



# San Gabriel Valley Examiner

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# Patriot Day - Remember the Victims of 9/11

By Jayam Rutnam

**GLENDORA** - It has been eighteen years, since that tragic day on September 11, 2001, when almost three thousand wonderful residents of New York some of whom went to work as usual, as well as the first responders who rushed to help, whose lives were taken, in what will be remembered as one of the most horrendous tragedies to have occurred on American soil. Hijacked passenger planes piloted by "sick" terrorists plunged two aircraft into each of the twin towers of the World Trade Center, one other airplane, simultaneously hit the Pentagon and one crashed in a field in Pennsylvania.

We all know the story, just as much as we all remember where we were on that fateful morning.

In Glendora, we always remember that day on 9/11 with a "Remembrance Day Service" outside Glendora City Hall.

As always, the Glendora Mayor and City Council Members, the Glendora Police Chief and Officers of the Police Department, the City of Glendora Community Services Department, Members of the L. A. County Fire Department Fire Stations and Cub Scouts from Pack 482 were in attendance. Also present were many residents of Glendora and surrounding cities.

The event started with a "wel-



Reverend Karen Davis speaks in front of the new 9/11 flag, while Boy Scouts and speakers stand by.

come" speech by Reverend Karen Davis of First Christian Church, who is also the Chaplain of the Glendora Police Department and also a Glendora Council Member. Karen conducted and directed the event.

The Presentation of Colors was by the Glendora Police Department Honor Guard. The Pledge of Allegiance by Cub Scout Pack 482.

The National Anthem and "God Bless The USA" were sung by Firefighter Paramedic Humberto Agurcia, LACOFD Station 15, who did an excellent job. The Call to Worship was by Reverend Dr. Hillary Chrisley. The invocation was by Reverend Bob Morris of the Glendora Church of the

Brethren. The Scripture was read by Reverend Joh Dix of Grace Church Glendora and Reverend Bruce French of Cornerstone Bible Church. "This Land is Your Land" was sung by Debbie and Jerry Burgan, Dennis Kiggins and Steve Wilkie. The Benediction was by Father Ron Clark of St. Dorothy's Church.

Glendora Police Sergeant Shawna Celesso was among the many speakers. Below is her speech about two officers of the New York Police Department and their daring acts of heroism.

"For many, September 11 is just another day, but we gather here today because it is more than that. Each person killed that day has a story, and a legacy that must never be forgotten. One such

person is Sergeant Walter Weaver, age 30, of the New York Police Department. Sergeant Weaver was killed in the September 11, 2001, terrorist attacks while attempting to rescue the victims trapped in the World Trade Center. Sergeant Weaver had been a member of the New York City Police Department for nine years, and was assigned to the Emergency Service Unit, Squad 3. He is survived by his parents and two brothers.

Walter Weaver became an officer with the New York City Police Department (NYPD) in 1992. He was first assigned to the 47th Precinct and in February 1998 Weaver fulfilled his dream of becoming a member of the NYPD's Emergency Services

Unit (ESU). On September 11, he was last seen rushing to the scene of the disaster with three other members of his unit.

Another story is that of New York Police Department Deputy Inspector Terri Tobin. She was buried in the rubble of the old towers twice on September 11, 2001. She had a huge glass pane lodged in her back and cinder block cut her skull. She rose from the debris and rescued people who were in a panic -- the injured, the desperate, the scared. At one point, she clung mightily to one man's arm and said: "I'm with the NYPD. I'm not gonna let go." She didn't let go. Before Sept. 11, 2001, was over, Tobin — with a broken ankle, a piece of cement embedded in the back of her head, and a pane of glass stuck in her back — put her injuries aside, assisted in the rescue of at least three people and helped evacuate 100 others to safety after the Twin Towers collapsed.

Tobin went on to become a deputy inspector of the New York Police Department, helping it cope with a traumatized force that has turned over more than a third of its ranks since 9/11, and this July she was promoted from Deputy Chief to two-star Chief. Today we remember and give thanks for Walter, and Terri, and the many others who saw danger, death and destruction that day and were willing to walk straight into it.

## Outstanding Glendora Jewelry Store Robbery Suspect Still Being Sought



Be on the lookout: A surveillance photo of the suspect circulated on social media.

By George Ogden

**GLENDORA** - The takeover jewelry store robbery on Friday, Sept. 6, that ended up with one suspect dead after being shot by police has been identified. He is 42-year-old Vondarrow Dewayne Fisher, who died at Pomona Valley Medical Center where he was taken after the shooting.

A second suspect is still outstanding and on the run. He was last seen running through the residential neighborhood and was able to get away. A picture of the suspect that was taken via a home

surveillance camera has been shared on social media. The identity of the person that posted the picture will not be identified as they could be a potential witness.

The suspect was described as a male black and being of thin build with short dreadlocks with the sides of his head shaved. At the time he was wearing a dark hoodie with a white t-shirt. In the picture, it appears the suspect lost one of his gloves while running from the police.

The suspect may have dropped evidence or hid items along his

escape path, such as a weapon and clothing or lost items such as a glove. Police would like the residents to be aware of this. If this is the case, the suspect could come back into the area to retrieve any items that he may have hidden. If you see him, do not confront him. The individual is considered armed and dangerous.

Authorities have not stated if they have been able to identify this individual, however there is information going around that they have and they have not released his name.



Presentation of Colors by the Glendora Police Department Honor Guard.

## Napolitano Welcomes Covina Pastor to Deliver House Prayer



Pastor Kevin Yriarte; Rep. Grace F. Napolitano; Speaker of the House, Nancy Pelosi; Geanene Yriarte; Ryder Yriarte; and House of Representatives Chaplain, Father Patrick J. Conroy

**WASHINGTON, DC** - On September 10, 2019, Rep. Grace F. Napolitano (D-El Monte) welcomed Pastor Kevin Yriarte to deliver the opening prayer in the U.S. House of Representatives.

"I am so pleased to welcome Pastor Kevin Yriarte of Journey of Faith Church in Covina, and I thank him and his family for coming from the San Gabriel Valley to be with us today," Napolitano said. "After years of working in the business world, Pastor Kevin was called by the Lord into ministry full-time. Since, he has been

a blessing to countless people, and he has been very helpful with many important events throughout our 32nd District, including our annual Prayer Breakfast and the 2019 Volunteers of the Year ceremony. We ask God to continue to bless his ministry."

Members of Congress can recommend someone from their congressional district each Congress to serve as guest chaplain of the House for a day. Pastor Kevin was selected to be a guest chaplain at the request of Congresswoman Napolitano.

Pastor Kevin is the Founder and Senior Pastor of Journey of Faith Church, founded in 2009. He is a licensed and ordained minister through the Assemblies of God. He has been married for over 25 years to his wife, LA County Superior Court Judge Geanene Yriarte, and they have two sons, Jordan and Ryder. Pastor Kevin has served as Chaplain of the City of La Verne Police Department since 2012 and in April of this year became a Parent Admissions Partner for the U.S. Coast Guard Academy.

## Rare Photos From 1863 To Be Revealed At The Duarte Museum

**DUARTE** - A lone photographer embarked on a momentous journey in the American West traveling west from the shores of the Pacific Ocean to the banks of the Colorado River and the mines of Eldorado Canyon in today's Nevada. The year was 1863, many years before anyone else took the next photo of this desert and its travelers, crossroads, forts, soldiers, and watering holes.

On Sunday, Oct. 20 at 3:00

p.m., at the Duarte Historical Museum, 777 Encanto Parkway, Duarte, Author Jeffrey Lapidis will reveal many of these rare photos and tell the story of the German photographer Rudolph d'Heureuse—a surveyor, cartographer, civil engineer, mining engineer, oenologist, photographer and inventor. The backdrop to this story is the American Civil War, relations between white settlers, Hispanics, and Native Americans,

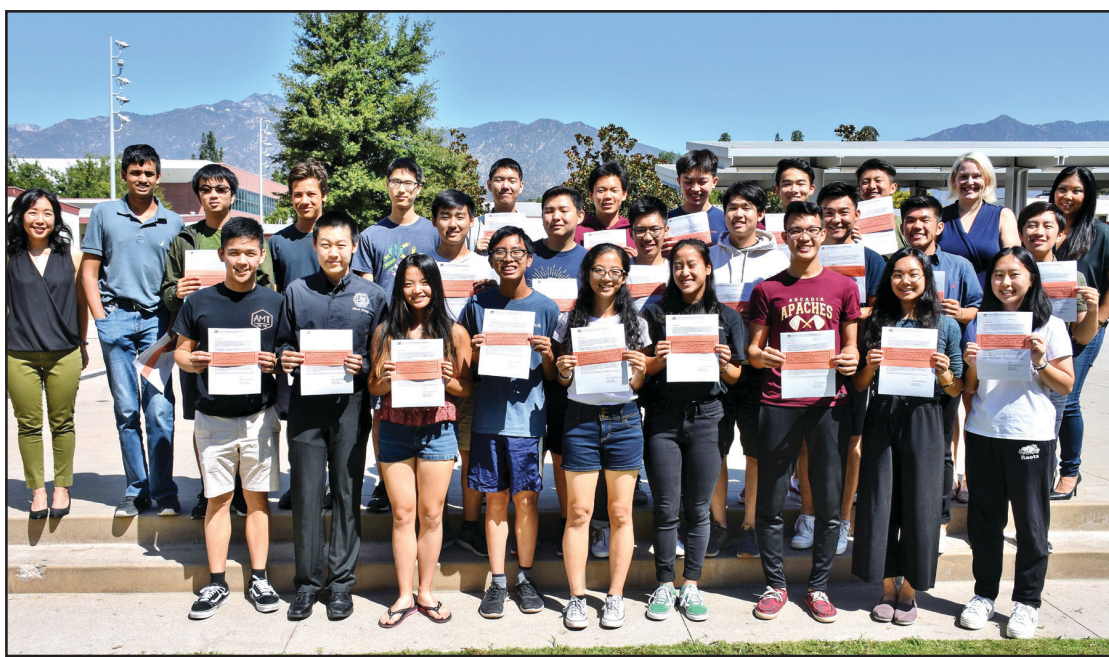
military exploits, salacious news accounts, and greed.

Lapidis is a Southern California jewelry photographer and book designer residing in Sierra Madre. His current book entitled The Mojave Road in 1863: The Pioneering Photographs of Rudolph d'Heureuse will be on display and available for purchase.

Admission is free. For more information call: 626 358-0329.



# 25 Arcadia High Students Named National Merit Semifinalists



**Arcadia High School National Merit Scholarship Semifinalists: (Alphabetical order by last name) Filbert Aung, Samuel D. Berkun, Jason M. Chan, Ryan Y. Chan, Albert Chang, Markis J. Cheng, Stephen X. Dai, Kenneth B. Hsu, David Ju, Sandi W. Khine, Robin Lee, William J. Lee, Kayli S. Mak, Ajay M. Manneth, Michael J. Shi, Michelle E. Tan, Wesley Tong, Evan T. Tsuji, Brandon Vo, Tingxuan Wang, Braden M. Wong, Anabell M. Xu, Elizabeth Y. Yeh, Andre Yeung, David X. Zhu.**

**ARCADIA** - Another year and another impressive Arcadia High showing in the National Merit Scholarship competition with 25 Arcadia High students named as 2020 National Merit Scholarship Semifinalists. Arcadia High is the leader of all Los Angeles County high schools with the most students named to this year's semifinalist cohort.

While some high schools have less than a handful of students or no students accepted into the National Merit Scholarship program each year, over the past 26 years, Arcadia High has had an annual average of 20 students admitted into this prestigious program.

Arcadia High's 25 astute Apache semifinalists represent less than 1 percent of high school seniors across the nation who now have the opportunity to vie for a share of 7,600 scholarships that are collectively worth more than \$31 million.

In order to qualify for entry into the National Merit Scholarship Corporation's acclaimed academic competition, these Arcadia High students, during their junior year of high school, joined fellow 11th-graders from nearly 21,000 high schools across the country in taking the 2018 Preliminary SAT/National Merit Scholarship Qualifying Test. The highest-scoring students from each state serve as the pool of National Merit

Scholarship semifinalists. "I was surprised and ecstatic," shared National Merit Semifinalist and Arcadia High senior Sandi Khine on her reaction to the announcement.

"While there is an element of luck involved," explained Khine when asked what factors she believed played a role in her success on the PSAT, "in addition to a summer SAT course that I was fortunate to be able to take, the critical thinking, problem-solving, and time management skills that the PSAT required were well incorporated in the classes I have taken at Arcadia High. Adding in the support and encouragement I received from teachers, staff, and advisors, I had the confidence to not worry about the result and to just put my best effort in."

"Having started my career 15 years ago with Arcadia Unified as a principal for Arcadia High, it's humbling to see our students' continued success in this program," said Arcadia Unified Superintendent Dr. David Vannasdall. "We are a district with one comprehensive high school, meaning that the success of our high school students is created years before they enter Arcadia High and continues when they become Apaches because of the vertical, collaborative efforts of our incredible team of staff, students, and families."

Of the approximately 16,000

semifinalists, 15,000 are anticipated to advance to the finalist phase of the program. In order to be considered for a finalist spot, semifinalists must complete an application, which includes providing an SAT score, essay, and letter of recommendation from a high school official. Students' academic records, community service, participation in school activities, leadership roles, employment, and other awards and honors are also taken into account. Typically, over 95 percent of Arcadia High semifinalists continue on as finalists in this program. Scholarship winners will be announced in news releases beginning in April 2020.

Arcadia High School was recently ranked in the top 1 percent of best public high schools in the nation by Niche.com. Its Class of 2018 saw a 100 percent graduation rate. The Home of the Apaches has also been distinguished as a U.S. News and World Report Gold Medal School three times, an honor bestowed on less than 3 percent of the more than 19,000 schools in the country. Similarly, Newsweek named Arcadia High on its Top Public High Schools in America list. Arcadia High graduates are represented in every Ivy League school and in top universities across the country. Likewise, for two consecutive years, the Arcadia Unified School District has been named on the College Board's Annual AP® District Honor Roll. For additional details on the National Merit Scholarship program, visit <http://nationalmerit.org>, and for information about Arcadia High School, visit <https://ahs.ausd.net/>

# New Art Exhibit at Citrus College Aims to Inspire Students

**GLENDORA** - An exciting new art exhibition that explores themes of inspiration and diversity held its opening reception on Sept. 11 in the Citrus College Visual Arts Building Art Gallery.

"Under the Influence," sponsored by the Citrus College Foundation, features pieces created by 21 Citrus College art instructors and includes media ranging from ceramics to digital storytelling.

According to Dyane Duffy, the Citrus College faculty member who organized the show, the goal is to inspire current Citrus College students to produce their own works of art.

"Our students hail from a variety of backgrounds, and they each have incredibly moving and unique stories to share," Ms. Duffy said. "We hope that, by displaying pieces their instructors were inspired to make, they too would come under the influence of inspiration."

Following the opening, guests attended a presentation by three of the artists in the Visual Arts Building. The featured artists dis-



Art gallery guests mingle and consider the art pieces at the opening reception of 'Under the Influence,' which is currently on display at Citrus College until Oct. 3.

cussed their work before opening the presentation to a question-and-answer session.

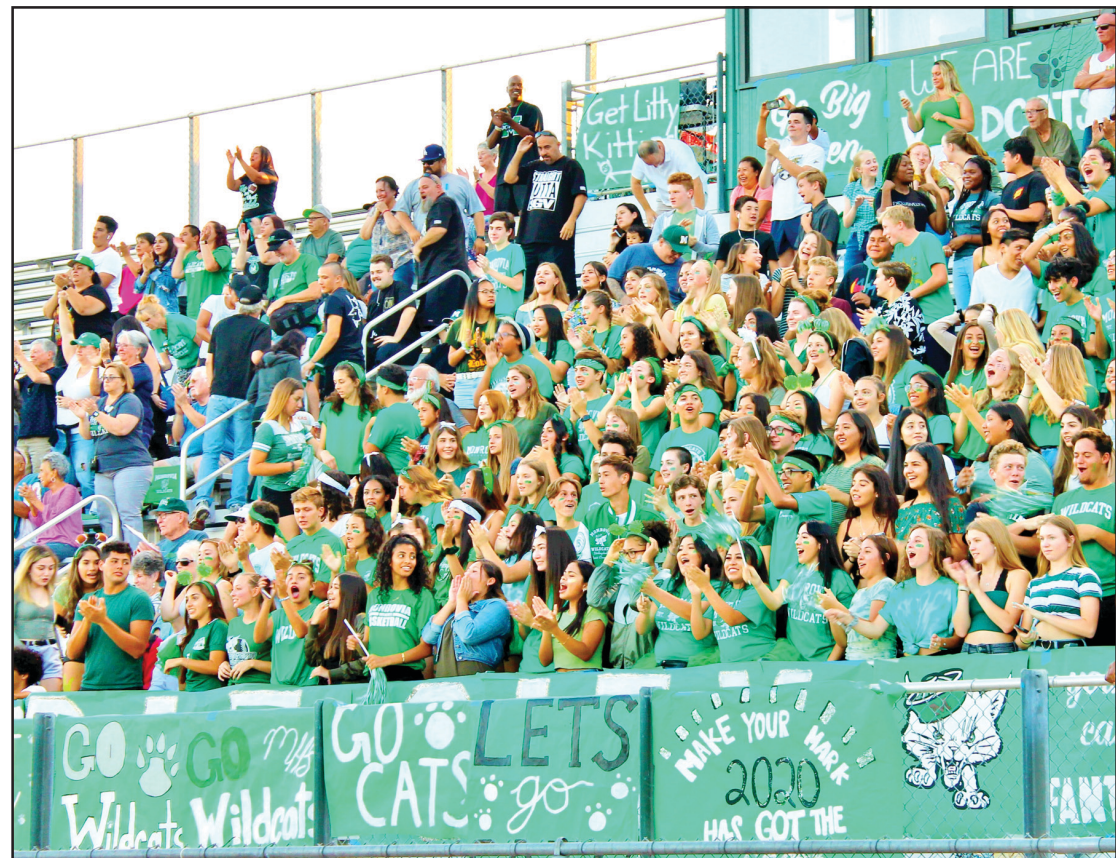
Those who were unable to attend the reception can visit the exhibit until Thursday, Oct. 3, by appointment or from 8:30 a.m. to 4:30 p.m., Monday through Friday.

"This institution has a robust and prolific visual arts program," said Dr. Geraldine M. Perri, superintendent/president of Citrus

College. "Cultural events, such as 'Under the Influence,' afford the Citrus College community the opportunity to highlight its diverse offerings and state-of-the-art facilities, and promote the creation of new art. I am excited to see how our students will be inspired by this exhibition."

For more information about "Under the Influence" or to schedule a viewing appointment, call 626-914-8580.

# Monrovia Unified Celebrates Wildcat Stadium Grand Reopening



Monrovia High School's student cheering section roared as the Wildcats scored their first home run during the first home game of the year against Alta Loma High School on Aug. 30.

**MONROVIA** - Monrovia High School's Cat City student section - all sporting green to represent the school - cheered as the Monrovia Unified Board of Education kicked off a grand reopening for Wildcat Stadium on Aug. 30 during the Wildcat varsity football team's first home game of the year.

Board Vice President Rob Hammond, Board Clerk Bryan Wong, and Board Members Maritza Travanti and Selene Lockerbie were joined by Monrovia Mayor Tom Adams, Councilmembers Becky Shevlin and Gloria Crudgington, Monrovia High Principal Kirk McGinnis, and

students from the school's band and football, track, cheer and soccer teams.

"It is an honor to be here today in front of all of you as we celebrate the grand reopening of Wildcat Stadium," Board Vice President Rob Hammond said. "This is an effort that began a few years ago, and it has been exciting for us all to see it finally happen. It will benefit our athletes and scholars for many years to come."

Field upgrades completed over summer included changing out an aging rubber pellet infill for a cool-fill product that decreases turf temperature and relocating communication boxes to outer parts of the field to ensure the continued safety of students.

"This is a great way to celebrate Monrovia High School's 126 years of service to our families and community," McGinnis said. "Thank you to our Board of Education for their support in making this new field become a reality for all Monrovia High Wildcats."

Following the grand reopening, Monrovia's community roared as the Wildcats made their way to the field to face Alta Loma High School and secure their first home victory, 34-7.

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## L.A. County Public Health Investigates First Death Associated with E-Cigarettes

**LOS ANGELES COUNTY** - Following a recent death of a Los Angeles County resident potentially related to the use of e-cigarettes, the Los Angeles County Department of Public Health is issuing a warning to residents about the use of these devices as potentially harmful to proper lung function. To date, there have been 12 reports of vaping-associated pulmonary injury (VAPI) in Los Angeles County.

"Nationwide, we are learning how dangerous these devices may be, and the long-term health impacts remain unknown at this time," said Dr. Muntu Davis, MD, MPH, Los Angeles County Health Officer. "As their popularity rises, especially among teens and young adults, we are compelled to warn our 10 million residents that the risks of using these devices, with or without nicotine, marijuana, CBD or some street concoction, may now include severe lung injury."

There are nationwide reports that people are showing up in emergency departments with similar symptoms such as coughing, difficulty breathing, fever, and may have vomiting and diarrhea.

"The increasing cases of severe pulmonary illnesses associated with vaping both nationwide and locally in Los Angeles County are alarming and underscores how much we still don't know about the extent of harm that vaping can cause," said Dr. Steven Dubinett, Associate Vice Chancellor of UCLA and Chief of Pulmonary and Critical Care Medicine at the UCLA David Geffen School of Medicine. "We join Public Health, the medical community, and other health professionals in warning residents about the use of these devices and the need for a concerted effort to address this outbreak."

"The bottom line is everyone should think twice about

vaping until more is known about their impacts on the health of their users, and the role they play as a contributor to lung damage leading to death," Davis added.

Public Health continues to urge healthcare providers to be on the alert for signs of severe respiratory illness among patients who recently used vaping products including e-cigarettes and report cases by phone to Los Angeles County Department of Public Health at 626-299-3504.

Electronic cigarettes or e-cigarettes are battery-powered devices that heat a liquid substance (e-liquid or e-juice) that contains nicotine, flavorings, and other additives and deliver the nicotine and flavoring to the user in the form of an aerosol ("smoke"). For information on the risks associated with vaping, and how to quit smoking visit: <https://laquits.com/>

## Board Approves Barger's Initiative To Examine Treatment Intervention For Homeless With Mental Illness

**LOS ANGELES COUNTY** - The Board of Supervisors unanimously approved a motion by Supervisors Kathryn Barger and Mark Ridley-Thomas directing the Department of Mental Health to work with County Counsel and other departments to explore the county's ability to provide treatment to homeless individuals with a serious mental illness.

"Los Angeles County is facing a deepening and dynamic homelessness crisis that endangers the health and well-being of many of its residents," Supervisor Kathryn Barger said. "One of the most difficult challenges we face in combatting homelessness is assisting those on our streets living with a serious mental illness. We must exhaust every option to provide life-saving treatment to this vulnerable population."

According to the Substance Abuse and Mental Health Services Administration, 30 percent of those experiencing chronic homelessness in the United States have a mental illness. Data

compiled by the Stanford Justice Advocacy Project from the California Department of Corrections and Rehabilitation shows that more than 30 percent of California's prisoners currently receive treatment for a serious mental disorder, which is an increase of 150 percent since 2000. The intersection of mental illness, homelessness, and criminal justice is indicative of systemic inequities that have gone unaddressed for decades.

"The County of Los Angeles has a responsibility to take all necessary and appropriate actions to facilitate humane medical and behavioral health interventions to halt the passive decay and neglect of our most vulnerable residents who are suffering from severe and untreated mental illness on our streets," Supervisor Mark Ridley-Thomas said. "With the Coroner reporting that two to three people are dying on our streets every day, there is an urgency to this matter. The motion put forward by

Supervisor Barger and myself will ensure that the County Health Departments are equipped to employ client-centered and evidence-based practices to improve the lives of our underserved brothers and sisters."

The motion directs the heads of the Departments of Mental Health, Public Health, and Health Services, in coordination with County Counsel and the Chief Executive Officer, to explore their authority to address treatment intervention for those who are chronically homeless and experiencing severe and untreated mental health issues. The initiative also directs the Medical Examiner-Coroner to track the number of deaths and causes of death involving homeless individuals, specifically those with serious mental illness and/or addiction. The departments will report back in 60 days with an assessment of state laws and case law pertaining to conservatorship hearings.

## County Board Of Supervisors Approves Funds For Marshall Canyon Irrigation And Repairs

**LOS ANGELES COUNTY** - Supervisor Kathryn Barger announced approval to proceed with the Marshall Canyon Golf Course Irrigation and Parking Lot Repairs Project in La Verne.

The existing Marshall Canyon Golf Course irrigation system is more than 50 years old and has outlived its use. Additionally, the entrance parking lot pavement requires replacement because it has deteriorated through weathering and regular traffic over more than four decades.

The project will include replacing portions of the irrigation system, including main and lateral lines, valves and controllers,

with water conservation measures such as weather-based controllers, selective turf reduction, and drought-tolerant landscaping. The entrance parking lot will be repaved and restriped.

"Ensuring our facilities are safe and environmentally-friendly is a priority and Marshall Canyon Golf Course's outdated system needs sustainable upgrades," Supervisor Barger said. "I'm excited that this project will promote water conservation and reduce storm water pollution."

The total project cost estimate of \$2,836,000 includes design, consultant services, jurisdictional reviews, construction, and

county services. Funding sources include \$2.5 million from the Extraordinary Maintenance Budget and \$336,000 from the Fifth Supervisorial District.

"Los Angeles County has the largest municipal golf system in the nation and we strive to provide beautiful, yet sustainable facilities for our residents," said John Wicker, Director of the Los Angeles County Department of Parks and Recreation.

The Marshall Canyon Golf Course features an 18-hole course and a clubhouse building that includes a café, rental shop, patio, restrooms, banquet hall, and staff offices.

## Improvement Project Slated For Farnsworth Park

**LOS ANGELES COUNTY** - Supervisor Kathryn Barger announced approval for \$2,729,000 to fund an improvement project for Farnsworth Park in Altadena.

"Farnsworth Park is an iconic recreational and cultural resource for our residents in Altadena," Supervisor Barger said. "These improvements will enhance the facility and improve accessibility for community members."

Pending improvements include the repair and restoration of the historic Davies Recreation Building, the south pergola and comfort station, walkways,

ballfield, and fencing.

The nearly 15-acre Farnsworth Park facility is listed as a Historic District in the National Register of Historic Places for its original development and architectural significance of its work relief programs during the Great Depression.

"Thanks to the commitment of Supervisor Kathryn Barger, the improvements on Farnsworth Park will bring residents of Altadena together for leisure and enjoyment while restoring the historical aspects," said John Wicker, Director of the Department of Parks and Recreation.

Supervisor Barger approved the project on September 18, 2018, with a budget of \$2.4 million. During the original design effort, more extensive building repairs and ADA site improvements were identified to meet current building codes and historic preservation standards. The additional approved repairs, restoration work, and ADA improvements resulted in a project budget increase of \$329,000. Barger allocated funding from Proposition A, the Safe Neighborhood Parks Proposition, and County Specified Excess Funds to the Fifth District.

## 11 Critical Home Inspection Traps to be Aware of Weeks Before Listing Your Glendora Home for Sale

**GLENDORA** - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale. Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of re-

pair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free re-

port entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

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# Chu - Schiff Propose More NRA

Glendora City Council held a special meeting to revisit National Recreation Area NRA legislation (H.R. 2215) by Cong. Judy Chu (D-Glendora) and this time with Sen. Kamala Harris legislation to expand the San Gabriel Mountain National Monument area and create an additional National Recreation Area (NRA) including the Emerald Necklace and Puente Hills area. This newest attempt by Chu et al affects the entire San Gabriel Valley foothill cities and the water systems. Concerns expressed at that special meeting was encroachment into residential areas, privacy invasion and security because of the proximity to homes.

The original NRA proposal was based on a 9-year study done by National Park Services (NPS) titled San Gabriel Watershed & Mountains Special Resource Study - Summary & Recommendations presented April 2013. One report recommendation was to attach the new proposed NRA to the Santa Monica Mountains National Recreation Area (SM-MNRA).

The Emerald Necklace is an area around the cities of El Monte and South El Monte, between the San Gabriel River on the east, Rio Hondo River on the west, Santa Fe Dam on the north and Whittier Narrows to the south. It is a 17-mile loop connecting 10 cities, 500,000 residents, and creating a recreation area for biking, parks and other activities along the two rivers.

July 11, 2019, Chu went before Natural Resources Subcommittee on National Parks, Forests and Public Lands and told the committee her bill would add 15,878 acres of "expanded wilderness" and "15,191 acres of new wilderness." That is approximately 30.5 thousand acres of more wilderness area along the southern border of the existing monument from approximately El Monte to an area north of the 210 at the 14 freeways. (Need new maps to be more correct).

Chu did not mention in her statement to the Subcommittee the inclusion of the Emerald Necklace or the Puente Hills area. She did tell the committee ... "The San Gabriel Mountains provide 30% of Southern California's water, comprise 70% of Los Angeles County's open space



**Shade's Perspective**  
**Lois M. Shade**  
**Former Mayor of Glendora**

... and one of the only options for outdoor recreation for Los Angeles County, which averages just 3.3 acres of park space per 1,000 people." The statement about L.A. County shortfall of parks and recreation facilities is the same rhetoric left over from the last proposal and is aimed at plans to bus in the inter-city kids to the San Gabriels with designated drop-off points.

On March 3, 2019, Cong. Adam Schiff (D-Burbank) and Senators Dianne Feinstein and Kamala Harris (both D-CA) introduced the Rim of the Valley Corridor Preservation Act to the Natural Resources Subcommittee on National Parks, Forests and Public Lands saying that would add more than 191,000 acres of the Rim of the Valley Corridor to the Santa Monica Mountains National Recreation Area (SMMNRA). Schiff's proposed addition stretches from the Simi Hills and Santa Susana Mountains to the Verdugo Mountains and on into the San Gabriel Mountains. Those mountains are referred to as part of the Transverse Ranges starting at Point Conception out to the Mojave and Colorado Deserts.

Sen. Dianne Feinstein, in that press release, said, "Our legislation would connect more Southern California residents to the trails and vast open spaces in the foothills of the surrounding mountains. It would also protect sensitive habitat for California wildlife including mountain lions, bobcats and golden eagles. The foothills surrounding the Los Angeles basin are a truly special place worthy of stronger protections."

April 2013, both Schiff and Chu denied vehemently they were supporting their NRA proposals

to be part of the Santa Monica Mountains Conservancy or Recreation Area after loud objections from residents and most elected officials in the San Gabriel Valley. It appears now, they changed their minds again!

Chu, in her presentation to the Subcommittee, did not mention collaboration with the Santa Monica Mountains Conservancy or NRA for her proposed area changes, but did say... 'expansion of the National Monument boundaries was needed to protect areas of untouched nature, but will remain open to hiking, camping and other recreation activities but commercial activities and motorized vehicles will be prohibited to prevent over-development, pollution and habitat destruction.'

Cong. Chu's fact sheet, presented to Glendora, had several areas of conflict and concern:

- In response to the erratic, intruding boundary lines drawn by NPS ... "the line isn't precisely drawn around individual land parcels but, instead is focused on stitching together the network of existing open space. Since the boundary is simply an eligibility overlay and does not impact private property this is adequate."

- Joint projects with National Park Service (NPS) and local landowners to create a regional trail network would help acquire grant funding to purchase open space and allow lands to be sold to the National Park Service.

- NRA designation would not require additional environmental review ... a local planning authority could allow a private developer to build luxury homes or stores on the hillsides without impediment ... and no additional 'red tape' or regulations ... to go through. Cited by Chu was the Santa Monica Mountains National Recreation Area with cities that fall within the boundaries of that NRA ... each of the cities have been able to develop properties, shopping centers, etc. under the NRA.

National Park Service still has \$12 billion in maintenance backlog and now wants more! SHADE'S PERSPECTIVE: This isn't about recreation or habitat and wildlife conservation. This is about water, and the control of this life-giving substance.

## "Time Jockey" - California Archangels

By Joe Castillo

**Protections...** The names of the California Missions were selected by the Spanish royalty and Catholic missionaries as the early expeditions through Alta California identified suitable locations and sites for a chain of establishments. Among the names chosen were three selected for archangels, a high-ranking angel generally a superhuman being who possessed special qualities which allowed him to act in certain situations.

In Roman Catholicism, only three archangels are mentioned by name: Michael, Gabriel and Raphael. Each are part of a collection of seven archangels, all with the purpose to "stand and serve before the glory of the Lord". The three missions named after archangels were Mission San Gabriel Archangel, Mission San Miguel Archangel and Mission San Raphael Archangel. Mission San Gabriel was the 4th mission founded on September 8, 1771. It was called the "pride of the missions" and was most agriculturally advanced of the other missions. Each spring, the mission-

aries at San Gabriel went to nearby desert fields to collect salt and collected enough to store it for the entire year. The yearly trip was called the "journey of the salt" and carts were loaded with it to be used by the Mission and Pueblo de Los Angeles for preserving food stock and other products.

The mission was designed in a similar style of the cathedral which Father Junipero Serra attended during his seminary years in Cordova, Spain. Mission San Miguel was founded on July 25, 1797 by Father Fermin Lasuen and is known for its interior vibrant colors. Painted under the direction of famed artist Estevan Munras who was imported by the Spanish church to teach the Salinan Indians how to paint. The artwork is considered one of the finest in all the California Missions and the original artwork still remains in place at the mission. Mission San Miguel was the sixteenth of the California Missions.

Saint Raphael the Archangel was used as the namesake for Mission San Raphael Archangel. Founded on December 14,

1871, the Mission was named after the archangel who was known as the patron of good health. The Mission was not originally established as one of the original missions but was an asistencia (ancillary) of Mission Dolores. Its location on the north side of San Francisco Bay made a suitable site for Native Americans to recover from the cold damp weather conditions which affected many of the Indians working for Mission Dolores. Mission San Raphael would receive full recognition as a California Mission due to its use as a sanatorium for ailing Indians and thus the patron saint of good health is an appropriate name for the Mission.

Each of the California Missions has a unique story especially in its name as a saint, archangel or other significant figure but the mission names were only one of the sites named by the Spanish as mountains, valleys, rivers and settlements followed the same practice of being named for religious figures which would be used to provide more protections than even the military could provide...

*Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.*

# Walking Each Other Home

Several of you have written asking about my community. So here it is.

For the past 19 years Wendy and I have lived with three hundred others in a Southern California CCRC (continuing care retirement community) established over a hundred years ago for retired Congregational missionaries. We now welcome any retirees fifty-five years old or older who are committed to justice, peace (and environmental sustainability). While no CCRCs are inexpensive, we remain at the lower range of entrance fees and monthly charges. A board of twenty-one, including six residents, sets policy, while the internal program is generated by a resident-governed Town Meeting.

Admission requirements include ambulatory health and economic stability. However, once admitted there is a substantial resident-generated fund for anyone running short of money. Housing opportunities include independent living, assisted living and skilled nursing.

For years we have been searching for a term that describes the unique nature of the community. For a while we identified ourselves as "an intentional community," but defining any single intention has evaded us. There are multiple differing intentions among us. One of our number suggested that the only intentional community he knew about was the KKK. For a while "The beloved community," was tossed around, but that sounded saccharin, pious and self-serving.

A few days ago someone suggested that our central function was "walking each other home." And that may define what we are really about. The level of care for



**Charles H. Bayer**

each other, with no one left out, is pervasive. We stick by each other from the time of admission until our minds and bodies have served their purpose and we die. No one declines and dies alone. We walk hand and hand wherever life leads, taking care of each other until our days come to an end.

But there is much more to it than that. Walking implies a pace. We do not run, we walk! We take our time accommodating our pace to the slower among us. Walking each other home also implies a journey, not just a destination. The goal of any journey is not just to arrive. Every step provides what may be an exciting experience, so we are more fixated on our common journey than on the ultimate destination.

We walk through the world and stay profoundly aware of everything on our path. We stay deeply engaged in what what goes in our mid-size city, in nearby Los Angeles and in California. Our volunteer work goes far beyond this half square mile, and we stay involved in scores of things well beyond our community.

Part of our common walk involves us in what is happening in the nation, so we remain profoundly aware of its direction. While there are no political

creeds, we tend to be a robust progressive community with a clear political perspective. Our governing Board's admission criteria include a commitment to "justice, peace and environment sustainability." "We welcome gays and lesbians, and are diligently searching for ways to welcome those of other religions or no religion, as well as racial and ethnic minorities. While I do not speak for the community, if you read these weekly columns you probably get a clear sense of who we are.

There is among us a sturdy contingent of theologians and other academics who keep us intellectually aware. They offer courses and support conversation groups that are open to the curious. In addition, we have a solid mutual relationship with the five area colleges. Many of us regularly audit college classes.

While we no longer are identified with any one religion or denomination, there is an increasing commitment to spiritual values and practices. Our noon meals always begin with prayer offered by one of us. We also share a weekly Eucharist and a vesper service.

While we continue to walk each other home, the nature of the journey continues to be modified. While change is a fact of life, it has not always been comfortable here for long-time residents. As we complete the journey and arrive at our destination, we give thanks for those who have walked with us, and welcome a group of new pilgrims who in their own way will redefine the journey as they too walk each other home.

Contact Charles Bayer at [candwbayer@verizon.net](mailto:candwbayer@verizon.net)

## Governor Newsom Just Signed A Law Limiting Support To The Police

By D. B. Shimel  
**My Perspective**

Under the new law able bodied people can no longer be held accountable if they refuse to support the police when they are called upon to do so. Let me explain: Have you ever heard the term Posse? Harken back to the western movies and the posse that would be organized to chase down the bad guys. In the early days of this country and especially in the "old west" use of non-law enforcement people to assist the local law enforcement (Sheriff) was quite common.

The term posse is a shortened term tracing its meaning back to the Latin term Posse comitatus which means "the power or force of the county." This concept was originally of Roman origin and was carried over to a doctrine of ancient English common law authorizing a sheriff to summon the assistance of the able-bodied male population over the age of 15. Appointed as special deputies, these men would aid the sheriff

in keeping the peace, executing writs, quelling riots, capturing felons, and otherwise enforcing the laws. Unlike the organized law enforcement personnel a posse was usually gathered as needed. The practice continued in the United States, as the posse became a necessary American colonial and frontier tradition.

Back to today and the new law: Before this new law was signed a duly sworn officers of the law enforcement community could legally call upon private citizens to aid in enforcing the law. If called upon a person was required to lend support to the officer in need. If the person refused they could be subject to a fine. Under this new law people are no longer required to lend aid. Although, people could have been called upon this law was rarely used.

Many top law enforcement officers around the state are against this new law as they (reportedly) feel that this new law continues to erode the support of

police by the public. Several Sheriffs have claimed that this new law continues to attack local law enforcement as well as those at the national level like Immigration and Customs Enforcement (ICE).

Today, local police as well as ICE officers are constantly under attack by the media and politicians for enforcing laws passed by the states and the U. S. Congress. Throughout this nation Law enforcement personnel are being attacked with everything from water to guns for doing their jobs. Police buildings and Ice facilities have been shot at and in one case a man attempted to blowup an ICE facility with a propane bomb. An ICE facility was recently attacked by people throwing gasoline filled glass bottles in the lobby of the building.

Will this new law aid the law enforcement community or just continue to erode the public trust of law enforcement?

## Come on, Show Some Class...

So you go out for a nice evening dinner at a classy restaurant. You put on some nice clothes and the lady puts on a special dress and you're ready to go.

You get to a restaurant and you are seated. Dinner is \$40 to \$60 per plate plus drinks and whatever else you may want to order. This was a birthday dinner so you want to be at a nice classy place.

Then it happens. You are sitting there and then some other people come in and are escorted to a table near you. The guy is wearing flip-flops, baggy shorts and a sweatshirt with the sleeves torn off. His old lady was wearing gym sweats. Well, just what we wanted sitting next to us. A guy that looks like he just got off from some kind of construction job and didn't go home to shower and change, but simply picked up



**George Ogden**  
**That's just the way it is!**

his old lady at the gym after working out and working up a sweat to go out and eat. Really, you come to this type of restaurant dressed like that?

Then, two young ladies are escorted in, one in a nice dress and the other looked homeless. She was wearing jeans with holes all over them. I know, it is the style today, to look homeless and sloppy with these jeans. But to wear them here?

Then this older couple came in and both were overweight with the guy dressed okay, but not the lady with him. What she was wearing looked rather gross on her. She was wearing these pink baggy shorts that were supposed to be almost knee length I think. Why would she come in like that? Why do people "dress down" and go out to places like this? Why not show a little class? These people seem to have no consideration for others around them and how they look. I don't get it.

During dinner they were topic of the conversation.

Back in the day, the United States was the leader in the world on dress attire. Other countries around the world adopted our manner of dress. They certainly don't do it today, they make fun of us.

**"That's Just the Way It Is!"**

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# Still Optimistic About The Us Economy

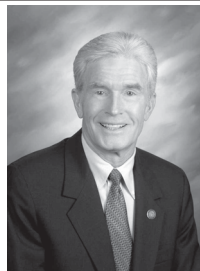
Doom and gloom are roaring through global financial markets as investors flee risk assets for safety. The surprise inversion of 10-yr to 2-yr Treasuries recently is an indication people are buying longer-term assets, which indicates they not only recognize a global confidence shock, they fear people are still too optimistic. The shape of the yield curve suggests recession risk is high, which it is. A temporary inversion of the yield curve does not typically flash a recession. However, a prolonged yield inversion does raise concern which could lead to recession. The next few months will be a real test. Thankfully, the Fed is already in the midst of a mid-cycle course correction, and the President postponed his latest tariff threat. If these two can keep US business and consumer confidence from cratering, the best-case scenario is a period of reasonable growth and low inflation similar to the second half of the 1990s.

Treasury yields have dropped considerably since the Fed cut rates on July 31. Some of the drop reflects the end of tightening and start of easing. Real yields will be lower in the next year than they would have been if the Fed had left the funds rate in a 2.25-2.5% range and had continued shrinking its balance sheet for another two months. The drop also reflects lower inflation expectations on the back of the continued slowdown in the global economy.

The Treasury rally likely would have stabilized after the July 31 rate cut - especially the rally in longer dated Treasuries - if the President had not announced tariffs the day after the meeting. President Trump's August 1 tariff tweet sent shock waves around the world with repercussions still unfolding this week.

While the US story is one of strength succumbing to slowdown, the European and Chinese story is one of recovery succumbing to hard landing. Recession risk is real in Europe. Germany is the industrial heart of Europe, and German industrial

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

production fell 5.2% year-over-year in July. The ZEW investor confidence survey is plumbing territory last visited in 2008-09. Angela Merkel, beholden to a central bank perhaps least suited to provide monetary stimulus and leader of the government perhaps best suited to provide fiscal stimulus, continues to sing the praises of budget discipline.

In China, US tariffs are hitting hard. Industrial production growth slowed to 4.8% in July, a growth rate last seen in 1990, not counting seasonal adjustment problems that made the data appear artificially weak in 1994 and 2000. Urban unemployment rose in July, and the People's Bank of China has not yet added meaningful stimulus. In fact, it's not really clear the PBOC can stimulate. Overuse of stimulus during the good times has left the Chinese economy groaning under the weight of trillions in debt. More borrowing will not help much - the debt multiplier is well below 1, meaning GDP grows less than a dollar for a dollar in borrowing - and infrastructure is overbuilt.

Until June, the Fed was risk number one to the US and global economy. The good news is the key decision makers on the FOMC - Chair Powell, Vice Chair Clarida, and New York President Williams - seem to understand the urgency not just to keep the US economy chugging along but also to give foreign central banks room to ease and bolster global confidence. Since the FOMC announced its intention to cut rates, global central banks have lined up rate cuts. Some - including Turkey, the Philippines, Malaysia, and India

- have already eased, while others, including Japan and the EU, are moving in that direction. Indeed, ECB policy committee member Ollie Rehn promised aggressive rate cuts in Europe. It could not have happened without the Fed moving first.

Perhaps it would have been best if the Fed had realized it was tightening too quickly and avoided raising rates last December, but second best is the FOMC admitting and rectifying the mistake. It will take more than one cut to reverse the one hike too many, especially after waiting so long to do it, but Powell indicated recently at a press conference that the Fed is not wed to a one-and-done strategy. More cuts are coming.

In the worst-case scenario, the confidence shock becomes a credit and liquidity shock. I would rather focus on the best case, especially because a positive outcome remains a real possibility and the worst case has been a constant topic recently.

If the Fed keeps cutting, rate cuts in September and October will help restore confidence and stir some household credit growth. The first cut never does much, but the second and third can make a real difference.

And, if the Administration continues trade discussions via diplomacy rather than Twitter, the change in tone will reduce the constant worry fresh news can wreck any market rally. Reduced fear is the first step in rebuilding confidence. Unfortunately, the fundamentals argue it's too late for Europe and the emerging markets, where recession appears inevitable. But, as demonstrated time and again in the past 20 years, the US is less susceptible to global weakness than Europe. As long as American consumers spend, the US economy will grow.

**LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US**  
I welcome your questions and comments :  
kenherman46@hotmail.com

# Your Money - Ask Julia

*What's the difference between a Medicare HMO and a Medicare Supplement plan?*

Medicare HMO plans: 1. The HMO company takes over Medicare, 2. The customer has to get the approval of the HMO before having most procedures and 3. The customer typically pays less per month than with a Medicare Supplement plan. Medicare Supplement plans pay what Medicare does not cover, 2. Supplements do not change Medicare; they work with Medicare 3. The customer can still use any provider who accepts Medicare, and 4. Supplemental plans are more expensive than Medicare HMO plans because they do not control usage.

*I'm looking for tax-advantaged investments that will also be tax-advantaged for my beneficiaries. What do you suggest?*

There are three tax-free investments: municipal bonds, Roth IRAs, and permanent life insurance. Municipal bonds pay very little interest. Roth IRA's have income limits. Permanent life insurance is often the best place to save retirement dollars because it offers tax-free money for beneficiaries. The second-best tax-advantaged place to save retirement dollars is in a fixed-indexed annuity. This type of annuity can offer bonuses, access to your money, and living bene-



**Julia Yoder**

fits, as well as being tax-advantaged for our beneficiaries. Whether insurance or annuity, both carry guarantees, (based on the strength of the company), that you cannot lose the money you put in.

*We get contradicting answers to our questions depending on who we talk to: our CPA, our financial services guy, our mortgage gal, our insurance agent, and our attorney. They see the details from their viewpoint, but they don't see the big picture of us and our lives. Is there a way to get some simple, clear answers and put them into one neat package?*

More and more folks are longing for the clarity you are seeking. The very wealthy run their lives like a company; they hire a Controller to oversee every aspect of their finances. There are a few of us who want to bring that service to everybody. We set up our practices so that we can act

as your "personal financial controller." We aren't know-it-alls, so we network with carefully selected professionals, or work with yours, always keeping your best interest as top priority.

*How can I get a reverse mortgage, but not stick my daughter with a financial burden when I die?*

Buy a life insurance policy that will pay off the reverse mortgage. (Due to some government regulations, it's best to get the life insurance policy first, and then get the reverse mortgage.)

*Our house is too big now that we're empty-nesters. We'd like to buy a smaller place near the beach. Our home is paid for, and the property taxes are under Prop. 13. What's your advice?*

The proceeds from the sale of your home could possibly pay-in-full for a smaller house or condo near the beach. There are relatively new laws that might let you transfer your tax base.

**Ask Julia by email: juliyoder@yahoo.com**

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. Insurance Lic. 0C83859/RE Broker 01238153/Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

# One Size Does Not Fit All ... Choose the Right Car Seat for Your Child

September 15-21 is Child Passenger Safety Week

**MONTEREY PARK** - Monterey Park Police Department is joining law enforcement agencies, public health departments and other community organizations to raise awareness about the importance of keeping children in the correct car seat for their age and size.

The effort to promote car seat safety coincides with Child Passenger Safety Week, which is September 15-21, 2019.

According to the National Highway Traffic Safety Admin-

istration (NHTSA), 46% of car seats are not used properly.

"Children mean the world to parents and caregivers, but unfortunately many are putting them in harm's way without knowing it," Monterey Park Chief of Police Jim Smith said. "Our goal is to educate parents and caregivers on how they can keep children riding in the car as safe as possible."

Under California law, children under two weighing less than 40 pounds and less than 40 inches tall are required to

be in a rear-facing car seat. Children under the age of eight or less than 4' 9" tall must be secured in a car or booster seat. The fine for not securing a child in the correct child safety seat is \$490.

To find the right seat for your child, visit the NHTSA website. To find a car seat fitting station near you, contact your local CHP area office or go to the California Office of Traffic Safety website for a listing of car seat programs statewide.

# CalFresh Food Benefits Now Available To Seniors And People With Disabilities

**LOS ANGELES COUNTY** - Did you know that on June 1, 2019, older adults and people with disabilities in Los Angeles County receiving Supplemental Security Income (SSI) are now potentially eligible to receive CalFresh food benefits?

"This expansion of the CalFresh Program helps our department serve the county's most vulnerable and food insecure populations," said DPSS Director Antonia Jimenez. "It will ensure that they will not have to decide between buying food, paying rent or medi-

cation."

CalFresh serves as a safety net for the county's most vulnerable low-income residents. Delivered electronically via an Electronic Benefits Transfer (EBT) card that works similar to a bank debit card, the benefit can be used at participating supermarkets, restaurants, and farmers markets. The Department of Public Social Services (DPSS) is urging residents who are in need of food assistance to apply for CalFresh.

Understanding that many older adults may face transpor-

tation and mobility access challenges, the department is encouraging customers to take advantage of the many enrollment options that do not require a visit to a DPSS office. Customers can apply by phone by contacting the DPSS Call Center at 866-613-3777, Monday through Friday, 7:30 a.m. to 5:30 p.m., online by visiting getcalfresh.org, which is accessible on any computer or mobile device or via the department's Your Benefits Now application system.

# Senator Chang joins her colleague on the Senate Banking and Financial Institutions to Push the Measure

**SACRAMENTO** - Senator Ling Ling Chang (R-Diamond Bar) announced her legislation to provide grants to nonprofit organizations that offer financial education and financial empowerment services to at-risk populations in California was approved by the Legislature. Senate Bill 455 is jointly authored by Senator Steven Bradford (D-Gardena), Chair of the California Senate Banking and Financial Institutions Committee.

"As lawmakers, we pass laws restricting lending practices to ensure our vulnerable

populations do not become financial victims of predatory practices," said Senator Chang. "But consumer protection is not enough when one of every four households is either unbanked or underbanked. This bill provides real resources to hardworking families struggling to live paycheck to paycheck. Let's replace consumers' quick fixes with real solutions."

SB 455 would provide up to \$1 million annually to support financial education and financial empowerment programs to unbanked and underbanked Californians, and includes a four-year sunset date. The bill will now be considered by the Governor.

Support for the legislation includes the Mission Asset Fund and UnidosUS.



## THE CAR GURU

**WHAT YOU "AUTO" KNOW**

**By Gene Morrill - Certified Automotive Specialists**

# Let's Talk Lights

The daylight hours are getting shorter now and we depend on our lights more and more. I have noticed people driving around with one headlight out or a brake light and one can only assume a turn signal (though some people just don't bother to use them for some strange reason!). It is a good idea to test your lights! You can have someone assist you, ask us to check, or check them out yourself by pulling up to a building and shining your lights, or even do it in your garage. Seeing well while driving is very important, and it is also important that others see you!

If your headlights seem yellowed, we can fix that! Just contact us and we'll tell you how we do this (no, it isn't magic!).

**When Your Lights Go Dim**

Your vehicle's alternator keeps the battery charged. The alternator replaced the generator of the past. If your car fails to start as quickly as it used to (hard or slow cranking) or your lights seem dimmer it could be a sign that your alternator needs to be replaced. If you are used to dashboard lights telling you of a problem and you didn't see the "alt," "bat," or "gen" light come on to

alert you, keep in mind that the alternator is responsible for those dashboard lights! If it isn't working then the lights will not illuminate.

Today's vehicles have more and more equipment that is powered by our alternators. We have stereo systems with multiple speakers, televisions and DVD players, fancy headlights and navigation systems, rear wipers and heat and air conditioning systems. We take for granted that all this works, but sometimes an alternator simply gets overworked and needs to be replaced. If you have a poor battery it also puts extra stress on the alternator and can even cause it to overheat because it will try to keep the voltage up.

When an alternator fails it usually does so in stages so pay attention when things start functioning abnormally. The signs are often subtle such as dimmer lights. You may be using all the bells and whistles at once such as the television, wipers, air conditioning and the navigation system and they seem sluggish. When you stop using one or more of the functions the remaining

ones work better. The dashboard lights may start flickering.

When you take your vehicle to your car care provider they will:

- Perform a "load test" to check the voltage readings (measure the voltage at the alternator connector and the battery)
- Check the belts to determine if they are old and cracked or slipping
- Listen as an experienced mechanic can tell from a clanging or rattling noise that something is not as it should be

Alternators work long and hard for us but occasionally even the best can fail. The battery will still run many miles on reserve power so this usually saves you from being towed in. As always, if things aren't working as well as they normally do it is best to have it checked out before it becomes a serious problem. This always saves you time and money!

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions, and we will be glad to help, or visit our website at CertifiedAutoCa.com.

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# Around the Valley & Senior News

## AZUSA

### Azusa Women's Club Events

Established in 1901 the Azusa Women's Club is a community of women dedicated to enhance the Azusa community by creating volunteer & leadership experiences. With public participation in the events, a leading benefit is the scholarships to the dedicated students.

Come support the Vendors Boutique on **Oct 5** at 1003 N. Azusa Ave from 8:00 a.m. - 2:30 p.m. Contact [djs36@hotmail.com](mailto:djs36@hotmail.com).

Sip & Paint on **Oct 5** at 1003 N. Azusa Ave at 6 p.m. \$25/person. Tickets [jus1viv@gmail.com](mailto:jus1viv@gmail.com)

### Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

### TOPS Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a non-profit group that encourages men and women to lose weight. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on the latest Diabetes resources. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-8829

## ARCADIA

### Orchid Hobbyists Meeting

San Gabriel Valley Orchid Hobbyists invite you to our **Sept. 19** Monthly Meeting at the Los Angeles County Arboretum, 301 N. Baldwin Ave. Arcadia, Ca. Palm Room. Judging at 7:00 p.m. Meeting at 7:30 p.m. Our Program will be Empress of the Night, New Color Forms of Phalaenopsis Species. Speaker Norman Fang is the owner of Normans Orchids. Refreshments. All welcome!

### Wellness Rocks - Senior Expo and Health Fair

Arcadia Senior Services in partnership with Methodist Hospital is having a special day designated to health wellness and senior programs. The health fair will take place at the Arcadia Community Center, 365 Campus Drive on Friday, **September 20**, at 9am. There will be free health screenings, blood pressure check, bone density, eye pressure check, spirometry testing, and more. Some of the vendors at this event are; City of Hope, LA Metro, Breath LA, LA Found, LA County Department of Public and Mental Health. Guest speaker, Mylene Manalo from Keck School of Pharmacy will have a presentation on "How to Use Medications Safely". There will be raffle prizes and promotional giveaways. This event is for indi-

viduals age 50 and over. For additional information call Arcadia Senior Services at 626.574.5130.

### Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinocle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

## BALDWIN PARK

### McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

### Explore Tuscany 9 Days & 8 Nights

The Julia McNeill Senior Center in partnership with Collette will be traveling to South Dakota on October 31 through November 8, 2019. Prices are \$3,449 for Single Person, \$3,149 for Double, and \$3,119 for Triple. Included in price is round trip air from Los Angeles Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, and 10 meals. Cancellation waiver and insurance can be purchased for an additional \$315 per person. For more information regarding prices or trip details, please contact Daniel at (626) 813-5245 ext. 271, email at [TTours@baldwinpark.com](mailto:TTours@baldwinpark.com), or visit the following website link: <https://gateway.gocollette.com/link/904277>.

## COVINA

### Community Garden Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at [covinaca.gov](http://covinaca.gov). For more information, call (626) 384-5340.

## DUARTE

### Community Clean-Up, Hazardous & E-Waste Round-Up

On Saturday, **September 21** from 8 a.m. to 2 p.m., Duarte will hold its bi-annual Community Clean-up Day at both Duarte City Hall (1600 Huntington Dr.) and

Beardslee Elementary School (1212 Kelwill Way). Residents can dispose of electronic waste, appliances, mattresses and other large items. The Community Clean-Up Day is free and open to Duarte residents.

### Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

### Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

### Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

### Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

### Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

## GLENDORA

### Glendora Genealogy Group

The Glendora Genealogy Group meets Tuesday, **September 24** at La Fetra Center, 333 E. Foothill Blvd., Glendora. Pat Chavarria leads a refresher class at 6:00 pm. The business meeting is at 7:00 pm, followed by the program: "Using Records of Transported British Convicts Who Were Sent to the American

Colonies," by Barb Russell. For questions about our group or this meeting, please call Pat Chavarria at 909-592-4030.

### Stress Management & Controlling Chaos

Feeling overwhelmed can peak from a long to-do list which is increasingly common as demands on human attention increase. A clear sign of being overwhelmed or stressed is forgetfulness, anxiety, anger, and emotional chaos. Learn to manage personal space, time, and energy in this interactive class where your challenges, experiences, and solutions will be solicited. Pre-register at the La Fetra Center: 333 E Foothill Blvd., Glendora, CA or by calling (626) 914-0560. Fee: \$12.00 material fee payable to instructor, Mondays, September 16-30, 6:30pm to 8:30pm

### Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Toni Levyssohn at 909-843-5239. The program is **Wednesdays** 8:30 a.m - 12:00 pm.

### Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at [jmarkel@ci.glendora.ca.us](mailto:jmarkel@ci.glendora.ca.us).

### Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

## LA VERNE

### Get About Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

## MONROVIA

### Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pres-

sure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am **Caring Crafters**

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

### Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

## SAN DIMAS

### San Dimas

### Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Chal-

lenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

## WEST COVINA

### Go West

### Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holidays.

### TOPS Meeting

TOPS (Take Off Pounds Sensibly) meets each Saturday at 9 a.m. at the Cortez Senior Center, located at 2501 E. Cortez St in the back classroom building. Visitors are always welcome and your first meeting is free. Come now and learn about nutrition, portion control, food planning, exercise, motivation, and more every week. This group has motivated members from all over the San Gabriel Valley. For details, call Erika Hernandez at 6 2 6 - 3 8 4 - 0 5 0 2 ([ehernandez57@aol.com](mailto:ehernandez57@aol.com)).

### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

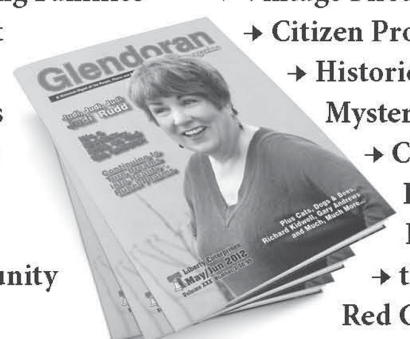
There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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# West Covina Burglary Suspect Caught On Home Security Video

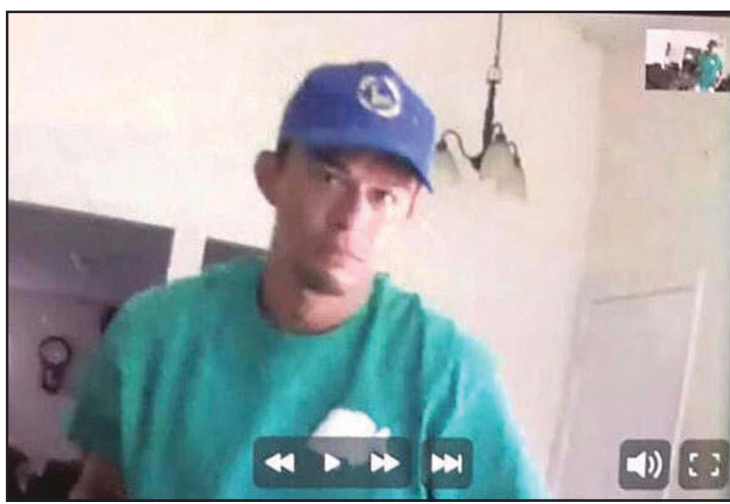
By George Ogden

**WEST COVINA** - A home burglary occurred in the 1100 block of Orange on Friday Sept. 13 between 3:20 and 4:00 pm. The suspect was captured on a home security and the recording was turned over to the West Covina PD.

The suspect stole a number of items including a cell phone, guitar and the family pickup truck. The truck was recovered near the Home Depot in Baldwin Park and the cell phone was left in the truck. The guitar and other items were missing.

Police dusted the truck and phone for finger prints.

The suspect is described as a male in his 20's, thin build and short hair. During the time of the burglary, he was wearing a tur-



Caught on surveillance camera, this suspect was seen burglarizing the home.

quoise T-shirt with possibly a white logo on the left front of the shirt. He was also wearing a blue baseball style cap with a round light colored logo on it. The round logo had circular wording

with a deer or and elk in the middle of it.

If you see this individual, call the West Covina Police Department.

# Duarte Named Finalist for L.A. County's 2019 Most Business-Friendly City Award

**DUARTE** - The City of Duarte has been named one of five finalists for the Los Angeles County Economic Development Corporation's (LAEDC) Most Business-Friendly City award in the population under 50,000 category, along with La Mirada, Monrovia, San Gabriel, and Santa Fe Springs. Duarte was a previous finalist for Most Business-Friendly City in 2010, 2011 and 2018; and won the prestigious title in 2012. Duarte has once again been recognized for its business-friendly approach.

"It is an honor to be selected again as a finalist," says Community Development Director Craig Hensley. "The city continues to thrive because of its overarching commitment to providing effective and affordable business services through an efficient permitting and licensing system with a friendly and attentive staff at the helm. We also receive a great deal of support from City Council, who is dedicated to facilitating sustainable economic development."

In the past year, Duarte has seen 55 new businesses open from September 2018 to present, with industries ranging from food services, health and wellness, technology firms and several home-based enterprises.

According to the LAEDC press release, "Business-friendly programs and services are a critical factor in job creation." Finalists were selected based on:

- Demonstrated priority

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commitment to economic development and quality jobs

- Excellence in programs and services designed to facilitate business entry, expansion, and retention

- Competitive business tax rates and fee structures

- Availability of economic incentives

- Effective communication with and about business clients

The winner of the Most Business-Friendly City award will be announced at 24th Annual Eddy Awards, Thurs., Nov. 7 at the JW Marriot at LA Live. The Eddy Awards were introduced by LAEDC in 1996 to celebrate exceptional contributions to economic development in the L.A. region, consistent with LAEDC's focus on advancing opportunity and prosperity for all.

Duarte's nickname is the "City of Health" as a nod to being home to world-class cancer care and research center City of Hope but extends beyond to define a community focused on offering high-quality

programs and services, making it an exceptional place to do business. In Duarte, every business is a valued partner in serving the residents and an integral piece of fabric in a tight-knit community. The City prides itself on being accessible to businesses from the start of a fledging idea to lasting support once an establishment has opened its doors - we will work hard to connect you to the right staff, the Chamber of Commerce and other community partners to ensure business success in a thriving community. For more information on doing business in Duarte, visit [www.accessduarte.com](http://www.accessduarte.com).

## Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to [SGExaminer@aol.com](mailto:SGExaminer@aol.com). Articles should be in Word format while photos should be in jpeg. Articles should be in good taste.



# Itrix Tea Makes Its U. S. Debut With Entrepreneur Niro Kahawatte



Niro Kahawatte shows off his new brand of tea called Itrix to visitors at the Tea Festival

By Nandasiri Jasentulyana

**LOS ANGELES** - Tea lovers and tea experts were brought together at the recent Los Angeles Tea Festival for a memorable two days of tea and talk. During the two days of the festival, thousands of visitors were treated to a feast of information on every aspect of tea, its origins, blends, and the intricacies of tea tasting and how to prepare the perfect brew, while they enjoyed the colorful performances and presentations. The festival attracted a large number of tea traders representing an array of tea brands from every tea producing country. Visitors were enjoying the attractive booths and presentations while sipping all types of brewed cocktails available at the booths.

Among the booths, one of the most attractive once where the visitors were seen mulling around tasting an incredible variety of teas, from the land best known for tea, was the upstart ITRIX TEA. Now available online on Amazon, Walmart, eBay and soon at Trader Joes, ITRIX TEA, named after the Greek goddess of health, is carefully crafted from Pure Ceylon tea, garden fresh, finest quality, all-natural, healthy tea leaves specially chosen from the highland tea estates.

ITRIX tea is the brainchild of Niro Kahawatte who hails from the enchanting Island of Ceylon with world-famous tea gardens. Long before the British introduced tea in 1867, the Island was famous as the Spice Island where the Dutch sailed to trade in spices. Decades ago, while dabbling in the local tea industry Niro had a vision to blend the two

exotic products of the Island, tea, and spice, into a unique beverage that is both healthy and delicious. Arriving in the United States and encouraged by associates he soon saw a niche in the market for his vision, and so began the journey of ITRIX tea that is marketed worldwide. Carefully selected herbs and tea buds from naturally grown plants are blended and hygienically packed ITRIX tea meet the highest standards in the industry.

ITRIX TEA markets the full gamut of teas, some uniquely blended to meet the needs of the discerning consumers. While high-quality black tea remains the most popular, ITRIX TEA has introduced a line of unique teas to meet the demand of today's consumer who shops for healthy foods. ITRIX invites the customers to enjoy healthy living with the naturally grown Ceylon Green tea that is grown without any harmful chemicals.

The specialty ITRIX TEA comes with the blend of high-quality herbal ingredients that tastes pure and fresh delivering

rich sweetness and aroma. The organic green tea is specially prepared to support weight loss with traditional organic herbs that aid in detoxification and eliminate toxins released from fat cells aiding Weight Loss and Increased Metabolism. Line of ITRIX TEA branded as Premium Herbal Tea is infused with sweet, bright citrus and fruity flavor to serve as a refreshing and Aromatic tea.

ITRIX markets its tea as containing only the finest, freshest natural ingredients with no added flavors, using apple, hibiscus flowers, rosehips, orange peel, candied pineapple, lemon, elderberry, cranberry, and natural flavors. An expert tea taster at the L.A. tea festival asserts that the House of ITRIX has crafted rare blends capturing the essence of the choicest of leaf from the highlands of Ceylon, thoughtfully blended to create a complex warm cup of tea with a sublime bouquet, to be enjoyed by you in a moment of celebration toasting to your pallet and wellbeing.



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## Glendora Community Coordinating Council September Award Recipients

**GLENDORA** - Janet Stone has been a very active and dedicated member of the Glendora Rotary Club. She has been instrumental in developing educational programs for Rotary and coordinating joint projects between Rotary and the Glendora Public Library. She has been involved in the Rotary Youth Leadership Academy for high school students and Teen Leadership Academy for Middle School Students. Also, through Rotary Janet has for years been instrumental in the High School Interact Club. She has been a part of the Glendora Community Coordinating Council for ten years and has held the position of First Vice President of Program for the last seven years. Her interaction with the Library Friends Foundation is well known and even though it may be considered part of her job responsibilities, her ability to work with a non-profit foundation goes above and beyond her normal duties. Glendora Community Coordinating Council is very honored to recognize Janet Stone with September's Humanitarian Award.



**Matt Bartlett, Glendora Community Coordinating Council Acting President with September's Humanitarian Award recipient Janet Stone.**

JJ Gonzalez is a senior at Glendora High School. He has been a library volunteer for over seven years and has donated over 150 hours of service. The library staff has come to rely on JJ for not only his dependability, but even more for his ability to assist young library volunteers, all the while having a great attitude. He is a great volunteer mentor, taking the time to explain to the younger volunteers how things are done and work side by side with them as they complete their tasks. JJ even filmed a training video this summer that was used during the Summer Reading Challenge to demonstrate the



**Matt Bartlett, Glendora Community Coordinating Council Acting President with September's Youth Recognition Award recipient JJ Gonzalez.**

best ways for volunteers to interact with our young readers. He is always willing to take on whatever tasks are needed and help out wherever possible. In addition, JJ in Glendora High School's marching band as a drummer in the Pipe and Drum Corps and is active in his church. The Glendora Community Coordinating Council is pleased to recognize JJ with September's Youth

Recognition Award. The GCCC is always looking for volunteers from the city to be recognized each month. If you have a nominee please visit our website at [www.glendoracoordinatingcouncil.org](http://www.glendoracoordinatingcouncil.org) for a form and contact information. We'd like to thank Southland Properties for being our meeting sponsor.

## City of Duarte Proclaims September 2019 as "Senior Center Month"



**DUARTE** - September is National Senior Center Month. To celebrate, Duarte Mayor Pro Tem Sam Kang welcomed residents and staff of the Duarte Senior Center to join City Council in the reading of a proclamation and enjoyment of cake at the Council meeting on Sept. 10. The proclamation focused on the exemplary services that the Duarte Senior Center provides to older residents, creating needed supports for healthy aging in place and maintenance of independent living.

"Whereas, older Americans are significant members of our society, investing their wisdom and experience to help enrich and better the lives of younger generations," Mayor Pro Tem Kang read aloud to the honorees and community in attendance, "and whereas, the Duarte Senior Cen-

ter has acted as a catalyst for mobilizing the creativity, energy, vitality, and commitment of the older residents of Duarte."

Through the Duarte Senior Center, residents can enjoy free hot lunches, fitness, art and music courses, game and movie days, and group excursions that visit other parts of Southern California. Additionally, senior residents have access to resources through the Center including free monthly blood pressure checks, Meals On Wheels, and enrichment seminars that promote health, well-being and personal safety.

"We have an incredibly active senior population," stated Parks and Recreation Director Manuel Enriquez. "Many of our volunteers at the Center are also seniors themselves. It's truly a

community at the Senior Center where staff, volunteers, and residents look out for one another. I am tremendously proud of the Center staff and volunteers, and the great services we're providing the community, so it's nice to see them honored by City Council."

The National Institute of Senior Centers began the annual celebration in 1979. This year's theme Senior Centers: The Key to Aging Well seeks to highlight how senior centers are an integral part of aging healthily and ensuring communities have the proper components in place to support older adults.

If you would like to learn about our senior services, please visit [www.accessduarte.com](http://www.accessduarte.com) or call the Duarte Senior Center at (626) 357-3513.



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