



San Gabriel Valley Examiner

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

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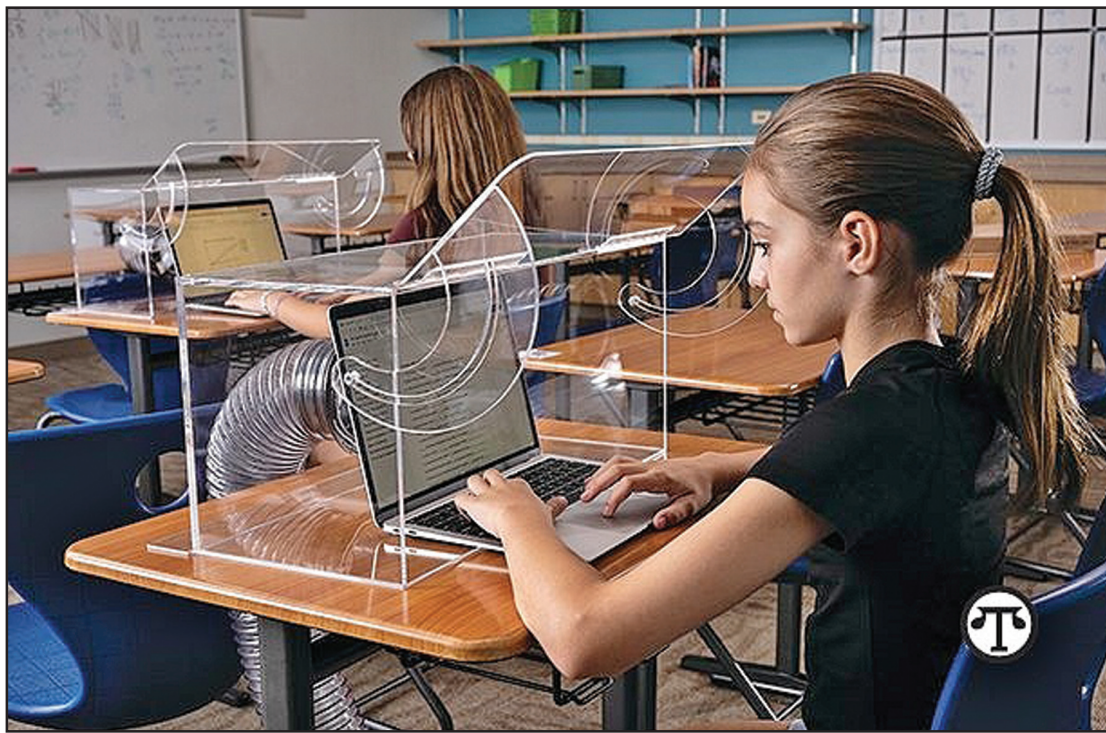
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New Invention May Reduce The Need For Masks in Schools, Offices and Other Indoor Environments

A new approach to indoor ventilation has been developed that can significantly decrease the risk of COVID and influenza outbreaks in schools, offices and other indoor environments, and even speed a reduction in mask wear.

The innovative invention captures and cleans individuals' breaths within seconds, before potential viruses have a chance to be dispersed throughout a room, improving overall indoor air quality. Current methods, including upgrades to existing HVAC systems, have proven somewhat ineffective as COVID outbreaks continue to create disruptions in indoor settings throughout the United States.

"Existing ventilation systems in schools, offices and elsewhere were not built for virus control. Not only does better ventilation decrease the risk of catching COVID, it has been shown to also improve work productivity and school performance," said Larry Schoen, P.E., Fellow ASHRAE, Principal Engineer for Schoen Engineering Inc. "And even after upgrading a traditional HVAC ventilation system with better filters, it still allows virus-laden



A new device can clean a room's air and keep COVID, flu and other germs out.

air to affect others in a room, creating the potential for contagion."

According to Dr. Rama Rao Amara, Emory University School of Medicine: "We know that COVID, as well as many other viruses, are airborne, meaning they spread through the air in microscopic, aerosolized particles. So, it makes sense that these particles can be easily pulled by the room's HVAC system or larger air purifier. To stop COVID and

other pathogens, such as influenza or even the common cold from spreading in indoor environments, it is vital to capture an exhaled breath before these aerosols have a chance to journey around a room. We need to re-evaluate how indoor air quality is managed."

Called Air-Clenz, the new technology has been customized for classrooms so teach-

ers can see students as they did in pre-COVID settings. The size and positioning of the unit on the desk or cafeteria tabletop let students place their computers, textbooks or lunch trays within the air collection unit, so exhaled air is captured and cleaned of viruses or other pathogens while a student studies, eats or works.

"Capturing exhaled air close

to the face before it becomes dispersed has been totally overlooked," said Stuart Sheldon, CEO of Air-Clenz Systems. "Except for a face mask, which most individuals would not want to wear for the rest of their lives, there is no known system in the world that captures even 50 percent of one's exhaled air without also cleaning 100 percent of the air in a room or enclosed space. There are literally hundreds of different commercial air purifiers and HVAC system options, but none come close to achieving what Air-Clenz can achieve."

The technology adds to the HVAC system for even cleaner air.

Dr. Anita Broach, Air-Clenz's Chief Scientist, adds: "Research demonstrates that Air-Clenz' technology typically captures and cleans more than an estimated 85 percent of a person's exhaled breath in approximately three seconds. The captured air is then cleaned to a 99.9 percent level before being recirculated.

For further facts, visit www.air-clenz.com. (NAPSI)

Azusa Woman's Club Holiday Boutique

by Mary Rietta-Ramirez

AZUSA - The Azusa Woman's Club hosted a holiday boutique this past weekend. The Vice-President of the club, Vanessa Jones, was the Chairperson for this event. Vanessa and the rest of the Boutique Committee did an amazing job making this a memorable and festive event for all.

The boutique was open both Saturday and Sunday with 25 vendors and well over 300 visitors throughout the weekend. During the course of the event, free gift wrapping was offered by volunteering club members and all donations received will be sent to the Victims of Domestic Violence Coalition.

A snack bar, also hosted by the Club, raised funds to send to the food pantry at St. Frances of Rome in Azusa. Vendors from the boutique graciously donated items to the Club for a raffle that was held on Sunday near the closing of the weekend event. All monies for the raffle are to be donated to scholarship funds for high school students of the Azusa



Santa and the Grinch are ready for guests to arrive.

Unified School District.

Also, on Sunday afternoon Santa and one of his elves stopped by and families came for photo opportunities, while the children made sure not to miss out on the chance to tell Santa their Christmas wishes. Not wanting Santa to steal the spotlight, also popping

in for a visit was the Grinch!!! A fun time was had by all in attendance.

The Azusa Woman's Club would like to thank the community for joining them in making this a joyous event and would like to wish a very merry holiday season to all.

Snow, Rain, and Icy Roads: Stay Safe With These Travel Tips



Travel spikes through mid-January when families gather for the Holiday season.

Follow these safety tips to ensure you and your family remain safe when traveling to visit loved ones this year.

Traveling by car? Be prepared.

If traveling by car this holiday season, be sure your vehicle is in good running condition, you have plenty of rest and are prepared for any emergency.

Stay safe on the roads over the holidays and every day:

- Prepare your car for winter and keep an emergency preparedness kit with you
- Be weather wise, know the weather forecast during your travel
- Learn the weather/climate risks risk for the area you are travel to and know what to do before, during and after such events
- Stay off the road during and after a winter storm.
- During the winter keep the proper emergency winter road tools in the truck of your automobile

Emergency Kit for the Car

In case you are stranded, keep an emergency supply kit in your car with these automobile extras:

- Jumper cables
- Flares or reflective triangle
- Ice scraper
- Car cell phone charger
- Blanket
- Map

Cat litter or sand (for better tire traction)

Prepare Your Car for Emergencies

Have a mechanic check the following on your car before an emergency:

- Antifreeze levels
- Battery and ignition system
- Brakes
- Exhaust system
- Fuel and air filters
- Heater and defroster
- Lights and flashing hazard lights

- Oil
- Thermostat
- Windshield wiper equipment and washer fluid level

Car Safety Tips

- Keep your gas tank full in case of evacuation or power outages. A full tank will also keep the fuel line from freezing.
- Install good winter tires and make sure they have enough

tread, or any chains or studs required in your local area.

• Do not drive through flooded areas. Six inches of water can cause a vehicle to lose control or possibly stall. A foot of water will float many cars.

• Be aware of areas where floodwaters have receded. Roads may have weakened and could collapse under the weight of a car.

• If a power line falls on your car you are at risk of electrical shock. Stay inside until a trained person removes the wire.

• If it becomes hard to control the car, pull over, stop the car and set the parking brake.

• If the emergency could affect the stability of the roadway avoid overpasses, bridges, power lines, signs and other hazards.

For more resources and tips to keep you and your family safe, visit Ready California.

Santa's Mailbox is BACK!

GLENDORA

Glendora children can mail their letter to Santa Claus c/o Community Services at 116 E. Foothill Blvd. Glendora, CA 91741 or visit the Community Services Department at City Hall Monday - Friday during business hours and drop off their letters in Santa's very own shiny red mailbox!

Along with their letter to Santa, please include a self-addressed, stamped envelope prior to December 16th.



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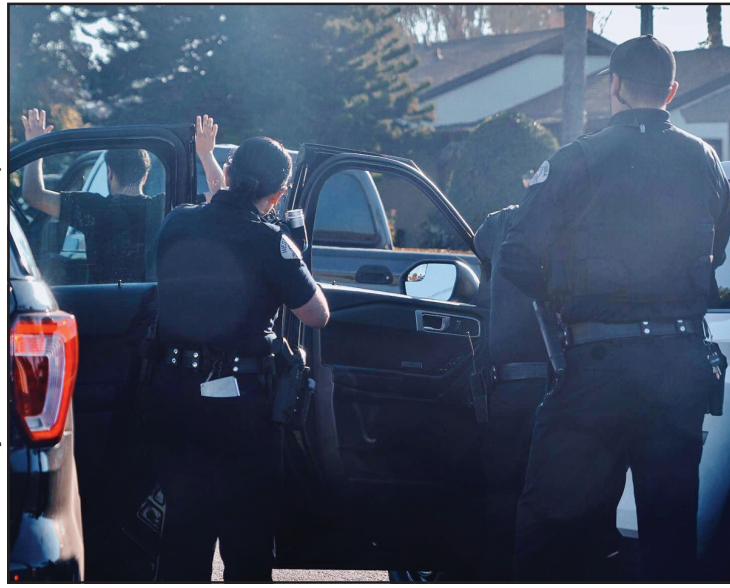
Suspects Arrested, Stolen Vehicle Recovered After Freeway Gun Incident

By George Ogden

WEST COVINA - An Around 3:00 p.m. on Monday, November 29, the CHP had a call from a motorist that two men in a Ford Pickup Truck had pointed a handgun at them. The victim and suspects were traveling eastbound on the I-10 Freeway approaching West Covina. The victim fell back behind the truck and followed the truck at a safe distance letting the CHP know where they were at. The suspects exited the freeway at Vincent Avenue and continued on surface streets with the victim following and relaying this information to the CHP. The CHP then notified the West Covina Police Department and soon officers were in the same area as the victim and suspects.

The truck and suspects were soon located around 3:15 p.m., and a felony stop was initiated. The West Covina Police held the suspects at gunpoint and notified the CHP who soon arrived and took over the arrest process.

Once in custody, one of the suspects was identified as an adult male, 18-year-old Jason Armando Orellana of Los Angeles and a male juvenile who was not identified. Both were arrested for brandishing a firearm at an occupant of another vehicle. It was also found that the Ford F-150 was stolen out of Las Vegas and they were charged with having a stolen vehicle, along with



The West Covina Police hold the suspects at gunpoint.

altering a Vehicle Identification Number, brandishing the firearm, possession of a "loaded" firearm and possession of a loaded firearm while not being the registered owner of that weapon. The weapon is reported as being stolen as well.

The juvenile was eventually released to the custody of his parents with a juvenile court appearance pending.

Orellana remained in custody for his crimes as a criminal check was being conducted in Nevada for other crimes outside the State of California.

The CHP is requesting that if there are any other victims of these individuals around the same time on the freeway are urged to

come forward and notify the CHP in Baldwin Park.

West Covina Police Promotes Tony Cortina To Captain

By George Ogden

WEST COVINA - West Covina Police Department's Service Area 3 - Central, had their Watch Commander Lieutenant Tony Cortina promoted to Captain.

Cortina, has been with the West Covina Police Department for some time and has been the Watch Commander and handling Service Area 3 for the department. He is certainly qualified for the job and earned the respect of his fellow officers and people of West Covina. Congratulations are extended out to Captain Cortina.



Chief Richard Bell promoted Lt. Tony Cortina to Captain

Nine Things NOT To Do This Holiday Season

Keeping your mail secure is always a priority for the U.S. Postal Inspection Service, but during the holidays it's even more important to keep your mail safe and your holidays happy. Criminals, however, are looking for ways to ruin this joyful time.

Here are some things you can do to delight the bad guys and have yourself an unhappy holiday:

1. Send Cash. Cash is untraceable and easy to steal, creating a nice payday for thieves.
2. Cause a Fire. Batteries, especially lithium batteries, can cause a fire or explosion in the mail.
3. Turn a Blind Eye. If you see something suspicious, say something. Call the police to report someone following your carrier or stealing mail.
4. Let Your Mail Pile Up. A visible pile of mail sitting in your mailbox or on your front porch is an invitation to thieves. If you aren't going to be home, go to usps.com to sign up for the USPS Hold Mail® service or custom-

HOW TO HAVE
UNHAPPY HOLIDAYS

<p>SEND CASH Cash is untraceable and easy to steal, creating a nice payday for thieves.</p>	<p>CAUSE A FIRE Batteries—especially lithium batteries—can cause a fire or explosion in the mail system.</p>	<p>TURN A BLIND EYE If you see something, say something—especially if it involves your carrier.</p>	<p>LET YOUR MAIL PILE UP A visible pile of delivered mail and packages is an invitation to thieves.</p>
<p>IGNORE YOUR DOORS If you are not watching and monitoring your doors, you can be sure the thieves are.</p>	<p>GET SCAMMED Fraud is always a problem, but especially during the holidays when people are feeling more generous.</p>	<p>ALLOW CRIME TO HAPPEN If you are a victim of crime, report it! It is as easy as a phone call: 1-877-876-2455.</p>	<p>GET ARRESTED Sending fireworks through the mail is illegal, which can result in arrest and federal penalties.</p>

ize your delivery.

5. Ignore Your Doors. If you aren't watching and monitoring your doors, you can be sure the thieves are. If you have a home security camera system, make sure it's aimed at your front door and mailbox.
6. Get Scammed. Fraud is always a problem, but during the

holidays fraudsters take advantage of your giving spirit. Check out any charity before you give.

7. Click the Link. Scammers send bogus delivery emails or texts trying to get your information. Don't fall for it.

8. Allow Crime to Happen. If you are a victim of a mail crime,

report it. Call 877-876-2455 or go to www.uspis.gov/report.

9. Get Arrested. Sending fireworks through the mail is illegal and could lead to arrest and federal penalties.

For more great tips and information, visit the USPS website: www.uspis.gov. (NAPSI)

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Covina-Valley Unified Middle Schools Redesignated as 2021 Schools to Watch

COVINA—All three Covina-Valley Unified (C-VUSD) middle schools — Las Palmas Middle School, Traweek Middle School and Sierra Vista Middle School — have been recognized as 2021 California Schools to Watch, celebrating their efforts in closing the achievement gap, establishing positive learning environments and infusing technology into every aspect of learning.

All three middle schools are among 31 high-performing California middle schools to be honored this year. Traweek and Sierra Vista were first designated in 2018, while Las Palmas was first designated in 2019. All three schools were re-evaluated to retain their Schools to Watch status.

Across its 17 campuses, Covina-Valley Unified offers a variety of school-wide programs that foster student engagement and connect students to learning inside and outside the classroom.

Increasing access to technology and bolstering digital literacy have been critical cornerstones at each middle school,

implementing coding into their curriculum and providing each student with a personal Chromebook.

Programs such as Where Everybody Belongs (WEB) and Multi-Tiered System of Supports (MTSS) aim to help create an atmosphere that promotes the value of kindness, inclusivity, acceptance and positive social interaction among students and staff.

Through initiatives like the Advancement Via Individual Determination (AVID) program, all three middle schools have helped narrow the achievement gap and train students for rigorous high school and college curriculums. In addition, Las Palmas is one of the few middle schools in Los Angeles County recognized as an AVID National Demonstration School.

These achievements have garnered C-VUSD state and national recognition, including distinctions as a California Model District for Inclusive Practices for Special Education, California and National Forum Schools to Watch, California School of

Character, California School Boards Association Golden Bell Award, multiple California Gold Ribbon and Distinguished School awards and membership in The League of Innovative Schools.

The Schools to Watch program is a collaborative effort with the California Department of Education, the California League of Schools and the California Middle Grades Alliance, in association with the National Forum to Accelerate Middle-Grades Reform.

Since 1999, the National Forum to Accelerate Middle-Grades Reform has advocated for improved academic and developmental outcomes for all middle-grade students in the United States.

"I am so proud of all of our middle schools on their redesignations as 2021 California Schools to Watch," Covina-Valley Unified Superintendent Elizabeth Eminhizer said. "This acknowledgment demonstrates the commitment by our dedicated teachers and staff to provide the best learning experience for our students."

Verbal Confrontation Leads to Stabbing

By George Ogden

WEST COVINA - On Thursday evening, December 2, police and paramedics were called to respond to Yogurtland in the 1000 West Covina Pkwy. in West Covina around 7:30 p.m. to a report of a stabbing victim.

When the first responders arrived, they found the victim to have injuries considered not life-threatening but serious.

The incident and attack occurred in the area of the bus stop near the intersection of South California Avenue and West Covina Pkwy. Apparently, there

was some type of verbal confrontation that escalated into a stabbing attack. The victim removed himself from the area and ran through the parking lot to seek help and ended up at Yogurtland. The victim was transported to the hospital for treatment. The victim was not identified nor a description of the suspect given.

There is an ongoing investigation and the police are requesting anyone who may have seen something or know something to please contact them so they can figure out what actually happened and hopefully find the suspect.

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. We request that articles be in Word format while photos be in jpeg. Articles should be in good taste.

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Los Angeles County Reports Additional Case of the Omicron Variant

LOS ANGELES COUNTY - The Los Angeles County Department of Public Health (Public Health) has received confirmation of an additional case of COVID-19 with mutations consistent with the new Omicron variant (B.1.1.529). The individual is a college student who returned to Los Angeles County after holiday travel on the East Coast. The individual is fully vaccinated, had mild symptoms, and is self-isolating.

Public Health has identified close contacts in Los Angeles County, all of whom are quarantining and being tested. Public Health is working with the university to determine if there are any additional close contacts. Based on travel history, it is likely that the infection was acquired outside of Los Angeles County.

Public Health has been tracking the emergence and spread of Omicron, labeled a variant of concern by both the WHO and the CDC. The Los Angeles County Department of Public Health (Public Health) received confirmation of its first case of COVID-19 with mutations consistent with the new Omicron variant (B.1.1.529). The individual returned to Los Angeles County after travel to South Africa via

London on 11/22/2021. This infection is most likely travel-related.

Testing is an important tool in early detection of infection to reduce spread and Public Health encourages residents who have traveled for the holidays to get tested if they traveled internationally or to locations in this country with high transmission rates. International travelers arriving at the LAX international terminal are being offered free rapid COVID-19 tests and information on federal recommendations for quarantining and testing.

"While we are still determining the transmissibility and the severity of Omicron, I encourage residents and travelers to take additional steps to protect yourself and those around you by getting vaccinated or boosters, tested if you feel sick or are a close contact, and wearing your mask," said Dr. Barbara Ferrer, PhD, MPH, MEd, Director of Public Health. "Layering on as many protections as possible will give us a better opportunity to slow the spread of this potentially dangerous variant as we prepare for holiday gatherings and a potential winter surge."

Residents who have traveled

for the holidays should get tested if they traveled internationally or to locations in this country with high transmission rates, or they participated at gatherings and events with large numbers of people. There are free testing sites throughout the county and individuals can go to <https://covid19.lacounty.gov/testing/> to find out information about where to get tested. Residents must also isolate if they have a positive COVID test result and quarantine if they are a vaccinated close contact with symptoms or if they are an unvaccinated close contact.

All residents across LA County should continue following masking protocols, which require residents to wear a mask when indoors or at large outdoor mega events - regardless of vaccination status. Individuals should also wear a mask when at any crowded indoor or outdoor events.

Getting vaccinated or boosted remains critical in preparation for the holiday season. Residents can walk-in to any Public Health vaccination site or make an appointment at the hundreds of additional sites across the county. For more information, visit VaccinateLACounty.com.

Public Health Increases Support at Skilled Nursing Facilities, Homeless Shelters and Schools

LOS ANGELES COUNTY - Due to the presence of the newly identified Omicron variant, L.A. County modified its Health Officer Order for Skilled Nursing Facilities to require routine testing of residents and staff and recent testing for visitors entering any indoor spaces at these facilities.

From December 15 through January 31st, all skilled nursing facility residents, employees, and contractors who may encounter residents must test for COVID-19 infection once a week, regardless of vaccination status. Additionally, to obtain entry into

a skilled nursing facility, all visitors regardless of vaccination status must provide proof of either:

A negative PCR test performed within 72 hours prior to entry OR A negative antigen test performed within 24 hours prior to entry.

Antigen test kits will be made available to skilled nursing facilities to facilitate visitor testing.

People who show documentation of recovery from COVID-19 within the last 90 days (i.e. a positive COVID-19 viral test result on a sample taken no more than 90 days prior) are exempt from weekly testing and from

showing proof of a negative viral test for entry.

Public Health teams have also realigned plans to ensure protection for those living and working at interim housing sites, jails, and shelters. This includes ensuring adequate supplies of testing kits and PPE, along with modifying policies to ensure safety of staff and residents.

With 1.7 million students and staff attending school in-person, Public Health is working with school districts to reinforce the importance of existing school-based health requirements and routine testing programs.

Suspect Turns Self in at Covina Police Station after Stand-Off

By George Ogden

COVINA - Covina police officers responded to the 300 block of East Navilla Place which is an apartment complex and is north of Rowland and east of Citrus Avenue on November 3 to a reported domestic violence incident. Police basically closed off the street because of the police activity.

They ordered the suspect, who they believed had barricaded himself in the apartment to come out and surrender. The suspect did not respond. A containment area was set up and after about an hour and a half, the officers forced entry. They found that the suspect was nowhere to be found, he was gone. Officers weren't sure if he escaped the containment or

had simply left before officers arrived.

It appeared that suspect, identified as 33-year-old Joseph Gonzalez, had left the apartment unaware that the police were responding. He later found out that the police were there at the apartment and simply went to the Covina police station and turned himself in. He was fully cooperative and the police appreciated this, however, he was arrested on various felony domestic violence charges and bail was set at \$50,000.

At his court appearance on November 5, there was insufficient evidence and the charges were dropped and he was released. Gonzalez appears to have no recent arrest record if any at all. It appears that this may have been one of those "She said, He said" issues.

Although they may have been some mitigating circumstances, there was not enough to move forward with this case.

Covid-19 Vaccination, Booster And Flu Shot Clinic

ARCADIA - The City of Arcadia in partnership with Chinatown Service Center will be providing free COVID-19 vaccinations, Booster Shots, and Flu Shots on Monday, December 13, 2021 and Wednesday, December 15, from 1pm to 4:30pm. The free clinic will be held at the Arcadia Community Center, located at 365 Campus Drive, Arcadia 91007. Sign up for your appointment at myturn.ca.gov. Walk-ins without an appointment will not

be accepted.

Johnson & Johnson and Moderna vaccines will be available for adults 18 years and older. Pfizer vaccines are available for anyone ages 5 years and older. Adults and children must bring proof of identity and vaccination record card if it is for a second shot or booster. For more information, call Chinatown Service Center at 213.808.1792 or the Arcadia Recreation Office at 626.574.5113.

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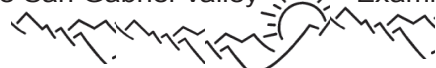
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Prop 47 Beginners License For Smash N Grabs

Shopping districts in San Francisco, Los Angeles and areas throughout California are being terrorized by "smash and grab" thieves destroying property and grabbing thousands of dollars of merchandise and most are escaping punishment due to Prop 47, low or no bail policies for misdemeanors implemented by California Judicial Council, and policies of Democrat District Attorneys brought into office with huge campaign donations by Open Society Foundation's George Soros.

Prop 47 law says any shoplifting, forgery, fraud or theft under \$950 will result in a citation, no prosecution and no jail time. Thieves can walk in, take \$500 worth of merchandise and walk out. If caught, he/she/ get a citation and then can walk back in, take \$800 worth of merchandise, get a citation and walk away. And do that as many times as any of them want to as long as, at any one time, it is not more than \$950. "Smash and grab" is the same only bigger, faster, and has become more destructive and violent. The thieves have been practicing expecting L.A. D.A. George Gascon to not press charges or bail, and as L.A.P.D. Chief Moore reported, the ones arrested were back on the street before the ink was dry on the reports.

SB 10 by Sen. Hertzberg (D-Van Nuys) was passed and signed by former Gov. Jerry Brown after a two-year battle to eliminate cash bail. Voters overturned SB 10 when they supported Prop 25 last year demanding the bail system be retained. The Judicial Council came back ordering no cash bail due to the Corona Virus pandemic.

Sen. Jim Nielsen (R-Tehama) former Chair of Board of Prison Terms, referring to no bail, said, "This is a stay-out-of-jail card. Criminals will thumb their noses and dismiss court orders. With our criminal justice system already weakened by AB 109,



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

Proposition 47 and Proposition 57, this bill will further deteriorate our public safety. With parole supervision virtually eliminated, bail agents are the only boots-on-the-ground supervision for most convicted felons."

Gov. Newsom announced on TV news, the "smash and grabs" had nothing to do with Prop 47, and said, "If people are breaking in, people are stealing your property, they need to be arrested. Police need to arrest them. Prosecutors need to prosecute them. Judges need to hold people accountable for breaking the law ... These are not victimless crimes, and I have no empathy for these criminal elements ... Even thefts under \$950 should be prosecuted as misdemeanors or "stacked" into felony complaints ..." Attorney General, Rob Bonta, appointed by Newsom, agreed with him.

Both defended 2014's Prop 47, billed as Safe Neighborhoods and Schools Act turning drug and theft felonies to misdemeanors and allowed those already convicted and in prison to petition for reductions in sentences. That reduced prison population by 13,000, on top of AB 109's early released 45,000 criminals already back on our streets. Prison overcrowding was the excuse, but the majority in Sacramento refused to build new prisons or let out more contracts to private sector prisons.

Assemblyman Kevin Kiley

(R-Granite Bay) tweeted, "Newsom says Prop 47 isn't to blame for the lawlessness in our cities. Crime in California is absolutely out of control and our politicians are absolutely to blame."

Sen. Dianne Feinstein (D-S.F.) opposed Prop 47 and her opinion article, Oct. 15, 2014, L.A. Daily News, really called it saying, "Supporters of Proposition 47 call it the "Safe Neighborhoods and Schools Act. In truth, it will do anything but make our communities safer. Prop. 47 would do two things. First, it would reclassify a wide range of crimes from a felony to a misdemeanor ... and mean shorter prison sentences for serious crimes like stealing firearms, identity theft and possessing dangerous narcotics such as cocaine and date rape drugs ... [and] would result in the resentencing and release of thousands of individuals already convicted of these crimes."

L.A. D.A. George Gascon is credited with co-authoring Prop 47, but not mentioned is his partner in this destructive accomplishment. Those who supported Prop 47:

Gov. Newsom, former Oakland Mayor, Attorney General and Gov. Jerry Brown, Sacramento Mayor, Darrell Steinberg, Sen. Nancy Skinner (density housing bills, author SB 5's \$6.5 billion housing bond for Nov. ballot), former Senate President, L.A. Councilmember, author of Sanctuary City bill, Kevin de Leon, former Senator/Insurance Commissioner Ricardo Lara, former Assembly Speaker, Rep 45th-Congressional District, candidate for L.A. Mayor, Karen Bass, ACLU, AFL-CIO, California Teachers Association, SEIU California, Reed Hastings, CEO Netflix, all contributors to prevent recall Newsom.

Interesting Newsom now wants to re-write Prop 47 with fancy words like "stacking" the offenses to deter property theft.

Stop Normalizing Islamophobia

Over the Thanksgiving holiday, a video surfaced of Rep. Lauren Boebert (R-CO) making anti-Muslim remarks about Rep. Ilhan Omar (D-MN) during an event speech. She falsely claimed that once, while riding with Omar in a Capitol elevator, an allegedly frightened Capitol police officer hurried after them.

"Well, she doesn't have a backpack. We should be fine," Boebert recounted saying in her made-up story, insinuating that Omar could have been a suicide bomber because of her Islamic faith. Boebert later offered a non-apology apology on Twitter and phoned Omar in early December, but she refused to apologize directly to Omar for her fabricated elevator story. Instead, she doubled down by accusing Omar of being "anti-American."

Unfortunately, this is not the first time that Boebert has made pointedly hateful anti-Muslim comments. Prior to her latest remarks, she called Omar, who is the first hijab-wearing Member of Congress, the "Jihad Squad member from Minnesota" during a speech on the House floor as well as an "honorary member of Hamas" on other occasions. More disturbing though, but perhaps unsurprising, is the silence from Republican leadership who have refused to publicly rebuke Boebert's dangerous and bigoted rhetoric. House Democratic leaders have condemned Boebert's latest comments, but even they have yet to issue a formal resolution or penalty regarding her statements as of this writing. Meanwhile, Omar has reported hundreds of death threats.

It might be tempting for some to quickly dismiss this story as one about a media-hungry, unhinged Congresswoman looking to stoke the extreme fringe of the Republican base. But doing so would overlook a more fundamental issue. This isn't merely about two women bickering, another instance of "cancel culture" stifling Boebert's free speech, or a Muslim woman who simply can't take a joke. The real issue



Farrah Hassen

here is the ongoing normalization of Islamophobia in America, which has soared to frightening new heights since 9/11. Regardless of whether it occurs in the halls of Congress or in the San Gabriel Valley, Islamophobia must end because, just like other forms of hate, it has no place in a free and just society.

The term "Islamophobia" first circulated around 1910 to describe the French colonial treatment of Muslims in North Africa. While scholars are divided on its precise definition, it generally refers to a fear, prejudice, or hatred of Muslims that leads to hostility and intolerance through the harassment and abuse of Muslims. Often motivated by ideological, political, and religious hostility, Islamophobia transforms into structural and cultural racism. Islamic traditions, culture, and religion come to be viewed as threats to Western values. Examples of routine Islamophobia today include the false claims made by some politicians and media pundits that Muslim Americans seek to replace the Constitution with "Sharia law" as well as Hollywood and the mainstream media's endless portrayals of Muslims as inherently violent and oppressed.

Muslims and people of Arab and South Asian descent bore the brunt of popular anger and retribution after 9/11. They also became the main target of U.S. government policies that resulted in racial profiling and FBI infiltration of mosques across America. From 2000 to 2009, hate

crimes against Muslims in the United States spiked by over 500 percent, according to Brown University's Watson Institute. Since 9/11, Muslims have had their religion automatically conflated with the reprehensible terrorist acts of a few individuals despite the fact that Islam has billions of adherents worldwide. The Trump administration further exacerbated anti-Muslim sentiment through its policies, including the "Muslim ban" which barred citizens of seven predominately Muslim countries from traveling to the U.S.

Twenty years after 9/11, a September 2021 report by UC Berkeley's Othering and Belonging Institute surveyed Muslim Americans and found that 76 percent had experienced Islamophobia between October 2019 and October 2020. Close to a quarter of respondents identified "discrimination/racism/prejudice," followed by "ignorance/misconceptions of Islam," as the top issues facing Muslim Americans.

These survey results only confirm why Boebert's Islamophobic remarks against Omar must be forcefully condemned, regardless of partisanship. Her words are an attack on the larger Muslim community. Leaving this behavior unchecked would send a message that hatred against Muslims is totally acceptable. Even worse, it may inspire more acts of anti-Muslim hatred on top of the over 500 incidents reported in the U.S. so far this year.

The Muslim American perspective is rarely sought out in public debates over matters of their own discrimination. In that context, Rep. Omar's response provides a much-needed voice: "I know that when we proudly stand up for our values-when we celebrate the diversity of this country, and the freedoms enshrined in our Constitution, others stand with us."

Farrah Hassen, J.D., is a writer, policy analyst, and adjunct professor in the Department of Political Science at Cal Poly Pomona.

Shot or No Shot. Mask or No Mask.

Well, we still have the government telling us what to do. Now there is a mandate that we get Covid shots or else...

They are basically ordering us to put a chemical into our body that many people don't want to do for all kinds of reasons. People don't trust the government and don't believe what they say.

Many feel that these Covid shots are dangerous. Maybe for some, they are. You have heard stories of people dying because of these shots or getting very ill.

I will admit, I got the Pfizer shot(s) but I waited a long time before I did. I followed information on the side effects and health issues. I got these shots at the VA in Los Angeles.

My arm got sore for a couple of days, nothing bad. All was well with me, but I still followed what was going on.

I was taken back by how things got out of hand with reports of deaths from the shots. When you pull up the information, one that interested me the most was the 44,000 people that were followed closely after they got their shots. Six participants did die during the 44,000 person Pfizer vaccine trial, two of whom were given the vaccine while the other four people received a placebo treatment.

One of the vaccine recipients had a cardiac arrest 62 days after a second dose of the two-dose vaccination and died three days later. The other died from arteriosclerosis three days after a first dose of the vaccination. One of the placebo recipients died from myocardial infarction, another from hemorrhagic stroke and two others from unknown causes.

I really thought there was a lot



George Ogden
That's just the way it is!

more in this group, but they are not all that sure that these shots caused these deaths. Myself, I thought there were hundreds that were confirmed. How did this get all jacked around???

Now... some negative effects do get to some people... example, there were four cases of Bell's Palsy among those who received the vaccine during these evaluations. However, I actually know someone who ended up with this issue. It is a little scary because you may feel that you had a stroke when you did not. None the less, it is scary but treatable and all is well.

It has been put out there that if anyone with a history of anaphylaxis in reaction to a medicine or food, or with a history of significant allergies should not have the Pfizer-BioNTech vaccine.

Does the vaccine work, how would I really know??? I don't have a clue, but I did get a free shot card out of the deal.

Still, I believe we should have the right to choose what we put into our body and this includes medication and chemicals. The government shouldn't mandate this the way they are. Also, you can't dismiss that this was mandated in our schools..., for example, the polio vaccine. That worked. You can see with that example; I eat my own words you

could say.

Now for that mask. Once again, here we go. I see people refusing to wear a mask when they enter businesses and "demand the right" not to wear the mask. Well, guess what, if the business requires you to wear a mask, then you have to, so you can enter the business. It is not your Constitutional Right not to. It is no longer up to you. If you don't want to wear that stupid mask, then don't plan on entering that building.

I am sure you have seen issues on the plane where the passenger will to put on a mask and they are removed from the plane, often times by force. In most cases they are actually arrested. Some people are banned for life to fly on any carrier after that. It happened to a friend of mine who created a problem in flight and the plane landed at another airport and she was removed and taken into custody. Not only was she banned from flying, she was also billed for the unscheduled landing and delaying the flight. She lost that battle as well and we are talking about tens of thousands of dollars at the time. This was some time back and still she is not allowed to fly on any U.S. Carriers.

Back to the mask. I hate that thing, but to make everyone else comfortable, I will wear it. I don't think it is all that healthy as it causes hypoxia for me. Depending on the mask, it gets damp and you can't get any clean oxygen into your system and you are breathing your own stale air.

We are not going to be able to get around that mask issue for now, so we have to put up with it.

"That's Just the Way It Is!"

Critical Race Theory: Part Three

My Opinion: By D. B. Shimel

In researching my articles on Critical Race Theory (CRT) I discovered that this racist philosophy is but a part of the Marxist threat to our republic.

In the late 1800's, Carl Marx, in his Communist Manifesto, laid out strategies on how to convert a country to a totalitarian communist form of government. One underpinning concepts of his manifesto was separating everyone into two classes - the oppressed and the oppressors. The "equality" concepts I present here are actually Marxist doctrines which separates people into the oppressed - the minorities - and the oppressors - all white people.

In this article I shall address several of the more common forms of this divisive philosophy such as DEI, SEL, CRSE and CRT.

What is DEI?

Diversity, Equity and Inclusion (DEI) is one of the commonly addressed racist philosophies. The cudgel of DEI is being used to curise organizations, including private companies and even the military, into hiring and promote individuals, not based on merit but on ethnicity, skin color, gender and/or sexual orientation. California has a law that all corporations doing business in this state must have a woman and a person considered a minority on their board.

In a meritocracy based world, the concept of how an individual will aid a company, should be the only motivation for hiring and promoting people.

What are SEL, CRSE and CRT?

Saroja Warner and Andrea Browning published a paper titled: "What are social and emotional learning (SEL) and culturally responsive and sustaining education (CRSE) - and what do they have to do with critical race

theory (CRT)?"

In this publication the authors subscribe to what, at first glance, would appear to be a noble cause of creating a better learning Environment for all students.

Quoting from this document: "Ensuring equity in education, whereby all student groups attain comparable positive outcomes, is an ongoing challenge ..., two broad approaches have gained traction ...

One, referred to as social and emotional learning (SEL), focuses on supporting development of students' social and emotional intelligence ...

"The other approach, culturally responsive and sustaining education (CRSE), focuses on affirming students' cultural identities and drawing on their culture and lived experiences as assets to support their learning and positive sense of self.

What is Social and Emotional Learning?

SEL ... refers to the process by which individuals develop and learn the mindsets, skills, and competencies ... that help them successfully navigate the world and their place in it.

What is Culturally Responsive and Sustaining Education?

Culturally responsive and sustaining education (CRSE) is an approach to advancing learning and equity in education by creating culturally affirming and inclusive learning environments ... Its intent is to affirm, sustain, and help strengthen students' identities ...

In particular, CRSE aims to build positive identities of students of color who have been disproportionately impacted by deficit perceptions and low expectations based on their race."

What is the relationship between SEL and CRSE?

SEL programs and CRSE

claim to be "two distinct education approaches intended to help build or reinforce positive student identity and support learning. The former does so by helping strengthen students' social and emotional skills, from emotional regulation to metacognition (thinking about thinking); the latter does so primarily by recognizing, valuing, and connecting coursework to students' racial/ethnic identities and lived experiences."

One might notice that the basics requirements of educating our children to acquire academic excellence and hire-able skills is absent from these discussions.

Admittedly, the education of many students is deficient in preparing them to compete in a modern world. The basics of education such as reading, science and mathematics is being subverted by racial justice. All too many children are being graduated from high-school who cannot pass eight grade tests in these necessary and basic skills.

What is Critical Race Theory?

I wrote about this subject in two previous articles so, I will not address it further other than to say that CRT is racism hiding under the cloak of anti-racism.

I urge you to look further into the objectives of DEI, SEL, CRSE and CRT. An inquisitive mind might well come to the conclusion that these 'leading edge' ideologies are actually part of the real objective of turning this nation into a Marxist society.

According to the Marxist ideology: 'The takeover of education is a critical part of converting a nation to communism.'

'What is taught in the schools today will become law in 20 years' Abraham Lincoln.

What is being taught in our children's schools?

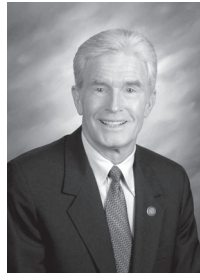
Build Back Toward Bankruptcy

Inflation has emerged as a huge problem for America amid supply chain bottlenecks plus excessive government spending and government restrictions. Gasoline prices are at seven-year highs. While the White House blames OPEC for this surge, it was caused by Biden's administration restricting America's energy production capacity. Why blame the cartel? Instead of allowing Americans to continue producing oil and gas like they had been doing prior to his election, Biden announced a release of oil from the U.S. Strategic Petroleum Reserve. Some are referring to the U.S. emergency stockpile as the Strategic Political Reserve for any president under pressure to tamp down inflation. Before you assume Biden's action might create significant price relief consider that we consume approximately 20mil barrels per day, so 50 mil barrels is not going to fix his created pricing problem.

Trying to support Biden the WSJ commented that shortages can quickly turn into gluts, citing last spring's lumber shortage as an example. It added that a combination of strong demand, high prices, and bottlenecks often mean too much investment in production that causes prices to tumble when bottlenecks finally ease. But, how could that happen for energy supplies unless restrictions that Biden's administration placed on oil and gas production are not first reversed?

In a "here we go again" move, the newly discovered Omicron coronavirus variant has the world

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

on edge, with a lot of questions surrounding its infectiousness, ability to cause serious disease and to what degree it's able to evade the immune response from prior infection or vaccination. The strain first identified in South Africa was dubbed a "variant of concern" last week by the World Health Organization, sparking fresh worries it could prolong the nearly two-year COVID-19 pandemic. While no cases of this variant have yet been identified in the U.S., the CDC is "continuously monitoring" the situation and many say it is only a matter of time before it is in the USA.

The Omicron variant has about 50 mutations, more than 30 of these are on the spike protein that allows the virus to bind to human cells. The receptor-binding domain (i.e., the part of the virus that first makes contact with our cells) also has 10 mutations, which is far greater than just two for the rapidly spreading Delta variant. The first South African physician to raise the alarm over Omicron has called its symptoms unusual but mild. For example, none of her patients

experienced a loss of taste or smell, considered as hallmarks of the disease, but rather showed up with body aches and "feeling so tired," according to Dr. Angelique Coetzee. Other South African scientists and health officials have also said there were no signs so far that Omicron led to more serious illness.

Americans need to be prepared to do "anything and everything" to fight the Omicron variant, White House chief medical advisor KING Anthony Fauci said Sunday, adding that it's still "too early to say" whether lockdowns or new mandates will be appropriate. More definitive information would become available in about two weeks, though it is important to take note that other "variants of concern" - like South Africa's Beta and Brazil's Gamma - did not take off around the world as initially feared. "There are lots of unknowns," added Sharon Peacock, director of the COVID-19 Genomics U.K. Consortium. "It's so important to stress how much we DON'T KNOW at the moment about this new variant."

"I've decided we're going to be cautious," President Biden told reporters. "We don't know a lot about the variant except it is a great concern, seems to spread rapidly." But who would now believe anything that Dr. Fauci says?

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments : kenherman46@hotmail.com

Your Money - Ask Julia

My friends had their car broken into while doing Christmas shopping. My neighbor had his house burglarized. Are there ways to reduce being a victim of these crimes?

Don't advertise to burglars. They figure there are gifts under that beautifully decorated Christmas tree on display in your picture window. Be aware of package deliveries and take them off your porch before a stranger steals them. Some delivery services now offer you the choice of selecting one of several convenient pick-up locations. When shopping, put your packages in your car trunk, or cover with a dark sheet or blanket. Do not leave your purse unattended in your shopping cart. **Lock your doors, and keep your garage door closed** when not in use. **Be aware. Be alert.** If you are taking a trip, be discrete about loading luggage into your car. Stop your newspaper and mail delivery, or ask a trusted neighbor to collect them. Put some interior lights on timers to go on at night, and leave your porch lights on.

How do I go about figuring out my RMD?

The IRS provides worksheets and tables for calculating your Required Minimum Distribution. (See IRS.gov) You must receive the RMD for the year you turn age 72 by April 1 of the following year. For all subsequent years, you must receive your



Julia Yoder

RMD by **December 31st** of that year. Failure to do so results in a **50% penalty of the amount that should have been distributed to you.**

What's the deadline for opening a Roth IRA?

To start a new Roth IRA for **2021**, you have until **April 15, 2022**. You can also open or add to a Roth IRA for 2021 in 2022. The Federal income tax and California State income tax due date will be April 15, 2021. Check with your CPA for further clarification about a Roth IRA, and/or visit the website: irs.gov

Can I just wait until 2022 to cash my end-of-year bonus check so I don't have to pay taxes on it as income in 2021?

No, the income would still be **earned** in 2020. However, you could ask your boss to issue the check in 2022. Either way, ask for taxes to be withheld. An important factor in deciding

whether to get your bonus this year or next is to determine whether or not you are going to be required to pay the Alternative Minimum Tax (AMT.) Either do your research online at the tax websites, or talk to your CPA.

What's the website for money the State is holding, waiting for people to claim it? If I find any funds there, how do I go about claiming it?

For the state of California, go to <https://ucpi.sco.ca.gov/ucp> Don't let anyone charge you to do this for you. (If you do not have access to the internet, I'll look it up for you - no charge, no strings, no ulterior motive.) Instructions for filing a claim are on that website, and might require the claim document to be notarized. (Hint: Check the site and inform your friends, neighbors, relatives, co-workers, and clients that they possibly have a claim.)

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Member of Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

Women Business Owners Take Decisive Action During the Pandemic

As the country takes steps toward economic recovery amidst an ongoing pandemic, women business owners are reporting increased optimism about the current economic outlook, which may be accredited to their resilience and decisive action, according to a recent survey of women-owned businesses by PNC Bank.

Leading the way in employee vaccination. According to the survey, nine in 10 (89%) women business owners have taken action to encourage employee vaccination, compared to 78% of male business owners. In fact, half (49%) are providing assistance or education about the vaccine and nearly half (48%) are requiring their employees to receive vaccinations.

Those efforts may well be making an impact: eight in 10 (79%) women business owners estimate that a majority of their employees have been vaccinated, and eight in 10 (81%) of those with 100% vaccinated employees report they are highly optimistic about their company's prospects over the next six months. Among those with fewer than 100% of their workforce vaccinated, 56% are highly optimistic.

"The optimism reflected in this survey is significantly higher than in our previous surveys of women business owners and this year, there is an undeniable correlation between safeguarding

their workforce and their future financial prospects," said Beth Marcello, director of PNC Women's Business Development.

Supporting employees through the pandemic. In addition to encouraging COVID-19 vaccination, female business owners have outpaced men in taking other actions since the start of the pandemic on behalf of their employees, such as implementing health and safety improvements (49%), allowing more flexible work arrangements (49%), and providing caregiving support and other benefits (14%).

Both women (36%) and men (44%) increased wages and salaries during the pandemic to retain and attract talent, and said they plan to increase compensation (27% and 37%, respectively) in the next six months.

Taking action on social responsibility. Women business owners differed substantially from their men counterparts in the area of social responsibility, according to the survey. Six in 10 (60%) women business owners have formally considered or reviewed policies supporting diversity and inclusion, gender pay equity, volunteering or charitable giving, or sustainability or the environment in the past 12 months. This is double the percentage of men business owners who have done the same (30%).

"It is clear from the data that female business owners are prepared for the challenges they

face; in fact, more than half attributed their optimism to their own resilience and resourcefulness," Marcello said. "The support they provide for each other and their employees is key to thriving, and why we're optimistic about the future for women-owned businesses and their growing contribution to economic prosperity overall."

About the survey and Project 257: Accelerating Women's Financial Equality. The survey, among small- and medium-sized businesses with self-reported revenue of \$100,000 to \$250 million, was conducted by telephone among a national sample of women's business owners during August and September of 2021.

Under the leadership of Marcello and with support from the bank's 4,000 PNC-Certified Women's Business Advocates, PNC recently launched Project 257: Accelerating Women's Financial Equality, an initiative designed to help close the 257-year economic gender gap and expand on PNC's decades-long track record of supporting female financial decision makers. More information can be found at pnc.com/women.

One thing is clear. Women business owners have taken decisive action during the pandemic, and these efforts are making a positive impact on their employees and their business. (StatePoint)



Car Talk by THE CAR DOC

What You "AUTO" Know

By Gene Morrill - Certified Automotive Specialists

How Is Your Transmission?

There are two types of transmissions, as you all know; manual and automatic. Here are some signs that they might need a checkup by a professional:

Automatic

- Thankfully today we don't have to guess as much as we did in days gone by. We have dashboard lights that illuminate to alert of a potential problem. It could be the "check engine light" and it may pinpoint it even better as a transmission problem by showing the "reduced power" light.
- If your car simply won't move even after it starts just fine, this could be telling you a major transmission failure has occurred.
- Slippage is another indication and is an odd sensation if you have never experienced it before. It may be a simple issue like a control solenoid or a serious issue such as loss of pressure.
- If you notice a leak on the ground it could be transmission fluid. Look for red (fresh flu-

id) or shades of red/brown as the fluid ages.

- Noises you may experience if your transmission is not as healthy as it should be are grinding or whining.

Manual

- Just like with an automatic transmission, if your vehicle starts fine, but won't move, it could be a transmission issue.
- Shifting issues often indicate worn rings or gear teeth. These can make it difficult to shift gears, cause the gears to clash or even jump out of gear!
- If you notice a brown leak on the ground, this tells you the gear oil is leaking. A professional can find the leak for you as it can come from a few loca-

tions.

- If you hear a growling, grinding or whining noise, this can signal low fluid, worn bearings and/or gears.

If your car is experiencing any of these problems, please contact your automotive repair professional. They can quickly diagnose the problem and tell you the best solution for your vehicle.

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can Count On!

Ring in the New Year with Three Simple Financial Resolutions

The New Year offers the perfect time for a fresh start and a renewed commitment to getting finances back on track after a season of spending - one where many Americans felt the effects of the pandemic on their wallets even before the onset of the holidays.

In fact, COVID-19 has already prompted consumers to start thinking differently about their finances. According to Lincoln Financial Group's Consumer Sentiment Tracker, 59% say they are planning to make permanent changes to the way they spend and save due to the crisis. The findings went on to show that consumers' top three financial concerns in today's market include emergency savings (41%), hav-

ing enough income in retirement (40%) and inflation (39%).

"Our research found consumers are especially interested in protection during times of financial uncertainty, which reinforces the need for financial planning," said Sharon Scanlon, senior vice president, Customer Experience, Producer Solutions and Retirement Operations for Lincoln Financial Group. "Everyone has competing priorities but making a few easy adjustments can help people achieve their financial goals."

Here are three simple financial resolutions Lincoln Financial recommends for 2022 to help strengthen consumers' financial outlooks in the new year:

1. Review finances holistical-

ly. Ensure you evaluate the big picture - not just where you are spending, but where you are saving and protecting your future too. A simple budget will help you differentiate between needs and wants, enabling you to find areas to cut back or eliminate to find money to meet your financial goals, like retirement or emergency savings. Maximize online budgeting tools, calculators and other financial wellness resources available through your employer too.

2. Prepare for the unexpected. Without the right protections in place, an unexpected event can derail retirement savings, disrupt your ability to provide for your family or drive you into addition-

al debt. Look into coverages like disability, accident and life insurance that may be available through your employer or consider an individual life insurance policy. Also, commit to funding your emergency savings account as part of your budget. And don't forget to think about how you would fund the cost of care if you or a loved one had a long-term care event.

3. Plan for the future. Start with your employer-sponsored retirement plan and commit to save at least up to the match, if available. If you already meet the match, resolve to increase your retirement contributions each year, or with each increase in pay. You don't just need a retirement

plan, though - you need a plan for retirement! Consider diversifying your portfolio with an annuity. Also, in-plan guaranteed income options can serve as a powerful tool to protect savings during periods of market volatility, while still benefitting you when the market goes up.

In addition to these resolutions, also consider meeting with a trusted financial professional who can help you identify solutions that best meet your individual needs and situation. Visit www.lfg.com for more tools and resources.

With a few proactive strategies, you can get 2022 started on the right financial foot. (StatePoint)

IF YOU SEE SOMETHING, SAY SOMETHING.

REPORT SUSPICIOUS ACTIVITY TO THE POLICE

Around the Valley & Senior News

Seen Or Heard Around Town And All Around

By Ed Torres

1. A college student in the area who attended a Thanksgiving Day gathering, afterwards bemoaned (yes, bemoaned) that the simple folks who had been there, evidently were unaware of the racism raging all around them, because, nobody wanted to discuss with him, "...the racism raging all around them..." Seriously?... It sometimes seems some people often begin with baseless preconceived assumptions, and immediately "jump to conclusions" -- ones not supported by facts nor common sense.

2. Those who live in crime-ridden communities with bad school systems, time and again fail to see that their lives are negatively affected by the ineffectual politicians they continue to elect to public offices... Constituents in such communities could judge their elected leaders as coaches of sports teams are viewed - if the elected leaders fail at winning (that is, if they fail to improve the schools and the life in general of the voters), they should get fired, should get voted out -- regardless of the political party of the incompetent politicians... How 'bout it, people in such cities as Baltimore, Philadelphia, Chicago, San Francisco, Los Angeles, New York, Houston?

3. Head Coach Lincoln Riley, formerly from the University of Oklahoma football team, has been hired by U.S.C. (Los Ange-

les) - since the Reggie Bush fiasco of some years back, after which the university was sanctioned severely, the football team has floundered... Maybe, now, with a high powered well paid successful coach, the Trojans ... "are back"!

4. Some people pompously point out, that if you don't often have people of different races and ethnicities, visiting and spending the night in your home, then that is an indication, that you-are-a-racist! Huh?... Actually, it is not unusual, nor racist, that most families the world over socialize to a large degree with family members, or, with close friends -- regardless of race or ethnicity... By the way, have you had a Mashco-Piro in your home for a "sleep over"? How about a Qaraqalpaq? You can't recall!?... You racist...

5. Awhile back, a "trial balloon" was floated that V-P Kamala Harris (a great judicial mind), would soon resign, and then Biden would appoint her to the Supreme Court -- once Justice Breyer would be convinced to retire next year... Meanwhile, Secretary of Transportation Buttigieg would be appointed Vice President - apparently, some think that being an LGBTQ man (any letters left out?), and supposedly being more articulate, he would be more likeable and have a better chance to be elected president,

in case Biden didn't run in 2024. Harris deflated the balloon with a chortle.

6. Countless "progressives", and plenty of easily deceived folks, who can't understand why "Smash and Dash" gangs have become emboldened and why crime rates are up, apparently have forgotten that in the name of "social justice", in the recent past they voted for national politicians, District Attorneys and mayors, who are soft on crime... And have forgotten too that they often glorified and cheered onward the law breakers, when they burned police stations, as well as torched and looted commercial stores; and, these folks also evidently thought that abolishing the police was a copacetic idea... These same bright people (NOT), are the ones who want to shut down prisons, because there are too many prisoners there; who want to outlaw tests, because too many students fail them; who want to emasculate men in America, because they want men to be more namby-pamby; and, who declare anyone flying an American flag at the house or on the car, to be White Supremacists... Aside from all that, they "want to have their cake...", and eats yours, too... More American commonsense is needed -- heck YE-AH!

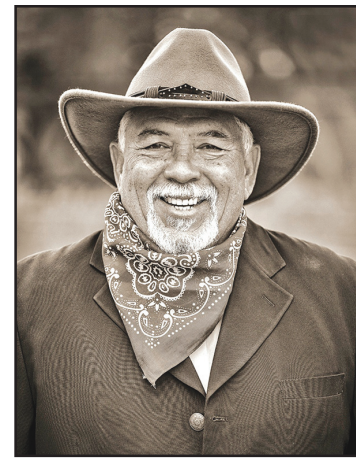
Comments/suggestions: honnod1@yahoo.com

"TIME JOCKEY" - Mighty Bees

High School Football...

High School football in Southern California has always been a community event pitting the best from one local city against the best from another. In the late 1930's, the California Interscholastic Federation named the sport as a CIF sport and thereby allowed all Southern California High Schools to begin their own teams. The CIF established various levels of competition in order to promote fairness among all players and teams and came up with a system based on a players' ability as well as their age, weight and height. Most high schools were allowed to field a Varsity and Junior Varsity (JV) team for each sport they chose to compete in, but additional teams were allowed to be established based on a criterion the CIF termed as "exponents".

By using a players' age, weight and height, a total "exponent" score would be calculated. The total "exponent" score would place the player into a competitive level which the player would be assigned and could play at during the current high school year. The player could play above his exponent level but could never play below his exponent specified level. The "exponent" levels were named "B", "C" and "D" and these levels along with "Varsity"



Joe Castillo

and "Junior Varsity" teams were all allowed if the high school could field enough members for each team.

The eastern San Gabriel Valley in the 1960's was known as the "suburbs" were young families moved and bought homes in newly established single-family neighborhoods leading to a population growth which would continue moving eastward. While the Varsity-level program continued to receive the most publicity and recognition, high schools still rallied to support their "lower" level teams which were really training squads for future "Varsity" level team. At San Gabriel High School, the "B" football achieved more success than their Varsity team counterpart when in the early 1960's they earned a winning streak of 42 games. In

the 1960 season, Coach Blynn Wilson lead the "B" football team to their fourth consecutive Sierra League Championship going undefeated in beating Rosemead, Glendora, Sierra, Azusa and Arroyo in the Championship game. In the 1961 season, Coach Wilson again produced a strong team going undefeated in Sierra League play while scoring 104 points and only allowing 13. In the 1962 season, the "B" team won their 6th consecutive Sierra League championship but finally lost a game, their League opener against Azusa, 14-13. San Gabriel High School would continue their success at the "B" level through the rest of the decade until the CIF changed their competition levels to be more school grade level than "exponent" based. The change allowed one of the more extraordinary winning streaks in Southern California high school sports to remain safe for an indefinite length of time and proved to be San Gabriel High Schools' most successful football program

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.

USPS Operation Santa Now Open for Letter Adoption

Bring Cheer to Children and Families in Need This Holiday Season

WASHINGTON, DC — USPSOperationSanta.com is live and ready to help make the 2021 holiday season special for kids and families in need. The program has helped hundreds of thousands of people for more than a century.

Over the past three weeks, the Postal Service has been delivering letters from all across the country to Santa's workshop at 123 Elf Road. And they are ready to be fulfilled.

Adopting a Letter Registered adopters should visit USPSOperationSanta.com, read through the letters and pick one or more wishes that they'd like to make come true. Once the letters are chosen, adopters must follow the directions they received in their welcome email in order to make sure gifts arrive on time. Letters can be adopted through Dec. 22. Packages can be shipped until Jan. 14.

Letter adopters are responsible for all costs to ship the gift packages, including appropriate postage.

There is still time to help make this holiday special for so many. Visit USPSOperationSanta.com, click on the registration link and follow the prompts. For security reasons, all prospective adopters must be vetted through a short registration and ID verification process before they can participate. If someone has adopted letters in the past, they must still be verified each year.

If for some reason potential adopters are unable to verify their identity online, they will be provided a code and given instructions on how to get verified in person at one of the 19,000 participating Post Office locations which offer the Label Broker service. Qualifying Post Office locations can also be found online using the usps.com/locator tool. Once approved, the adopter will receive a welcome email with detailed information on how to participate in the program.

Businesses and other organizations can also get into the spirit of the season by forming teams to adopt letters. Everyone participating on a team must also go through the verification process. Letters will be posted to the website twice a day. New for this year is a countdown clock so participants will know when new letters will be posted and available for selection.

Accept No Imitations There is only one USPS Operation Santa program, sanctioned by the Postal Service. Fulfilling wishes through the official program is voluntary and any organization asking you to give them money to adopt letters is in violation of the laws under which the Postal Service operates and is not condoned by, or affiliated with, the United States Postal Service.

ters is in violation of the laws under which the Postal Service operates and is not condoned by, or affiliated with, the United States Postal Service.

- ACROSS
1. Coalition of countries
5. King trump-er, sometimes
8. Cuckoo bird
11. ___ weevil
12. Smelting waste
13. Kitchen-wear
15. Coke or Pepsi
16. Check-in via text, email, etc.
17. Settler transport
18. *2021 Super Bowl winner, two words
20. Before long, to Shakespeare
21. Jeopardy
22. Auction action
23. Puts down
26. Coroner's performance
30. Band booking
STATEPOINT CROSSWORD
31. Snicket of "A Series of Unfortunate Events"
34. Stravinsky's "The ___ of Spring"
35. Mine passages
37. *Build Back Better ___
38. Eucharist plate
39. Table hill
40. Good review
42. "Tit for ___"
43. Buck feature, pl.
45. *First female VP
47. Evergreen creeper
48. It goes with gin, according to Snoop Dogg
50. Mongolian desert
52. *COVID-19, e.g.
55. Poison ivy or Poison oak
56. International Civil Aviation
THEME: YEAR IN REVIEW
Org.
57. Distinctive smell
59. House coat
60. Asian cuisine food thickener
61. Pelvic parts
62. Gallery display
63. Self-proclaimed greatest boxer
64. Count on
DOWN
1. "Monty Python" broadcaster
2. Rioter's take
3. Cantina pot
4. Fasteners or holders
5. Cover story
6. *Suez ___, too tight for Ever Given
7. Like custard
8. Mythological ship
9. "High" time
10. Wayside stop
12. Thinly spread
13. Look forward to
14. * ___ Papers, leaked offshore account information
19. Banana refuse, pl.
22. Exchange for money
23. Old World lizard
24. *January 20th honoree
25. Anti-elderly one
26. Those not in favor
27. Pita, alt. sp.
28. Take without asking
29. Gossiper, Yiddish
32. *Perseverance landing spot
33. Edible tuber
36. *Kabul's organization in power
38. *The Nobel ___ Prize was awarded to Ressa and Muratov
40. Snoop around
41. Snowmobile brand
44. Give the boot
46. *"Stronger" by Cindy McCain, e.g.
48. Southwestern hut
49. Sushi restaurant staple
50. ___ gum, food additive
51. Leave out
52. Home to the Leaning Tower
53. Not in use
54. One in mattress
55. Spot for a facial
58. *Actor Liotta, star in "The Many Saints of Newark"

CROSSWORD grid with numbers 1-64. Includes a small advertisement for Dish TV services at the bottom.

December 2, 2021 Puzzle Solution grid with words like ACT, CUBE, OCEAN, GAR, TEPEE, PRIMA, OBI, ADORN, YULE, LOG, BOXING, LOT, LEVI, FCC, GHEE, ANGLES, LAOS, EGIS, GUILLE, URAL, ROSES, AVIV, TOTEM, SURE, RIDE, ELIDES, RARE, DEN, DUPE, ORB, TWELVE, SWEATER, WRITE, AHA, CRAVE, RELAY, CAN, TORES, YELL, EMS, SNORT.

Advertise In The San Gabriel Valley Examiner 626-852-3374

BART The BLOCKHOUND advertisement featuring a dog silhouette and the text 'You have this... I have that... GET OVER IT...'

Emanate Health CEO Robert H. Curry Announces His Retirement

COVINA - Robert H. Curry, the Chief Executive Officer of Emanate Health—who guided the health care system to financial health, leveraged technology and innovation to grow patient services, and directed the nonprofit during the height of the global pandemic—today announced his retirement, effective April 2, 2022, after 14 years at the helm.

“As I look back on my tenure at Emanate Health, what stands out to me are the relationships that we built as a team, the challenges that we overcame together and the thousands of lives that we impacted along the way,” Curry said. “I have nothing but fond memories of my time here and leave with the satisfaction of knowing that the 1 million people that we serve will be in good hands moving forward.”

President and CFO Roger Sharma will guide Emanate Health during the transition period and oversee the health care system until a successor is formally announced.

“Rob has guided Emanate Health during a critical time in our history by reaffirming a commitment to our mission and values to drive every decision that was made to help people keep well in body, mind and spirit,” said Emanate Health Board Chairman Gary Mathewson. “Our values of respect, excellence, compassion, integrity and stewardship allow us to serve as a catalyst for change and a beacon for healthier lives. This was the compass that Rob used every day to lead our health care system.”

With an even greater commitment to our mission and values, Emanate Health staff paid the nonprofit the highest compliment. In 2021, it was named the #1 Health Care System Employer in the Country by Glassdoor, which is based solely on the input of employees, who elect to provide anonymous feedback by completing a company review about their job, work environment



Emanate Health CEO Robert H. Curry and employer.

Attesting to a career of achievements, the Los Angeles Business Journal named Rob Curry 2021 Health System Executive of the Year in Los Angeles County for smartly guiding our health care system during the current pandemic, and for a long career in advocacy to address health care disparities.

Upon his hiring in 2008, Curry immediately worked to secure Emanate Health’s financial stability and established a pathway to encourage long-term growth and prosperity. Years later with its fiscal house in order, Emanate Health received an A+ bond rating and a stable outlook from Fitch Ratings.

Among his many achievements, Curry successfully guided the rebrand from Citrus Valley Health Partners to Emanate Health in 2019. No longer known as the community hospital around the corner, Emanate Health is now recognized as a comprehensive, integrated health care system serving a million people in the region.

surgeons.

Following the sale of \$170 million in construction bonds in 2020, Emanate Health broke ground this summer to build a two-story, state-of-the-art cancer center at QVH, which opens at the end of 2022. Next year, work is expected to begin on a 60,000-square-foot Emergency Department expansion and a new Intensive Care Unit also at QVH, both addressing a growing community need. ICH will also break ground soon on a new hospital façade, main entrance and lobby.

In addition to new hospital facilities, Curry fostered an environment for Emanate Health to receive national recognition for its patient care. The health system received the American Red Cross’ Get With the Guidelines-Stroke Gold Plus award

for quality stroke care for seven consecutive years at QVH. ICH has been honored with a national award from the American College of Surgeons for meritorious outcomes for surgical patient care. The Transitional Care Unit at ICH has received awards from US News & World Report for Best Nursing Homes, Short-Term Rehabilitation, and a Five-Star Rating for Quality Measures from Centers for Medicare & Medicaid Services.

Under Curry’s watch, the health system established the Emanate Health Care Center, its first multi-specialty clinic offering Family Medicine, Neurology, Orthopedics, Cardiology, Pediatrics and OB/GYN care in the Medical Arts Building I near the Emergency Department at QVH. He also helped to establish the Emanate

Health Medical Group and IPA, which extends medical care throughout the community.

To help train the next generation of physicians, Curry helped to establish the Emanate Health Family Medicine Residency Program, which was accredited by the Accreditation Council for Graduate Medical Education and entered into an affiliation with Keck School of Medicine of USC and its Department of Family Medicine.

“I’m very proud of what we achieved in 14 years at Emanate Health and the heightened role our health care system and industry continues to play during the COVID-19 pandemic. Hospital and health care workers are now truly considered first responders by the public, helping to promote personal safety and wellness in our communities.”

The 2021 Glendora Hometown Christmas Parade IS BACK!

GLENDORA - The 2021 Glendora Hometown Christmas Parade IS BACK! The 2021 Glendora Hometown Christmas Parade is set to take place Saturday, December 11, 2021, at 9 AM sharp. The parade's motto is "All About Kids" and the theme this year is "An Old-Fashioned Christmas."

The Glendora Christmas Parade Committee is now looking for entries for this year's parade. To enter please visit GlendoraChristmasParade.com

This year's parade starts downtown in The Glendora Village at Bennett led by a special flyover, the Glendora Police Department Color Guard, and much more! The parade routes down Glendora Ave then will head west on Foothill Blvd and finishes north on Grand



Ave to Bennett.

Please join us Saturday, December 11 for some Holiday fun starting at 9 AM. Please also be aware of street closures due to the parade route so please plan accordingly.

The Glendora Christmas parade is brought to you by the Glendora Christmas Parade

Committee, City of Glendora, Glendora Kiwanis, Rotary Club of Glendora, and the Glendora Chamber of Commerce.

For more information, please visit Glendorachristmasparade.com or call the Glendora Chamber of Commerce at (626) 963-4128.



Wishing you a Merry Christmas.

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May the joy of the season bring you love and peace. Merry Christmas to a wonderful community!

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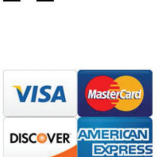


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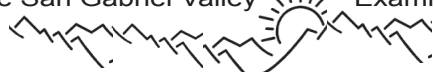
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Get 1 entry for every \$50 you spend in Glendora and double your chances when you shop a Glendora Chamber member.

KEEP THE CHEER HERE

Enter at **ShopGlendora.org**
Purchases must be from November 1st to December 17th

Kiwanis Club of Duarte Begins Holiday Season by Giving Turkeys to Families

by Kristi Lopez

DUARTE - The Kiwanis Club of Duarte celebrated the beginning of the holiday season by doing what Kiwanians do best - giving! This year, the Club with help from State Senator Anthony Portantino donated funds to support the City of Duarte's Senior Thanksgiving Feast, but the warming and filling of bellies did not end here. The Club with assistance from State Senator Anthony Portantino, Clear Air Duarte (Allegra Consulting), and AAA donated 14 turkeys to the Duarte Teen Center.

Every year there are countless families who rely on community organizations like the Kiwanis of Duarte to meet their basic needs. If you would like to help us ensure families have access to the resources they need, please contact Tina Carey at or visit our website DuarteKiwanis.org. The club temporarily meets via zoom on the 3rd Tuesday of the month.



State Senator Anthony Portantino, Frank Valenzuela – Community Services Officer, Duarte Teen Center; and Maryann Kim - Senior Public Affair Specialist Auto Club

Nominations for 2021 Senior Citizen of the Year

ARCADIA - Nomination forms are available at the Arcadia Community Center, 365 Campus Drive and the Recreation Department office, 375 Campus Drive for the 2021 Senior Citizen of the Year! Do you know someone who is:

- A current resident of Arcadia for a minimum of one year
- Contributed to better the Arcadia Community
- Not previously a recipient of the award
- If so, please stop by to pick up a nomination form or log

onto the City's website at www.arcadiaca.gov and download the nomination criteria and form. Recipient of the award will be honored at the Arcadia Rotary Club Salute to Seniors Luncheon on Tuesday, May 10, 2022 at the Arcadia Community Center. Nomination forms must be submitted to Gina Hernandez, Recreation Supervisor, by Friday, February 18, 2022 by 5:30pm. For more information, please contact Gina Hernandez at 626.821.4328.

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. We request that articles be in Word format while photos be in jpeg.

Sending Love in a Box

by Mary Rietta-Ramirez

AZUSA - The Azusa Veterans Memorial Committee gathered Saturday at VFW Post 8070 in Azusa and, with the help of many community members, filled boxes with various items that they had all each brought in to send to Azusa's hometown soldiers.

15 boxes were filled to the top with socks and snacks, chapstick, along with chips, candy, gum, and greeting cards. There were letters included, written by a multitude of Azusa students to send to the soldiers.

This is the 17th year the Azusa Veterans Memorial Committee has hosted this event. Chairman of the committee, former Mayor of Azusa, Joseph R. Rocha, thanked all in attendance for showing our soldiers that we are thinking of them. For some of these sol-



Community members signing greeting cards.

diers, these boxes will be the very first correspondence they have received. Mayor Rocha thanked everyone for putting a little love in a box and reminded us all that when we see a soldier or a vet, be sure to thank them.

Congratulations to the Irwindale Chamber's Business of the Month

IRWINDALE - The Brooke Law Group, PC (www.MonroviaTrust.com) is headed by Darrell G. Brooke, Esq., a well-known, community-involved estate planning attorney with over 30 years' experience in estate planning law. Attorney Darrell Brooke is the only Certified Specialist in Estate Planning, Trust and Probate Law, located in Old Town Monrovia. Mr. Brooke received the highest possible Martindale-Hubbell AV - Rating by his peers: 5.0/5.0 (out of 5.0).

The Brooke Law Group provides estate planning and legal services to individuals and families with its client relationships spanning several generations. The firm provides a wealth of estate planning services for individuals and families including probate, trust administration, elder law, conservatorships, tax, and business planning.

The Brooke Law Group is one of the chamber's newest members, joining us in 2019. They have been a Cornerstone member since 2020 and sponsored many of our chamber events, including the Designer Handbag Bingo Night and our Installation Dinner.

The Irwindale Chamber of Commerce

CONGRATULATES

BUSINESS OF THE MONTH

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(626) 303-1806
darrell@monroviatrust.com
www.monroviatrust.com

Brooke Law Group
<https://monroviatrust.com/>
Phone: 1 (626) 303 - 1806



The Doctor Will See You Now Meet Kurt Kurowski, M.D.!

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