



# San Gabriel Valley Examiner

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Nov 26 - Dec 2, 2020

## INSIDE



Tighter Restrictions / A3

## VP of Academic Affairs



Dr. Joumana McGowan / A7

### INDEX

Commentary	A4
Financial/Consumer	A5
Legal Notices	B1
City Notices	B14

# Centerplate Prepared Turkeys for Union Station Homeless Services Thanksgiving Dinner

This Marks the 7th Year the Food and Beverage Provider Has Participated in the Holiday Tradition

PASADENA - Pasadena Center Operating Company, Centerplate, city officials, and volunteers prepared over 250 turkeys at the Pasadena Convention which will feed over two thousand families for Union Station Homeless Services Thanksgiving Dinner.

An annual Thanksgiving dinner hosted by a Pasadena-based homeless services provider will celebrate its 50th anniversary this year. "While this year might bring unique methods of celebrating Thanksgiving, there still is one distinct purpose: to feed those in need with a full holiday meal," Union Station Homeless Services said in a statement.

The event began when a group of volunteers from the All Saints Church in Pasadena gathered to organize their first dinner and form the first incarnation of the Union Station Homeless Service. Since then, dinners have been held annually at Central Park's Christmas and Thanksgiving, an expression of compassion and care for those who would otherwise not be able to enjoy such a holiday meal.



Pasadena Mayor-Elect Victor Gordo; Pasadena Vice Mayor Tyron Hampton; Pasadena Convention & Visitors Bureau Executive Director Jeanne Goldschmidt, Union Station Homeless Services CEO Anne Miskey; and Pasadena Center Operating Company CEO Michael Ross carve turkeys that were cooked by Centerplate at the Pasadena Convention Center that will feed 2,000 people during the Union Station Homeless Services Thanksgiving Dinner.

The annual Union Station Homeless Services Thanksgiving Dinner event traditionally feeds over two thousand people in a large celebratory gathering thanks to the help of volunteers and generous key partners. This year strict adherence to COVID-19 public health orders will be observed. Some dinners

and dinner kits with all the fixings will be handed out in advance, while smaller, private dinners will be held the day

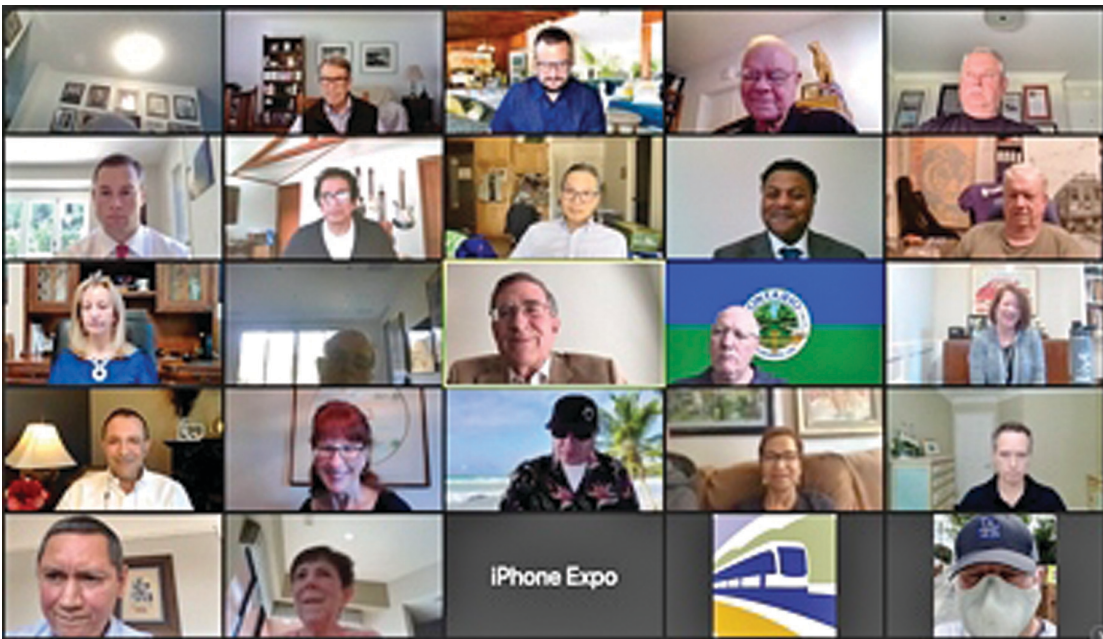
before Thanksgiving at multiple centers serving homeless individuals.

"It has been an honor for

the Pasadena Convention Center and Centerplate to donate resources in order to help make Union Station Homeless Services Dinner in the Park a success," said Michael Ross, CEO of the Pasadena Center Operating Company. "We are grateful for the services and meals they offer and are pleased to participate, for the seventh time, in such a giving cause especially during this difficult time."

"We received so many in-kind donations from members of the community and were very lucky to collect stuffing, boxes of mashed potatoes, cranberry sauce and cans of corn," Amanda Green, Senior Director of Union Station said. "We partnered with the center plate of the Pasadena Convention Center to help cook all 250 turkeys, and there are also key volunteers to help with the kitchen staff."

## Foothill Gold Line Board Bids Farewell to Retiring Board Member John Fasana



John Fasana joins past and present Foothill Gold Line board members for last board meeting

DUARTE - The Foothill Gold Line board held a special session at their November meeting to congratulate and bid farewell to its longest serving board member, John Fasana, who is retiring after more than three decades in public service. John is affectionately re-

ferred to by local, state and federal elected officials as the "Godfather of the Gold Line," which underscores John's influential role and tireless work in helping to bring the Gold Line to the San Gabriel Valley. John was first elected to the Duarte city council in 1987 and

served as the San Gabriel Valley representative on the Metro board (including two terms as board chair) since 1993. John has been the Metro appointee to the Construction Authority board of directors since 2009.

## Fire Destroys Building and Business in La Puente



The three ladder trucks were brought in to fight the stubborn fire. Picture LAFD

By George Ogden

LA PUENTE / INDUSTRY - A large fire engulfed a large industrial building and destroyed a business that was there. The location of the fire was reported to be 140 South 6th Avenue. It is believed that the business was Kaung Lung

Cosmetics and Beauty Supply Company which is behind the Sport Barber Shop, 14434 Valley Blvd. It caused \$2.5 million in damage. \$2 million to the building and \$500,000 to the contents and products.

The call came in to the fire department around 11 p.m. on Wednesday, November 17th and fire fighters fought to bring the fire under control for more than 4 hours. They finally knocked down the fire around 3:15 a.m. but not until the roof caved in just after midnight.

The fire was hard to knock down most likely because of the product line inside the building. Some beauty supplies are very flammable. Nail polish and nail polish remover, hair spray and many other products can fuel the fire.

Nearly 2 dozen firefighters were on scene to fight the fire which was near the corner of 6th Avenue and Valley Blvd.

There was no injuries and the cause of the fire is under investigation.

## Back to Basics

WEAR A MASK



WASH YOUR HANDS



PHYSICAL DISTANCE



LIMIT GATHERINGS



## THANKSGIVING WEEK STREET SWEEPING EXEMPTION

The police department will NOT be enforcing street sweeping violations during Thanksgiving Week November 23<sup>rd</sup> - 27<sup>th</sup>



NO Early Morning Parking Enforcement  
MONDAY, NOVEMBER 23 - FRIDAY, NOVEMBER 27  
FOR THE THANKSGIVING HOLIDAY



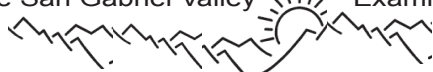
Overnight Parking Enforcement will resume  
Monday, November 30<sup>th</sup>  
at 2:00am



GLENDORA POLICE DEPARTMENT  
150 S. GLENDORA AVENUE  
GLENDORA, CA 91741  
Matt Egan | Chief of Police

## On Thanksgiving Weekend OVERNIGHT PARKING WILL NOT BE ENFORCED

THURSDAY, NOVEMBER 26 THROUGH  
SUNDAY, NOVEMBER 29



# This Holiday Season, Doctors Urge Public to Make Safety a Top Priority

Photo Source: (c) Jovanmandic / iStock via Getty Images Plus



With COVID-19 infections at an all-time high, medical experts urge the public to make safety their number one priority throughout the holiday season.

"Nearly a year into this pandemic, people are yearning for a return to normalcy. However, COVID-19 cases are surging and with flu season already upon us, bringing together people from different households during the holidays is far too great a safety risk," says Susan R. Bailey, M.D., president of the American Medical Association (AMA).

During this unusual year, the AMA is sharing top tips for a safe and healthy holiday season:

1. It may not be the way you're used to celebrating, but consider limiting this year's gatherings to just the people who live in your household.
2. If you live somewhere warm, you may be able to add a few people to your plans, but only

if your get together is outdoors and safely physically distant.

3. Take advantage of the video conferencing technologies available at your fingertips to bridge the distance between you and family or friends. Whether it's watching holiday movies, unwrapping gifts or sharing recipes together, many of these traditions can still happen virtually.

4. Interested in holiday deals and discounts? Shop for bargains from home. And if you must go to the store in person and you're at-risk, check ahead of time to see if there are special hours for you.

5. Consider additional outdoor activities that can bring together other people in your circle without the dangers of dining inside. Go apple picking, leaf peeping or hiking. Think beyond the traditional holiday activities and start new traditions.

6. Disappointed that your

usual large dinner is for a smaller group? You can still cook a large meal and share a portion with neighbors or friends. The Centers for Disease Control and Prevention recommends "delivering them in a way that doesn't involve contact with others."

7. Continue to follow everyday safety guidelines to prevent the spread of COVID-19: wash your hands, maintain physical distancing and #MaskUp.

More health resources, along with tips to prevent the spread of COVID-19, are available at [ama-assn.org](http://ama-assn.org).

"Missing holiday traditions is difficult, but with top scientists and researchers working round the clock to combat this virus, I'm hopeful that by this time next year, friends and family will be together again, one way or another," says Dr. Bailey. (StatePoint)

# Holiday Traditions and Creative Performances: The Show Must Go On

The year was 1606, and in response to the return of the plague in London, Shakespeare's company of players, the King's Men, was forced to lock the doors of the famous Globe Theatre.

It was a disheartening and fearful time, and one that is now easier to understand. As it has done for hundreds of years, the effect of quarantine and isolation continues to take a tremendous toll on human morale today.

But the human spirit cannot be constrained. Just as the performers in Shakespeare's day searched for ways to return to the stage in 1606, the performers, creators and artists of our time search for ways to accept the realities of a global pandemic, while still learning and practicing their crafts.

Thanks to the creative brilliance of faculty, staff, artists, performers, and tech savvy students at local community colleges, the show does go on.

At Citrus College, serving the greater San Gabriel Valley, the Visual and Performing Arts programs have continued instruction throughout 2020 via online instruction. And the results are amazing. Students in some of these programs have been able to showcase their skills through the



**By Dr. Edward C. Ortell**  
Citrus College Governing Board Member and Professor Emeritus at Pasadena City College

college's "Ghostlight Series" on YouTube. Check out a performance of "The Waltz I Blew for You" by the Studio Lab Band, which was created with individual smartphone video/audio recordings made by each of the participants in May and June, all while all under quarantine.

As we approach the holidays, one way to capture the special holiday feeling is to go to the website of a local community college and look at the college's performing arts calendar.

In December, the students of the Citrus Theatre Arts Department will remotely present Charles Dickens' A Christmas

Carol. It's an adaptation they describe as, "A faithful, yet fun and fast-paced retelling of the Dickens holiday classic." Also in December, the voices of the world renowned Citrus Singers will become the cast of animated characters in a new holiday show for all ages called, "Don't Shelve the Elves!" Both online productions will feature pre-show performances of holiday music by the Citrus Singers, recorded during a previous season.

This year, more than ever, it's important we hold onto our beloved traditions, as we join with others in a shared, if different, holiday experience. As the famed composer Aaron Copland once said, "So long as the human spirit thrives on this planet, music in some living form will accompany and sustain it and give it expressive meaning."

*About the Author:*

Dr. Edward C. Ortell is the senior governing board member at Citrus College and a Professor Emeritus at Pasadena City College. He has served on the California Community College Trustees (CCCT) state board of directors and 11 terms as president of the Citrus College Board of Trustees.

# Taking Action to Reduce Insulin Costs

A new campaign is encouraging people to take action during open enrollment to lower their insulin costs.

The campaign, "Insulin Affordability: Learn. Act. Share." encourages those who use Lilly insulin to:

- Learn about affordability options
- Act by visiting [insulinaffordability.com](http://insulinaffordability.com) or calling the Lilly Diabetes Solution Center
- Share this information with others who may benefit.

Among Lilly's suite of solutions is the Lilly Insulin Value Program, which reduces out-of-pocket costs for Lilly insulins to

\$35 per month. People without insurance, as well as those with commercial insurance, are eligible.

Beginning in January 2021, people enrolled in participating Medicare Part D insurance plans will be able to access their Lilly insulin for \$35 per month as part of the Medicare Part D Senior Savings Model. During open enrollment, it's important that seniors enroll in a participating Medicare Part D plan that covers their insulin. That's why Lilly created a resource allowing users to enter their zip code to view which Medicare plans are participating and covering Lilly insulins.

To learn more, visit [insulinaffordability.com](http://insulinaffordability.com) or call the Lilly Diabetes Solution Center at (833) 808-1234 to speak with a live representative. Representatives can help identify which options best meet an individual's needs, including accessing donated Lilly insulin for those who qualify. Translations are available in numerous languages.

"It's important that people living with diabetes are aware of insulin affordability options and take action to benefit from them," says Andy Vicari, Lilly's U.S. insulins brand leader. (StatePoint)

# 18th Annual "Holiday of Promise"

**DUARTE** - Make this holiday season brighter for Duarte families by taking part in the 18th Annual "Holiday of Promise." Help collect food, personal items, toys and other donations that will be distributed to fami-

lies in need this holiday season.

This year, the food and toy drive will be collecting items at one designated work site. Community members who wish to donate items can drop them off at the Duarte Community Cen-

ter on any of the listed drop-off dates.

For more information, please contact: Daisy Perez at (626) 357-7931 Ext: 206 or [AmericorpsPR@AccessDuarte.com](mailto:AmericorpsPR@AccessDuarte.com).

# Eat, Love, Snap, Share

These days, it's still essential for families to stay connected. The last months have been challenging. More than ever people need family and friends.

Modern technology has gone a long way to help. Skype and Zoom are marvelous tools but when the connection ends and the screen goes blank, what then? MyGrandKids, that's what!

MyGrandKids, a wonderful, free application that allows everyone in the family to snap and share their moment—the special and everyday. Sharing and staying connected is one of the ways that will help all of us get through these difficult times.

My GrandKids lets you instantly share those moments and memories with family and friends over a secure private network. It's the perfect organizer, that eliminates the frustration of searching for your favorite photos and videos of your grandchildren. With My GrandKids, there is no need going through emails, texts or posts, you go straight to them with one tap. And the great news is that it's free and available at either Apple's App Store or Google Play for Android devices.

Explains Boyd Pearce, a Silicon Valley veteran, "We decided to build a mobile app that made it quick and easy for our kids to



**My GrandKids**

**Never Miss A Special Holiday Moment**

Your Favorites, Easy to Find & Show.

Families can get together—at least virtually—to celebrate good times with the help of a new app.

share photos and videos of our grandkids so my wife and I would never miss those special moments in their lives."

Pearce further explains, "We designed My GrandKids to eliminate the frustration of searching for your latest and favorite photos and videos of your grandchildren and solve a problem that has been bugging families since the advent of the digital photo revolution. The app organizes your photos and videos into a handy reference gallery ready to be stored for easy access in self-

designed albums. What could be easier?

Another key benefit of My GrandKids is that a whole family can easily share linked albums with a single Invite. By simply accepting an invite from the originating family member, the family albums are imported and everyone is automatically connected to a secure private network with no setup required.

Almost instantly the whole family is ready to share photos and videos with everyone. (NAPSI)

**Drive Thru Holiday of Promise**

18th Annual Food and Toy Drive

December 3rd - December 16th

**Items needed:**

- New Toys
- New Clothes
- Personal Items
- Electronics

- Dry goods
- Canned Food
- Boxed Food
- Beverages

- Dry Ingredients
- Desserts/Sweets
- Baby Formula
- Diapers

**DROP-OFF DATES:**

Thursday, December 3, 2020

Wednesday, December 9, 2020

Wednesday, December 16, 2020

**DONATIONS SITE:**

Duarte Community Center

1600 Huntington Dr.

Duarte, CA 91010

\*\*\*Donations will be accepted between 2:00p.m. to 4:00p.m.\*\*\*

HUNGRY THIS HOLIDAY?

Call 2-1-1

We're providing free meals to your family, with a side of love.

[covid19.lacounty.gov/food](http://covid19.lacounty.gov/food)

[#LetsFeedLACounty](https://www.facebook.com/LetsFeedLACounty)

## Public Health Modifies Health Officer Order to Restrict Dining at Restaurants, Breweries, Wineries and Bars Amid Surge in Cases

**Restaurants, bars, wineries & breweries**

Effective 11/25/2020 at 10:00 PM

- In-person dining is prohibited for a minimum 3 weeks.
- Take-out, drive-thru and delivery services are allowed.
- Wineries and breweries can continue retail operations while adhering to current safety protocols.

covid19.lacounty.gov



**LOS ANGELES COUNTY** - As new COVID-19 cases remain at alarming levels and the number of people hospitalized continue to increase, the Los Angeles County Health Officer Order has modified to restrict dining at restaurants, breweries, wineries

and bars as the five-day average of new cases increased to more than 4,000 cases. The modified order takes effect Wednesday, November 25 at 10:00 p.m.

To reduce the possibility for crowding and the potential for exposures in settings where people are not wearing their face coverings, restaurants, breweries, wineries and bars will only be able to offer take-out, drive thru, and delivery services. Wineries and breweries may continue their retail operations adhering to current protocols. In person dining will not be allowed, at minimum, for the next 3 weeks.

Los Angeles County established thresholds for additional actions if the five-day average of cases is 4,000 or more or hospitalizations are more than 1,750 per day, to restrict in-person dining at restaurants, breweries, wineries and bars.

If the five-day average of cases is 4,500 or more or hospitalizations are more than 2,000 per day, a Targeted Safer at Home Order will be issued for three weeks. The Order would offer additional restrictions while allowing essential and emergency workers and those securing essential services to leave their homes.

There are 1,401 people with COVID-19 currently hospitalized and 26% of these people are in the ICU. Over the past 7 days, the number of hospitalized patients increased by nearly 35%.

Public Health reminds everyone to stay home as much as possible for the next two to three weeks to change the trajectory of surging cases and save lives. COVID-19 can be unintentionally spread to other people unless we all practice the simple safety precautions that prevents spread. Virus transmission can be significantly reduced if we all keep distance from others who we don't live with, always wear a face covering properly over our nose and

mouth, and wash our hands frequently.

Additionally, it is very important that if you are even mildly sick or think you were exposed to someone with COVID-19 that you stay home and away from other people, especially those at greater risk of becoming seriously ill from COVID-19 and consider being tested for COVID-19.

To date, Public Health identified 364,520 positive cases of COVID-19 across all areas of L.A. County and a total of 7,438 deaths. Testing results are available for more than 3,542,000 individuals with 10% of all people testing positive.

"As we modify our Thanksgiving holiday celebrations, we are reminded of the many families who will miss their loved ones who have passed away from COVID-19. We send wishes for healing and peace," said Barbara Ferrer, PhD, MPH, MEd, Director of Public Health. "The persistent high number of cases requires additional safety measures that limit mixing in settings where people are not wearing masks. We hope individuals continue to support restaurants, breweries and wineries by ordering for take-out or delivery. We also fervently hope every L.A. County resident supports all our businesses by following the Public Health directives that we know work to slow spread. Unfortunately, if our cases and hospitalizations continue to increase, we will need to issue further restrictions to protect our healthcare system and prevent more deaths."

The Reopening Protocols, COVID-19 Surveillance Interactive Dashboard, Roadmap to Recovery, Recovery Dashboard, and additional things you can do to protect yourself, your family and your community are on the Public Health website, [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov).

## Woman Identified in Fatal Crash in Irwindale

By George Ogden

**IRWINDALE** - Irwindale police responded to a traffic collision on Nov. 15th around 5:30 a.m. on Lower Azusa Road, just west of the 605 Freeway overpass.

When first responders arrived, they found that a 2018 Chevrolet Cruz had crashed into a utility pole on the north side of the street. Inside they found the driver, an elderly woman, dead.

It appears that the woman was eastbound on Lower Azusa Road and for some reason, she jumped the center di-

vider and crossed the oncoming lane and impacted a utility pole.

At the time, the driver was not identified. Since then, they have released the name of the woman. She was identified as Margot Kruse, 81, of El Monte.

There is some speculation that the woman may have had a medical issue just before the accident.

The single-vehicle crash is under investigation. Anyone with information on the crash was urged to call police at 626-430-2244.

## Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to [SGExaminer@aol.com](mailto:SGExaminer@aol.com). Articles should be in Word format while photos should be in jpeg.

## Los Angeles County to Implement Tighter Safeguards and Restrictions to Curb COVID-19 Spread

**LOS ANGELES COUNTY** - As COVID-19 cases surge and hospitalizations continue to increase, the Los Angeles County Health Officer Order has been modified with an effective date of Friday, November 20 to reduce the possibility for crowding and reduce the potential for exposures in settings where people are not always wearing their face coverings in an effort to prevent more cases, increased hospitalizations and more deaths.

The following will go into effect:

- For non-essential businesses permitted to operate indoors—including retail stores, offices, personal care services—occupancy will be limited to 25% maximum capacity.

- The number customers at cardrooms, outdoor mini-golf, go-karts and batting cages will be limited to 50% maximum outdoor capacity.

- Services at personal care establishments may only be provided by appointment to customers wearing face coverings by staff wearing face coverings.

- Services that require either the customer or the staff to remove their face covering, such as facials and shaves, are not permitted.

- Food and drinks cannot be served at these establishments to customers.

- Restaurants, breweries, win-

eries, bars, and all other non-essential retail establishments must close from 10:00 p.m. to 6:00 a.m.

- Outdoor gatherings remain the only gatherings permitted, and they must only include 15 people maximum who are members of no more than 3 households.

The Health Officer Order will be amended to reflect the above restrictions.

At this time, the County is reporting 2,884 cases as the five-day average and 1,126 hospitalized patients.

The County continues to anticipate the potential continued surge of cases and hospitalizations. The County has established thresholds for additional actions if cases or hospitalizations continue to increase.

If the five-day average of cases in the County becomes 4,000 or more or hospitalizations are more than 1,750 per day, the following restriction will be added:

- Outdoor and indoor dining at restaurants, breweries, wineries and bars will be prohibited and these businesses will only be able to offer pick-up and delivery. Businesses in this sector are being notified via email by DPH, which will work with them to ensure a smooth transition.

If the five-day average of cases in the County becomes 4,500 or more or hospitalizations are more than 2,000 per day, the fol-

lowing restriction will be added:

- A Safer at Home Order will be instituted for three weeks. The Order would only allow essential workers and those securing essential services to leave their homes.

- A 10:00 p.m. to 6:00 a.m. curfew would be mandated, with essential workers exempt.

"Los Angeles County is at a critical moment to save lives and curb the spread of COVID-19. I urge our residents, businesses and community leaders to heed this warning and follow these heightened safeguards so that additional restrictions do not need to be imposed," said Dr. Barbara Ferrer, PhD, MPH, MEd, Director of Public Health. "We are so grateful that many of our residents are wearing face coverings, keeping physically distanced and avoiding gathering with people they don't live with, but we need everyone to do their part and follow these measures. Lives and livelihoods are at stake and our entire community will be affected by our collective action if we do the right thing."

The Reopening Protocols, COVID-19 Surveillance Interactive Dashboard, Roadmap to Recovery, Recovery Dashboard, and additional things you can do to protect yourself, your family and your community are on the Public Health website, [www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov).

## L.A. County Launches Digital Contact Tracing for COVID-19, Aiming to Reduce Exposure Notifications from Days to Hours with Healthvana

*In battle against growing community spread, L.A. County launches first-of-its-kind campaign that empowers patients to anonymously notify close contacts of a positive test result*

**LOS ANGELES COUNTY** - As California's counties reach sobering new milestones in COVID-19 cases, L.A. County and its partner, Healthvana, are taking a bold step to control community spread. Individuals with a positive test are now able to immediately and anonymously notify anyone with whom they have recently come in close contact, using their mobile phones.

By reducing COVID-19 exposure notifications from days to hours, officials hope to further reduce community spread by encouraging close contacts to quickly quarantine and obtain a free test. This is only one aspect of the County's extensive effort on contact tracing which is led by the Department of Public Health.

"This is a prime example of

how to harness technology to help Angelenos immediately inform their contacts and help slow the spread of infection, especially as we see the rate of infections and hospitalizations rising in communities across the County," said Dr. Clemens Hong, Director of Whole Person Care with the Department of Health Services, which oversees the County's testing sites. "By rapidly alerting people who may have been exposed to the virus so they can use that information to isolate themselves and protect their loved ones, we can make big strides in slowing progression and reducing the terrible impacts of COVID illness."

Los Angeles County has partnered with Healthvana since April 2020, which already delivers test

results for county-operated sites. Test result notifications are sent via text message or email the moment the lab processes the sample. With this added feature, individuals who receive a positive test result can easily click a link within the web-based patient portal to enter contact information for any recent close contacts.

These close contacts instantly receive a notification from Healthvana alerting them that they may have been exposed to COVID-19 with links to resources, including locations where they can schedule a free COVID-19 test.

"Patients are the most underutilized resource in healthcare and L.A. County is the first to empower their community to be part of the solution in this way to slow the spread of COVID-19," said Ramin Bastani, CEO of Healthvana. "Millions of test results later, we know people prefer to use their phones when it comes to COVID-19—on average, patients access their results in less than 30 minutes. Now we have a chance to reduce exposure notifications from a few days to a few hours."

The contact tracing feature will be initially rolled out to County-operated testing sites. There are currently over 180 total testing sites across the region which include County-operated sites, City of Los Angeles-operated sites, State-operated sites and locations run by community clinics, pharmacies, and various other testing partners. Healthvana has delivered over 750,000 COVID-19 test results to County-operated testing sites since late April. Los Angeles County was one of the first counties to deliver test results via Healthvana, which has been proven successful: 50% of individuals view test results in 10 mins or less; 75% view their test results in one hour or less; and 90% view their test results in four hours or less.

## Slow the Fast Down: Public Encouraged to Follow the Speed Limit

**LOS ANGELES COUNTY** - A new statewide initiative encourages drivers to "Slow The Fast Down" and understand the dangers of speeding.

The Los Angeles County Sheriff's Department supports efforts by the California Office of Traffic Safety to address an emerging traffic safety issue: speeding.

"We are seeing changes in driving behavior, and the number of people traveling at excessive and extremely dangerous speeds is alarming," Los Angeles County Sheriff's Department, Sergeant Robert Hill said. "COVID-19 puts the value of protecting lives in perspective, and practicing safe driving is one simple way everyone can keep themselves and others safe."

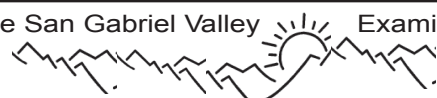
Excessive speeding went

way up during the beginning of stay-at-home orders in March. Between March 19 and April 30, CHP officers issued 4,000 citations for speeding over 100 miles per hour, more than double (113%) from last year despite a steep decline in traffic volume.

"The road is not a race-track," Sergeant Hill said. "The freeway is not the Autobahn. Follow a safe, legal speed."

Speeding remains one of the main causes of crashes: in federal fiscal year 2017-18, speed was a factor in approximately 31% of all fatal and injury crashes in California.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.



**San Gabriel Valley Examiner**  
INFORMATION GUIDE

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**Mission Statement**

• We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor or flattery, to enhance a particular political interest, or for the purpose of financial gain.

• We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.

• We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.

• We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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Views and opinions of writers, contributors and columnists are their own and do not necessarily reflect the views of the publisher or the newspaper.

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All submissions for publication become the property of San Gabriel Valley Examiner and will not be returned. San Gabriel Valley Examiner does not guarantee submissions to be published. All submissions are subject to editing, including to conform to space limitations.

**Contributing Writers:**

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer. Thank you for your cooperation.

# California: We Have A Problem

As we roll out of the November 3rd elections, still battling the election counts to determine the integrity of votes cast, we have other issues that can not be ignored. From my perspective, our elections are rife with fraud, planned by some and implemented by companies with known "poor performance standards" and called out by Venezuelans familiar with those companies in their home country, as capable and practiced in fraudulent elections.



**Shade's Perspective**  
**Lois M. Shade**

**Former Mayor of Glendora**  
sue Executive Orders and create and amend existing laws without involving elected legislators. Kiley says the numbers he's come up with:

- 1 Emergency Declaration.
- 46 Executive Orders.
- 400 laws changed.
- Shut down 90% of the schools over the objection of school districts and parents. This did not apply to Newsom's children who were attending private schools.

In Assemblyman Kiley's blog: "Of the 400 laws he's amended, suspended or overhauled since declaring a State of Emergency on March 4th, each one was duly enacted through the legislative process set out in the Constitution. And, each one was undone by Newsom with the stroke of a pen." And, not just Public Health but the Business & Professions, Civil Procedure, Corporations, Education, Elections, Family, Financial, Government, Harbors & Navigation, Health & Safety, Labor, Public Resources, Revenue & Taxation, Unemployment Insurance, Vehicle and Welfare and Institutions Codes.

One of Newsom's Executive Orders gave full authority to local health officials to limit numbers of people able to attend public meetings and events "as they deem necessary," based on virus counts. Social distancing is part of this mandate and the ability to hold a city council or school board meetings is an impossible challenge. Service clubs, small committee meetings and political gatherings have gone dark or to zoom meetings. Those who used restaurants for their meetings, lost out when restaurants were forced to shut down or locate outside. Churches, syna-

gogues and other religious meetings were locked out. All levels of social gatherings for good mental health are becoming extinct. But it's okay for Newsom and wife to meet with lobbyists and medical hierarchy officials, at the French Laundry without playing by the rules. And, keep his winery open on 4th of July when all others were forced to close.

Shocking was suspension of the Sex Offender Registration Act as criminals were released from prison as a COVID protection procedure. Requirements for sex offenders to show up in person, sign for fingerprints and photographs were suspended. The burden of dealing with the edict from Newsom was dropped on local law enforcement agencies. No plan, just do the best you can, but make sure you obey local public health guidelines and maintain social distancing.

The erratic, disjointed approach to fighting COVID 19 is becoming number one on a list of reasons to recall Newsom. But when all the signatures are collected, certified for the recall ballot, who will run the election and tabulate the votes?

Cong. Tom McClintock, on the House floor, said, "I rise ... in defense of Governor Gavin Newsom who recently defied his own idiotic COVID edicts as he partied at one of the few restaurants that he has not yet forced out of business. I defend him because he was doing what we all once did in a free society: make our own decisions over what risks we are willing to run and what precautions we are willing to take according to our own circumstances to protect our own health ... It's called common sense, and it's a necessary prerequisite for self-government and liberty."

**SHADE'S PERSPECTIVE:** We need one day called Election Day to go to our polling place, cast our ballot in person with Voter ID shown. Federal elections are run and votes counted by one U.S. company coordinated from the federal level. Eliminate ballot harvesting. Eliminate partisan ballot titles. Eliminate the dead wood on voter rolls and those who have not done that per court orders.

The wrangling over whether Trump or Biden has the most votes has far deeper connotations we should all recognize to ensure honest, above reproach elections in the future. We need to get past partisan politics and look seriously at what has happened with Dominion and Smartmatic voting systems, their connections with billionaire George Soros called out by the Associated Press in 2018 and by the investigations ongoing with Federal Prosecutor Sidney Powell and Attorney Rudy Giuliani today.

My last bullet-point joust:  
· Dominion Voting System was vetted by the State of Texas and found three times to have the very problems we are seeing now in states that used them;

· Smartmatics Chairman, Mark Malloch Brown is former vice-chairman of George Soros' Open Society Foundations Global Board and was used in the L.A. County election;

· George Soros dumped \$2.5 million in George Gascon's campaign for L.A. County District Attorney race against Jackie Lacey as he has done in other D.A. races.

The issue Republicans and Democrats have in common is the recall of Gov. Gavin Newsom. The number of Democrats who signed recall paperwork and re-registered as Republicans to vote for Trump just in our area is amazing. Seeing the fraudulent shenanigans in a federal election, could we possibly lose a recall election due to the same vote manipulation?

Republican Assemblymen Kiley and Gallagher have filed several lawsuits to stop Newsom from continually ignoring the state Constitution and using COVID 19 and the Emergency Services Act as an excuse to is-

# Depoliticization Will be Necessary to Reopen Schools

By Aaron Zhang

This upcoming winter semester will be a vital turning point in the country's dealing of the novel Covid-19. The second wave of this virus has begun, and this country's leadership ought to put the utmost thought and consideration into how the next step of reopening should occur, and if it must occur at all. With a surge in recent cases among children, amounting to 500,000 total infected in the United States as per September, there must be a re-consideration of how the government at a nation and state-wide level has been handling this issue. The end of this pandemic is not near-in the months in which the vaccine is still being tested, the nation must attempt to minimize the damage of this virus.

The rising political gap in the United States has also made reopening much more difficult. With the 2020 election still seemingly being contested, both Democrats and Republicans alike are trying to antagonize the other's handling of the pandemic. The two parties have become increasingly divided on this issue, and as time goes on, rhetoric has also become more extreme. While Democrats curb reopening efforts, Republicans push an agenda of returning to normality, which means there is no real resource for parents and teachers to make calculated decisions or receive unbiased information. When an issue involves the citizens' lives, the parties should in-

stead come together to find a common solution. The continuation of this political battle of Covid-19 would be dangerous, largely irresponsible, and unbeneficial, as worsening the pandemic will only prove to be more challenging for either party. Only through an unpolitical, unbiased lens can the right solution be found.

So, how should a reopening really look? Like most things, a balance must be struck, and a reopening should be gradual and done in moderation. Social interaction, in person teaching, and person-to-person relationships are all crucial in the field of education and furthermore, are valuable to younger children's development. However, ambiguity surrounding Covid-19's transmissibility and death rate among this same age group means that caution must be taken with every step. Common perception that children cannot or rarely transmit the disease, or that it is not dangerous or life-threatening should be met with serious critical investigation. Many risk factors undoubtedly still exist. Children have been quarantined at home for months, so naturally the rate in which they are infected will be lower; however, recent surges prove that the transmissibility is still a risk. Further, those with high-risk family members at home also pose a threat of household transmission, which also suggests that hasty moves to re-

open are dangerous. Especially in minority and immigrant families, households with multiple generations of family members are particularly at risk. In a world where resources are already hard to come around for non-English speaking families, the ambiguity of current policies only make it more difficult. There also should be more widespread information available to parents and educational advisors about how in person learning should occur. Instead of one size fits all policies and procedures, it is essential to acknowledge that every situation is unique. Local authorities should work to see what sort of procedures would be best for the condition their area is in. Having unclear policies that intend to apply to every school regardless of the severity of Covid-19 cases in that area is vastly irresponsible and will not be effective; instead, it may lead to confusion and outright ignorance of these policies. The pandemic is a continuously evolving and rising threat in the United States. All action which could change the course of this disease must be done carefully, in a detailed manner, and with bipartisan cooperation.

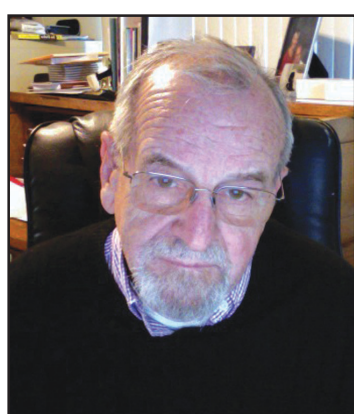
*Aaron J. Zhang is a 16 year old resident of Los Angeles County, and interested in political and educational issues. He is a high school junior and an award winning Lincoln-Douglas debater.*

# Thanksgiving Dinner

When I was a child Thanksgiving meant one thing—going to Nana and PopPop's in South Ardmore, Pennsylvania for a great all-clan dinner. It was probably the only time in the year that I would see cousins, aunts and uncles, and whoever else showed up. In my adult years, our more modest gatherings always began by going around the table, each one saying something for which they were thankful. Not a bad idea.

But back to Nana's great dinner. What I most vividly remember was the marvelous aroma that drifted from the kitchen and hit you even before the door on Marthart Avenue was opened. About the Turkey. It must have been some farmer's award-winning bird. It was huge!--almost too big to fit in Nana's giant oven. I probably hadn't eaten a bite earlier that day, just waiting for my bit of crusty skin, and whatever else was put on my plate.

Now, no matter how strong the anticipation, when our little family finally arrived, we were told that the Turkey was not quite done. That giant bird must have taken all day or even two, just to cook through. When it finally came out of the oven there was another hour's wait until it could be properly carved. Finally that job was passed to my father, who like a surgeon, carefully cut each slice. By this time I was about to die from hunger—right on the



**Charles H. Bayer**

living room floor.

As an adult, and the job of cooking a Turkey at home fell to me, I realized that my seventeen pound bird was no match for Nana's. But there was always enough, and I remember the Turkey sandwiches that would appear for the next month—followed by Turkey soup.

There came a time when I was involved in a sabbatical in Cambridge, England. Wendy, and young daughter, Mary, were due to arrive at my apartment late in the afternoon, and still remembering the aroma emanating from Nana's kitchen, I decided to surprise them with a roasted Turkey. While this was not quite Thanksgiving day, I went ahead. What immediately struck me was (1) the minuscule counter-top oven in my apartment, and (2) the ignorance of the English who apparently had never heard of roasted Turkey.

But when I get my mind rivet-

ed on something, there is no turning back, so I went on a shopping trip to the nearby butcher shop. Alas, no small Turkey. Indeed no Turkey of any size. So But I settled on a decently robust chicken—and that is what I cooked.

I hoped to end the feast with a traditional pumpkin pie, so I asked the local green-grocer if he could get me a proper orange-colored pumpkin. He was flabbergasted. "No English cook would think of using a vegetable to make a pie." Anyhow, the dinner went ahead, highlighted by my magnificent "Turkey."

I remembered these stories because a few days ago I told Wendy I wanted to prepare a Thanksgiving dinner similar to the one I had produced in Cambridge, thinking we might invite a couple of friends.

At this point reality butted in. 1-There was no way to go to a store and purchase a "Turkey" or any of the trimmings that would accompany it. 2-No friends would be permitted to share the meal in our apartment---and it would be too cold to eat outdoors. So I gave up the idea. Nevertheless, I will not be deterred. On some post Virus Thanksgiving, the scent coming from our apartment will match the aroma that once upon a time drifted from a simple row house on Marthart Avenue.

Contact Charles Bayer at [candwbayer@verizon.net](mailto:candwbayer@verizon.net)

# MY TURN: Trump Remaining President Would Not Be The Democrats' Worst Nightmare

As folks on all sides of the political spectrum work to try and establish a new look for the country, a very real possibility still looms over everything. That is the possibility that a court decision could reverse the fortunes of Donald Trump. His "dream team" of lawyers are pursuing the gathering of evidence that could be so widespread it can't be ignored by the media, the Democrats and the people opposed to Donald Trump. And it is the hope that it won't be ignored by the courts either. Democrats consider THAT their worst nightmare and are scrambling to convince the folks through the media and other influential sources that Joe Biden is the duly elected President.



**Charles Lopresto**

padres. He was asked what President received the worst treatment from the media, and Gutfeld replied, "It was Barack Obama." How was that possible? Obama was given a pass by the media, who never held his feet to the fire and never challenged him, allowing him to skate through his term. Those that did challenge him were demonized and he never had to answer for anything.

We have often heard the saying: "The best is the enemy of the better," or "the perfect is the enemy of the good." Obama was considered the best candidate so he never had to strive to be better. The media provided him a disservice by not being more tough on him.

The only former President on the Democrat side that was not lazy was Jimmy Carter, who in spite of having a less than stellar Presidency, did go on to be very active in his private life. In spite of his increasingly advanced years, Carter built homes for the needy-literally-with hammer in hand.

The best example recently of the laziness of popular Democrats was when President Trump

But has anyone really thought about the future of Donald Trump if it doesn't include a trip back to the White House in 2021? Theories about his future are all over the place.

Could Donald Trump be a king maker as some have said? And would that include him being a sort of patriotic and American-loving version of George Soros?

Could Donald Trump purchase a news outlet like Newsmax or OAN, or even start his own network from scratch. Opposing the treatment he received from his once favorite news station, Fox News, and the possibility of plucking the members of Fox News' Conservative block of personalities, as Newsmax has done on a smaller scale, could be his formula. And would that include him being a sort of next-generation Ted Turner?

Trump will manage to make noise, somehow, some way, because, after all Donald Trump is NOT lazy!

And let's face it, Trump's opponents ARE lazy. That's right, I said it. Trump's opponents which include folks like the Clintons and the Obamas are lazy because they have always been allowed to be lazy, relying on countless foot soldiers to do their bidding. That even described Joe Biden's candidacy. A few years ago in a segment on the Fox show "The Five," Greg Gutfeld answered a question presented to him with a shocking answer. Shocking in the minds of his Conservative com-

accomplished three monumental Middle East agreements. This was not done since Jimmy Carter put together the Begin/Sadat Middle East agreement during his term. Trump also established the embassy in Jerusalem and challenged much of the Middle East orthodoxy. While Trump has been considered for the Nobel Peace Prize, few expect anything to come of it. The possibility has been ignored by the media-no surprise. Barack Obama walked into his first term and was awarded the Nobel Peace Prize for reasons even Obama himself couldn't really figure out. Something to do with race relations or something else kind of nebulous.

While Trump's opponents may be lazy, the former Queens real estate mogul and reality TV star is not lazy. Whatever he decides to work at and whatever insult or depiction that is negatively made of him determines it, Trump will pursue his goals with relentless progress. And the constraints provided to a President Trump by the structure of government will no longer be in his way. At least, not until 2024 when Trump could consider running again. He could be the only man since Grover Cleveland to have two non-consecutive terms.

Democrats have tried to make a case that Donald Trump is lazy, pointing to his golf games. They fail to realize that Trump's golf games are just a coffee break.

President Donald Trump remaining just that, the President in 2021, may not actually be the Democrats' worst nightmare. Their worst nightmare might be Donald Trump, private citizen.

San Gabriel Valley

## Examiner

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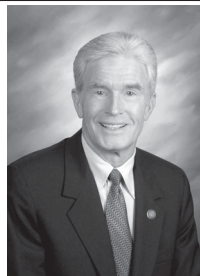
## Path Toward Ongoing Growth In 2021

Although Wall Street hates confusion and gridlock, the relief rally continues with some weighty issues for the market to contend with during the next few months. Many uncertainties related to election irregularities and apparently verifiable fraud cannot be encouraging. No matter who wins this disputed election, if we want our economy to thrive again, we must avoid Biden's threatened Dark Winter of lockdowns. Recent new Covid-19 cases in many states offer excuses for some governors to close businesses and schools to an extent which will damage the economy as well as hurt our children. Many other state governors are struggling to find an appropriate balance between new restrictions for safety and keeping the recovery and in person school systems going. Further restrictions might appear inevitable, but many small businesses may not survive new extended regional lockdowns.

There is growing evidence that lockdowns don't cure Covid, but they certainly kill economies. The other G-7 countries stayed locked down longer than the U.S. and they also used contact tracing and mask mandates. The currently worst of the G-7 economies (UK and Italy) had similar Covid death rates and are now seeing new waves of Covid infections and deaths. Extended lockdowns did not appear to previously help them that much, but here they go again. Sweden, by contrast, which didn't lock down, has no similar Covid-19 resurgence. Sweden also has lower coronavirus death rates than Italy or the U.K.

Economist Don Luskin measured U.S. state economies based on severity of lockdowns. He found some states with the most severe lockdowns had a greater spread of the virus. "States with longer, stricter lockdowns also

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

had larger Covid outbreaks." New Jersey and New York are the only states with over 6% Covid death rates. Massachusetts has the third highest USA coronavirus death rate (per confirmed coronavirus case), just under 6%. By comparison, the Covid-19 death rate per confirmed case for the entire USA is about 2.2%; and, a very high percentage of counted Covid deaths were old or health challenged individuals.

One better alternative to lockdowns is to let those people who are known to be at lower risk (those of us in good health under age 65, including children and most those of working age) carefully go to school and work. Older people or those with health risks should continue to take maximum precautions and use good judgement in avoiding any exposure to Covid-19. Dr. Fauci indicated after the election that this China virus shouldn't be a problem much longer; however, that message seems to have changed drastically recently.

Controversial and less than always factual news surrounds Covid. Case numbers are surging in some states due in part to wider testing, while death rates are declining due to better care, as well as protection for those most vulnerable. Too many so-called authorities tell us to just "listen to the science," when many of the leading scientists don't agree on many key points of substance. One fact is that total cases have been going up in

several states. Another fact is that doctors now have better options to treat patients. Just look at how quickly President Trump recovered from Covid. We now know much more about this coronavirus and how to treat it.

I think the market is buying into the notion that several FDA approved vaccines are on the way! The real-time science of treating infected patients is also rapidly advancing. A greater number of infected people are recovering quickly and safely returning to regular activities. Fewer long hospitalizations and deaths should be expected even before a vaccine is available!

Final 2020 GDP will not be approximated until late January. It will be late March before final economic statistics for 2020 are available. However, the 2020 third quarter record breaking growth rate (33% when annualized) indicates how well America has been recovering. Economic progress was accomplished in spite of the many "blue states" with prolonged lockdown restrictions!

Today's biggest unknowns relate to the Presidential election. How might markets react to higher taxes or (worse yet) a green new deal agenda? How quickly could Americans forgive the Chinese Communist Party for allowing Covid-19 to spread around the world before they admitted this new coronavirus existed? What might be the impact of our Presidential election needing to be resolved in the courts (because the extent of voting concerns make accurate results indeterminate)? Such uncertainties can't be good for investor confidence.

**LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US**  
I welcome your questions and comments:  
[kenherman46@hotmail.com](mailto:kenherman46@hotmail.com)

## Your Money - Ask Julia

**A few words about depression:**

First of all, if you are having suicidal thoughts, call 911 or a hotline right now for help in overcoming those thoughts. Many are already depressed over Covid. Add to that the Presidential election. And then pile on the common depression of the holidays. A few of the biggest triggers for depression during the holidays are Covid restrictions on gatherings, political unrest, economic insecurity, lack of funds, any anniversary of a sad event like the death of a loved one, and/or loneliness. Slow down, take some time for yourself, and think about the reason behind this season. If you're still paying for last year's gifts, be extra budget-wise this year! Don't feel pressured to give a gift to everybody you know. If you're unhappy, or depressed, seriously consider talking with a counselor, therapist, or pastor. If you have enjoyed all the lights, decorations, and music in the past, then it's especially important to make an effort to enjoy those now. If you are a Christian, remember the origin and meaning of Christmas.

**Will there be an increase in Social Security benefits in 2021?**

Social Security announced a COLA (Cost of Living Adjustment) of 1.3-percent for 2021.

Medicare Part B standard premium for 2021 will be \$148.50. (2020 is \$144.60)

**When we sell our house here in California, will we have to pay taxes on the profit we'll make between the price we paid 15 years ago and what we sell it for?**

At this time, when you sell your primary residence, you will still receive the full benefit of



**Julia Yoder**

the capital gains exclusion: \$250,000 (filing single), \$500,000 (married filing joint). Remember to calculate in your allowable deductions for major improvements (not maintenance) to your home.

If your capital gain is greater than these amounts, you will probably have to pay capital gains tax on just that amount in excess of the exclusion. Check with your CPA.

**What is RMD? When does it start? Is there a way to avoid it? Can it affect my tax bracket?**

RMD is Required Minimum Distribution. It's the annual amount that must be withdrawn from a traditional IRA or a qualified retirement plan (401k, 403b, Keogh). Although you are allowed to begin taking penalty-free distributions from tax-deferred retirement accounts after age 59 1/2, you must begin taking distributions upon reaching age 72. The amount of your RMD distribution depends on your age, your life expectancy, and the value of the account. (Refer to IRS tables.) If you do not take RMDs, you might have to pay a 50% federal income tax penalty on the amount that you should have withdrawn. Tax-deferred retirement plans are subject to ordinary income tax. If your RMDs

are large, you might be pushed into a higher tax bracket. Plan ahead to figure out the best time to begin taking your RMDs. Note: Roth IRAs contain post-tax money, grow tax-free, and do not fall under the RMD rules. Distributions from certain life-insurance policies can be taken (if done correctly) income tax free, too.

**My wife is healthy, but I was 'rated' for life insurance, meaning my premiums would be higher due to some health problems. Is there another way to provide for my family when ever I die?**

One choice would be to apply for a second-to-die life insurance policy with your spouse, along with a first-to-die rider. Qualifications for this life insurance would be based on your spouse's qualifications. Because of the rider, the life insurance policy would pay out whenever one of you passed. Another choice would be to invest in an annuity. This would be a contract between you and an insurance company, but without life insurance underwriting. Annuities can be used to help ensure a steady stream of income in retirement, as well as help ensure that your beneficiaries will be taken care of in the event of your death.

**Ask Julia by email:**  
[juliayoder@yahoo.com](mailto:juliayoder@yahoo.com)

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Member of Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: [CalStarBenefits.com/28485](http://CalStarBenefits.com/28485)

## Bobcat Wildfire Survivors Have Less Than One Month to Register for FEMA Aid

**LOS ANGELES COUNTY** - Residents who have been impacted by the Bobcat Wildfire have less than one month to register for aid from the Federal Emergency Management Agency (FEMA). The deadline to register for assistance is December 16, 2020.

FEMA gives eligible wildfire survivors financial support to help pay for needs such as rent,

home repairs, medical/dental costs, funeral expenses and other disaster-related expenses. FEMA may be able to help with disaster-caused damage that insurance doesn't cover. Eligibility is determined once an applicant's insurance claim is settled. If residents have insurance but aren't sure whether they will be eligible for monetary assistance, they should still register with

FEMA. Residents who fail to register by the deadline, December 16, 2020, will not be granted any FEMA reimbursement.

Wildfire survivors can register with FEMA for federal aid in one of three ways:

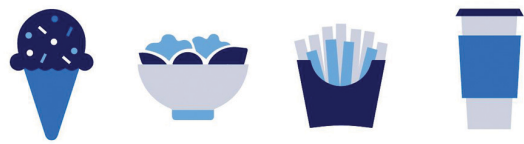
- Online at [DisasterAssistance.gov](http://DisasterAssistance.gov);
- By downloading the FEMA app to a smartphone or tablet; or
- By calling the FEMA Helpline at 800-621-3362 (TTY 800-462-7585) 7:00 a.m.-10:00 a.m. PST.

If residents use a relay service such as a videophone, Inncaption or CapTel, they should provide FEMA with the specific number assigned to that service when they register.

When registering for FEMA assistance, residents should be prepared to provide their personal information, including Social Security number, insurance policy information and a description of the damages or losses suffered due to the Bobcat wildfire.

For additional Bobcat wildfire recovery resources, please visit [www.lacounty.gov/recovery](http://www.lacounty.gov/recovery) or dial 2-1-1 for information and resources.

## Small Business Saturday



**SUPPORT LOCAL & SHOP SMALL**



Small Business Saturday is a national campaign created by American Express to support our local small businesses during the holiday season. This year, Small Business Saturday is November 28, 2020.



# THE CAR GURU

**WHAT YOU "AUTO" KNOW**

**By Gene Morrill - Certified Automotive Specialists**

## Signs Your Brakes Need Attention

**Noises** - A scraping sound means metal is rubbing metal and that tells you that your brake pads are worn out and need to be replaced. A squealing noise doesn't always indicate a problem depending on the materials used in the pads but shouldn't be ignored as it could also mean the pads are worn or your system is missing a gasket.

**Swerving** - If your vehicle swerves to one side when you apply the brakes the front brakes need to be checked to make sure the "power" of the brakes are evenly distributed. This could in-

dicade a leak or a mechanical problem or a miss-match of brake pad brands on either side. It is best to have it checked out if you notice this issue.

**Signs you need to have your vehicle towed** - Pedal to the floor is a sign that the car has a leak or a bad master cylinder. This is a situation where you need to get your car towed in for repair immediately. Do not drive your vehicle if this occurs. Another issue is when your brakes "lock" as this is caused by a damaged pad.

Keep in mind that your brak-

ing system endures a lot! The components are constantly bombarded by water, road grit, heat and contamination of its fluid. We suggest you have your brake system inspected once a year so it can do what you need it to do...bring you to a stop!

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## Californians Encouraged to Buckle Up on Every Trip

**Click it or Ticket Seat Belt Enforcement Campaign**

**LOS ANGELES COUNTY** - Throughout the month of November, the Los Angeles County Sheriff's Department is joining agencies across the country promoting the importance of wearing a seat belt in the car and keeping children safe by making sure they are properly restrained.

During this year's Click it or Ticket seat belt enforcement campaign, the Los Angeles County Sheriff's Department will have additional officers on patrol looking for drivers and passengers who are not wearing a seat belt. This includes drivers who do not properly secure children in child safety

seats. While the seat belt use rate in California was 96% last year, there has been a noted drop in seat belt use by back seat passengers. A recent report by the Governors Highway Safety Association (GHSA) found only 76% of rear seat passengers wore seat belts.

"Wearing a seat belt is your best defense on the road," Los Angeles County Sheriff's Department Sergeant Robert Hill said. "It only takes a few seconds and helps keep you and your family safe."

According to the National Highway Traffic Safety Administration (NHTSA), seat belts

saved nearly 15,000 lives of people ages five and older in 2017.

The fine for a seat belt violation is \$162. California law requires a child be properly secured in a safety seat in the second row of a vehicle, when available, until they are at least 8 years of age. Children under the age of 2 must ride rear-facing or until they reach 40 pounds or 40 inches in height.

California has a primary seat belt law, which allows law enforcement officers to ticket someone for not wearing a seat belt without committing another traffic violation.

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# Around the Valley & Senior News

## "TIME JOCKEY" - Calistoga 57 Years Ago, Do You Remember?

By Joe Castillo

### Historic Napa Valley Town...

Nestled among the best tasting wine vineyards of the Napa Valley is the small, quaint, historic town of Calistoga. Before wine-making became a lucrative business, the Calistoga area was home to a number of natural hot springs which the Native American people known as Wappo used extensively and provided the foundation for a number of local Wappo villages.

When John Sutter was building his fort in Sacramento and employing James Marshall to build his sawmill, he needed skilled carpenters to complete most of the technical construction work. Sam Brannan was the leader of a Mormon group in San Francisco who brought his team to Sutter's Fort to work as carpenters for Sutter. Brannan also took a position as the storekeeper at the fort and learned the business of buying and selling goods. When James Marshall discovered gold, and Sutter confirmed the finding, Brannan was one of the first to hear about it and shortly thereafter quit his job as did the other Mormons, and went to San Francisco to purchase

goods for a new store he was going to open.

In San Francisco, Brannan was the first one to announce gold had been discovered along the American River as he wildly ran through the streets shouting about the news. As Brannan's entrepreneur ventures grew with business from the incoming gold prospectors into the Sierra foothills, his revenues also increased exponentially. His increased wealth allowed Brannan to purchase large amounts of land and one of the areas he acquired property was the hot springs area previously inhabited by the Wappo. Seeing an opportunity to further expand his wealth, Brannan founded a town around the springs and recalled that he wanted it to be like Saratoga, New York, a town on the East Coast which was known for thoroughbred horses and warm water springs. Brannan came up the name "Calistoga" for California-Saratoga and as the town grew in population so too did business revenues also grow.

The Napa Valley-Calistoga Railroad line was established to support the growing grape and

wine production ventures in the area and real estate development began to spread. The town grew with the increased population growth and soon Sam Brannan was California's first millionaire. His credits include being a pioneer, promoter, preacher, politician, philanthropist, railroad and land developer and newspaperman.

Today, the City of Calistoga, still retains its old-time charm of a small country town with restaurants, shops, bakeries, a gold course, hotels, and even a book store all along its main downtown thoroughfare. The scenery around Calistoga is among the best California has to offer with acres after acres of the best wine produced in California and the United States. Sam Brannan struck gold again when he established the township of Calistoga, proven testimony of Brannan's business acumen and vision....

*Joe Castillo is a freelance history writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.*

Looking back 57 years ago, it was 1963. The Vietnam War was escalating. We had over 16,000 military personnel in Vietnam. 122 were killed in 1963. From 1955 to 1962 we had 76 people killed in Vietnam. Yes, we had people in Vietnam since 1955.

Back in 1963, we had the first the Lava Lamp, everyone just had to have one of these. I wonder what happened to mine...

Then came the Push-button telephone. Strangely we still say, "dial this number" when it should be pushing these numbers. Also, the computer mouse was invented, but it didn't show up for the public until 1970.

Freeze-dried instant coffee was first introduced by Maxwell House in the year 1963.

The Hang-glider came into being.

Cassette tapes showed up to compete against the 4-track car stereo... the 8 tracks came out in 1964.

In 1963 the Split Window Corvette came off the production line. They only made it for one year with the split rear window for the Stingray.

Guess who came to our country back then? It was the Beatles and the start of Beatlemania.

In 1963 was the year the Sabin oral Polio Vaccine which is taken with a lump of sugar is given nationwide in US and UK. Who remembers this? For most of us, it was the nurse at school who gave this to us.

Year End Close Dow Jones Industrial Average was 762. The average cost of new house \$12,650.00 while your average income per year was \$5,807.00. The average cost of a new car \$3,233.00, as long as you didn't



**George Ogden**  
*That's just the way it is!*

buy the Corvette with the price tag of \$4257.00. Gas was only 29 cents per Gallon. That loaf of bread was only 22 cents.

In 1963 popular TV programs were "The Virginian" and "Lassie".

They closed Alcatraz Federal Penitentiary due to the high cost of daily maintenance and repairs. That was on March 21st, 1963.

The Soviet Union launches the Vostok 6 spacecraft, carrying Valentina Tereshkova, the first woman in space. She came back with PMS... you really don't want to piss off a Russian woman.

The United States Postal Service launches the ZIP Code System during July of 1963.

Studebaker was founded in 1856 when brothers Henry and Clement Studebaker who opened a blacksmith shop in South Bend, Indiana. Studebaker eventually became a leading manufacturer of horse-drawn wagons and supplied wagons to the U.S. Army during the Civil War. Studebaker entered the automotive business in 1902 with electric vehicles and in 1904 with gasoline vehicles, all sold under the name "Studebaker Automobile Company". So, these electric cars of today are actually nothing new. On December 20th, South Bend plant produced its last Studebaker

car in the United States.

The Nuclear-powered attack submarine USS Thresher sinks in the Atlantic Ocean, all souls lost.

The Pull Tab Can was used for sodas and beer in the U.S.A. by the Alcoa Company. This turned out good and bad. The pull tabs ended up all over the place and became an environmental nightmare. Tabs were thrown everywhere. The good part of this, we made curtains and necklaces out of these things.

Then, near the end of the year on November 22nd our President, John F. Kennedy, was shot and killed while in a motorcade in Texas. This threw our country into a saddened state for some time. Many of you reading this were not alive at this time. For those of you that were would understand when I say that the whole country was in shock... in fact the entire world was taken back by this tragedy. Thanksgiving and Christmas wasn't the same as the people were still dealing with the shock of the assassination of the President.

To me, it was rather interesting this year on the anniversary of the assassination, there wasn't much said in the media or television broadcasts. Also, social media was also basically silent about this sad event. Over the years this seems to have been forgotten. Maybe because the diversity of the population has been changing. I am guessing that either people don't care to know the history of our country or it is not important anymore. To me, this is pretty sad. It seems like people today just don't care anymore.

*"That's Just the Way It Is!"*

## Monterey Park Police Department DUI Checkpoint November 30

**MONTEREY PARK** - Monterey Park Police Department will hold a DUI Checkpoint November 30, 2020 from 6:00 p.m. to 2:00 a.m. at an undisclosed location within Monterey Park city limits.

Checkpoint locations are chosen based on a history of DUI crashes and arrests. The primary purpose of checkpoints is not to make arrests, but to promote public safety by deterring drivers from driving impaired.

During the checkpoint, officers will look for signs that drivers are under the influence of alcohol and/or drugs.

With the easing of stay-at-

home restrictions and more bars and restaurants being allowed to open, the Monterey Park Police Department is committed to keeping the public safe.

"The safety of our community is and always will be our mission," Monterey Park Police Chief Kelly Gordon said. "We are still out there in the middle of a pandemic because driving under the influence is still dangerous and puts a further strain on critical resources."

Monterey Park Police Department reminds the public that impaired driving is not just from alcohol. Some prescrip-

tion medications or over-the-counter drugs may interfere with driving. Always follow directions for use and read warning labels about driving or "operating heavy machinery" which includes driving a car. While medicinal and recreational marijuana are legal, driving under the influence of marijuana is illegal.

If you plan on drinking or taking medications that may impact your ability to drive safely, plan on staying at home.

Drivers charged with DUI face an average of \$13,500 in fines and penalties, as well as a suspended license.

## Glendora Holiday Home Decorating Contest

**GLENDORA** - Glendora residents are invited to enter the 26th annual Holiday Home Decorating Contest hosted by the Community Services Department! Enter by following 3 easy steps...

1. Choose Category & Decorate Your Home with holiday lights & decorations. Categories include: Animation / Use of Lights / Lawn Display.

2. Register By December 14th - Register by email [community\\_services@cityofglendora.org](mailto:community_services@cityofglendora.org) with the family name, contact number, address, one category of choice, and a photo of the decorated home. Videos will be accepted for dis-

plays with animation as long as a photo is also included.

3. Visit [WWW.Facebook.com/CityOfGlendora](http://WWW.Facebook.com/CityOfGlendora) to watch as the community votes for their favorite home in each category on December 16th-21st.

The deadline to vote is December 21st at 8am.

Winners will be announced on December 21st and will receive a yard sign and gift basket donated by The Visiting Angels Living Assistance Services. For more information Call (626) 914-8228

## Golden State Water Company Donates More Than \$100,000 to Local Charities Through Operation Gobble

**SAN DIMAS** - During the month of November, Golden State Water Company (Golden State Water) worked in partnership with elected officials and community leaders to donate more than \$100,000 to organizations throughout the state that serve families and individuals with limited resources through its annual Operation Gobble outreach program.

Operation Gobble has been a Golden State Water tradition since 1990. Over the last 30 years, Golden State Water has donated more than 250,000 turkeys through the program.

"Operation Gobble has become an important part of the holiday season for all of our em-

ployees who understand the significant impact these donations can make for our neighbors who have limited resources," said Ronald Moore, Golden State Water's Operation Gobble project leader. "The need for the program has never been greater. We hope these donations bring a sense of relief and

normalcy to families struggling with the impact of the COVID-19 pandemic."

Community organizations that received donations include: Salvation Army of Pomona, McKinley Children's Center, Claremont Kiwanis Club and Foothill Unity Center, Inc.

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Baldwin Park Teen Center & Skate Park

# Head to Toes

Winter Care Package

SATURDAY, DECEMBER 5, 2020

10AM - 12PM

BALDWIN PARK TEEN CENTER  
15010 BADILLO ST., BALDWIN PARK, CA 91706

RSVP BY DECEMBER 1ST AT  
[HTTP://HEADTOTOES.RSVPIFY.COM](http://HEADTOTOES.RSVPIFY.COM)  
(AVAILABLE TO FIRST 100 REGISTERED YOUTH AGES 0-14)

Aiming to provide a warmer holiday season to the youth of Baldwin Park, the Baldwin Park Teen Center will be distributing some essentials & craft materials to bring warmth and joy this winter.

For more information please email [teecenter@baldwinpark.com](mailto:teecenter@baldwinpark.com)

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# Dr. Joumana McGowan Appointed Vice President of Academic Affairs at Citrus College

**GLENDORA** – The Citrus Community College District Board of Trustees approved the appointment of Joumana McGowan, Ed.D., as the vice president of academic affairs at its Nov. 17, 2020, board meeting. She will begin her new role on Dec. 7, 2020.

As vice president of academic affairs, Dr. McGowan will serve as the college's chief academic officer, responsible for educational policy and academic programs. She will provide executive leadership and management for a comprehensive array of student learning and support operations, including development of new instructional programs and courses in conjunction with the educational component of the college's Educational and Facilities Master Plan, as well as learning support services that promote student success and completion.

"I congratulate Dr. McGowan on her appointment, and I look forward to working with her to advance student success at Citrus College," said Dr. Geraldine M. Perri, superintendent/president of Citrus College. "Students, faculty and staff will benefit tremendously from Dr. McGowan's leadership and knowledge."

Dr. McGowan comes to Citrus College with over 21 years of experience in higher education. Most recently, she served as the associate vice president of instructional services for six years at Mt. San Antonio College (Mt. SAC), where she provided administrative direction and oversight for eight divisions. Prior to this role, she served as the dean of business at Mt. SAC for over four years. Dr. McGowan was also previ-



**Joumana McGowan, Ed.D., is the vice president of academic affairs at Citrus College. (Photo courtesy Citrus College.)**

ously the dean of instruction at Coastline College, where she oversaw the business, computer information systems, and career and technical education departments. Her teaching experience includes being a full-time tenured faculty member, business management department chair and faculty senate president at Fullerton College.

"I am thrilled to join Citrus College and look forward to working with the incredible faculty and staff," Dr. McGowan said. "I am honored to become part of an institution that has served students for more than a century."

Dr. McGowan holds an associate degree from Mt. SAC, a Bachelor of Science in Busi-

ness Administration degree and a Master of Business Administration degree from California State Polytechnic University, Pomona; and a doctorate degree and graduate certificate in community college leadership from the University of Southern California. Dr. McGowan has participated in numerous leadership training programs and, in 2018, completed the Harvard University Institute for Management and Leadership in Education program.

"On behalf of the board, I want to welcome Dr. McGowan to Citrus College," said Dr. Patricia A. Rasmussen, president of the Citrus Community College District Board of Trustees. "With more than two decades of experience in higher education, Dr. McGowan is perfectly suited for this role. I am excited for what she will bring to Citrus College."

# Glendora Kiwaniannes Welcome New Member

**GLENDORA** - Dr. Virginia E. Kelsen, Assistant Superintendent Educational Services, was welcomed by members of the Glendora Kiwaniannes club as its newest member. She was installed November 5, at the club's meeting.

Kelsen's service to the Glendora community began in 2020 when we joined the Glendora Unified School district as Assistant Superintendent, Educational Services. After 29 years in another local school district, where she worked her way up from high school English teacher to principal and executive director, she feels as if she has joined the winning team.

In addition to enjoying working with other to serve students and staff, Kelsen enjoys running, reading, traveling, gardening, and attending arts events all over the Los Angeles area with her husband, Casey.

Becky Summers, club member and Director of Curriculum and Instructions at Glendora Unified, was Kelsen's sponsor and assisted Vice President of

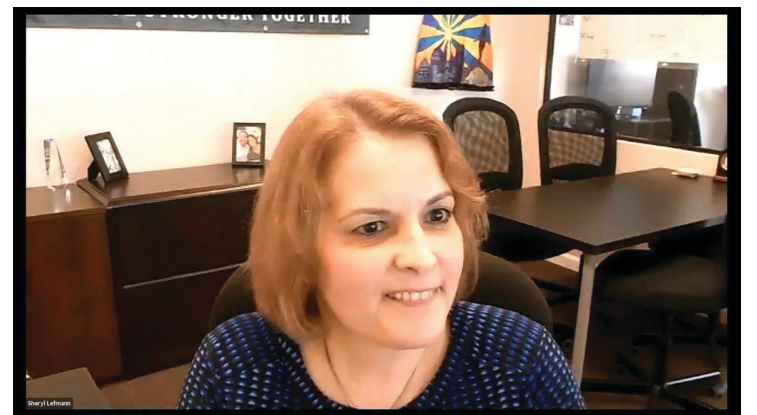


**Dr. Virginia E. Kelsen** membership, Janet Dial, in presiding over the induction ceremony.

The Glendora Kiwaniannes is affiliated with Kiwanis International. For over three decades the club has served the youth and seniors of the community with projects. For more information about the club or how to become a member, go to [www.glendorakiwaniannes.com](http://www.glendorakiwaniannes.com).

# Duarte Chamber Visits Duarte Kiwanis

**DUARTE** - In a recent Duarte Kiwanis Club meeting, Duarte Chamber CEO, Sheryl Lefmann, shared some very interesting topics. The Chamber has launched a new website - and a great new program for "Chamber Champions". The Duarte Chamber has been in business for close to 100 years, and in this year of pandemic, can use the help of Chamber Champions throughout the area! Neil Savedra from KFI's Fork Report joined a virtual Zoom call and was inducted as the first "Honorary" Board member of the Duarte Chamber. The Chamber will be sharing a number of Christmas Trees being decorated and filled with presents from various Chamber Members. These trees will be available through raffle tickets sold through the



**Duarte Chamber CEO Sheryl Lefmann** website. If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at [tinac51@aol.com](mailto:tinac51@aol.com). The club is currently meeting virtually through Zoom.

**Celebrate Thanksgiving.**

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**Covina's CHRISTMAS CAPER**

This year, the beloved parade will not take place, instead we formed a game to take its place. Follow the clues to find the **Parade Logo**.....till you reach the end and a prize is revealed!

Clue sheet will be posted on the City's website by December 3 at [covina.gov/parksrec](http://covina.gov/parksrec). At each location, take a photo of yourself with the **Parade Logo** in the background to qualify for fun prizes. **For more information, please call (626) 384-5340.**

Prize distribution will only take place on Fridays, December 4, 11, and 18 from 5-8 pm at the final location on the Clue Sheet.

**HOPE CARES**

Hope Cares is an outreach ministry that was started by HopeUC Los Angeles to meet the needs of the local community. Hope Cares has a heart to not only make a change today, but to make a lasting change to help people see a greater tomorrow.

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**CALL 626-852-3374**

# Unlicensed Juvenile Driver Crashes Into Tire Shop

**IRWINDALE** - During the early morning hours of Tuesday, November 17, an unlicensed juvenile driver and his underage friends took quite a ride when their car left the roadway while negotiating the transition from eastbound Live Oak Avenue onto Arrow Highway in the city of Irwindale. The vehicle crossed the sidewalk, over a planter and through a parking lot before slamming into a closed tire shop in the 14300 block of Arrow Highway.

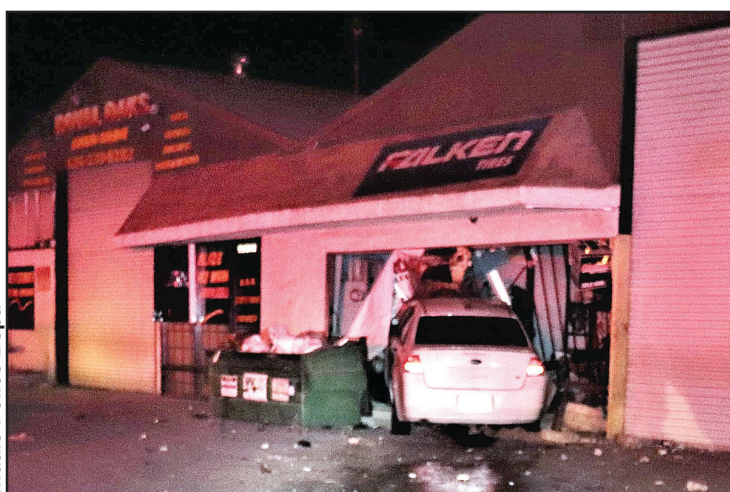


Photo courtesy of the Irwindale Police Dept.

No one in the vehicle was injured and the business was closed at the time.

The juvenile driver was issued a citation for driving without a license and he was released to his parents at the scene.

The investigation into this collision remains on-going, however it does not appear drugs or alcohol were factors.

The Los Angeles County Fire Department and city building safety engineers were contacted to inspect the structural integrity of the business.

# Rail Propulsion Systems Expands To Los Angeles County



**LOS ANGELES COUNTY** - Rail Propulsion Systems (RPS), the first company in America to bring Zero Emissions Battery Electric Switcher Locomotives to market, is expanding to a new location in LA County.

RPS, founded in Orange County California, introduced the first Zero Emissions Locomotive to be used in regular service in the Country earlier this year has now completed assembly and commenced operations of its second battery electric locomotive with plans for it to go into

service by the end of 2020. These switchers are the first in a series of battery locomotives developed at RPS with the goal of providing zero emissions commuter trains for Southern California by the 2028 Olympics.

Rail Propulsion Systems is a California based Technology Company dedicated to modernizing transportation and eliminating congestion in our cities and transportation corridors. Our technologies are tailored to commuter rail agencies, rail yards and short line railroads Zero and

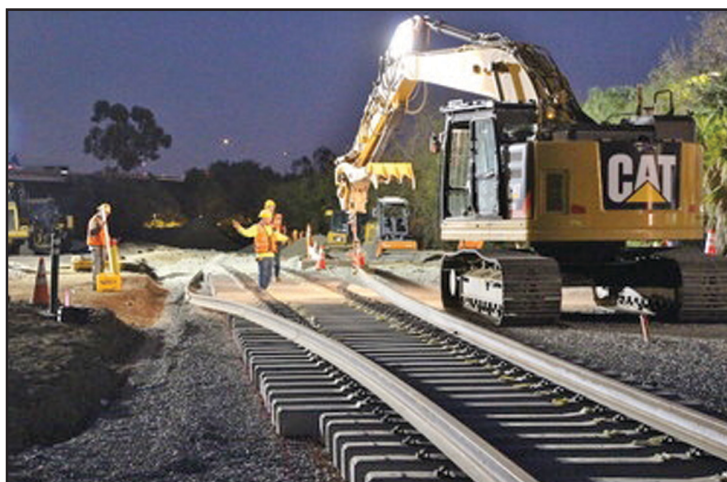
Near Zero Emissions opportunities to improve the operations of their fleets. Our solutions integrate proven technologies in a manner that is both low risk to the operators and disruptive to current reliance on diesel.

Now operating out of three different facilities, RPS, along with its local network of California suppliers is building a clean future for rail in our cities with California labor and California know-how.

For more information, visit [railpropulsion.com](http://railpropulsion.com) or email at [info@railpropulsion.com](mailto:info@railpropulsion.com).

# Foothill Gold Line Gladstone St. Crossing Reconstruction Nearing Completion

*Progress Continues Across All Grade Crossing Reconstructions*



As crews near completion on the Gladstone St. grade crossing in San Dimas, they have begun installing the new track systems - two new light rail tracks (photo 1 left) and one freight track, in its relocated position (photo 2 right).

**GLENDORA/SAN DIMAS** - The Gladstone St. grade crossing reconstruction is nearly complete. Crews have finished the underground utility work and are now working to install the three new track systems through the crossing - one track for freight in its relocated position and two for the light rail system (see photos above). Soon they will be rebuilding the road and drive-

ways on both sides of the crossing and allowing the street to be reopened to traffic. A Construction Alert will be sent out when Gladstone St. is reopened.

Although additional work will be done at the crossing to complete installation of the upgraded safety equipment and a new traffic signal, a tremendous amount of work has been completed over the last few

months that will make the crossing safer and more efficient for the existing freight service, future light rail system, motorists and pedestrians. We appreciate the patience and understanding of San Dimas residents and businesses who have been impacted by the construction.

At the Barranca Ave. and Glendora Ave. grade crossings in Glendora, crews are now re-

moving the freight track that sits in the middle of the 100-foot-wide rail corridor. It will be replaced and relocated 20 feet to the south within the shared corridor to make room for the future light rail system. In addition, crews at these two crossings, as well as at Wheeler Ave. in La Verne, continue to relocate and protect underground utilities, install underground conduit that will house and protect the communication lines for the future light rail and freight systems, and install the foundations for new traffic signals.

# Critical Missing Person: Carlos Ramirez

**CRITICAL MISSING PERSON**

WEST COVINA POLICE DEPARTMENT

**Carlos Ramirez**

<b>AGE:</b>	43 years old
<b>HAIR COLOR:</b>	Black
<b>EYE COLOR:</b>	Brown
<b>HEIGHT:</b>	5'4"
<b>WEIGHT:</b>	150 lbs.
<b>CLOTHING:</b>	White Shirt, dark shorts & shoes
<b>LAST SEEN:</b>	Thur., Nov 19, 2020 at approx. 12:25 PM in the area of E. Harvest Moon St.

Carlos walked away from a residence on E. Harvest Moon St. Carlos suffers from Parkinson's and may not have his walker. He may also have some difficulty speaking.

Anyone with further information is asked to contact the West Covina Police Department at 626-939-8500 or the 24-hour Anonymous Tip Line 626-939-8688.

**By George Ogden**  
**WEST COVINA** - Carlos Ramirez was last seen Thursday, November 19 at approximately 12:25 PM in the area of E. Harvest Moon St. in West Covina.

He has black hair, brown eyes, 5'4" tall and approximately 150 lbs. He was last seen wearing a white shirt, dark colored shorts, and dark colored shoes.

Carlos walked away from a residence on E. Harvest Moon St. Carlos suffers from Parkinson's and may not have his walker. He may also have some difficulty speaking.

Anyone with further information is asked to contact the West Covina Police Department at 626-939-8500 or the 24-hour Anonymous Tip Line 626-939-8688.

## SANTA'S COMIN' TO TOWN

Since the parade cannot be held this year, with the help of the Los Angeles County Fire Department, Santa will be "dashing through some of the Covina neighborhoods"

on

SATURDAY, DECEMBER 5, 5:30-7:30 PM

DON'T MISS THIS SPECIAL VISIT!

For Santa's neighborhood route, please visit the City's website at [www.covina.ca.gov](http://www.covina.ca.gov). Route posted by November 23.

For more information, please call (626) 384-5340.

## Light Up the Town!

### HOLIDAY HOME DECORATING CONTEST

LIGHT UP your homes and help spread Christmas Joy this holiday season.

Awards given in the following categories:

- Best Display of Theme "Light up the Town"
- Best Display of Color
- Best Display of Fantasy
- Best of Show - Sweepstakes

Contest is free and open to Covina residents only. Visit [covina.ca.gov/parksrec](http://covina.ca.gov/parksrec) for details and online registration link.

Registration: November 16-December 6  
Judging: December 9-11  
Winners Notified: December 14

#ChristmasinCovina

# CAT ADOPTION FEES WAIVED!

## NOVEMBER DECEMBER 2020

visit [animalcare.lacounty.gov](http://animalcare.lacounty.gov) to schedule an appointment to adopt; walk-ins will not be accepted

license and trust fees not included in promotion