



# San Gabriel Valley Examiner

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# ACCU Awards \$30,000 In Scholarships To Outstanding College Students

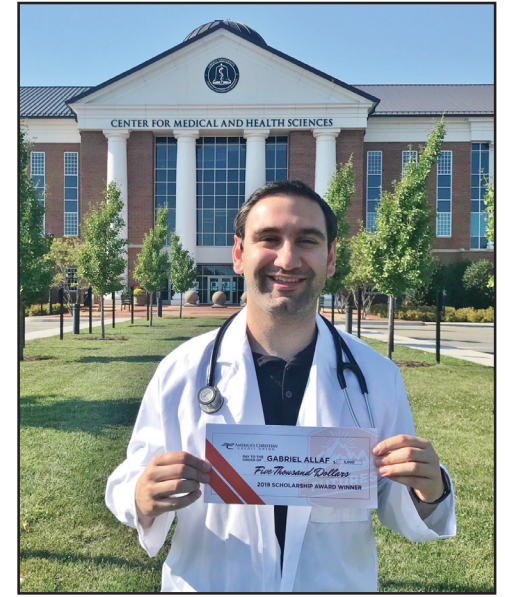
GLENDORA – America’s Christian Credit Union (ACCU), a faith-based financial institution headquartered in Glendora, CA, has awarded \$30,000 in college scholarships for the 2019-2020 academic year. In keeping with its corporate priority of building stronger futures, the credit union has disbursed \$5,000 apiece to six distinguished students who seek to create cultural impact through Christ-centered academic excellence. When the clock struck 5 p.m. on the submission deadline of June 14, more than 100 applications had been received from across the nation. A vast majority of these were submitted via ACCU’s website. Using criteria such as academic achievement, response to prompt, and extracurricular activities to judge the applications, the scholarship committee selected the following winners: Business and Finance – Haidyn Chudy (Baylor University), Education – Thomas Messinger (Kansas University), Foster Youth or First Generation College – Daniel Hain (UC San Diego), Graduate or Postgraduate Studies – Gabriel Allaf (Liberty University), Math, Science, or Engineering – Mary Caswell (University of Florida), Social Science or Ministry – Leah Ginnon (Liberty University).



Mary Caswell, a freshman at University of Florida



Daniel Hain, an undergrad at UC San Diego



Gabriel Allaf, a postgraduate at Liberty University

The scholarship recipients, who range in age from 18 to 29, represent a diverse mix of backgrounds, educational pursuits, and servant leadership experience. The three 18-year-old freshmen on the list—Haidyn, Leah, and Mary—each participated in multiple extracurricular activities at high school, while also maintaining their high GPAs. Haidyn plans to major in finance, Leah is studying digital communications, and Mary hopes to obtain a degree in nursing.

Former foster youth, 27-year-old Daniel Hain, is a neuroscience student who wants to help people with brain injuries.

“I plan to study brain plasticity and how biological breakthroughs will ultimately heal what was once considered impossible,” says Daniel, who always looks beyond his own needs to care for others.

Another winner in the medical field, Gabriel Allaf, holds a master’s in physiology and biophysics from Georgetown and is now enrolled at Liberty University’s College of Osteopathic Medicine, pursuing his dream of becoming an emergency medicine physician. “I would like to thank God for this amazing opportunity,” says the 24-year-old Glendora native. “I intend to use the scholarship award for a school-sponsored medical missions trip to Honduras and the Dominican Republic.”

This year’s “oldest” awardee, 29-year-old Thomas Messinger, is pursuing a Masters in Literacy online while teaching full-time at a small charter school in San Diego. “I work with refugee and immigrant students from all around the world,” says the in-process foster parent. “Over the years, I have seen how reading and writing are huge obstacles for my students. I want to be able to empower them with literacy skills to help them achieve their dreams.”

Since its inception in 2006, ACCU’s college scholarship program has helped almost 80 students across America. The credit union’s President and CEO, Mendell L. Thompson, reiterated the importance of supporting students with such awards. “Further-

ing their education allows them to deepen their understanding of God and the gifts He has blessed each individual with,” he said. “We want the students to develop these gifts so they can be used for His glory.”

ACCU’s AVP of HR, Richard Mathews, who served on the scholarship committee, was impressed with the candidates’ essays. “I wish we were able to reward them all,” he said ruefully. “The high quality of the application materials is testament to the ambition, passion, and piety of our distinguished ACCU scholars.”

For more information about next year’s ACCU College Scholarship, please email [marketing@americascu.com](mailto:marketing@americascu.com).

## Duarte’s Orange Blossom Park Grand Opening on October 5



DUARTE - Children across Duarte can officially welcome Orange Blossom Park at the grand opening on Oct. 5!

Join us from 11 a.m.-12:30 p.m. at Orange Blossom Park (1721 Third St.) for light refreshments, crafts and giveaways. It is sure to be fun for the whole family!

Located at the corner of Third St. and Oak Ave., the 8,988 sq. ft.

park has been under construction for the past year. Formerly the site of the Chamber of Commerce and City Yard, the space has been transformed into a park featuring a new play structure and several benches. Drought-tolerant trees and plants line the decomposed granite pathways. A river rock wall with tile insets depicting orange crate labels provides a decorative boundary be-

tween the play area and the street. In addition to the crate labels, the park’s interpretive signage welcoming guests also features the citrus theme, serving as an homage to Duarte’s historical role in the citrus industry.

For more information about the grand opening, please contact the Parks and Recreation Department at (626) 357-7931.

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For more information about the grand opening, please contact the Parks and Recreation Department at (626) 357-7931.

## Senator Rubio Secures Funding to Combat Homelessness in the San Gabriel Valley



Senator Susan Rubio (D-Baldwin Park) presenting a ceremonial check to members of the San Gabriel Valley Council of Governments. (Courtesy of Senator Susan Rubio)

SACRAMENTO – Sen. Susan Rubio (D-Baldwin Park), recently met with San Gabriel Valley leaders to talk about funding she secured from the state budget to help alleviate homelessness in the region.

In a meeting with members of the San Gabriel Valley Council of Governments (SGVCOG), she discussed how the \$5.625 million she obtained will be distributed to the organization, which has representatives from each city in the San Gabriel Valley. The details are still being worked out on the state level, she said.

“I made tackling the housing and homelessness crisis in the San Gabriel Valley a top priority in my campaign. Now, in my first year as State Senator, I am proud to have successfully secured \$5.6 million to support and empower our local service providers to address this crisis in the way that

best fits our regional needs,” Sen. Rubio said. “Meeting our housing and homelessness needs is a long-term problem, but this funding is a great step in the right direction toward helping the most vulnerable among us to have a roof over their head.”

“Through her proactive work, Senator Rubio has carried the banner for solutions to homelessness in the San Gabriel Valley. She models compassion in action for those experiencing homelessness, especially the first-time homeless and families with children. This will lay the groundwork that will positively impact the homeless crisis in our San Gabriel Valley communities,” said Cynthia Sternquist, president of SGVCOG, and a Temple City council member.

“Senator Rubio’s promise to make ending homelessness in the San Gabriel Valley a priority issue has been more than

realized with her successful inclusion in the State Budget of \$5.6 million to target homelessness in the San Gabriel Valley. This funding is perfectly timed to provide support for efforts to establish an enduring partnership between lead organizations in the Valley and the County’s Homeless Initiative and Los Angeles Homeless Services Authority (LAHSA),” said Joseph Lyons, president of the San Gabriel Valley Consortium on Homelessness and former mayor of the City of Claremont.

The San Gabriel Valley saw its homeless population increase 24% this year, according to data recently released by LAHSA.

## Covina Contacts Homeless with Operation RE-SET

By George Ogden

COVINA - The Covina police department deployed Operation RE-SET part 4 around 5:00 a.m., Wed., Sept. 25. These are Community Impact Teams who go out on early mornings making contact with homeless individuals. Their efforts are reaching out and connecting with those who are homeless with valuable information and resources to help them and to hopefully get them back on track with a normal life.

It appears that many cities are having homeless issues in their



Covina Police Department contacting the Homeless at a park in the early morning hours. (Photo courtesy Covina PD)

communities. This is an additional program and/or tool to assist those in need and to help them get off the streets. They are

not alone with this program as there are regional and community partners involved.

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# Honor Flight Southland To Take WWII Veterans To Washington, D.C.

To pay tribute to those who have served in the U.S. Armed Forces, Honor Flight Southland will be taking 36 World War II and Korea veterans to Washington, D.C. on Friday, October 11, 2019 departing LAX at 6:55am. The flight will be going out of Terminal 1, Southwest Airlines, we will be moving the veterans upstairs starting around 5:30 am as it takes us quite a while to get all of them and their wheelchairs upstairs through TSA.

Supporting the counties of Orange, Los Angeles and San Bernardino, Honor Flight Southland, an all-volunteer organization created solely to honor America's veterans, schedules two free trips per year for veterans to visit their memorials at our nation's capital. Top priority is given to World War II veterans, along with veterans who are terminally ill.

The veterans will each receive a round-trip flight, a guardian who will travel with them, special tours exclusive to World War II and Korea veterans along with all food and accommodations.

The homecoming will be on Sunday, October 13, 2019 at



the Southwest Airlines Terminal 1 Baggage Claim at 6:25pm. (Flight number is 3298 to be able to check flight status) Be there to help us celebrate their return from the trip to Washington, D.C. You're invited to bring out your red, white and blue in signs, banners and anything else you'd use to show your spirit. Look for an Honor Flight Southland volunteer in a red t-shirt for assistance.

According to the Department of Veteran Affairs, there are more than 1.8 million veterans in California. Honor Flight Southland and their supporters consider it their honor to show support for these men and women who have served and sacrificed so much for their country.

To apply as a veteran, guardian, volunteer, or to make a donation, please visit us at: [www.HonorFlightSouthland.org](http://www.HonorFlightSouthland.org)

# Next Great Treasure Awaits at the Duarte Community Yard Sale



**DUARTE** - The public is invited to a Community Yard Sale on Saturday, **October 12** from 8 a.m. to 2 p.m. at the Duarte Senior Center (1610 Huntington Dr.). Vendor spots are filled; however, you can still

find a treasure at a bargain price and enjoy delicious refreshments while shopping! For information, please contact the Duarte Senior Center at (626) 357-3513.

# Little Sunshine Foundation's Afternoon of Jazz

By Jayam Rutnam

**GLENDORA** – The Little Sunshine Foundation hosted an Afternoon of Jazz on Sunday, September 22nd at The Ranch in Glendora. This is the first time The Little Sunshine Foundation has put together a jazz concert and it was a fantastic afternoon with amazing speakers and musicians. James Pickens Jr from Grey's Anatomy and The Connors were also in attendance.

The afternoon began at 2pm at The Ranch in Glendora with Pat Prescott from 94.7 The Wave as the emcee for the afternoon. Three time Olympic Gold Medal winner Leah O'Brien Amico was the keynote speaker and the afternoon was filled with music by Saxophonist, Mark Allen Felton, jazz guitarist Steve Oliver and vocalist Erin Stevenson who recently sang back up for Janet Jackson at her recent Las Vegas residency!! All the money made from the event will go to



**Members of the Little Foundation pose for a photo at The Ranch.** continue helping underprivileged youth in the community with scholarships, sports equipment and books.

This event not only brought together the community but also gave the Little Sunshine Foundation an opportunity to

continue to give back to their community. In its first year the organization has been able to do a lot of good for the community by speaking at local churches to teenagers, donating sports equipment to the YWCA, handling out books to

kids at the Pasadena parade and they were honored with the 2019 nonprofit of the year award by the City of Glendora. These teenagers are working hard at bringing a smile on the faces of many.

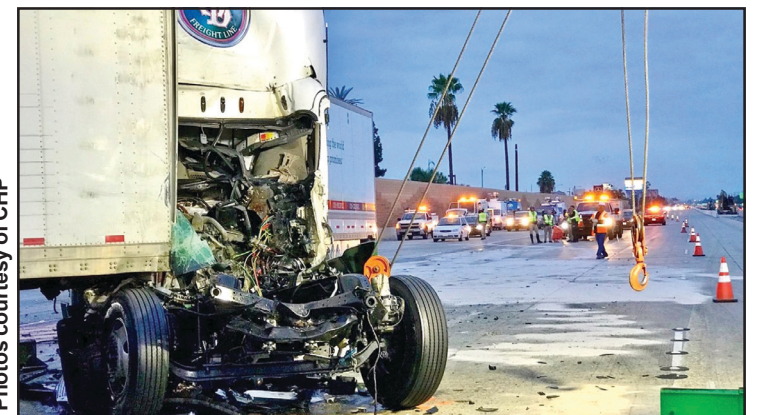
# Arcadia Community Center Gift Shop Fall Craft Fair

**ARCADIA** - Just in time for the holidays, the Arcadia Community Center Gift Shop is hosting a Fall Craft Fair, on Saturday, **October 26** from 9am-2pm at the Community Center in the main ballroom, 365 Campus Drive and is open to the public. The Fall Craft Fair is free and will feature many one-of-a-kind items: jewelry, sweaters, flower arrangements,

pillows, wreaths, t-shirts, ornaments and other beautiful hand-crafted treasures. A live band, Global Affair, will provide music entertainment and there will be two \$50 gift card drawings during the event. For more information please contact the Recreation and Community Services Department Senior Services at 626.574.5130.



# Early Morning Big Rig Crash on I-10 Kills One, Another Critical



By George Ogden

**WEST COVINA** - In the early morning hours of Thursday morning, Sept. 26, there was a major traffic collision involving three big rigs and a car which left a South Gate man dead. The crash occurred on the eastbound lanes of the I-10 freeway which closed all lanes for hours. The multiple truck crash was just before 3 a.m. just west of the Citrus off-ramp.

Authorities identified the driver who was killed as 52-year-old Edmundo Hernandez Beltran from Southgate. A 31-year-old Moreno Valley man

was badly injured in the crash and driving the Old Dominion truck. He suffered various injuries, including a collapsed right lung and bleeding in the brain.

There was an earlier injury crash ahead of the secondary crash with the trucks. The first crash caused the traffic to come to a stop. A Honda Civic stopped in the No. 4 lane as did two big rigs behind it. The third big rig truck (Old Dominion truck) which was pulling two fully loaded trailers didn't stop and plowed into the truck in front of him at full speed. This truck was pushed into the

truck in front of him with such a high impact it caused it to crush the cab of the truck killing the driver by crushing him to death when it was forced into the truck in front of him. That truck's impact into the first truck caused that truck to hit the Honda Civic.

The driver of the truck that initiated the chain reaction truck crash was critically injured.

California Highway Patrol Officer Rodrigo Jimenez indicated that, "Neither alcohol nor drugs are suspected to be a factor in this collision," at this time. However, most likely blood tests would be taken to see if there any alcohol or drug impairments. This is usually the standard operating procedure with fatal accidents.

There is still an ongoing investigation.

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# Duarte Seeks Volunteers to Fill City Commissions

**DUARTE** - Looking to make a difference in your community? The City of Duarte encourages you to get involved and join an advisory commission!

The City will begin accepting applications beginning October 1 to fill 18 positions on its six City Commissions. Duarte citizens interested in serving on a commission will have until noon on Wednesday, November 27, 2019, to apply.

To tap into the diverse skills, experiences and interest within our community, the Duarte City

Council and staff utilize several appointed commissions and committees to advise and make recommendations on issues that are crucial to our quality of life. Public involvement in these appointed advisory bodies is an important and valued part of City government. Engaged residents bring new ideas to the table and represent all of the diverse segments of our community, giving the input needed to help the City make the best, most informed and inclusive decisions possible.

Interested in serving? General requirements are that applicants must maintain a current residence in the city, have no felony convictions, and submit an application and statement of interest of not more than two hundred words describing background, qualifications and objectives in serving the commission. Attaching a resume is not required by highly encour-

aged.

Positions are available on the Planning Commission (2), Public Safety Commission (3), Parks and Recreation Commission (3), Economic Development Commission (2 resident positions, 2 Chamber representative positions), Traffic Safety Commission, (2) and the Public Services Commission (4). With the exception of one two-year open position with the Public Services Commission, members are appointed for four-year terms (it's a big worthwhile commitment!).

Application forms will be available at City Hall, Public Safety, the Duarte Teen and Senior Centers, as well as an online refillable version on the City's website and must be received by the City Manager's Office at Duarte City Hall (1600 Huntington Dr.) by 12 p.m. on November 27.

# Largest Number of Hate Crimes in L.A. County Since 2009

**LOS ANGELES COUNTY** - The Los Angeles County Commission on Human Relations (LACCHR) today released its annual account of hate crimes reported throughout Los Angeles County in 2018.

The report's significant findings include the following:

- There were 521 hate crimes reported in the County in 2018, a 2.6% increase from the previous year. This is the largest number reported since 2009. For the past five years, hate crimes have been trending upwards. Since reported hate crimes hit a 23-year low in 2013 there has been a 36% rise.

- Fifty-two percent of all hate crimes were racially-motivated and they increased 11% from 256 to 283. African Americans only comprise 9% of L.A. County residents but make up nearly half of racial hate crime victims (See page 25). Anti-black crimes rose 9% from 129 to 140. African Americans were also over-represented as victims of sexual orientation and anti-transgender crimes. Anti-Latino/a crimes rose for the fourth year in a row, from 72 to 85, a 16% increase (See page 25). After Middle Eastern victims, Latino/as were the most likely of any racial/ethnic group to be victims of violent racially-motivated crime (68%).

- Crimes targeting gay men, lesbians and LGBT organizations increased 20% from 108 to 130 and comprised 24% of all report-

ed hate crimes. 72% of these crimes were of a violent nature (See page 31), a rate higher than those motivated by race (64%) or religion (28%).

- There were 97 religious crimes, a decrease of 4%. They comprised 18% of all hate crimes. Eighty-three percent were anti-Jewish (See page 35).

- After two years of record highs, anti-transgender crimes declined 24% from 37 to 25, and 92% were of a violent nature, the highest rate of any victim group (See page 38).

- The overall rate of violence increased from 56% to 61% (See page 15). They included two murders and several attempted murders, the majority of which were part of an anti-black shooting spree allegedly committed by a gang member.

- Hate crimes committed by gang members increased 31% from 36 to 47 (See page 18). Gang members were responsible for 9% of all hate crimes and 14% of racially-motivated crimes. 64% of these crimes were of a violent nature.

- The largest number of hate crimes took place in the Metro Service Planning Area, which stretches from West Hollywood to Boyle Heights, followed by the San Fernando Valley region (See page 16). However, if one compares the populations of the areas to the numbers of reported hate crimes, the Metro region had the highest rate followed by Western region (which includes

West L.A., Beverly Hills, Culver Beach and a number of affluent beach communities).

"The troubling rise of these acts of hate must be met with unwavering condemnation. We must come together in solidarity to combat racism and bigotry head-on. As part of this ongoing effort, we must also initiate honest conversations, and build bridges of understanding with one another and tear down walls of fear and division," said Los Angeles County Supervisor Hilda L. Solis. "Every LA County resident has a right to live free of prejudice, discrimination, harassment, and violence. To that end, I will introduce a motion at our Oct. 1 Board meeting that will launch LA County's first anti-hate initiative, which will facilitate the way in which residents report hate crimes and will expedite the County's response so we could swiftly support victims and ensure that justice is served against those who seek to divide us."

"The steady increase in hate crimes in our County is alarming. As this report shows, hate not only impacts our most vulnerable residents but has a devastating impact on all families and communities," said Los Angeles County Supervisor Mark Ridley-Thomas. "We must fight intolerance with unity. It is our duty to ensure that seeds of hate are not planted in our society by redoubling our efforts to ensure that no hate acts go unreported."



**San Gabriel Valley Examiner**  
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# LAC+USC Medical Center Resumes Elective Surgeries

**LOS ANGELES COUNTY** - The LAC+USC Medical Center has begun to ramp up elective surgeries and expects to be at full surgical capacity soon.

Over the past two days, the Medical Center had temporarily halted elective surgeries due to low levels of mold that were detected in the air and ceiling in the area where surgical instruments

are sterilized. This was caused by a minor, localized water leak. This sterilization room was contained and closed for abatement, and all patients and staff remained safe. The hospital is utilizing alternate sterilizer equipment capacity, located both on campus and in its sister facilities, to maintain services for its patients.

No mold has been discovered

anywhere else in the Medical Center or on any surgical instruments. LAC+USC Medical Center does sterilization confirmation testing with each batch of instruments to ensure the sterility of all instruments used in the Operating Room, and continues to ensure and prioritize the safety of patients.

# West Covina Carjacking Pursuit Ends in Crash and Arrests

By **George Ogden**

**WEST COVINA** - Around 9:00 p.m. on Thursday, Sept. 26 three people robbed a man of his wallet, keys and his Toyota Corolla on the 1200 block of West Cameron Avenue in West Covina. After they took the man's property, one of the three carjackers took the victim's Toyota Corolla while his two accomplices left in the getaway car.

The suspects in the getaway car forgot to turn on their headlights which caught the attention of a patrolling West Covina Patrol Officer. The officer was not

aware of the carjacking and robbery as of yet and was simply going to initiate a simple traffic stop to let them know they were driving with their lights off. Instead of pulling over, they took off and the officer gave chase.

The chase started at Citrus Street and East Garvey Avenue South and they entered the freeway heading east and exited at Holt Avenue at a high rate of speed and crashed. Both suspects were detained at gunpoint and removed from their vehicle. Officers searching the vehicle found the property of the victim

in the car and by that time the information was out about the robbery and carjacking. Both suspects were 17-years old and were arrested and transported to the hospital for their injuries.

The third carjacking suspect who took the car has not been arrested. The stolen car is a 2005 black 4-door Toyota Corolla with the license plate number 7ZKV187.

Anyone with information about the third suspect and the car can call the West Covina police at 626-939-8500 or call their local police department.

# 11 Critical Home Inspection Traps to be Aware of Weeks Before Listing Your Glendora Home for Sale

**GLENDORA** - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale. Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of re-

pair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free re-

port entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, visit [www.CAhomesinfo.com](http://www.CAhomesinfo.com) or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-833-818-1082 and enter 2403. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

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# Newsom Refuses to Sign SB 1

"I am returning Senate Bill 1 without my signature ... While I disagree about the efficacy and necessity of Senate Bill 1, I look forward to working with the Legislature in our shared fight against the weakening of California's environmental and worker protections," said Gov. Gavin Newsom.

SB 1, Sen. Toni Atkins (D-San Diego) was described as a strictly politically biased bill to prevent President Trump from revising the Endangered Species Act (ESA) and pushing forward in advancing water technology, conservation and environmental protections.

William Bourdeau, Chairman of California Water Alliance, had commented, "SB 1 is bad for farmworkers, farmers, and communities throughout California. Our environmental laws and regulations should be defined by current, sound science, not petty politics."

SB 1, co-authored by Sen. Anthony Portantino (D-San Dimas) and Henry Stern (D-Canoga Park) required, according to a press release by Atkins "... any federal environmental or worker-safety standard in place and effective before Jan. 22, 2017, shall remain in effect and be enforceable under California law even if the federal government rolls it back."

The Assembly Staff Analysis says SB 1:

- "... establish(s) minimum federal environmental, public health, worker safety and labor standards as state baselines in the event Congress or the Trump administration weaken or repeal federal law or regulations."
- "... provides it is unlawful for a person ... to transport, sell, receive, acquire or purchase any fish, wildlife or plant (except for cannabis or hemp ...) taken, possessed, transported or sold in violation of any law, treaty, policy,



**Shade's Perspective**  
Lois M. Shade  
Former Mayor of Glendora

regulation or finding of the United States law in effect on January 19, 2017." Makes a sunset (terminates) provision on January 20, 2025 and repeals SB 1 January 1, 2026.

- Requires California Air Resources Board (ARB), State Water Resources Control Board (SWRCB), Occupational Health and Safety Board (OSHSB), and Department of Industrial Relations (DIR) "... regularly assess ... and publish on their ... websites and California Regulatory Notice Register, a list of changes made to federal standards that MAY impact California."

As with all new laws recently passed in California there are dollar signs attached and this bill was no different. Each of the agencies mentioned, with responsibilities assigned to them in SB 1, have costs. If federal regulations would be modified, needed review and/or be rewritten by these agencies to California standards, they would have costs associated with those tasks.

- ARB estimated ongoing annual costs of \$30 million
- Department of Fish & Wildlife (DFW) projects annual increased costs of \$6 million for 16 new staff and funding of \$1.5 million from miscellaneous sources.

- State Water Resources Control Board classified their costs as "unknown" but qualified some costs as \$175,000 plus one staff position to prepare the quarterly list of federal changes annually until 2025.

- The staff analysis, reported Department of Justice (DOJ) estimated \$350,000 a year to defend challenges.

- Department of Industrial Relations (DIR) estimated costs are at least \$1.5 million the first year and \$1 million ongoing until 2025 all from the general fund. There is a single standard and reporting is now done electronically. Any of SB 1 provisions could trigger a reaction and add potential new costs.

SB 1 would have had the potential, not only to cost agencies a fist-full of tax dollars, but destroy five years of work crafting a water plan to provide the Delta and Central Valley and farmers adequate water. Key to the current plan being implemented are VAs - Voluntary Agreements.

Cal EPA's Jared Blumenfeld and Wade Crowfoot, California Natural Resources, are leading the Voluntary Plenary Group and meet monthly with water users, non-governmental conservation organizations and federal agencies to begin a scientific and coordinated approach to the rehabilitation of the Sacramento-San Joaquin Delta, the starting point for major water projects diverting water to 27 million people and three million acres of farmland.

The Voluntary Agreements approach to solving the water conflicts and delivery is supported by Trump's administration, former Gov. Brown and Gov. Newsom and is a better tactic than lawsuit after lawsuit.

This time, the Governor got it right!

# The Nobility That Is America

Probably the most profound loss we are currently experiencing revolves around what is happening to America's vision of itself as a just, noble citadel of opportunity. As a nation of immigrants we welcomed the least whose hope brought them to our shores. When my great grandfather disembarked on the ship carrying him and his brothers to this land of dignity, they were welcomed as partners in a troubled world. The United States had saved them from the storms brewing in Germany.

Even acknowledging our country's dark chapters of slavery and segregation, aggressive wars, urban and rural poverty, and more, at our most troubled hours we have been lifted by our leaders to an nobler vision.

In 1861 as we were being torn apart by the ominous threat of a civil war, a newly elected President in his inaugural address tried to raise our eyes beyond our terrible divisions when he said, "We are not enemies, but friends. We must not be enemies. Though passion may have strained, it must not break our bonds of affection. The mystic chords of memory will swell when again touched, as surely they will be, by the better angels of our nature."

Following December 7, 1941—a date that will live in infamy—FDR addressed the American people with the words, "The only thing we have to fear is fear itself."



Charles H. Bayer

Ronald Reagan rallied the nation by employing a biblical vision of America as "A city set on a hill."

No hero has been more highly honored among us than MLK Jr., whose hope for America included the words; "I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit together at the table of brotherhood ..."

Cesar Chavez rallied desperately poor, undervalued migrant farm workers with the cry: "Si, se puede!" Yes we can.)

Our leaders offered all Americans, the great middle class and the poor, avenues to gain access to better lives. One progressive president after another— from FDR to Barack Obama— supported organized labor that filled factories and businesses with tens of thousands of workers who were now able to support their families with the decent wages unions negotiated. Orga-

nized labor became the nation's great middle-class fulcrum. Union's clout in the industrial mid-west produced amazing results until attacked by conservatives who subsequently took these factories overseas creating in Pennsylvania, Ohio, Michigan, and Wisconsin, what we call "the rust belt." These same conservative forces now resist a minimum wage of \$15.00 an hour, a level that would generate even too little to support most families, yet might allow their middle-class communities to survive.

This lighthouse of hope has grown dim. We are now helplessly divided internally and are isolated from the rest of the world—except for the worst tyrants. The President refuses to acknowledge the environmental crisis, and is a petulant, bitter, arrogant and resentful liar.

The problem, however, resides not just with our egomaniac President, but also with the collapse of a formerly reputable political party. But there is no cause for despair. We have recovered before and we will again. From now until next November, the majority of Americans must make the case that will lead to the recovery of an angry nation on the edge of cynical despair. We are just a better nobler people whose greatness lies in deeply rooted values. So our task is clear. Get your life behind it.

Contact Charles Bayer at [candwbayer@verizon.net](mailto:candwbayer@verizon.net)

# Impeachment... REALLY? Not again.

Are you tired of all those impeachment investigations that is going on by the Democratic Congress??? How much is this costing the tax payers? How many times has it gone "nowhere" with all that time and expense?

It seems that one side of Congress has nothing better to do but waste your money. They use time that they should be using to solve other issues addressing this country. If you don't like Trump, then vote him out. It was the will of the people and the Electoral Col-



**George Ogden**  
*That's just the way it is!*

lege that put him into office. Sorry to those that don't like the election results, but then you folks try to take away the very democratic process that put him into office.

This country needs leaders in Congress that will serve the people, NOT their personal vendetta.

Do they know that other countries are laughing at us? Our enemies around the world embrace the actions of our Congress and use this as a tool against us.

Congress needs to "wake-up" and do the job that they were elected to, and not play this stupid vendetta game because they don't like who got elected.

*"That's Just the Way It Is!"*

# My Turn: Read A Book, Not A Script!

They call it a Global Climate Strike. Looks more like children playing hooky from school. The Left is praising Greta Thunberg for her "courageous" stand. The Left likes to do this all the time. They recruit kids to run interference for their desired rhetoric. They know kids are young, impressionable, easily manipulated, easily indoctrinated and have limited knowledge of the things they are told to defend. And more importantly they know children cannot be subjected to criticism. Anyone who does criticize them or challenges their viewpoints will be regarded as bullies.

I would rather see these kids stay in school and learn about science rather than skipping school to lecture us about science. The people who are actually working on this stuff and ultimately will be the people that can and will make a difference are not out on the street making noise and annoying people. Annoying the same people the protestors demand to get their priorities straight. If we were to ask these protestors, many of whom supposedly are attending college (when they are not being paid to be professional protestors), what their majors are in school, I doubt if you will find a lot of



Charles Lopresto

physics and bio-tech majors. More likely social justice and gender studies curriculums. And in the process, not being groomed to take on scientific studies but rather be socialist/activists.

The manipulators that will guide them into social activism will then send them off to the next protest involving racism, abortion, gun control or the like. So much for climate change. And so much for the ridiculous notion that "science has been concluded." No it hasn't! And it never will be.

From all I have been hearing, we the people of the Western world are doing our part already and comprise of a very small percentage of the violations. Why don't the protestors confront

China or India about the amount of pollution they are producing. Is any one of them criticizing the farmers in Brazil for burning down the Rainforest? There would be your "courage."

No, it is always about attacking the easy target, because that is where there is no sacrifice, no risk. Let's face it, waving an American flag in China is more difficult than stepping on an American flag in America.

Universities like my alma mater, of which I am currently working on a donor allotment program in my finances, have research departments addressing sustainability and conservation as well as developing new and innovative ways to solve problems. I plan on supporting some of that work financially. As the old statement goes: "That is where the action is, man!" Not some dopey and shallow meaningless protest that only satisfies activists and the media.

After all, I am more interested in the person that invents a better toilet. Not the person telling me how many toilet paper squares I am allowed to use.

I would like to give the children some simple advice. Read a book, not a script.

# Rare Photos From 1863 To Be Revealed At The Duarte Museum

**DUARTE** - A lone photographer embarked on a momentous journey in the American West traveling west from the shores of the Pacific Ocean to the banks of the Colorado River and the mines of Eldorado Canyon in today's Nevada. The year was 1863, many years before anyone else took the next photo of this desert and its travelers, crossroads, forts, soldiers, and watering holes.

On Sunday, Oct. 20 at 3:00

p.m., at the Duarte Historical Museum, 777 Encanto Parkway, Duarte, Author Jeffrey Lapides will reveal many of these rare photos and tell the story of the German photographer Rudolph d'Heureuse—a surveyor, cartographer, civil engineer, mining engineer, oenologist, photographer and inventor. The backdrop to this story is the American Civil War, relations between white settlers, Hispanics, and Native Americans, military exploits,

salacious news accounts, and greed.

Lapides is a Southern California jewelry photographer and book designer residing in Sierra Madre. His current book entitled The Mojave Road in 1863: The Pioneering Photographs of Rudolph d'Heureuse will be on display and available for purchase.

Admission is free. For more information call: 626 358-0329.

# "TIME JOCKEY" - Old Spanish Trail

By Joe Castillo

**Mule Trail...** The Old Spanish Trail was an early 19th century trade route which brought goods from the New Mexico territory to the Alta California territory. In 1829, eight years after Mexico was granted its independence from Spain, New Mexico travelers began to start open up new commercial trade with a growing number of traders to the west. Manufactured goods such as blankets, serapes, ponchos, socks, hides, shawls, hats and quilts were packaged for trade. Among the trade exchanges equivalences was mules and horses which were in abundance in the west in Alta California. Increases in commercial activity came from Mexico and American traders into the New Mexico territory, and traders scrambled to meet the needs of their new customers.

During the winter of 1829, Antonio Armijo led a caravan of 60 men and 100 pack mules

to trade manufactured goods for mules and horses. The journey would end at the Mission San Gabriel nearly 1,000 miles to the west, and take 12 weeks to complete. The return trip took only 6 weeks after the delivered goods enabled faster travel.

There were a number of additional routes which combined with the Old Spanish Trail to form a complete trail. The Armijo Route was the first route taken by Antonio Armijo through New Mexico, followed the Virgin and Muddy Rivers and then through the Mojave Desert, to the Amargosa and Mojave Rivers, over the Cajon Pass and onto the Mission San Gabriel. The Mojave Road was a 188-mile road which crossed the Mojave Desert and was used by Indians, Spanish explorers and missionaries. Jedidiah Smith first traveled the route in 1826. All roads came together at the Fork of Roads east of present-day Barstow in

the Mojave Desert. It then crossed the Cajon Pass between the San Gabriel and San Bernardino Mountains and onto the California Coastal cities. After negotiating the Cajon, it was an easy 2-3 days journey to the Mission San Gabriel and then further to the Pueblo of Los Angeles. The Old Spanish Trail was defined as the "longest, arduous, most crooked pack mule route in the history of California" but it was also one of the most significant. The route opened up Southern California to the growing American states as well as Mexican provinces bringing in much needed supplies, provisions and goods to a growing area rich in potential resources and even greater opportunities....

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at [joeacastillo@aol.com](mailto:joeacastillo@aol.com).

# Project 29:11 Award Dinner

**COVINA** - Project 29:11, San Gabriel Valley's Food Bank, located at 418 Second St, Covina announces its annual fundraiser for **October 10**. South Hills Country Club will be hosting the event which honors Covina's Police Chief, John Curley. Tickets for the dinner

and drawing (one week at the Newport Marriott Vacation Club) may be purchased on line at [www.project2911.net](http://www.project2911.net).

Project 29:11 is open Tuesdays and Fridays for distribution. Over 20,000 people have received bags of food sufficient to serve a family for a week

for this year. The Non-Profit operates strictly by volunteers and is in need of more participants and donations.

Contact Kathy Novarro at (626) 862-4455 or email [kathynovarro@aol.com](mailto:kathynovarro@aol.com) for more information.



# White House vs. Federal Reserve

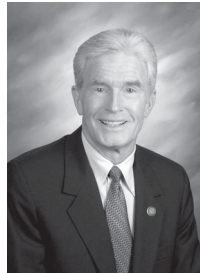
It is my professional opinion that the Federal Reserve over-tightened in December 2018. That rate hike was not necessary and was reversed through their recent rate cut, but the combination of a shrinking Fed balance sheet and a rate hike amid heightened trade tensions was clearly not warranted. The shrinking Fed balance sheet equals the removal of electronic dollars from the financial system that can only be accessed by financial institutions.

Last year was a volatile year, as there was epic friction between fiscal and monetary policy. A tax cut, which is in effect fiscal stimulus, clashed with monetary tightening via fed funds rate hikes and removal of electronic dollars from the system via balance sheet shrinkage. The previous time we had so many sparks flying between the Federal Reserve and the White House was when Paul Volcker was Chairman under President Ronald Reagan. Granted, there was no Twitter back then and I sincerely doubt if there were Twitter Ronald Reagan would have used it in the innovative ways that President Trump is finding.

Still, Paul Volcker did deliver a monstrous Fed tightening in the early 1980s, causing a bad recession and then a more benign monetary tightening in the mid-1980s, causing a soft landing without a recession.

While Paul Volcker served as

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

Fed Chairman eight years (August 6, 1979 to August 11, 1987), he was not very popular with the business community and the White House, yet today he is regarded as one of the greatest Fed Chairmen of all time for breaking the back of out-of-control inflation. I think President Trump craves the kind of reverence reserved for Ronald Reagan, but for that he would have to get that Chinese trade deal consummated and get the nukes out of North Korea - both of which are yet to be accomplished.

I know the trade situation is bad, and not getting better. A real trade war, with much higher tariffs, will slow the flow of global trade, which can cause a global recession. No Fed rate cuts can push back against a sharp decline in the flow of goods and services. Monetary policy can do a lot, but it cannot do miracles.

I think that the president prides himself in being able to pick the magic moment when tariff escalations will still be reversible, even though I don't believe

that there is a clearly defined line in the sand. The "point of no return" is more like a gray area that is constantly moving.

While both the 10-year Treasury and the 2-year note have declined precipitously, the 10-year Treasury note yield BRIEFLY dipped below the 2-year note, so the classic measure of yield curve inversion (the 2-10 spread) is still in positive territory.

If there is a trade deal - and that is a very big if - this message of falling yields from the bond market could be like the infamous 1995 "soft landing," when the yield curve marginally inverted, yet the economy kept on expanding for another five years.

It is true that we have a record economic expansion that has lasted longer than 10 years, but the first three to four years of this expansion were so weak that the present expansion can probably be elongated by another three to four years. Plus, the digital economy has changed so much in the last 20 years that the "Amazon effect" is being discussed in FOMC meetings. Is there any wonder why we don't have surging inflation as the global economy is weak and those "next-day Prime deliveries" arrive even on Sunday?

**LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US**

*I welcome your questions and comments : kenherman46@hotmail.com*

# Your Money - Ask Julia

*Since we can live off my Social Security and Pension, all of my wife's Social Security goes into the bank. Is there a better place to keep this money?*

It would probably be a good idea to move some of your money into a different safe, tax-advantaged place. Consider putting some of your money into a fixed or fixed-indexed annuity (sometimes with a bonus on your investment dollars), or a fixed indexed universal life insurance policy. These policies give you some access to your money while you are alive.

*I'm a CPA. What kind of retirement account(s) are available for me?*

Doctors, architects, attorneys, CPAs, insurance agents, recruiters, barbers, consultants, realtors/brokers, and other one-person business people need to pay attention here. According to an IRS rule, if you're age 45 - 70, and have had \$75,000 - \$100,000 or more income for a minimum of 3 years, you can put away up to 100-percent of your income, up to a \$177,000 annual limit. (A 401k has a limit of less than \$50,000). Defined benefit plans must be set up by December.

*We're pretty sure we cannot afford long-term care insurance premiums now that we are in our 60's. We have quite a bit of money in CDs and annuities. Is there anything we can invest in that will also give us long-term care benefits?*

Review your annuity policies to see if you already have any long-term care benefits included. If not, you might consider



**Julia Yoder**

doing a 1031 exchange from your annuity to a newer annuity policy that does include long-term care benefits. Also, get the facts by getting a quote on the cost of long-term care policies. Keep in mind that those premiums (with generous IRS limits) can be added to your medical deductions on your income tax return. You could also consider using some of your CD money to fund a life insurance policy with living benefits (money you can use for any purpose while you are still alive.)

*Is there a way to get some financial planning advice without being pressured into moving our money?*

You are never under an obligation to follow the advice of a financial professional. An ethical, licensed professional will look at your entire financial picture, talk to you about the lifestyle you want in your retirement years, and design a plan with a couple of options for you to select from. If you feel the suggestions made would be beneficial to you, consider utilizing that professional

as your agent. On the other hand, if you feel pressured at any time, let that agent know how you feel, or end the meeting.

*My wife and I are in our mid-30's, married for 2 years, and both employed. What are your suggestions as a good place to start our financial planning and savings for retirement?*

Start by writing down a budget that shows all your income and all your monthly and annual expenses.

Create a savings account just for emergencies. Agree on a definition of 'emergency.' It should cover several month's expenses if there was no income, plus unexpected car or home repair. If you have debt, (credit card, car loan, student loans), do whatever you can to aggressively pay them off. Then, each of you could look into depositing the maximum annual amount into Roth IRAs. Learn about different kinds of life insurance, and get quotes. Some life insurance policies include a cash account that can be used for any reason, including, but not limited to, retirement.

**Ask Julia by email: juliayoder@yahoo.com**

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, I insurance, retirement, and estate plans. CA Insurance 0C83859, RE Broker 01238153, Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

# Meeting The High Cost Of Higher Education

If you or someone you care about is—or hopes to be—a college student soon, a few facts and stats may prove educational:

- As of February of 2019, the U.S. had \$1.56 trillion in total student loan debt
- This exceeds U.S. credit card debt by about \$521 billion
- Of the college students from the class of 2018, 69 percent took out student loans.

Fortunately for the many current and former college students struggling with this financial burden—and the large number who simply can't attend college because of finances—there are organizations that offer a solution: scholarships.

Some scholarships for college are merit-based. You earn them by meeting or exceeding certain standards set by the scholarship-giver. Merit scholarships might be awarded based on academic achievement or on a combination of academics and a special talent, trait or interest. Other scholarships are based on financial need.

Many are geared toward particular groups of people; for instance, there are scholarships for women or graduate stu-

dents. Some are available because of where you or your parent works, or because you come from a certain background (for instance, there are scholarships for military families).

A scholarship might cover the entire cost of your tuition or it might be a one-time award of a few hundred dollars. Either way, it's worth applying for, because it'll help reduce the cost of your education.

The experts at the U.S. Department of Education suggest you try these free sources of information about scholarships:

- The financial aid office at the college or career school you're considering
  - A high school or TRIO counselor
  - Federal agencies
  - The state grant agency
  - The library's reference section
  - Foundations, religious or community organizations, businesses and civic groups
  - Organizations (including professional associations) related to your field of interest
  - Ethnicity-based organizations
  - The U.S. Department of Labor's free scholarship search tool.
- One organization, Scholar-

ship America, has been committed to giving as many students as possible access to higher education. Since 1958, the organization has distributed \$4.2 billion to more than 2.5 million students.

To further help with the financial burdens college students may face—such as overdue rent and child care—the organization created initiatives such as Dreamkeepers, which offers emergency financial aid, and Collegiate Partners, which gets educational institutions to promise not to take away student aid because of private scholarships.

Currently, Scholarship America is accepting applications for the 2020 Scholarship America Dream Award. It provides financial stability to those who have overcome significant obstacles in their lives and gotten off to a strong start at college. Applicants must be in their second year or higher of postsecondary education to be eligible for the award.

Learn More

To apply for a scholarship, to learn more or to donate to the education of scholarship recipients, visit <https://scholarshipamerica.org>. (NAPSI)

# Retired Teachers to Hear Presentation on Living Trusts

**ARCADIA** - What are the advantages of having a living trust? Is it really necessary to have both a trust and a will? Liz Seitz of Cunningham Legal, Pasadena, will answer these questions and more when she presents an educational program on living trusts to members of the California Retired Teachers' Association #71 (CaRTA) at their lun-

cheon meeting on Friday, **October 11**, at 11:30 a.m.

The luncheon meeting will take place at the Arcadia Senior Center building in Arcadia Park (county park), 405 South Santa Anita Ave., Arcadia, next to the Lawn Bowling Greens. Ample parking is available.

The cost of the luncheon is \$13, but for those who purchase season tickets for five meals, the cost is \$52 (meaning one lunch is free!). For those who pay at the door, the cost is \$14. Please call John Gera at (626)286-0714 for reservations and information by

October 4.

Speaker Liz Seitz is a graduate of the University of San Francisco. She has wide experience in trusts, trust funding, and estate planning. Her power-point presentation will include a question-and-answer period.

Membership in the California Retired Teachers' Association is open to all retired educators, as well as to current educators and to any others who wish to join this active group. CaRTA's motto is "Your Partner in Pension Protection."

## THE CAR GURU

**WHAT YOU "AUTO" KNOW**

**By Gene Morrill - Certified Automotive Specialists**

## October Car Care

Twice a year the Car Care Council, a non-profit organization, celebrates National Car Care Month. This happens in April and again in October. The reason they feel the need to spend money on advertising the importance of car care is because so many consumers don't take care of their vehicles properly.

Neglect of this kind causes accidents, expensive breakdowns, pollution, using more fuel than necessary and even lost time at work! The Car Care Council hopes a gentle reminder twice yearly will prevent all this.

Here is a check list for safety, dependability and savings!

- Have all fluids checked

- Have air filter checked
- Have battery and charging system checked
- Have belts and hoses checked
- Have oil and lubrication service
- Have all lights checked
- Have all wipers and fluid checked
- Have tires checked for proper inflation and tread
- Have suspension system checked
- Have brake system checked

Many consumers feel a false sense of security today because they have cell phones or On-Star so they are able to call someone for help. Yes...these are great

when you need them but of course avoiding a breakdown or accident due to neglect or not to pollute the air or use more gas than necessary is a better choice.

If you have been putting off service or repair; call your car care provider today and not only will you be driving a safer, more eco-friendly vehicle, you will save money in the long run!

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions, and we will be glad to help, or visit our website at [CertifiedAutoCa.com](http://CertifiedAutoCa.com).

**Hometown Service You Can Count On!**

## CunninghamLegal Expands Practice With Law Firm Acquisition

**PASADENA** - CunninghamLegal, an estate planning and trust administration law firm headquartered in Auburn, CA, has expanded its presence in southern California through the acquisition of Arcadia-based Helms & Myers, a family law and estate planning firm founded by James R. Helms, Jr. and Sterling E. Myers.

The acquisition expands the firm's reach in the Pasadena market where CunninghamLegal has an existing office. Helms & Myers clients will receive the benefit of CunninghamLegal's established estate planning, elder law, and trust administration services. Both firms share a common goal of providing personalized planning that protects clients as well as their

loved ones.

"We gave thoughtful consideration and much research to determine to whom we should entrust our practice upon our retirement," said co-founder Sterling K. Myers. "That due diligence led us to Jim Cunningham, a second-generation attorney who is a California State Bar Certified Specialist in Estate Planning, Trust, and Probate law. The firm shares similar values and a commitment to client service, so we felt better knowing our clients would be in experienced hands."

"There was a synergy between our firms," said Jim Cunningham, founder and CEO of CunninghamLegal. "We have a distinctive platform

and innovative approach that will service Helms & Myers clients not only for the estate planning challenges they face today, but to help them build for the future and generations to come. Helms & Myers takes excellent care of their clients and we will continue to add value and ensure the plans work when they are needed."

This isn't the first acquisition for CunninghamLegal. Since founding the firm back in 2005 James L. Cunningham, Jr. has grown the practice from one office in Auburn, California to seven offices located throughout northern and southern California.

For more information visit [www.cunninghamlegal.com](http://www.cunninghamlegal.com).

**Upcoming Event?**  
Let us know at [SGExaminer@aol.com](mailto:SGExaminer@aol.com)



# Around the Valley & Senior News

## AZUSA

### Azusa Women's Club Events

Established in 1901 the Azusa Women's Club is a community of women dedicated to enhance the Azusa community by creating volunteer & leadership experiences. With public participation in the events, a leading benefit is the scholarships to the dedicated students.

Come support the Vendors Boutique on **Oct 5** at 1003 N. Azusa Ave from 8:00a.m.-2:30pm. Contact djs36@hotmail.com.

Sip & Paint on **Oct 5** at 1003 N. Azusa Ave at 6pm. \$25/person. Tickets jus1viv@gmail.com

### Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

### TOPS Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a non-profit group that encourages men and women to lose weight. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on the latest Diabetes resources. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-8829

## ARCADIA

### Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

## BALDWIN PARK

### McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is

free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

### Explore Tuscany 9 Days & 8 Nights

The Julia McNeill Senior Center in partnership with Collette will be traveling to South Dakota on October 31 through November 8, 2019. Prices are \$3,449 for Single Person, \$3,149 for Double, and \$3,119 for Triple. Included in price is round trip air from Los Angeles Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers, and 10 meals. Cancellation waiver and insurance can be purchased for an additional \$315 per person. For more information regarding prices or trip details, please contact Daniel at (626) 813-5245 ext. 271, email at TTours@baldwinpark.com, or visit the following website link: <https://gateway.gocollette.com/link/904277>.

## COVINA

### Community Garden Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at [covinaca.gov](http://covinaca.gov). For more information, call (626) 384-5340.

## DUARTE

### Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Great visitors, show them around the museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

### Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

### Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search

system. Call the Duarte Senior Center at 357-3513 for an appointment.

### Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

### Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

## GLENDORA

### Genealogy Group

The Glendora Genealogy Group meets Tuesday, **October 22** at La Fetra Center, 333 E. Foothill Blvd., Glendora. Pat Chavarria leads a refresher class at 6:00 pm. The business meeting is at 7:00 pm, followed by the program: "Coroner Connections: Finding Living People the Genealogist's Way," by Pat Williams, lead investigator with the Orange County Sheriff Coroner Dept., researcher and author. For questions about our group or this meeting, please call Pat Chavarria at 909-592-4030.

### Stress Management & Controlling Chaos

Feeling overwhelmed can peak from a long to-do list which is increasingly common as demands on human attention increase. A clear sign of being overwhelmed or stressed is forgetfulness, anxiety, anger, and emotional chaos. Learn to manage personal space, time, and energy in this interactive class where your challenges, experiences, and solutions will be solicited. Pre-register at the La Fetra Center: 333 E Foothill Blvd., Glendora, CA or by calling (626) 914-0560. Fee: \$12.00 material fee payable to instructor, Mondays, September 16-30, 6:30pm to 8:30pm

### Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Toni Levyssohn at 909-843-5239. The program is **Wednesdays** 8:30 a.m. - 12:00 pm.

### Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at

[jmarkel@ci.glendora.ca.us](mailto:jmarkel@ci.glendora.ca.us).

### Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

## LA VERNE

### History of the Red Cars

On **October 14**, Michael Patris will be at the Maury Smeltzer Lounge at Hillcrest Retirement Community, 2701 Mountain View Drive, La Verne, to tell the history of the Pacific Electric Railway in Southern California. Seating begins at 6:30pm and the presentation will begin at 7:00pm. This event is free and open to the public.

Michael Patris is a third generation native of Southern California and co-author with Steve Crise of Pacific Electric Railway, Then and Now. Michael is the President and founder of the Mount Lowe Preservation Society, Inc., President of the Pacific Electric Railway Historical Society, and past Sheriff of the Los Angeles Corral of Westerners (2010). He is also President and owner of Golden West Books, a publishing company focusing on the history of trains, trolleys, railroads and locomotive material.

## La Verne

### Cemetery Tour

Come for the history! Come for the fun! On **October 20**, the La Verne Historical Society will conduct docent and photo-narrated tours of the La Verne Cemetery. Arrive anytime between 1:00pm-2:30pm to join a tour group. Learn about the first person buried in the cemetery, La Verne's first doctor, settlers whose descendants include La Verne's current Mayor, and the beloved educator in whose honor the school district named an elementary school. This is a family event not intended to be scary to kids. The La Verne Cemetery is located at 3201 "B" Street. Tours are \$3 for individuals and \$5 for families. Cider and donuts will be served. La Verne's Local and Family Researcher will be available to answer your questions about La Verne's history.

## Get About

### Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

## MONROVIA

### Senior Blood

### Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pres-

sure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

### Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

### Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

## SAN DIMAS

### San Dimas

### Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Chal-

lenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

## WEST COVINA

### Go West

### Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more. For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777. The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m. The fare is only \$1.00 each way. No Service on Holidays.

### TOPS Meeting

TOPS (Take Off Pounds Sensibly) meets each Saturday at 9 a.m. at the Cortez Senior Center, located at 2501 E. Cortez St in the back classroom building. Visitors are always welcome and your first meeting is free. Come now and learn about nutrition, portion control, food planning, exercise, motivation, and more every week. This group has motivated members from all over the San Gabriel Valley. For details, call Erika Hernandez at 6 2 6 - 3 8 4 - 0 5 0 2 ([ehernandez57@aol.com](mailto:ehernandez57@aol.com)).

### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

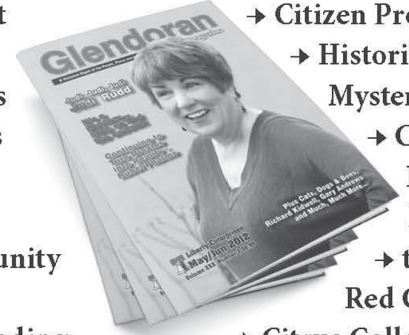
There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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# Arcadia Unified's Mike Danielson Named 1 of Only 16 Los Angeles County Teachers of the Year

**ARCADIA** - Out of over 70,000 teachers in Los Angeles County, Arcadia Unified middle school music teacher Michael Danielson is one of only 16 teachers to be recognized as a 2019-20 Los Angeles County Teacher of the Year.

The Los Angeles County Office of Education (LACOE) hosts an annual Teachers of the Year program designed to commend the important work teachers do in shaping the minds of the future. Districts from across LA County participate by selecting a Teacher of the Year to represent them in the LACOE program.

"When I said that this [being named a Teacher of the Year] was one of my dreams, I was not kidding," shared Danielson at a recent Arcadia Unified Board of Education meeting where he received recognized for this honor. "As the years passed, I saw pictures of the Teachers of the Year displayed in the District Office and wanted to earn the right to have my picture join theirs," said Danielson.

Danielson, a 40-year teaching veteran with 32 years spent as a music teacher at First Avenue Middle School, was selected as Arcadia Unified's 2019-20 Teacher of the Year, earning him entrance into LACOE's county-wide competition.

"Our process for selecting a Teacher of the Year for our school district starts with recognizing it's a really difficult task because we have a world-class staff here," Arcadia Unified Superintendent Dr. David Vannasdale explained during Danielson's Board of Education recognition. "You know you made a great selection when the teacher's name is met with nothing but positive words. Mike has



**Mike Danielson 1 of 16 LA County Teachers of the Year.**

brought everything he has every day to the classroom and has left his students' lives better than when he found them," said Dr. Vannasdale.

Entrants into the LACOE program are required to complete an extensive, rigorous application. Finalists from the application screening are invited to do a panel interview from which the top 16 educators are selected as LA County Teachers of the Year.

"I really feel like this [teaching] is what I was made to do, and I know not many people get to say they've lived out their dream or find their place," expressed Danielson. "I'm truly accepting this on behalf of all of the teachers in Arcadia. This really is an amazing place to live and work."

Through his robust career, Danielson has taught and mentored over 10,000 students, doing so with a true passion for connecting with them through music.

"Teachers change lives, far more than providing tasks for success or passing on lore," said Danielson. "We are tasked with shaping future generations

through our relationships. No time in history has relied on us [teachers] as much as it does now."

Distinguished teachers like Danielson demonstrate why Arcadia Unified was recently named in the top 1% of school districts with the best teachers in America, California, and Los Angeles by Niche.com. Correspondingly, Arcadia Unified was also named by Niche as being in the top 1% of the best school districts in America, California, and Los Angeles. For more about the LACOE Teachers of the Year program, visit [lacoed.org](http://lacoed.org) and for more information on the Arcadia Unified School District, visit [ausd.net](http://ausd.net).

# West Covina Unified Student Selected for Under-20 National Soccer Team

**WEST COVINA** - Since the age of 4, West Covina High School senior Madison Perez has poured her time, dedication and passion into soccer - checking into a frame of mind every day that inspires her to push her limits - and her dream is being realized as a center back for the U.S. Under-20 Women's National Team.

Perez was selected to play in the Under-20s training camp held in early September, when the team faced off against the Japan U-20 Women's National Team. This week, she was selected for the U-18 team to play next week at a camp at the IMG Academy in Florida.

"It's very difficult because everyone has so much talent," Perez said. "Going from the club to the national environment is a huge change."

Perez, who has played for Legends FC Academy since the age of seven, participates in weekend games where the National Team evaluates her progress. From Monday to Thursday, Perez conditions with her team for two hours, perfecting passing drills, set pieces and tactics.

"I'm very thankful that they saw something in me," Perez said. "I am blessed to be considered one of the top girls in the nation."

Perez was first recognized



**West Covina High School senior Madison Perez was selected to play as a center back for the U.S. Under-20 Women's National Team.**

by the Women's National Team in September 2018 and was selected for the U-17 team. She keeps the U-20 World Cup in her sights and will find out if she made the qualifiers in January 2020.

After graduation, Perez will continue her soccer career at Cal State Long Beach and hopes to play for the National

Team. "Being a student-athlete has taught me discipline and has helped me be organized and manage time," Perez said. "West Covina High School works with me to get my school work done, and they are always rooting for me and supporting my soccer career."

# Baldwin Park Boxing Club Alumni Jose "Chon" Zepeda Picks Up World Boxing Council United States Super Light Weight Title Championship

**LAS VEGAS, NV** - Baldwin Park Boxing Club Alumni and former Boxing Club instructor Jose "Chon" Zepeda overwhelmingly comes on top and snatches a clear unanimous decision crowning him the new USNBC super light weight champion.

Jose Zepeda began his amateur career in Baldwin Park, CA first as a boxing club member and then as an amateur boxing instructor from December of 2008 to December of 2011. Hard work led him to his current professional career where "Chon" is ranked #3 in the United States and #5 in the World in the light weight division.

Eighty percent of Zepeda's wins have been via knock outs with a total of twenty-five K.O.'s. Much of his success stems from his corner men Mr. Sal Hernandez and his brother Mr. Rene Zepeda. In 2018 Jose won the World Boxing Association Intercontinental Light Weight Title and in June of 2017 Jose "Chon" Zepeda captured the World Boxing Organization International Super Light Weight title.



Mayor Manuel Lozano was overjoyed by the news stating, "It takes much discipline and determination to become a World Champion in boxing. Not only is "Chon" a world class champion, he is a world class act. His dedication and perseverance will set an example to all youth who

are striving to become powerful athletes."

"My special thanks to the City of Baldwin Park's Mayor, City Council and Manny Carrillo Director of the Parks and Recreation Department" voiced Mr. Rene Zepeda, Jose "Chon" Zepeda's corner man and brother.

"Our family and Jose are very grateful for the City of Baldwin Park and what they do for the community day in and day out. Their support gave "Chon" the ability to thrive in boxing. Jose is looking forward to the future and capturing even more world titles!"



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