



# San Gabriel Valley Examiner

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## INSIDE



Pedestrian Safety Month / A3

## Coach Arrested



Eddie Ramirez / A7

## INDEX

|                    |     |
|--------------------|-----|
| Commentary         | A4  |
| Financial/Consumer | A5  |
| Legal Notices      | B1  |
| City Notices       | B12 |

# The Irwindale Chamber of Commerce and the City of Irwindale Announce John Fraijo as the Irwindale Young Citizen of the Year

**IRWINDALE** - The 2018 Young Citizen of the Year Competition was held at the Irwindale Senior Center on Thursday, August 16, 2018. Irwindale Chamber Immediate Past Chair of the Board and City of Hope Associate-Community and Government Affairs, Victor Benavides served as the event emcee to a packed room of local residents, family members of the contestants, local elected officials, city staff and business representatives. Four outstanding Irwindale youth competed by presenting an original essay discussing their thoughts on what they feel are the major challenges facing youth today. The contestants also responded to impromptu questions from the judges. John Fraijo, Eddie Omar Herrera, Alexander Burrola and Jenna Soria all impressed the judges with their confidence, poise, enthusiasm, thoughtfulness, and community involvement. Marlene Carney, Irwindale Chamber CEO, said "We are so proud of these smart and thoughtful kids that care about the community and are willing to step out there and do what it takes to make a posi-



Marlene Carney, Jenna Soria, Eddie Omar Herrera, John Fraijo, Alexander Burrola, Mayor Mark Breceda, Councilmember Larry Burrola, Councilmember H. Manuel Ortiz, Victor Benavides

...tive difference in their lives and the lives of others. The Irwindale Chamber considers this a very important chamber event and applauds the participants."

Irwindale Mayor Mark Breceda, Councilmember H. Manuel Ortiz, Councilmember Larry Burrola, and Planning Commissioner Enoch Burrola were in attendance, along with the 2017 Young Citizen of the Year, Jonathan Almazan. Also in attendance were Irwindale Chamber Board members and staff. Hope Café & Catering provided a lovely dinner.

This event could not have been possible without the generous support of our sponsors, committee members, judges, and attendees. Special thanks to PRESENTING Sponsor The Gas Company (a Sempra Utility Company), DINNER sponsor Hope Café & Catering, SPEECH Sponsors City of Hope, Foothill Transit, Premiere Career College and United Rock Products, PHOTOGRAPHY Sponsor, Steve Castro of Eagle Photography. Many thanks go to the Irwindale Young Citizen of the Year Committee: Delfina Osterheim from Irwindale Recreation Center, Rebecca Bardales from the Irwindale Senior Center and Irwindale Chamber staff members Veronica Orosco and Amanda



The four outstanding Irwindale youths who competed - Eddie Omar Herrera, John Fraijo, Jenna Soria and Alexander Burrola

Arellan. Additional thanks go to all the Irwindale Senior Center Staff as well as to the event judges- Phyllis Ferguson of California Custom Fruits and

Flavors, Martha Gamboa of YaYa Fitness and Veronica Ceballos from East San Gabriel Valley ROP.

## City Council Candidates Having Fun at the VFW in West Covina



Breakfast at the VFW 8620. Vote for Dario and Letty!!! - with Xavier Kennedy, Michael Flowers Sr., Herb Redholtz, Donna Lee, Joanne Negley, Letty Lopez-Viado, Glenn Kennedy, Dario Castellanos and a bunch of other fun people.

By George Ogden

**WEST COVINA** - A Sunday breakfast at the West Covina VFW turned into a little extra fun when some council candidates and a number of city commissioners showed up and visited with the veterans and other people that were there. This is often the practice at the VFW.

Letty Lopez-Viado and Dario Castellanos who are candidates for city council were asked to pose for pictures and some were hoping for some kind of fun debate.

The problem is, since the city was forced into going to district voting that former Assemblyman Roger Hernandez supported, they are both not in

the same district. In fact, the VFW is not in either of their districts.

The two candidates originally came to visit and have breakfast and they were talked into bringing in some campaign

signs for some fun pictures.

The VFW actually supports that the community be informed of the candidates who are running so they can make a responsible decision when voting.

## Kiwanis Scholarship



**DUARTE** - Duarte Kiwanis President, Diane Hernandez had the honor of presenting another scholarship check to Kimberly Garcia. Kimberly is a graduate of MIT and will be

heading to Citrus College. If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at [tinac51@aol.com](mailto:tinac51@aol.com).

## Hometown Hero - Fireman Glen Irwin Passes Away

By Jayam Rutnam

**GLENDORA** - It was a sad day indeed, when Glendora hometown hero Glen Irwin (72) was laid to rest at the Oakdale Memorial Cemetery in Glendora on August 11, 2018, with full U. S. Navy Honors.

On July 8, 1983 fireman Glen Irwin's unit responded to a fire at 5th Street and Wall Street in Downtown Los Angeles. Glen was engineer on the wagon at F.S.9 a greater alarm fire at 2 a.m. Glen was on the 20 foot extension ladder for rescue. While he was pumping hand lines to firemen on upper floors, Glen was pumping to 9's and 10's hand lines, when a situation occurred. Glen helped two people out of their apartment while fire was extending from back of the building pushing to the window in front. Glen was by himself, everybody else were attacking the fire from the back of the building, most everyone at this time were out of the building except these two people. If not for Glen, they would have perished.

Glen Irwin also served in the U. S. Navy. A true patriot of America, he served his country well. According to reports from friends, Glen was well known and extremely well liked by his friends in Glendora. "He was one of the nicest and fun guys I have ever met. He Loved sports." said a close friend at the funeral.

Glen's wife Carole passed away in January 2017. He leaves behind, his son Damon



Glendora hero fireman Glen Irwin

Irwin, daughter Stacy Lenihan and grandchildren.

After the funeral, the family held a celebration of life for Glen Irwin at the Golden Spur Restaurant in Glendora.

## Kiwanis Recognition



**LA PUENTE** - Outgoing Kiwanis Division 35 Lt. Governor, Anna Wu has had an amazing year. At the Division's latest DCM, La Puente Mayor (and La Puente Kiwanis mem-

ber) Violeta Lewis presented Anna a commendation from the City of La Puente for all her support of their community through the La Puente Kiwanis Club.

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# The Remodeled Pho Express in Azusa is Now Open

By Jayam Rutnam

**AZUSA** - On the border of Glendora and Azusa, in the Stater Bros Mini Mall is a restaurant that has gradually become very popular.

Pho Express is a Vietnamese restaurant that serves sumptuous authentic dishes from Vietnam as well as food from Korea and China.

The beautifully remodeled Pho Express, had been closed for three weeks for extensive remodeling, which has made this restaurant a favorite for good food, as well as a beautiful place to take a date to. Pho Express re-opened on August 21st with the same menu and the same Vietnamese Chef. Owner/Partner Dan Lee said that the menu will be modified to add more delectable Asian



**Wallace, Michelle Lee, Kibong and Dan at their newly remodeled Pho Express**

dishes. Their Pho soups with noodles are very popular, they come with various meats and fish. Pork chops, Korean bbq ribs, spicy pork bulgogi, bbq duck, pineapple fried rice,

chicken teriyaki are just a few of the items on their extensive menu.

Pho Express is located at 1167 E. Alostia Avenue in Azusa. Telephone 626-335-2023.

# How to Recognize and Avoid College Scholarship Scams

Average college costs have doubled in the last two decades, and this financial pressure along with new technologies makes today's students particularly vulnerable to financial aid and scholarship scams.

"Scammers know to take advantage of those who are stressed," says Robert C. Ballard, president and CEO of Scholarship America, the nation's largest nonprofit scholarship and education support organization. "Fortunately, there are some ways you can avoid getting duped."

To help you spot scams, Scholarship America offers the following insights.

**Fees and Other Red Flags**  
Scholarship programs charging a fee to apply often look legitimate. But look at the bigger picture: if the provider is awarding \$500 in scholarships and collecting fees from thousands of applicants, it's not funding education so much as making money. Your chances of earning a scholarship are slight if not impossible -- sham providers often collect fees and disappear.

Some providers claim to have a no-strings-attached grant or an incredibly low-interest loan to offer, as long as you pay a tax or "redemption" fee in advance. Others offer to match you with guaranteed scholarships -- if you pay for a premium search service. Keep in mind, there's no such thing as a "guaranteed scholarship."

Free, comprehensive scholarship searching and matching services like Fastweb and Cappex will connect you to legitimate, competitive scholarships that don't charge application fees.

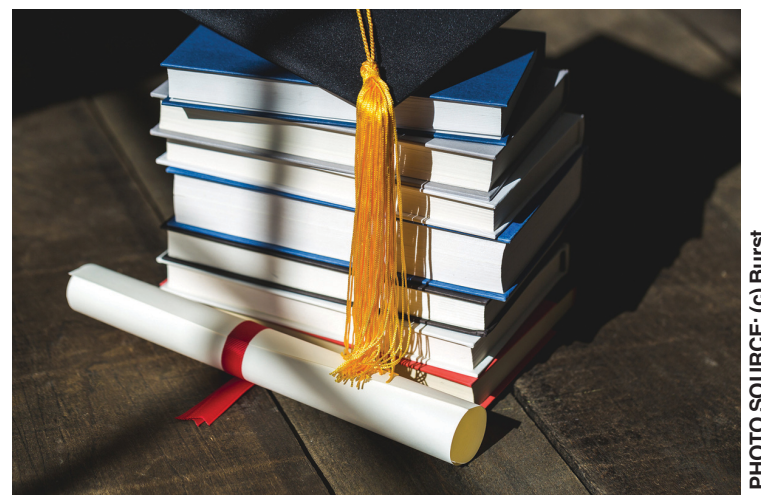


PHOTO SOURCE: (c) Burst

**Too Good to Be True**  
Be wary of the "too-good-to-be-true" scam model: an official-sounding organization tells you about an incredible opportunity, offers you a coveted spot at a scholarship seminar, or just sends you a check with a note of congratulations, using messaging designed to get your adrenaline pumping and make you act fast.

Remember, scholarship providers aren't in the practice of sending funds out randomly; it's likely the check will bounce, or you'll be asked to send money back for "processing" or an "accidental" overpayment. Your safest bet? Tearing up the check and, if you have time, filing a complaint with the Federal Trade Commission.

Often unexpected "opportunities" are attempts to get you to divulge personal information. Even clicking on links can expose your data to scammers.

Be cautious: Google the name of the scholarship or organization. Scams have often been flagged by the FTC or Better Business Bureau.

**Social Scammers**  
A new scam making the rounds

starts with a random friend request on Facebook, Instagram or Snapchat. Accept, and your new friend will start messaging you about a foolproof way to make money for college: they work for a scholarship provider and have found a loophole. They just need to enter you as a winner and you can split the money.

If this was real, it'd be incredibly unethical. However, in the midst of stress, you may be tempted -- and that could cost more than money. While you may be asked to send cash as an advance, most such scammers are phishing. Give them enough info, and you'll be worrying about getting your identity back.

For more scholarship tools, resources and opportunities, including the annual Scholarship America Dream Award, please visit scholarshipamerica.org.

"Scholarship scams seem to work just enough for people to keep trying it," says Ballard.

"However, two main rules will help you avoid them: never pay to apply and if it sounds too good to be true, it probably is."

(StatePoint)

## Want to Quit Smoking? How to Find Help

Quitting smoking is almost never simple or easy, but according to the Centers for Disease Control and Prevention, it's one of the most important steps you can take for your health. Luckily, there are several ways to get assistance to quit smoking.

Nearly 70 percent of smokers want to quit and more than half will try this year, according to the Centers for Disease Control and Prevention. If you're a smoker who's ready to quit, you can increase your chances of success by talking to your doctor about it, as well as leveraging free resources.

The American Lung Association suggests tobacco users who want to quit should consult their



doctor, who can help them design a quit plan that may include medication and counseling. Keep in mind, these tobacco cessation treatments are often covered by insurance.

You can also download the free Quitters Circle app from the Lung Association and Pfizer to access tips on how to quit smok-

ing and help guide you through your quitting journey. It's available at [QuittersCircle.com](http://QuittersCircle.com).

For your health and the health of those around you, quitting smoking is one of the best things you can do. Take steps to start your quit attempt today. (StatePoint)

# New Collar Jobs Redefining Labor Day

Labor Day originated as a celebration of American workers, but for many Americans it has become a time for barbecues and sales to celebrate the end of summer. What has happened to the support for labor in America

when longtime stalwart industries such as the automotive industry are experiencing a skills gap and workforce shortages?

This Labor Day, parents sending their students back to school can use the opportunity to consider how the workforce in the United States is changing, and the variety of options their teenagers have as they look ahead to careers.

In particular, changes in vehicle technology and the expansion of automation mean the advancement and evolution of the technician profession in the transportation industry.

Jobs that might have typically been considered "blue collar"

jobs (aka:mechanic), or jobs with less potential for responsibility and income, are now considered "new collar" jobs (aka: technician), where smart and talented individuals can find personal fulfillment and economic stability and success.

For many young adults, a traditional four-year college education may not be the best fit or right path for individual success. Yet many families are unaware of the wide range of options, including technical education, or careers that don't require a four-year degree.

The TechForce Foundation, a nonprofit organization with the mission of championing students

through their education into successful careers as professional technicians, has developed the "Because I am a Tech," promotion to educate teens and parents about the possibilities available in today's economy.

The campaign features real stories from technicians who found their niche and are enjoying real success in various aspects of the transportation industry.

"We are dispelling the myths around technical careers in the transportation industry and our campaign shows, firsthand, how real people are building rich and fulfilling lives," says Jennifer Maher, CEO of TechForce Foundation.

In a video on its website, Leah Pritchett, a professional drag racer, recounts her observation of the "mechanical ballet" of the skilled technicians working on race cars under pressure, and how much satisfaction and success the racing team finds in their work.

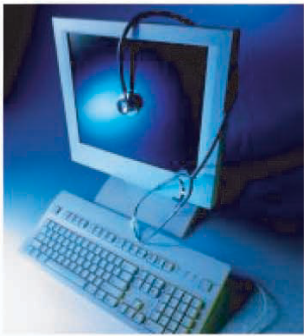
The Test Drive a Career section of the site includes videos from students, parents, working technicians, and employers about the opportunities of technician careers.

The site includes a FutureTech Resource Hub, connecting teens and parents to technical schools, certifications, internships, after-school clubs and STEM programs starting in middle- and high school.

In addition, a scholarships section guides students and families to opportunities to apply for financial assistance to pursue a technician career.

Visit [futuretechsuccess.org](http://futuretechsuccess.org) for more information about the potential and pathways to rewarding careers. (NewsUSA)

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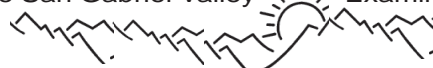
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## Twelve Candidates to Vie for Duarte City Council Seats in Four Districts

**DUARTE** - A field of twelve candidates will vie for four Duarte City Council seats in the November 6, 2018, election. The deadline for filing nomination papers closed on August 10 and the County of Los Angeles has verified the nomination papers for all twelve candidates.

Incumbents Tzeitel Paras Caracci, local business owner of See Jack Play from District No. 1, and Margaret Finlay, six-term Mayor and immediate Past President of the Southern California Association of Governments from District No. 4, will be on the ballot. Other candidates from these two Districts are Dolores Oritiz, a Production Manager, District No. 1, and David Van de Wetering, a Management Assistant from District No. 4. No candidate filed against Councilmember Samuel Kang in District No. 5 allowing the Council, per the State Elections Code, to re-appoint him to another four-year

term at a special meeting held on August 21st.

This race will also feature two new Districts No. 6 and 7 that will each have four candidates. Running in District No. 6 are Art Rodriguez Jr., a Business Consultant, Cesar Andres Garcia, a Business Person/Entertainer, Evangelina Sanchez, an Educator, and Bryan Urias, a Director from the Upper San Gabriel Municipal Water District. In District No. 7, Mike Sharble, a Service Director, Jack Corson Chang, a Business Owner, Jarrett Stoltzfus, a Transportation Management

Professional, and Jocelyn Nunez, a Healthcare Professional will be running.

The final day to register to vote in the November election is October 22. Voter registration forms are available at Duarte City Hall and on the LA County Registrar-Recorder website, <http://lavote.net> For additional information on the candidates, including candidate statements and FPPC forms, visit [www.accessduarte.com](http://www.accessduarte.com) and go to the About drop down menu and click on City Council Elections tab.

## September is California Pedestrian Safety Month

*Los Angeles County Sheriff's Department reminds public that "Pedestrians Don't Have Armor"*

**LOS ANGELES COUNTY** - September is Pedestrian Safety Month and the Los Angeles County Sheriff's Department will be joining the California Office of Traffic Safety (OTS), along with other law enforcement agencies, transportation agencies and pedestrian advocates to promote public awareness aimed at pedestrian safety.

Both in California and nationally, the number of pedestrians killed or injured on roadways is rising at alarming rates. In 2016, 867 pedestrians were killed and more than 14,000 injured in California alone, a nearly 33 percent increase from 2012. The Los Angeles County Sheriff's Department investigated 35 pedestrian fatal collisions and another 69 major injury collisions.

Traffic deputies working overtime and others on routine patrol will be focusing enforcement both on drivers as well as pedestrians who violate traffic laws, such as speeding, making illegal turns, driving distracted, failing to stop for signs and signals, or failing to yield to drivers or pedestrians.

The Los Angeles County Sheriff's Department supports

efforts by OTS to educate drivers that "Pedestrians Don't Have Armor." This campaign highlights the importance of pedestrian safety awareness, regardless of whether one is on foot or behind the wheel.

Pedestrians should always use crosswalks or intersections with a stop sign or light, make eye contact with drivers and look before stepping into a crosswalk. Drivers should be alert for pedestrians, use caution when backing up and be courteous and patient, waiting for pedestrians with right of way to safely cross street. Both drivers and pedestrians should avoid distractions by not using cell phones and focusing on the task at hand.

Safety goes both ways, and drivers and pedestrians must work together to exhibit safe behaviors that protect themselves and those around them, reducing injuries and saving lives.

Funding for this enforcement campaign is provided to the Los Angeles County Sheriff's Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

## 2018 Clear the Shelters Event Provides New Homes for 942 Animals

**LOS ANGELES COUNTY** - County of Los Angeles Department of Animal Care and Control (DACC) is thrilled to announce final adoption numbers for the 2018 Clear the Shelters event. The results were outstanding. DACC had 591 dog adoptions, 9 rabbit adoptions, and 342 cat adoptions, totaling 942 adoptions!

"We are grateful to NBC and Telemundo for leading the campaign to remind families of the wonderful pets at animal care centers in Los Angeles County," says DACC Director Marcia Mayeda. DACC offered \$20 adoption fees for dogs and no cost adoptions for cats from Sunday, August 12 through Sunday, August 19.

Marcia Mayeda added, "We want to remind people that more adorable cats are still available for adoption at no cost at our County of Los Angeles animal care centers." Please come visit one of our seven animal care centers or check our website for more information.

## Crash Kills Driver in West Covina

**By George Ogden**  
**WEST COVINA** - A fatal traffic collision in West Covina on the I-10 Freeway at Sunset around 11 p.m. Wednesday, August 22 closed three west-bound lanes for nearly 3 hours.

Naushat Hussain, 55, of Fontana was killed and pronounced dead at the scene by paramedics.

According to reports, Hussain was driving a 2007

Honda Civic at an unknown speed when for some reason it veered to the left and collided with the center wall. This caused the vehicle to overturn throwing the driver from the vehicle. His car ended up on its top in the number 1 and 2 lanes. A few moments later, a woman driving a 2015 Nissan Sentra in the fast lane collided with the wrecked Honda, injuring the woman.

The unidentified woman was transported to the hospital and was treated and released the next day.

The CHP is looking for anyone that may have seen the cause of the original crash to call them and fill them in on what they saw. They believe the driver was not using his seatbelt which would have prevented the ejection from vehicle.

## New Street Sweeping Calendar Available For Duarte Residents

**DUARTE** - In anticipation of the official start date of the Mandatory Citywide Street Sweeping program on September 4, City Staff has created a web-based street sweeping calendar for Duarte residents and business owners to quickly navigate the date and time of their respective street sweeping window. Available on [www.accessduarte.com](http://www.accessduarte.com) simply click the Street Sweeping icon to view the easy to use calendar featuring color coordinated dates and times. Users can select

their respective street sweeping date and time to see specific quadrant map information for both residential and commercial areas.

In response to years of concerns from residents about street cleanliness and litter on City streets, the City of Duarte began rolling out its Mandatory Citywide Street Sweeping Program in April of this year for Areas 1, 3, and 4. The three-month grace period started June 1st where written warning notices were issued.

After the 90-day grace and education period from June 1st to August 31, 2018, Duarte Public Safety will start issuing \$60 citations September 4th following the Labor Day holiday. It is very important that residents pay close attention to the dates and times stated on the posted signs in their neighborhood to avoid citations. For questions on the street sweeping program or how to navigate the new calendar feature, please contact Duarte Public Safety at (626) 357-7938.

## Uber Driver Arrested for Sexual Assault

**By George Ogden**  
**AZUSA** - On Friday, Aug. 24, an Uber driver was arrested for kidnapping and sexual assault. Luis Gerardo Penaayala, 40, of Azusa was booked at Azusa jail on suspicion for the kidnapping and sexual battery of an unidentified woman.

On Thursday, the day before, the woman requested an Uber ride. She saw a vehicle with an Uber Sticker and waved it over and got in as-

suming it was her ride. However, she soon realized that this was not the same type of vehicle that gave her service in the past.

Soon the driver was making inappropriate comments and started touching her inappropriately as well. The woman was able to fight off the driver and was able to jump out of the car. The Uber driver made a U-turn and sped away from the scene. The police were notified and

with the quick work by the detectives and officers, they were able to identify the suspect. Uber fully cooperative with the police and in their investigation.

Penaayala was taken into custody and his bail was set at \$1,000,000. He has pending court appearances.

The police are asking the public if they may have had any encounters with this subject or any other information, they should contact the Azusa Police Department.



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## Women's Business Expo

**DUARTE** - The annual Women's Business Expo "Turn Your Passion into Power" is scheduled for September 8, 2018 from 9:00 am - 2:00 pm and will be emceed by Councilmember Paras-Caracci. The expo, held at the Duarte Senior Center located at 1620 Huntington Dr. is open to all women for a nominal entrance fee of \$10 which includes a swag bag, continental breakfast and a lunch. Space is limited and RSVP's are encouraged to secure your place. Participants interested in applying for one of the Business Micro Grant opportunities that will be awarded must contact the Duarte Chamber at (626) 357-3333, or visit the Chamber's website [www.duartechamber.com](http://www.duartechamber.com) for updated event information.

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## Gas Tax: Looking Back Moving Forward

One of the most contentious discussions, with legal wrangling and charges of vote bribery, came with SB 1, the gas tax bill. Going into the pre-November 6th election season don't be surprised if more political maneuvers occur using email and TV ads that take over our lives and those two-sided mailers my mailman quietly bemoans. The battle in Sacramento over the gas tax was an absolute disgrace and has left a black eye on more than one politician and should leave a blemish that follows our term-out Governor Brown long after he's left office.

Proposition 6, **Voter Approval for Future Gas and Vehicle Taxes and 2017 Tax Repeal Initiative**, launched by former San Diego Council Member Carl DeMaio, is the chance for voters to voice their opinion — do you want this gas tax to remain or do you want to repeal the gas tax that occurred in 2017? This election gives all of us the voice we were deprived of in Sacramento in 2017. Many of us believe we the people should have the right to decide if we want to tax ourselves or not. In this case, we citizens were ignored and replaced with political gamesmanship.

I'm sure you've felt the pinch from SB 1 and it is because:

- 12 cents a gallon or 43% more for gas.
- Diesel fuel sales up from 5.75% to 9.75% and an excise tax from 16 cents to 36 cents per gallon.
- An average \$48 a year-increase in car registration fees.
- Electric car owners, promised no increases, will now pay \$100 more.
- And some of us saw ads on TV that promised to fix all our potholes.
- Instead of pothole fixes, SB 1 gave us:
  - Repayment of outstanding transportation loans totaling \$706 million to the state general fund.
  - \$750 million a year to public transportation projects and operating expenses.
  - \$250 million a year for congestion relief in high impact



**Shade's Perspective**  
**Lois M. Shade**

**Former Mayor of Glendora** areas, but didn't tell us where those areas are

- A complex formula that allows local government a share of that gas tax money but only if they spend the same amount they've been spending over a 3-year period and pass a state audit.

Sacramento Bee, August 23rd, Adam Ashton wrote:

"Gov. Jerry Brown's last contract with the state's highway engineers includes some sweet perks aimed at retaining the long-time road designers, planners and project managers who'd be charged with executing work funded by the gas tax he backed last year. "The 2-year contract includes:

- Increases at 4.5% immediately with another 4% next July.
- Longevity increases from 2% for engineers with 20 years of experience as of July 1, 2018 up to 5.5% for engineers with 23 years of experience or more as of July 1, 2021.

Ashton says, "The Brown administration estimates the contract will cost \$93 million in the current budget year and \$171 million next year."

Proposition 6, **Approval for Future Gas and Vehicle Taxes and 2017 Tax Repeal Initiative**, would:

- Repeal fuel taxes passed in 2017 and 2018
- Require a 2/3 vote of the state assembly and senate to pass a tax in California.
- Then require the governor's signature to move the tax forward.
- And, finally, require the

proposed tax increases receive voter approval including those created and increased in 2017 or 2018.

SB 1 and the debacle, now logged in our history books, became a discussion over whether the passage of that bill was an "arrangement" or "bribery" or "vote buying". When SB 1 failed to get the required 2/3 vote for this tax measure, Gov. Brown went out and, as Assembly Member Melissa Melendez (R-Lake Elsinore) said, started "arranging" for votes. She sent a letter to the Attorney General Xavier Becerra asking for an investigation into what she called "the arrangements" made to get the bill passed.

The "arrangements" became a "contribution" of a \$500,000,000 — 1/2 a billion dollars — "to the Altamont Corridor Express to Ceres and Merced and a parkway project between the UC Merced campus and Highway 99. While those representatives who received the "arrangements" voted for SB 1 and the gas tax, there were others that didn't. Two voted against SB 1 and the tax increase. One did so based on a prior election agreement with constituents of no new taxes and one, Assemblyman Rudy Salas, who lost his chairmanship. No one has ever told me which pot that 1/2 a billion dollars came out of and how many potholes could be fixed with a half a billion dollars.

The Governor's response to Melendez's charge: — "When somebody says, 'Here is \$10,000, I want your vote,' you got bribery. It's illegal. When someone says, 'You know, I think this bill would be better if you included these projects or these ideas or these rules' we listen, because that's democracy and that's openness and that is a compromise spirit that makes democracies work."

I strongly believe there is no revenue shortfall in this state, only those legislators that don't know how to set priorities based on the needs of our struggling average citizens and local governments.

Senator McCain reportedly said "he did not want Trump at his funeral."

Soon after McCain stopped his cancer treatment and he soon passed.

Trump realizing the wishes of McCain, would most likely not attend any services. However, he will have representatives representing the "Office of the President" in attendance.

Here are some of the comments that were stated and/or published.

Donald J. Trump: "My deepest sympathies and respect go out to the family of Senator John McCain. Our hearts and prayers are with you!" He also ordered the flags to be lowered at half-staff in honor of Senator John McCain.

Vice President Mike Pence: "Karen and I send our deepest condolences to Cindy and the entire McCain family on the passing of Senator John McCain. We honor his lifetime of service to this nation in our military and in public life. In his family and friends will be in our prayers. God bless John McCain."

Melania Trump: "Our thoughts, prayers and deepest sympathy to the McCain Family. Thank you Senator McCain for your service to the nation." No matter what people think about McCain, the pros and cons, he is not only a National Hero, but an International Hero.

"That's Just the Way It Is!"

## The Art Empire Strikes Back

The latest display of madness, courtesy of the "arts" community, comes to us from a Portland, Oregon gallery called the "Grand One Gallery." It had a retrospective that included gory depictions of President Trump, including one having the President getting his throat cut. Prints were reproduced with the proceeds of their sale split between Planned Parenthood, the ACLU and an organization called the National Immigration Law Center.

Great. Planned Parenthood gets more funding, as if our taxpayer dollars isn't enough. All so they can claim aid for "women's health." More like "Democrat's wealth."

During a somewhat recent awards show cycle, Meryl Streep was accepting a Golden Globe and expressed rather arrogantly, and with much condescension, that "martial arts are NOT the 'arts.'" Apparently she had to lecture us regular folks about the cultural superiority of her crowd because they recognized the real arts, not the interests we all have in sports and populist activities.

But what are the "real arts" she speaks of?

At one time, the Guggenheim Museum had an art piece that was a gold plated toilet. They encouraged their patrons to actually "use" the commode entitled "America." We have heard about the sculpture of Jesus Christ dipped in urine. We have seen Kathy Griffin's ISIS-like beheading of Trump, which was disturbing enough to upset 10 year old Barron Trump, believing some-



**Charles Lopresto**

thing had happened to his father. Griffin, I believe is one of the Hollywood advocates against "bullying."

Ivanka Trump purchased paintings at a gallery showing the works of an up and coming artist. The artist happen to see a photograph of Ivanka at home and he spotted one if his paintings on her wall. He demanded its removal. It seems we need to "qualify" to purchase certain products or services. Just like, we need to take a morality test to dine at the Red Hen. I guess the artist is advocating "comprehensive artwork control." Did Ivanka fail the 30 day waiting period before her art purchase was approved?

And we can't forget all of the artist and entertainers' boycotts of Trump, Trump's family and staff, and Republicans in general, being denied the use of their services. No dress designers for Melania. No magazine covers or show invitations. No permission for music used in campaigns. No inaugural appearances. I think you get it.

## Prohibition and "Medicare for All"

by **G. Keith Smith, M.D.**

Alvin Lowi, writing in 2008, made a compelling case that Prohibition was never repealed, but rather, that Al Capone and Uncle Sam merely traded places. Without a doubt, brutal consequences await anyone who attempts to skirt the taxes and tribute demanded by the D.C. mob with regard to the sale and distribution of alcohol-containing beverages. This tight control of commerce, from which "juice" is extracted, pervades the medical industry, as well, as the D.C. syndicate currently controls half the sale and distribution of medical commerce in this country. Viewed in this way, it is clear that the "Medicare for All" (Prohibition of Choice) initiative represents a shameless attempt to completely control the funds flowing through this industry, a move that would make even Mr. Capone blush.

Think this is too harsh? That Prohibition made mobsters rich differs in what way from how Obamacare made D.C.'s medical cronies rich? The sad truth is that each and every time a new law is passed and the regulators appear (almost always connected with the industry ostensibly regulated), another chunk of commerce passes through the inefficient and corrupt toll booth of the D.C. "outfit." In addition, industry consolidation predictably materializes with each new law, so fewer and richer "captains" will remain to kiss Uncle Sam's ring.

In the same way that many mob-related terms disguise their true meaning (made, juice, family), the titles chosen for many laws serve as decoys for their intended effect. Just as there was nothing Affordable or related to "care" in the Affordable Care Act, the deceit attached to the phrase "Medicare for All" belies the fact that if enacted, the purchase or sale of medical services outside of this system would necessarily be unlawful, or this gangland attempt to coopt the industry

would get nowhere.

And while the purchase of medical services outside of this new system would be prohibited for you and me, rest assured that our "representatives" in D.C. would exempt themselves from this restriction, just as they did with Obamacare and just as they did during Prohibition. President Wilson was given a special exemption for his private wine cellar, FDR was known to keep "stocks of gin, rum, and scotch in a closet of his New York home," and not to be outdone, Congress had its own bootlegger. Remaining true to this tradition and for our own good, the D.C. protection racket managed to remain immune from Social Security taxes until 1984 and continues to have special access to benefits apart from Medicare. Rest assured, "Medicare for All" rationing would not apply to them.

Two of Medicare's flaws deserve special attention, both highlighting the syndicate-like mentality that pervaded Prohibition days. First, in 1992, Uncle Sam's "outfit" achieved complete control of those doing business with them, when during a Republican administration, the price-dictating Resource Based Relative Value Scale (RBRVS) was inflicted on the industry. It is important to understand that true prices emerge from competitive activity, fluctuating around a market-clearing price. Prices are, after all, signals that connote the presence of surpluses or shortages and serve the purpose of minimizing resource misallocation. Top-down prices, like RBRVS prices are always wrong. They are either too high or too low with predictable results. If doctors or hospitals are paid a very lucrative amount for one service and a paltry amount for another, surpluses and shortages of care will predictably materialize. This "soft rationing" is a powerful budget-balancing tool for government programs like Medicare, which has recently forecast its own bankruptcy by 2026.

Second, the payroll taxes of those currently working are the primary source of revenue benefiting those receiving Medicare's benefits, most of whom are no

The new version of the old Hollywood "blacklist" is not much different from the blacklist of the McCarthy era that celebrities like to rail against in awards show speeches. The new blacklist is used against Conservatives. That includes employment opportunities denied, and public ridicule amped up even against people like Kim Kardashian, who had the audacity to meet Trump at the White House where she successfully advocated for the pardon of a Black woman unfairly imprisoned. And her husband, Kanye West, was called out for complimenting Candace Owens.

We can take two thoughts from these examples of the "art empire strikes back." One is this. The "arts" used to provide beauty, freedom of expression, inspirational themes and uplifting spirit. It made our society a more beautiful and meaningful place. But now it is all about hate, ridicule and anger. What used to provide a point of defiance against all that was hate, ridicule and anger, is now just contributing to it.

And the second point is even more significant. Meryl Streep and her cohorts are asking us, the regular folks to support, participate in and donate to the arts. The very arts that are used to make fun of regular Americans are the same people Streep wants to garner donations from.

But what they fail to recognize is, the regular folks and the President they elected, are not welcome in the Guggenheim, the One Grand, and the Red Hen.

longer working. Charles Ponzi, just like Bernie Madoff, utilized this ploy to lure individuals into their designs, benefitting early investors with funds from newer investors. These schemes, once discovered, disintegrate without the muscle of the government outfit to force future "contributions."

Finally, for those who believe that the D.C. gang has had our best interests in mind, remember that in an effort to enforce Prohibition, the government deliberately poisoned spirits they knew were destined for consumption, resulting in the deaths of thousands of individuals and the blinding of many more. "The welfare of the masses is always the alibi of tyrants," Albert Camus' famous quote, should embolden our skepticism for those who would inflict "Medicare for All" on the rest of us, a scheme that will undoubtedly prove more deadly and tragic than Prohibition at its peak.

*Author/Contributor bio: Dr. G. Keith Smith is a board certified anesthesiologist in private practice since 1990. In 1997, he co-founded The Surgery Center of Oklahoma, an outpatient surgery center in Oklahoma City, Oklahoma, owned by over 90 of the top physicians and surgeons in central Oklahoma. Dr. Smith serves as the medical director, CEO and managing partner while maintaining an active anesthesia practice. In 2009, Dr. Smith launched a website displaying all-inclusive pricing for various surgical procedures, a move that has gained him and the facility, national and even international attention.*

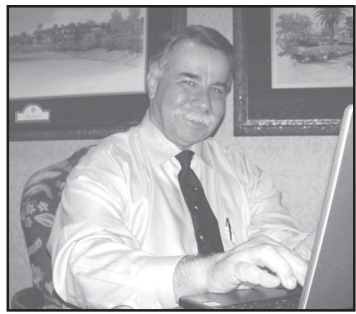
*He has made appearances on the John Stossel Show, CNBC, Huffington Post, The O'Reilly Factor, Capital Account, The Ron Paul Channel, NBC Nightly News and has been featured by Reason Magazine's TV division. The New York Times, Time Magazine, ABC news, Forbes and many others have written articles featuring Dr. Smith's revolutionary approach to the pricing of health care and uncompromising free market principles.*

## McCain and the White House

Senator John McCain, who was a POW for six years during the Vietnam War, became a standout in the political arena. He was also a candidate for president.

McCain wasn't without controversy during the time he was a POW between 1967 and 1973. In the political arena, there was information published that he was giving his captors some information. The information published reportedly referred to him as a "Hanoi Hilton Songbird," a reference to the "Hanoi Hilton," the nickname for Hoa Lo Prison.

The claim was not supported by Politifact, which cited both fellow prisoners of war and author Robert Timberg, who interviewed several POWs while writing John McCain: An American Odyssey, a biography of the senator. "I've never known of any oc-



**George Ogden**  
*That's just the way it is!*

casian in which Sen. McCain provided the North Vietnamese with anything of value," said Timberg. Timberg died in 2016.

What also is sad was the conflict that McCain had with the White House and President Trump. McCain had a lot of animosity towards Trump and wasn't shy about his feelings.

McCain ended up with terminal brain cancer, and when the end was nearing, he made it clear.

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# The "Dog Days of Summer" are Almost Over

The dog days of summer are upon us! Because of seasonal market illiquidity, stocks are susceptible to extreme volatility. Sectors are sloshing around, and money is moving in and out of the sectors more quickly. Growth stocks sag on one day and then surge the next. The headline effect on stocks seems amplified. This is all completely normal. Summer brings about heightened volatility with lower trading volumes and more traders focused on their vacations.

But we are also in the height of earnings season. Some price reactions after earnings reports have been outsized when compared to "normal" earnings reactions. We are witnessing it first hand with stock "re-pricings," compounded by fears spouted by media outlets. Just remember, fear gets more eyeballs than happy pictures of fuzzy puppies. More fear increases the audience, which also benefits ad revenue.

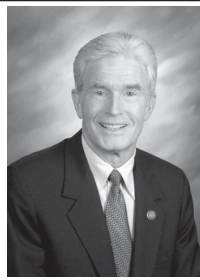
That's why "trade war" stories sell ad space. But instead of asking whether a trade war could decimate economic life as we know it, you should ask: "Are higher earnings important, showing that the economy is working?" Check these stats...

According to FactSet's latest report for Q2 2018:

- 81% of the companies in the S&P 500 have reported actual results.
- 80% of S&P 500 companies reported a positive EPS surprise (highest since 2008).
- That's well above the 5-year average of 70% positive surprises.
- The earnings surprise percentage (+4.9% above expectation) is above the 5-year average.
- 74% reported a positive sales surprise - well above the 5-year average of 58%.
- The earnings growth rate for the S&P 500 is 24% (currently second-highest since Q3'10).
- Ten sectors have higher growth rates (vs. second quarter) due to upward estimate revisions and positive earnings surprises.

In short, earnings have been almost stunning and continue to be very upbeat. One thing is clear: We are apparently not hav-

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

ing notable earnings and sales deceleration.

Sector rotations are often more rapid in summer months. We are seeing sector rotations in recent weeks as rate-sensitive sectors like Real Estate and Telecom got a boost. The Fed left key rates unchanged yet signaled a likelihood for future hikes. However, the bottom line is that the fears earlier this year of hyper-aggressive interest rate hikes this year and next were clearly unfounded.

As we look at our nine-month winners, we see Information Technology and Consumer Discretionary still in the lead, but these sectors have been hit with some profit taking lately. Earnings have been overwhelmingly positive, which gives a great excuse to take some profits "off the table." Even negative earnings have been a catalyst to sell positions with gains still left in them. These sectors should return to favor as liquidity rushes back into the market after the summer ends.

The trade war rhetoric is overblown and not the major concern it is being made out to be. The EU leadership is working with Trump toward zero tariffs. China is devaluing their currency, which in the face of increased tariffs could offset the tariff by making goods cheaper.

There is also a theory that this is part of a Trump "master plan." If Trump inflames the trade war situation now, he could come forward in September or October with a solution. Larry Kudlow confirmed recently that trade talks will resume soon with China. This could reduce fears in the market and cause a lift in prices. It would also soothe the rattled nerves and show a significant victory for Trump's plan.

This may come at an opportune time - just before mid-term elections. Regardless of trade, sales and earnings have been superb for yet another quarter. Interest rates will be more measured than originally anticipated. Trade war fears may be a distraction, but Trump's agenda is ultimately to help America not harm it. Whether or not this rings true with voters will be determined in November.

For now, the market remains strong, with terrific growth metrics. I believe the next two months will see more volatility and, since earnings season ends soon, we will see the algorithmic traders take advantage of low-liquidity environments soon. They will amplify volatility and move stocks around more rapidly, but stay focused on being positioned with the companies having the best sales, earnings, and institutional support. These are the stocks that should lead the market higher into the end of the year.

### VENEZUELA - Distasteful dictatorship

Venezuela, where the Maduro government devalued the currency by 95% over last weekend and raised the minimum wage 3,500% to \$30/month. Inflation, already expected to run at 1,000,000% this year, will likely be higher still. As Bloomberg News explains, Maduro's new policies come after years of disastrous policies that undercut growth, sent prices soaring and turned one of Latin America's previously wealthiest economies into a dysfunctional nation that has spawned a refugee crisis. Or, as the NYT would have it, Venezuela has suffered a string of bad luck. (Maduro himself blames the CIA.)

Thousands of Venezuelans have fled the country to refugee camps in Colombia and Brazil, though over the weekend a Brazilian mob chased thousands back after Venezuelan refugees were thwarted in an attempted bank robbery.

### LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

*I welcome your questions and comments:*  
[kenherman46@hotmail.com](mailto:kenherman46@hotmail.com)

# Your Money - Ask Julia

## Life Insurance Awareness Month: September

Use this Life Insurance Awareness month of September as your incentive to review your policy (-ies) or purchase life insurance. Since you are reading this right now, it's not too late for you to look into the costs and benefits of today's various policies.

### How can I reduce the estate tax obligations for my heirs?

Life insurance is becoming more and more popular among wise investors to cover final expenses and inheritance / estate taxes. Proceeds paid to beneficiaries from a life insurance policy are income tax free. Life insurance policies are typically settled quickly (unless there are suspicious circumstances about the insured's death, of course).

**My business partner and I have each invested considerable time and money into our company. If something happens to either of us, or if one of us decides to get out of the company, the other will be left in total chaos. Neither of us wants our business to end. Is there any way to protect each other and the company?**

There are a couple of ways to accomplish the same goal with either a buy-sell agreement backed up with life insurance policies, or with cross-insurance policies where you are the beneficiary of your partner's life insurance policy and your partner is the beneficiary of your life insurance policy.

### I have group life insurance



**Julia Yoder**

**at work, but the rest of my family has almost no life insurance. I know we cannot afford the expenses if one of us passes on, but I don't think we can afford the premiums. What do you suggest?**

First of all, if you lose your job, what happens to your life insurance coverage? (Call your Human Resources department and find out!) Now, ask yourself if you can maintain your lifestyle, either without that second income, or when you're faced with hiring help to fill the vacancy left by the passing of a family member. Life insurance is an essential part of a sound financial plan that can help provide much-needed security in the event of an untimely death. Mourning family members should not have to beg for donations and do fundraisers to help with funeral costs. And, don't forget the children; a child's policy is very inexpensive, and when you are already grieving such a loss, you really don't want to have the additional financial strain at

the same time. Getting a free quote will let you know whether or not life insurance is affordable for you and your family.

**As a husband and dad, should I get term life insurance or whole-life life insurance? Besides the cost, how do I figure how much life insurance to get?**

Term life insurance expires at the end of the term selected. Whole-life insurance costs more, but does not expire as long as you continue to pay your premiums. Whole-life insurance, and Indexed-Universal Life insurance, can build up a cash value that you can use during your lifetime. To calculate how much insurance you'll need, estimate how much your heirs will need, over and above other sources of income, to maintain their lifestyle without you. Include child care, higher education, inflation, etc.

### Ask Julia by email: [juliayoder@yahoo.com](mailto:juliayoder@yahoo.com)

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# New Collar Jobs Redefining Labor Day

Labor Day originated as a celebration of American workers, but for many Americans it has become a time for barbecues and sales to celebrate the end of summer. What has happened to the support for labor in America when longtime stalwart industries such as the automotive industry are experiencing a skills gap and workforce shortages?

This Labor Day, parents sending their students back to school can use the opportunity to consider how the workforce in the United States is changing, and the variety of options their teenagers have as they look ahead to careers.

In particular, changes in vehicle technology and the expansion of automation mean the advancement and evolution of the technician profession in the transportation industry.

Jobs that might have typically been considered "blue collar" jobs (aka: mechanic), or jobs with less potential for responsibility and income, are now considered "new collar" jobs (aka: technician), where smart and talented individuals can find personal fulfillment and economic stability and suc-

cess. For many young adults, a traditional four-year college education may not be the best fit or right path for individual success. Yet many families are unaware of the wide range of options, including technical education, or careers that don't require a four-year degree.

The TechForce Foundation, a nonprofit organization with the mission of championing students through their education into successful careers as professional technicians, has developed the "Because I am a Tech," promotion to educate teens and parents about the possibilities available in today's economy.

The campaign features real stories from technicians who found their niche and are enjoying real success in various aspects of the transportation industry.

"We are dispelling the myths around technical careers in the transportation industry and our campaign shows, firsthand, how real people are building rich and fulfilling lives," says Jennifer Maher, CEO of TechForce Foundation.

In a video on its website,

Leah Pritchett, a professional drag racer, recounts her observation of the "mechanical ballet" of the skilled technicians working on race cars under pressure, and how much satisfaction and success the racing team finds in their work.

TechForce Foundation offers students and parents a roadmap to a successful career via its website, [futuretechsuccess.org/map](http://futuretechsuccess.org/map).

The Test Drive a Career section of the site includes videos from students, parents, working technicians, and employers about the opportunities of technician careers.

The site includes a FutureTech Resource Hub, connecting teens and parents to technical schools, certifications, internships, afterschool clubs and STEM programs starting in middle- and high school.

In addition, a scholarships section guides students and families to opportunities to apply for financial assistance to pursue a technician career.

Visit [futuretechsuccess.org](http://futuretechsuccess.org) for more information about the potential and pathways to rewarding careers. (NewsUSA)

# Protecting Your Vehicle From Predators

In an effort to be "greener", plant-based biodegradable materials are being used in cars today. This is great for the economy as it reduces waste. It turns out though, that what is good for the earth is also enjoyed by four-legged creatures. Yes...rodents are using their sharp, little teeth to chew right through wiring, hoses, and anything plastic. They make themselves cozy little nests to live in.

You might wonder why your car is leaking fluid, or has some other problem, when it was just

checked out. It could be a rodent invasion. Chewing through components or adding such things as acorns and seeds to your vehicle is bound to cause issues.

What can you do? Here are a few suggestions we found when reviewing this problem:

- Paint wires with hot sauce
- Cover components with metal mesh (and any place they might build a nest)
- Use electrical tape treated with capsaicin (think super-hot chili)

The best deterrent is probably

finding a solution to keep them out of your garage entirely. If you can think of other solutions, please, let us know so we can pass it along to others who have found their vehicle invaded by the furry menaces.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at [CertifiedAutoCa.com](http://CertifiedAutoCa.com).

### Hometown Service You Can Count On!

# Around the Valley & Senior News

## AZUSA

### Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

### TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

## ARCADIA

### Instructors Needed

Do you have a talent you want to share or have a love for teaching? The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their existing income. Go to [www.ArcadiaCA.gov/recreation](http://www.ArcadiaCA.gov/recreation) for the Prospective Instructor Application or call the Recreation Office for more information.

### Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or Pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

## BALDWIN PARK

### McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

## COVINA

### BUNCO!

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

### Senior Lunch Program

The City of Covina Parks & Recreation Department hosts a

daily nutrition program for senior citizens at their senior programs site, located at the former Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina. Lunch is served Monday-Friday at 12 pm. For those 60 and older there is a \$3 suggested donation. For those under 60, the fee is \$5. For more information, call (626) 384-5380.

### Indoor Chair Beach Volleyball

The City of Covina Parks & Recreation Department hosts "Indoor Chair Beach Volleyball" at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays, 1:30-2:30 p.m. For more information, call (626) 384-5380.

### Oldies But Goodies Singing Club!

The City of Covina Parks & Recreation Department hosts Oldies but Goodies Singing Club at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursday, August 30 from 2:15-3 p.m. For more information, call (626) 384-5380.

### Free Ice Cream Social! (Ages 50+)

The City of Covina Parks & Recreation Department, along with co-sponsor AGA, Inc. is hosting Free Ice Cream Social at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Friday, August 3 at 12:30 p.m. For more information, call (626) 384-5380.

## DUARTE

### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

### Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

### Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search

system. Call the Duarte Senior Center at 357-3513 for an appointment.

### Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

## GLENDORA

### Drawing Classes

Drawing is the basis of all arts. Anyone can learn how to draw because it is a skill. Artistic talent is not necessary, only a desire to learn! Explore line quality through the study of master drawings as well as negative space, proportion, chiaroscuro, composition, and perspective. Or take your drawing skills to the next level! Draw on a larger scale by trying different mediums and paper.

Fee: \$100\* for the session. A supply list will be given to you on the first day of class. Thursdays, Sept 6 to Oct 11, 2018, 6:00pm - 8:00pm

Register online at [www.cityofglendora.org/register](http://www.cityofglendora.org/register) or in person at the La Fetra Center.

### Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit [glenkirkchurch.org](http://glenkirkchurch.org) or call Glenkirk's church office at (626) 914-4833.

### Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and

stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schubach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

### Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

### Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at [jmarkel@ci.glendora.ca.us](mailto:jmarkel@ci.glendora.ca.us).

## LA VERNE

### Get About

### Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free.

To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

## MONROVIA

### Senior Blood

### Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital.

The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

### Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

### Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

## SAN DIMAS

### San Dimas

### Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursdays from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Be-

come a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

## WEST COVINA

### TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets **every Thursday** at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: [ehernandez57@aol.com](mailto:ehernandez57@aol.com)

### Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

## CAPS Adult Day Care

**WEST COVINA** - Community Assistance Program for Seniors (CAPS) is a day program designed for adults with Alzheimer's and other types of Memory Loss. We provide Fun and Socialization in a Safe and Caring Environment.

A day at CAPS provides:

- Mentally stimulating activities
- Physical exercise
- Companionship and socialization
- Nutritious lunch and snacks

- Time away from home

- Caregivers can take a break knowing their loved one is being cared for in a safe and friendly setting.

Hours: Monday-Friday 9:00 a.m. to 3:00 p.m.

Cost: \$67 per day (cost may be covered by insurance in some cases)

Pre registration is required. For more information or to arrange a visit, please call us at (626) 917-4484. West Covina Senior Center (Room#14)

## Arcadia Woman's Club Open House

**ARCADIA** - Are you interested in meeting new people, making new friends, and helping good causes? Do you want to make a difference in the community and enjoy networking? Arcadia Woman's Club is a local philanthropic service organization dedicated to enriching the quality of life.

On **September 5**, from 11:00 to 2:00, Arcadia Woman's Club will have an Open House. This "meet-and-greet" will be held in their Historic Clubhouse, 324 South First Avenue, in Arcadia.

The Open House is a great way to meet the members of Arcadia Woman's Club and learn about the club's wide variety of service and fun activities. Arcadia Woman's

Club members volunteer their time to improve the community while making new friends, learning new skills, and having fun.

Anyone interested in joining is welcome to attend. You can bring a friend along or just come and meet your future friends!

Arcadia Woman's Club is a friendly, caring group of women of diverse ages. You can choose to be actively involved as you like, based on your time and interests.

This club has existed since 1914. There are monthly lunch meetings, with interesting speakers on varied topics, so you can hear about the club's activities

and events, including fundraisers and community service projects.

By the way, the clubhouse is also available for event rentals. In fact, weddings have taken place in the lovely courtyard as well as receptions, anniversaries, and baby showers have been held in the large ballroom.

Arcadia Woman's Club hopes you can come and meet us and see our special Clubhouse!

To learn more about Arcadia Woman's Club, contact them via email at [info@arcadiawomansclub.org](mailto:info@arcadiawomansclub.org) or visit them online at [www.arcadiawomansclub.org](http://www.arcadiawomansclub.org) and [www.facebook.com/arcadiawomansclub.org](http://www.facebook.com/arcadiawomansclub.org)

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# El Monte Back-to-School Fair Provides Supplies, Haircuts, Shoes and More to 1,100 Families

EL MONTE – Families and children starting a new school year will have a brighter beginning thanks to the El Monte Back-to-School Resource Fair. Over 1,100 children received much needed school supplies on August 18 at the El Monte Valley Mall.

Families patiently waited to enter the resource fair as the line wrapped around Valley Boulevard. Ernestina De Real, a mother of five, said the wait was worthwhile.

“This [event] is very important because sometimes we can’t buy the school supplies,” said De Real. “It’s a lot of help to my family.”

K-12 students received their choice of blue, green, black or red backpacks. As they made their way down Valley Mall, children stuffed their backpacks with pencils, crayons, highlighters, notebooks, folders and more.

“It was a wonderful community event, with families lining up as early as 5 a.m.,” said El Monte Councilmember Victoria Martinez. “The joy that new school supplies, haircuts, socks and shoes bring is heartwarming. We are so thankful to our sponsors, supporters, staff and Council for making this event possible.”

Children also received other necessities including toothbrushes, toothpaste, shoes and bike helmets. Ten lucky winners also received a new cell phone from Cricket Wireless.

“This means everything,” said Elizabeth Aldrete, a single mother who recently moved to El Monte. “It’s a confirmation that there is hope for us. It gives us a sense to keep going. We definitely feel special.” Her son, Jonathan Aldrete, also shared the same excitement. “It



Students display happiness after receiving school supplies. was like going to Disneyland!”

Through a partnership with the Professional Institute of Beauty, children also received free haircuts. For those who were not able to stay, the Professional Institute of Beauty gave away 1,000 haircut vouchers redeemable through the end of September.

Gloria Carrillo, whose four children received haircuts, said the service was a helpful hand. “Aside from sharing time as a family, this is a lot of economical help. We all have the necessity of getting a good haircut.”

The Back-to-School Resource Fair also reserved supplies for children in the foster care system. Local dignitaries and the El Monte City Council wrote inspirational notes that were then placed in backpacks.

The City of El Monte, El Monte/South El Monte Chamber of Commerce and the Downtown El Monte Business Association hosted the resource fair in partnership with the Mountain View, El Monte City and El Monte Union High School Districts. This is the seventh year the City hosts the Back-to-School Resource Fair.



Resident stops by a booth for information on school supplies.

# Mauricio's Mexican Food Opens Second Restaurant



Regular customer Mario Voicu with owner Mauricio, Rose, Erika and Fabiola.

By Jayam Rutnam

COVINA - Mauricio's well known and popular restaurant in Glendora, on Amelia and Route 66, has opened a second restaurant in Covina on Arrow Highway on the border of Glendora.

The newly remodeled restaurant features an air conditioned bar and the fabulous food that Mauricio's has been famous for. The Carne Asada Plate is a favorite. There are many other dishes of authentic Mexican

food. The staff is very friendly, which is an added feature.

Mauricio's is located in Covina at 20502 E. Arrow Highway. Their telephone number is 626-598-4254.

# West Covina Police Arrests Coach for Child Molestation

By George Ogden

WEST COVINA - On Thursday August 23rd, the West Covina Police arrested Eddie Ramirez, a 62 year old kick boxing coach from the Lab Dance Studio in West Covina for lewd and lascivious acts with a child and sexual battery. The arrest stems from incidents in 2017 and 2018 involving juveniles who were kick boxing students of Ramirez. Bail was set at \$100,000. It appears that he made bail and was released on Friday.

The investigation was conducted when information came to the detectives that there was an incident(s) involving a female child.

The West Covina Police Department believes there may be additional victims and would like to talk to anyone with information regarding additional victims or witnesses. If you have any information that may assist in the investigation please contact the West Covina Police Department at (626) 939-8688.



Eddie Ramirez booking photo (Credit: WCPD)

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# New Insights and Resources for Small Businesses

Small businesses are critical to powering the national economy. They are also responsible for creating two out of every three new jobs in the country each year, according to the U.S. Small Business Administration.

Are you a small business owner or looking to start your own company? Consider the following trends and developments.

Insights  
 Three out of four small businesses expect to increase their range of products and services in the next year, according to a recent survey commissioned by CIT Group and conducted by The Harris Poll.

According to the survey, top priorities include expanding within current geographies (72 percent) and adjacent markets 58 percent). Half of small businesses also say improving technology is a top investment priority this year, followed by equipment upgrades (47 percent) and hiring staff (36 percent). Despite optimism, some concerns for small business owners remain around data security, inflation, interest rates and capital costs in the coming year. Full survey results and methodology can be found at [cit.com/blog/small-business-lookout/](http://cit.com/blog/small-business-lookout/).

Resources

“Understanding these key trends can help small businesses innovate and contextualize potential challenges,” says John Donohue, head of CIT’s digital small business lending group. “Whether a business is updating its technology, purchasing new equipment or expanding into new markets, an experienced lender can provide the capital needed.”

Educational resources can help empower small business owners, too. To learn more about accessing capital, building a team, cultivating a brand and more, check out free resources like the Launch and Grow series, a new video series developed out

of a partnership between CIT and Operation HOPE, a global provider of financial education programs. Individuals can follow the content and resources by visiting [cit.com/launch-grow](http://cit.com/launch-grow) and engage on social media by following #LaunchAndGrow.

Additionally, the U.S. Small Business Administration’s Learning Center provides online courses to help you learn about the financing process and a number of other critical small business topics.

To grow your small business, learn more about opportunities and resources available to you. (StatePoint)

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# Children's Business Fair In Glendora

By Mark Erickson

**GLENDORA** - The spirit of entrepreneurship was on display in Glendora earlier this month, as nearly 70 very young and very eager business people gathered in the basement of the Glendora Methodist Church to offer their homemade wares to potential customers. The Glendora Children's Business Fair featured 40 booths with kids age 17 and under in offering a wide range of products, from homemade bath bombs to wearable fidget spinners. The intent of the Aug. 18 fair was to introduce, promote, and teach entrepreneurial skills to children at an early age.

The Children's Business Fair is a free program created and offered by Acton Academy schools and the Acton MBA program, which provides a planning kit and resources to help create the event. This fair, the first held in Glendora, was spearheaded and organized by Glendora resident Polly Dodson, who visited an Acton Children's Business Fair in La Crescenta last spring.

"I attended because I thought it would be good for my daughter to see young people pursuing their passions, and also to support the local children," said Ms. Dodson, who is no stranger to early business programs. "I personally had enjoyed the opportunity to be involved in an entrepreneurship program at a young age, and have since started a few of my own businesses. These experiences were very instrumental for me to be able to learn to take calculated risks and to try my hand at business at a young age."

Following in her mother's footsteps, Amani Dodson, 10, sold chocolate dipped strawberries at the Glendora fair. "She



Andrew Healy, Life Scout Spencer Moya, Bridget Hollanders, Polly Dodson (event organizer), Ryanne Arbet, Syney Douglas, London Douglas, Life Scout Donovan Adams, Amy Chavroux, Megan Rovinson, Kate Robinson

calculated all of her costs, shopped for the best prices, used her own start-up money, determined her goals and set her prices accordingly" said Ms. Dodson. Her booth, Amy's Chocolate Strawberries, sold out quickly.

The other participants took to promoting their wares with great enthusiasm and a variety of choices. Kate Robinson, 11, of Kate's Pom Pom Critters sold small pom poms adorned to look like small, cute animals. Initially, business was not on her mind. "I was just feeling crafty one day," she said. A friend suggested she could sell them and when saw a flyer for the fair she decided she would participate. Her Pom Pom Critters "sold pretty well" she added.

Bridget Hollanders, 10, sold rocks painted with glow in the dark paint. Her first idea was to sell something knitted but decided against it. "I have no clue about knitting," she said laugh-

ing. Treats were on sale as well. Anna Sophia Jaime, 9, and Lola Pione, 13, of Sweet Treats Gluten Free offered an interesting mix of health-themed bakery goods, including "Keto-cupcakes" and "Paleo-brownies." Viha Bhatt, 10, sold cookies based on family recipes from India. The idea to sell cookies "just popped into my mind", she said when she learned about the fair from her Girl Scout leader.

Perhaps the most polished entrepreneur at the event was 12-year-old Amy Chavroux of Little Dragonite Glass Jewelry. Her booth displayed a line of professionally presented elegant handmade glass and stainless steel necklaces, complete with custom packaging, signage and a website. She was also quick to mention that that 20 percent of her profits go to purchase items and donate them to the Children's Hospital of Orange

County, with over 400 coloring books and crayon sets donated so far.

Several of the participants learned of the event through fellow Girls Scouts and their mothers of Troop #3344, while others learned about it from flyers, posters, word-of-mouth and local Facebook groups. Volunteer Scouts from Glendora Scout Troop 491 helped set up and tear down the event and provided physical support.

As for future fairs, Mrs. Dobson is optimistic. "We will very likely host another event next year in Glendora. We had quite a few people who found out about the fair after the booth spaces were full and wish to be notified of future events as well as several vendors who would like to have a booth again."

Those interested in next year's fair and events may use the email: glendoracbf@gmail.com.

# Duarte Awarded \$498,448 Cal-VIP Grant for Violence Intervention and Prevention Programs

**DUARTE** -The City of Duarte has been awarded a \$498,448 competitive state grant under the California Intervention and Prevention Grant Program (Cal-VIP) to reduce violent crime by 25% and expand trauma-based care to over 600 young adults 18-24 years of age in Duarte, Monrovia as well as adjoining unincorporated areas of Los Angeles County. The grant will run September 2018 to August 2020. Out of 120 applicants, Duarte's evidence-based project was one of only 40 awardees.

The objectives of the new Duarte Intervention and Prevention grant is to reduce crime, increase both positive youth development and cross cultural understanding by working closely with at-risk youth, parents, and teachers.

Fifty percent of the grant will expand social services at the Boys and Girls Club of the Foothills; a non-profit organization that supports families through positive alternatives such as after-school care, summer and evidence-based programming. A new case management approach will also be implemented which has proven to be more effective in monitoring prevention, intervention, and reintegration efforts than the current model. Funds will also support the Duarte Public Safety and Teen Center youth outreach programs, including the Duarte Boxing Gym. Ten percent of the grant will begin an academic partnership with Azusa Pacific University to help independently evaluate the program and make necessary changes to improve existing services.

A portion of the grant will provide the Duarte Violence Prevention and Intervention Project with

the funds necessary to expand the services of Los Angeles County Probation and Sheriff's departments. Deputies will focus on group mentoring, and early intervention by coordinating services with parents, schools, courts, law enforcement, and community partners. Through these positive relationships, school and community safety is reinforced and families learn the skills they need to be successful. Additionally, these special assignment deputies attend specific school and community events; are part of special anti-gang and drug programs; and serve as chaperones on field trips.

In 2009-2011, the City of Duarte was first awarded a two-year Cal-GRIP grant of \$382,624, followed by a \$668,664 grant in 2013-2014. In 2015, a third grant of approximately \$1 million positively impacted the City's intervention programs through 2017. Most impactful changes included a 49% reduction in juvenile arrests and a 48% reduction in gang membership in the target area. Independent program evaluation also reported that 90% of involved youth were more confident, set attainable goals, had positive attitudes towards school and law enforcement, and had improved social and communication skills. For additional information on the Cal-VIP grant or its programs, please contact Aida Torres at the Duarte Public Safety at 626 357-7938 ext. 316 or A2Torres@lasd.org

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