



San Gabriel Valley Examiner

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Mar 26 - Apr 1, 2020

INSIDE



"Safer At Home" / A3

COVID-19 GLENDORA VICTIM



Jeffrey Ghazarian / A7

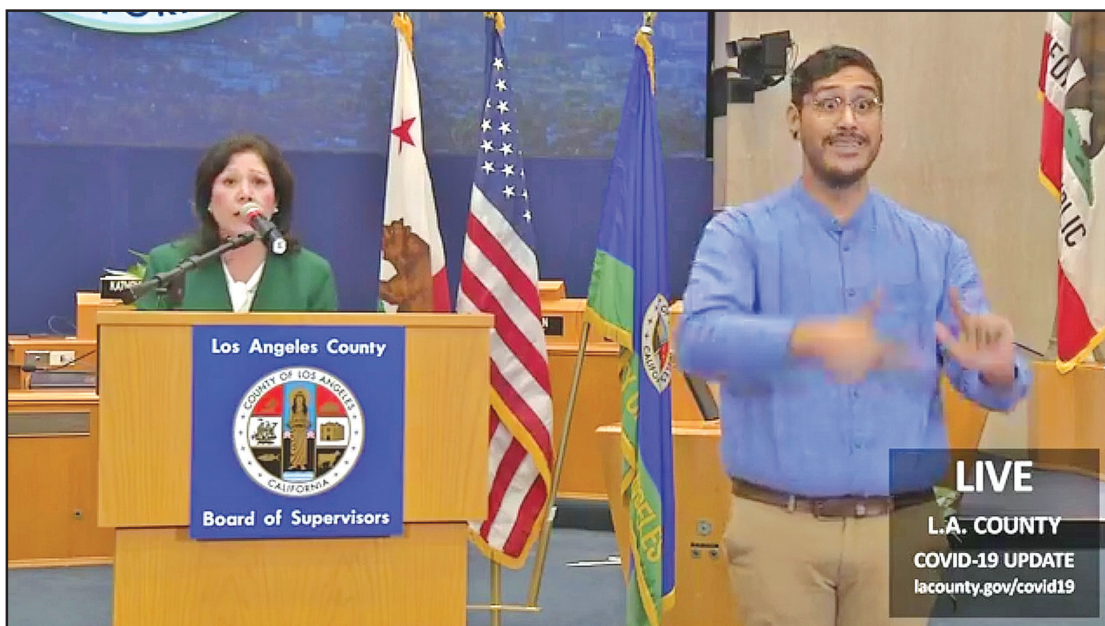
INDEX

| | |
|--------------------|-----|
| Commentary | A4 |
| Financial/Consumer | A5 |
| Legal Notices | B1 |
| City Notices | B12 |

Supervisor Solis Announces Fairplex as Quarantine Site for those Exposed to COVID-19

LOS ANGELES COUNTY - Los Angeles County Supervisor Hilda L. Solis joined Supervisor Kathryn Barger, Fairplex President/CEO Miguel Santana, Pomona Mayor Tim Sandoval, and LA County Department of Public Health Director Barbara Ferrer to announce that LA County has entered into an agreement with Fairplex to use the Sheraton Fairplex Hotel as temporary housing for individuals who may have been ordered to isolate or quarantine by the Department of Public Health due to the novel coronavirus (COVID-19).

"Our overwhelmed health care system will not be able to admit every person with mild symptoms of COVID-19. As we contain the spread of this virus, we need quarantine sites where people can receive care and heal," Supervisor Solis said. "The Fairplex and the Sheraton have responded to this emergency with courage and compassion by providing LA County residents who may have been exposed to COVID-19 a safe space where they can recuperate and recover. This partnership is an example of state, county, and local leaders coming together to keep our communities safe and healthy. LA County stands in solidarity with the Fairplex as we work to



Los Angeles County Supervisor Hilda L. Solis at a virtual press briefing to announce the use of the Sheraton Fairplex Hotel as temporary housing for individuals who may have been ordered to isolate or quarantine by the Department of Public Health (Photo Screenshot from Virtual Press Briefing)

gether to limit the rate of infection."

The Sheraton Fairplex, a 244-room hotel, is located on the Pomona campus of Fairplex, home of the Los Angeles County Fair. Fairplex owns the hotel; Marriott International manages it as the owner of the Sheraton Hotel chain. The agreement calls for the hotel to be used by the County from March 23 to May 31, with the potential for a four-week extension. This is a part of a larger effort under way to seek out supportive housing facilities throughout the County. The

Sheraton Fairplex is the first in the County to have the entire hotel contracted out to the County for COVID-19 assistance.

Santana said this may be the most important community service role Fairplex has played in its 98-year history. "Fairplex is offering its unwavering support to Los Angeles County for its plan to provide regional accommodations for individuals who must be separated from their loved ones who have been medically directed to self-isolate," Santana said. "While this is just one element of a much broader effort at all levels of our community to help slow the spread of COVID-19, it goes to the core of what Fairplex is all about: supporting, even preserving community. And never is this more important than when the threat is greatest and we all feel challenged to think of our own needs first. Stepping outside that perspective and focusing on the broader benefit is what it means to be a community, and I'm proud of the role we will play."

Mayor Sandoval agreed with Santana. "This is about helping our neighbors, our families, our

community. This is what Pomona does, this is what we've always done," Sandoval said. "Pomona is a city with compassion."

In addition, the Fairplex Child Development Center will open its doors to the children of health care workers and first responders. Hospital personnel and law enforcement will be provided with childcare. Fairplex is currently working with Pomona Valley Hospital Medical Center to assist its staff.

President and CEO of Pomona Valley Hospital Medical Center Richard Yochum said this service will be an "immense help." "Many of our dedicated hospital associates are being pulled in competing directions - protecting public health and arranging childcare for their children who are home from school, so that they can care for our community. Childcare near the hospital will alleviate a tremendous strain on them," Yochum said. "And having the hotel beds available for medically quarantined individuals will free up hospital capacity for our most critically ill - cancer, heart, stroke and trauma patients - as well as those who may become

seriously ill from COVID-19."

This is part of LA County's commitment to comply with the County Department of Public Health's guidelines to minimize the risk of transmission. While hotel rooms will be provided on a first-come, first-served basis, the Office of Emergency Management said it will assist in housing individuals who have been medically quarantined in close proximity to their home, making the Sheraton Fairplex an option for eastern San Gabriel Valley residents facing isolation over COVID-19 concerns.

"Our County is committed to supporting our residents during this pandemic. Our mission is aligned with the County's commitment to provide service to the most vulnerable in a caring and supportive way. A clear example of this is the supportive housing solution we've developed by leveraging important partnerships - like today's agreement with the Sheraton Fairplex Hotel," said Kevin McGowan, the director of LA County's Office of Emergency Management. "We must show compassionate care, reject the urge to focus only on ourselves, and provide for those that have been impacted by this virus. We urge others in the business community to step forward and work with the County on similar temporary housing solutions across the region."

This partnership comes a day after Safer at Home Orders were issued by Gov. Gavin Newsom, LA County, and LA Mayor Eric Garcetti. The County's order called for retail stores not considered essential to close. This includes malls and shopping centers. Both the County and City orders went into effect at early morning March 20 and will last through April 19. The County order bans gatherings of 10 or more people, with few exceptions.

Please turn to SOLIS / A6

Citrus College Supports Charitable Dental Event for Veterans



Dr. Bernard Fialkoff from American Dentists Give Back to Veterans visited the Citrus College Veterans Success Center on March 13. Pictured (L-R): Maria Buffo, Dustin Glover, Dr. Maryann Tolano-Leveque, Dr. Geraldine M. Perri, Dr. Bernard Fialkoff, Dr. Martha A. McDonald and Cody Walker.

GLENDORA - In light of the recent coronavirus (COVID-19) situation, Citrus College is pleased to continue sharing great news with the community.

The Citrus College Veterans Success Center recently helped promote a charitable event aimed at providing quality dental care to veterans in the greater Los Angeles area.

The coalition of dentists advancing this initiative, American Dentists Give Back to Veterans, formed in New York City last December when Dr. Bernard Fialkoff decided to rally local dentists to provide free dental care for veterans.

The event, titled "Los Angeles Dentists Give Back to Veterans Day," took place on March 16 at 13 different den-

tal offices throughout the region. Simultaneous events also took place in 24 New York dental offices and one Atlanta dental office, for a total of 38 participating offices. It was facilitated by Citrus College Veterans Success Center Director Maria Buffo, who informed Citrus College students, as well as 13 other colleges in Southern California, of the free services.

Since December, American Dentists Give Back to Veterans has provided no-cost dental care for veterans in 30 different dental offices in four cities across the nation.

"The American Dentists Give Back to Veterans group is a way of saying thank you to those people who gave of themselves to protect our freedom," said Dr. Fialkoff. "When we look at the freedom in our great country, it behooves every citizen to help in a group effort to protect this scarce

commodity."

Majid Tabibzadeh, CEO of Viva Concepts, a marketing and advertising firm specializing in health care, and Dr. Alina Krivitsky also played an instrumental role in bringing the movement to Los Angeles.

"I am incredibly grateful to Dr. Fialkoff and the large coalition of dental professionals and businesspersons who helped make this incredibly generous project a reality for Citrus College's student veteran population, as well as so many others throughout greater Los Angeles," said Dr. Geraldine M. Perri, superintendent/president of Citrus College. "Kudos to Maria Buffo and the college's Veterans Success Center for helping other veterans learn about this great opportunity."

In early July, American Dentists Give Back to Veterans will bring the movement to Miami before expanding to other locations throughout the country.

Feeding Walnut Valley Families During COVID-19 School Closure

WALNUT - Walnut Valley USD Nutrition Services Division is ready to feed children each day during the COVID-19 school closures.

On Monday, over six hundred "grab and go" meals were distributed at Diamond Bar and Walnut High Schools. "We're passing out a breakfast and lunch item with milk, chips, juice, and fruit," explained Josette Macias, a Nutrition Services Worker, as her team met cars in front of the gymnasium at Diamond Bar High.

The free meals are available to all children under 18 years old, who must be present during pickup, for the drive-through service that runs 7:30 a.m. - 10:00 a.m. Monday through Friday.

"Yesterday we served over 300 and are expecting a lot more today," shared Walnut High staff member Ana Aguilera on March 17 as a steady stream of cars entered the staff parking lot. "We've got to take care of our kids - kids come first!" said Eva Generalao who was in kitchen helping prepare meals at 6:30 a.m.

At the end of the morning shift, over 1,800 meals, triple the number from the previous day, had been served at both high schools. "It's a good feeling because the District can share this food with our students," Aguilera said. "And the people are so ap-



Diamond Bar and Walnut High School Nutrition Services staff distribute "grab and go" meals on March 17.

preciative!" "It's nice to help at a time like this," shared Rachelle Serrano as she provided the curbside service to families.

Parents signaled the number of children in each vehicle and then staff quickly handed off the

packaged meals. Serrano also delivered something special to each car - a friendly smile, a wave, and a "have a good day!"

For more information, please visit www.walnutnutrition.org.

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The Pandemic We Never Experienced with COVID-19

The panic is in the air! We used to say “spring is in the air” around this time of the year. We all get very excited when spring is in the air, don’t we? But this year, it’s a completely different story. Most of us are overwhelmed by this crisis caused by COVID-19. The World Health Organization finally declared this outbreak a pandemic on March 11, 2020 after much hesitation and dragging delay. The agony of not knowing what’s going to happen next and the pain of thinking of the inevitable cause even more anxiety in all of us. As for the physicians, nurses and other healthcare workers, it is still business as usual yet at a neck-breaking speed and amid much chaos. The transition from regular speed of healthcare to the current speed with new changes happening every minute is not so pleasant for most of us. Yet we move on because we always think of the suffering and the relief of the healing. We generally put our lives on the line and in harm’s way when it comes to saving someone’s life and specially when it matters the most. This is one such example.

Here in the US, we are impatiently waiting for more RT-PCR test kits to arrive, so that we could test someone with fever, respiratory symptoms like dry cough, respiratory distress with or without travel and contact history and rule out COVID-19 on definitive terms. I feel that the US government and CDC have not fulfilled that requirement in a timely manner. Who knows what will happen tomorrow? We need to continue to discuss with physician leaders and nursing directors (task forces) and come up with a solid working plan as to what we need to do when more test kits are available. Where exactly are we going to take the swabs (Nasopharyngeal, oropharyngeal), sputum collection and bronchoalveolar lavages for the tests? Should we set up surge tents for testing which are known to be risky if not carried out properly? Should we have drive-through testing like some already perform around the world? If so, do all patients have private transportation in this country



Dr Deepthi Jayasekara

which is arguably the largest economy in the world? (We all know that’s not the case) If not, how do we do the testing and send them back home if stable? Do we have enough ICU beds for the most serious patients who require artificial ventilation? So many questions that define a fine line between life and death for some of them who already suffer from the infection and for some of the us who are more vulnerable than others. Some are immunocompromised due to underlying medical problems. Furthermore, we also know that the death rate escalates with age after 60 years (3.6% at 60 years, 8% at 70 years and 15% above 80 years of age). These are significant case-fatality numbers compared with other world pandemics.

Hopefully, we’ll find a vaccine and an effective medication for this in a few months’ time with over 80 clinical trials being currently conducted world-over. What if the virus mutates in the meantime? What if the virus ramp up its vigor and virulence in the southern hemisphere in the coming months which will be their autumn and winter? Are we ready for the virus to return to the Northern hemisphere next September? Will it ever happen in a seasonal pattern like influenza? So many questions, yet no one knows the right answers to any of those questions. We could only speculate at this time. The seroprevalence is usually tested by serological tests based on whether we developed antibodies

to the virus. When are we going to be ready for such testing? I know some are raising to develop such tests already. How long will such patients, who survived the infection, be immune to another COVID-19 infection? Will it be like Dengue which causes immune-augmentation of your own antibodies causing more harm and complications? The antiviral medications experimented against COVID-19 (such as Remdesivir) show a lot of potential. Do we have enough quantities of the medicine? Are they going to be effective in very sick patients? Will the virus develop resistance to them? Can we come up with chemoprophylaxis with one such antiviral medication to prevent the infection (PrEP and PEP)?

This pandemic has already caused an enormous paranoia in the minds of the speculators triggering a 23% stock market free fall last week. I know for a fact that we are more tenacious than this and we will bounce back in style in the near future. I do not think we need to do any soul searching at this juncture, but we do need to be strong and robust as a nation and as a global community. In order to make a real difference, let’s raise our voices against consumption of innocent animals like dogs, cats, civets etc who need to be loved not consumed. Those are typically domesticated animals and pet animals for most of us. Let’s be open against consumption of exotic animals and fish that we need in the universe for our own survival. Let’s minimize meat consumption and instead, encourage plant-based food consumption. Let’s continue to be thorough with hand and facial hygiene and respiratory etiquettes. Let’s be dependent less and less on China. Let’s all learn a lesson from this crisis going forward!

Dr Deepthi Jayasekara is a Consultant Infectious Diseases, Foothill ID Group, Chair Infection Control, Emanate and San Dimas Hospitals, Clinical Professor, Western and Touro University Medical Schools.

Will the FDA Find Courage in the Age of CoViD-19??

While on lockdown to save our neighbors from a lonely death from the disease called CoViD-19, many of us have turned to movies. I beg you not to rent Pandemic, Contagion, or 28 Days Later. Try Harriet instead. Harriet Tubman was the epitome of bravery and courage in the face of insurmountable odds. Her escape from slavery and returning again and again into the belly of the beast to save others should inspire us all. The health professionals working day and night to care for an ever increasing number of sick patients make me proud to be a doctor. And kudos to the grocery store workers, postal workers, police and many others who are performing essential jobs with a smile.

This is the time for positive action, not panic. For background, coronaviruses are a big family of RNA viruses named for the crown-like spikes found on their surface. They exist around the world cause mostly upper respiratory tract infections (“common colds”) in adults. This new coronavirus is in the same family as the Severe Acute Respiratory Syndrome coronavirus (SARS-CoV) identified in humans in 2002 and Middle East Respiratory Syndrome coronavirus (MERS-CoV) identified in 2012. The CoViD-19 virus is called SARS-CoV-2 for its similarity to SARS-CoV.

While scientists are furiously experimenting with possible vaccines, the virus is sprinting from country to country despite travel restrictions. There are likely among us “healthy carriers” of the virus who have no signs or symptoms of the disease but can infect others. So if CoViD-19 is here for a while, the world has to look to effective treatments of afflicted individuals today – not a year from now. Some researchers seem to have found a strong contender.

Separate studies from a major medical center in France and jointly from South Korea and China have found that inexpensive, readily available anti-malarial drugs chloroquine phosphate or hydroxychloroquine are an effective treatment. But the Federal Drug Administration (FDA) is dragging its feet despite the President’s urgings approve the drug for anti-viral use. Dr. Anthony Fauci, the director of the National Institute of Allergy and Infectious Diseases and the White House’s advisor has dismissively called the studies “anecdotal” meaning “based on or consisting of reports or observations of usually unscientific observers.”

In 2004, separately a Belgian virologist and our Centers for Disease Control and Prevention



By Marilyn M. Singleton, MD, JD

found that chloroquine inhibited SARS-CoV growth in primate cells when given before or after exposure to the virus. Human trials could not be done because thankfully the SARS epidemic had just ended. Fast forward to February 2019. In South Korea, these drugs were given by physicians and scientists in the CoViD-19 Central Clinical Task Force. These studies showed “certain curative effect” with “fairly good efficacy.” Further, patients treated with chloroquine demonstrated a better drop in fever, improvement of lung CT scan images, and required a shorter time to recover compared to parallel groups.

More promising is a study of 36 patients actively ill from CoViD-19 by a noted research team from France. Of the 20 patients treated with hydroxychloroquine alone, 70 percent had no detectable virus within 6 days; those treated with hydroxychloroquine and azithromycin (an antibiotic with some anti-viral action) had a 100 percent success rate. Yes, the study is small, but these are extraordinary times.

On March 22, Gov. Cuomo announced that the FDA is allowing New York state to start a trial of hydroxychloroquine and azithromycin. Let’s move on this!

Chloroquine and hydroxychloroquine are approved by the FDA for malaria, rheumatoid arthritis, and systemic lupus erythematosus. The FDA is well aware that physicians prescribe plenty of drugs that are “off label,” that is drugs approved by the FDA for other conditions. Indeed, one fifth of all prescriptions are off label. For example, aspirin was approved for pain relief, but had many years of off-label success for the prevention of heart attacks before the FDA finally approved the off-label

use. Mike Tyson said “we all have a plan until we are punched in the face.” FDA’s “plan” is to regulate products and promote safe and effective drugs. This is the FDA’s moment to bravely keep us safe by shifting gears and deregulating a valuable product. Pharmacists must be allowed to fill such prescriptions. Let doctors do what they do best: use their independent judgment. Let physicians consult with their patients and let them choose to take the off-label medicine, or approved anti-viral medicines that have failed against CoViD-19 in studies—or no treatment at all.

While people are struggling to pay for their next meal, we need bold action now. For 6 billion dollars all Americans could be treated—saving hundreds of billions of dollars in lost income and retirement savings.

Bayer began with donating 3 million tablets to our government. More companies are stepping up. Novartis has pledged a global donation of up to 130 million hydroxychloroquine tablets, pending regulatory approvals for COVID-19. Mylan is increasing production in West Virginia to make 50 million tablets Teva is donating 6 million tablets to hospitals around the U.S. For context, each patient treatment would use up to 14 tablets.

Do your job, FDA and protect the public. Approve hydroxychloroquine now for CoViD-19. Meanwhile, physicians may legally prescribe these drugs because they are approved for other indications.

Bio: Dr. Singleton is a board-certified anesthesiologist. She is the immediate past President of the Association of American Physicians and Surgeons (AAPS). She graduated from Stanford and earned her MD at UCSF Medical School. Dr. Singleton completed 2 years of Surgery residency at UCSF, then her Anesthesia residency at Harvard’s Beth Israel Hospital. While still working in the operating room, she attended UC Berkeley Law School, focusing on constitutional law and administrative law. She interned at the National Health Law Project and practiced insurance and health law. She teaches classes in the recognition of elder abuse and constitutional law for non-lawyers. She lives in Oakland, Ca.

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If the government declares an emergency, increasing the price of goods and services 10% or more may be price gouging.

1 BE AWARE
Price gouging is a crime.

After a disaster, price increases can occur at grocery stores, gasoline stations, housing, emergency and medical supply stores, and construction or repair services.

2 IDENTIFY
If you think a store or service provider is committing price gouging, compare prices prior to the state of emergency and in areas not affected by the disaster.

Consumers are protected from a price increase of 10% or more for 30 days on goods and services and for 180 days on contractor-related services. Keep detailed records of purchases you make during a declared emergency.

3 REPORT
If you believe you were a victim of price gouging, contact our department to file a complaint by calling (800) 593-8222 or visit us online at dcba.lacounty.gov.

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Safer at Home

You Can

- Go to the grocery store and order food delivery
- Get medication or supplies
- Go to the bank or post office
- Call a plumber, electrician, or exterminator
- Go to the gas station or auto repair shop
- Ride public transit, walk, bike, and drive

****Always practice social distancing and wash your hands**

You Can't

- Host a gathering larger than 10 people
- Hoard supplies or overbuy
- Go to a bar or club, except to take food to go
- Go to a gym, theater, bowling alley, arcade, or music venue
- Dine in at a restaurant
- Go to a playground
- Go to a nonessential retail store or mall
- Put seniors or those with underlying health conditions at risk

Kathryn BARGER

Supervisor Barger Announces “Safer At Home” Public Health Order

LOS ANGELES COUNTY - To prevent further spread of COVID-19, Supervisor Kathryn Barger, Chair of the Los Angeles County Board of Supervisors, held a press conference to announce the “Safer at Home” public health order, signed by L.A. County Health Officer Dr. Muntu Davis to take effect immediately.

Barger was joined by L.A. County Department of Public Health Director Dr. Barbara Ferrer, Los Angeles Mayor Eric Garcetti, along with Long Beach Mayor Robert Garcia and Pasadena Mayor Terry Tornek, who both have health departments in their cities.

Under the “Safer at Home” guidelines, L.A. County has directed residents to refrain from gathering in an enclosed space with more than 10 people. First responders and those in healthcare, government, food services, and other essential industries will still be on the job. The order directs business-

es deemed nonessential, such as retail stores and malls, to close temporarily.

“This is the next step in protecting our communities from the coronavirus and will have invaluable long-term effects,” Supervisor Barger said. “This order will increase social distancing while still enabling residents to shop for essential items at the market, pharmacy, and hardware store, and still be able to visit the bank or gas station.”

Barger encouraged L.A. County residents to find ways to give back, including supporting local businesses, checking in on their elderly neighbors, donating funds to local nonprofits, assembling hygiene kits

for those in need, or giving blood.

“We know this will have an impact on the social fabric of L.A. County,” Supervisor Barger said. “We still encourage people to stay connected to their community and their loved ones in creative ways and to spend much-needed time outdoors. Being Safer at Home doesn’t mean being alone—you are still an important part of your community.”

Visit lacounty.gov for more information, including updates on closures, food services, and utility relief.

The Los Angeles County Department of Public Health will continue to share updates at publichealth.lacounty.gov.

Glendora Announces All City Facility Closures

GLENDORA - Effective Wednesday, March 18, 2020 at 5:00pm, Glendora City Manager Adam Raymond, as Director of Emergency Services, has issued an order to temporarily close all remaining City facilities still open to protect the public and City staff, based on guidelines from county, state, and federal health officials advising organizations enact immediate implementation of additional community mitigation efforts to help reduce the spread of COVID-19. The temporary closure will remain in effect at least through March 31, 2020.

City staff will remain available via phone and email to assist the community. We will evaluate every opportunity increase accessibility of City services during this shutdown and will be providing ongoing up-

dates to the community for more information.

For a list of City Department phone numbers and email, visit www.CityOfGlendora.org/Contact

As the City continues to implement public safety measures, we encourage the community to remain diligent with personal steps each individual can take, including hand-washing, staying home when sick, calling your personal medical provider with any questions, and following all of the recommended social distancing guidelines issued by LA County Public Health. Links to resources for more information on COVID-19 and Public Health guidelines can be found on the City’s website at www.cityofglendora.org/covid19

California Secures Presidential Major Disaster Declaration to Support State’s COVID-19 Emergency Response

SACRAMENTO—Governor Gavin Newsom announced that President Donald Trump has approved California’s request, submitted earlier today, for a presidential Major Disaster Declaration to bolster California’s COVID-19 emergency response efforts.

“Earlier today we requested a presidential Major Disaster Declaration and this afternoon we got it,” said Governor Newsom. “The declaration will supplement our state’s comprehensive COVID-

19 surge planning and make vital resources available. We appreciate the quick response and partnership from the White House.”

The Major Disaster Declaration makes federal funding available to state, tribal and local governments for emergency protective measures, including direct federal assistance, and makes funding available for crisis counseling for impacted individuals.

The State of California and local governments have taken

extraordinary steps to protect public health in response to the COVID-19 outbreak. Last week, the Governor signed emergency legislation allocating \$1.1 billion toward the state’s response, issued a Stay at Home order, deployed the National Guard to help support food banks, and signed an executive order to prepare the health care system for a possible surge in cases. Learn more about the state’s ongoing COVID-19 emergency response here.

Supervisor Barger Signs Eviction Moratorium And Other Support For Residents And Small Businesses

LOS ANGELES COUNTY

—Supervisor Kathryn Barger, in her role as Chair of the Los Angeles County Board of Supervisors, signed an Executive Order directing County Departments to mitigate the impact of the COVID-19 emergency, including a moratorium on residential and commercial evictions. The order, signed March 19, outlines several actions the County of Los Angeles will take for the protection of life and property, and to preserve public order and safety.

The executive order places a moratorium on residential and commercial tenant evictions. This moratorium is retroactive to March 4, 2020, the date of the County’s declaration of an emergency, and will continue through May 31, 2020. The moratorium is in line with Governor Gavin Newsom’s proclamation regarding local authority to impose such restrictions. This moratorium ensures County residents are not unduly impacted in their adherence to Public Health orders issued by the Department of Pub-

lic Health.

“The Board of Supervisors is committed to protecting our constituents as this emergency continues,” Supervisor Barger said. “I am committed to ensure residents do not fall into homelessness from an inability to work and pay rent as a result of public health guidelines that limit business and retail activity.”

The moratorium only applies to unincorporated L.A. County areas and does not apply to incorporated cities. As of March 19, the cities of Los Angeles, Santa Monica, Burbank, Pasadena and six others have issued similar orders, with more forthcoming.

Additionally, the executive order asks County Departments to engage financial institutions to identify tools to provide relief from the threat of residential foreclosure and displacement, and to promote housing security and stability. Housing is a multi-part chain and the County is working to ensure all involved parties work together to prevent displacement during this crisis.

The Order also directs the creation of an emergency office, comprised of multiple County Departments, to provide rapid response and resources for small businesses impacted during the emergency. This strike team will be available via phone, web, text, and with multilingual services to assist businesses and individuals to apply for various forms of relief provided at the local, state, and federal levels, including the \$2 billion United States Small Business Administration Economic Injury Disaster Loan program.

The County is focused on ensuring the temporary impacts of this emergency do not lead to long-term impacts that contribute to homelessness, displacement, or other detriments. The order includes direction to County Departments to work with local utility companies to prevent service disconnections and asks private grocers to implement measures to prevent hoarding.

County Probation Dept Closes Facilities To Public Amid Covid-19 Pandemic

Probation Focusing on Safety of Clients, Staff and Community during Outbreak

LOS ANGELES COUNTY

—The Los Angeles County Probation Department’s Mission to “Rebuild Lives and Provide for Healthier and Safer Communities,” also includes taking necessary precautions to prevent the spread of the COVID-19 virus. Currently, there is no suspicion of a COVID-19 infection at any Probation offices or juvenile facilities.

The Los Angeles County Probation Department closed all offices to the public on Monday, March 16 until further notice. Probation is working closely with its health, justice, public safety, education and community partners to facilitate best practices to safely supervise youth and adults under supervision.

Public safety is a priority and

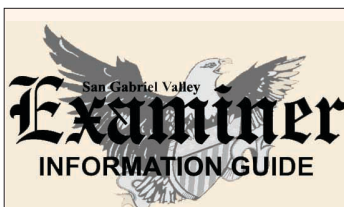
the Department will continue to maintain frequent contact with clients. Deputy Probation Officers are reaching out to their clients by phone, focusing on the highest-risk offenders. Probation is also asking clients to proactively reach out to their probation officer.

The Department is working with the courts and legal partners on methods to safely reduce the juvenile population housed at Probation facilities through strategies such as holding first time violations in abeyance. L.A. County Probation is increasing daily cleaning and sanitation at each facility in addition to posting and distributing COVID-19 related information to educate staff and youth about the virus and precautions that are being taken.

The Department is also screening all youth admitted to facilities for risk of COVID-19 infection at the time of admission. Should it be required, Probation and Juvenile Court Health Services have identified appropriate space to isolate youth with medical issues.

The Department continues to follow guidelines issued by the Department of Public Health, including the General Containment and Control of Transmission Guidelines and the Guidance for Congregate Living Facilities, in its efforts to maintain a healthy living environment for youth in its care.

For general questions, contact the Probation Information Center at 866-931-2222 Monday-Friday from 8 a.m. to 5 p.m.



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BART The BLOCKHOUND

"It has more to do with less than less to do with more"...
Bartology #032

How to Sell Your Glendora House Without An Agent And Save the Commission

GLENDORA - If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

Like other "For Sale by Owners", you'll be subjected to a hundred sales pitches from agents who will tell you how great they are and how you can't possibly sell your home by yourself. After all, without the proper information, selling a

home isn't easy. Perhaps you've had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up their dreams of selling their homes themselves. But don't give up until you've read a new report entitled "Sell Your Own Home" which has been prepared especially for homesellers like you. You'll find that selling your home by yourself is entirely possible once you understand the process.

Inside this report, you'll find 10 inside tips to selling your

home by yourself which will help you sell for the best price in the shortest amount of time. You'll find out what real estate agents don't want you to know.

To order a FREE Special Report, visit www.CAhomesinfo.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-833-818-1082 and enter 1017. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how you really can sell your home yourself.

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March Miracle: Rain And Snow Fills Water Basins

With all the stress and uncertainty COVID 19 has brought all of us, there is some good news floating around out here in California. The good news comes from AccuWeather because of the snow and rain being generated by all the recent storms here in our neck of the woods, up in Northern California and the new snow packs that have landed in our mountains. These storms are being called the March Miracle. Certainly, a good time for a miracle.



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

conditions for all the excited skiers. But as you know with COVID 19 around now the sky resorts are closed. The resorts the last couple of years have really struggled and to get a piece of this March Miracle dumped in their laps and not be able to use it for the pleasure of their customers and shore up their bank accounts must be a bit frustrating to say the least.

The Central Valley farmers were hoping to see things turn around and move forward with more water promised to them by President Trump through the Bureau of Reclamation. Reclamation provides water - that is water deemed to be the federal government's allocation of water - to the Central Valley farming communities and most of that goes through Westland Irrigation. State Water Project provides water to suburban and urban water users and for us through MWD.

The Central Valley Project includes 21 reservoirs and 500 miles of canals and aqueducts providing water to three-quarters of the irrigated land in California, and one-sixth of all U.S. irrigated land. The State Water Project serves two-thirds of all Californians, through 21 reservoirs and 662 miles of aqueducts.

Water for the Central Valley farmers is always dependent on the weather and how much rain and snow we get, but also on the continual and on-going lawsuits that are filed regularly by Attor-

ney General Becerra. Both Becerra and Gov. Newsom are still responding to the environmentalist and, as we know from past articles, will use the legal system to stop providing water to the farming communities under the guise of saving the fish and the Delta. President Trump's recent trip to Bakersfield to sign paperwork providing the farmers more water from Bureau of Reclamation, that's federal water, was met instantaneously with another lawsuit before the ink was dry on that paperwork.

Reclamation Commissioner Brenda Burman said the end of February after the President Trump's visit, "Today's allocation comes on the heels of an operations plan signed last week, underscoring the Trump administration's commitment to bringing a sustainable and reliable water supply to California's Central Valley. While that operations plan is based on the best available science and maximizes water supplies, we still face significant uncertainty due to legal challenges." At the heart of the challenge is the outdated Endangered Species Act (ESA).

While reports tell us the reservoirs are still above average, the farming communities are implementing new, conservation irrigation systems, fisheries are tying their operations to a more scientific approach, and both have embarked upon voluntary agreements that allow water sharing between farmers and the fisheries, and still we have Gov. Newsom and A.G. Becerra ready to file another lawsuit rather than get on board with new attitudes, new techniques and participate with the biological opinions created by scientists.

The Central Valley, the breadbasket not only of California but the entire country and fueling a huge part of the state budget, deserves more from this Governor than another lawsuit interfering with their ability to earn a living and produce the food supply we all depend on.

The Coronavirus Blues

The other day I saw—from ten feet away—a fellow resident of our retirement community. "John" I said (not his real name) "are you ok?" He looked terrible. "I've just got a case of the Coronavirus blues," he responded, "and day after day I'm just bored!" I must tell you that this community is usually so alive with activity nobody should be bored. I won't go into the details, but now we are shut down and everything has been canceled—and I mean everything! If boredom is a symptom of the coronavirus blues, is there a remedy? So "Dr." Bayer came up with the following three prescriptions.

BEANGRY

Donald Trump did not cause the virus, but when the nation looked to him for aggressive Presidential leadership, it got the opposite. He first called the coronavirus "a hoax." This blasphemy was echoed by "Medal of Honor" recipient Rush Limbaugh. Trump's son even opined that the whole thing was a plot hatched by the Democrats aimed at hurting his father. The Administrative unit whose role was to prepare for such an emergency quietly disappeared, and the President claimed to know nothing about its demise. Could the impending disaster been mitigated? Had Trump taken it seriously and prepared for what is now a raging firestorm we may have avoided the worst. Why were we not ready? The blame starts with the occupant of the oval office.

As the virus has subsequently infected hundreds of people and killing scores of others, Trump dismissed it as a rapidly passing inconvenience nobody should worry about. Instead of seeing it as a medical crisis, he appointed Vice President Pence to organize the response. Shaking hands with a collection of industry CEO's crowded around him, he suggested that the main problem was how it affected his roaring economy. While anger most often fails to solve anything, in this



Charles H. Bayer

case legitimate fury turned to saving the nation by focusing on November's election may be more than justified. Somebody must have recently gotten Trump's attention, and he has changed course.

GET A SCHEDULE

It is a simple matter in our retirement community to stay involved by relying on others to draft the agenda. All you need to do is copy a list of published events and opportunities others have posted. But what do you do now when you look at the published newsletter and see only one word, CANCELED? No groups, lectures, services, classes, meetings, seminars, games, concerts, service opportunities etc. I had here an easy out. For a year Wendy and I have been planning a month-long South Pacific cruise to celebrate my 90th birthday. In addition to watching the sea, I had a daily routine sketched out. I had loaded my Kindle with twenty books I wanted to read. I had purchased a traveling set of art supplies, and I had determined to refresh my German, borrowing a half dozen books from a friend. I was ready to go!—and then— while I had to cancel our cruise, my agenda was easily transferred from the "Oosterdam" to our apartment. In addition, I have had to fit in the untold hours it takes to produce these weekly offerings. My home-based schedule depends only on me. What have you planned that doesn't depend on someone else?

DO SOME GOOD

This third option will take you beyond your own needs. Again I am in the fortunate position of being part of an important social service agency (UNCOMMON GOOD) which has developed a way for us to reach out. Here is a quote from Nancy Mintie, our organization's founder and Executive Director.

I wanted to give you an update on how things are going here at Uncommon Good. We currently are offering child care for children whose schools have closed and whose parents must work. We also are helping parents who have lost their jobs to apply for unemployment insurance, though that of course is not available to families who lack documentation. Our farm program is over-run by people who are looking for an alternative to the supermarket. We continue to offer free food to our families. Our farmers are working overtime to meet the need.

Many of our families have lost their jobs due to the corona virus. Uncommon Good has set up an emergency fund for families who have become unemployed and who cannot pay their rent, utilities, or other necessities of life. There are bogus fundraising campaigns that have popped up on social media that are taking advantage of people's desire to help. So we are offering Uncommon Good as a trusted community organization to collect donations and distribute them to families in need. If you would like to help with this fund, you can donate on our website at <https://uncommongood.org/donate/>

Or you can send a check to us at the address below. If you make a donation, designate it for the emergency fund.

If you are depressed, bored or suffering from the coronavirus blues, take a hard look at the above three prescriptions.

Contact Charles Bayer at candwbayer@verizon.net

Government Closes Businesses and People are Out of Work

Well as we know, the government has closed non-essential businesses and put people out of work. This is an attempt to fight off that flu virus known as the Coronavirus (COVID-19). With the fact that there is a real health issue, it is not as bad as some of those other flu viruses that have gone around in the past.



George Ogden
That's just the way it is!

Symptoms of common human coronaviruses: runny nose, sore throat, headache, fever, cough, general feeling of being unwell. Human coronaviruses can sometimes cause lower-respiratory tract illnesses, such as pneumonia or bronchitis. This is more common in people with cardiopulmonary disease, people with weakened immune systems, infants, and older adults.

Transmission of common human coronaviruses

Common human coronaviruses usually spread from an infected person to others through the air by coughing and sneezing, close personal contact, like touching or shaking hands, touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands.

In the United States, people usually get infected with common human coronaviruses in the fall and winter, but you can get infected at any time of the year.

If you test positive, this doesn't mean you will get sick. However, if you do, it could take 2 to 3 days in most cases and in some, up to two weeks. I also received information that if you

get this virus, you won't get it again. Your immune system will prevent this.

Italy is having a real issue as this country has a high longevity rate. They have a large population of people over 80, 90 and over 100 years old. Their immune systems cannot handle this virus well. The end result for some of these folks is not good. Many have gotten sick and died. It has gone way above the average in that country.

Contact with other humans is the most common way of spreading the virus, from shaking hands to being in the "sneeze space" of other people. With this in mind, the government has passed down mandates to close businesses and facilities. This has not been done in recent history especially with the low numbers of those that have gotten ill. This will most likely cause businesses to go under as they may not ever recover from the forced closure. Many organizations that depend on rental halls like the Elks Lodge, American Legions, Veteran's Organizations like the VFW's will not recover from the closures. The panic action that has come about is felt by many to be an over-reaction, but nothing can be done about it.

The reactions from all spectrums is what it is. Unfortunately, the repercussions from the loss of work, jobs and businesses will have some people always wonder if it is really necessary being that they got through worse in the past without the government doing this to the people.

"That's Just the Way It Is!"

'TIME JOCKEY' - Doheny

By Joe Castillo

Rise to Riches... The story of Edward Laurence Doheny is as interesting as the story of Los Angeles, a city which he help build and develop. His life story ends with his funeral on September 11, 1935 but Doheny left behind a legacy which still remains today.

Doheny lived at this mansion on Chester Place in Los Angeles, a short block away from the beautiful Catholic Church of St. Vincent. His casket was carried from his home to the church where his funeral service was held with 1,200 people inside the church and 2,000 standing outside. The crowd consisted of famous politicians, businessmen and religious leaders who came to pay their final respects to a man many had heard about, few had seen and most had shunned over the past decade of his life. Eight men carried his bronze casket to St. Vincents', the church that Doheny had donated millions to make it one of the most beautiful of all the churches in the Archdiocese of Los Angeles.

Bishop John C. Cantwell presided over the funeral service and eulogized with words which defined by his generosity, appreciation of history and his undying love of his country. Doheny had lived a life of importance and wealth but his final decade tar-

nished all the goodwill he had done during his early years.

Suspected of bribing a government leader, Doheny claimed that it was only a loan to a long-time friend named Albert Fall, who also happened to be the Secretary of the Interior on President Harding's cabinet. It was claimed that Doheny's bribe of \$100,000 for oil production involved with the Elk Hills and Teapot Dome oil sites was all a misunderstanding that certainly a honorable man such as himself would never be involved with. But the disgrace that damaged his reputation would stay with him until his death.

The Los Angeles newspapers covering his funeral service, respectfully omitted any mention of the scandal and Doheny's bribery accusation. He had started his adventorous life as a young 20-year old prospector in the New Mexico Territory in 1880's. He arrived in Kingston, New Mexico seeking his wealth and fortune in silver mining but the constant raids of the Apache and Navajo warriors made it a difficult task.

Since he was a child, Doheny had developed a reputation as a mathematical wizzard. His first

entrepreneur act was to buy a herd of wild horses for only \$5.25 a head. After he broke and trained them, he sold them for a profit making \$2,000 more than he paid.

He would later join the U.S. Geographical Survey and negotiated Indian land deals. It was around the campfire that Doheny first heard stories of mining and prospecting and he calculated how much he could make. It was here in Kingston, that Doheny would meet two individuals who would later become his good friends and business partners. Charles Canfield, was a devoted family man and deeply religious but his business acumen was far beyond the usual person. Albert Fall would become a political driver and eventually be appointed to the highest government positions. Canfield, Fall and Doheny would develop a friendship that would move each to unforeseen successes which came with unexpected hazzards. ...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joecastillo@aol.com.



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Social Distancing / Families First Coronavirus Response Act

Social distancing may be an effective means for fighting Covid-19, but the practice is inconvenient and economically destructive. Behavior in almost all countries coping with the corona virus began with an attempt to carry on with life as before, but so far always migrated to social distancing. The speed of the transition has a lot to do with the speed at which a country seems to turn the corner on the disease. It remains to be seen how much the faster that happens impacts the ultimate economic impact from the Wuhan coronavirus.

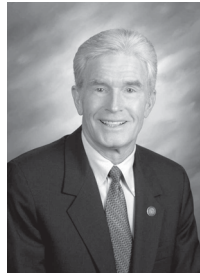
In China and later in Italy, the government downplayed risks. Restrictions on social interactions were optional and generally ignored. Early testing or distancing in China was non-existent. In Italy it seemed halfhearted. In contrast, South Korea and Japan tested aggressively and cracked down, banning movement and quarantining those exposed. The public generally cooperated.

Lackadaisical countries saw geometric progression of disease. Serious cases clogged hospitals. Even as people started practicing social distancing, the number of reported cases rose. Testing rates increased and people with the infection progress through the sometimes-long incubation period.

This virus could bankrupt more people than it kills. Social distancing hurts service companies, especially those reliant on travel, tourism, and crowded spaces. Most large companies can ride it out. Smaller ones will struggle. The Fed (last Sunday!) cut rates to the effective (lower bound) rate of zero, and initiated an "at least" \$700bn QE program over the weekend. They made the move after cancelling their regular March 17-18 FOMC meeting.

Anyone curious why the Fed cut (when US data was solid un-

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

til now) need look no further than the most recent numbers out of China. January-February retail sales fell 20.5% year-on-year. Industrial production, also January-February, fell 13.5%. Fixed-asset investment (ex-rural) fell 24.5%. Infrastructure investment fell 30.3%. None of these questionable measures has ever fallen before in China. The admitted jobless rate spiked from 5.2% to 6.2%.

The goal of stimulus is to keep the financial system functional through a severe, global supply and demand shock. No central banker thinks monetary policy will forestall a recession.

The most likely economic outcome for the USA is a sharp reduction in economic activity for a couple of months, followed by a recovery. It may not be V-shaped because too many people will be recovering from a few months of lost or diminished income. The prospect of more months to come with unemployment rate rises as businesses fail is concerning.

Markets have whipsawed. The global drop in stocks is as big as in the first 150 days of 2008-09, but in a fraction of the time. There are two positive aspects to that ominous development: 1. No one knows the eventual outcome, but traders nevertheless priced in disaster. Anything less than disaster, therefore, will spark a rally. 2. Unlike 2008-09, when the world watched a slow-motion toppling of financial dominoes, this event should play out in

months, not years.

Some needed good news did arrive for the USA on March 18th, when President Trump signed the FAMILIES FIRST CORONAVIRUS RESPONSE ACT! This act requires Covid-19 related minimum paid sick leave and FMLA leave for employers with up to 500 employees (among other measures). Most importantly a government credit offsets 100% of the employer cost for providing the mandated leave (up to stated maximums).

Interestingly, paid sick leave would be available to workers who (1) Are or may be sick with COVID-19, (2) Have to care for a family member with the illness, or (3) Have a child whose school or child care facility is closed due to the illness. Benefits under this law expire 12-31-20. The federal credit also offsets (uncapped) the employer contribution for health insurance premiums for the period of the employee's leave. This action follows several other pieces of guidance released by the Trump Administration. This Families First ACT will be beneficial to smaller businesses as well as to their employees.

If you find yourself watching your portfolio, sit back, take a deep breath, and focus on the bigger picture. Markets have been disorderly; markets will likely remain disorderly. After all, it is nearly impossible to formulate a precise forecast of what is going to happen.

Discipline is the essential element of any strategy in this environment. Allow some cash to accumulate if it makes you more comfortable, but not too much. Reinvest the rest in the USA!

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments :
kenherman46@hotmail.com

Your Money - Ask Julia

What's happening in Real Estate and Mortgages?

Because mortgage interest rates are still low, many homeowners are refinancing rather than selling. Many lenders raised their rates in order to slow the number of refi applications. In an attempt to avoid repeating a housing crash, lenders are concerned about borrowers being able to afford their payments if there's a loss of employment, or if we have a period of inflation. (See next question below.) Realtors are seeing sellers remove their homes from the market because they do not want potential Covid-19 exposure from buyers, appraisers, and inspectors. When you buy, or sell a property, you sign documents at an escrow company, or in the presence of a Notary. These face-to-face meetings are probably considered unnecessary during the quarantine. Fewer individuals involved in a real estate transaction want to risk exposure to Covid-19. The increase in real estate transactions that typically occurs each Spring is being forecast to be delayed until late summer or early fall.

Are we headed for a recession? Are we going into a period of inflation?

The GDP (Gross Domestic Product growth) must decline for 2 or more successive quarters in order to be labeled an official recession. There are basically 2 types of inflation: demand-pull inflation, and hyper-inflation. Demand-pull inflation happens when there is a rise in prices due to more demand, and not enough



Julia Yoder

supply. Hyper-inflation is when prices rise due to printing money. Historically, this has happened in several countries. In the U.S., the Treasury prints money, and the Federal Reserve Bank controls the interest rate it charges banks. To avoid hyper-inflation, the Fed can also increase the Reserve Requirements (the amount of money a bank must hold in order to pay their debts and cover withdrawals). In response, banks tighten the amount of money available for loans to consumers and businesses, and raise interest rates on variable interest products (credit cards, adjustable-rate mortgages, car loans, etc.).

What taxes would I have to pay if I flip real estate?

When you buy a home, fix it, and sell it, you will have to pay taxes based on the amount of time you held onto this asset. If you hold onto it for a year or less, you're going to be taxed on your short-term gains at ordinary income-tax rates. If you hold this asset for more than a year, you're going to be taxed at the long-term capital gains rate. If you "flip"

real estate too frequently, you are considered "in business" - opening a whole different set of rules. You can defer tax on your real estate gain by exchanging it for another property, known as a like-kind, or Section 1031 exchange. This must be clearly stated in escrow. You can do unlimited 1031 exchanges your whole life.

Is it better to go to my bank for a home loan? Or is it better to use a mortgage broker?

Bank loan originators are only able to offer limited loan products they have in-house, often charge higher rates, higher fees, and are slower to adapt to change due to large organizational operations. An independent mortgage professional is a licensed mortgage expert (consistently undergoing continuous training), specializes in mortgages only, partners with several lenders to offer multiple loan products giving you more options, often offers lower rates and cheaper costs due to less overhead, and adapts to industry changes quickly. Findamortgagebroker.com is there to help. (I'm not affiliated.)

Ask Julia by email:
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2020 Acura Grand Prix Of Long Beach Cancelled

Ticket Credit/Refund Policy Announced

LONG BEACH - The Grand Prix Association of Long Beach today announced that it will not be able to conduct the 2020 Acura Grand Prix of Long Beach at a date later in the year.

The Grand Prix Association also announced a ticket credit/refund policy for 2020 Acura Grand Prix ticket holders.

"Over the past few days, we have actively pursued the possibility of rescheduling the Acura Grand Prix to a later date this year with the City of Long Beach, the Convention Center, the NTT INDYCAR SERIES, IMSA WeatherTech SportsCar Championship and our other race sanctioning bodies," said Jim Michaelian,

president and CEO of the Grand Prix Association. "We are very disappointed that we were unable to put something together for all our loyal fans and valued clients, but trying to reassemble all the elements that have made the Long Beach event such a success does not appear feasible for 2020. As a result, our attention will now be focused on planning the 46th Acura Grand Prix of Long Beach on April 16-18, 2021."

With the Acura Grand Prix unable to be conducted, the following two options will be offered to 2020 ticket holders:

The first option allows ticket holders to receive a credit for

tickets purchased which will apply to the same level of admission to the 2021 Acura Grand Prix of Long Beach event. The credit will come with a Price Protection Plan which will not only protect them against any price increase for the 2021 Acura Grand Prix but also guarantee they can purchase the same level of ticket for the 2022 event at the 2020 price.

The second option gives ticket holders a full refund (less the processing fee) by April 30, 2020.

The 2021 Acura Grand Prix of Long Beach will take place April 16-18.



THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

Interesting, Fun Car Facts

- It takes about 25 hours to build a car, a whopping 10 hours of that 25 is spent painting the car.
- Car dashboards were originally designed to prevent mud from splattering the driver of a horse-drawn carriage.
- The first auto insurance policy was purchased in 1897 in Westfield Mass.
- The first car radio was invented by Paul Gavin.
- After being used in the movie "Gone in 60 Seconds," the 1967 Shelby Mustang GT-500 was one of the most famous cars ever.
- The first speeding ticket was issued in 1902.
- Mr. Allen Swift of Springfield, Mass. drove his 1928 Rolls Royce Roadster for 82 years.
- The first coin operated park-

ing meter was installed in Oklahoma City in 1935.

- The world's record for people crammed in a Smart car is 19.
- The "new car smell" is composed of 50 volatile organic compounds. Fortunately, they are not toxic.
- A modern, fuel-injected vehicle, with all of its ABS and Traction control options disabled, can drive upside down in a tunnel after reaching 120mph.
- Steve Jobs found a loophole in California law and never had a license plate issued to him.
- According to a probably apocryphal urban legend, none other than Mr. Rogers once had his car stolen. After the theft was reported on the news, the thieves returned the vehicle with a message: "Sorry, we didn't know it was

yours."

• Manufactured by American toymaker Little Tikes, these plastic, red-and-yellow cars have proven enormously popular since their introduction in 1979. Described as a cross between a "Volkswagen Beetle and a Fred Flintstone car," the Coupe is powered by a toddler's own feet. For many years, the Cozy Coupe was the bestselling car in America, outselling such perennially popular models as the Ford F-Series pickup and the Honda Accord.

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A Spring Cleaning To-Do List

Spring cleaning often lands in a perfect spot on the calendar to serve as an annual reminder of your regular home maintenance to-do list. Keep this checklist from Kidde in mind this spring:

- Change Appliance Filters**
It might be easier to remember to swap out HVAC filters, but don't forget other appliances like water filters, air purifiers, drain pumps and more.
- Check Smoke and Carbon Monoxide Alarms**
Smoke alarms should be replaced every 10 years and carbon monoxide alarms at least every 10 years, but check your model guide to be sure. For optimal protection, consider an option like Kidde's Wire-Free Interconnected Alarms with built-in 10-year sealed batteries.
- Clear Exterior Vents of Debris**
Reduce the risk of a fire or carbon monoxide leak by cleaning out dryer venting along with vents from stoves, furnaces and fireplaces.

Find more spring safety information at kidde.com/home-safety 

Around the Valley & Senior News

California Grocers Association Urges Restraint When Grocery Shopping

SACRAMENTO—The California Grocers Association is asking Californians not to engage in overbuying when grocery shopping due to the tremendous strain it places on the grocery supply chain.

We want to assure customers that the supply chain is healthy and there is enough for all. But with the increased demand, the grocery stores need a chance to catch up to restock the shelves.

We encourage consumers to remain calm and exercise sensibility when shopping. Overbuying is a concern as a customer who buys more than they need could prevent another customer's preparation.

COVID-19 has caused demand to surge for a number of grocery items. The demand for some products has made it a challenge to distribute goods and restock shelves as quickly as consumers



are purchasing them. In response, California's grocery industry is working double-time to meet the needs of consumers, with many grocery stores restocking items multiple times each day.

We express appreciation to the thousands of dedicated grocery employees that continue to go to work every day, despite the many challenges created by COVID-19. Grocery employees and their families are another impor-

tant consideration, and we understand they will need additional flexibility to take care of themselves and their loved ones.

Because of wildfires, earthquakes, and other incidents, stores already have contingency plans in place to deal with reduced employee numbers in case of disasters. Regardless of the number of employees available, grocers will continue to serve their local communities.

As the situation progresses, grocers continue to monitor product availability up and down the supply chain. Rest assured, the supply chain is healthy and there is enough product for all.

During these uncertain times, it's important our communities remember we are in this together — customer and employee safety is paramount to ensuring Californians can access the products they need.

Citrus College Campus Closed, Students Receive Instruction Remotely

GLENDORA - While there are no confirmed cases of COVID-19 at Citrus College, out of an abundance of caution, college administrators made the difficult decision to transition courses to remote delivery of instruction, and to have college employees work remotely beginning March 18.

The changes have been challenging to implement, but the college has been working tirelessly to reinstate a level of nor-

malcy for its students and provide academic continuity. The college believes providing highly structured and intentional coursework during this unprecedented crisis allows students to focus on positive material while also advancing their academic careers.

"I am proud of the manner in which the college's students, faculty, staff and alumni have adapted to this extraordinary situa-

tion," said Dr. Geraldine M. Perri, superintendent/president of Citrus College. "Their positive attitudes are a testament to the collaborative spirit of Citrus College."

The college is closely monitoring the COVID-19 outbreak and will continue to take all steps to ensure the safety of its constituent groups. For updates, please visit www.citruscollege.edu/covid19.

Honor Flight Southland Trip Suspension

On March 11, 2020, all 125 Honor Flight Hubs throughout the United States were informed by the central Honor Flight Network that a mandatory suspension is required for all Honor Flight trips from now until at least April 30, 2020. The Honor Flight Southland trips honor our military veterans living in Los Angeles, Orange and Riverside Counties with travel to key memorials and other sites in the Washington D.C. area. This suspension decision by the Honor Flight Network is responsive to the Centers for Disease Control and Prevention (CDC) and the U.S. Department of Health and Human Services recently issued advisories regarding the serious

nature of the public health threat posed by novel coronavirus (COVID-19). We are advised that older adults and all other Honor Flight trip participants are at risk of infection and should avoid non-essential travel. This suspension is effective immediately for all Honor Flight trips throughout the country and will impact our planned Honor Flight Southland Mission #11 on April 24, 24 and 26, 2020.

Honor Flight Southland's Board of Directors and the National Honor Flight Board will continue monitoring guidance from the CDC and other health authorities to determine if this mandatory suspension of Honor Flight trips will be further ex-

tended.

Honor Flight Mission trips honor our military veterans and include close contact with frequent handshakes and hugs by appreciative Americans. Although this admiration is always welcomed and important, such contact is currently not advised to avoid possible infection. The decision to suspend all Honor Flight travel has not been made lightly by the Honor Flight Network and Honor Flight Southland. While honoring our veterans, we prioritize their health and safety along with the health and safety of their supporting Guardians and all other Honor Flight Southland trip participants.

West Covina High School COVID-19 Case is a Teacher

By George Ogden
WEST COVINA - Information had been released that an individual had tested positive for COVID-19 was someone from West Covina High School. Information wasn't clear and speculation was that it was a student. The school district released information that it is a teacher and not a student. The West Covina Unified School District clarified this on Monday, March 16.

Parents were notified on Sunday, and identified the infected person as an "individual." On

Monday, parents received a call from West Covina Unified, letting them know that this person was a teacher and not a student. It is believed that the teacher tested positive after leaving the school with a fever.

The schools are closed under "dismissal status" - meaning campuses were closed to students but open to teachers and staff last Friday, but changed the status Sunday to, closed to all, according to the Superintendent.

The district is not disclosing any information about the

teacher.

The teacher went to the doctor and that teacher got the test results back and that teacher notified the school district that the test results showed positive for the coronavirus. The school district acted quickly making notifications.

As of this writing, the teacher's is doing well. The virus symptoms are like the flu or cold and last two or three days, however, in some cases, two weeks. There are a few cases that go critical and can be life threatening.

Scheduled Power Outage Called Off

By George Ogden
WEST COVINA - West Covina residents were concerned with the notification the Southern California Edison was planning a power outage on March 22. Concerned citizens went as far as contacting West Covina Mayor Wu. Edison reversed their plan and canceled the scheduled maintenance outage planned for Sunday, March 22 in a West Covina neighborhood. Many residents felt that this was hor-

rible timing under the existing circumstances.

Edison planned to replace poles for "high fire compliance ... to minimize any risk factor to the public and of course maintain SCE infrastructure." This would have cut off power to 50 homes.

West Covina residents were afraid to go dark given their need for internet, medical devices and refrigerators.

Wu was adamant about his

feelings on the timing of these replacement poles. Both Wu and City Manager David Carmany, contacted SCE to see if the utility could halt or postpone the scheduled maintenance. SCE would continue with its plan at that time, reducing the number of homes affected from 400 to 50.

Wu was contacted on Friday, March 20 by SCE, and they said the whole project is called off.

Arcadia's Senior Meal Resources

ARCADIA - During these uncharted events of COVID-19, the Arcadia Recreation and Community Service Department has been providing wellness phone calls to ensure the health, safety, and well-being of our Senior Population. We encourage you to reach out to a senior in our community. Seniors who are alone or homebound may appreciate any type of support whether it be a simple phone call or a shop and

drop of essential items at their door. Please remember not to have direct contact with others and practice social distancing. Below are a few resources for Seniors. Please share them!

Senior Meal Distribution List
San Gabriel Valley Service Center- Emergency Food Assistance Program. Call to schedule an appointment, 626.575.5431, M-F, 8am-5pm.
Foothill Unity Food Distri-

buton Drive Thru - 790 West Chestnut Ave, Monrovia, CA 91016. Please call 626.358.3486 for distribution dates and times. Delivery is available to those homebound.

Senior Grab and Go Meals by Workforce Development Aging & Community Service, 60 years+, Call 626.214.9463 for pick up locations and times. Delivery is available to those homebound.

Arcadia Transit Dial-A-Ride Temporary Modifications

ARCADIA - The City of Arcadia is offering transit assistance to our senior/disabled riders who are self-isolating, and who may need help with sustaining for the long run. To ease the hardship, the Dial-A-Ride policy has been temporarily modified to allow caregivers of our registered riders to use Dial-A-Ride to do essential errands for them. In order to make sure we are serving the right people, we are putting the following process in place:

1. Caregiver must be asso-

ciated with a registered rider
2. Reservations must be made by a registered rider
3. The trips must originate from and return to the registered rider's residence
4. Registered rider must provide the name of the caregiver
5. Caregiver to provide ID and the name on ID must match with the name given by the registered rider
6. Caregivers may ride free of charge
7. This modification is temporary and will cease when the

City deems no longer warranted

8. All other rules remain unchanged

If not yet registered, a Dial-A-Ride application must be completed and submitted with required documents. To expedite the process, applications can be emailed to Alana Bautista at aboutista@ArcadiaCA.gov. To request a ride on Arcadia Transit Dial-A-Ride, call (626) 445-2211 (TDD users call (626) 445-2522).

Man Found Dead on Arrow Highway near Santa Fe Dam

By George Ogden

IRWINDALE - The Irwindale police department responded to the 15000 block of Arrow Highway to reports of a man down on Sat. March 21 around 5:30 p.m. When they arrived in the area, they found the victim and attempted to revive him, however, he was pronounced dead at the

scene.

Irwindale police contacted the Sheriff's homicide detectives to assist them in a death investigation. He was actually found in an unincorporated area near Baldwin Park. The location was next to the Santa Fe Dam Recreation Area.

The circumstances surround-

ing the death has not been released nor was his name. It was withheld pending notification of next of kin.

The Sheriff's department is requesting anyone who may have seen something to contact them or the Irwindale police department.

Solis

Continued from / Front Page

"I want to thank the Fairplex and the Sheraton for stepping up and helping us in our efforts to mitigate this virus," said Supervisor Barger. "The proposed quarantine site will help keep our communities safe as we continue to increase our efforts to practice social distancing."

Public health officials will determine who will be referred to the Fairplex for quarantine.

"Social distancing remains the best and most effective tool to slow the spread of COVID-19," said Barbara Ferrer PhD, MPH, MEd, Director of Public Health. "As every County department is responding to this pandemic, it is encouraging to see local partners such as the Sheraton Fairplex Hotel step up to do what they can to protect residents. This effort will likely take several months, so every single one of us must remember that we are all in this together and we must all do our part."

"Marriott International is working directly with Governor Gavin Newsom's Office of Emergency Services to make some of our properties available to support California's efforts to stem the spread of COVID-19,"

said Allison Sitch, vice president of public relations for Marriott International. "We recognize these are unprecedented times that require different actions and solutions. We intend on cooperating with the Governor on the state's response."

Santana acknowledged that there will be some push back on the decision. "Sadly, some may criticize the plan as inappropriate for our neighborhood. Nothing could be further from the truth. Indeed, it is representative of all that is good about our community," he added.

Fairplex also is working with the nonprofit La Verne-based food bank Sowing Seeds for Life to operate a drive-thru food pantry in the Fairplex parking lot off Gate 15 on the La Verne side of the campus. It will be open from 9 a.m. to 1 p.m. every first and third Wednesday of the month starting April 1. ID will be required. The pantry will be available to all residents of LA County.

To learn more about the County's response to the coronavirus outbreak, visit lacounty.gov/covid19/.

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Coronavirus Kills Man from Glendora

By George Ogden

GLENDORA - A Glendora resident, Jeffrey Ghazarian, 34, died in a Pasadena hospital Thursday morning, March 19. Huntington Hospital in Pasadena confirmed that a patient was infected with COVID-19 had died there Thursday. The hospital at that time did not release his name or where he was from. Since then, the information has been released.

This makes the 2nd death that is coronavirus-related in L.A. County and both deaths occurred in the San Gabriel Valley. The first was a woman who had recently come from South Korea and was visiting family in Walnut. She was taken to Pomona Valley Hospital Medical Center.

According to family postings on Facebook, Jeffrey went to Orlando, FL from L.A. at the beginning of the month. While there he became sick after a



Jeffrey Ghazarian

week and flew back to L.A. and was admitted to the hospital and was being treated for pneumonia. He was tested for the virus and he came up positive and the hospital initiated protocol to treat the virus. He had taken a turn for the worse, but then with certain medications to fight off the virus, things started to look good and

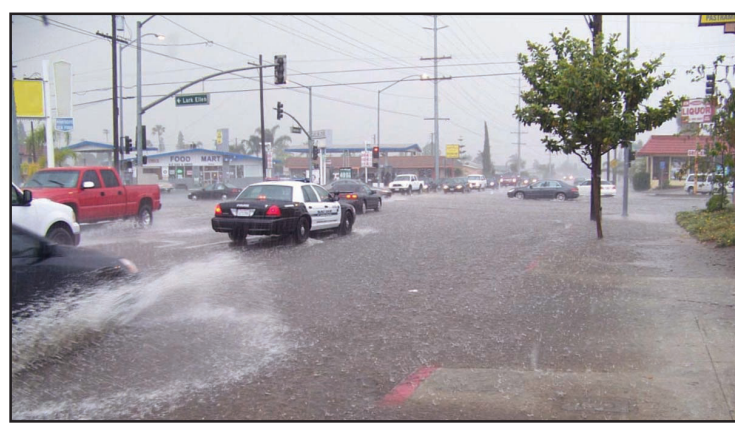
he started to improve. A day before he passed, things were looking better, then all of a sudden, he took a horrible turn for the worse. The hospital staff could not save him. Hospital staff were taken back by his death as they thought he was winning the battle. This was shocking for his family and friends, as this was certainly not expected.

Rain Hits the Valley Causing Flooded Streets and Accidents

By George Ogden

AZUSA - The rains hit Southern California area and proceeded to flood some areas and cause accidents. While there is basically a lock-down to keep people in their homes while they work on COVID-19, people still hit the streets. It seems the freeways are relatively clear of traffic allowing people to think that they could drive a little faster thus, there were a few accidents on the freeway. Not only on the freeway, but in the city streets as well. There were a number of accidents that were reported.

Also, there have been some reports of power failures and trees and/or tree limbs down in the roadway. Law enforcement agencies are asking people to use caution if you have to get out and do something. Be safe.



Rain flood a lot of area as shown here at the intersection of Lark Ellen and Gladstone in Azusa.

Temple City High School Class of 1970 50th Reunion Announcement

The class of 1970 is proud to announce plans for their 50th reunion celebration on the weekend of **September 18 and 19, 2020.**

The festivities start with a golf tournament at Santa Anita Golf Course on Friday, September 18, followed by a cocktail party that night at our host hotel, The Doubletree Hotel in Monrovia. On Saturday night, cocktails, dinner and dancing, will be in the Director's Room at Santa Anita Race Track. The room, with a fascinating storied history, has a balcony with

beautiful views of the San Gabriel Mountains.

The golf tournament and cocktail party on Friday is open to all TCHS alumni. The Saturday night event is just for graduates of the class of 1970 and their partners/guests.

For more information please contact tchs50threunion@gmail.com.

Our Facebook page is "Temple City High School Class of 1970 Reunion": <https://www.facebook.com/groups/152660578701309/>

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Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. We request that articles be in Word format while photos be in jpeg.

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GRAB-N-GO MEALS

Learn more at: www.duarteusd.org

Duarte Unified School District is offering free meals for children 18 and under using a drive-thru and walk-up service. Two meals will be provided daily that include lunch for that day and breakfast for the following day. Both meals will consist of an entrée, fruit/vegetable, and milk.

Dates: March 23, 2020 - April 3, 2020
Days: Monday - Friday (Daily)
Times: 9:00 a.m. to 11:00 a.m.

Drive-thru and walk-up meal service will be available at three locations:

- Andres Duarte Arts Academy**
1433 Crestfield Drive, Duarte, CA 91010
- Maxwell Academy - IB World School**
733 Euclid Avenue, Duarte, CA 91010
- Royal Oaks STEAM Academy**
2499 Royal Oaks Drive, Bradbury, CA 91008

Please be aware that there is no need for any numbers or names to be given. It is preferred that the children be present to receive their meals, but it is not necessary, especially if they are sick. Also, walk-up service will be offered, but we ask that meals are not eaten on the premises per the "social distancing" protocols we are following to limit group gatherings.



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| STATER BROS. markets STARTING WEDNESDAY MARCH 18TH 7:45 AM - 8 AM SENIORS 65+ DISABLED | Smart & Final STARTING WEDNESDAY MARCH 18TH 7:30 AM - 8 AM SENIORS 65+ DISABLED | Albertain's Companies TUESDAYS & THURSDAYS 7 AM - 9 AM SENIORS 65+ <small>*CHECK THE STORES FOR PAVILIONS, SAFEWAY & VONS FOR THEIR HOURS*</small> | TARGET WEDNESDAY MORNINGS ONLY 8 AM - 9 AM SENIORS 65+ THOSE WITH MEDICAL CONDITIONS | WHOLE FOODS MARKET STARTING WEDNESDAY MARCH 18TH 7 AM - 8 AM SENIORS 60+ |

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EFFECTIVE IMMEDIATELY

There will be **NO citywide overnight parking enforcement in response to the current situation involving the Coronavirus disease (COVID-19)**

We will likely resume overnight parking enforcement on **Monday, May 4 at 2:00am**
We will update the community if this date should need to be altered.

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Graduate Nursing Students Sooner And Safer - Using Patient Simulators Could Help

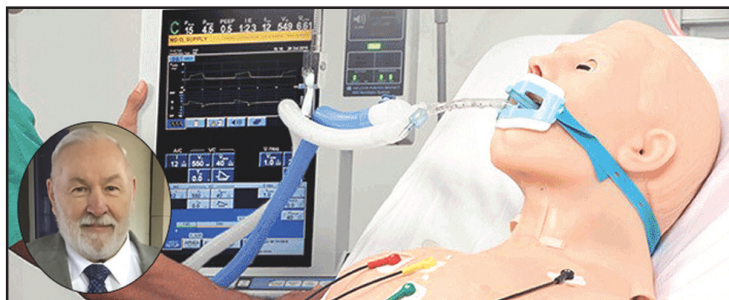
By Dr. Edward C. Ortell
Citrus College Governing Board Member

The Coronavirus pandemic has created a paradoxical situation for nursing students. Never in our nation's history has there been a greater demand for highly trained nursing professionals. At the same time, a growing number of California hospitals-including some in our area-are discontinuing clinical rotations that nursing students are required to do by law.

Currently, nursing students must do 75 percent of their clinical training in a hospital or nursing home. Protecting patients, students and nursing faculty from acquiring or spreading COVID-19, however, has become a paramount concern, thus the rationale for eliminating onsite clinical training.

But, is there an alternative that would allow students to continue their clinical training while at the same time reducing contact between them and their human patients?

Patient simulators could be the answer. These life-like, anatomically correct mannequins have been used for healthcare education in our country for more than 40



Dr. Edward C. Ortell, Citrus College Governing Board Member; nursing student trains with patient simulator (courtesy photo)

years. Today's state-of-the-art human simulators are computer driven, have physiologic responses mimicking human patients and are available in adult and pediatric versions. "High fidelity"-or high quality-human simulators provide realistic and safe experiential learning. More importantly, patient simulators are considered to be an excellent teaching modality by such notable professional nursing organizations as the National Council of State Boards of Nursing and the National League for Nursing (NLN).

Recently, community colleges from throughout California co-signed a letter to the state Board of Registered Nursing requesting that the percentage of human simulators allowed for clinical training be temporarily raised from 25 to 50 percent. The letter cited

some of the devastating effects of the loss of onsite clinical hours on students, such as the loss of veterans' benefits and other financial aid. The letter stated, "Our desire is that students will complete their programs of study successfully and on time so that they can transition to the workforce immediately."

The NLN supports the use of simulation-based education to achieve specific clinical goals, and it has endorsed study findings that conclude that simulation can be substituted for up to 50 percent of traditional clinical experience.

In addition to the imminent threat of a nursing shortage posed by the coronavirus, California will need to address a significant shortage of qualified nurses in the next few years. It's time to listen to the experts in nursing education and keep nursing students on track to graduate sooner through increased use of patient simulators.

About the Author:
Dr. Edward C. Ortell is the senior governing board member at Citrus College and a Professor Emeritus at Pasadena City College. He has served on the California Community College Trustees (CCCT) state board of directors and 11 terms as president of the Citrus College Board of Trustees.

Chinese Mode Of Controlling COVID-19 A Global Highlight

The rest of the world urged to take quick response to prioritize citizens' health

by Steve Kwang

Top Chinese epidemiologist Zhong Nanshan announced on March 12 that China has passed the peak of COVID-19 epidemic while the WHO declared the novel coronavirus a global pandemic. Chinese experience of preventing and controlling the deadly disease came into limelight.

As of March 12, there were 80,813 confirmed covid-19 cases and 3,176 deaths on Chinese mainland. On March 12, there were only 8 new confirmed cases reported. Among them, five are reported in Wuhan and three are imported cases from the UK, the US and Italy. Out of China, 45,965 confirmed cases and 1,801 deaths were reported as of March 12.

WTO expert Bruce Aylward claimed that he would choose to be treated in China if he caught COVID-19 after he inspected the fight against the coronavirus in several Chinese provinces including Hubei where the outbreak first occurred and is the hardest-hit place in China.

Aylward represents the mainstream voices in the world that have witnessed, observed and studied what the Chinese government and Chinese medical professionals and the general public have done in the past two months.

Different voices can also be heard that criticized China didn't take action at the early stage when the COVID-19 appeared in November and December in Wuhan, capital of Hubei Province. The public worldwide has discovered that it's always easier to finger point others as far as an unprecedented pandemic is concerned. Many more countries had the similar reaction as China when the first batch of coronavirus cases emerged on their land.

Luckily, Chinese government took a series of actions to prevent and control the spread and transmission of the virus starting January, 2020, which is now

called "effective Chinese mode" that is promoted and copied by countries including Italy, Iran and South Korea.

Based on media reports and medical professionals' information sharing, the Chinese experiences can be highlighted in the following categories.

First, the citizens' life and health are put above the economic development in China. Chinese central government made very bold decision to lockdown the city of Wuhan first and then the whole Hubei Province after top epidemiologists as Zhong Nanshan and Li Lanjuan discovered that human to human infections were revealed and Wuhan happened to be place where cluster infections were reported.

In this lockdown measurement, possible coronavirus carriers are confined in the city thus there won't be uncontrollable number of new infections all over China. It doesn't mean that Wuhan and Hubei were abandoned by the country. On the contrary, more than 40,000 medical experts in infectious, ICU, respiratory and epidemiological fields were sent to Hubei from other provinces including Beijing and Shanghai. It's the joint efforts of all forces that made the successful Chinese mode to curb the disease.

Second, Chinese people can sacrifice personal interests to national interests when needed. Collectivism spirits were deep rooted among Chinese people. Wuhan and Hubei residents are called combatant people in the fight against the coronavirus. To better protect themselves and others, more than 5 million people have stayed in the city to undergo self-isolation since January 23. They must have experi-

enced panic and other psychological fears, but the whole city made it happen and finally the virus is under control. They won't wait too long to be free again.

Third, Inter-departmental cooperation from the central government level to grassroots community level can be effectively executed under the leadership of the Communist Party of China. It's something like a miracle that with a population of more than 1.4 billion citizens, policies from Beijing can be implemented to all of the 31 provinces, municipalities and autonomous regions. It's the combination of macro policy with precision approaches that guaranteed the unified command.

Fourth, Chinese medical professionals both in West medicine and Traditional Chinese Medicine are now powerful and confident in treating patients. Zhang Wenhong, the outspoken Shanghai COVID-19 medical team leader unexpectedly became an internet celebrity during the nationwide fight against COVID-19 said more than once that it's the joint efforts by doctors and nurses in different departments from all hospitals that made the situation under control. Once the problem is solved in China, the lessons and experiences gained should help the rest of the world.

China just sent a nine-expert medical team and 31 tons of medical supplies to Italy on March 12 to help the European country to fight against coronavirus. Before that, medical experts had been sent to Iran and South Korea. Under the globalization background, the international community have to join hands to face the common challenge. China can and is willing to play an important role.

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