



San Gabriel Valley Examiner

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December 1 - 7, 2016

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The Annual Holiday Stroll and Tree Lighting at the Glendora Village

GLENDORA- The annual Holiday Stroll and Tree Lighting in Glendora was held on Friday November 18. It was a huge success, hundreds more people showed up this year, breaking the record for the largest turnout in Glendora Village Holiday Stroll history. The famous gumdrop trees that border Glendora Village were beautifully decorated with Christmas lights that cascaded a beautiful warm and welcoming atmosphere in Glendora Village.

At the event were, Glendora Council Members Karen Davis, Judy Nelson, Mendell Thompson, and Mayor Gene Murabito. City Manager Chris Jeffers and his staff. Newly elected State Senator Anthony Portantino was also present. Business Improvement District Board Chairman Gary Andrews, Vice Chair Dalel Snider, and BID Board member Jesus Arriaga joined hands with the City Council to light the famous Glendora Village

Christmas tree.

Two Choirs participated by singing Christmas carols on the Plaza. They were The Glendora High School Choir led by Choir Director Dr. Brian Trevor and Charter Oak High School led by Choir Director Rebecca Schmalzbach.

Following the very successful Holiday Stroll and Tree Lighting is our Santa In The Plaza tradition that has taken place for the last 10 years. This event is held on December 3rd, 10th, and 17th. On each of the Saturday's listed Santa will be in the Plaza at The Glendora Village ready to meet and chat with the eager children. This is a great event to follow the annual Holiday Stroll that kicks off the anticipated Christmas season. Santa himself will be handing out candy canes, and bendable's to every child, so don't forget to bring your children for a night they will never forget. Please check website for more info www.glendoravillage.com.



Dickens Holiday Carolers sing Christmas carols in front of the Christmas Tree on the Plaza



One of the horse drawn carriages which was lit up carrying people up and down Glendora Avenue.

Azusa Unified 5th Graders Discover History Through Ceramic Art with APU Student Mentors



Powell Elementary fifth grader Ja'Nesia Penn applies a coat of glaze on a ceramic bowl she designed with the help of Azusa Pacific University student mentors during a field trip to the campus.

AZUSA - Working with meticulous precision, 44 Powell Elementary School fifth graders recently spent a day designing and glazing ceramic pictographs as a way to learn about indigenous people and geology under the guidance of Azusa Pacific University student mentors. The collaboration is helping to fulfill Azusa Unified's commitment to engaging students in art-focused, student-centered learning opportunities.

With the help of APU Art and Design Professor William Catling, Powell fifth grade teacher and art coach Cesar Govea has made it a goal to incorporate the pictographs into his daily lesson plans focusing on developing an understanding of indigenous people and geology.

"This is a very exciting opportunity for our students," Powell Principal Jennifer Wiebe said.

"They receive hands-on training outside the classroom, and they get a chance to be on a college campus and interact with students who are giving them one-on-one assistance. Not only can they visualize the art, they can also visualize being a college student. The experience really resonates with them."

Powell was recently designated as AUSD's Visual and Performing Arts campus. Last year, Powell received a Technology Enhanced Arts Learning (TEAL) grant, which provides no-cost training and professional development for teachers and administrators who want to implement arts-integrated courses of study that align with standards-based curriculum. An art coach is appointed to support the faculty.

Through a partnership with APU's Service-Learning Department, Wiebe reached out to Catling, former chair of APU's Art and Design Department, who began his first lesson by sharing photos of Native American pictographs from the Naval Air Weapons Station at China Lake.

Students are encouraged to find symbols in harmony with their own spirit, with APU men-

tors helping them transform their visions into art.

"Studying pictographs is a great way to introduce students to ceramic art," Catling said. "We want to inspire the students to embrace the history of their ancestors, and to use that knowledge to create works of art that are uniquely their own."

For fifth grader Ja'Nesia Penn, the ceramics class has not only heightened her appreciation for history, but it has also given her a chance to be creative.

"It's really fun because I don't have much time to draw, so I like to come here," Penn said. "Also, I am learning about local history and Native American art."

Students plan to display their finished pieces in the new Powell art studio, a converted classroom with stools, big tables and art supplies. After the holiday break, fourth graders will participate in the same art program.

"Principal Wiebe and our partners at Azusa Pacific have helped create an innovative approach to an arts integrated curriculum and I am excited to see where our students will go from here," AUSD Board of Education President Yolanda Pena said.

Covina Women's Club Honors Veterans



Officers with the Women's Club their guests. On the left is Captain Perez with four members of the West Covina AFJROTC and Marine SSGT Vidalisse Rivera (center with flowers).

By George Ogden

COVINA - Covina Women's Club honored veterans at their luncheon. Their guest speaker was Marine SSGT Vidalisse Rivera who gave an inspirational talk on her

career in the Marines. Also attended was Commander George Ogden from West Covina VFW Post 8620.

The "Presentation of the Colors" was done by their other guests, West Covina High

School's AFJROTC. All the guests joined the ladies at the table for a very nice lunch. They had a chance to visit and talk with their guests. This was a very nice event.

Veterans Monument Gets A Sign

SAN DIMAS - Over the last several months, the San Dimas HEROES Organization and the City of San Dimas have been working together to get a Monument Sign for the veterans monument located on the corner of San Dimas Ave. and Commercial St.

San Dimas City Council adopted the name Freedom Park after the HEROES Organization requested that the monument site be named after what all veterans have fought for and sacrifice their lives for in giving us the "freedom" we all enjoy.

Welcome To Freedom Park.



Upcoming Event?

Let us know at SGExaminer@aol.com

Irwindale Chamber's Annual Milestone Luncheon

IRWINDALE – The annual Milestone Luncheon is a celebration of Irwindale Chamber members that have reached a Milestone membership year (5, 10, 15, 20, 25, 30, and 35). The Irwindale Chamber truly appreciates the long term investment that these businesses have made over the years. This year the Irwindale Chamber held a luncheon on November 17 to honor these businesses and organizations. Irwindale City Councilmember H. Manuel Ortiz, Irwindale Chamber Chair of the Board, Phyllis Ferguson of California Custom Fruits & Flavors and Marlene Carney, President/CEO of the Irwindale Chamber recognized these members for their continued dedication and support.

Congratulations to all our Milestone Members: 35 year member Courtyard by Marriott Monrovia, 30 year members: California Custom Fruits & Flavors and Doubletree by Hilton Monrovia-Pasadena Area; 25 year Milestone Members: East San Gabriel Valley ROP/TC, Mariposa Landscape Inc. and Pro Printing; 20 year members: Alpha Auto Wrecking, American Grandstand Seating, America's Best Value Inn, City of Hope, Irwindale Police Officers' Association, John D. Tyre, Attorney, Premiere Career College, SCE Federal Credit Union, and Sierra



35 Year Milestone Member Courtyard by Marriott Monrovia

Alloys Company, Inc.; 15 year member: Residence Inn Marriott; 10 year members: Express Employment Professionals, LWD, Inc., Malcom Drilling Co., Inc., Myriam L. Pardo DDS, Partee Insurance Associates, Inc., and Eagle Photography; 5 year members: 3M Oral Care, BriteWorks, Inc., Charity One Insurance Agency, Inc., Global Processing Systems, Mayans Development, ServPro of West Covina, and Upper San Gabriel Valley Municipal Water District.

Presenting recognition plaques were Irwindale City Councilmember H. Manuel Ortiz, Irwindale Chair of the Board, Phyllis Ferguson; Irwindale Chamber CEO, Marlene Carney



30 year Milestone Members: California Custom Fruits & Flavors, Doubletree by Hilton (Monrovia/Pasadena)

Photo Credit: Eagle Photography



25 year Milestone Members: East San Gabriel Valley ROP/TC, Mariposa Landscaping Inc. and Pro Printing.



10 year Milestone Members: Express Employment Professionals, LWD, Inc., Malcom Drilling Co., Inc., Myriam L. Pardo DDS, Partee Insurance Associates, Inc., and Eagle Photography



5 year Milestone Members: 3M Oral Care, BriteWorks, Inc., Charity One Insurance Agency, Inc., Global Processing Systems, Mayans Development, ServPro of West Covina, and Upper San Gabriel Valley Municipal Water District



20 year Milestone Members: Alpha Auto Wrecking, American Grandstand Seating, America's Best Value Inn, City of Hope, Irwindale Police Officers' Association, John D. Tyre, Attorney, Premiere Career College, SCE Federal Credit Union, and Sierra Alloys Company, Inc.



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Glendora-Chamber.org



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County To Employ Detection Canines To Serve With D.I.S.A.R.M. Teams

LOS ANGELES COUNTY – A motion by Supervisors Michael D. Antonovich and Sheila Kuehl, directing the Interim Chief Probation Officer to develop an in-house canine program to assist D.I.S.A.R.M. sweeps, was unanimously approved by the Board of Supervisors.

Initiated by Antonovich in February 2000, the D.I.S.A.R.M. (Developing Increased Safety through Arms Reduction Man-

agement) program has conducted over a quarter million searches seizing nearly 11,000 weapons and drugs valued at approximately \$730 million from high-risk probationers.

"The use of these specially-trained dogs for detection of weapons and narcotics can improve safety concerns and allow residents to resume their normal daily activities sooner and with

less disruption," Antonovich said. "Having personally participated in D.I.S.A.R.M. search operations, I have witnessed the challenges faced by these probation officers and the vital need for canine assistance."

The motion directs the Probation Department to implement the program in Spring 2017 and report back to the board quarterly on its status once operational.

Officials Recognize Local Military Heroes

BALDWIN PARK - During her early adult years, Lillian Mower was determined to serve the United States as a member of the armed forces. Had she enrolled based on preference, Mower could have been the first woman to serve in the United States Army, according to one of her sons.

However, Mower was - and continues to be - petite in frame, so she was turned away because she did not meet minimum weight requirements.

It wasn't until she resorted to eating lots of bananas and drinking plenty of water that Mower was able to put on some extra pounds and was finally accepted to the United States Coast Guard. She served with the branch during World War II as an operator.

On November 11 of this year, the Baldwin Park resident was among several military veterans honored as part of Baldwin Park's annual Veterans Day celebration. Mower, who is now 100 years old, was recognized by various state and local dignitaries during the event.

Baldwin Park commemorated its 25th Annual Veterans Day ceremony on November 11 at Morgan Park. It joined numerous cities nationwide who hosted similar celebrations in their respective communities to honor those who have served in the armed forces. Yuriko Ruizsparza, a program supervisor with the city, said Baldwin Park is one of only a few entities to host an aerial show, via The Golden Stars Skydiving Team, as part of its Veterans Day program.

Last year, a 67-year-old Golden Stars skydiver was injured when a large American flag he was carrying got tangled in a tree and forced him to crash into the ground. That veteran returned for Baldwin Park's event this year as part of the aerial jumpers' ground crew, according to organizers. He is expected to make a full recovery.

This year's Golden Stars Skydiving Team showcase featured demonstration jumper Jay Fragoso, who completed his 2,771st career jump during Baldwin

Park's celebration. Fragoso, himself a U.S. Army veteran, officially marking his retirement as a skydiver as he glided into Morgan Park to great fanfare.

Ruizsparza described the local Veterans Day celebration as a "momentous occasion [that] recognizes all of the brave men and women who have served in our military."

A national holiday since 1938, Veterans Day marks the anniversary of World War I's end.

The national holiday is often commemorated with special honors or ceremonies that pay tribute to United States veterans from all military branches, as well as victims of all wars.

Baldwin Park's event was filled with various military rituals, including the Presentation of Colors and a 21-gun salute. A special POW-MIA remembrance table was also set up to honor those military personnel who never returned home.

Anthony Castañeda, a U.S. Army veteran, said the local Veterans Day ceremony is memorable for military veterans such as himself, but it also serves as a celebration for honorees' family members and friends.

"This is a good thing to do for the community, especially for those older veterans who didn't have parades and other celebrations to welcome them back when they came home," said 47-year-old La Puente resident.

"It's important that people recognize the sacrifice that these men and women are willing to make, and it's at the cost of their life. It's important for people to remember that," he added.

San Gabriel To Host Annual Holiday Tree Lighting

SAN GABRIEL – The City of San Gabriel will kick off the holiday season on Tuesday, December 6 with the 40th Annual Holiday Tree Lighting celebration, beginning at 6 p.m. in Plaza Park, 428 S Mission Drive.

The evening will include ornament making, sponsored by the San Gabriel Women's Foundation, musical entertainment by local schools and youth groups and free holiday refreshments.

At 7 p.m., Mayor Chin Ho

Liao will turn on the holiday lights and Santa will arrive on the San Gabriel Fire Department's historic fire engine, escorted by the San Gabriel Police Department. After the tree is lit, families can take photos and visit with Santa.

Community members are asked to bring a new unwrapped toy to the event to donate to the Fire Department's Spark of Love Toy Drive.

Return Of City Parade Met With Great Fanfare

Participants share excitement, feeling of support from spectators

BALDWIN PARK - Locals and visitors alike lined Baldwin Park Boulevard during the early morning hours of November 5 for a community-wide celebration. Children and their parents, longtime residents and newcomers each claimed a preferred spot along the sidewalk and awaited one thing: the parade was coming back to town.

"This is a great time for the city," said Baldwin Park Mayor Manuel Lozano. "There are a lot of residents that have been here for generations, and they have always come out for the parade. So an event like this brings back a lot of memories."

It has been about six years since Baldwin Park held its annual parade, which has been complemented by a carnival at Morgan Park. The anniversary parade used to be part of an annual celebration slated the first weekend of November. However, operation costs have kept efforts limited, according to Maria Moreno, one of the parade coordinators.

However, with the city's 60th anniversary in tow this year, officials wanted to ensure the city tradition could be resurrected. This year's Baldwin Park parade was themed "Celebrating a Diamond Community." Event organizers noted that, altogether, more than 80 schools, businesses, community groups and various guests from throughout the San Gabriel Valley joined in this year's celebration.

Throughout the parade, both participants' and spectators' energy resonated through the streets.

Baldwin Park's parade was a first for fourth grader Sabrina Ayala, a member of the

California Youth Spirit Corps, a regional organization made up of numerous local cheer squads. Sabrina, a West Covina resident, admitted she was a bit shy about the parade at first. Her perspective changed as the crowds showed their support for parade participants.

"I liked that you get to be with

your friends," said the 9-year-old Sabrina. "Doing the cheers was really fun. I would do this again."

Maria Shapen, a leader for local Girl Scouts Troop 6414, said the Baldwin Park parade helps children recognize their importance as active members of the community. Shapen said her Girl Scouts have participated in the parade in previous years, and the experience has always been a positive outcome in the girls' futures and self-confidence.

"I think they really enjoyed themselves, and hopefully this will encourage them to continue serving their community. This is when leadership starts and grows in these young girls, and this experience is an important part of that," added Shapen.

This year's parade also featured Emmy Award winner Marla Tellez as parade grand marshal. Tellez, a morning news anchor with FOX 11, has also contributed to the network's program, "Good Day L.A."

Senior Social Reception Hosted by the Commission on Aging

MONTEREY PARK - Seniors are invited to attend to learn more about available services. Attendees are encouraged to bring a new, unwrapped toy or food item to donate to charity.

The City of Monterey Park is inviting older adults to attend a Holiday Senior Social Reception on Saturday, December 10, 2016 from 11 a.m. to 1 p.m. at the George Elder Park Community Room. This social event is designed to reach out to and inform senior citizens of the variety of activities and services provided at Langley Senior Center.

The theme of the social event will celebrate the upcoming holiday season with the "Gift of Giv-

ing." In the spirit of the season, Langley Center and the Commission on Aging will be asking for donations from the public in the form of a new unwrapped toy, gift or non-perishable food item which can be distributed to needy families in our community or to select neighboring charitable organizations.

The winter social will begin at 11 a.m. with senior citizens invited in for baked goods and refreshments. Seniors will then be encouraged to browse through display tables and meet with Langley Center staff and commissioners at their leisure until 1 p.m.

Display tables will include information about Langley Center services, activities, trips, Dial-A-Ride and social clubs. A running slide show will also display senior center activities, new social media networks as well as the Langley Center Connection website and newsletter.

The December 10 event will be held at George Elder Park, 1950 Wilcox Avenue, Monterey Park, CA 91755, at the corner of Elmgate Street and Wilcox Avenue just east of Garfield Avenue.

For more information about this event or other senior center activities or services, call 626-307-1395.

Alleged Voter Violations in West Covina

By George Ogden
WEST COVINA - A resident who was voting at Shadow Oak Park Community Center, complained that someone was campaigning at the location about Measure H. This is illegal to do near a voting station.

City Staff went out to investigate and they found former Mayor Fredrick Sykes was allegedly campaigning and talking with voters to vote "no" on Measure H. This measure is to sell the old baseball field at the back of Queen of the Valley Hospital.

The old field is hardly used and has been the target of tagging and homeless and transients hanging out there. It had become very dangerous for the graffiti removal people to go there to remove or paint over the graffiti. It cost the city money to maintain something that people cannot use. The field is also land locked and people have to use the QVH parking lot to access the field when it was used. It has been an eyesore and a liability.

The measure passed and it will generate millions for the city and

will be earmarked for parkland purchases and or expansion of parkland.

As for the issue of the Sykes alleged violations, it is not sure if anyone will file a complaint with the city or the Fair Political Practices Commission (FPPC) on this issue. If there is a filing, there will be an investigation and if Sykes is found to be in violation, there could be a fine and/or a suspension of his eligibility to run for office. Sykes considered this to be parkland.

Housing Rights Center To Host Free Workshop On Rent Increases, Evictions, Discrimination, Foreclosure And More!

WEST COVINA - The Housing Rights Center (HRC), and the City of West Covina, will be hosting a FREE 'Housing Rights Workshop' for West Covina tenants and landlords on Monday, **December 12th**, 2016 from 5:00pm-7:00pm at the West Covina Library 1601 West Covina Pkwy., West Covina, CA 91790. HRC will present information and resources regarding housing discrimination and landlord-tenant rights and responsibilities.

Topics will include: discrimination against families with children, disability rights, sexual harassment, evictions, repairs, security deposits, rent increases,

substandard conditions, and much more!

Title VIII of the Civil Rights Act of 1968, known as the "Fair Housing Act," provides protection from discrimination in all housing related transactions based on race, color, religion, sex, national origin, familial status and disability. Furthermore, the California Fair Employment and Housing Act provides additional protections against housing discrimination based on marital status, ancestry, sexual orientation, and source of income. The California Unruh Civil Rights Act also provides protection

from housing discrimination based on age and protects the right to freedom from violence and intimidation in housing.

For more information, or to RSVP for this FREE workshop, please call Oscar at (800) 477-5977 extension #1103. TTY users please call (213) 201-0867. This location is handicap accessible.

HRC is California's largest nonprofit, civil-rights agency dedicated to promoting and securing fair housing. HRC investigates over 1,600 housing discrimination complaints annually and assists over 17,000 individuals with their housing-related concerns. Individuals who believe they are victims of housing discrimination or who have questions about the fair housing laws or their landlord-tenant rights are encouraged to contact HRC for additional information at 1-800-477-5977 (voice) or 213-201-0867 (TTY). Additional information is also available at www.housingrightscenter.org.

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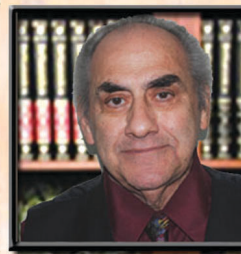
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New President but Old Habits Return to Sacramento

I hope all had a very calm, happy and enjoyable Thanksgiving with family and friends leaving all the craziness of the election season behind and just relaxing.

Republican successes in D.C. with President Trump moving into the White House accompanied by a majority in the House and Senate seats made 25% of the Californians happy but many not so happy with the outcome of our state and local elections. California politicians are on edge, at least the democrats.

Whoa! Did I say relaxing and leaving craziness behind? I think I take that back.

First, we had Hillary Clinton gleefully challenging Donald Trump prior to the election requesting his unequivocal agreement to honor the presidential election outcome. Then she lost and now she is a participant in the recount that is headed up by Jill Stein and the Green Party with no doubt that the statutory requirements to finalize that count can be finished before the deadline. Cost estimate: \$6 million. Press: Lots of it. Obama's take on it with Shade's translation: In very nice political language thought it was a waste of time and money. Trump's position: Says he would have won the popular vote also if the illegal votes were discounted. Synopsis: A big bunch of press and money with no determination at the end of the line.

Subtly known as the CalExit by the Yes California Independence Campaign located in Fresno has just filed with the Attorney General to prepared and circulate a ballot measure to allow California to secede from the Union. Yes, secede from the United States of America and become an independent country. Title of the initiative would be:



Lois M. Shade
Former Mayor of Glendora

Calexit: The California Independence Plebiscite of 2019. According to the petition filed with the Attorney General this proposal would, "amend the Elections Code, and Strike Article III, Section I from the Constitution". They paid their \$2,000 to the AG and you will get a chance to vote on that one if enough signatures are collected.

Yes California website says this state is the 6th largest economy, (I remember back in the 80's it was 5th ... wonder what happened) more economically powerful than France, a population larger than Poland and is "subsidizing other states at a loss of tens and sometimes hundreds of billions of dollars in a single fiscal year." And, they note that California has some of the highest taxes and fees than any other state and has to borrow money from the future to make things happen for the residents in this state.

If California becomes her own country, will she have her own army, navy air force and marine corps? How much will that cost and where will that money come from?

Posted on Politico were comments from Antonin Scalia regarding a screenplay being writ-

ten about the secession of Maine. Scalia commented, and I'm sure it would apply to a real issue of secession:

To begin with, the answer is clear. If there was any constitutional issue resolved by the Civil War, it is that there is no right to secede. (Hence, in the Pledge of Allegiance, "one Nation, indivisible.")

Yes California Independence Campaign president is Louis J. Marinelli and accounts from various sources say he has been working on this for a while.

According to Howard Jarvis Taxpayers Association, 80% of all the local school bonds on the November 8th ballot passed. That means the local voters who will end up paying for those bonds with an increased property tax assessment voted themselves that increase. I wonder how many will be surprised next year when they get that bill.

The good news: The Transparency Initiative, Prop. 54, passed. That means the taxpayers of California will have the opportunity to review legislation, understand the impact and comment before it is passed. Not only will they view the legislation, but ultimately be able to hold those in office supporting or opposing what comes out of Sacramento accountable.

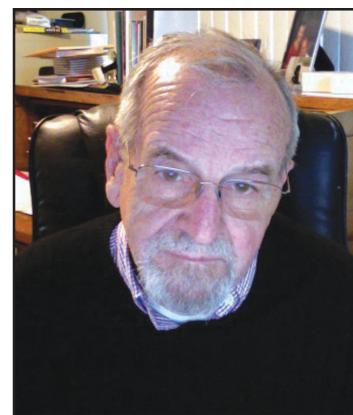
I'm sure as we recuperate from the holiday seasons in December and get into January and the legislators get back to work in Sacramento, there will be more craziness, good with the bad, happy faces and frowns ... stay tuned. And we'll find out how much of an impact President Trump has on Making America Great Again. And, California too if she is still part of the country.

Thinking About The Brain

I have recently become curious about the brain, and how it functions. I know that there is a ton of fresh research in this field, and I am trying to digest a bit of it. My concern, however, is more personal than it is academic. As I grow older I am discovering that the warm computer between my ears is growing older along with the rest of my body. In particular, my memory has taken a strange turn. I now make it a habit, when I am at a lunch table or in a meeting, or even on the streets of our community to call out to myself the names of those I encounter. But here is the problem. While I get most names right, there are several people I know well whose names have not gotten etched in my memory, and try as I might I come up with a blank when I try to name them. A few minutes later the names will come to me—unless I am still thinking about it!

There are other blanks in my memory. The other night I spent hours lying awake trying to remember the names of the three Baltic States. I could get two of them but not the third—and when the third finally came to me, one of the others disappeared. I finally looked up the names of the three— Estonia, Latvia, and Lithuania, but I am still having a difficult time keeping all three in my mind at the same time.

There is another, even more curious side of this problem. Let me illustrate. The other night I had a dream and in it I told some-



Charles H. Bayer

one that his facts were wrong and I recited to him something I knew about the property of inert, or noble, gases. Where did that come from? Seventy years ago I took a high school class in chemistry. I was not particularly interested in the subject and probably faked my way through it. I am sure that I haven't considered the properties of noble gases since then. Why should I? But there it was in a dream, conjured up from some remote crevice in my brain.

These days I find myself singing little songs and reciting strange poems I first heard from my grandmother eighty years ago.

Tammy was a Welshman, Tammy was a thief.

Tammy came to my house and stole a bit of beef.

I went to Tammy's house, Tammy was in bed.

I took a marrow bone, and hit him on the head.

Where in the world did that racist thing come from?

These days I also find myself humming little songs from my earliest Sunday School days when I was about three or four.

Climb, climb up sunshine mountain faces all aglo..

Climb, climb up sunshine mountain, looking to and fro.

Turn, turn from sin and doubting, looking to the sky.

Climb, climb up sunshine mountain, you and I.

HORRORS! What is that doing somewhere in my consciousness?

All this is enough to drive me back to writing about politics.

There is another aspect of this concern that has some currency where I live. It is the conviction by some of my friends and neighbors that the mind-or soul-personal consciousness lives on after the brain and the rest of the physical body have died. They find evidence for this phenomenon in what are called "near death experiences," and in concerns about a heavenly existence or reincarnation. My skepticism is rather profound, but I do listen to those who are interested in those subjects.

I doubt that my level of fascination will drive me into a new career regarding the nature of brain function. But here is a request. Is there some book that discusses this subject in simple language such as "Brain Function for Dummies"? If you know of one, send the details to me.

Contact Charles Bayer at candwbayer@verizon.net

Works and Wonders

December 25th may be the biggest package-opening day of the year, but gift-giving occasions come all year 'round.

I'm guessing many people would appreciate the gift of having more time - more time with family, for fun, to write the great American novel ... Even the gift of more time to figure out what gifts to give other people.

When time is of the essence in present picking, ideas can be one of the hardest things to come by.

And Glendora Public Library can help with that.

Sculptural brass watering cans, leather backpacks, smartphone charging bracelets, boxed steak knives, design-your-own headphones, sheepskin sandals, fortune cookie cat toys, karaoke microphones: If you love the romantic, foodie, "tech-obsessive" take of InStyle magazine, just hop on our website (glendoralibrary.org) with your library card and check out Flipster. With Flipster, we offer some of your favorite magazines online, and you can check out your favorite gift guides.

Besides InStyle, you'll find Sports Illustrated, Popular Sci-



Janet Stone

ence, Real Simple, Lonely Planet Traveller, and other great titles.

How about learning to fly a Cessna? A chance to drive a Ferrari? Taking a golf lesson with a PGA pro? Bungee jumping off the Bridge to Nowhere? Getting a private lesson on making sushi? Maybe the people on your list "have everything" - or don't have space to store anything more - and you're looking for experiences to give them. Come use our computers, or check out a laptop or iPad to use inside the Library, and ask our expert Information staff for internet search strategies.

If computers and you don't get along, never fear. We have computer volunteers who can work one-on-one with you to keyboard

and click your way along! Call 626-852-4891 for information on schedules and appointments.

Of course, if online resources simply aren't your thing at all, come on in and leaf through the Library's pages. What are the best toasters out there? The best smartwatches? Cameras? Coffee makers? Yes, we do actually carry paper copies of that great standby, Consumer Reports.

So whether you're trying to think of the latest thing, something to do instead of own, or simply the best thing in its class, don't forget that our job is to help you make those connections.

Happy holidays (the Library has a lot of gifts to give!).

Let Us Not Forget

December will be a rough month for a lot of people. With the holidays coming up, family get-together and so on can be very irritating on some people.

One date that seems to be disappearing from the calendar is December 7. There are about 2000 Pearl Harbor survivors still alive today. Over 90% are now gone. This is a day that lives in infamy as Japan attacked Pearl Harbor in 1941. This started World War II with the United States. Let's not try to forget, but remember those who lost their lives that day. Remember those that are still alive. Fly the American flag outside your home on that day, this will honor them.

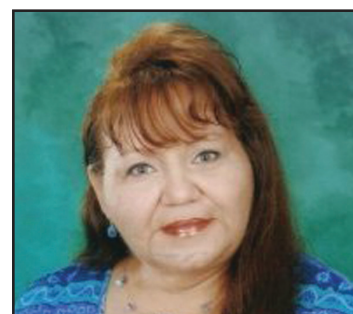
With the holidays coming up at the end of the month, try to remember those that are still serving today and will not be home with their families. If you belong to an organization or some type of club that will be sending out Christmas cards to our soldiers overseas, try to participate, sign the cards. Some groups may be trying to send care



George Ogden
That's just the way it is!

packages with all kinds of goodies to our soldiers. They would appreciate your gift.

I wanted to take the time and recognize and thank Lizet Angulo, the President of Ladies TKO who came to the West Covina VFW Post 8620 with Chef Basil to put



Lizet Angulo

on a fantastic Thanksgiving Dinner for nearly 50 people, veterans and their families on Thanksgiving Day. There was no charge for this dinner. If you left the VFW Post 8620 hungry, then that was your fault. This just had to be one of the best dinners that had ever been put on at the facility. Two other chefs also participated in donated their time to make this fantastic feast happen. There may have been as many as 500 homemade cookies made, at the end of the day there is none left.

The word soon got out about how good the dinner was and we had a number of calls from other people and other organizations letting us know what they heard. There was no doubt about it, they heard right.

So once again, a special thanks to Lizet Angulo and Chef Basil Kimbrew, an Army Veteran and Le Cordon Bleu Alumni for remembering our veterans and their families.

Lizet and Basil, you are really special people.

"That's Just the Way It Is!"

Azusa Unified Superintendent Appointed to State Board of Education's California Practitioners Advisory Group

AZUSA—Azusa Unified Superintendent Dr. Linda Kaminski has been appointed to the California Practitioners Advisory Group (CPAG), a committee made up of educational leaders from across the state who provide the State Board of Education (SBE) with critical input and recommendations on federal Title I responsibilities.

Appointed on November 2, Kaminski joins a group that was initially created by the SBE in March in response to changes in the federal Elementary and Secondary Education Act, which provides school funding under Title I to improve achievement by disadvantaged students.

"I look forward to collaborating with members of the CPAG on ways to be effective stewards of Title I so that our schools can continue to boost the academic achievement of our children," Kaminski said. "This is a role I take very seri-

ously and I am humbled to be a part of this committee."

CPAG is composed of superintendents, public and charter school teachers, principals and school board members. The group reviews state rules and regulations to provide input to the SBE on the practical implications of decisions made regarding the Local Control Funding Formula, the state funding system adopted in 2013. The group will also help the SBE create a single accountability system to satisfy local, state and federal requirements. Members serve a maximum of three years on the CPAG.

"Dr. Kaminski is an exceptional leader for the Azusa Unified School District and I am confident that her expertise will bring meaningful contributions to the State Board of Education," AUSD Board of Education President Yolanda Peña said.



AUSD Superintendent Dr. Linda Kaminski

Letters to the Editor

Opinions Are The Writer's

West Covina Districting

I read George Ogdon's recent article "West Covina Sued to Implement Districting" and column "Are Our Cities Being Victimized by Legalized Extortion?" with interest and concern. On Tuesday, November 15, 2016 West Covina's Council, in 3-2 vote to adopt a by-district voting system. I am outraged at the blatant abuse of California's Voting Rights Act of 2001 by activists Armando Sanchez, Juan Reinoso, and Alfred Williams, to use race to nullify the vote of West Covina voters who, in 2009, took the time to understand the pros and cons of the districting issue and voted to keep at-large council elec-

tions in our city. I've met two of the three activists and am astounded at their action.

West Covina has a history of voting for Asians, Hispanics, and Blacks for office—and voting people of any color out of office due to their performance. West Covina's voters are not racist but this lawsuit is. Now that the City of West Covina adopted districting, my concerns have grown. What happens if a white person should run in a District and win? Will the racial activists cry foul and get that vote nullified?

Jerri Potras
West Covina



A Decade After The Housing Peak

It is increasingly clear housing will never fully recover to pre-financial crisis levels. Indeed, the word "recovery" doesn't really make sense in the context of housing, because the boom from the mid-'90s to 2005 was the result of an unprecedented and - we now know - disastrously misguided financial experiment. Just a few years ago, Bernanke and other Fed officials promised a "real" economic recovery once housing recovers, but full recovery is no longer discussed.

The Fed has moved on. In Yellen's speech recently, she discussed five reasons interest rates might remain low for a long time. The transformation of housing since its last cycle peak is a major contributing factor to most of them.

Before the Fall

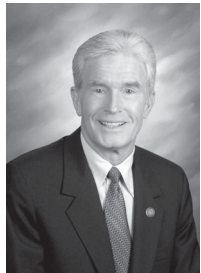
To understand where we are today requires a quick review of where we were a decade ago. Many economists talk about housing's contribution to the economy in terms of residential investment. That was just the start of it.

Housing's contributions to growth in the '2000s came from three sources:

1. Residential investment. Housing starts at the peak of the boom years were 20% higher than at any prior time.
 2. Jobs and income. During the boom, construction employment relative to total payroll employment was 30% higher than in 1990. Construction pay grew faster than pay in the rest of the economy, and continued to grow for a few years after the housing bubble burst.
 3. Savings and the wealth effect. Home values rose dramatically during the boom, and as Case, Quigley and Shiller demonstrated in 2006, households are far more likely to spend housing wealth than stock-market wealth. The USA's saving rate plunged as homeowners borrowed increasingly large amounts against home equity.
- The economic contribution from housing wealth and its negative impact on savings was huge, contributing as much as 2.0% to GDP. Destruction of housing wealth in the financial crisis also had a bigger economic influence than the drop in investment, as it explains most of the increase in the net saving rate.
- Already an important engine of growth in the Nineties, housing became the engine of growth

In A Nutshell

What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

leading up to the Great Recession. GDP was slowing, but ever-increasing contributions from housing-related activity masked most of the decline. The weakness of the underlying economy was revealed only after the Great Recession, though economists, including those at the Fed, still fail to understand how bad the damage was and how long it will likely continue to impact our economy.

The Aftermath

Home values were devastated in the Great Recession and have yet to recover. According to Zillow, the median value of US single-family housing is \$188,100, 4.3% lower than in April 2007. Adjusted for inflation, it is down 17.7%. In 2005, housing represented 29.9% of household assets, an all-time high. It is now 21.5%, barely up from a low of 20.4% in 2011. Why?

1. Down payments are higher. Down payments have a profound effect on home prices, because high down payments are a significant barrier to entry. According to research by the NY Fed, a change in the required down payment size has a far bigger impact on affordability than a change in financing rates.
 2. Loan approvals are stricter. Who cares how low the down payment requirement is if you can't get a loan? Almost all subprime mortgage lending was eliminated by the Dodd-Frank reforms. When Congress considered eliminating the FHA, Barney Frank himself warned that without the FHA there would be no subprime lending left.
 3. The rate of household formations has slowed. Tighter financing terms means first-time homebuyers are in short supply. Household formation in particular was unusually rapid during the boom because it was possible to buy a home without significant income, job or assets.
- Young adults are not buying houses, but the slowdown in household formations is small compared to the surge in those choosing to rent rather than buy.

Many young adults living on their own are renting, not buying. Homeownership is currently at 50-year lows.

One consequence of the shift from a preference to own to a preference to rent is support for multi-family construction. Multi-family completions are as strong as at any time in the past 20 years, but single-family construction remains 41% under the 1995 levels (at the start of the boom).

While new regulations make it harder to purchase homes, people may use other forms of debt when mortgages are not available. They just won't use as much of it. The drop in borrowing, or rise in saving, explains virtually all of the slowdown in GDP from the last cycle to this one.

Bottom line:

Congress Effectively Outlawed Affordable Housing in 2010

For several years after the Great Recession, almost every Bernanke speech on the economy included a warning: True economic recovery cannot happen without a housing recovery. Housing would recover slowly, but Bernanke insisted it would recover eventually. This persistent theme was quietly dropped in 2013, because by then it was apparent housing was not coming all the way back.

What Bernanke failed to understand is that the economic vitality lost in the Great Recession was not the result of lost income related to housing construction and sales. Rather, it was lost access to affordable credit, a loss compounded by restrictions placed on mortgage borrowing by Congress in 2010.

Mortgage terms are easing again now, but they will never be as easy as they were a decade ago unless parts of the regulatory overhaul are reversed. There's no question the combination of cheap, variable rate-financing and low equity went too far. Nevertheless, restrictions on home purchasing today will impact the housing industry's ability to again become the primary driver of economic growth. It will be difficult to recover to pre-crisis levels without some new engine for growth.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments :
kenherman46@hotmail.com.

Your Money - Ask Julia

Here's some thoughts on Holiday depression

First of all, you're not alone. Maybe last year's holidays were less than you'd hoped for and you told yourself that you never wanted to have that poor of a holiday again. However, here you are this holiday season, still paying on your credit cards, and it looks like this year could be worse than last. Or, maybe you've had a life change (moved, changed jobs, passing of a loved one, break-up or divorce). You're going to be okay. Slow down, take some time for yourself, and consider talking with a counsellor, therapist, or pastor. Your friends and family will understand that you are going through a period of adjustment. They are standing by, ready to help and longing to enjoy life with you again. Remember that they need your ongoing love, and that they love you, too. You might also take some time to look around, see that there are others who have it worse than you. Figure out some way to help them. It's quite therapeutic. Much unhappiness can come from the commercialization (trees, lights, decorations, exchanging gifts, partying) of Christmas. And, if you are a Christian, remember that it's a time to celebrate the birth of Christ.

How much will Medicare part B cost in 2017?

It was announced that the Medicare part B premium for 2017 will be \$134.00 per month.

What is RMD? When does it start? Is there a way to avoid it? Can it affect my tax bracket?

Note: Roth IRAs contain post-tax money, grow tax-free, and do



Julia Yoder

RMD is Required Minimum Distribution. It's the annual amount that must be withdrawn from a traditional IRA or a qualified retirement plan (401k, 403b, Keogh). Although you are allowed to begin taking penalty-free distributions from tax-deferred retirement accounts after age 59 1/2, you must begin taking distributions upon reaching age 70 1/2. If you delay your first distribution to April 1 following the year you turn 70 1/2, you have to take a 2nd distribution that year. The amount of your RMD distribution depends on your age, your life expectancy, and the value of the account. (Refer to IRS tables.) If you do not take RMDs, you might have to pay a 50% federal income tax penalty on the amount that you should have withdrawn. Tax-deferred retirement plans are subject to ordinary income tax. If your RMDs are large, you might be pushed into a higher tax bracket. Plan ahead to figure out the best time to begin taking your RMDs.

not fall under the RMD rules. Distributions from a life-insurance policy can be taken (if done correctly) income tax free, too.

My wife is healthy, but I was 'rated' for life insurance, meaning my premiums would be higher due to some health problems. Is there another way to provide for my family when- ever I die?

One choice would be to apply for a second-to-die life insurance policy with your spouse, along with a first-to-die rider. Qualifications for this life insurance would be based on your spouse's qualifications. Because of the rider, the life insurance policy would pay out whenever one of you passed. Another choice would be to invest in an annuity. This would be a contract between you and an insurance company, but without life insurance underwriting. Annuities can be used to help ensure a steady stream of income in retirement, as well as help ensure that your beneficiaries will be taken care of in the event of your death.

Got a question? Ask Julia by email:

Email questions and comments to: julia.yoder@yahoo.com
This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Realtor 01238153/NMLS 248681/ Member: Nat'l. Ethics Assoc.

THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morill - Certified Automotive Specialists

How Are Your Shocks/Struts?

Shocks and struts take a beating so we don't have to! They help us ease the pain of driving over less than perfect roads and stabilize us over bumps, when we stop quickly and when we go around corners. We pretty much take them for granted. Our own-

er's manuals tell us they need to be replaced every 30,000 to 90,000 miles, depending on our driving habits. That is a wide range!
We would like to recommend that you take some time when you are out driving around to notice a few things about your vehicle. If your car is bouncing a bit after you hit a bump in the road, is nose diving after you brake or is swaying around corners you need to have your shocks replaced.

Shocks and struts also give you another symptom if they are ready to be replaced...they leak fluid. They do a lot for us and we certainly take them for granted until we notice our ride is just not as enjoyable or comfortable as it could be. Bad shocks and struts also cause wear and tear on our tires and our suspension components.

Struts basically perform the same function as shocks except they also are an integral part of your suspension system. When you are out and about in your car and notice the same systems as above and also notice noise while you go over those bumps or turn corners you might also have an align-

ment situation. Make sure your shocks and struts are ready for whatever condition the roads you drive on happen to be in. Whatever your car may need, at Certified Auto Specialists we want your vehicle to always be ready to go when you are! Please call us with any questions at 626-963-0814 or visit our website at www.CertifiedAutoCA.com.
Hometown Service You Can Count On!

Olivet Nazarene University and America's Christian Credit Union Sign Affiliation Agreement

GLENDORA - Olivet Nazarene University (ONU) announced a signed affiliation agreement between the School of Graduate and Continuing Studies (SGCS) and America's Christian Credit Union (ACCU). The agreement is an exclusive educational partnership between Olivet and ACCU.

The agreement will provide all ACCU staff, members and spouses a 20 percent tuition discount on SGCS programming. Olivet has already enrolled the first ACCU student who began pursuing her online bachelor of business administration in September.

vides education with a Christian purpose, we are honored to partner with such a great organization in ACCU," said ONU vice-president of strategic expansion, Dr. Ryan Spittal. "Olivet is pleased to align our similar missions to help transform the lives of individuals across the country."

This partnership builds on Olivet's rigorous community outreach. SGCS has locations in Illinois, Indiana and Michigan, offering more than 30 undergraduate, graduate and doctoral programs that can be completed in either an onsite or fully online

format. Partnered with more than 200 organizations across the United States, SGCS has more than 150 learning locations, including five regional centers. SGCS also has a presence in Hong Kong along with partnerships in China, the Czech Republic, South Africa, Dubai UAE and Israel.

Recently, ONU became a participant in the new Yellow Ribbon GI Enhancement Program, designed to improve financial aid for veterans participating in the new Post-9/11 GI Bill Program. Under the current bill, veterans'

tuition is covered up to the equal amount of the highest in-state, public school, undergraduate tuition. ONU's Yellow Ribbon Program will cover additional tuition costs not covered by that bill. These funds - up to \$25,000 per student per year - are available to traditional students as well as students within the School of Graduate and Continuing Studies, including the doctoral program.

Information on the School of Graduate and Continuing Studies is available at graduate.olivet.edu.

Southern California 'Subway' Owner Sentenced for Sales Tax Evasion

SACRAMENTO - The California State Board of Equalization (BOE) announced this week that Ajay Beri, restaurateur, was sentenced in Orange County Superior Court on November 1, 2016, to nine months confinement and three years formal probation.

Beri pled guilty to felony sales tax evasion and agreed to pay \$3,021,059 in restitution to the state. Beri paid \$1,250,000 on the day of the sentencing

and agreed to pay the remaining balance of \$1,771,059 within 18 months.

Beri, 45, of Buena Park, was the owner and operator of co-defendants Ajay Beri Corporation and Beri Restaurants Group, Incorporated. Beri and his wife operated Subway restaurants located throughout Orange and Los Angeles counties since 1998.

The BOE's investigation re-

vealed that Beri collected sales tax from customers on the sale of food at Subway restaurants and knowingly filed fraudulent sales tax returns to the BOE to reduce his sales tax liability. As a result of the evasion scheme, Beri failed to report to the BOE more than \$3 million in sales taxes collected.

The California Attorney General's Office prosecuted this case.

"At America's Christian Credit Union we strive to Reach, Serve and Teach our members and staff through Biblical principles," said Mendell Thompson, President/CEO of ACCU. "Our goal is not to be just a financial institution for our members but in reality, to be a life transforming organization for those we serve. This partnership with Olivet allows us to achieve that mission."

ACCU has 90 employees and serves 86,000 members across the country with more than 5,000 branches and over 2,000 self-service locations.

"As one of the nation's top Christian universities that pro-

No matter what you drive--We are your GO-TO PLACE
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"HOME TOWN SERVICE" - you can Count On!

Around the Valley & Senior News

AZUSA

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

ARCADIA

Annual Breakfast with Santa and Free Holiday Snow Festival

The annual Breakfast with Santa will be held on Saturday, **December 3** at the Arcadia Community Center, 365 Campus Drive. Enjoy a hearty breakfast, holiday music and a photo with Santa! (limit one photo per child). Breakfast is \$10 and will be available in two shifts: 8:30-9:30am and 10:30-11:30am. Afterwards, join us for the Free Holiday Snow Festival also held at the Arcadia Community Center from 9am - 2pm (rain or shine). Beginning at 8 a.m., free parking and shuttle services from the Centennial Way entrance at Santa Anita Race Track. For more information, please call (626) 574-5113 or go on-line to the City of Arcadia's website: www.arcadiaca.gov.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club

is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

COVINA

Toy Loan Program At Covina Public Library

In partnership with Los Angeles County Department of Public Social Services, the Covina Public Library offers a new Toy Loan Program, a toy lending service allowing children to borrow toys. Honor Awards are also given to children who bring toys back on time. The Toy Loan Program is sponsored by the LA County Board of Supervisors and the Department of Public Social Services. For more information, or to sign up please visit the Children's Department. Covina Public Library is located at 234 N. Second Ave, Covina.

For more information, please call (626)384-5303.

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

DUARTE

Youth Boxing Program

Youth Boxing is an excellent program to help boys and girls ages 8-17, develop their self-esteem and self-discipline. Our knowledgeable coaches are here to teach the fundamentals of boxing, while developing footwork, speed and upper body strength. The training program will also help children gain flexibility, stamina, and coordination.

The Duarte Teen Center Gym is open Monday through Thursday from 4:00 p.m. - 8:00 p.m. and Friday from 4:00 p.m. - 7:00 p.m. There is a \$10 monthly fee

for each participant. Non-residents are welcome for \$20 per month. Register now at the Duarte Teen Center. Call (626) 303-0863 for more information or just stop by to see if you are interested.

Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$2. The Duarte Senior Center is located at 1610 Huntington Drive.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

GLENDORA

Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-9:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey

through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Glendora Public Library launches e-magazines!

GLENDORA - Visit the Glendora Public Library website, www.glendoralib-rary.org, to download the latest copies (and back issues, too) of your favorite magazines. Titles available include: Consumer Reports, Cooking Light, Men's Health, People, Sports Illustrated, Lonely Planet Traveller and more! For more information, please contact the Glendora Public Library at (626) 852-4891 or visit us at www.glendora-library.org.

MONROVIA

Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Senior Movies & Munchies

The Department of Community Services invites you to attend the FREE Movies and Munchies program open to all active adults and seniors 50 years and older. Enjoy an afternoon movie and then browse the Library's collection of movies available for rent. For additional information and

future movie titles, please contact (626) 256-8246. Movies & Munchies is at the Library Community Room, 321 South Myrtle Avenue on the **Last Friday of the month** at 12:00 p.m.

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. -

2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

WEST COVINA

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center is an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

EYE-DAS Holiday Dinner and Party

GLENDORA - Eye-Das hosts its annual Holiday Party at all 3 clubs. Glendora dinner provided by Village Eatery and cost is \$10 per person. Entertainment by Profectus singing group. West Covina is a pot luck lunch and Arcadia has lunch included.

EYE-DAS ["Eye Diseases are serious"] provides social and educational services to the visually impaired throughout the San Gabriel Valley. Clubs meet in West

Covina on December 5 at noon in the West Covina Senior Center on Cortez; in Glendora on December 12 in the La Fetra Center at 6:30p.m.; in Arcadia on December 13 at the Assistance League Building on Alta at noon. Both the visually impaired and their friends and family members are always welcome. For more information, contact EYE-DAS at (626) 335-3937 or (909) 392-0488.

Baldwin Park Unified Seeks Donations, Volunteers for Santa Clothes Project

BALDWIN PARK - Baldwin Park Unified, collaborating with the City of Baldwin Park and community partners, is seeking volunteers and donations for the 20th annual Santa Clothes Project, which will provide 300

students in need with a \$50 shopping trip at 6:45 a.m. Tuesday, Dec. 6 to Baldwin Park Walmart to purchase winter clothes. The effort will match K-12 students with volunteer shoppers to help them select clothes. For addi-

tional information, contact Bernice Acosta in the Baldwin Park Unified School District Student Support Services Office at 626-856-4605.

St. Francis Dam Disaster Presentation At The Duarte Museum

DUARTE - The ill-fated St. Francis Dam located a mere fifty miles north of Los Angeles collapsed just before midnight on March 12, 1928, unleashing miles of liquid horror and drowning more than 450 people before reaching the ocean. Author-historian Paul Rippens will relive this disaster in a power point program at the general meeting of the Duarte Historical Society & Museum, 6:00 p.m. on **December 2** at the Museum, 777 Encanto Parkway, Encanto Park, Duarte. Admission is free.

William Mulholland earned a stellar reputation bringing water to Southern California through the aqueduct he engineered. He was commonly referred to as "the chief." Why did "kill Mulholland" signs sprout up? How did he die one

of the most hated men in California's history? Rippens' presentation will bring to light the history and impact of this, the second deadliest disaster in the state of California.

Rippens was born and raised in Southern California and worked for the County of Los Angeles Fire Department for 37 years. He has authored three books on California History, including The Saint Francis Dam and Images of America: San Dimas. He is the archivist for the San Dimas Historical Society.

The meeting will include a few minutes of business before the program and will conclude with a holiday social and pot luck dessert table. For more information, call (626) 358-0329. Space is limited.

Church of the Good Shepherd Holiday and Christmas Events

ARCADIA - Classical Christmas Concert: The Vivaldi Gloria with a full choir and orchestra. All are welcome and there is free admission on Sunday, December 11 at 4 p.m. in the chapel.

Alternative Christmas Market on December 4, 11, and 18 in Jordan Hall from 10 a.m. to noon. Featuring the following organizations, Union Station of Pasadena, Habitat for Humanity, Trees for Life, Heifer Project International and FINCA. You can give gifts from these organizations in honor of a family member, friend, teacher or others on your gift list. Honor cards and an explanation of each gift will be offered at the market.

The market will also feature handmade gifts from artisans around the globe. Heavenly Treasures is a non-profit organization that finds artisans among refugees, the physically disabled, human trafficking victims, orphans,

single mothers and widows. 100% of the gifts sold are returned to the art communities. Come and give a Christmas gift that gives twice—once to your recipient and again to the organizations that make a difference right here at home and around the world!

Our Christmas Eve services are as follows:

A family service with a Christmas Pageant: 5 p.m. in the Sanctuary

Lessons, Carols, and Candles at 9:00 p.m. in the Sanctuary
Communion Service in the Chapel concluding in the Courtyard with candles at 11:00 p.m.

Come celebrate Christmas morning with us in pajamas for lessons and carols and a delicious continental breakfast! December 25, 2016 at 10 a.m. in Jordan Hall.

Church of the Good Shepherd is at 400 W. Duarte Rd., Arcadia.



Supervisor Antonovich's Pets Of The Week: "Ginger" And "Holly"

LOS ANGELES COUNTY — At the Board of Supervisors meeting, Supervisor Michael D. Antonovich presented "Ginger," a 2-month-old Chihuahua Mix, and "Holly," a 2-month-old Domestic Shorthaired mix kitten, ready to be adopted. For more information about adopting a pet, please call (562) 728-4610.



Partnership Provides Shoes for 150 Geddes Elementary Students

Gift ensures all students are equipped for 100-mile challenge



Geddes Elementary School students receive 150 pairs of shoes thanks to a partnership between Southern California Edison and Shoes That Fit.

BALDWIN PARK — Geddes Elementary students who are tackling a 100-mile running challenge received a boost to their efforts from a pair of community groups -- a donation of 150 pairs of shoes.

Southern California Edison teamed up with Shoes That Fit, a nonprofit that pairs schools with sponsoring groups, to provide the shoes.

"We are indebted to SoCal Edison and Shoes That Fit for this incredible gift," Baldwin Park Unified Superintendent Froilan

N. Mendoza said. "It's a wonderful element of support for our children and their families."

Shoes That Fit, formed in Claremont, works with thousands of school districts across the U.S. to ensure children have new, fitting shoes -- a boost to their self-esteem.

School officials identify the students who are most at need of shoes. Representatives of the community group and its employees then purchase the shoes in conjunction with Shoes That Fit.

At Geddes Elementary School, the shoes will ensure all students tackling the school's 100-mile challenge have proper shoes. The students are part of a 100 Mile Club, and work away toward their goal with weekly runs. The program is designed to build student confidence and encourage healthy lifestyles.

"We are excited about this generous gift," Principal Irene Garcia said. "It will speed our children toward this terrific goal."

West Covina Small Business Awards



The "2016 Small Businesses of the Year" recognized were: One Veg World, Mr. Pollo, Blvd Cleaners and Laundry, El Pescador Family Restaurant and Lounge and Vincenzo's Terrassa Restorante. Picture far left from the City of West Covina, Paulina Morales and in the center of the group, Mayor James Toma.

By George Ogden

WEST COVINA - The City of West Covina recognized 5 businesses at the city council meeting for being the "2016 Small

Businesses of the Year". Toma spoke of the awards and the achievements and contributions the business had in the community. Each business representa-

tive spoke about their business. The business recognized were: One Veg World, Mr. Pollo, Blvd Cleaners and Laundry, El Pescador Family Restaurant and Lounge and Vincenzo's Terrassa Restorante.

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Citrus College Honors Glendora Police Department

GLENDORA - During the November 15 Board of Trustees meeting, Citrus College recognized the Glendora Police Department as the college's community heroes and partners.

Citrus College Superintendent/President, Dr. Geraldine M. Perri, said the formal working relationship between the college's Department of Campus Safety and the Glendora Police Department enhances the safety of students, employees and campus visitors. "This exceptional partnership results in frequent communication, collaboration, 24-hour patrol, problem solving and crime prevention."

During the presentation to Glendora Police Chief Timothy Staab, Dr. Perri said Citrus College is proud to partner with the



Benjamin Macias-Ruiz, Citrus College campus safety supervisor; Dr. Geraldine M. Perri, president/superintendent; Glendora Police Chief Timothy Staab; and Trustee Susan Keith, president, Citrus Community College District Board of Trustees.

Glendora Police Department to create an environment in and around campus that is safe and secure. "We deeply appreciate the Glendora Police

Department's commitment, dedication and support in ensuring the safety of the Citrus College Community."

EVSGCH Gets Ready For This Year's Winter Shelter Program

DUARTE - Rich Hopkins has a real passion to serve the homeless population in the East San Gabriel Valley. As a board member of the East San Gabriel Valley Coalition for the Homeless, he shares not only the need of the homeless, but also how each of us can help with solutions and resources to help the homeless population. EGVHC is coordinating this year's Winter Shelter Program which runs from December 1 - March 31. Six local churches each house up to 300 people nightly for two weeks each. This includes, food, shower and a safe and warm place to sleep. Rich recently shared this program with the Duarte Kiwanis Club.

For further information on speaking or joining the club, contact Dr. Diane Hernandez at drdiane@dtremandezoptometry.com



Rich Hopkins, board member of the EVSGCH and Duarte Kiwanis Past President, Mirna de Lira Lopez.

Beau Bentzen Eagle Scout Project Troop 491- Glendora



Logan Files, David Alba, Ryan Healy, Dominic Bottancino, Isaac Le, Josh Lankford, Jonah Ivory, Beau Bentzen (with hammer), Justin Viteri, Tristin Smith, Jaden Pirog

GLENDORA - On a sunny November 19, 2016, Beau Bentzen, 16, of Troop 491 lead 10 his fellow Boy Scouts and various volunteers in the refurbishment of the sport facilities at the Glendora Lassie League Softball Fields at Finkbner Park.

Project work included removal and replacement of aged rotten wooden bleacher seats, sidestops and 2 backstops with all new wood planks. This work entailed cutting the new planks to size and painting to match original color. For many of the Scouts this was their first time using power tools. Adults closely supervised that portion of the work. Beau and his Scouts also painted and repaired the non-wooden benches in the dugouts and painted the electrical boxes and trash cans.

Beau Bentzen is a Glendora High School junior, Life rank Boy Scout and active member of Troop 491 in Glendora. He has been in Scouting since 2006,

when he was a Tiger rank Cub Scout in first grade. During his time with Troop 491 he has held positions of Assistant Senior Patrol Leader, Troop Guide, and Assistant Patrol Leader.

Beau chose the softball field refurbishment as his project after talking with representatives at the City of Glendora Department of Parks and Recreation. Upon inspecting the facilities, Beau decided this would be a project where he could do "something for the public" that would be useful to park goers "everyday".

Funding for materials were

provided through donations and help from his family. After high school Beau plans to become an entrepreneur or join the military.

The Eagle Scout Service Project, or more simply the Eagle Scout Project, is the opportunity for a Boy Scout in the Boy Scouts of America (BSA) to demonstrate leadership skills while performing a project for the benefit of his community. This is the culmination of the Eagle Scout candidate's leadership training, and it requires a significant effort on his part.

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