Lawn Bowling Greens, and ample parking is available. The meeting will begin at 11:30 am.

McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

COVINA

BUNCO!

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

Indoor Chair Beach Volleyball

The City of Covina Parks & Recreation Department hosts "Indoor Chair Beach Volleyball" at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays, 1:30-2:30 p.m. For more information, call (626) 384-5380.

DUARTE

Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is

\$3. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

GLENDORA

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

LA VERNE

Pick Your Own Oranges

Enjoy a "Slice of La Verne's Past" while picking some of the best tasting oranges around at Heritage Park. The Heritage Foundation offers you one of the last working orange groves in the area as a place to enjoy with your family. Bags of oranges are \$5, and mesh bags and the picking poles are supplied. The historic Weber house will also be open for tours from 10:00 a.m. - 12:00 p.m. Orange Picking

opens Saturdays beginning January 12 and continuing approximately until the beginning of March. For more information call (909) 293-9005 or check out their web site at www.laverneheritage.org. Heritage Park is at 5001 Via De Mansion, La Verne.

Get About Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free.

To Register: (909) 621-9900.
To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

MONROVIA

Senior Blood

Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

Republican Women Meeting

The Republican women are holding their first meeting of the year on Friday, **January 25** at the Holiday Inn, 3223 E Garvey Ave North, West Covina (off the 10 freeway). Social time 10:30, speaker at 11:00, lunch at noon followed by a meeting at 1:00. Former Mayor and Councilman of West Covina, Mike Spence, will address the group. For reservations, please call (626) 339-0874. Guests are welcome

TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets **every Thursday** at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: ehernandez57@aol.com

Go West

Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holidays.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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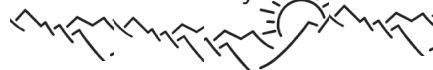
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West Covina Honors MLK

By George Ogden

WEST COVINA - West Covina celebrated the memory of Martin Luther King Jr. at the MLK event at City Hall.

The event was well attended with a standing room crowd on the City Hall Complex.

The keynote speaker was Greg Mack who is a radio personality from the WAVE 94.7. He talked about his achievements and how we are still moving forward.

Mayor Johnson had a well-prepared speech where he had his daughter help him tweak his message as he felt it was important to send the message he wanted to send. He was honored to have the help and felt



Presentation made to NAACP President T.J. Campbell. From left: May Pro-Tem Tony Wu, Councilmember Jessica Shewmaker, T.J. Campbell and Mayor Lloyd Johnson.

that she was part of presentation in a sense and that everything he wanted to say came out smoothly. It in fact did. Near the end, they had a religious group do a little preaching then play church type music. This was basically to honor the fact the King himself was a minister.

Active Shooter Threat At Citrus College

GLENDORA - On January 15th at 11:17 AM, the Glendora Police Department received a 9-1-1 call from a male subject threatening that he was on his way to "shoot up" Citrus College. The Glendora Police Department treated the call as a credible threat. The Citrus College campus and surrounding streets were locked down at 11:28 AM. Mutual aid from surrounding law enforcement agencies was requested and the Foothills Special Enforcement Team, a regional SWAT team, was activated. Officers, detectives, and support personnel began investigating to identify a possible suspect, determine his location, and bring the incident to a safe conclusion. The suspect's vehicle was located in a campus parking lot at 11:39 AM and based on the facts, the Los Angeles County Sheriff's Bomb Squad was notified. A room-to-room search of campus began at 12:38 PM.

The suspect, identified as 30-year-old Terrell Lee Bennett from Chino, surrendered peacefully and was taken into custody without further incident at 3:42 PM. He is an online student at Citrus College who was scheduled for an in-person class today. The lockdown was lifted at 5:58 PM and all students, faculty, and staff were safely evacuated and released.

Suicide-by-cop appears to be a possible motive based on Bennett's statements. The Bomb



Terrell Lee Bennett

Squad found no evidence of the presence of any explosive devices. Glendora Police Detectives are looking into Bennett's additional motives and the investigation is ongoing.

The Glendora Police Department would like to thank Citrus College Campus Safety, the Azusa Police Department, Covina Police Department, La Verne Police Department, Irwindale Police Department, West Covina Police Department, Pomona Police Department, Monrovia Police Department, El Monte Police Department, Baldwin Park

Police Department, Los Angeles County Sheriff's Department, California Division of Adult Parole Operations, the United States Marshal's Office, Federal Bureau of Investigation, and the Bureau of Alcohol, Tobacco, Firearms, and Explosives, for their assistance in bringing this incident to a peaceful end.

Anyone with additional information regarding Bennett and his actions is encouraged to contact Sgt. Michael Henderson by phone at 626-914-8281 or by email mhenderson@glendorapd.org.



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Chamber 2019 Glendora State of The City and Schools Luncheon

Continued from / A1

provide excellent services to its community, we are not without our challenges. We chose to live here for schools, safety, and the downtown charm. We can't accept that it's always going to be like this. We need to embrace change for our city and schools and public safety.

During the development of our current budget, our five-year projections showed Glendora Fund budget shortfalls in the current year of more than \$300,000 increasing to more than \$2 million per year thereafter. These shortfalls are largely associated with increases in pension costs, and a slowing of revenue growth. Other budget pressures include: Deferred maintenance on city facilities and streets of more than \$75 million; Future unfunded state mandates; Need for updated technology; and Unfunded storm water mandates.

Not wanting to leave a stone unturned, in April 2018, the City Council established an Ad-Hoc Citizens Advisory Committee to look at revenue options and ex-

penditure reduction opportunities for the City's General Fund. More than forty residents submitted applications to participate on the 20-member Committee.

The Ad-Hoc Committee represents various cross-sections of the community and diverse viewpoints. The selection process was completed in May 2018—the first meeting was held on June 7, 2018. All information presented to the Committee is available on the City's website: <http://www.cityofglendora.org/departments/government/boards-commissions-and-committees/ad-hoc-committees>

The City is also working on additional pension savings measures, such as a pension obligation bond, which furthers Glendora's regional leading pension reform measures, which first began almost 10-years ago. Additionally, Glendora will offer additional revenue generating services, such as Passports, by April 2019.

Even though the future seems like something far away, it is actually beginning right now . . . Yes . . . we can shape it now.

In an effort to maintain and expand the services that the Glendora community has come to expect, on November 27, 2018, the Glendora City Council voted unanimously to call a Special Municipal Election for Tuesday, March 5, 2019. This sales tax measure option is a recommendation by the Ad-Hoc Committee. I would like to take this opportunity to highlight five major points about Measure E: Measure E would enact a 0.75% (¾ cent) transaction and use tax (sales tax) that would generate approximately \$3.75 million in FY 2019-2020 and approximately \$5 million per year thereafter. All funds would stay in Glendora. One-time costs for the election are anticipated to be \$400,000 – \$360,000 is paid directly to the County to run the election. This election allows the residents of Glendora to vote by mail or in person. The City of Glendora prides itself on prudent fiscal management and providing quality public services that the community expects. These services are essential to ensuring community safety and addressing quality of life issues. Glendora is a great place to live, work and play. Over the past several years, the City has been steadfast in its fiscal management approach, reducing its workforce by approximately 23%, proactively addressing rising pension costs, and find-

ing operational efficiencies (e.g. outsourcing). The proposed Sales Tax is a regional tax, paid mostly by non-Glendora residents. The most recent Community Survey, completed in December 2018, stated, "Approximately one-quarter (24%) of Glendora households reported that they spend the majority of their retail shopping dollars in Glendora, whereas 73% indicated that they spend half or less of their retail shopping dollars in the City." Other entities (e.g. State, AQMD, County, etc.) are eligible to take the 0.75% sales tax and use it for regional projects, taking away the City's ability to raise revenue without State legislation being passed. For more information, please visit the City's website at www.CityofGlendora.org/MeasureE You may also email your questions to MeasureInfor@CityofGlendora.org Above all else, I encourage you to exercise your right as an American and Glendora resident to vote.

On January 30th, the City Council will meet with the City's executive management team and chairs of the City's board and commissions to begin the work on our next 3-year strategic plan. This plan is vital to begin the future success of our City and will carry us through most of the future Goldline development and our transition from citywide elections to district based elections. We encourage the public to provide their input on the next three-year strategic plan.

I would be remiss if I didn't end my time with you this afternoon by taking time to say thank you. Thank you to my family for allowing me to spend time away from them to represent and advocate for this great city. Thank you to the residents for electing me and for my peers for allowing me the opportunity to serve all of you as Mayor. Thank you to the City staff for your incredible work – you do get recognized enough for all you do – please stand GPD/Public workers. And finally, thank you to everyone else in the room – it's your involvement and investment with our community, spending countless hours to help make Glendora a great place to live, work and play. My interest is in the future . . . because I am going to spend the rest of my life there. Join with me, your Council and City . . . to make our future bright. Thank you!"

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Jessica Shewmaker is New West Covina Council Member

By George Ogden

WEST COVINA - After a few rounds of nominations, Jessica Shewmaker was appointed to the empty seat on the City Council for the next two years.

The atmosphere in the city council chambers seemed more like a "pep rally" for one of the candidates with the people forgetting that this is a "business meeting" and not a public forum for a rally.

However, the meeting moved on for the agenda and at the end of the meeting the selection process began. Each attending candidate was given 3 minutes to speak and then the council made nominations. After a few names came forward and they were not selected by the majority, Jessica Shewmaker was nominated and the council voted 3-1 to appoint her for the next two years to fill the vacancy. Mayor Lloyd Johnson voted "no" as he had hoped to have his choice selected but it didn't get that far. He had hoped that Ben Wong, who had spent many years in the past on



Jessica Shewmaker is sworn in as the new City Council Member for West Covina by Camie Poulos who is the Vice President of the West Covina School Board.

the council, to fill the seat.

Johnson stated that Shewmaker is in fact a good choice but was hoping for some past council experience.

After the selection, the crowd that was holding the pep rally for their candidate were shouting at the council. The person they supported had never attended a council meeting or been on any council commission and really knew

nothing of the job. Council agreed that this individual was a great person but had zero experience. However, some of the supporter went negative and the Mayor asked that those unruly people be removed from the council chambers. They actually left on their own accord.

School board Vice President Camie Poulos swore in Jessica Shewmaker.

Duarte Kiwanis Supports CHIK Program

DUARTE - Naelh Othman, Duarte Unified School Director of Student Services, visited a recent Duarte Kiwanis meeting. Naelh created the CHIK program (Community Homeless Initiative for Kids) and provided an update to the club. There are currently 138 homeless youth in DUSD. Naelh shared one of barriers kids have in coming to school - clean clothes. Most recently, she has been searching for a place that these folks can wash their clothes.

In DUSD, each school has an appointed Homeless Liaison within the staff. That way, the families continue to work with one contact - and can build trust.

Naelh has created a Resource Closet for these youth where they can receive school supplies, hygiene kits and even new tennis shoes. This year she is hoping to be able to add winter gear to the Resource Closet - especially during the rainy season.

Naelh has also created a



Naelh receives a donation from Duarte Kiwanis and President Elect, Kaye Biggs.

unique partnership with ACTS Thrift store. When folks donate items to ACTS and indicate DUSD as their selected "agency" Naelh gets an accounting of the pounds of items donated and the dollars that can then be spent at ACTS. She uses those credits for homeless families to purchase badly needed items for their

families. So the Duarte Kiwanis Club will be bringing donations to each of their future meetings to support this initiative and Naelh will coordinate delivery to ACTS.

If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at tinac51@aol.com

Citrus Valley Inter-Community Auxiliary Donates Towards Emergency Room

COVINA - On Thursday December 6, 2018 Reyna Conrado, President of the Inter-Community Auxiliary presented Michelle Stoddard and Dan Wood a check for \$75,000 from the Citrus Valley Inter-Community Auxiliary. The monies are part of a \$300,000 pledge to the Medical Center that will go towards the Emergency Room. Every year the auxiliary donates proceeds to the hospital from its fundraisers, the Gift Store and the Bargain Box, which is a thrift store the auxiliary has.



Dan Wood, Director of Planned Giving, Michelle Stoddard CEO Citrus Valley Foundation and President of the auxiliary, Reyna Conrado.

Barger Calls For County Plan To Generate Inpatient Mental Health Hospital Beds

LOS ANGELES COUNTY - The Los Angeles County Board of Supervisors will consider a motion by Supervisors Kathryn Barger and Hilda L. Solis to develop a plan to increase the number of mental health hospital beds in the county.

"For far too long, mental health hospital beds have dwindled, leaving a significant number of patients and their families without access to appropriate care," said Supervisor Barger. "As a result, we have seen increased prevalence of mental illness among the homeless population and those in our jails. We must explore all options to provide additional beds for those who are in need of care."

Currently, the California Department of State Hospitals

(DSH) operates only five facilities with a total of 6,078 beds. The current wait time for a placement in these state hospitals is estimated to be a year or more, which leaves thousands of individuals who are in need of an inpatient hospital placement without access to the appropriate level of care.

The shortage of State Mental Hospital beds means the individuals in need of care and their families are forced to search for a placement elsewhere. However, when examining California Office of Statewide Health Planning and Development (OSHPD) data, there is a tremendous deficit in non-state options as well. According to OSHPD, the number of mental health hospitals (excluding state hospitals) fell

from 181 in 1995 to 144 in 2016, a reduction of over 20 percent. The reduction in the number of facilities resulted in a loss of 2,651 non-state beds between 1995 and 2016. According to leading mental health experts, the minimum number of beds required to appropriately meet the need is 50 public mental health beds per 100,000 individuals. In Los Angeles County, there are only 22.7 beds per 100,000 individuals.

The motion directs the Department of Mental Health to work with the Chief Executive Officer to develop a plan that includes potential sites, funding options, patient populations, and all other pertinent details and report back to the Board within 120 days.

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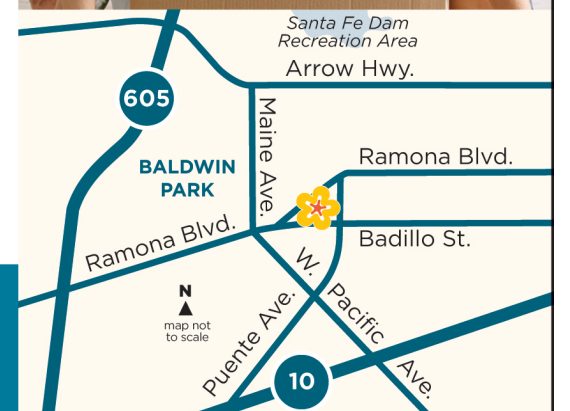
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