



San Gabriel Valley Examiner

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25 cents

Since 1997 • Published in GLENDORA, California
A Weekly Adjudicated Publication Serving all of Los Angeles County

Volume XX, Issue No. 26

STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

June 29 - July 5, 2017

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Citrus College Honors Graduates, Alumni at Annual Commencement Ceremony

GLENDORA - Citrus College celebrated the academic achievements of 1,404 graduates during its annual commencement ceremony on Saturday, June 17. Of the various degrees awarded to the Citrus College class of 2017, 916 were associate degrees for transfer. This number reflects a 21-percent increase in the number of students receiving transfer degrees compared to the 2015-2016 academic year, signifying a new institutional record.

Glendora resident Christopher Badoyan is a member of this year's graduating class who received an associate degree for transfer in history. The first in his family to attend college, Christopher hopes to one day earn a doctorate in education and become a college counselor.

"I chose to enroll in classes at Citrus College after high school because I wasn't sure which way I wanted to go, and I knew that the college faculty and staff could help me find my path," he said. "Since then, I have become more confident and sure of my abilities. I now know what I want to do."

Monrovia resident Johnny Elie Baradii was also among those honored during Saturday's ceremony. Originally from Lebanon, Johnny moved to the San Gabriel Valley to pursue higher education. Upon the recommendation of a relative, he enrolled at Citrus College.



Citrus College graduates toss their academic mortarboards at the 101st commencement ceremony.

During his time at the college, Johnny worked as a math, physics and chemistry tutor in the Math Success Center. He was also active in the STEM program and earned a Citrus College Key of Knowledge, the highest academic honor bestowed by the college.

In the fall, Johnny plans to transfer to a University of California institution as a civil engineering major.

"Being a civil engineer will put me in a position to innovate, create and design infrastructures that are better for human beings, animals and the environment," he said. "My hope is that one day I will be able to return to Lebanon and help rebuild it. I would like to play a role in designing the efficient web of transportation the country is lacking."

Dr. Geraldine M. Perri, superintendent/president, says that the experiences of these two graduates are representative of many Citrus College students.

"The Citrus College class of 2017 is a diverse group of scholars whose stories of achievement are truly inspirational," she said. "On behalf of the entire college community, I congratulate each graduate for reaching this significant milestone on their journey toward academic, professional and personal growth. It is an honor for Citrus College to be

part of their success stories."

In addition to celebrating graduates, the 2017 commencement ceremony also provided Citrus College with the opportunity to honor some of its outstanding alumni. Stephen R. Baker, Citrus College class of 1971, and Winifred Jean Brace Robertson, Citrus Union High School class of 1946, were each presented with a 2017 Distinguished Alumni Award during the event, based on their educational journeys, professional backgrounds and community service, which exemplify the institution's core values.

"The extraordinary alumni that were honored this year serve as role models, showing our students what is possible if they continue to work hard toward achieving their goals," said Dr. Barbara R. Dickerson, president of the Citrus Community College District Board of Trustees. "In fact, each person who was honored during this year's commencement ceremony, whether a graduate or an alumnus, reflects the outstanding commitment to excellence that is ingrained in Citrus College's culture. I extend my heartfelt congratulations to our Distinguished Alumni Award recipients and graduates."

Azusa Police Department Releases Video of Auto Burglary Suspect



A still frame of an auto burglary suspect.

By George Ogden

AZUSA - The Azusa Police Department recently released a video of a suspect who has been

including Facebook. It shows a male suspect with a flashlight looking into a family SUV and then opening the door and going through the vehicle to find items to steal. The Azusa police are asking for help from the community in identifying the suspect. If you see the suspect, do not approach him as they believe he is extremely dangerous and might do just about anything to get away. Call the police immediately.

It is believed the video shows the suspect committing the burglary in the early morning hours of June 13 which would be a Tuesday.

Citizens in the area have applauded the police for posting this video and those that live in the area of the crime state that there has been a high level of this type of crime in their area. The police have not stated if they have recovered any other evidence such as fingerprints or any other reliable pieces of evidence to identify the subject.

The Azusa police wants to make sure that the citizens take note and take care of their property and to call them immediately

burglarizing cars in the area of citrus Avenue and Gladstone Street. The video has been posted on various social media sites in-

And The Winner Is! --

LA VERNE - Kari Janssen, marketing manager for Visiting Angels (Senior Homecare by "Angels") of Glendora, seen pictured at left, wins the first raffle prize -- a bottle of wine -- at this month's seventh annual nine-city multi-chamber mixer sponsored by the Haynes Family of Programs and held on its La Verne campus. Calling her number, at the podium, is master of ceremonies Mark Levy, owner of Splash and Dash Groomerie and Boutique of La Verne, a board member of the La Verne Chamber of Commerce. More than 200 chamber and community members attended the event. Janssen is a member of the Glendora Chamber of Commerce. The



Haynes Family of Programs provides specialized treatment to children with special needs relating to emotional development, autism, Asperger's Disorder, learning disabilities, neglect and

abandonment. It serves more than 2,000 clients, family members and caregivers each year. For more information, visit www.leroyhaynes.org;



Of the 3,149 associate degrees awarded during the Citrus College commencement ceremony on June 17, 916 were associate degrees for transfer (ADTs). This reflects a 21-percent increase in transfer degrees over the previous year, which again places Citrus College near the top of all community colleges in California for ADTs conferred.

San Gabriel Police Department Participates In Pink Patch Project

Project designed to spread awareness about breast cancer

SAN GABRIEL - The San Gabriel Police Department is proud to support this year's Pink Patch Project initiative. A public awareness campaign designed to bring attention to the fight against breast cancer, the Pink Patch Project centers on vibrant pink patches worn by members of law enforcement.

The Pink Patch Project is an innovative public awareness campaign designed to bring attention to the fight against breast cancer and to support breast cancer research organizations in combating this devastating disease. The Pink Patch Project is a collaborative effort between the Los Angeles County Police Chiefs' Association and several public safety agencies in Los Angeles County and beyond. These agencies have partnered together to combat breast cancer by raising public awareness and to raise funds for breast cancer research and treatment.

The program centers on vibrant pink versions of the public safety officer's uniform patch. These bright pink patches have



Sgt. Christine Nolasco and Lt. Riki Nakamura represent the SGPD at the Pink Patch Project press conference.

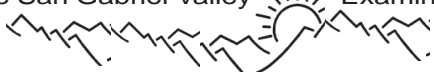
been specially designed by each participating agency specifically for the Pink Patch Project campaign. Officers at each of the participating agencies will wear these pink patches on their regular uniforms for the entire month of October each year during "Breast Cancer Awareness Month."

The pink patches are intended to stimulate conversation with the community and to encourage public awareness about the importance of early detection and

the on-going fight against this disease.

During "Breast Cancer Awareness" month in October, officers will be able to wear the pink patches on their uniforms (on a voluntary basis).

Residents can support breast cancer research by purchasing a pink patch from the SGPD for \$10. Contact Sgt. Nolasco at 626.308.2843 or at cn070@sgpd.com. All proceeds will be donated to City of Hope at the conclusion of the project.



Toastmasters San Dimas Club Winners

SANDIMAS - Our San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Monday from 7 PM to 8:45 PM. Learn to motivate and lead? Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere.

At our June 15th meeting Idaly Acosta ACS won Best Speaker, Elsa Tovar won Best Evaluator and Shauna Gilkinson won Best Table Topics.

Sweets! There will be sweets the first Thursday of July, the 6th, for a very special meeting as we will be installing our new officers for the upcoming year. They will be;

President - JoAn Haase, ACB, ALB
VP Education - Rich Watson, ACS



Idaly Acosta ACS won Best Speaker, Elsa Tovar won Best Evaluator and Shauna Gilkinson won Best Table Topics.

VP Public Relations - Idaly Acosta, ACS

VP Membership - Art Douglas

Treasurer - Art Douglas

Sergeant-at-Arms - Elsa Tovar
The new Area A5 Director of our Toastmaster's District 12 will conduct the officer installation. She is Shauna Hade.

Art Douglas will be Toastmaster for the regular program and the speakers will be JoAn Haase, ACB, ALB, Idaly Acosta, ACS and

Tim Cheng. Our Table Topics Master will be Rich Watson, ACS. You can stop by to meet with us at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave (Between Walnut & San Dimas canyon Rd) San Dimas. [http://5880.toastmasters-clubs.org/]. Contact is Art Douglas, VP of Membership of Toast To the Best (951) 505-0555.

Dorothy Fountain - Delta Nu's Woman In History Recognition Recipient At Delta Nu's 60th Anniversary Dinner

Dorothy Fountain was the recipient of Delta Nu's Woman in History Recognition Award, at Delta Nu's 60th Anniversary Dinner, held at the Village Eatery, on May 16th. This special award is given to a member who has given exceptional service to the organization.

Dorothy became a member of Delta Nu in 1990. She has held a board position in the organization for most of those 27 years. Dorothy was the Chapter Honoree in 2001 and 2011. She was president from 1998 - 2000. Dorothy served as treasurer and vice president of membership multiple times and has been parliamentarian for many years now. She has been chairperson and a valuable member of many committees over the years and is currently one of the editors of the Delta Nu's award winning newsletter. Congratulations on this prestigious award Dorothy.

Delta Nu Chapter was organized 60 years ago, on February 28, 1957, with 17 charter members. One member researched the cost of many common items at the time the organization was chartered. Several ladies who have been members for many years told us about how things have changed over the years. Delta Nu currently has 59 members. Members currently come from Glendora, Azusa, Duarte, San Dimas and other San Gabriel Valley Cities. This diverse group of women is made up of working and retired teachers

Parents and adults who participate and read during the summer help to model great reading behaviors for their students while encouraging their students to succeed. Remember summer reading isn't just for the kids! Reading incentives are available for adult readers too.

The Glendora Public Library and GPL Friends Foundation are excited to offer programs for readers of all ages throughout the summer. Please contact the Library at www.glendoralibrary.org or 626-852-4891 for complete program information.



Judy Patel and Donna Fair, Delta Nu Co 2nd Vice Presidents and Dorothy Fountain

and women who are involved in other areas of education.

During the dinner the Chapter's Outstanding Student Teacher Awards were also presented. These awards are presented to exemplary student teachers who are recommended by their master teachers or a supervising faculty member

Megan Galipeau was the recipient of the Leota Batt Memorial Fund Student Teacher Award. This Award was established by Leota's family in 2009. Leota was responsible for the establishment of the Outstanding Student Teacher Award program in the mid 1990's. Megan did her student

teaching at Montclair High School in mathematics. Megan's application will move on to the Area XIII level competition.

Steven Bier was also a recipient of an Outstanding Student Teacher Award but was unable to attend the dinner. Steven did his student teaching at Rubidoux High school in a special needs classroom. Both are attending Claremont Graduate University.

Delta Nu is the local chapter of Delta Kappa Gamma Society International, an organization which promotes the professional and personal growth of women educators and excellence in education.

Join the Summer Reading Challenge at the Glendora Public Library

GLENDORA - Last year, the Library challenged Glendora to read 35,000 hours over the course of the summer. Readers responded by smashing 35,000 hours and earning the right to slime the Librarian, Ms. Cindy. Can Glendora's readers reach 38,000 hours read this summer? If so, some of the summer's top readers will have a chance to color-bomb the Librarian. Join the Glendora Public Library's Summer Reading Challenge and help us reach our goal of 38,000 hours read by Glendorans this summer.

It's not too late to register online at www.glendora-library.org, or come to the Library anytime between now and July 22, 2017 to register, and visit the Library weekly. All participants will receive a free incentive upon registration. The more you read, the more incentives you will receive. Check the Library's website throughout the summer to find out who the top readers are!

Students who continue to read during the summer have been shown to maintain or improve their reading skills. A study conducted of Glendora Unified School District students showed students who participated in summer reading programs increased their reading

levels on average by 3 months. Those who didn't participate did not show improvement. Join the Summer Reading Challenge to help your students succeed.

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SATURDAY, JULY 15, 2017

Parade of Lanka on Colorado Boulevard
Sri Lankan Food Festival
Exotic Cultural Dances

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Fashion Show

Exhibitors from Sri Lanka

Sri Lankan Food Festival

Traditional Dance Performances

Musical Performances

Famous Sri Lankan Drumming

Parade of Lanka



Cannabis Advisory Group To Begin Work

LOS ANGELES COUNTY - Los Angeles County's cannabis regulation efforts have entered an important new phase with the convening of a diverse advisory group made up of health and policy experts, community leaders, cannabis industry representatives and other key stakeholders.

The group will meet eight times between June 29 and August 31 to develop recommendations for the County as it formulates regulations for commercial and personal-use cannabis in unincorporated areas. These meetings are part of an extensive and inclusive planning process that will also include a series of upcoming meetings to gather public input.

Topics to be discussed by the advisory working group include youth access and exposure to cannabis, taxation and revenue, operational standards for cannabis businesses, and the cultivation of cannabis for personal use, among others.

The all-volunteer group is being convened by the Los

Angeles County Office of Cannabis Management, part of the County's Chief Executive Office, and includes members recommended by the office of each L.A. County Supervisor, as well as at-large members.

The advisory team includes college professors, a cannabis attorney, a local mayor, a neighborhood council member and cannabis industry representatives, along with a variety of drug policy experts. A list of working group members and meeting dates is here.

The working group's recommendations are expected to pro-

vide guidance to County policymakers, and may be helpful to cities and other counties throughout California who are currently studying best practices for cannabis regulation.

In November, California voters approved Proposition 64, which legalized the possession, cultivation, and sale by adults of cannabis for recreational purposes.

The Office of Cannabis Management is coordinating with County departments and the public to formulate recommendations that will be presented to the Board of Supervisors.

Kid's Day & 4th of July Parade

SAN GABRIEL - Come celebrate Independence Day with us! The parade will begin at 9 am at Plaza Park, 428 South Mission Dr, and will continue north through the Mission District to Smith Park.

The parade is made up of community groups, musicians, push floats, and families. Kids are welcome to ride their decorated bike, tricycle, or scooter, or

walk in the parade. Activities at Smith Park will include a BBQ, picnic games, community booths, entertainment, and swimming at Smith Park Pool from 11 am - 1 pm (limited admission)!

All activities are FREE and prizes will be awarded for the most patriotic costumes and parade entries!

City of West Covina Hosts Annual Independence Day Celebration

WEST COVINA - Ready, Set, Fireworks! Looking for some family fun this 4th of July? The City of West Covina invites you to join us for a day filled with festivities!

Bring your family and friends out on Tuesday, July 4, 2017, for a fun-filled day beginning with a pancake breakfast from 8:00 a.m. to 11:00 a.m. at Hurst Ranch for only \$5.00 per person, which includes pancakes, sausage, juice, milk, and coffee. Hurst Ranch is located at 1227 S. Orange Avenue, West Covina. Then, head on over to Edgewood Middle/High School track area, located at 1625 W. Durness Street, West Covina, for all the festivities. Our family fun zone and beer garden

will be open from 1:00 p.m. to 8:00 p.m. and vendors will be selling food and other items from 1:00 p.m. to 9:00 p.m. The Lara K Band will have the crowd dancing to all genres of music from 6:00 p.m. until 9:00 p.m.

A fireworks spectacular that is sure to close out your day with a bang, sponsored by the City of West Covina and Athens Services, will begin at 9:00 p.m. The entrance fee for the band and fireworks show is \$1.00 per person beginning at 1:00 p.m. Children 2 and under are free. As a friendly reminder, no outside alcohol is allowed at this event and bags are subject to search. The school grounds will be secured

prior to 1:00 p.m. so any personal belongings and shade structures placed on the event grounds beforehand will be removed by the West Covina Police Department. Due to the popularity of this event, residents are encouraged to arrive early.

"We look forward to having a safe and fun event for all to celebrate Independence Day," said West Covina Mayor Corey Warshaw.

For more information about the City of West Covina's 2017 Independence Day Celebration, please visit www.westcovina.org or contact the City of West Covina Community Services Department at (626) 939-8430.

County Budget Takes Balanced Approach To Meeting Public Needs With Fiscal Prudence

LOS ANGELES COUNTY - On a unanimous vote, the Board of Supervisors have au-

thorized a \$30 billion budget for Fiscal Year 2017-1018, announced Supervisor Kathryn Barger.

"CEO Sachi Hamai and her team have developed a balanced budget that addresses the County's priorities while still taking a fiscally cautious approach to the use of taxpayer funds. This dedication to fiscal prudence will be especially important as we begin to allocate Measure H revenue to implement homeless strategies in the most effective and efficient manner.

Additionally, the county budget includes a \$27.4 million allocation for the Rainy Day Fund which is vital to ensuring the continued provision of ser-

vices in the face of unanticipated economic challenges. I look forward to the supplemental budget phase when we will be able to further augment the Rainy Day Fund.

For their collective efforts to educate credit rating agencies on the county's fiscally prudent financial management practices, I commend the Chairman, Supervisor Mark Ridley-Thomas, the CEO, Auditor-Controller, Treasurer and Tax Collector, and DHS whose efforts lead to a recent upgrading of the county's bond rating - we achieved the highest possible short-term ratings, and our long-term credit rating was upgraded to the highest it's been in a decade."

Freeways Shut Down as Pursuit Ends at 10 & 605 Freeways. Two Arrested

By George Ogden

BALDWIN PARK - on Thursday, June 22, around 11 PM the television news channels quickly diverted their attention to a pursuit in the area of El Monte and Baldwin Park by the 10 and 605 freeways. Police were chasing two robbery suspects who were trying to get away and driving at excessive and dangerous speeds as well as making maneuvers that were endangering the lives of others.

As the police helicopter and news helicopters tracked the suspects, the ground units backed off in an attempt to slow the suspects down. This failed to do anything other than to allow the suspects to continue to drive in an extremely dangerous manner. Ground units knew it was a matter of time before there would be a deadly collision and they resumed their ground pursuit.

The suspect did just about everything to get away from the police including driving in the wrong direction on the freeway a number of times.

With the news helicopter being able to zoom in on the suspects vehicle with their cameras, it established the fact that there were at least two suspects in the vehicle. One a woman and the other man.

As the pursuit continued on

the freeway, the suspects took an access road and then reversed their direction of travel once they got into a blended lane on the freeway and started driving towards traffic again. As seen on TV, this was at the interchange of the 605 and 10 Freeways. When the suspect realized that the police did not make the same maneuver, they pulled their car to the side and jumped from the vehicle. As they ran down the embankment, the news chopper zoomed in on the two suspects. The male suspect was out running the female suspect and went under an access bridge. Police from El Monte, the California Highway Patrol, Irwindale, West Covina, and the Sheriff's Department all converged on the area where they set up a perimeter to lock the suspects up into that area. At this point, the CHP started shutting down the freeway of traffic. Soon, the news helicopters spotted the male suspect running on the freeway and then jumping over a guard rail and going down an embankment and disappearing into some heavy trees and shrubbery. They notified the police air unit of where the suspect was last seen and they started training their searchlights into that area and guiding the police officers as well to that area.

During that time, the female suspect was found and taken into custody. As more and more police officers showed up to find the male suspect, a number of departments brought their canines to help with the search. The suspect was located and taken into custody.

It was believed that the suspects were involved in armed robbery. However at this time it has not been confirmed.

Barger Opposes \$3 Million Legal Defense For Illegal Immigrants Facing Deportation

LOS ANGELES COUNTY - On a 4-1 vote with Supervisor Kathryn Barger opposing, the Board of Supervisors authorized a \$3 million agreement with the California Community Foundation to provide legal defense for illegal immigrants facing deportation.

"Our federal immigration system is broken. It is the federal government's responsibility to support states and counties in their efforts to address the costs of illegal immigration," she said. "Consistent with my position on this issue on December 20, 2016, county taxpayers should not be

forced to bear the cost to provide free legal representation for those facing deportation."

On December 20, 2016 the motion to create the Los Angeles Justice Fund passed on a 4-1 vote. This motion directed the County CEO to identify and set aside \$1 million in Fiscal Year 2016-2017 and up to \$2 million in Fiscal Year 2017-18 with the purpose of provid-

ing legal representation to illegal immigrants at risk of deportation. This funding would be in addition to a \$2 million contribution from the City of Los Angeles, and a \$5 million contribution from the philanthropic community. The totality of these contributions would bring the Los Angeles Justice fund to a total of \$10 million.

Arcadia's Movies in the Park

ARCADIA - The Movies in the Park are held on Friday evenings with games and activities starting at 6:30pm on the lawn between City Hall and the Police Department (240 West Huntington Drive). Movie begins at dusk. Hot food, snacks, and drinks will be available for purchase. Movies in the Park provided in partnership with CHOICESS Arcadia.

Sing (PG) - June 30, 2017

In a city of humanoid animals, a hustling theater impresario's attempt to save his theater with a singing competition becomes grander than he anticipates even as its finalists' find that their lives will never be the same.

Lego Batman (PG) - July 7, 2017

A cooler-than-ever Bruce Wayne must deal with the usual suspects as they plan to rule Gotham City, while discovering that he has accidentally adopted a teenage orphan who wishes to become his sidekick.

Moana (PG) - July 14, 2017 - Sponsor Night - Free Give-away

In Ancient Polynesia, when a terrible curse incurred by the Demigod Maui reaches an impetuous Chieftain's daughter's island, she answers the Ocean's call to seek out the Demigod to set things right.

The Little Mermaid (G) - July 21, 2017

A mermaid princess makes a Faustian bargain with an unscrupulous sea-witch in order to meet a human prince on

land.

Finding Dory (PG) - July 28, 2017

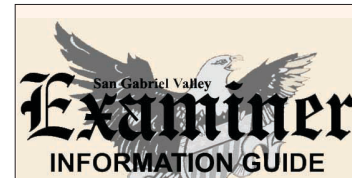
The friendly but forgetful blue tang fish, Dory, begins a search for her long-lost parents, and everyone learns a few things about the real meaning of family along the way.

Toy Story (G) - August 4, 2017

A cowboy doll is profoundly threatened and jealous when a new spaceman figure supplants him as top toy in a boy's room.

Kubo and the Two Strings (PG) - August 11, 2017

A young boy named Kubo must locate a magical suit of armour worn by his late father in order to defeat a vengeful spirit from the past.



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San Gabriel Valley Examiner, published weekly by Eumo Enterprises, has been adjudicated as a newspaper of General Circulation for the County of Los Angeles, California in Court Case No. KS 005341.

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- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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Edict From AG Becerra Ignored

L.A. Times reported California's new Attorney General Xavier Becerra has issued orders "prohibit[ing] state employees from official travel to Alabama, Kentucky, South Dakota and Texas based on his determination that they have enacted laws that are discriminatory based on sexual orientation and gender identification." Unknown to me, and I'll bet a few others, California Legislature approved a bill last year that prohibits state-sanctioned travel to North Carolina, Mississippi, Kansas, Tennessee and other states with laws that discriminate based on sexual orientation or gender identity.

The Los Angeles Times went on to say regarding the edict: "Each of those states in the recent weeks have enacted legislation that may deprive some of the individuals of those states and individuals who visit those states of their constitutional rights," Becerra said during a news conference in San Francisco.

Isn't it nice California is in such great shape these days we have an attorney general with a little extra time on his hands to review actions of other states and render opinions and criticism on their actions.

One of our gay Democrat state legislators though ignored the AG's mandate and packed up for a Texas trip anyway. Sen. Ricardo Lara (D-Bell Gardens) author of the Single Payer Plan creating universal health care for Californians, commented to the Times he felt it was important he be there to attend the National Association of Latino Elected and Appointed Officials Conference because of recent legislation passed in Texas that he felt



Lois M. Shade
Former Mayor of Glendora

was one the most anti-immigrant laws since California's Prop. 187.

Comments back from the states targeted in the travel ban included Kentucky's press secretary who the L.A. Times quoted: "It is fascinating that the very same West Coast liberals who rail against the president's executive order, that protects our nation from foreign terrorists, have now contrived their own travel ban aimed at punishing states who don't fall in lockstep with their far-left political ideology."

This comes at a time when the Democrats are receiving less than complimentary commentary in much of the press across the country. Still bruised from their recent chaotic convention, Democrats rose up after their lost election in Georgia and put the blame-game into full swing. Online newsletters and bit and pieces from other sources, showed the angry confusion over that loss.

Politico quoted Matt Blizек, MoveOn.org: ... "It doesn't matter how much money you have if it's not clear to people what you stand for, and if what you stand for isn't change." The Georgia special election was one of the

most expensive ever House elections and was one of four recent elections the Democrats have lost.

The Hill also quoted Politico about a House Democrat who has been a supporter of Minority Leader Nancy Pelosi (D-CA) and is now saying ... "you'd have to be an idiot to believe Democrats can take the House back from Republicans with her leading the party." It's obvious from other news articles, Pelosi will be the "fall guy" on the Georgia election as the Democrats seek to reconnoiter.

I think this is where Republicans can say what goes around comes around.

Meanwhile back at the ranch ... or back in California ... the Democrats are still in the band aid mode on the gas tax debacle. Their attempt to forestall the recall action against Sen. Josh Newman (D-29) by changing the recall rules and extending the process up to seven months was discovered hidden in a trailer bill in the budget recently sent to the Governor's desk.

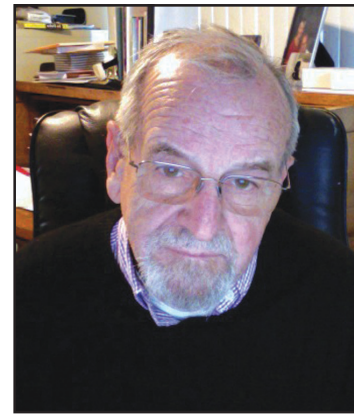
The gas tax to fix potholes suddenly became a \$2.8 billion funding package for transportation and angered the voters in the 29th senate district enough to try to recall Newman who voted to support the tax. It is the right of voters in that district to recall an elected official they've lost confidence in and they are exercising that right by gathering signatures and putting the question on the ballot. Why would the Democrats in Sacramento become so distressed they would sneak a law into the budget bill that changes the rules? Be careful ... what goes around, comes around!

The Takeover Of Authentic Religion

"If that is what religion has become, I want nothing to do with it." This came from a young adult, speaking about the takeover of religion by the political right-wing that now owns the evangelical version of the Christian faith. My young friend is not alone.

While "Christian" now seems to mean right-wing politics, authentic religion in America is being increasingly sidelined. Nobody who takes a serious look should have the slightest doubt that for years religious popularity has been in a free-fall. People, principally young American adults, have bailed out of organized religion in massive numbers. While for some time that been true for the progressive or liberal churches, for the last decade it has also been true for evangelical institutions. Today there are fewer emerging mega churches, and many that became prominent twenty years ago are beginning to fade, even to close. If you want the statistical evidence for these statements, take a look at *The End of White Christian America*, a recent well-researched analysis by Robert P. Jones.

While the reasons for this decline are many and complex, chief among them is the takeover of religion by a strident new form of fundamentalism. This institutional phenomenon has its roots, not in traditional Christian ethics, but in a carefully designed political effort. In many conservative churches the way of Jesus has been turned on its head and now looks more like proclamations by the Tea Party than it does the Sermon on the Mount. While



Charles H. Bayer

American religion had been moving in that direction for a number of years, the drift became an avalanche with the coming of the secularist, Donald Trump.

His political appeal, which includes racism, nationalism, militarism and xenophobia, has invited a too-easy transition for much of the American faithful evangelical community. Trump, who is dedicated to issues that are the opposite of a Jesus-based ethics, was elected with the whole-hearted support of from 81% to 86% of America's evangelical voters. One of the results is that thoughtful young American adults have bailed out of their churches in significant numbers.

The strength of American Christianity was formerly seen in how the nation consistently adopted a societal agenda that institutionalized justice, economic equality, civil rights, world peace, ecological sensitivity and compassion for the left out. America's main-line churches and synagogues supported public policies and laws that flowed from these ethical norms. From civil rights to immigration, America's churches backed what

they saw as a dynamic flowing from Jesus' perspective on the shape of a more just world.

Just what part of the Trump agenda do evangelicals believe is grounded in a responsible Christian ethic? Is it "America first," a wall on our southern border, the removal of health insurance from 23 million Americans, calling climate change a hoax and doing away with any program to counter global warming, the proliferation of firearms in everyone's hands, or the massive arms build up?

At the same time while liberal religion was working and witnessing for social and economic justice, it found itself hindered by anarchists and other advocates of violence who resorted to destruction of property, disruption at demonstrations and threats of assassination. Liberals have no affinity or a common cause with these thugs, and have consistently joined the rest of society in repudiating them. Nevertheless, there are conservatives who brand these activities to be the very essence of liberalism.

Why progressive religion has stood quietly by while evangelicals have continued to define religion in Tea Party-like terms, remains unclear. This in not only a political obscenity it is also a perversion of the essential ethic that has defined the Christian imperative. It is past time we branded this religious perversion for what is, a confiscation of religion by political operatives.

Contact Charles Bayer at candwbayer@verizon.net

What Gives With These Irresponsible Parents?

I can't help but ask myself what gives with the parents of our youth today? Recently, I was in one of my favorite stores, the \$.99 Store, when I observed a mother, a daughter around 13 or 14 and a boy around 10 going through the store. Out of nowhere, I see the girl drinking from a beverage bottle and only half finishes it. What she did next kind of caught me off guard. She takes the half-filled beverage bottle and shoves it behind some canned goods and leaves it there. I see this and quickly say, "What the hell did you do that for?" The mother was completely aware of what her daughter did and after I said what I said, the mother looks over her shoulder and says, "Because she felt like it."

So let's see if I've got this right, mother sees the daughter steal a beverage and drink part of it, only to stash it on the shelf for somebody else to clean up after her. I guess this simply makes her another candidate for Mother of the Year.

One of my pet peeves about parents is the fact that they let their little ones run around, disrupt and bother everyone around them. You go into a restaurant these days and the parents allow their kids to be disruptive by screaming and yelling all over the place and often allowing their kids to run all over the restaurant as if it is a playground. There is absolutely no consideration for those in the restaurant. The servers are carrying hot food and with the kids running loose it is extremely dangerous for the servers. I've seen senior citizens almost get knocked down with little kids running into them. There have been a number of times that I have been pretty vocal to the parents about letting their kids run loose. I usually get the support of other guests' in the restaurant.



George Ogden
That's just the way it is!

I get a kick out of these parents who say their kids are great after they have been arrested for violent crime. They say he's been arrested because the cops are stereotyping him. The parents don't have a clue about their kid, and the fact that he is a gang member and has been involved in crimes all along. Some of these parents think it is okay for their kids to commit a crime because it is just part of growing up. Really? These parents don't have a clue who their kids are, because they really don't even know them. I'm really impressed with those parents whose kids shoot a cop and in return they get killed and then the parents start screaming that the cops only killed him because of his race and that they are racists.

For you older folks out there, it wasn't like that when we were growing up. If you did something wrong, your mom would knock your butt all the way into another ZIP Code. Then when dad came home, he knocks you back to your home ZIP Code. Today, nothing like that happens with most parents. I know the culture has changed, but the parenting should not have.

Kids are being taught at a very young age to do things that they shouldn't. You see it all over YouTube and Facebook. Parents out there are shoplifting and giving the items to the kids to carry out. Parents letting the kids play

with guns and taking pictures of them and posting them on Facebook. There was a case where there was a person of interest for the police and when they interviewed him, he said he didn't like guns, doesn't have a gun, and has never held a gun. From a hunch, the investigators decided to go to his Facebook page. There he was, with a number of pictures of him holding handguns and rifles. So much for his integrity. He was later arrested for the shooting. And again, the parents defended him and his actions.

Today we see people wanting to carry concealed weapons so they can protect themselves from these same kids. The police have their hands full trying to protect society but they actually get handcuffed by the very laws that are supposed to protect us. It is my opinion that our lawmakers are obviously insane.

"That's Just the Way It Is!"

The 2nd Story Gallery Showcases Porcelain Artists

SAN DIMAS - For thousands of years artists with the steadiest of hands have created delicate portraits, landscapes, and patterns on bright white clay. Everyday items became priceless keepsakes in the hands of these talented artisans. In July, the 2nd Story Gallery will feature 11 porcelain artists that honor the technique and classic presentation of porcelain while introducing a modern twist.

From intricate tea sets, angelic dolls, and gold stenciled eggs, to portraits of John Lennon and Shirley Temple; the art show is sure to have something for everyone. The 2nd Story Gallery Art Show will be held on July 14, 15, 21 and 22 at the Historic Walker House, located at 121 N. San Dimas Avenue. Admission and parking are free! Tour the gallery and enjoy the Artists Reception. Friday Reception courtesy of Luca Bella Restaurant. Meet the artists, discuss their

By Joe Castillo

TV Heroes.... With the passing of Adam West a few weeks ago, it brought back memories of the Batman TV series which ran from 1966 to 1968. As a young kid growing up at that time, Batman was the show everyone waited for all week. It was so popular that it ran on two separate week nights, Tuesday and Wednesday, and was rated as one of the top TV shows during its time on the network. It seemed like it ran for more than 3 seasons but that may have been because of all the reruns of the show. But it was Adam West which made the show what it became. He played a straight and narrow super hero who seemed to be more at ease wearing his cowl than without it. He talked in an almost boring rhythm with a flair for dramatic pronouncements. The TV show added to his delivery by showing colorful images with action words like WOW, POW, ZAP and WHAM in bright colorful overlays during fight scenes.

West started out as a small bit role actor who was struggling to make it in the business until he

appeared in a commercial which was seen by the future director of the Batman series. He took a screen test and sure enough he got the lead role of the masked crusader Batman. West had his doubts that he could successfully play the part of the crime-fighting Batman but something happened to his confidence when he put on the black cowl and flowing cape. He became the Batman, even though a bit goofy, he played a more heady version of the comic book character, a version which appealed to the young kids in the mid 60's.

West completed filming the first show which was to make its debut on TV on a Tuesday evening. The show ended in a cliff-hanger and continued to the next show which would air on Wednesday night. West was so disappointed after watching the initial show that he went to the market to get some quick food and spirits to drown away his disappointment. While waiting in line, he heard the kids ahead of him pressuring their mother to get home as fast as possible so

that they could watch Batman. At that point West knew he had fallen into something special.

The show's popularity grew and would become a Top Ten rated show, both Tuesday and Wednesday showings. The series only lasted three seasons but reruns kept it in the forefront so that generations of kids would be able to watch it long after its original showings had finished their run. West became entrenched as Batman and the stereotype made it difficult to find new acting assignments. But instead of fighting the dilemma, West embraced it and appeared as the first Batman character in any way or event asked of him and his popularity remained strong. Adam West will always be remembered as the Batman but when the City of Los Angeles displayed the Bat-signal on City Hall it was a reminder to all of us that West, the person, was much more than a comic book character....

Joe Castillo is a freelance historical writer and can be reached at joeacastillo@aol.com

es have an effervesce, highlighted by the delicate colors and gentle brush strokes on traditional mediums.

Lois Offstein - During her experience as a Speech-Language Pathologist, her clients used art to communicate. Her art is a visual celebration of life.

Mary Wallace - Born and raised in Pomona, her whimsical trademark style was developed during her 29-year tenure as a grade school teacher as she hand-painted tooth fairy boxes for her students.

Patricia Whitmore - She expresses a deep appreciation of the nearly endless color and variety of flowers. The mineral-based china paints, yield an infinite array of colors that make her paintings realistic and detailed.

Roberta Denny - This Southern California native is noted for introducing the style of "chintz" to porcelain painting. Now she

continues to introduce this art form to her students.

Shannon Wegener - Brings out the most delicate features of her subjects which include majestic animals, crashing waves, and young ladies.

Susan Hertzberg - Enjoys the process of firing and developing the pigment. As the pieces emerge from the kiln, the glaze and color deepen and the painting is revealed.

For more information visit sandimasarts.org. The 2nd Story Gallery resides in the Walker House, an architectural master piece. The stained-glass windows, intricate woodwork, are fully restored to its original Victorian-style. Hidden within this gem is the Luca Bella Restaurant serving top quality cuisine and drinks. Before you go, visit the San Dimas Historical Society Museum displaying vintage San Dimas. Admission is free.

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Don't Confuse Housing Recovery with Housing Strength

In the first quarter, household wealth grew by \$2.35 trillion to a record, which Bloomberg News claimed is "underpinning consumers' ability to continue spending and will contribute to the economic expansion." The household wealth number was a big increase, but most of it was in stocks. Countless studies of the wealth effect have shown people do not readily spend stock market wealth. They do, however, spend housing wealth. Still, as Bloomberg points out, home values are rising, mortgage debt is growing and housing is contributing to spending again.

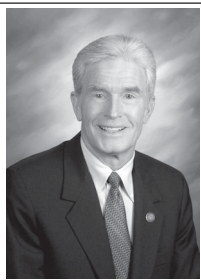
Ten years ago, housing contributed two percentage points to annual GDP growth. Now, it accounts for no more than a few tenths. Builders remain cautious, regulation continues to prevent many young less affluent buyers from becoming homeowners. And, with the Fed raising rates, it's not likely to get much better any time soon.

Existing home sales are resales. That is, for every existing homebuyer, a seller has to move out. When existing home sales climbed above 7 million in 2005, it marked a furious pace of housing turnover. The 1.4 million pace of new home sales in 2005, however, revealed housing's overheated state. The prior peak new-home sales rate, in the late 1970s, was 800k. We almost doubled it in 2005.

For decades before the housing boom and bust, first-time buyers freed up homeowners to move up into bigger homes. New construction was primarily a response to population growth. While the correlation between new and existing sales wasn't consistent, it remained close to a constant five-to-one ratio, existing to new, for four decades from 1975 until 2005.

The 2009 sales collapse hit new homes much harder than existing ones, reflecting a number of people caught with more than

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

one home bought as a speculative investment plus tighter mortgage guidelines blocking first time buyers. Based on the 16.7% drop in first-time purchases between the decade up to 2007 and the decade hence, CNN Money estimates 3 million first time buyers, or 300,000 per year, have been blocked from buying a home in the past ten years.

The number of spec houses on the market has risen 50% from its Great-Recessionary low. Nevertheless, at 59,000 it is lower than at the trough of both the 1990 or 2001 recessions and well below the 2007 peak of 194,000. Builders are more cautious, at least in part because regulation has made it very expensive to finance more than one housing construction project at a time.

Real residential investment by all builders in new construction expenditures recovered from a low of \$377bn in the second quarter of 2009 to \$615bn in the first quarter of 2017. That is a whopping 63% increase, but the rise attests more to housing's weakness during the Great Recession than its strength today. New residential construction recently has accounted for just 3.6% of GDP, still below the 1982 low (as a % of total GDP). Until 2009, 1982 was the weakest year for housing construction since WWII.

Housing construction contributed only 0.04% to GDP growth in 2016 and has averaged 0.24% since 2010. That's paltry,

but construction never added much to GDP growth anyway. At the peak of the boom, in 2003, it added just 0.66% to GDP growth. Housing's biggest boost to GDP has come from mortgage equity extraction.

Mortgage finance and consumption boost

From 2004-08 households extracted equity from their homes at a rate of \$600-800 BILLION a year by refinancing and running up home equity lines of credit. By 2009, home equity credit lines peaked at \$700bn, while total mortgage debt peaked at \$14.8 trillion. Mortgage debt has increased since the first quarter of 2013, but at \$14.4 trillion, it remains 2.7% lower than eight years ago. Home equity credit continues to shrink as existing lines are paid down faster than new ones are opened.

Even as equity lines shrink, households are using cash-out mortgage refinancing to extract equity at a rate exceeding the drop in Home Equity Lines of Credit (HELOC). As a result, cash available from housing finance sources is contributing to consumption again.

The contribution is small, however. During the boom years, households extracted equity amounting to a whopping 4-7% of GDP every year from 2002-07. They used this money to consolidate debts, finance consumption and build small businesses. In contrast, last year's extraction amounted to 0.44% of GDP and followed seven consecutive years of mortgage debt consolidation. In other words, there is once again wealth extraction going on, but it is tiny compared to past periods of spending exuberance and negative saving rates.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

Happy 4th of July!! Appreciate your Freedom!

Please make an effort to keep this 4th of July a safe and happy one for yourself and others by obeying the laws for fireworks. If you drink, don't drive (take a taxi or have a designated driver). Celebrate and be thankful for your freedom and your rights, but not at the expense of others. Thank a soldier! Read the Constitution, Declaration of Independence, and Bill of Rights. Listen to some patriotic music.

We must recognize our responsibility to maintain our freedom for those who have died, those of us living now, and those who have yet to be born.

I just got my Medicare card. Can I request a card without my SS number on it?

No. However, by April, new Medicare cards will be issued without the patient's SS number. Scam Warnings. Medicare does NOT call you. Medicare does not charge for this new card. If anybody calls you and asks, "Can you hear me?" do NOT answer "Yes." Scammers record your "Yes" and use it later to access other accounts.

How do economists figure out if our economy is getting better or worse?

Economists look at statistics compiled by the Census Bureau, the Bureau of Labor Statistics, the Bureau of Economic Analysis, for example, and conclude whether the economy is in a slowdown or a recovery. The



Julia Yoder

consumer-related indicators are: employment, retail sales, new-home sales, personal income and spending, and the consumer price index (oil and food excluded). Of course, there are un-ending arguments regarding what should be included or excluded in these reports. As we know, resulting reports can be altered by the detailed information sourced. In other words, facts can lie. For example, if they only count full-time employment, what about all the folks who lost their full-time employment and are now working one or two part-time jobs? If they only count those receiving unemployment benefits, what about those who have used up their benefits but are still unemployed?

All my retirement savings are in old my 401(k). I am SO stressed! If the stock market crashes, I don't have time to wait for it to regain the losses. What can I do?

Consider diversifying into different types of investment prod-

ucts. Having all of your investment dollars in stocks makes you vulnerable to all the ups and downs. By having some of your investment dollars in fixed, or fixed-indexed products, you avoid such volatility. With these types of investment products, you are not privy to all the gains of the stock market, and you do not suffer from the losses. Your investment dollars and subsequent gains can be locked in every year on the policy anniversary (date of initial investment).

Does money invested in CDs have to go through probate?

Yes. Proceeds from a bank CD go through probate and may be subject to expenses, delays, and lack of privacy. You have choices. The right life insurance policy, and/or the right annuity, with properly designated beneficiaries (not an estate or trust) can be passed on to heirs without the expense and delay of probate.

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Realtor 01238153/NMLS 248681/Nat'l. Ethics Assoc. Home loan application: <http://blink.mortgage/app/signup/p/allsourcemortgage/juliayoder>. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

L.A. Fitness Club Grand Opening Slated July 8

Giveaways, free gym classes on tap for celebration

BALDWIN PARK - A slew of giveaways and celebrity appearances are among the specialties lined up early next month, when locals celebrate the official grand opening of the new L.A. Fitness center in Baldwin Park.

The special debut event is slated from 9 a.m. to 8 p.m. on Saturday, July 8, although most festivities will begin after 11 a.m. with an official ribbon cutting ceremony.

"All of a sudden it's here, and I'm extremely excited," Baldwin Park Mayor Manuel Lozano said of the gym, at 13822 Garvey Ave., that is the first of its size in this city.

Lozano and other City Council members, along with Baldwin Park Business Association and other city dignitaries, are expected to help showcase the new L.A. Fitness during the grand opening festivities on July 8. On tap during the festivities will be entertainment by REAL 92.3 FM, along with radio personality "Ayyde," plus several giveaways for eventgoers. Other highlights on the schedule include:

- Radio event with REAL

92.3 FM, 10 a.m. to 12 p.m.

- Complimentary Boot Camp clinic, 11 a.m.
- Complimentary ZUMBA class, 12 p.m.
- Basketball free throw event, 2 p.m. to 4 p.m.
- Los Angeles Lakers Girls appearance, 10 a.m. to 12 p.m.
- Kids Klub face painting and balloons, 10 a.m. to 3 p.m.

Baldwin Park's L.A. Fitness formally opened its doors to the public on May 30. Since then, the facility has been abuzz with new members and visitors.

Construction of the two-story gym began a year ago. The new L.A. Fitness center was erected on the five-acre property at the southeast corner of Francisquito and Garvey avenues, just north of the San Bernardino (10) Freeway. That area had formerly been vacant for years, but has also been a center of commuter traffic in the city.

"We know convenience is key to staying with a personal fitness program. Our new location on Garvey right next to the 10 Freeway is what is known as a gateway position and provides easy access to the

club for residents both north and south of the freeway," said Bill Horner, senior Vice President and chief real estate officer with L.A. Fitness.

The new gym boasts of a 35,000-square-foot main level, as well as a 10,000-square-foot mezzanine that hosts a full-size basketball court, racquetball courts, men's and women's lockers with showers, and saunas. The venue also features several amenities for visitors, including: a cycling studio, an aerobics studio, a three-lane indoor swimming pool and spa, free weights, traditional cardio equipment and personal training areas. Other extras such as personal training and babysitting are also available for an added cost.

Lozano called the new L.A. Fitness a state-of-the-art facility that will "help develop a fitness-driven community" in an area that has been vacant for many years. "I've talked to residents who have been really excited because they go to the [L.A. Fitness] in West Covina, and they wanted one here as well," he added.

Project associates anticipate that an additional three to four businesses will eventually make their home on the same lot as L.A. Fitness.

For more information about the L.A. Fitness grand opening event, contact Yauchzee at (626) 813-5204 or via e-mail at syauchzee@baldwinpark.com.

Will My Engine Oil And Oil Filter Go The Distance?

Choosing the right engine oil and oil filter for your vehicle is tougher than ever with all the different products on the market today. Oil and filters today need to lubricate better and filter more particles than ever before, due to the longer change intervals. Vehicle manufacturers in the 80s and 90s set oil change intervals to 3,000 or 3,500 miles because oils and filters of those days would break down fast as a result of the oil refining process and engine design.

Oils are much better, with synthetic products and are actually required in the majority of cars today with extended service intervals of 7,500 to 15,000 miles; it is more critical than ever to use the correct oil and oil filter. Many oil filters are only designed to filter for up to 5,000 miles, of

course these filters will cause engine failure on a 15,000-mile oil change. Filters not designed to go the distance will clog up and can start bypassing so no oil is being filtered at all. This can be disastrous on today's high performance engines.

Don't use just any oil. Our shop has what I call the wall of oil. We carry 20 plus different oils; they are not compatible with each other and don't let anyone tell you different. If your car requires a 0w20 oil, that's what it takes, the engine is designed to work at peak efficiency and emission levels for that specific oil.

The sad thing is some people don't have all the oils and will use what they have on hand. While the incorrect oil will work and you may never know the difference,

it slowly wears out your engine and premature engine failure is imminent.

The difference between a car going 100,000 miles and one going 400,000 miles is directly related to the oil and filter you choose and interval change frequency.

Make sure you check your owner's manual and talk with your service professional to ensure the oil and oil filter they are using on your vehicle will go the distance.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can Count On!

Brandywine Homes To Build Community Offering 28 Single-Family Homes

Saddle Creek Will Offer Much-Needed Housing in Underserved San Gabriel Valley

SAN DIMAS - Following an entitlement process that took more than three years, Saddle Creek 28 Group, a subsidiary of Brandywine Homes, has acquired a 10-acre site entitled for 28 single-family homes in San Dimas, Calif. Saddle Creek is scheduled to break ground later this year.

"Saddle Creek is the first significant new-home neighborhood to be approved by the City of San Dimas in years," said Dave Barisic, principal in charge of sales and marketing for Brandywine Homes, a pioneer of infill development in Southern California. "We hope to bring back families who have moved out of the area

because of the lack of new housing opportunities in the San Gabriel Valley."

The detached, single-family, one- and two-story homes at Saddle Creek will range from approximately 2,700 to 3,700 square feet and feature designer finishes, gourmet kitchens and master suites.

"Finding a home in this area with lot sizes from 7,500 to 13,100 is practically unheard of," Barisic said. "The homes will feature a 12-foot-wide side yard that can accommodate an RV or a large boat, which you don't see in new homes these days."

Located in eastern San Gabri-

el Valley and surrounded by the scenic San Gabriel Mountains, San Dimas is a tight-knit community with excellent parks and recreational facilities and public schools. Claremont Colleges, Cal Poly Pomona and the University of La Verne are nearby, and Los Angeles is a 30-minute drive.

According to the National Association of Home Builders' formula to determine the local impact of single-family housing in typical metro areas, adding 28 single-family homes will generate \$8 million in local income, \$1 million in taxes and other revenue for local governments and 110 local jobs.

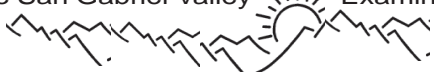
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Around the Valley & Senior News

AZUSA

AUSD Free Meals to Children

Azusa Unified School District will offer free lunches this summer to children ages 18 and under through the federal Summer Food Service program. Lunches will be served from noon to 12:30 p.m. Monday through Friday through July 28 at school campuses and public parks. Meals are available to any child residing within Azusa Unified boundaries. Call Nutrition Services at 626-732-8057 for specific locations and times.

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA

Tennis Anyone, Classes and Camps

Tennis Anyone has been teaching successful tennis classes for the Arcadia community since 2012. Tennis Anyone believes in the development of tennis players from beginning through competitive tournament levels. Their goal is to run a comprehensive program of classes that will suit the needs of all ages and levels of players. Coaches are energetic, dynamic, friendly, fun, and passionate about the game.

This summer, Tennis Anyone is offering Pee Wee, Beginner Junior Tennis, Intermediate/Advance Junior Tennis, Small Group, and Adult classes, as well as weeklong camps. Don't miss out and sign-up today! For more information, please visit our website at www.arcadiaCA.gov or call the Recreation Office at 626.574.5113.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

COVINA

Volunteer Your Gift Of Music

Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call

Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email at tramirez@mail.cvhp.org to start the application process.

DUARTE

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$2. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe

Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

GLENDORA

Regional Food Bank Distribution Program

The La Fetra Center and the Los Angeles Regional Food Bank invites SENIORS (Ages 60+) to participate in the Commodity Supplemental Food Program. Current Food Bank participants can receive a FREE food kit once per month which contains items such as canned meats, canned fruits and vegetables, dry milk, cereals, and related products.

Participants must meet the following income guidelines to be eligible: one person household income must not exceed \$1,211 per month and a two person household income must not exceed \$1,640 per month. You must provide income verification and a photo ID with birthdate at your first visit. The La Fetra Center distribution takes place on the **Fourth Tuesday of Every Month** from 1:00 p.m. 3:00 p.m. For additional information, please call the Center at (626) 914-8235.

Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes stressful. This peer support group is designed to share experiences,

and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

MONROVIA

Tenth Annual Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For ad-

ditional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880

La Fetra Center Annual Senior BBQ

GLENDORA - It's that time of the year again! The La Fetra Center is hosting its Annual Senior BBQ on Friday, **June 30th** 11:00am to 1:00pm at Finkbinder Park in Glendora. Enjoy the sun, greet old friends and make new

ones as we eat lunch and listen to the sweet tunes of the 5 Star Band. Purchase your ticket at the La Fetra Center; 333 E. Foothill Blvd. Glendora. \$5 Partners Members \$6 Non Members.

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WEST COVINA

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

• For questions on the location

of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.
- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center is an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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Paul Lopez Awarded Gene Beckwith Memorial Humanitarian Award



Paul Lopez receiving the Gene Beckwith Memorial Humanitarian Award from GUSD Superintendent Dr. Rob Voors and Glendora Community Coordinating Council President Gene Morrill.

GLENDORA - Paul Lopez, Principal at Glendora High School, was awarded the Gene Beckwith Memorial Humanitarian Award at the June 12, 2017 Glendora Community Coordinating Council meeting. This award is in honor of the late Gene Beckwith who was well-known in Glendora for his extensive community involvement and leadership for more than 25 years. Paul is Mr. Glendora having grown up in Glendora, attended Glendora schools and works in Glendora. He served in countless leadership roles at Glendora High before taking his current role of principal. Paul has not only been a strong leader at Glendora High School but in the community as well with emphasis on youth. He volunteered for the Glendora Youth Basketball program for over 10 years. He served on the Youth Sports Council for four years, Community Services Commission for eight years and was the

liaison for the Senior Advisory Committee. Paul spearheaded the development of the Parks and Trails Master Plan, helped in the renovations of the Louie Pompei Sports Park including being active in bringing artificial turf to the park, the South Hills redesign and dog park and Big Tree park renovations. Paul is currently the Key Club Advisor at GHS, is a founding member of the Glendora Community Services Foundation and the Mt. Sac area representative for California Interscholastic Federation. It is with great honor that Paul was recognized

with Glendora Community Coordinating Council's Gene Beckwith Memorial Humanitarian Award for all he has done for Glendora.

The GCCC is always looking for volunteers from the city to be recognized each month. If you have a nominee please visit our website at www.glendoraordinatingcouncil.org for a form and contact information. We'd like to thank Steve Welker from Ideal Solutions Insurance Services, Inc. for being our meeting sponsor.

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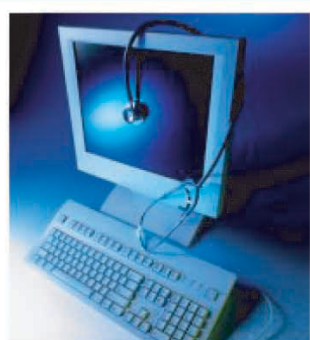
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** Two clinical studies have shown that binax provides better than normal hearing in certain demanding environments (University of Northern Colorado, 2014; Oldenburg Hörzentrum, 2013): Speech Reception Thresholds (SRT) in cocktail-party situations improved up to 2.9 dB for wearers with mild to moderate hearing loss using Carat binax or Pure binax hearing aids with narrow directionality, compared to people with normal hearing.

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Seniors Find That Doing Good Is Good For You

There are two things that older adults have in spades these days: time and knowledge. And both make them the perfect match for volunteering.

By giving back as little as two hours a week, or about 96 hours a year, older adults are discovering how to keep their lives active and healthy.

Research shows that seniors who volunteer can combat depression, stave off chronic pain, and boost brain power. In short, volunteering can promote longevity.

Still need another reason to get out and volunteer? With the number of volunteers age 65 and older expected to double in a few years, chances are you'll reconnect with old friends and make new ones.

"Volunteering gave me a reason to get up in the morning and stimulated my brain as I learned about topics and issues that were completely unfamiliar to me," says one volunteer.



To help educate older adults about the benefits of volunteering, the National Association of Area Agencies on Aging (n4a) launched a public education campaign to raise awareness of the issue and to prompt older adults to take action. The centerpiece of the campaign is a publication, "Doing Good Is Good For You: Volunteer!"

This brochure provides you

with a Self-Assessment Checklist that can help you evaluate the range of issues and activities that you may find most interesting in a volunteer setting.

For example, are you interested in animals, politics, or art?

Do you enjoy activities such as gardening, tutoring, or counseling?

The Checklist gives you dozens of options.

One prospective volunteer who completed a checklist of his interests was a lifelong musician. He checked "arts and culture" as a favorite and said he loved teaching others. When the local volunteer coordinator signed him up, she had no idea that his instrument of choice was a ukulele. Two years later, his lessons have become so popular, he's teaching in two senior centers to packed classes.

The point is, there's a volunteer opportunity for everyone, and it can be found with the simple click of a mouse.

For more information on volunteering, and to download your free copy of the brochure and other resources, visit www.n4a.org and find the "Volunteer Resource Center" under n4a Initiatives. (NewsUSA)

How to Best Cope with Summer Heat: Be Weather Ready



(c) Dasha Petrenko - Fotolia.com

Summer can be hot, sticky and downright uncomfortable. It can also be dangerous if you are not prepared.

Cope with the heat this summer and stay healthy and safe with these helpful tips.

- **Maintain your air conditioner.** The last thing you need is a broken air conditioner on a hot day. Regular maintenance of your unit can help ensure it will work all summer long. The easiest, and perhaps most important, maintenance task you can perform yourself is to clean or change the filter routinely. For more complicated tasks, you may wish to hire a professional technician. Likewise, you'll want to be sure your car's air conditioner is in good working order, particularly before a major road trip or heat wave.

- **Stay informed with accurate weather information.** Accurate weather information is one of the best ways to make informed decisions and be prepared for daily outdoor activities, family vacations and travel plans. Consider a source recognized for its superior accuracy – the AccuWeather app can be a good go-to resource not only this summer, but year-round, to help keep you safe. It features AccuWeather MinuteCast, an exclusive minute-by-minute precipitation forecast for the next two hours specific to your exact GPS location. Plus, the app's AccuWeather RealFeel feature lets you know how it actually feels outside so you can properly plan for outdoor summer activities and the day ahead – from what to pack to what to wear. If you're constantly on the go, don't worry, because the app delivers severe weather push alert notifications that can help keep you safe and better prepared for anything that comes your way. The award-winning AccuWeather app is available on all of Android mobile devices, as well as on iOS, for free.

- **Know what to wear.** During the summer, lightweight, light-colored, loose-fitting clothing can make all the difference to your comfort. The less fabric you have actually touching your body, the cooler you will be.

- **Schedule outdoor activities carefully.** During periods of intense heat, stay indoors and, if at all possible, remain in an air-conditioned location. If your home does not have air conditioning, consider going to a shopping mall or public library for a few hours – spending time in air conditioning will help your body stay cooler once you go back out into the elements. Limit your outdoor activities to morning and evening hours when it's cooler.

- **Stay hydrated.** Summer fun often means being outdoors, but listen to your body and take breaks to rest, rehydrate and cool off. Bring water or a sports drink with you when you are exercising, at the pool or even just making your way around town. Make sure to avoid alcohol and caffeine, as they can quickly dehydrate you.

With up-to-the-minute knowledge at your fingertips and the right preparation, you will be ready to cope with heat and all weather conditions the summer season brings. (StatePoint)

Celebrating the 4th with Fireworks? What to Know

For many Americans, Independence Day is incomplete without fireworks. But it's important to keep in mind that the most spectacular displays are those that are conducted safely.

Whether you're lighting sparklers, setting off roman candles or putting on a full show, obey all the laws of your jurisdiction. And if you are attending a fireworks show, there are still some basic safety tips to follow as a spectator.

All those lighting fireworks should wear safety goggles to protect themselves, and spectators should be an appropriate distance away. And remember, while

that ice-cold beer might be tempting on a hot July day, it's important to save it for after the fireworks if you are a participant.

Hearing loss is permanent and babies' ears are particularly sensitive to loud noises. Parents should bring baby-sized noise canceling headphones to the celebration. Also, be mindful that many dogs get anxious during fireworks. If you can leave your dog at home in a soundproof room, that may be best. If dogs are along for the celebration, be sure to keep them on leashes so they don't run away from the sound. (SPM Wire)



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