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West Covina Students Receive School Supplies at Annual Back to School Kickoff

WEST COVINA – Nearly 100 West Covina Unified students and families in need will be ready for the 2019-20 school year after receiving new shoes, backpacks, hygiene kits and school supplies during the District's third annual Back to School Kickoff, held July 31 at the WCUSD Family Resource Center.

The Back to School Kickoff was coordinated by the West Covina Unified Foster and Homeless Youth Center, which provides students who face severe hardships with opportunities to thrive on and off campus.

The Kiwanis Club of West Covina supplied a pancake breakfast as WCUSD administrators and board members assisted students in selecting backpacks and shoes, and community agencies including Citrus College and L.A. County Library staffed resource booths.

"This is an exciting day for us; seeing the smiles on the faces of the students when they try on a new pair of shoes brings us joy," WCUSD Foster and Homeless Liaison Ana Gutierrez said. "We are so grateful for the help of our community partners, and are indebted to the Kiwanis Club for all of their support."

The Kiwanis collected materials for the students during a "Stuff the Bus" fundraiser on July



West Covina Unified students receive new shoes and school supplies during the District's third annual Back to School Kickoff.

13 at the Eastland Center Walmart. Volunteers asked customers for donations of basic school supplies, including backpacks, spiral notebooks, glue sticks, rulers, crayons and three-ring binders.

By the end of the day, the Kiwanis had collected 78 large boxes of supplies, more than enough to fill a West Covina Unified school bus.

"The Kiwanis mission is to support the community. It's all about the kids," Kiwanis member Ken Manning said. "We have a tremendous relationship with

West Covina Unified and are ready to help in any way we can."

West Covina resident Britni Reed took advantage of the Back to School Kickoff to acquire new

shoes and backpacks for her four sons, who attend Hollencrest Middle and Vine Elementary schools.

"This helps us out a lot, as it frees up money for other school expenses, like uniforms," Reed said. "The boys are really excited over what they are getting. It's like an early Christmas."

The Foster and Homeless Youth Center opened in 2016, supporting students with summer enrichment programs, college campus tours, after school tutoring programs, access to a computer lab, clothing and hygiene giveaways and referrals to community resources.

"The Back to School Kickoff ensures that every West Covina Unified student will be well-prepared for their first day, which sets the tone for the whole year," WCUSD Superintendent Dr. Charles D. Hinman said. "The Youth Center is a valuable resource for the community, working hard on behalf of students-in-need and coordinating with our District partners. Thank you to Ana Gutierrez and her staff for organizing this wonderful event."

Citrus College's New Approach to Teaching Mathematics Eliminates Major Obstacle to College Completion

By Dr. Edward C. Ortell
Citrus College Governing Board Member

New placement strategies and innovative teaching methods in Citrus College's mathematics program have been making headlines. In fact, a May 2019 episode of PBS NewsHour, titled "Making the Grade: Rethinking College," highlights the college's efforts to increase college completion rates by modifying math education.

These changes align with state legislation that took effect in January 2018. AB 705 requires California community colleges to maximize the probability that all students will enter and complete transfer-level coursework in English and math within a one-year timeframe. As part of this requirement, colleges must now use one of three measures to place students into English and math courses: high school coursework, high school grades and/or high school GPA.

At Citrus College, the placement of students in math classes is now dependent upon self-reported high school GPA and the last math course completed in high school with a "C" or better. All students, including those without a recent high school record, are provided access to entry transfer-level math in their first semester.

Of course, adjusting placement methods is only one aspect of AB 705. The legislation's ultimate goal is to eliminate the need for remedial classes, which many believe are a hindrance to college completion. Prior to AB 705, students could only enroll in transfer-level English and math if their



Photo courtesy Citrus College

Last fall, Citrus College was the first local community college to provide access to transfer-level English and math for all students.

placement scores were high. Those with lower scores were placed in remedial classes to ensure that they were sufficiently prepared for the more advanced material.

Before AB 705, 80 percent of California's incoming college freshman were placed into remedial and less than 20 percent of students completed their math requirement within one year. While the remedial courses were designed to get students ready for transfer-level coursework, they were actually preventing many from completing their college degrees.

Last fall, Citrus College was the first local community college to completely eliminate remedial courses. Those students in need of remediation now enroll directly into college-level courses, while being provided with concurrent academic support. Known as the co-requisite support model, this approach enables students to bypass traditional remedial courses. In place of these classes, the students enroll in their college-level math course

and in a support course at the same time.

One year after the changes were implemented, the results have been promising. College-wide, first-time student completion of transfer-level math has doubled - from 28 percent during the 2017-2018 academic year to 59 percent during the fall 2018 semester. These numbers are only expected to increase as the program evolves. In fact, the college will soon introduce co-requisite support for business calculus and precalculus. When fall 2019 classes start this month, all students will have access to transfer-level math courses relevant to their programs of study.

As the Duarte area's representative on the Citrus Community College District Board of Trustees, I am proud that Citrus College is leading the way in transforming remediation and supporting student completion. The college will continue to do all it can to nourish the success of all students.



West Covina Unified families explore booths and gather resources from local organizations, including Citrus College, during the Back to School Kickoff.

Glendora Police Department National Night Out Against Crime event at Finkbiner Park



Glendora Police Chief Lisa Rosales with Glendora Council Members and Mayor at Finkbiner Park.

By Jayam Rutnam
GLENDORA - The 36th Annual National Night Out Against Crime took place at Finkbiner Park's Shade Structure on August 6th from 5:30-8:30 p.m. The event was kicked off with a "Solidarity" walk against crime, when Glendora residents met on the front steps of the Glendora Police Department at 5 pm and walked to the Park, with the Chief and Police Officers. This walk was to signify to the community

that "we stand together against crime and will do our best to help prevent it by joining Neighborhood Watch Programs and by looking out for each other," said Police Department Staff.

The evening at the park included music, free hot dogs, games, face painting for the kids and more.

NATIONAL NIGHT OUT is designed to heighten crime and drug prevention awareness, generate support for and participa-

tion in local anticrime programs as well as it sends a message to criminals letting them know that neighborhoods are organized and fighting back. Residents throughout Glendora and across the nation were asked to turn on their porch lights, lock their doors, and spend the evening outside with neighbors and law enforcement to help build stronger police-partnerships and neighborhood unity in our fight for a safer community.

West Covina Unified Introduces International World Schools



West Covina Unified students can gain a comprehensive arts education – including dance, choral and instrumental music, visual and theater arts – through the TK-12 International Baccalaureate Continuum, offered at the International World Schools of West Covina.

WEST COVINA – West Covina Unified will offer California's only TK-12 International Baccalaureate (IB) Continuum – providing a globally focused education in a free, public school setting – when school begins Aug. 15 through its recently named International World Schools of West Covina.

International World Schools of West Covina consist of Orangewood Elementary and Edgewood middle and high schools, which house the IB-authorized Primary Years Programme, Middle Years Programme and Diploma Programme. All three programs use a service-learning approach, encouraging students to make local and global connections to their education.

"The International World Schools of West Covina provide an all-in-one educational experience that allows students to explore a variety of disciplines through rigorous and engaging curriculum," Edgewood Schools Principal Dr. Roni Maddox said. "We are excited to begin our first full year as a TK-12 IB Con-

tinuum and look forward to what our students will accomplish."

During the 2019-20 year, students will have the opportunity to develop bilingualism and biliteracy through Dual Language Immersion in Mandarin, which begins in kindergarten, or in Spanish, which is offered from transitional kindergarten to fourth grade.

Sixth- to 12th-grade students also have the opportunity to study world languages at Edgewood Schools, including Mandarin and Spanish.

The International World Schools of West Covina will also provide a variety of learning opportunities in science, technology, engineering, arts and mathematics.

Students can begin arts instruction – such as dance, choral and instrumental music, visual and theater arts – as early as transitional kindergarten.

Elementary school students can also develop fundamental coding, robotics and computer programming skills, which they can explore further through

Edgewood's forensic science, 3D game art, game design and video production courses.

Students who receive the IB Diploma through the Diploma Programme – which culminates the continuum – can receive advanced college standing, course credit, scholarships and other admissions benefits at many of the world's most prestigious colleges and universities. All of Edgewood's IB Diploma candidates have been accepted to four-year colleges and universities.

"The International World Schools of West Covina are central to the comprehensive, rigorous educational offerings available at West Covina Unified," WCUSD Superintendent Dr. Charles D. Hinman said. "We are proud to provide the only TK-12 IB Continuum in the state and inspire greater levels of excellence in our students."

Students from across the San Gabriel Valley may enroll in the International World Schools of West Covina. To begin the enrollment process, visit the District enrollment page.



West Covina Unified's TK-12 International Baccalaureate Continuum, offered through the International World Schools of West Covina, provides students with a globally focused education featuring comprehensive language acquisition and science, technology, engineering, arts and mathematics instruction.

Let's Hit the 2019-2020 School Year Running!

CHARTER OAK - No false starts amongst the great people of Charter Oak. The 6th Annual Oak Tree Challenge 5K/1 Mile Run/Walk is Saturday, **September 28**, at Charter Oak High School. Registration is now open online at: charteroakedfoundation.org and online registration is recommended.

Check in on the day of the event opens bright and early at 7:00am. Each pre-registered runner will receive a T-Shirt. Registrations must be received by September 18, 2019 in order to receive a Run T- Shirt. All registered runners will receive a bib number, an opportunity drawing ticket, a runner swag bag, and enjoy a delicious pancake breakfast. The 5K Run/Walk will begin promptly at 8:00am, and the 1 Mile Run/Walk begins at 9:00am.

Breakfast is at 8:00, and is free for all runners/walkers. Breakfast is available to spectators for only \$5.

We are challenging all Charter Oak faculty, staff, campus PTAs, and school clubs to form a running club on your campus and train together! Which of our Charter Oak schools will have the greatest show of participation?

Serious runners, we are happy to announce that we have electronic chip timing and the Run is on all hard surfaces!!

Not a runner or walker? No problem! The vendor booths will be making a return for all to peruse and shop. Cheer from the stands, and pose for the camera! This is a fun way to show school pride. Be the Match will be joining us to do cheek swabs to look for that match for Coach Lou Farrar and anyone else that might be in need of a stem cell match.

This is a family event, and we are all here for the kids. To encourage our students to get out and move, participation medals are given to youth only who complete in the 1 Mile Run/Walk.



1st, 2nd and 3rd place winners in each age category both male and female in the 5K will receive medals, and the male and female who comes in 1st overall will receive 1st place overall plaques.

The Oak Tree Challenge is hosted by the Charter Oak Education Foundation. It gives us a wonderful opportunity to begin the 2019-2020 school year with a running start, while coming together as a community to raise money for our Charter Oak schools. Last year, our Oak Tree Challenge partici-

pants and partners raised \$10,000! Let's surpass that milestone! Register today! Charter Oak High School is located at 1430 E. Covina Blvd., Covina, CA 91724.

Register online at www.charteroakedfoundation.org, or by mail. Send your registration form and check made payable to Charter Oak Education Foundation to P.O. Box 1462, Covina, CA 91722. The Charter Oak Education Foundation Oak Tree Challenge 5K/1 Mile Run/Walk is a RAIN OR SHINE event. No Refunds.

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City Executes Purchase & Sale Agreement with Singpoli BD Group, LLC

WEST COVINA - On July 16, 2019 the City Council authorized the City Manager, David Carmany, to negotiate and execute a Purchase and Sale Agreement and Joint Escrow Instructions (Purchase & Sale Agreement) with Singpoli BD Capital Group LLC (Singpoli). The Purchase and Sale Agreement is for the sale of 134-acre of City owned land at the former BKK landfill site for \$13.5 million to Singpoli.

The execution of the Purchase and Sale Agreement allows the City and Singpoli to pursue the sale of the City properties. While escrow will be opened as part of the Purchase & Sale Agreement, the sale of the properties is subject to various conditions including completion of the California Environmental Quality Act (CEQA) review.

The City and Singpoli will also continue to pursue the proposed outdoor recreational project at the site. Singpoli's proposed project includes a public park with an amphitheater, horse/hiking trails, glamping campsite,

habitat preservation and restoration, solar and greenhouse program, zipline and aerial adventure park, future virtual reality (VR) park, K-9 and Fire training facilities, and a resort hotel with banquet facilities. The proposed project continues to remain subject to approvals by the regulatory agencies and the city's entitlement process including the environmental review pursuant to CEQA.

The Purchase & Sale Agreement grants Singpoli a contingency period of one year, after which if Singpoli does not purchase the property, the City receives a nonrefundable consideration of \$405,000 pursuant to the Purchase & Sale Agreement. The next steps include Singpoli submitting an application for a general plan amendment, a specific plan, and a zone change. The ap-

plication will initiate CEQA review. During the CEQA process, the regulatory agencies will provide formal review of the proposed development project. In addition, during the review process, there will be several opportunities for community input including a Scoping Meeting for the EIR and public hearings.

While the Purchase & Sale Agreement has been executed, the sale of the City properties has not been finalized nor was the proposed project approved. The execution of the Purchase and Sale Agreement is merely a step in the direction of pursuing the possible sale and development of the Development Opportunity Site. The approval of the proposed development project still requires many steps including extensive review for the project to be formally approved.

Senator Chang's 'First of its Kind' Cyberbullying Law Signed by Governor

SACRAMENTO - Following strong bipartisan support, the Governor signed Senate Bill 366, authored by Senator Ling Ling Chang (R-Diamond Bar), that will equip students in higher education with preventative and educational information about cyberbullying. Women and LGBT college-aged students are at a higher risk of being victims of cyber-bullying.

"Cyber-harassment does not end once college begins. I've had the opportunity to hear from many parents and students in my district. They've

shared their struggles with cyberbullying, and their stories inspired this legislative action. I'm proud to help college students have a safe and positive college experience.

"I'm grateful the governor signed this timely and bipartisan legislation - the first of its kind in California," said Senator Ling Ling Chang.

The newly-signed legislation requires the California State University and requests the University of California to provide preventative strategies about cyberbullying during stu-

dent orientation.

Cyberbullying has been linked to suicide, alcoholism, and depression in higher education. A survey study showed that those who were involved with cyberbullying were almost three times more likely to meet the criteria for clinical depression than those with no cyberbullying experience.

SB 366 is the first bill in California to address cyberbullying in higher education and carries the support of the California State Student Association.

DPSS Hosts Care Kit Drive to Benefit Homeless Individuals and Families

LOS ANGELES COUNTY - The Los Angeles County Department of Public Social Services (DPSS) Volunteer Services Section is currently hosting its Care Kit Drive to seek donations of personal care supplies to be distributed to homeless individuals and families this October.

"These donations will help our homeless neighbors during times of extreme weather conditions, such as heat or rain," said Eryn Aquino, DPSS volunteer services coordinator.

"All of these supplies will support the safety, security and health of the community."

DPSS is asking for new socks, shoes and hats, as well as hand sanitizer, toilet paper and feminine hygiene products. Donation drop offs may be coordinated with the department's Volunteer Services Section by sending an email to DPSSVolunteers@dpss.lacounty.gov. The deadline to donate is September 30. All donations are tax deductible.

Through a charitable part-

nership with AmazonSmile, the Volunteer Services Section is also accepting online donations to support this drive. Those interested in donating can visit <https://amzn.to/2J2CRKU> to view the items on the Wishlist. AmazonSmile will also donate half a percent from any eligible purchase, if a donor selects the Toy Loan Advisory Board as their charity of choice.

For more information on this campaign or to become a volunteer, please contact Aquino at (213) 744-4348.

LACDMH Expands School Violence Prevention and Intervention Program

LOS ANGELES COUNTY - The Los Angeles County Department of Mental Health (LACDMH) has expanded its School Threat Assessment Response Team (START) program in support of back-to-school season and in light of recent mass shooting incidents.

The expansion, passed in a motion authored by County of Los Angeles Board of Supervisors Chair Janice Hahn and Supervisor Kathryn Barger, has tripled the staffing and scope of the START program, allowing its teams to provide more training, evaluation, response and follow-up services at school campuses throughout the County.

"I have no doubt that the START program has already saved lives, and this expansion means that we are more prepared than ever to intervene and get help to a troubled student before a violent incident," said Supervisor Hahn.

The START program is designed to address the need for comprehensive threat prevention and management program in school settings. As part of this program, LACDMH staff, in collaboration with schools and first responders, have responded to numerous incidents in elementa-

ry, middle, high school, college and trade school campuses — preventing threats from escalating into more serious and potentially violent situations.

"Preventing campus violence through early identification and intervention is really key," Supervisor Barger said. "Since START was created a decade ago, it has made immense progress to help protect our students and provide them with the mental health resources they need."

Key services offered by START staff include:

- Training and education to school staff, first responders, students and parents
- Early screening and identification of stated, implied or perceived threats
- Assessment of risk factors related to the threat
- Multidisciplinary intervention in collaboration with the school and law enforcement agencies
- Case management and monitoring to ensure safety and wellbeing after the initial response

Since its inception in 2009, the START program have received more than 12,000 referrals and its staff have provided a broad range of services to LA

County schools and their communities, including school threat response, psychiatric evaluations, linkage to mental health and supportive programs, educational presentations and situational assessments. To learn more about START, visit <http://dmh.lacounty.gov/START>.

According to Dr. Jonathan Sherin, Director of LA County Department of Mental Health, "Our START teams work in close partnership with schools and first responders across the county using proven strategies. We are here to help people in need which entails a deep commitment to safety and wellbeing in our schools."

In addition to START, LACDMH is also dedicated to enhancing the mental health and wellbeing of children, youths and young adults through programs within the Community Schools Initiative (CSI). Current CSI programs include continual stakeholder engagement to assess and respond to community needs, service coordination teams to improve school mental health services and a Mental Health First Aid Pilot Program to empower youths to take control of their mental wellbeing.

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How to Sell Your Glendora House Without An Agent And Save the Commission

Glendora - If you've tried to sell your home yourself, you know that the minute you put the "For Sale by Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

Like other "For Sale by Owners", you'll be subjected to a hundred sales pitches from agents who will tell you how great they are and how you can't possibly sell your home by yourself. After all, without the proper information, sell-

ing a home isn't easy. Perhaps you've had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time, and many homeowners have given up their dreams of selling their homes themselves. But don't give up until you've read a new report entitled "Sell Your Own Home" which has been prepared especially for homesellers like you. You'll find that selling your home by yourself is entirely possible once you understand the process.

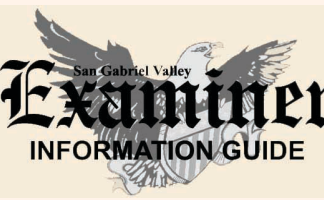
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- We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.
- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer. Thank you for your cooperation.

Brakes On Insurance Commissioner Lara

Insurance Commissioner, Democrat Ricardo Lara, came up through the ranks working for former Speaker and candidate for U.S. Senate, Kevin De Leon, then went on to serve in the Assembly and Senate and recently elected Insurance Commissioner where he finds himself embroiled in charges of conflict of interest and renegeing on campaign promises, at the very least.

Lara was the author of several controversial bills including a bill to prohibit the state from contracting for services with any person or organization involved with building the border wall proposed by President Trump. His bill, SB 562, universal health care for all, would have put the state in charge of all health services for legal and illegal persons in California, but the only proposed funding source was a payroll tax. Lara also authored SB 174, vetoed by Gov. Jerry Brown, that would have allowed illegal aliens to hold seats on local boards and commissions. Both of Ricardo Lara's parents are illegal immigrants.

Insurance Commissioner Ricardo Lara finds himself, once again, in hot water and under scrutiny for accepting contributions from insurance executives and their spouses and intervening in court proceedings.

San Diego Union Tribune, Jeff McDonald, reported Lara "... intervened in at least four court proceedings involving a company with ties to insurance executives and their spouses who donated tens of thousands of dollars to his re-election campaign, records show." McDonald's article indicates one company and its owner and wife, as well as, the marketing director, contributed \$15,500 each for Lara's 2022 re-election campaign. Four days later, Lara's Department of Insur-



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

ance reversed a judge's decision requiring that company to reimburse excessive fees paid by a policyholder on workers compensation plans. (Full article on Shade's Perspective facebook).

Politico article by Carla Marinucci and Jeremy White reported on a speech by Lara to a convention of insurance executives and industry lawyers saying he would pursue an effort to create telematics to provide more driver vehicle information to the insurance industry.

According to my computer, TELEMATICS is a method of monitoring an asset (car, truck, heavy equipment, or even ship) by using GPS and onboard diagnostics to record movements on a computerized map. This enables reports on nearly every detail - from speed and idling, to fuel use, low tire pressure, and more. "And more" is what concerns me.

Consumer Watchdog, a non-partisan, non-profit organization, was a lead in the 1988 ballot measure, Prop 103, establishing an independent insurance commissioner and procedures requiring self-reporting miles driven, rates set by driving record, number of miles driven annually and years of experience. They have requested Insurance Commissioner Lara to produce all

records related to meetings with the insurance industry (conferences) and out of state travel. Jerry Flanagan, attorney for Consumer Watchdog, reports messaged back to Watchdog was Lara will be submitting requested disclosure records by August 31st, way past the deadline for producing a response to a public records request.

Flanagan's response to that message: "... in the nearly two months that have passed since Consumer Watchdog submitted its Public Records request on June 5th, Commissioner Lara's office has produced a total of 31 pages of records that are unrelated to the Commissioner's calendar or travel. More than half are emails from Consumer Watchdog to the Department, and relate to his rejection of two petitions submitted by 70 consumer, environmental and civil rights groups to: 1) End discrimination based on job and education in auto insurance pricing, and 2) responses to the climate change crisis by requiring disclosure of insurance companies' fossil fuel underwriting and investments.

"It's extraordinary for a commissioner to step in on the side of a donor to overrule a judge and the judge says 'pound sand,'" Flanagan said.

May 2019 Consumer Watchdog Report Card on Ricardo Lara says: "In his first four months, Commissioner Lara has approved \$292 million in auto and homeowners' insurance rate increases. Lara needs to get serious about regulating the insurance industry if he is to protect the policyholders he was elected to defend. In his first months, he has protected insurance companies more than consumers, who will expect much improvement."

"TIME JOCKEY" - Marysville Baseball

By Joe Castillo

Baseball Tour... In 1927, the world of professional baseball had yet to reach the West Coast. There were no Dodgers, Giants, Angles, A's or Padres. The professional sport of Baseball lived on the East coast and in New York perhaps the greatest team of all-time resided. The New York Yankees with two of the greatest players of all-time, Babe Ruth and Lou Gehrig, won the 1927 World Championship. It was one of numerous titles that the two players and the Yankees would win but the 1927 team may have been the best.

Following their World Series win, Ruth and Gehrig went on a 20-game tour on the West Coast and raised additional revenue following their successful baseball season. One of their stops was the Northern California town of Marysville which had their own stadium and a slew of ecstatic baseball fans. In order to guarantee the players' attendance, Marysville needed to raise \$1,000 just in case ticket sales fell short. Twenty merchants donated to the fund in order to reach the minimum guarantee and plans were set to bring in the two World

Series heroes. On October 25th, a game was scheduled between the Bustin' Babes and the Larupin Lou's and 2,000 fans from towns like Chico, Oroville, Colusa and Yuba City showed up. Both Ruth and Gehrig were the main stars of the game and neither disappointed. The night before the game, a banquet was held in their honor, and each of them was given the best accommodations at the Hotel Marysville.

With tickets selling at \$1.25 each, the stadium was sold out and most arrived early to see the stars take batting practice. A full nine inning game was played with Ruth and Gehrig on opposite sides. Stars from other local teams were chosen to complete the rosters with both Gehrig and Ruth slotted to play first base for their teams. Ruth batted five times in the game going 3 for 4, with two home runs. The last home run was a grand slam. Lou Gehrig also batted five times with two home runs and two singles. The fans got what they came to see with both stars giving performances worthy of their stature. Nearly six dozen balls were used during the game and eight home runs in total were hit.

One of the best stories to come from the game was a home run that Ruth hit. Behind the left field wall was a row of trees with a levy and an elevated railroad line. In one of Ruth's home runs, he hit a prodigious shot that landed in the open box car of the train. The train continued on its way until it reached its destination in Oregon. It just may have been the longest home run ever hit. It was a 450-foot home run that would end up traveling over 500 miles.

When the game ended, Ruth and Gehrig were swamped by fans, young and old, and they calmly took pictures and signed autographs. Finally, they departed for their next game in Sacramento, and would continue on a tour which would not they both \$85,000 for the 17-day tour, a tour that brought the best of baseball to the west coast. The original stadium has been replaced by a newer one but the trees, rail line and levy still remain....

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joecastillo@aol.com.

The Soylent Green New Deal is Three Years Away

In an effort to cut carbon emissions from burials and cremations, the state of Washington, led by staunch environmentalist Governor Jay Inslee, became the first U.S. state to legalize human composting. To think, people can be criminally prosecuted for disrespecting a human corpse, a symbol of a once-living person. But the religion of Mother Earth now supersedes all cultural decency.

We've already cemented the contempt for life at the front end. I thought we had evolved since the ancient Greek elders determined that only the strong newborns survived and the weak were left to die. Virginia's Governor Ralph Northam made it clear that infants were once again throw-aways at will. In explaining the procedure of an "abortion" of a child who was born alive, he said "the infant would be resuscitated if that's what the mother and the family desired, and then a discussion would ensue between the physicians and the mother."

Now we must be acutely aware of what is happening at the other end of life's spectrum. In the U.S., elders are all too often considered expendable by society at large and sadly, by their own families. Such disregard in some 10 million cases escalates to abuse in many forms. Government-certified entities make a significant contribution to this contemptible crime.

In many states court-appointed guardians cravenly plunder their wards' assets with no repercussions. A U.S. Government Accountability Office (GAO) report identified hundreds of allegations of abuse, neglect, and exploitation by guardians in 45 states and the District of Columbia between 1990 and 2010. An investigation of a small sampling of the allegations found that court-appointed guardians had stolen or otherwise improperly obtained \$5.4 million from 158 incapacitated victims, mostly older adults. Moreover, such crimes were frequently overlooked by judges.

Soon after coming into office,



By Marilyn M. Singleton, MD, JD

President Trump signed into law the Elder Abuse Prevention and Prosecution Act that provided for 90 prosecutors and "elder justice coordinators" nationally to prosecute those committing elder abuse, including guardianship cases. Currently, a sleepy little bill in the wings, the Stamp Out Elder Abuse Act, will direct the proceeds of a new postage stamp to enforcing laws against elder abuse.

These new laws may be fraught with the advent of more physician-assisted suicide laws. New Jersey is the latest, complete with a cute acronym: MAID - Medical Aid in Dying. All the calls for government-controlled medicine are terrifying to those of us who remember a dystopian film where in 2022, with rampant food shortages and homelessness, the only food available is a high-energy wafer purportedly made from plankton. Alas, we witness humans entering a processing center for a happy death and emerging as the main ingredient of Soylent Green.

I contend that the trend of placing older people into hospice before the ink is dry on the hospital admission papers is a new form of elder abuse. Hospice has become the new Medicare cash cow for unscrupulous facility owners who abuse and neglect patients. One study found that 8 percent of the hospices studied did not provide a single skilled visit—from a nurse, doctor, social worker, or therapist—to any patients who were receiving routine home care in the last two days of life in 2014.

Sometimes It Isn't All That Accurate

I just read last year that 4,153,237 people got married. I don't want to start any trouble, but shouldn't that be an even number?

A newspaper had reported that Don Rendell was a terrorist in an article. However, it should have read that Rendell was the "tenorist" and not a terrorist.

Does anyone recall when a number of news media outlets including newspapers reported that Spike Lee had passed it was actually Stan Lee? One media outlet accidentally used the wrong name and all the



George Ogden
That's just the way it is!

other media outlets took off with it.

The news media incorrectly stated Benjamin Netanyahu said Moses brought water from Iraq. When actually he said that

Recall that President Obama robbed Medicare of \$716 billion to fund the Affordable Care Act, including \$56 billion from hospitals serving poor people. Recall that an ethics advisor for ObamaCare, Ezekiel Emanuel, MD, advocates for the "Complete Lives System" of medical care where resources are directed to those with "future usefulness." Dr. Emanuel proudly claims he wants to die at 75 years of age. Tell that to the countless lives Mother Teresa transformed when she was her 80s. Tell that to John Glenn, who went back into space for 9 days at 77, and to the 20 million other over-75 disposables—or should I say, recyclables.

Quite coincidentally, eliminating the over-75 crowd from the insurance pool would help fund government-sponsored insurance for this country's remaining uninsured. In other words, hurry up and die before the Medicare program goes bankrupt.

My gratitude goes to those congresspersons who recognize that our elders need protection. Given that the federal trust fund that finances much of the Medicare program is projected to run out in 2026, let's hope these compassionate people realize that the first losers of Medicare for All are our elders.

Bio: Dr. Singleton is a board-certified anesthesiologist. She is President of the Association of American Physicians and Surgeons (AAPS). She graduated from Stanford and earned her MD at UCSF Medical School. Dr. Singleton completed 2 years of Surgery residency at UCSF, then her Anesthesia residency at Harvard's Beth Israel Hospital. While still working in the operating room, she attended UC Berkeley Law School, focusing on constitutional law and administrative law. She interned at the National Health Law Project and practiced insurance and health law. She teaches classes in the recognition of elder abuse and constitutional law for non-lawyers. She lives in Oakland, Ca.

More Privacy Choices Are Just A Click Away

If you're like most people, changing the settings on your computer or smartphone can be a frustrating experience, full of technological jargon, confusing menus and complicated controls.

That's why the digital advertising industry decided to create a simple and intuitive way for people to get information and make choices about certain types of online ads they get. It's as easy as clicking a blue triangle.

In the corner of many online and mobile ads today, there's a little blue triangle, sometimes labeled "AdChoices" or "Your AdChoices." That triangle is known as the YourAdChoices icon, and it can be your gateway to trustworthy information and

control over digital ads.

When you see the blue triangle, it means the ad might be using information collected from other websites about your interests to help personalize advertising for you. The icon gives you information about how that process works, along with choices to "opt out" if you don't want to see that type of advertising, which is known as "interest-based advertising." It makes predictions about the types of ads groups of people might want to see based on data about the websites or apps they enjoy, such as sports, movies, hobbies or travel.

To protect privacy, most advertising systems are designed to not connect that data to actual

names or identities. Instead, those systems use a non-identifiable string of text—such as jsf284vn732ebu19dp—for each computer or mobile device, which lets them deliver ads to that device.

Most people find that type of advertising more relevant and helpful than generic ads. If you're shopping for a new camera, it can show you ads for discounts or camera accessories you might need. If your team won the playoffs, it can make it easy to buy the team's new championship gear. If you love to travel, it can help you find bargains and little-known destinations.

Perhaps equally important, those ads help fund the free web-

sites, services, and apps you use every day, including e-mail, news, videos, social media, photos, maps and search.

If you want to learn more about an ad or control your choices, clicking on the icon gives you information about the companies that brought you the ad and a way to turn off the collection and use of data for interest-based advertising from those companies in the future.

In addition, to learn more or control your preferences for hundreds of companies at once, you can go to YourAd

Choices.com, which serves as a control panel for companies engaged in interest-based advertising.

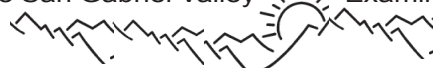
When you visit that site, you get access to a tool that performs a quick system check and shows you which companies are currently customizing ads for your browser. With a few clicks, you can opt out of receiving those types of ads from any of those companies or all of them at once.

The site also offers information and tools in the mobile world via the YourAdChoices.com mobile website and the "AppChoices" app, available for download from all major app stores.

Run by the Digital Advertising Alliance, a non-profit self-regulatory program created and supported by the advertising industry, the YourAdChoices pro-

gram—including Web Choices and AppChoices—gives millions of people the tools to control their online advertising experiences. The icon is now served more than a trillion times a month worldwide, making it easy to find and use on all of your devices.

Americans deserve control over how information about them is used for advertising. Happily, there's a system that protects privacy by design and makes it easy to get information and control. Just click the blue triangle. The digital advertising industry created a way to protect your privacy and give you information and control over ads. Just click the blue triangle. (NAPSI)



Short Term Pain Could Bring Long Term Gain

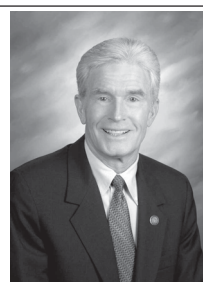
While trade wars may not be won, trade wars with "Bad Actors" sometimes are appropriate (and needed). Last week's market turmoil (as the China trade war heated up) saw US equity markets move lower, while 10-year U.S. Treasury yields fell to 1.65%. Asian and European indices were lower as well. Brace yourself, the next few months could provide a wild and volatile ride.

The market was back near highs when Trump dropped a tweet-bomb - tariffs on \$300 billion of Chinese goods starting September 1. China and America still need each other as trade partners; and, China's weakening economy and precarious political situation in Hong Kong weaken their position (a touch). China may also just be stalling toward the 2020 elections.

Trump's well-timed tweet was a great excuse for Europeans to flee equity risk and hide out in bonds so they can vacation in August worry-free! On Friday, the entire German bond yield curve went negative for the first time ever. That's right: no matter what maturity German bond you buy, you must pay to service the investment. That's how much people feel the need for "safety" over there.

Chinese sources tell Bloomberg News the government instructed Chinese agricultural importers to cease ordering from the US, though a government spokesman denied the claim. The yuan tumbled through 7 to the dollar, a level that has held for years in part because traders previously thought the government would defend it. A spokesman said China will not use the yuan as a tool in its trade dispute with the US, which has traders thinking China is using the yuan as a tool in the trade war. China developed a reputation for say-

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

ing one thing and doing the opposite in 2015, when the government claimed it did not want a weaker yuan as it devalued by 10%.

The latest proposed U.S. tariffs on China are also threatening to unleash a whole new front in trade hostilities - a currency war. As mentioned above, the yuan recently tumbled past the psychologically important level of 7 to the dollar for the first time since the financial crisis, a move that can be seen as part of the PBOC's defense. President Trump and many other U.S. officials have long accused China of weakening the currency to make its exports cheaper and gain an unfair advantage in trade, although Beijing has denied doing so.

To make matters worse, the Hang Seng index slid nearly 3% recently as protests in the Asian financial center - Hong Kong - spread to new neighborhoods and turned violent once more, with demonstrators calling for autonomy, full democracy and the ousting of city leader Carrie Lam. A general strike further paralyzed parts of Hong Kong, disrupting railway lines, flights and traffic. In a press conference, Lam warned of a "very dangerous situation" ahead, while Beijing said it would not let the situation persist. China has sent its military to the border with Hong Kong threatening invasion if

these strikes and violence don't stop.

American consumers and investors are well aware of the negative news feed that is inescapable if one has their smart phone with them. Aside from the increase to Chinese tariffs, Iran seized another tanker, riots in Hong Kong are intensifying, a U.S. naval blockage in Venezuela is in the works, Japan and South Korea confirmed removing each other from favored trading partner status, all maturities of German sovereign debt were sporting negative yields, and a combative response from China over the tariffs will continue.

As of last Friday, 77% of the companies in the S&P 500 have announced their second-quarter results and, so far, sales growth is running at a 3.6% annual pace, while the blended earnings decline is minus 1.0% vs. the expected -2.7%, according to FactSet Earnings Insight. So far, of the companies in the S&P 500 that have reported, 61% have beat analyst estimates on sales and a whopping 76% have beaten earnings estimates.

With U.S. GDP projected to be pushing \$23 trillion in 2020, slapping taxes on \$528 billion of Chinese goods at a rate that might help curtail three decades of lying, cheating, and stealing from the U.S. will (in the words of National Economic Council Director Larry Kudlow) have minimal effect on the U.S. economy. That's probably a fairly accurate statement. In good time, the market hopefully will also come to that conclusion.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

My wife and I both have jobs. Our 1-year old goes to daycare 5 days a week. This costs nearly as much as my wife earns working 40 hours at a job she loves. Is there anything we can do to reduce childcare expenses?

Look into contributing to a Flexible Spending Account. You can contribute up to \$5,000 pre-tax money. Among other things, you can spend it on childcare. Be aware that funds in your FSA must be used by the annual deadline, or you lose that money.

We are totally stressing out with worry that we won't have enough money for retirement. Is there something we can do to relieve our stress?

You have just taken a big, brave step in the right direction! You spoke up, and asked for some help. Roughly 80-percent of Americans feel the same way, and over half are so worried that it's even affecting their sleep. The majority of these people are actively saving for retirement, but are still full of anxiety. On the other hand, those who are saving toward a specific goal, with a detailed plan to reach that goal, also gain a high level of confidence that they are going to be okay! Make a detailed plan on your own, or get help from a financial advisor.

Our 'draw' period on our home equity line of credit ended almost 5 years ago, and the bank gave us 5 more years to continue making interest-only payments. In 2 months, our payment amount will almost double when we have to start paying



Julia Yoder

principle plus interest. It's not in our budget; we know we cannot afford it. What do we do now?

It's commendable that you are aware of this impending financial problem and are ready to take some kind of action now. Here are 3 steps to start with: 1. Find out what amount of equity you have in your home (now that house values have risen), and see if you qualify to refinance your first and line-of-credit into one loan. 2. If not, then look at your budget to see where you might be able to re-allocate funds. 3. Sometimes it becomes necessary to get a second job. Don't panic. Just take one step at a time.

I can get life insurance, and we're confident my husband will be 'rated.' Is there a way to get some life insurance on him without paying the higher 'rated' premiums?

Look into a "second-to-die" life insurance policy with a first-to-die rider. Normally, a second-to-die life insurance policy is used to pass more money to heirs. The cost is typically lower

because the payout is based on the lives of two people, while the insurance company only pays when the last one dies. By paying extra for the first-to-die rider (typically less than 'rated' premiums) the insurance company will pay at the passing of the first person insured on the second-to-die policy.

We're thinking that we should be saving for our children's college educations. What are my choices, and what's best?

The earlier one starts to save for expensive things in life - college, home purchase, retirement, the better. Setting up a savings plan is a wonderful gift from parents, grandparents, aunts, and uncles. Choices include College Savings Plans, Roth IRA's, Annuities, and Life Insurance with a cash account. What's best for you and your children depends on your specific situation: how much money you have available to invest, how many children you have to save for, and your personal concerns. I advise against 529's.

Ask Julia by email:
juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/Nat'l. Ethics Assoc./ Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

Property Owners To Save \$620 Million On 2019-20 Taxes

More than a million claim the Homeowners' Exemption

LOS ANGELES COUNTY - Homeowners and nonprofits across Los Angeles County will see record savings of \$620 million on their 2019-20 property tax bills, Assessor Jeff Prang announced this week.

Growth in L.A. County property values means this year's property taxes will deliver about \$20 billion in essential funding for schools and other vital public services," Assessor Prang said. "Equally important are the saving programs which bring down the cost of home ownership while allowing nonprofits to continue improving quality of life in communities across our county."

This new record is driven by

a substantial number of people taking advantage of the saving programs offered by Assessor Prang's office. As an example, the 2019-20 local property assessment roll includes \$62.04 billion in exemptions, which will provide a reduction in taxable value and more than \$620 million in savings.

Key among the savings are the disabled veteran exemption, where participation jumped over 2018-19 and now sits at \$5.25 million in savings, and the homeowners' exemption at \$7.16 million in savings. Exemptions for nonprofit institutions provide savings of \$467 million for schools, hospitals, libraries, museums, religious

organizations and community service providers.

In addition to these figures, the Assessor offers tax relief for victims of natural disasters such as earthquakes and wildfires, as well as exclusions from re-assessment for eligible homeowners, producing significant and ongoing savings.

"There are valuable resources available through my office that may be able to prevent potentially costly increases in a property's tax burden," said Assessor Prang. "I encourage everyone to get in touch with us to learn more and take advantage of these many saving opportunities."

Arcadia Farmers' Market Coming Soon

ARCADIA - Just in time for fall, the City of Arcadia will debut its new and certified Farmers' Market, thanks to a partnership with Raw Inspiration, a local company that has organized similar events throughout the San Gabriel Valley. The official City of Arcadia Farmers' Market launches Sunday, September 8 from 9 a.m. to 2 p.m. in the Arcadia Public Library parking lot, 20 W. Duarte Road, and will be held weekly on Sundays thereafter.

Arcadia residents and visi-

tors will now have a chance to enjoy traditional farmers' market fare, including more than 30 vendors featuring flowers, prepackaged and prepared foods, fresh produce, artisanal breads, cheeses, meats, oils, and other craft vendors. A weekly Market Kids Club will be present with offerings for children to enjoy special activities including music, art, and facts about healthy food and the importance of farming.

"Farmers' markets are an integral part of the urban/farm linkage and have continued to rise in popularity, mostly due to the growing consumer interest in obtaining fresh products directly from the farm," said Mayor April Verlato. "The Arcadia Farmers' Market will allow residents to have access to locally grown, farm fresh pro-

duce."

Arcadia's new Farmers' Market season will be year-round and will be held every Sunday, beginning September 8 and concluding in the summer of 2020.

"Arcadia is a very special community and we are honored to bring this Farmers' Market here for residents to enjoy," said Melissa Farwell, Raw Inspiration's Director of Coordination & Development. "Sunday strolls through the market with family and friends is such a special weekly experience and we are excited to share that experience with Arcadia's residents."

For more information on how to become a vendor, please contact Raw Inspiration at (818) 591-8161 or email info@ccfm.com.



THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

Protecting Your Vehicle From Predators

In an effort to be "greener", plant-based biodegradable materials are being used in cars today. This is great for the economy as it reduces waste. It turns out though, that what is good for the earth is also enjoyed by four-legged creatures. Yes...rodents are using their sharp, little teeth to chew right through wiring, hoses, and anything plastic. They make themselves cozy little nests to live in.

You might wonder why your car is leaking fluid, or has some other problem, when it was just

checked out. It could be a rodent invasion. Chewing through components or adding such things as acorns and seeds to your vehicle is bound to cause issues.

What can you do? Here are a few suggestions we found when reviewing this problem:

- Paint wires with hot sauce
- Cover components with metal mesh (and any place they might build a nest)
- Use electrical tape treated with capsaicin (think super-hot chili)

The best deterrent is probably

finding a solution to keep them out of your garage entirely. If you can think of other solutions, please, let us know so we can pass it along to others who have found their vehicle invaded by the furry menaces.

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions, and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can Count On!

Smart Ways To Save For Your Future

According to the Federal Reserve Board, four in 10 adults, if faced with an unexpected expense of \$400, would either not be able to cover it or would cover it by selling something or borrowing money. If you're ever among them, or the 78 percent of American workers who live paycheck to paycheck, you can assist yourself. It can pay to consider these six hints that can help you save:

1. Know your numbers. Keep track of where you spend your money. Include groceries, gas, utilities, entertainment, housing and debts.
2. Make tough choices. Distinguish between things you need (utilities, debt payments and rent) and things you want (vacations, eating out). Subtract what you have to spend on "needs" from your monthly income to determine what you have left for "wants."
3. Pay yourself first. Have a percentage of each paycheck routed automatically into your

savings account. Saving needs to be a priority—consider it a "need."

4. Expect the unexpected. No matter how well you budget, life may throw the unexpected at you.

5. Keep your stuff in shape. Similarly, keeping major appliances and vehicles in good condition can help you save.

6. Comparison shop for financial products. Take the time to compare insurance policies, bank accounts, savings accounts and credit cards. For instance, there's the new Unlimited Cash Back Bank Account, by Green Dot Bank. With this account, Green Dot pays its cardholders a 3 percent cash back bonus when they make online or in-app purchases. People spend lots of money online at various websites and buy through apps, such as ride sharing, video streaming and meal delivery services, so getting an additional 3 percent cash back on the

things you normally buy anyhow can add up.

What's more, you can earn 3 percent annual interest when you save your money in the Green Dot Bank High-Yield Savings Account (Member FDIC)—higher than what many banks pay in annual interest. It's free with the app and the interest earned is automatically added to your annual Cash Back Bonus amount.

To sign up for the account or learn more about it, go to the Green Dot app or www.GreenDot.com. (NAPSI)



Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a non-profit group that encourages men and women to lose weight. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on the latest Diabetes resources. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-8829

ARCADIA

Orchid Hobbyists Meeting

San Gabriel Valley Orchid Hobbyists invite you to our August 15 Monthly Meeting at the L.A. County Arboretum 301 N. Baldwin Ave. Arcadia, Ca. Palm Room. Judging at 7:00 p.m. Meeting at 7:30 p.m. Our Program will be Bill Loy, speaking on the Orchid Conservancy of America's trips on the Rionegro in Columbia. Refreshments. All welcome!

Kid's Night Out

Join us at the Arcadia Community Center for some end of summer fun on Friday, August 16! Kid's Night Out provides kids a night of fun and play so parents can enjoy an evening out or a quiet one at home. The Arcadia Recreation Staff and Volunteers offer dinner, themed games, supervision and a movie for children ages 4 and above. (Accommodations cannot be made for special dietary needs.) The fun takes place at the Arcadia Community Center, 365 Campus Drive, Arcadia, from 6-11pm. The cost is \$22.00 per child and includes snacks and beverages. Pre-registration is mandatory and can be done on-line at ArcadiaCA.gov by fax, 626.821.4370 or by coming into the Recreation Office, 375 Campus Drive, Arcadia. For more information please call 626.574.5113.

Saturday Adult Basketball League

Gather your friends, form a team and stay active in the adult basketball league. Whether it's casual or competitive, there's always an opportunity to stay fit and have fun. Games are played at the Dana Gym, 1401 S. First Avenue, Arcadia on Saturdays between the hours of 9:00am and 1:00pm, beginning Saturday, June 29, 2019. Saturday Open League is limited to six teams and is open to all levels of play. League fees are \$502 plus a \$40 forfeit deposit, which includes 9 league games, officials, scorekeepers, and championship award. Registration takes place on a first-come, first-serve basis. For more information please call 626.574.5113.

BALDWIN PARK

Birthday Celebration

Join the Julia McNeill Senior Center monthly Birthday Celebration on the third Wednesday of the month (8/21) from 12:30 pm - 2:30 pm. Dance to the music of DJ Sonic Boom as active adults celebrate their birthday. Have some cake and lots of music, as well as door prizes for your celebration! \$1 door admission. Visit the website at www.baldwinpark.com or call the office at (626) 813-5245 ext. 323.

Annual Fashion Show

Join us on Wednesday, August 21th from 9:00 am - 12:00 pm for an event filled with fashion and intrigue as we will reveal this year's theme for the 26th Annual Award Winning Prom. Seniors will be modeling the latest fashions and have the opportunity to purchase items after the show. Presale Prom Tickets after the Fashion Show! For more information contact the Julia McNeill Senior Center at (626) 813-5245 ext. 323.

Annual Laguna Beach and Potluck Party

On Wednesday, August 28th from 9:30 am - 5:30 pm, come and enjoy the cool breeze of the ocean as we embark on our annual pot-luck part. Laguna Beach offers a variety of activities, shops and restaurants. We encourage you to bring your chair, radio, comfortable shoes and beach balls. There will be games and contest such as balloon toss, card games, horseshoes and more. Please register your dish at the senior center. Tickets for Baldwin Park Resident Seniors is \$8 and \$10 for Non-Resident Seniors.

McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

COVINA

Community Garden Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

DUARTE

Duarte Museum Needs Docents

It's fun and educational! Vol-

unteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

GLENDORA

Glendora Genealogy Group

The Glendora Genealogy Group meets Tuesday, August 27 at La Fetra Center, 333 E. Foothill Blvd., Glendora. Pat Chavarria leads a refresher class at 6:00 pm. The business meeting is at 7:00 pm, followed by the program: "Workman and Temple Families," blending genealogy and history, by Paul Spitzerer of the Homestead Museum in Industry. For questions about our group or this meeting, please call Pat Chavarria at 909-592-4030.

Stress Management & Controlling Chaos

Feeling overwhelmed can peak from a long to-do list which is increasingly common as demands on human attention increase. A clear sign of being

overwhelmed or stressed is forgetfulness, anxiety, anger, and emotional chaos. Learn to manage personal space, time, and energy in this interactive class where your challenges, experiences, and solutions will be solicited. Pre-register at the La Fetra Center: 333 E Foothill Blvd., Glendora, CA or by calling (626) 914-0560. Fee: \$12.00 material fee payable to instructor, Mondays, September 16-30, 6:30pm to 8:30pm

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Sonia Schupbach at (626) 963-6186. The program is Wednesdays 8:30 a.m. - 12:00 pm.

Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

LA VERNE

Get About Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

MONROVIA

Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246. Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the Second Tuesday of the month from 9:15 a.m. - 10:15 a.m. and on the

Fourth Wednesday of the month from 9:00am - 10:00am Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn

to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holidays.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) meets every week on Thursday at 6 p.m. at the Cortez Senior Center, located at 2501 E. Cortez St in the back classroom building. Visitors are always welcome and your first meeting is free. Come now and learn about nutrition, portion control, food planning, exercise, motivation, and more every week. This group has members from all over the San Gabriel Valley. For details, call Erika Hernandez at 626-384-0502.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a daily lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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Landers Earns Eagle Scout Award

GLENDORA - Earlier this year, William David Landers earned his Eagle Scout Award for the Boy Scouts of America. He becomes the 142nd Eagle Scout of Troop 483, Glendora.

To date, William has earned 48 merit badges, and has earned double Bronze, Gold, and Silver Palms for his Eagle award. He has also earned all 4 of the religious medals and the P.R.A.Y. Four Star Award. He was elected into the Order of the Arrow honor society. He also earned the Mile Swim award in 2017.

Williams Eagle project was: Technology 2 Nature: An Ethnobotanical Trail

At the Santa Fe Dam Nature Center, Irwindale, the project cleaned out the figure eight nature trail of trash, dead plants, nonnative plants and replaced them with native plants to match signs along the path telling of the plants and animals found in the area. It also created "Waymarking" digital signs for visitors to pull up the information online about the trail.



Eagle Scout William David Landers

West Covina Unified Welcomes Mandarin Dual Language Immersion Teacher



Yuyan Chen, a native Mandarin speaker from China's Sichuan Province, will lead Orangewood Elementary School's Mandarin Dual Language Immersion program when it begins Aug. 15.

WEST COVINA – Yuyan Chen, a native Mandarin speaker from China's Sichuan Province, will take the reins of Orangewood Elementary School's Mandarin Dual Language Immersion program when the new class debuts on Aug. 15.

Chen, who was introduced to parents, students and colleagues during an Aug. 5 meet and greet, will lead the program using a 50:50 model, employing both English and Mandarin 50 percent of the time throughout the instructional day.

The program will also use Simplified Chinese characters, allowing alignment with West Covina's middle and high school Mandarin programs.

"I am honored to be part of the West Covina Unified family and am so excited to help

Orangewood begin their Mandarin program," Chen said. "What impresses me about West Covina is the diversity. There are so many children from so many backgrounds. This helped me make up my mind that I wanted to teach here."

Chen began studying English, which is a compulsory subject in China, in middle school. After completing her college entrance exam, Chen pursued an English major at Hainan Normal University. Upon graduation, Chen taught Mandarin in South Korea for two years.

"I wanted to come to America so that I could use my English speaking skills," Chen said. "And I also wanted to attend a prestigious American university."

Chen moved to southern California in 2015, enrolled at USC and acquired a master's degree in education a year later. This gave Chen the option to teach English as a Second Language.

In 2017, Chen enrolled in Cal State Long Beach's Multiple Subject Teaching Credential program, graduating in December 2018. Chen was hired by West Covina Unified in July.

"We are delighted to announce Yuyan Chen as our primary years Mandarin teacher," WCUSD Superintendent Dr. Charles D. Hinman said. "Her passion and enthusiasm for teaching very much impressed us, and we feel she is a great fit for our Dual Language Immersion program and our District."

Annual Hospital Auxiliary Picnic Held

GLENDORA - Members of the Emanate Health Foothill Presbyterian Hospital Auxiliary and their guests came together on Sunday, August 4th, to enjoy their annual picnic at Finkbiner Park. Hamburgers and hot dogs were provided by the hospital with an array of sides and desserts brought by those who attended. To add to the enjoyment of the evening a tribute band for The Who kept everyone moving to the beat. Thank you Barbara Lorenzo-Torres and her committee for organizing this event and Jack Mateer and his son, Jim, for barbecuing. A fun evening was had by all.

If you are interested in making new friends and helping your



FPH auxiliary president, Diorah Gonzales, along with her husband, Ron and auxiliary member, Pat Losie, enjoy this year's picnic.

community, please call the volunteer office at (626)857-3103 for more information on the many volunteer jobs available.

The Lions Club of Montebello Invites Community to Open House

MONTEBELLO - The Lions Club of Montebello is seeking civic-minded men and women to join them in making a difference in the community. The club is hosting an Open House on **September 24** for people who want to learn more about the club and its work.

"Our club gives members an opportunity to advance worthy causes, serve with friends, and become leaders in the community. This club means a lot to our Lions, but it means so much more to the people we serve," said Chris Ohrmund, Club President.

The Open House will be held on Tuesday, September 24, 2019 at 6:30p.m. at the Montebello Senior Center 115 South Taylor Avenue. A light dinner will be served upon arrival. Club President Chris encourages the public to come out and learn more about the club's work.

"We want to share the great things we're doing in the community, and let others know how they can help," said Chris.

The Lions' motto is "We Serve," and the Montebello Lions has lived up to it. For ninety-four years, the clubs has

helped the citizens with vision screening and other service projects.

To learn more about the information session, the Montebello Lions or its service projects, contact Chris at 909-598-0554 or Manny Sanchez, Membership Chair at 562-708-9061.

Lions Clubs International is the largest service club organization in the world. Its 1.35 million members in more than 46,000 clubs are serving communities in 207 countries and geographical areas around the globe. Since 1917, Lions clubs have aided the blind and visually impaired, championed youth initiatives and strengthened local communities through hands-on service and humanitarian projects. For more information about Lions Clubs International, visit lionsclubs.org.

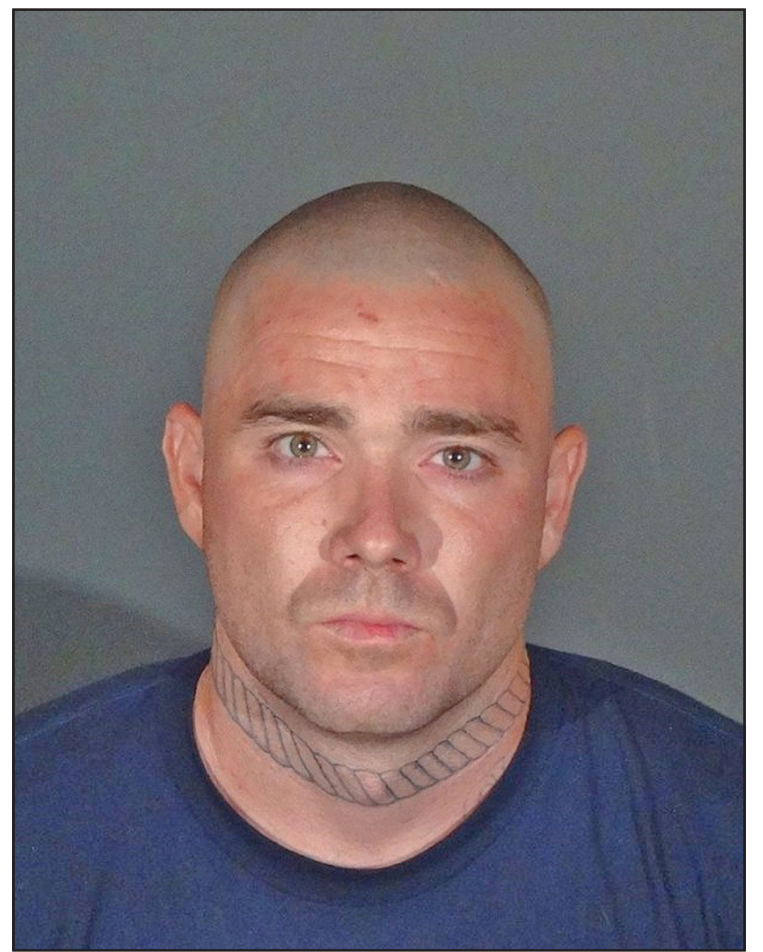
Glendora Stabbing Suspect Arrested

By George Ogden

GLENDORA - Aaron Beierschmitt, 33, of Riverside, who was involved in an altercation at "Our Place", a bar along Route 66 in Glendora on Saturday night that escalated into a stabbing. On Sunday, Beierschmitt turned himself into the Glendora police department and gave his side of the story. It is believed he knew that he would most likely be arrested.

He was arrested on suspicion of attempted murder and assault with a deadly weapon. His bail was set at \$1,080,000.00. The LA DA's office is reviewing the case to see how they should handle the case. It may be a question of self-defense because of the stabbing.

He was also out of jail on post-release community supervision when the stabbing happened and most likely the conditions of his release may restrict him from going into bars. The case is still under investigation. Anyone with additional information is requested to contact the Glendora Police Department.



Aaron Beierschmitt was arrested on suspicion of attempted murder and assault with a deadly weapon. (GPD photo)

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Community Articles Are Welcome
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Glendoran Helping Veterans



Chuck Pane stands in front of the Harley Davidson store.

By Jayam Rutnam

GLENDORA - Chuck Pane, a long time, Glendora resident, Vietnam Era veteran and avid motorcyclist, has developed a simple, efficient and cost effective method, that allows people to help our veterans living in CAL*VET homes throughout California, DIRECTLY. This concept bypasses corporate charities, that, in many instances, reduces your donations by significant amounts, in order to pay for overhead cost like, big salaries, advertising and much more.

In March of 2019 Chuck was in Yountville, California. Cal Vet's oldest home, built in 1884, is in Yountville. He went in and explained that he was a veteran and wanted to help out. Chuck was introduced to Gwen Robinson, who handles the requests for various items by the residence. She said she would send Chuck an e-mail with the latest requested items. After reviewing the items Gwen sent him: (4 automatic pill dispenser, lotions, deodorant, shampoo, conditioner (big bottles only), chips, cheez it crackers, cookies, coffee, tea,

hot chocolate, socks, two 65 inch TV's, five small refrigerators and five microwaves.)

Chuck sent (via Walmart on line and Amazon) 2 automatic pill dispensers, a microwave, and an assortment of cookies, coffee, tea, shampoo etc. the idea came to him, to put together a coalition of family and friends that might want an opportunity to help veterans, using this same procedure.

Chuck sent out an e-mail to his contacts and in a day and a half, 10 volunteers requested to be added to the e-mail list. Within 2 weeks these first 10 volunteers sent 3 more automatic pill dispenser, 2 microwaves and another assortment of cookies, coffee, tea, shampoo etc. Plus the 2, 65" TV 's and a couple of small refrigerators. As of the end of July the coalition had grown to 24 members who have sent numerous desperately needed items like, a sound pocket talker amplifier, 6 small white boards, both used for communicating plus many other items.

Please send Chuck an e-mail, if you would like to help and be

added to the coalition of volunteers. Include all your contact information. From time to time you will be forwarded an e-mail, with a list of items or a link to a Walmart or Amazon list of items that are needed.

These items can be ordered and drop shipped, directly to the particular Cal*Vet home, including the address and the "attention to", who it should be sent to. When you receive the e-mail acknowledgment from Walmart, or other vendor, please forward e-mail to the Cal*Vet person that requested the items and Cc us.

This concept, assures you that, all the money you spend is going directly to the benefit of the veterans, no middle man taking a huge percentage of your donation.

Please visit the web site, select the Cal*Vet website link, you will see for yourself the types of care that are available and a list of the various homes.

Chuck Pane's email: volunteers4calvet_veterans@yahoo.com
Website: <http://volunteers4calvetveterans.weebly.com/>

Commitment to Community Earns Jimmy John's the 29th Senate District Small Business of the Month Award



SACRAMENTO - Senator Ling Ling Chang (R-Diamond Bar) honored Jimmy John's of La Palma as the 29th Senate District's Small Business of the Month. The recognition ceremony held at Jimmy John's included Senator Chang, La Palma Council Member Michele Steggell, co-owner Frank Gamwell, and General Manager Denise Komoda.

"It's important for us to highlight the achievements and contributions of small businesses, which is why I'm proud to honor La Palma's Jimmy John's as my 2019 Small Business of the Month," said Senator Chang. "Their leadership and hardworking team are outstanding. By supporting them, we're supporting our community, our constituents, and their families."

In February 2017, Jesse Raynes and Frank Gamwell opened Jimmy John's in the City of La Palma, earning a reputation for fresh, high quality foods as well as fast and friendly service. Jimmy John's

has always been an active supporter of the community and also provides a discount for all active and retired Military or First Responders as a show of appreciation to the courageous heroes that keep our communities safe.

"It's an honor to earn this recognition from Senator Chang, who recognized our commitment to providing great food and service to La Palma. We love our community and being part of its thriving business sector. We work hard to provide super fresh sandwiches, and are always happy when our customers tell us they can taste the quality. With the

help of our General Manager, Denise Komoda, we're excited to gear up and be even more involved in the community. Next up on our list is La Palma's Concert in the Park series and the Holiday Tree Lighting Ceremony," said Jesse Raynes and Frank Gamwell.

Each month, Senator Chang honors businesses throughout the 29th Senate District for their contribution to the state's economy and local community. There are approximately 3.9 million small businesses in California, which account for 99.8 percent of the state's employers and employ nearly 49 percent of the state's workforce.

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. Articles should be in Word format while photos should be in jpeg. Articles should be in good taste.



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Emanate Health, formerly Citrus Valley Health Partners, is the largest health care system in the San Gabriel Valley. The health system includes Foothill Presbyterian Hospital in Glendora, Inter-Community Hospital in Covina, Queen of the Valley Hospital in West Covina, Emanate Health Hospice and Emanate Health Home Care in West Covina.