



San Gabriel Valley Examiner

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

November 15 - 21, 2018

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Donating to Fire Victims / A3

Kindness and Positive Experience



Dr Anna Lee DDS / A7

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Adam Erickson's Troop 491 Eagle Scout Project Water Conservation Demonstration Garden

GLENDORA - On the mornings of October 27 and November 3, 2018, Adam Erickson, age 16, of Troop 491 Glendora, led over twenty of his fellow Boy Scouts, adult Scout leaders, and other volunteers for two Saturdays of work to complete an extensive water conservation garden makeover in Glendora. The Scouts and volunteers made short work of spreading new soil, planting a variety of hardy, low water use plants, installing a drip irrigation system, covering the landscaping with mulch, and building a dry creek bed with rocks. This service project was part of Adam's requirement to earn the rank of Eagle Scout.

The project began April, 2018, when Adam met with the City of Glendora Water Division while looking for a project needed to advance to the Eagle Rank. They quickly agreed on a water conservation landscape renovation at the Water Division's Bluebird Pumping Station. Located on the busy corner of Sierra Madre Avenue and North Valley Center Avenue in Glendora, the site had been home to large drought intolerant shrubs and an outdated irrigation system. For several years the Glendora Water Di-



Left to right, back row: Maurizio Vasquez, Phillip Tran, Spencer Moya, Scoutmaster Michael Moya, Logan Files, Jaden Pirog, Eagle Scout Project Leader Adam Erickson, Eric Pohlman, Greg Healy, Donovan Adams, Pratet Chennamaneni, Trevor Fabeck, Left to right, Front Row: Andres Vasquez, Andrew Healy, Ezra Rowe, Jacob Harris, Raymond Cepeda, Tyler Tran, Jose Vasquez

vision has hoped to makeover the site to show local residents the beauty of a well-planned drought tolerant garden. Jennifer Aguilar, Management Analyst for the Public Works/Water Division, was excited to see their mutual needs met and to build an equally beneficial project together. "Adam has given us the opportunity to show hundreds of people each day that conservation can be a beautiful part of life. We hope

the site inspires people to think differently about landscaping and empowers them to do something similar in their own yards," said Jennifer. In the months after, Adam measured the site, researched plants, and planned a layout of drought tolerant plants, a dry river rock bed, the water conserving drip irrigation system, and a small bench for visitors. Adam worked with Ron Nichka, Senior Water Systems

Operator, to build a list of plants, materials, and even accompanied him to purchase irrigation supplies for the project. Planting was set in October as drought tolerant plants are best placed in autumn. The two days of events saw the crews planting over 110 plants, installation of a drip system for each plant, covering the site with new soil, mulch, and placing several tons of river rock for a dry creek bed by hand. Workdays at the busy street corner took on a busy but positive atmosphere throughout the both days as people driving by would often shout words of praise to the workers, some even stopping by to ask questions or take photos. At the end of last Saturday, the corner was home to a completed water conservation demonstration garden as planned by Adam and the Glendora Water Division. The Water Division will place a park bench for visitors later by the in the month, as envisioned by Adam's plan. The bench will have a plaque with Adam's name and troop to commemorate the building of the garden.

Finding the money to pay for the project was also part of Adam's work towards Eagle Scout rank. While plants and other landscaping material were

bought by the City Water Division, Adam held fundraisers for tools, gloves, and food through fundraisers. Adam raised over \$370 from Blaze Pizza in Glendora and donations from friends through Facebook.

A long time Scout, Adam joined the Cub Scouts as a Tiger Cub in first grade and stayed in Cub Scouts before advancing to Boy Scouts in 2014 and choosing Troop 491 of Glendora as his troop. Adam moved up ranks to Life Scout after years of outdoor adventures and learning Boy Scout skills with his friends, during which he held the positions of Den Chief, Historian, Patrol Leader, and finally Troop Guide this last year. Adam is a current sophomore at Glendora High.

The Eagle Scout Service Project, or more simply the Eagle Scout Project, provides Boy Scouts in the Boy Scouts of America (BSA) the opportunity to demonstrate leadership skills while performing a project for the benefit of his community. This is the culmination of the Eagle Scout candidate's leadership training, and it requires a significant effort on his part. A long time Scout, Adam joined the Cub Scouts as a Tiger Cub in first grade and moved on to Boy Scouts in 2014, choosing Troop 491 of Glendora as his troop. Adam moved up ranks to Life Scout after years of outdoor adventures and learning Boy Scout skills with his friends, during which he held the positions of Den Chief, Historian, Patrol Leader, and finally Troop Guide this last year. Adam is a current sophomore at Glendora High.

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Citrus College Honors Military Personnel with Weeklong Celebration



Photo courtesy Citrus College.

Citrus College welcomes the community to its 13th annual Saluting Our Veterans ceremony on Nov. 8. Pictured (L-R): Dr. Barbara R. Dickerson, member of the board of trustees; Mrs. Susan M. Keith, clerk/secretary of the board of trustees; California State Senator Anthony Portantino; Dr. Patricia A. Rasmussen, president of the board of trustees; Mrs. Joanne Montgomery, vice president of the board of trustees; and Dr. Geraldine M. Perri, superintendent/president of Citrus College.

GLENDORA - Community members, local dignitaries and elected officials joined faculty, staff and students in honoring members of the United States armed forces during the 13th annual Saluting Our Veterans ceremony at Citrus College on Nov. 8.

Hosted by Citrus College, in partnership with Azusa Pacific University (APU) and the cities of Azusa and Glendora, Saluting Our Veterans is designed to thank local men and women who have served honorably in the military. This year's event was held in the Citrus College Campus Center Mall, and it featured musical performances, a color guard and a three-volley salute.

Each organization paid tribute to a veteran from their community who has served the country with distinction. The city of Azusa honored Army Sgt. Alfred Aguirre; the city of Glendora honored Marine Corps Sgt. Enrique Madera, Jr.; APU honored Air Force Staff Sgt. Robert Welsh, Ph.D.; and Citrus College honored Army Spc. Emmy Madrid.

"Saluting Our Veterans provides Citrus College and its surrounding communities with the opportunity to acknowledge some of our most heroic citizens during a special time of remembrance and appreciation," said Dr. Geraldine M. Perri, superintendent/president of Citrus College. "It is extraordinary that something that began as a small Citrus College event has evolved into an annual ceremony uniting two cities and two institutions of higher education with a com-

mon purpose."

This year, Citrus College set aside the week of Monday, Nov. 5, through Friday, Nov. 9, as "Veterans Week." In addition to Saluting Our Veterans, the college hosted a performance by the United States Army Field Band on Nov. 6 in the Citrus College Haugh Performing Arts Center.

The U.S. Army Field Band has four performing components that appear throughout the nation and abroad. The Concert Band, an elite 60-member instrumental group, performed at Citrus College with the Soldiers' Chorus, a prestigious vocal ensemble.

"Citrus College was proud to host the U.S. Army Field Band," continued Dr. Perri. "These talented musicians have performed in all 50 states and at several prominent events, including presidential inaugurations. Welcoming them to the

stage of the Haugh Performing Arts Center was an incredible honor."

Dr. Patricia A. Rasmussen, president of the Citrus Community College District Board of Trustees, reflected on the college's commitment to serving veterans:

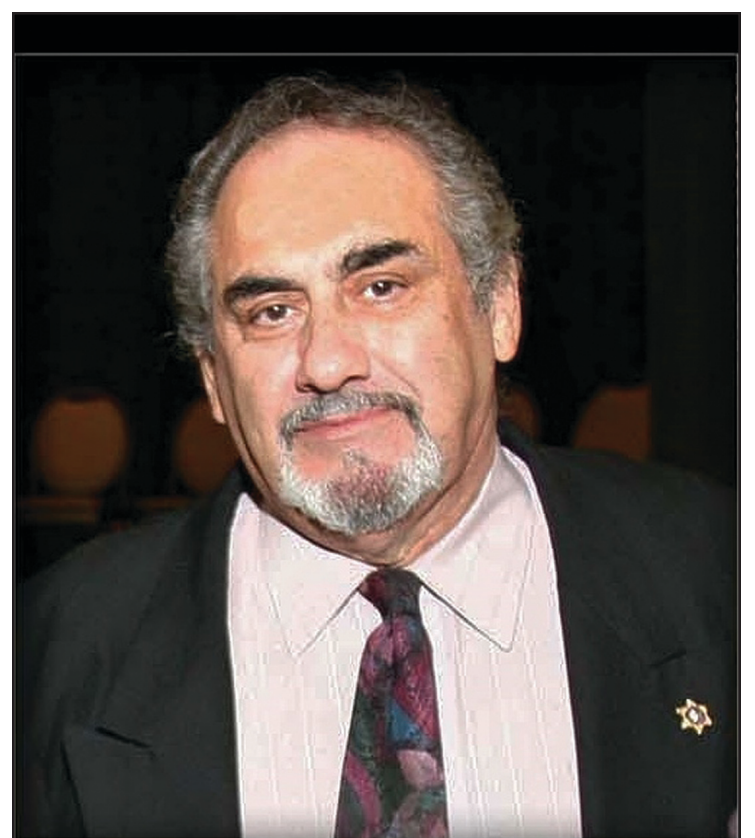
"The fact that Citrus College has the opportunity to host special events, such as Saluting Our Veterans and the U.S. Army Field Band performance, is a source of pride for the college community," she said. "The college is committed to the support of student veterans; it is a privilege to assist members of the military in reaching their academic and professional goals."

Edward Moses Passes On

Edward Moses was born in Newcastle, Pennsylvania on December 13th, 1938, to parents Julia and Albert Moses. He was the youngest of 4 boys (James, Eugene, and Roger). Eddie graduated in 1956 from John Muir High School in Pasadena, California. After many career changes Eddie attended Rio Hondo College for his Bachelor's degree, and Western State University in Fullerton, CA, where he earned his Doctorate in Law. He was sworn in in 1979 and just a few months later would marry Deborah Howes. He fell in love with Deborah's young daughter (Christina) and would later adopt her at the age of 16.

Edward was known for a thirst of knowledge that inspired him to learn countless facts things about a variety of subjects.

Edward Moses died on October 25, 2018 in Fullerton,



California. Graveside services will be held at a later date at Oakdale Memorial Park in Glendora, California.

He is survived by Eugene and Roger, Deborah, Christina, granddaughters Camryn, Paige and Jessica.

Kiwaniannes Donate Lap Blankets To Hospice

GLENDORA - Sherry Heinrich (left) immediate past president; and Kandy Nunn (right) current president of the Glendora Kiwaniannes, present lap blankets made by club members to Michelle Stoddard, Chief Executive Officer for Citrus Valley Health Foundation. The blankets will be given to patients at the Citrus Valley Hospice, an extensive home-care program located in Covina. Club members made 36 hand-made blankets as one of the club's many projects to help the community. The Kiwaniannes are affiliated with Kiwanis International and the group meets in Glendora to hear programs of interest and to plan activities to raise funds for scholarships and grants for teachers to bring the arts into the classroom. Stoddard is also a member of the club. "This is one of many charitable projects Kiwaniannes do during the year to serve the community," said Heinrich who chaired the project.



Rey Rodis of RED Boxing International acquires Global Boxing Organization

By Antonette B. Ang

"The milestone is truly reached when ordinary people go above and beyond the expectations and seize the opportunity at hand," says Rodis.

Rey 'Cacoi' Rodis can't help but feel blessed to have acquired Global Boxing Organization, a professional governing body in boxing that believes in maintaining the highest level of professionalism, honesty, ethics, and integrity.

GBO, created in 2014, gives talented boxers their first opportunity to fight for a championship title, and at the same time provides them with an equal oppor-



Rey Rodis holding the GBO belt

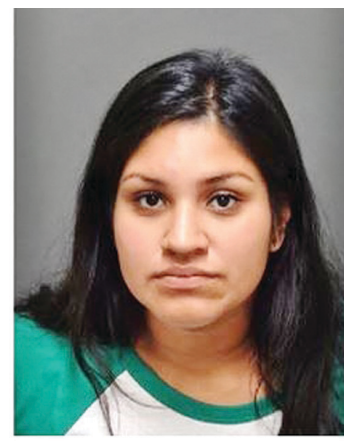
tion for their talent and is a motivating platform designed to produce a great outcome for the fighter inside and outside of the ring. It is an integral factor in giving belts and recognition to the true champions in the sport of boxing, which Rodis is proud to be a part of.

GBO championship title fights will be 6 rounds 8 rounds 10 rounds and 12 rounds depending on a fighter's development, experience, and skill level. The ultimate goal is to give the world a glimpse of the best new talent, who are sure to become future world champions one day.

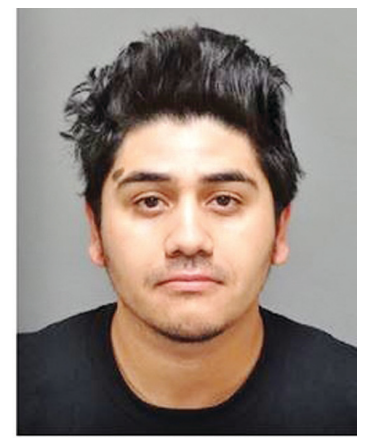
Monterey Park Police Announce Arrests of Auto Burglary Suspects



Luis Antonio Flores, 31.



Claudia Victoria Moreno, 25.



Adrian Alfonso Molina, 26.

MONTEREY PARK - On November 3, 2018 at approximately 2:25 a.m., an officer stopped a vehicle in the 2000 block of South Atlantic Boulevard in the City of Monterey Park. The subsequent investigation led to the identification of property that had been taken

in numerous vehicle burglaries that night.

The driver and both passengers were subsequently arrested for numerous charges including burglary (459 PC) and possession of stolen property (496 PC).

The suspects are identified

as: Luis Antonio Flores, 31. Claudia Victoria Moreno, 25. Adrian Alfonso Molina, 26.

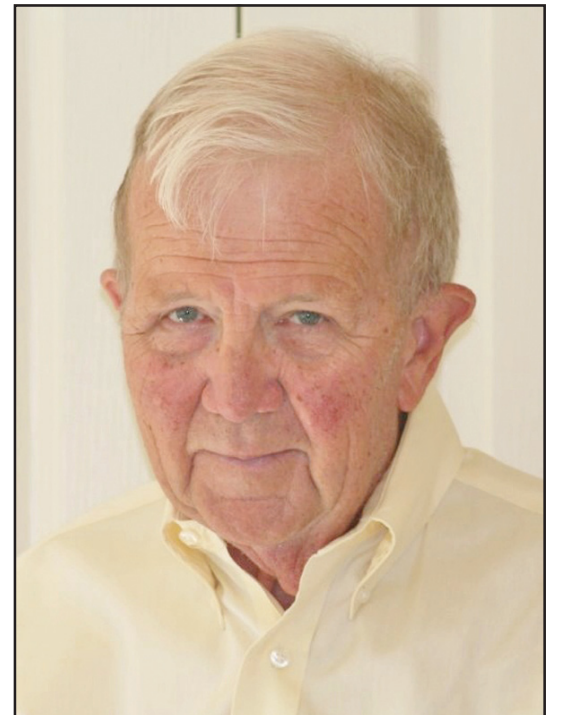
All three subjects are from Los Angeles and appeared at the Alhambra Superior Court on November 6, 2018 for arraignment.

Dr. Edward L. Davis Joins Woodglan Medical Group

GLENDORA - Edward L. Davis, M.D. Board Certified Urologist, specializes in female urology, has joined Drs. N. Bouz, and N. Kassar of Woodglan OB/GYN Medical Group, Glendora.

Dr. Davis provides expert care for bladder infections, painful bladder syndrome (IC), urinary control problems, over active bladder (OAB), painful intercourse (PI)

For a direct access appointment to Dr. Davis, call: Woodglan Medical OB/GYN Medical Group (626) 963-4124



Citrus College Thanks our Generous Supporters for Helping Ensure Student Veterans Academic Success



Mission Statement

The Citrus College Veterans Success Center is dedicated to serving veterans and their families by supporting the transitional process and providing ongoing support as they achieve their academic, career and life goals.

The Citrus College Foundation is grateful to the following donors for their generous charitable gifts given in support of the Citrus College Veterans Success Center:

- | | | |
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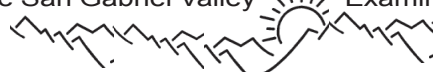
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County Officials Celebrate Passage of Measure W

LOS ANGELES COUNTY – Los Angeles County officials hailed the likely passage of Measure W, the Safe Clean Water parcel tax on the November 6 ballot. According to the L.A. County Registrar-Recorder's office, the measure has 67.4% of the vote with 100% of precincts reporting. Two-thirds of the total vote was needed for passage. Final election results will be certified at the end of the month.

Known as the Safe Clean Water Program, Measure W will fund projects and programs that capture, clean, and conserve stormwater, increasing local water supplies, improving water quality, and creating opportunities for new recreational green space and habitat to make communities safer, greener, healthier, and more livable. An estimated \$300 million will be raised annually.

"Measure W will help us manage scarce water resources

more effectively for our children and our children's children," said Supervisor Sheila Kuehl, Chair of the Board of Supervisors. "Without Measure W, we faced an ever more urgent challenge to meet our water needs. L.A. County currently loses an estimated 100 billion gallons or more of water during annual rainstorms, enough to meet the needs of more than 2.6 million people for an entire year. We simply can't afford to let that water run down the drain. I'm gratified that L.A. County voters recognized the need and were ready to take up the task."

Los Angeles County Supervisor Hilda L. Solis, co-author of the motion that brought Measure W before voters, added, "I am thrilled that L.A. County voted to support Measure W, the Safe Clean Water initiative. Stormwater capture improves our water supply, protects our beaches and oceans from contamination, keeps our neighborhoods and local parks green, and promotes public health and quality of life in all of our diverse communities. It also means good-paying local jobs. Today, over two-thirds of County voters stated in one, clear voice that our increased water needs and changing climate means that every drop of water is precious. L.A. County

looks forward to getting started on these infrastructure projects."

Through the implementation of Measure W local and regional stormwater capture projects, estimates indicate that L.A. County could triple the amount of water it captures annually.

"Voters have embraced an historic opportunity to modernize L.A. County's water infrastructure to meet the needs of the 21st century," said Mark Pestrella, Director of the Department of Public Works and Chief Engineer for the L.A. County Flood Control District. "We look forward to the critically important work of modernizing our 100-year old stormwater infrastructure to improve water resiliency and reduce stormwater pollution in the region."

"Cities in Los Angeles County just let out a huge sigh of relief," said Kristine Guerrero of the Los Angeles County Division of the League of California Cities. "County cities were on the hook to improve water quality, but didn't have the resources or a regional plan to do it. Measure W makes it possible for L.A. County and its cities to move forward together with a smart plan to capture, clean and store more local water."

Barger Motion Adds Comprehensive Health Care To Improve Outcomes For Youth In The Juvenile Justice System

LOS ANGELES COUNTY – The Board of Supervisors approved a motion by Supervisor Kathryn Barger, coauthored by Supervisor Solis, to incorporate a holistic approach to care for young people in county probation halls and camps. Barger's motion creates a new leadership position within the Department of Mental Health – the Director of Coordinated Care for Juvenile Health -- who will work in collaboration with the Probation Department's Juvenile Services unit to facilitate a continuum of care equipped to address each individual's needs.

The Los Angeles County Probation Department supervises on average, 1,000 young people dai-

ly in juvenile halls and camps. "Many of our county's young people within this population have experienced significant trauma, often paired with complex medical conditions which require multidisciplinary care and support," said Supervisor Barger. "A well-coordinated and integrated plan for health and well-being should continue upon reentry into communities to help them achieve their goals and success in adulthood."

"L.A. County is reexamining and modernizing our justice system, moving away from punishment and incarceration and towards diversion and rehabilitation – especially for justice-in-

volved youth," said Supervisor Hilda L. Solis, who co-authored the motion. "An executive-level Director of Coordinated Care, a trained psychiatrist, will help serve the mental well-being of justice-involved youth. As a result of this motion, I am confident we will see more positive outcomes."

The Health Agency and the Chief Executive Officer, working with the Chief Probation Officer and the Director of Personnel, will report back to the board in 60 days on the creation of the Director of Coordinated Care, Juvenile Health, including hiring status and timeline moving forward.

Voters Elect Two New Councilmembers, Return Long-Time Incumbents and Pass Measure F Banning Legal Fireworks

DUARTE – Duarte residents set the course for the community's future November 6th by electing its first, seven member, by District City Council and by deciding to ban the sale and discharge of legal fireworks in the City.

Twelve candidates vied for four District based seats with residents returning long-time incumbents Margaret Finlay and Tzeitel Paras Caracci to their new District seats. Specifically, in District No. 1, Paras Caracci, local business owner of "See Jack Play" defeated Dolores Ortiz, a Production Manager and in District No. 4, Margaret Finlay, a six-term Mayor and immediate Past President of the Southern California Association of Governments defeated David Van de Wetering, a Management Assistant.

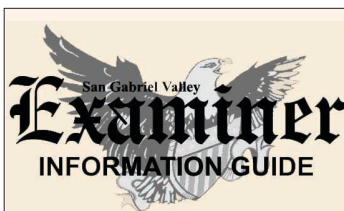
The race also featured two new Districts Nos. 6 and 7 that each had four candidates. In District No. 6, Bryan Urias, a Director from the Upper San Gabriel Mu-

nicipal Water District came out on top against his other three opponents: Art Rodriguez Jr., a Business Consultant, Cesar Andres Garcia, a Business Person/Entertainer, and Evangelina Sanchez, an Educator. In District No. 7, with close to 50% of the vote, Jocelyn Nunez, a Healthcare Professional defeated Jarrett Stoltzfus, a Transportation Management Professional, Mike Sharble, a Service Director, and Jack Corson Chang, a Business Owner. No candidate filed against incumbent Samuel Kang in District No. 5 allowing the Council to re-appoint him to another four-year term earlier this year in a special meeting.

By a little over 1 percent, the Duarte community closely voted to ban the sale and discharge of safe and sane fireworks in the City by approving Measure F, 50.83% to 49.17%. Note: mail in and provisional ballots have not been counted which could effect the final official outcome of the measure. Earlier this year,

the Duarte City Council had voted to put the measure prohibiting the sale of and discharge of legal fireworks starting in 2019 before the voters on the upcoming November 2018 ballot. Prior to that vote and over the last few years, a growing number of residents had begun to express significant concern regarding the sale and discharge of both legal and illegal fireworks in the City. Safe and sane fireworks sales and usage had been legal in the City since incorporation in 1957.

The Los Angeles County Registrar Recorder's Office does not officially certify election results until December 4, 2018. Per City ordinance, the newly elected Councilmembers and the annual City Council reorganization meeting where a new Mayor will be selected occurs at the first meeting in December or December 11th. For additional information on the election or ballot measure results, please call Duarte City Hall at 626 357-7931.



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- We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.
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- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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Want to Help Fire Victims? Officials Urge Monetary Donations

LOS ANGELES COUNTY – Instead of donating goods to local fire victims in need, Los Angeles County and City officials urge individuals wanting to help to instead make monetary contributions to a local non-profit organization supporting residents displaced by the Woolsey fire.

Due to the large-scale deployment of first responders to the region, multiple road and freeway closures, and other hazards, officials warn members of the public to avoid entering impacted areas. Fire-affected areas need to remain clear for first responders, evacuation efforts, and emergency infrastructure repair efforts.

The most useful form of assistance for fire victims' recovery is donations of money. Organizations actively involved in response efforts, such as the American Red Cross, need flexibility to provide disaster victims food, clothing, bedding, and other items most in need. Donations can also be used for cleaning materials, transportation help, and medical supplies.

With monetary donations, the difficult and labor-intensive efforts to sort, store, and repack donated or in-kind goods should be avoided. Instead, nonprofits can provide direct support to residents in need. Once immediate needs are met, nonprofit organizations will continue to support victims for weeks, months and even years later.

"During a natural disaster with constant images of destruction on television and social media, public reaction is to want to help, and we are so grateful for that support," said Sheriff's Department Chief and Director of the Los Angeles County Emergency Operations Center, Maria Gutierrez. "The easiest and most effective way to get support to those who need it most is to donate to organizations offering direct assistance."

Officials said members of the public have responded generously to fire victims' needs. "We are overwhelmed with gratitude by the generosity of Angelenos as we continue to receive donations for first responders and impact-

ed residents," said Aram Sahakian, General Manager of the City of Los Angeles' Emergency Management Department. "The most effective and efficient way to get the right resources to the right people is through monetary donations. Thank you again for your support as we continue to respond to these fires."

Officials also caution members of the public to beware of financial scams related to wildfire recovery support, urging that donations be made to reputable first responder, relief, and animal-aid organizations, such as those listed below:

- American Red Cross: redcross.org
- United Way: unitedwayla.org
- Los Angeles County Animal Care Foundation: lacountyanimals.org
- Los Angeles Fire Department Foundation: <https://twitter.com/LAFDFoundation>

For further information on the evacuation centers, animal shelters, road closures and wildfires, visit <http://lacounty.gov/woolseyfire>

West Covina Park Shooting Leaves One Dead, Two Injured

By George Ogden
WEST COVINA - On November 10, West Covina police responding to a 12:49 a.m. call of a shooting at Shadow Oak Park in West Covina. When they arrived, they found three victims who had been shot. Paramedics responded and worked on a 17-year-old boy who had been shot multiple

times. Their work was not successful and the boy died. He was identified as Rene Gonzales, believed to be from La Puente.

Two other victims, a man and woman were also shot and they were transferred to the hospital for treatment. Neither were identified.

Apparently there was a gath-

ering of people at the park for some reason where some type of confrontation took place which led to the shooting and murder.

West Covina Detectives are currently investigating the incident and ask anyone with information to call 626-939-8688.

Water War or War Against Trump Sacred Niches

As the rest of California continues to count thousands of ballots still outstanding for elections undecided, several announcements showed up almost instantly on the water issue. Most were titled "Water Wars" giving us all a hint that the fight to increase the water supply for our Central Valley farmers who are a large part of the state budget, and Southern Californians, residential and commercial customers, may be waiting a while for any decisions on an increase supply.

One of the more interesting events in this war for more water was action by the San Francisco Board of Supervisors reported by the Sacramento Bee.

"In an 11-0 vote, the San Francisco Board of Supervisors agreed in a resolution to support the State Water Resources Control Board's proposal to leave more water in the San Joaquin River and its tributaries to benefit struggling fish populations. The supervisors' vote is subject to veto by Mayor London Breed, although the board could override the veto."

The State Plan, created by the State Water Resources Control Board, a 5-member board appointed by Governor Jerry Brown, drastically reduces water supply to 884,000 residents in San Francisco which the city utilities commission warned could lead to a "severe drinking water shortage".

The San Francisco Board of Supervisors is obviously more intent on declaring war on President Donald Trump than it is on



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

making rational decisions for the people it was elected to serve. The Sacramento Bee reported:

"An early version of the resolution [by the Board] explicitly says the city must divorce itself from the Trump administration and its congressional allies such as Rep. Jeff Denham, R-Turlock, who's branded the state plan a "water grab." The Trump administration has vowed to sue the state if the so-called Bay-Delta plan goes forward, saying it would interfere with the operation of key reservoirs owned by the federal government in the San Joaquin Valley."

San Francisco gets about 85% of its water from Hetch Hetchy Reservoir which is filled with water from the Tuolumne River, the area the salmon gather and are struggling to survive. President Trump has vowed to review the 50-year old environmental laws that are the source of lawsuits over many of the water infrastructure proposals in and around the delta area. Projects not just needed for state water manage-

ment and delivery, but needed for flood control in some areas.

One of the first publicized actions of Governor-Elect Newsom, in concert with the outgoing Jerry Brown, was to ask State Water Board to delay action on the plan to allow "confidential settlement talks." Water delivery to the residents and farmers in California needing confidential meetings suggests these meetings and the Water Plan should be thoroughly scrutinized. Plan will be back on the table December 12th.

Restricting water to the Central Valley farmers restricts ultimately the food supply to all Californians and increases costs of food overall. The farmers producing almonds, walnuts and peaches say they may end up abandoning half their orchards, and with others invested in grape vineyards and other water sensitive crops are concerned about those investments dying out.

Central Valley politicians like Andy Vidak and Jeff Denham are struggling in their elections against Democrats put up to run by the Democrat Party and Gov. Jerry Brown. These aren't just politicians but farmers in the farming communities who understand the impacts of the Water Board's Water Plan and the devastation on the breadbasket of our state by the on-going drought.

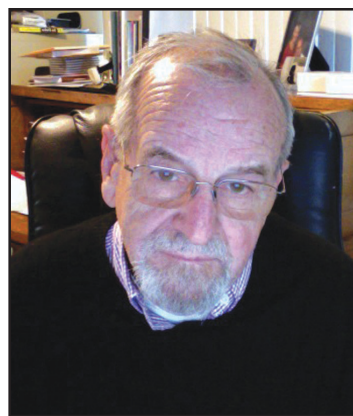
The Water Wars have gone to a new level it seems. Number one priority is appears is to wage war against President Donald Trump and win at any cost including depriving the San Francisco community of drinking water.

I have recently been thinking about the saints I have known. Among them are those you might not even recognize, let alone acclaim. For me they are more than just heroes. A star baseball player might be a hero, but that wouldn't qualify him as a saint. Neither are saints just particularly powerful individuals. Your average corporate CEO might get things done, but that is not necessarily a qualification for sainthood. He or she might be a saint or might be a scoundrel.

I have also been recalling my years at the University Church in Chicago. The church was housed in a great stone building. This gothic "moot hall" was a copy of European structures built not as churches but as assembly halls designed for the discussion of civic concerns. The Chicago church building was originally devoid of all religious symbols except for the carved face of the devil that observed what was going on from his perch high on the back wall. The great vaulted ceiling was adorned with images of the shields of the roundtable's knights.

High on the walls there were the niches normally found in Gothic cathedrals. There were two high up on each wall. These niches were places statues of the saints were usually enshrined. One might find stone images of the apostles or of Moses, Elijah and David.

It was several months into my



Charles H. Bayer

pastorate before I took a hard look at the clerestories just below the ceiling, and realized that these niches were empty! There were no saints occupying the places that had been reserved for them. Other than their decorative value, what purpose did they serve? To solve that mystery I engaged in a bit of research.

The church had been built in the early 1940s. Every part of the design was guided by Edward Scribner Ames, who was in the midst of a forty-year pastorate. When I arrived in 1967 there was still a core of old-times who remembered the days of the construction. Dr. Ames insisted that built into it were to be these strange empty shrines.

Finally one of the grand old leaders of the congregation told me the story that lay behind the empty niches. It seems that Dr. Ames believed that while the historic saints were important, more important were those each person honored, and that each per-

son had the duty to put mental images of these hallowed persons in the shrines usually reserved for the historic saints.

From then on, every time I entered the nave of the church, particularly at the beginning of the Sunday services, I would first look at the laughing devil high on the back wall and then at the niches I would fill that day with my saints. There they were: my mother and father, Annetta Diekmann, Mary Herrick, Edith Green, J.E. Pruitt, Ivan Dugan, T.J. Liggett, M.L. King Jr., Franklin and Eleanor Roosevelt, Oscar Romero, Gustavo Guitierrez. The roster might change week by week on the basis of what was going on in the world or in my life, but for me these shrines were never vacant.

I might live authentically without heroes, but not without saints. So I knew when in moments of distress or jubilation I called on them, I would be surrounded by the great cloud of witnesses who day after day cheered me on my journey.

My guess is that every reader of this column has somewhere above your heads empty niches waiting for you to fill them with your personal saints. Stop for a moment. Call their names, visualize what they looked like, and reverently place them in the sacred shrines that surround your life.

Contact Charles Bayer at candwbayer@verizon.net

Why The Concern About Keeping Christ Out Of The Season?

But he said to him, "A man was giving a big dinner, and he invited many; and at the dinner hour he sent his servant to say to those who had been invited, 'Come, for everything is ready now.'"

Luke 14:16-17

When I go to my local mall during the holiday season, I will, for curiosity, take a walk around and look for how many times I see the word "Christmas" used in the decorations. The last time I did that, I found a total of two times in the roughly 200 stores that are in the giant Scottsdale Fashion Square. One was the "Christmas Angels" display and the other was in the "Build-a-Bear Workshop." The "Bear" had a slogan "Twas the fun before Christmas." That was it. In the whole mall.

Another center in my area called "Desert Ridge" had a video screen advertising the purchase of "holiday trees." Holiday trees?

Who does anyone know that ever says "Holiday Trees? Did you trim your holiday tree?" Is there another holiday that decorates a tree? Did they call it the Holiday Tree, so they don't get it confused with the Halloween Tree?

People nowadays are so obsessed with finding every possible way to avoid saying "Christmas," named after the person it celebrates, the name of the only holiday that comes on December 25, the traditionally designated day, since we really are not sure of the actual day.

The name of the gifts we spend all that money on, in the mall or on line. The name of an officially pro-claimed national holiday that we have called "Christmas" for hundreds of years.

I made this comment on social media and a person named Gwendolyn commented that saying "Merry Christmas" would offend somebody.

Why is it that only Liberals seem to be offended by the name? She said people would



Charles Lopresto

feel excluded. That's funny, not even the Jewish people I know are offended by it. Do you know who wrote more Christmas carols than anyone? Jewish song writers, like Irving Berlin, who penned "White Christmas."

I wrote back, if Gwendolyn had a birthday, would we say "Let's celebrate it, let's have a party and buy gifts for her, but don't call it Gwendolyn's birthday?" People who are not sharing that birth date may get offended. Call it something else. Call it Tuesday?

If I were having a party for some occasion like a birthday,

a promotion, a new job, or a new baby and I decided to invite family and friends, I wouldn't check their race, religion or otherwise at the door and say you are excluded. You invite everyone and celebrate.

If a friend of mine is Jewish and he has a birthday, a bar mitzvah, or a wedding, and he invites me, I don't refuse because I am Catholic and he doesn't refuse me either, if he is my friend. Why do so many feel like it is an exclusion if you say "Merry Christmas?"

All I know is this. Whether you consider Jesus, the Christ, or just a very influential and significant historical figure who has touched humanity in a positive way, he is having a birthday.

And if he has not been an important enough figure in our world to be allowed the acknowledgment of his name then what does it say about the birthdays of just regular people?

If "Christ's Mass" is not worthy, then what does that say about Gwendolyn's birthday?

Deadly Fires, Then Looters - Veterans Day - Voting Joke

I can't say how sorry I am to hear about the deaths and devastation from all the fires across California. Complete cities and communities have been lost along with the lives of so many. Paradise California, is no more. It is gone. With the loss of life and property and for those survivors, I can't even think about how devastating this is for them. I can only imagine.

Fire departments were handcuffed because of insufficient water resources. As seen on TV, these fires were unbelievable. With all the help that is coming to aid the victims is extremely admirable for those who are doing what they can to help. Then with all this going on with these tragic losses, we have those "special people" that come into the victim's communities that have been either burned out or evacuated.



George Ogden
That's just the way it is!

Their only purpose is to make their losses even greater by looting. Groups of people from Los Angeles are driving into the restricted areas and going into the unlocked homes and stealing whatever they can. The homes have remained unlocked so the firefighters can come in and protect their home from the fire if it should occur at their home. I have heard one incident where a homeowner who did not evacuate confronted three individuals only to be

shot at himself. I'm not sure where this was out but I saw it on social media. What happened to the term in the action, "Looters Will Be Shot!"

Where the hell was the National Guard? What is the governor thinking? This is a no-brainer for God's sake. Get our fire and police personnel some help along with protecting the homeowners from these looters. The National Guard should've been brought in first thing. God bless all the victims and our first responders for hanging in there.

On Veterans Day, I want to thank all those that participated in honoring our veterans. As I go to these events, I look around and try to find out who's there that doesn't have any connection to the military family members or whatever. I thank them for being there in honoring our veterans. That to me is

a true American. You will not see anyone taking a knee at one of these events unless they have a death wish. Thank you all who took time to honor our veterans, as a veteran, I appreciate it.

Voting has become a joke to me. As I stood online to vote I watched a couple guys in front of me that were very young. When they got up there and said who they were they were moved along the tables where they were giving a voting ballot. Got up there, I took out my wallet as he asked me for my name and then confirmed my address. They said sign here and I did. I still had my wallet in my hand with my ID, a picture ID. Nobody bothered to ask to see my ID. As I looked over and watch those other two guys voting, they were sharing information back and forth. I honestly don't be-

lieve they even lived in the same city that they were voting in. Do you know how easy it is to simply walk up there and use somebody else name that is on that list and then given a voting ballot? You can get a list of all the registered voters in the area which will also include the last time they voted. You may have registered voters that don't participate in the voting process at all. You can memorize the name and address and go and vote in their place and not even live in the city. That is how easy it is. I can't imagine how much voter fraud is going on. It is too easy and it is not in check. You have to ask yourself, how many fraudulent voters voted in your election that got somebody illegally elected? It is sad, but it is happening.

"That's just the way it is!"

Market Disruption

The stock market can be a larger-than-life enigma during times like this. Investors digest tons of economic and earnings data of what "has been", but we receive little reliable data of what "will be".

After four weeks of broad market losses and volatile rebounds, investors now fear that all the rosy data coming in from the third quarter may give way to signs of slower-than-expected growth from the current quarter.

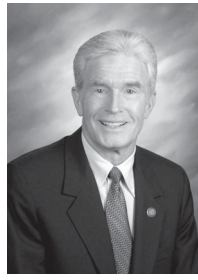
The blame game is everywhere, and it starts with the Fed. The minutes from the September 25-26 Federal Open Market Committee (FOMC) meeting, released on October 17, lived up to their advanced billing, that is, that the FOMC would likely continue to pursue a gradual rate-hike path.

That gradualist policy, however, is of little comfort now as Wall Street has determined that the Fed isn't on the same "sheet of music" when sizing up the economy. The target range for the fed funds rate was raised to become 2.00% to 2.25% at the September meeting. Meanwhile, the latest projection from Federal Reserve Board members shows the median estimate for the long-run rate is 3.00%, implying there could be at least three more rate hikes; and yet, the minutes have left an opening for further additional rate hikes once the 3.0% long-run rate is reached - a message reflected in the following passage from the minutes:

"A few participants expected that policy would need to become modestly restrictive for a time and a number judged that it would be necessary to temporarily raise the federal funds rate above their assessments of its longer-run level in order to reduce the risk of a sustained overshooting of the Committee's 2 percent inflation objective or the risk posed by significant financial imbalances."

Market participants see this directive as an increasingly hawk-

In A Nutshell What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

ish posture. Yet, there was the additional commentary stating that incoming data and its implications for the economic outlook would drive future adjustments to the target range for the fed funds rate. That implies this outlook for more rate hikes could be scaled back if the incoming data threatens the FOMC's objective of sustaining 2.0% inflation.

Only time will tell, but for now the minutes have largely confirmed to the stock market that the FOMC expects to keep raising interest rates. Right or wrong, the market perceives that the Fed will tighten, regardless of more recently softer housing, auto, and retail sales data. And this same perception has the dollar trading back up to its 2018 highs against most major currencies, adding to the cumulative concerns of the perceived future impact of further rate hikes, foreign exchange headwinds, and a third wave of tariffs.

The Numbers Still Support a Healthy Stock Market: Now for the good news. It should be noted that the 10-year/2-year spread has improved to 31 basis points from a low of 19 bps that had everyone on an "inverted yield curve watch". Put simply, this is not the stuff of an economy about to "roll over".

So, by and large, U.S. credit markets are in excellent shape, which can't be said for the rest of the world. Because of this condition, global fund flows should continue to find their way into U.S. debt and equity assets. As far as corporate profits are con-

cerned, the market's nervousness about next year's estimated growth rate of 10% being cut in half seems somewhat unfounded, at least for now.

With 48% of the S&P 500 companies reporting third-quarter results, 77% have come in above estimates. Looking forward, 41 have issued negative guidance while 15 have issued positive guidance, which is a lower percentage than the historical average (Source: FactSet Earnings Insight - Oct. 26, 2018). However, with the S&P 500 forecast to earn \$178.19 in 2019, the index is trading at a forward PE of 15x - hardly expensive.

In the wake of this month's stock sell-off, bond yields have retreated along with prices of many leading commodities that, in addition to the rising cost of money and a stronger dollar, were a source of growing concern to corporate profits. Due to lower commodity prices and lower inflation, my colleagues are just not hearing that level of concern from most companies within their post-earnings calls, but that rationale is having little effect on the "sell first, ask questions later" mentality that has gripped investor sentiment lately.

After the second wave of earnings and corporate guidance crosses the tape, and with the mid-term elections being almost mercifully completed, the market will likely stabilize.

Getting beyond the elections will remove much of the uncertainty that has been distracting many investors. Now the actual numbers that should support a bullish U.S. economy and stock market going forward (and not just emotions based on fear of the unknown) start to matter again.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US
I welcome your questions and comments :
kenherman46@hotmail.com

Your Money - Ask Julia

My husband will probably be entering a nursing home next year. We're planning to apply for Medicaid for him. Does this mean that I'll have to 'spend down'?

There is a 5-year 'look back' limiting people from 'hiding' assets by various methods. However, in July 2009, a state Circuit Court of Appeals case sided with the agency that handles Medicaid services saying that monies in the family's combined asset base can be used for an income annuity for the "well spouse" as long as it follows the stated statutory guidelines. Even if these monies are greater than the asset allocation for the well spouse, by following the Medicaid Compliant rules, the annuity is okay. This means that couples will be able to reposition tens, if not hundreds of thousands of dollars into Medicaid-compliant annuities and not have the income from the annuities count against the aid a nursing home bound spouse can receive.

If I buy an annuity, how can I be sure the income from it will last my whole lifetime?

Insurance companies use mortality tables to determine how long you are expected to live. However, nowadays, people are living longer. What happens if you annuitize your annuity and you live longer than the insurance mortality tables said you would? Depending on your annuity contract, and providing you selected the right payout option, the insurance company is obligated to continue paying no matter how long you live. You read it right! Even if your annuity is penniless, you could continue to receive



Julia Yoder
income.

My parents are bugging me to start saving for retirement. I don't have much money for that, but would like to start. What do you have for me?

You can start investing in your own IRA for around \$100 per month. Then, as your income increases, you can put in more. Or, you could apply for a life insurance policy that includes a cash-accruing account, available for you to use for anything you want (downpayment on a house, retirement, etc.) while you're alive. You might even ask your parents to match your retirement savings for the first year to help you get a start and build a good habit.

We both plan to retire in 6 years, but are worried that we won't be able to afford the payments on our mortgage that still has 11 years left. What could we do?

You have several choices. 1. Pay off your mortgage early. Go to Bankrate.com and use their mortgage amortization calculator. Put in the mortgage balance, rate, and number of years. This will give you an amount you could pay monthly in order to pay off your loan in 6 years rather than

11 years. 2. Refinance now, while still employed, into a 30-year mortgage to lower your payments to an affordable amount. You can still pay it off in a shorter time, but this gives you a lower payment if needed. 3. Upon retirement, rent your home out, or sell it and obtain less-expensive housing. 4. If your mortgage is paid down considerably in 6 years, you might qualify for a reverse mortgage (HECM - Home Equity Conversion Mortgage), allowing you to stay in your home without mortgage payments. Use a loan professional who specializes in Reverse Mortgages.

Although we are not happy with our current financial agent, would it be wiser for us to stay with him, or should we go ahead and change agents?

If your agent is not serving your needs or financial desires, either talk with him to see if he is willing to make the changes you want, or by all means, make the change. It is your money; you should feel confident with your agent.

Ask Julia by email:
juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/NMLS 248681/Natl. Ethics Assoc. Home loan application: <https://blink.mortgage/app/signup/p/allsourcemortgage/juliayoder>. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

Centerplate to Prepare Up to 300 Turkeys for the Annual Union Station Homeless Services Dinner in the Park Event

PASADENA – In honor of being a service to those in need, Centerplate at the Pasadena Convention Center will prepare up to

300 turkeys to support Union Station Homeless Services Dinner in the Park event Thursday, November 22 from 10 a.m. – 2

p.m. The event will take place at Pasadena Central Park and feeds over a thousand people thanks to the help of volunteers and generous key partners.

"We are proud to once again have the Pasadena Convention Center and Centerplate lend its support to Union Station Homeless Services by preparing turkeys for those in need of a nourishing meal," said Michael Ross, CEO, Pasadena Center Operating Company. "We applaud Union Station's work to serve thousands of meals to those less fortunate during the holiday season and are pleased to participate in such a giving cause."

Centerplate has played an integral role in servicing a variety of meetings, events and conventions at the Pasadena Convention Center and Civic Auditorium including the 49th Annual NAACP Image Awards, the Daytime Emmy Awards and most recently, the globally recognized COSPAR scientific assembly which welcomed 3,000 attendees over seven days to the property.

Most recently, Centerplate hired Brandon Barousse, CDM as the new Executive Chef to lead its food and beverage offerings.



THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

How Often Should You Have Your Car Serviced?

I know in this day and age it is sometimes difficult to remember those certain appointments... like going to the dentist or the doctor every six months... or having your vehicle serviced at least twice a year! You can ignore it until suddenly you aren't feeling your best, or you experience a toothache, or your car breakdowns!

Here is what your car's owner manual tells you should happen and how often. We recommend you visit us every six months to keep your vehicle in tip-top shape!

Your owner's manual states that every time you stop for fuel you need to:

- Check engine oil level and add as required.
- Check windshield washer solvent and add if required.
- Once a month you are supposed to:
 - Check tire pressure and look for unusual wear or damage
 - Inspect battery and clean and tighten terminals as required.

- Check fluid levels of coolant reservoir, power steering, brake master cylinder, and transmission and add as needed
- Check all lights and all other electrical items for correct operation

At every oil change you are supposed to:

- Inspect exhaust system
- Inspect brake hoses
- Rotate tires at each oil change interval shown on schedule "A" (Highway miles) or every other interval as shown on schedule "B" (Stop and go miles).
- Check coolant level, hoses, and clamps.
- After completion of off-road operation, the underside of the vehicle should be thoroughly inspected.
- Examine threaded fasteners for looseness

That is what the kindly, full-service gas station attendant used to do for us. Now that everything is self serve, we tend to drive up, fill up and drive off. Think about it. Do you check your engine oil

level or your washer solvent at each fuel stop? Do you monthly check your tire pressure, inspect your battery, and check fluid levels, lights and other electrical items? The majority of consumers never lifts the hood of their car or even looks at their tires, much less checks the pressure. Some, when it is time for an oil change are adamant that we just change their oil as they are in a hurry and everything else seems fine.

It is true that our cars are increasingly sophisticated pieces of machinery and that our oil is better able to withstand a couple of extra thousand miles between changes but how about all those other services that the gas station attendant used to take care of for us? Sadly, the answer for the most part is no one! You should at least have your vehicle serviced twice a year at the minimum. If you don't, think about what can go wrong between visits without someone lifting the hood and someone checking your tire pressure and fluid levels.

Remember, we love cars, trucks and SUV's! We want them to run at peak efficiency so that they are safe and reliable for you! Don't be a stranger. Stop on by and let us lift the hood for you!

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

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Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA

Scrapbooking Studio After School Film Fun

Arcadia Public Library hosts a monthly movie program for middle-school students. All middle schoolers are invited to attend a showing of a new fun movie on Friday, **December 7**, at 3:30 p.m. at the Arcadia Public Library. Meet up with friends, and enjoy a great, new movie and tasty snacks. For more information, please call 626.821.5566 or visit the Arcadia Public Library's website at www.ArcadiaCA.gov/library. The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia.

Instructors Needed

Do you have a talent you want to share or have a love for teaching? The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their existing income. Go to www.ArcadiaCA.gov/recreation for the Prospective Instructor Application or call the Recreation Office for more information.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK

Chinese American Film Festival

In partnership with EDI Media Inc. the Julia McNeill Senior Center is proud to host the Chinese American Film Festival on Wednesday, **November 15th** from 10:00 am – 11:30 am. The event will showcase some of the up and coming Chinese American Films. There are dozens of new film makers and emerging talent

Upcoming Event?
Let us know at
SGExaminer@aol.com

creating exciting new stories, so come by the center and experience one of these new exciting movies for yourself. Event will be held in the Senior Center Entertainment Room.

For more information, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

Birthday Celebration

Join the Julia McNeill Senior Center monthly Birthday Celebration on the third Wednesday of the month (**Nov. 21**) from 12:30 pm – 2:30 pm. Dance to the music of DJ Sonic Boom as active adults celebrate their birthday. Have some cake and lots of music, as well as door prizes for your celebration! \$1 door admission. For more information, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

Richard Nixon Library and Museum

Join us on Thursday, **November 15th** from 9:00 am – 5:00 pm as we spend the day revisiting history at The Richard Nixon Library and Museum in Yorba Linda. The Richard Nixon Library and Museum features nearly 70 new major exhibits, 30 unique multi-media experiences, 11 original films, 12 custom digital interactives, 10 curated archival film sequences, more than 600 photographs, 8,000 square feet of wall murals and more than 300 artifacts. Take a walk around an exact replica of the White House East Room, the largest room in the Executive Mansion. We will be stopping by Polly's Pies Restaurant for breakfast before heading to the museum (meal at your own expense). There is an onsite café at the museum as well. Tickets are \$20 for Baldwin Park Residents and \$25 for Non-Residents. Limited Tickets! For more information, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am – 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

COVINA

BUNCO!

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at

Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

Indoor Chair Beach Volleyball

The City of Covina Parks & Recreation Department hosts "Indoor Chair Beach Volleyball" at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays, 1:30-2:30 p.m. For more information, call (626) 384-5380.

DUARTE

Starbucks With The Sheriff's

Join the Duarte Public Safety Department, members of the public and the Los Angeles County Sheriff's Department for the last Starbucks with the Sheriff's for 2018 on Thursday, **November 15**, from 9:30 to 11:00 am at the Duarte Starbucks located at 1263 Huntington Drive, Duarte, CA.

Mayor's Prayer Breakfast

One of the Duarte Community's favorite annual events is scheduled for Wednesday, **November 21st** starting at 7:30 am at City of Hope's Cooper Auditorium. Start the holiday season off right by listening to the inspirational words of Pastor Michael Lee of Fellowship Monrovia and the wonderful sounds of concert pianist Mona Kim whose talent regularly fills the halls of the City of Hope. The cost is \$10 for adults or \$8 for children and/or seniors and tickets can be easily purchased by visiting www.accessduarte.com and clicking on the "Mayor's Prayer Breakfast" icon at the bottom of the homepage.

Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

GLENDORA

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

Instructors Needed At

The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

LA VERNE

Cruisin' La Verne Holiday Car Show

The Cruisin' La Verne Holiday Car Show on Saturday, **November 24**, 9:00am - 3:00pm includes the community's participation in the "Spark of Love" Toy Drive, which benefits local children for the holidays. Attendees are encouraged to donate a new, unwrapped toy, either at the event or to the La Verne Fire Department. For more information please contact City Hall at (909)596-8706.

Car show will be at Old Town La Verne, "D" and Third Streets, south of Bonita Avenue.

MONROVIA

Senior Blood

Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional

information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets **every Thursday** at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: ehernandez57@aol.com

Go West

Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.
- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.
- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

Alzheimer's Peer Support Group

GLENDORA - Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and

ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 100 Palopinto Ave., Glendora, in

Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Basic Computer and Digital Literacy Skills for Seniors

Technology is the gateway to the future and it is not just for the "younger generation" anymore.

BALDWIN PARK - The Baldwin Park Adult and Community Educations offers classes in Basic Computer and Digital Literacy Skills designed for students age 55 years and older to perform tasks in the office or for personal use at home. Senior Citizens will have priority in enrollment.

The class covers nine skill

area: Basic Computer Use, Searching the Internet, Windows & Macintosh OS, Using Email, Creating Documents, Social Media, Excel, Power Point and Information Literacy.

Classes meet Monday thru Thursday from 8:00 am to 12:30 pm, Tuesday from 1:00 pm until 4:00 pm and Monday, Wednesday and Thursday from 12:30 pm

until 4:00 pm.

Students may register for and attend the classes at the Adult Career Training (ACT) Center at 4640 North Maine Avenue in Baldwin Park.

For further information, call the Adult and Community Education Office at (626) 856-4108 or (626) 939-4456.

Fall Kid's Camp & Winter Class Registration

ARCADIA - The Recreation and Community Services Department is offering a Fall Kid's Camp at Highland Oaks Elementary School, 10 Virginia Road, Arcadia starting Monday, **November 19** to Wednesday, November 21 from 8am-6pm. Each day is filled with fun group activities including crafts, board games, movies, and snacks for youth ages 5-12. Parents are able to sign their children up for one day or all three. Fall camp is \$27

per child per day. To register in person come by our office or you can go to the city's website at www.arcadiaCA.gov under the Recreation and Community Services Department.

Registration for the winter season begins November 19 online for residents only and walk-in begins November 26 for everyone. For more questions, please contact the Recreation Department at 626.574.5113.

Dr Anna Lee DDS: "Give Us a Chance to Serve You!"

By Jenny Park

GLENDORA - Kindness and a positive experience are two hallmarks of Dr. Anna Lee D.D.S. She is going into her 30th year working as a dentist. Walking to a dentist's office can be nerve-racking, so Dr. Anna Lee is very much about creating a good experience from the start.

"People with healthy gums should visit the dentist at least every six months. If you're so nervous and have many doubts in your mind, you have to know that staying calm is best for a good visit. We really care about our patients and want the best for them," said Dr. Anna Lee.

Dr. Anna Lee received her Doctor of Dental Surgery from USC and her Bachelor of Science from UC Irvine. Many people do not know this, but Dr. Anna Lee worked with crime scene assistant for LAPD. One day she was in the lab and came across a severed finger, it was then she knew she might pursue a different career. She says she is happy with her decision and cannot imagine doing anything else.

Cosmetic Dentistry and Collaboration

"I have an eye for cosmetic dentistry. It is very satisfying when I can help change their social and work life. People have beautiful crowns. I have been working with the same lab for 20 years. We respond to what patients' complaints seriously.



Dr. Anna Lee D.D.S. takes a moment to take a photo with her two patients Xander and Xion.

Dr. Anna gains the trusts of her patients completely because she is very friendly, kind, and compassionate. She genuinely cares about her patients and has the knowledge, experience, and technique to give her patients the best smile possible.

Kindness and Professionalism
Because Dr. Anna Lee calms the fears of her patients by her professionalism and kindness, she is able to work with all ages

even though she loves children. Olivia who is Dr. Anna's assistant also helps clients by engaging in conversation and in getting to know more about the patient. It is the small kind courtesies that go a long way in making an individual feel better in a dire situation.

"Don't forget to come back after the six month. I want to keep your mouth healthy and it's important to prevent periodontal disease. It is a very satisfying feeling knowing that I have done a good job and they have good oral health with my information and my good work, they are well taken care of by me."

Dental Photos for Collaborative Learning
She is sensitive and intuitive

about her patients' feelings and does her best to explain the problem using her high-tech camera to take photos. "You see what I'm seeing" is what she says to her patient in order to work alongside with the patient. As Dr. Anna shows high-definition photographs of problematic teeth, people are thrilled to know and see what exactly the condition of the tooth is. A picture does not lie, and patients are able to see the dark decay matter or a chipped tooth. Dr. Lee's composure is what keeps many patients from seeing other dentists.

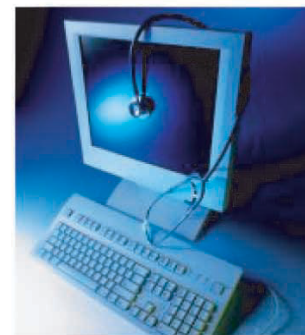
"I love to serve people all day, but I like to go to the gym at the end of the day." Dr. Lee says going to the gym is her way of loving herself. Patients can find her

office team to be helpful and kind. Their office is very clean and well-maintained. Dr Lee has patients who may be 4-year old, 24 year old, and 94 year old.

"We want to get the word out that we are taking new patients. I enjoy working with all ages, especially children. The most important thing about children is that I want them to have a positive experience. As they're growing up, they don't have the fear of the dentist," said Dr. Lee.

Her office is on the second floor of the brick building located on 410 S Glendora Ave in Glendora. Please schedule your appointment with Dr. Anna Lee at (626)335-5114. She takes most dental insurance and provides Care Credit.

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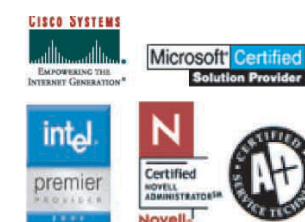
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Enter as often as you want.
(Purchases must be from November 1st to December 18th)

WILL END DEC **18** 5:00 PM

Enter at the Glendora Chamber Office
224 N. Glendora Ave.

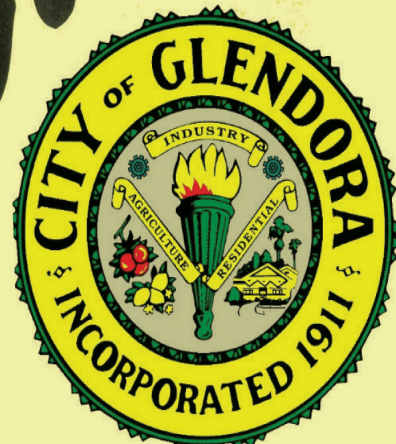
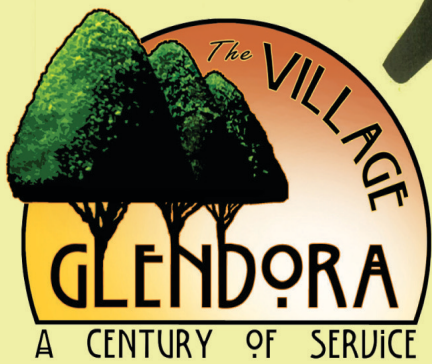
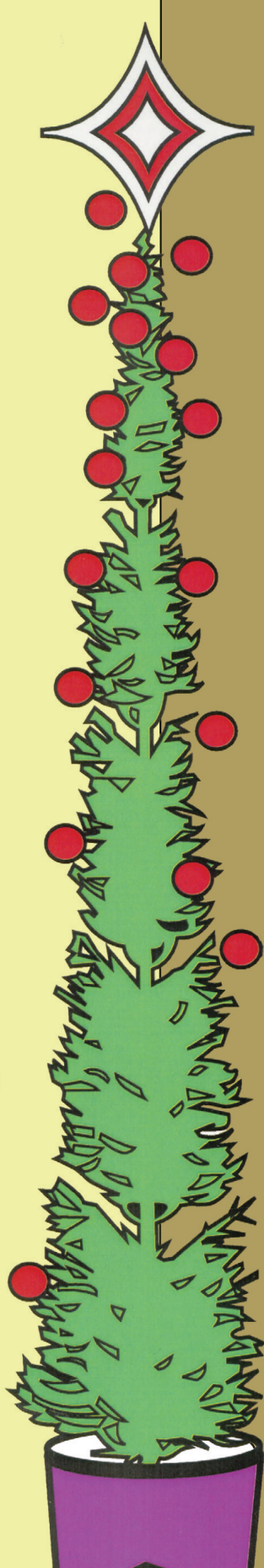
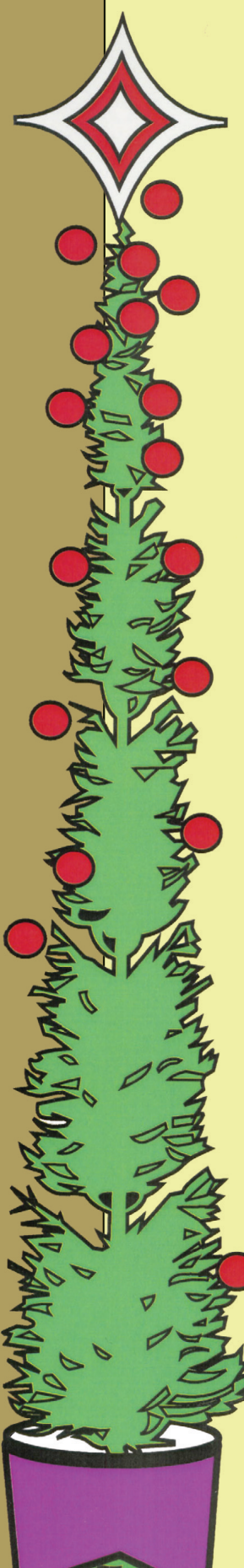
More information at Glendora-Chamber.org

GLENDORA VILLAGE

Holiday Stroll, Tree & Star Lighting

Friday,
Nov. 16th

6:00 to
9:00 p.m.



Tree Lighting in the Plaza at 6:30 p.m.

Join us for the kick off to the holiday season!

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