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Citrus College Earns "Military Friendly" Designation 10 Years in a Row

GLENDORA - For an entire decade, Citrus College has earned annual recognition as a Military Friendly School for its commitment to helping veterans successfully transition from the military to higher education.

This past year, nearly 400 student veterans benefitted from services provided by the Citrus College Veterans Success Center (VSC), a physical resource on campus that provides access to computers, academic counseling, financial aid assistance and mental health services. At the VSC, student veterans can also meet with a full-time staff member dedicated to helping them with the certification of their U.S. Department of Veterans Affairs educational benefits.

Citrus College's supportive environment for student veterans, coupled with the college's ability to meet specific academic thresholds, such as student retention, persistence and graduation rates, contributed to this year's "Gold" distinction.

"Due to the exceptional work of the Veterans Success Center, our student military service members and veterans are receiving expert support services



Staff and student workers stand in front of the Citrus College Veterans Success Center. Pictured, front row (L-R): Pablo Rebolledo, Dustin Glover, Jacob Fathal and David Rodriguez; back row (L-R): Alex Alvarez, Maria Buffo and Rosa Moncada. (Photo courtesy Citrus College.)

that equip them to succeed in the classroom, while also preparing them to excel in their future careers," said Dr. Geraldine M. Perri, superintendent/president of Citrus College. "Citrus College is proud to receive this outstanding recognition and aims to continue enhancing its services for this exceptional community on campus."

Throughout 2020, Citrus College will appear on militaryfriendly.com as well as the "2020 Guide to Military Friendly Schools," which is published in G.I. Jobs and Military Spouse magazines.

The Military Friendly Schools list is designed to aid military service members in choosing colleges and universities with a reputation for helping student veterans succeed academically. Citrus College scored remarkably high in several categories outlined on the Military Friendly website, including "Culture and Commitment" and "Military Student Support and Retention."

"Being designated a Military Friendly School for 10 consecutive years indicates that Citrus College understands how to effectively navigate the complexities of serving this important student population," said Dr. Patricia A. Rasmussen, president of the Citrus Community College District Board of Trustees. "I am proud of the college's faculty and staff for serving our student veterans with such care, and I am confident that future generations of veterans will also be prepared to accomplish their academic and professional goals."

Rare February 29th Birthday for Triplets

WEST COVINA - What are the odds of triplets being born on leap year, Feb. 29th. It is about 1 in 10 million.

They were having a little fun with this birthday. They claimed they were having their quinceanera (15th birthday) when in reality, they were really 60 years old. But don't tell anyone.

The VFW Post 8620 in West Covina was the site for the celebration. The triplets, Pilar Parra, Lupita Parra and Carmen Parra celebrated their event with family and friends. One sister came from Tijuana where she makes her home, one from northern California and the other one from the local area.

The extremely rare occasion had music, dancing and some great food.

The Commander of the VFW was honored to have the event at their facility. "It was



The triplets, Pilar Parra, Lupita Parra and Carmen Parra.

odd to see people bringing in three presents instead of just one," stated Commander Ogden.

The birthday bash was a special event for some special people. Happy Birthday to all three.

Need to Earthquake Retrofit Your House? Registration for the 2020 Earthquake Brace + Bolt Program Open to Residents

CALIFORNIA - You may be able to get a free \$3,000 from the state of California to protect your home from an earthquake if you live in a qualifying home.

The funds are available through the California Earthquake Authority's Earthquake (CEA) Brace Bolt (EBB) program, which you can apply to now through March 19.

The CEA estimates that a retrofit costs between \$3,000 and \$7,000, and generally takes two to three days to complete, depending on the type of home you have and where you live. To offset that cost, California's EBB program is offering up to \$3,000 towards that retrofit.

Some qualifying criteria includes:

- Are you the homeowner?
- Was the home built before 1980?



- Is it on a raised foundation?
- Is it wood-framed construction?
- Was it built with a crawl space and/or cripple wall?
- Is it on relatively level ground?

Qualifying homeowners will be randomly selected and notified. To qualify for reimbursement, homeowners must not apply for a permit until they are accepted into the program and must start the retrofit work until they have been approved by EBB to do so.

About 4,5000 homes in L.A. County and nearly 10,000 homes throughout California have been fixed with assistance from the program since it began in 2014.

This year they hope to distribute money to 4,400 houses throughout the state, thanks to an additional \$13 million via grant from FEMA.

To learn more about the qualifications and how to apply, visit the EBB program website <https://www.earthquakebracebolt.com/HomeownerRegistration>.

Duarte and Pasadena Branch NAACP Team Up for Community "3 on 3" Basketball Tournament March 14

DUARTE - The City of Duarte and the Pasadena Branch NAACP are again teaming up in 2020 to sponsor a Community "3 on 3 Basketball Tournament" scheduled for March 14, 9 am - 1 pm, at the Duarte High School Gym. The tournament, geared to players 16 and up, focuses on promoting health, fitness, and networking between community-based organizations and local cities through a fun day of basketball competition.

The cost per 4-person team is \$60 and all proceeds from the tournament go towards sponsorships of youth gold medalists from 2020 Pasadena/Duarte NAACP ACTSO local



competition on April 25 at the Duarte Senior Center. Gold medalists from that competition will be traveling this July to Boston, MA to compete at the national level.

For more information about the tournament or the NAACP ACTSO Program, please contact Marilyn Mays at the Duarte Teen Center 626-303-0863.

Wanted: Volunteers for Foothill Presbyterian Hospital Auxiliary

GLENDORA - If you are looking for a way to give back to your community, meet new friends and feel good about what you do, you should think about joining FPH's wonderful group of volunteers. There are opportunities to work at the front desk, in the gift shop and other places throughout the hospital. You may choose to work just a few hours a month or a couple of four hour shifts a week. It's what works for you.

Interested people are invited to join us for lunch Thursday, April 2nd, at 11:30am at the Glendora Library's Bidwell Forum to learn more about this worthwhile organization. We hope that following lunch, catered by Claro's Italian Market,



Theresa Mattijetz, Rosemarie D'Andrea and Patty Mateer encourage community members to join them for lunch to find out more about becoming a valued Foothill Presbyterian Hospital Auxiliary volunteer.

and an introduction to our group, you will stay for a few fun games of bingo. Reservations are required and can be made by calling (626)857-3103 by Friday, March 25th.

Construction Has Begun On World-Famous Acura Grand Prix Of Long Beach Racing Circuit

LONG BEACH – Construction has begun on the world-famous Acura Grand Prix of Long Beach race circuit in preparation for the April 17-19 race weekend.

More than 2,400 concrete blocks that anchor the safety system around the 1.97-mile, 11-turn racing circuit will be placed along with 14 large grandstands that line the racecourse.

The first full day of track construction kicked off with Acura giving two new Honda Ridgeline trucks to the Grand Prix Association of Long Beach's Operations Department to assist with construction activities. In addition, management and workers from the Laborers International Union of North America (LIUNA), who help to build the racetrack, were on-hand to commemorate the start of construction.

"We're entering our second year with our title sponsor Acura and we're delighted with the relationship," said Jim Michaelian, president and CEO of the Grand Prix Association of Long Beach. "And we're happy that LIUNA is back as a sponsor this year, as their skilled laborers have helped to build our racecourse for the past four decades. Our fans are going to once again see a first-class facility with three action-packed days of world-



New Honda Ridgeline trucks bracket (L-R) Peter Santillan, LIUNA Business Manager; Jim Michaelian, Grand Prix Association of Long Beach (GPALB) President & CEO; Dwight Tanaka, GPALB Director of Operations; T.E. McHale, Honda Manager of Motorsports Communications, and LIUNA and GPALB construction workers. (Credit: John Bosma/Grand Prix Association of Long Beach)

class racing and amenities."

In total, Grand Prix Association of Long Beach Director of Operations Dwight Tanaka, LIUNA and Grand Prix Operations staff will put in more than 33,000 working hours installing the safety system – more than 14 million pounds of concrete blocks, four miles of fencing and 17,000 bolted-together tires – along with grandstands, six pedestrian bridges and eight giant vision boards for full-circuit TV coverage. More than 187,000 fans are expected during the three-day race weekend.

Tanaka's staff will also install 45 high-end hospitality suites,

three hospitality clubs, tents, electrical lines and equipment, phones, porta-johns, trash containers and a myriad of other items around the track from now through race weekend.

The eastern portion of the

racetrack (Turns 9, 10 and 11) will also be used for the first Formula Drift event of the 2020 season on April 10-11.

All businesses along the race circuit, which includes Shoreline

Drive, Aquarium Way and Pine Ave., will remain open during construction of the racetrack.

The Acura Grand Prix of Long Beach will be headlined by the third round of the 2020 NTT INDYCAR SERIES, as well as the third race of the 2020 IMSA WeatherTech SportsCar Championship. In addition, the weekend will include the Super Drift Challenge under the lights on Friday and Saturday nights; SPEED Energy Stadium Super Trucks, the powerful sports cars of the Pirelli GT4 America SprintX series and the new-for-2020 Historic Formula Atlantic Challenge. There will also be a Fiesta Friday concert with a well-known Latino band, as well as Saturday evening's ASM Global Presents Bret Michaels. Both concerts are free to that day's race ticket holders.

Fans can select and pay for their Grand Prix seats, parking

and paddock passes online at gplb.com. Ticket orders can also be placed by calling the toll-free ticket hotline, (888) 827-7333. Also featured on gplb.com is the latest Acura Grand Prix of Long Beach news and racetrack information, photos and ongoing announcements of special race week activities.

Ticket prices range from \$34 for a Friday General Admission ticket to \$155 for a three-day ticket that includes Sat./Sun. reserved seating in grandstand upper levels. Pre-paid parking packages are also available, along with handicapped seating, NTT INDYCAR SERIES Paddock passes, Super Photo tickets and a wide variety of hospitality packages.

Fans can also follow the Acura Grand Prix of Long Beach on Facebook (GrandPrixLB), Twitter @GPLongBeach (#AGPLB) and Instagram @GPLongBeach.

Azusa-Glendora Soroptimist to hold "Dream It, Be It" Workshop for Local High School Juniors, Seniors

GLENDORA - "If you can dream it, you can be it" is the theme of a workshop for high school juniors and seniors who attend the Glendora, Azusa and Charter Oak Unified School Districts. The event will take place on Saturday, **March 14** at the American Legion Hall in Glendora from 8:30 a.m. to 3:00 p.m. Pre-registration is required, and the workshop is free to those who attend.

"Azusa-Glendora Soroptimists (AGS) help women and girls achieve their dreams through education that leads to economic empowerment," said Shannon Lancaster, AGS president. As part of Soroptimist In-

ternational (SI), our club's programs, such as Dream It, Be It, reflect SI's motto, "Investing in Dreams."

Designed for high school girls, Dream It, Be It features a curriculum designed to help girls become aware of their individual interests and talents, while providing them with information on corresponding career opportunities that are made possible through education. Workshops are taught by AGS members who are professional women, educators and leaders in their fields. The sessions utilize copyrighted curriculum created by SI.

The day's program will also feature special guest speakers.

Glendora City Council Member Karen Davis will share her own personal story about overcoming challenges as a teen. Christy Jones, holistic health and mindfulness coach, will lead a group activity on how to "power up your brain." Melisa Edwards, AGS's 2020 Live Your Dream Award winner, will share insights from her own experience of returning to college and pursuing her education and goals. There will be other interactive sessions and food, and door prizes will be drawn throughout the day. High school counselors and college representatives will also be invited to share information and answer questions.

"The last two years of high school is a pivotal time for girls who are unsure about college and careers. Dream It, Be It provides

this important student population with the information and tools they need to identify career goals and learn about educational opportunities that will help them achieve those goals," Lancaster said.

Attendee evaluations from previous years' Dream It, Be It workshops indicate girls who participated left feeling more confident about their futures; understood how their values connect to possible careers; and had an opportunity to create achievable goals for their futures.

Students must be pre-registered to attend and space is limited.

For more information about Dream It, Be It or Azusa-Glendora Soroptimists, please contact: Shannon Lancaster at (626) 482-9886.

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County's Public Housing Program Receives A HUD High Performer Designation For The 10th Year In A Row

Los Angeles County Development Authority's Public Housing Program Obtains Highest Public Housing Assessment System Score in its History

LOS ANGELES COUNTY - The Los Angeles County Development Authority's (LACDA) Public Housing Program received a High Performer designation from the U.S. Department of Housing and Urban Development (HUD) for the 10th year in a row, under HUD's Public Housing Assessment System (PHAS). The PHAS is an in-depth evaluation of a Public Housing Agencies (PHAs) performance including the physical condition of properties, financial health, management systems, and the effectiveness of its modernization Capital Fund Program. The LACDA received a top rating in each category, with a total score of 98 out of 100, the highest score in its history! The LACDA's Public Housing Program, with 2,962 units located at 63 properties throughout the County of Los Angeles, is the

second largest PHA in Southern California.

As part of the PHAS, this year HUD inspected the LACDA's South and East Los Angeles County properties totaling 1,176 units, including Nueva Maravilla, with 504 units. In the last three years, the LACDA has invested over \$18 million dollars for capital improvements at these properties.

Acting Executive Director Emilio Salas gives credit to his staff who worked diligently to achieve a Higher Performer rating while simultaneously completing timely unit work orders, annual reexaminations of program eligibility, unit upgrades and inspections, preparing vacant units for occupancy, and

calculating the family rent amounts in accordance with HUD requirements.

"The High Performer status for the 10th year is really a testament that the LACDA's Public Housing Program is being well managed in all phases of its operations," said Salas. "The High Performer designation also makes the LACDA eligible for a bonus in the Capital Fund, a reduction in certain inspection requirements, and places the LACDA in an excellent position for many HUD grants, and most importantly, continues to provide our residents with modest affordable housing."

Foothill Gold Line Community Open Houses Begin This Week

GLENDORA - As a reminder, the Foothill Gold Line Construction Authority is hosting a series of community open houses for the Foothill Gold Line light rail project from Glendora to Montclair. The community open houses are being held ahead of major construction beginning late this summer, and attendees will be able to learn the latest about the project, meet the recently hired Kiewit-Parsons design-build team and understand how and when construction may impact the neighborhoods along the

corridor. Each station artist/artist team will also be available to discuss the public artwork planned at their city-specific meetings.

The first open house takes place this Thursday, **March 5**, at the Glendora Library's Bidwell Forum from 5:30 p.m. to 7:30 p.m. Glendora station artist Michael Hillman will be in attendance to present his public art plan for the future Glendora Gold Line station, entitled "Glendora Home: A Slice of Sunshine."

Senator Chang Introduces Legislation Requiring the State Lottery to Pay \$36 Million to Schools

Legislation Implements Recommendations from State Audit of the Lottery

SACRAMENTO - Senator Ling Ling Chang (R-Diamond Bar) announced legislation today that will require the California State Lottery to appropriate \$36 million to the state's education fund as recommended by the California State Auditor. Last week the State Auditor released the results of a comprehensive audit of the Lottery, originally requested by Senator Chang. The audit found the State Lottery does not prioritize education in its budget plans, and now owes schools \$36 million. The audit found a number of other issues

with the State Lottery that exposed wasted funds.

"I'm not going to let the State Lottery gamble with our children's education," said Senator Chang. "It's clear there needs to be some serious changes at the Lottery in order to protect funding for schools. Every dollar wasted at the State Lottery, is a dollar that won't go to schools."

Senate Bill 891 will require the Lottery to appropriate \$36 million owed to education, and ensure any future increases in education funding is proportional to increases in net reve-

due to the Lottery.

According to the State Auditor, "The Lottery has not prioritized funding to education when setting its budgets." The audit confirmed that while lottery sales revenue has increased by 115% since the Legislature's changes were adopted in 2010, payments to schools increased by only 66%. It also found that for at least the 2017-18 fiscal year, the Lottery shortchanged schools \$36 million.

SB 891 will soon be referred to the appropriate committee for consideration.

Arcadia Adopts Comprehensive Pension Management Plan, Saving \$85 Million

ARCADIA - On February 18, 2020, the Arcadia City Council unanimously adopted a comprehensive Pension Management Plan to address the City's \$154 million in unfunded pension liabilities. After several months of careful review and consideration, the Citizen's Financial Advisory Committee (CFAC) recommended a six-point strategy to reduce the City's long-term pension costs by over \$85 million dollars.

"This plan is a comprehensive approach to tackling the biggest issue of our time," said City Manager Dominic Lazzaretto. "It creates flexibility to address whatever surprises may come our way without exposing the City to excessive levels of risk."

The Pension Management Plan focuses on the following:

- Use of reserves to prepay existing liabilities
- Refinancing existing debt to lower interest rates to free up cash flow
- Prepaying costs with surplus funds from the voter-approved Measure A sales tax increase
- Financing long-term capital improvements
- Using pension obligation bonds to lower the overall costs of pensions
- Negotiating for more employee cost-sharing

In June 2019, Arcadia residents approved Measure A, a ¾ cent sales tax increase to help address the City's rising cost of services, primarily driven by increasing pension costs. The Citizen's Financial Advisory Committee recommended the tax increase and voters overwhelmingly approved the

measure.

"Two years ago I recommended that we impanel an advisory committee to study this issue," said Mayor April Verlatto. "The City Council has unanimously supported the CFAC's work and with careful planning and implementation, we can save the taxpayers \$85 million. It's a remarkable accomplishment for our City."

In presenting the plan, City Manager Lazzaretto noted that the organization will need to continually manage and adapt the six strategies to ensure that the estimated savings become reality. "The plan lays out a viable framework to address our staggering pension debt, but there is no quick fix here. We will have to have discipline over a very long period of time," he said.

Rubio's Education Package Will Prepare Younger Students for Academic Success

SACRAMENTO - Sen. Susan Rubio (D-Baldwin Park) today introduced two education bills that will help younger students attain greater academic success as well as remove obstacles for parents to volunteer in the classroom.

Senate Bill 1153 will require kindergarten attendance as a requirement prior to entering the first grade with some exemptions. The second bill, SB 1176, will remove a financial burden from parent volunteers who want to participate at their children's school but cannot afford fingerprinting fees.

"As a public school teacher for 17 years, primarily focused on elementary, I personally witnessed the negative impact on students who did not attend kindergarten," said Senator Rubio. "Research shows that kindergartners who miss 10% or more school days have low-

er academic performance by the time they reach first grade. We must act now to ensure students are prepared for future academic success."

Existing California law does not mandate children to attend kindergarten. Since kindergarten is optional, it can lead families to believe that kindergarten is not important or that attendance is not essential.

"We are proud to have offered full-day kindergarten to all students for more than a decade," Los Angeles Unified Superintendent Austin Beutner said. "Kindergarten ensures students have access to high-quality academic, social, and developmentally-appropriate experiences which provide a strong foundation for a lifetime of success." Superintendent Beutner added, "Schools are the center of the communities they serve and are places where

families can engage in the learning and growth of their children. We are pleased to work with Senator Rubio on these important measures in an effort to close achievement gaps."

In addition, studies show that parent engagement in their children's education has a positive influence in their academic success. Before becoming a school volunteer, many parents and legal guardians are required to pass background checks to ensure student safety.

The costs associated with a background clearance, although it may seem minimal, are major financial obstacles for working families in low-income communities. This limits their ability to participate in their child's school. SB 1176 will encourage greater parent participation by removing the financial obstacle.

East San Gabriel Valley CROP Hunger Walk -- Helping End Hunger One Step At A Time

GLENDORA - East San Gabriel Valley CROP Hunger Walk to be held on **Sunday, March 8**, 1:30 p.m., beginning at 201 E. Bennett Ave., Glendora.

Looking to make a difference in these trying times, the East San Gabriel Valley CROP Hunger Walk has set a goal of 175 Walkers and hopes to raise \$12,000 to help stop hunger and poverty here in our community and around the world,

through self-help initiatives. A portion of the funds raised here in Glendora will go to the East San Gabriel Valley Coalition for the Homeless (provides services for the homeless in our area in addition to operating the cold weather shelter), St. Vincent de Paul (which provides a number of resources out of St Dorothy Church in Glendora for anyone in need), Shepherd's Pantry (a wide array of services for Glendora & surrounding

cities), and ACTION Food Pantry in Covina.

Over the course of the last 21 years, ESGV walkers have raised more than \$200,000 in their locally organized CROP Hunger Walk.

For more information about the East San Gabriel Valley CROP Hunger Walk, contact Rev. Dr. Hillary Chrisley or Rev. Karen Davis at (626)335-2240.



1160 Englewild Dr.
Glendora, California
91741

Phone (626) 852-3374
Fax (626) 852-1904

E-mail: sgexaminer@aol.com

EUGENE F. MOSES
Publisher/Editor

Jayam Rutnam
Contracted Reporter

George Ogden
Contracted Reporter

Glenn Purbaugh
Photographer

Contributing Writers

Pat Murphy
Joan Hallidy
Ken Herman
Charles H. Bayer
Jorge V. Rosales
Lois M. Shade
Julia Yoder
Gene Morrill
Jenny Park

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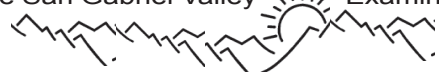
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Trump: WINN With More Water

When Donald J. Trump was elected President, California was clearly struggling, in fact, at impasse, over water policy delivery issues as it had been, periodically, since the early 1900s. Before the election, he had promised the Central Valley farming communities he would get them more water for their survival as the breadbasket of California.

It has taken almost four years, a lot of head-butting, research and lawsuits to keep that promise, but that promise has been kept. And it has happened thanks to the determination and business-acquired leadership skills used by President Trump.

Former Gov. Jerry Brown had fired up the water wars when he proposed the 1982 referendum on the peripheral canal and pitted farmer against environmentalist and Southern California's water need for a growing population. That proposal created a canal taking water from the Sacramento River and by-passing the Delta to preserve the largest wetland ecosystem on the Pacific Coast. 62.7% of the voters voted against the project.

Brown came back in his last term as governor and proposed the Twin Tunnel or WaterFix project that re-ignited the water wars all over again. It would have provided a 30-mile long tunnel under the Delta and provided \$8 billion for habitat restoration in the Delta. That \$8 billion was the only firm number in the bond proposal as I watched the cost of that project escalate almost weekly. It started out at \$11 billion originally and climbed to an estimated \$25 billion ... at least, the L.A. Times said, with other reports estimating the final cost at \$50 billion. The State Water Project would pick up 55% of the tunnels' cost (that's you and me the average water consumers) and agricultural districts would pay 45% of the total cost. President Trump rejected any federal financial support for this project and it died.

As all this haggling was going on, work was being done in D.C.



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

Democrat Sen. Dianne Feinstein and Republican Kevin McCarthy, House Majority Leader from Bakersfield, had come together to support an extension of the 2016 Water Infrastructure for Improvements for the Nation (WIIN) Act that would provide millions of federal dollars for California water projects. The WIIN Act -- Water Infrastructure Improvements for the Nation - was enacted in December of 2016 to address the needs of the nation's harbors, dams, flood protection, and infrastructure. The Act, specifically authorized \$100 million for communities facing drinking water emergencies and \$134 million for water storage, \$20 million for water recycling, \$12 million for desalination and \$30 million for environment and science projects. The 2016 WIIN Act expires in 2021 and the Feinstein/McCarthy proposal would extend it to 2028.

Gov. Brown's press release confirmed his support. "I support the 7-year extension of the Water Infrastructure Improvements for the Nation Act, including important provisions that House Majority Leader McCarthy and Sen. Feinstein have proposed that enable California water users to participate in voluntary agreements and help improve river flows to restore fish populations."

But it isn't only the fish populations that were saved through Trump's commitment and the party consensus building that occurred in Washington. Bureau of

Reclamation press release says: President proposes \$1.1 billion in fiscal year 2020 budget for Bureau of Reclamation and proposes

- \$92.8 million in dam safety
- \$54.8 million Central Valley Restoration Fund
- \$2.6 million Desalination and Water Purification Research Program
- \$11 million Science and Technology Projects
- \$36.4 million for anti-terrorism program activities and security risk assessments.
- \$19.9 million for WaterSMART Programs - emerging water demands, water shortage issues and improved water management.

In 2014, Prop 1, a \$7.12 billion water bond, was approved by 2/3 of the voters. It included \$2.7 billion for water storage, dams and reservoirs; \$725 million for water recycling and water treatment; \$900 million to clean up contaminated drinking water; and \$395 million for flood management. None of the eight projects to increase water supply/storage were fully funded by the committee approving the bond projects and completion will require some form of supplemental funding in grants, federal dollars and purveyor and water user charges. Bipartisan support to fund the WINN Act through 2028 will help bring the eight projects into completion.

President Donald Trump made a visit to Bakersfield on Wednesday to sign an agreement that will provide more northern California water to farmers in the San Joaquin Valley. No specific information was available regarding the document he signed but the memo provided provisions consistent with those in the WINN Act. Gov. Gavin Newsom said he plans to sue Trump's administration to block a controversial plan to increase water deliveries to the San Joaquin Valley to protect highly imperiled fish species close to extinction. I'm sure we'll hear more on this later.

The Democrats Are In Trouble!

The Democrats are in trouble. They are about to gallop headlong into a box canyon from which there may be no escape. Bernie Sanders will probably be nominated without the capacity to be elected.

I hate to say "I told you so" but I told you so. Back in September I suggested that a rush to impeach the President would probably result with the Republican led Senate declaring Trump innocent, and catapulting him into the 2020 election. And that would put the Democrats at a serious disadvantage.

Bernie may be right about every critical issue with the exception of "Medicare for all," but that doesn't negate the depths of his problem. The unknown trillions of dollars this program would cost would be a budget killer for years to come. Every poll tells us that the American people would not swallow any system depriving a hundred and forty million Americans of the right to keep their hard-won health insurance. Freedom of choice is fundamental to democracy. I also doubt that the American people would elect a self-identified socialist—even a cleaned-up, redefined, democratic, Denmark-like socialist.

While Bernie claims to possess the ability to bring hordes of new moderates and independents to the voting booth, the primaries thus far fail to prove his claim. He may well rally young liberals and non-Caucasian democrats, but so far his loyal base has not expanded, nor do I believe it will. Trump holds onto his devoted 35% and so does Bernie. What is more, every speech Bernie makes is an angry divisive harangue, and we have already endured too many Trumpian diatribes. While Bernie might be nominated, I question his electability. My greatest pleasure would be to be proven wrong, but for now I don't see that happen-



Charles H. Bayer

ing.

Early on Elizabeth Warren was my choice, but only if she distanced herself from Bernie's "Medicare for all." While Warren has altered her position somewhat, exactly where she now stands remains unclear.

The candidate with the best policies probably is Mayor Pete Buttigieg. But would the voters get enthused about a young man who was mayor of a small mid-western city, and is married to another man?

That leaves in the top tier, Joe Biden, who may be a very gracious gentleman with a superb political resume, but there may be five strikes already against him.

- 1 - At the inauguration he would be seventy-eight years old.
- 2 - He is far from being a vigorous exciting campaigner.
- 3 - The catalogue of his verbal gaffs would certainly be used against him.
- 4 - Despite the falsity of the attacks on his son, Hunter, Joe has been tarnished with this brush.
- 5 - His dismal showing in Iowa and New Hampshire remains a question.

Then there are the two second tier billionaires, each trying to buy the election by hiding behind TV commercials, and one competent woman Senator whose campaign seems to be stalled.

The positive news is the Democrats' political agenda

which I believe to be on target: health insurance for all, "Medicare for all who want it," the promise of advanced education, a serious effort to confront the disastrous effects of climate change, raising the minimum wage, re-engaging with international partners to meet common world problems, a gracious welcome to immigrants, a tax policy benefiting America's middle-class, and an insistence that the very wealthy pay their fair share.

Political contests are usually won with a combination of attractive candidates, popular issues, sufficient money and a dynamic campaign strategy. But do the Democrats have this combination? They know how to raise money, and have robust campaign skills. Their policy agenda would certainly do well with the electorate. The question remains as to the development of a Presidential candidate who can defeat Donald Trump. Just who can fill that role remains unclear.

At this point Joe Biden may be the most electable, but not if he can't be nominated. Can Bernie be stopped? It appears doubtful.

THERE IS AN ALTERNATIVE. All of the other candidates share a common policy agendas, and all of them view Bernie's nomination as fatally flawed—for the reasons detailed above. Might it be possible for them to put aside their egos, meet off the stage and select one of them to be supported and funded by the others? They might do it in a private election in which no one could vote for themselves. I see no other way out.

In the meantime, Democrats seem destined not only to charge headlong into this political box canyon by nominating a candidate who cannot be elected, but also failing to nominate a candidate who can.

Contact Charles Bayer at candwbayer@verizon.net

Is Voting By Mail a Good Idea? No!

Hopefully the way you voted on your ballot went the way you wanted. Voting for people you selected, the initiatives that were on the ballot and so on. If you voted by mail weeks ago, sometimes that is not a good idea in my opinion.

Some people say the Democrats pushed this through so as to avoid losing votes for the candidates if debates and/or dirty laundry turned up during the campaign process. Who knows, but it kind of makes sense. Also, there is the convenience of voting by mail and not going out to vote on Election Day. However, if I have information correct, you can vote by mail 29 days before "Election Day" which was March 3rd of this year.

What I saw on the debates was something out of this world... It looked like a spinoff of the Village People. You had an Indian, a Gay Fellow, A Billionaire, A Millionaire, a Janet Reno look-alike, a military veteran (Major) and a distinguished looking lady with class, compared to the Janet Reno (Elizabeth Warren) looking one.

I will admit I am registered as



George Ogden
That's just the way it is!

a Democrat but I do not vote along party lines. After watching the debates, I am embarrassed as to what I saw and how these candidates acted and talked. They mainly beat each other up. I want to know what YOU are going to do for the people. I haven't been able to vote Democrat in the recent elections because of the history and baggage the Democrats have had over the last few years. I am not going to get into all of what I have seen over the years, which will be another story all together.

The stand-out for me was Elizabeth Warren. She was out of control for each debate. She was freaking out waving her arms and hands so she could respond and/or to make comments. She was

about to have a brain hemorrhage in my opinion. She was an embarrassment. Buttigieg was a surprise, but let's face it. With him being gay, it would be hard to get past the religious sectors in my opinion. Trump event announced that he would vote for a gay person if he felt they could do the job. You would also weigh in the fact how some countries would react to a gay president. Some of the countries execute people if they were found to be gay. Bloomberg, a billionaire (who is actually a Democrat) has a rather large payroll so that confused me. Democrats, which seems to be controlled by the unions, are always talking about fair wages but yet set this slate extremely high. Thus the union appreciate those candidates that support this and make huge donations to their campaigns. Why, because the more money the people get paid, the more the unions can charge for their union dues. Enough on that.

So, when you vote by mail four weeks before the Election Day, your vote is in, you're locked in. You find some information on a ballot initiative that you didn't know and now you can't change your vote. Furthermore, the most important vote, the candidate you voted for. You were not sure who to vote for, so you picked one, but it was close on who you selected. As you saw what happened, some candidates pulled out of the race. So YOUR CANDIDATE dropped out, but the person you considered is still in the race. Sadly, your vote no longer counts. You lost it. If you would have waited, at least to the last couple of days to vote, then your vote would be worth something. Now it isn't. You wasted your vote.

"That's Just the Way It Is!"

'TIME JOCKEY' -Surf City

By Joe Castillo

Hermosa Beach Surfers...

Surfing and California have been synonymous for over 100 years as the state has thousands of miles of coastline which provides numerous opportunities for the surfing adventurers. Hermosa Beach, more specifically the 22nd street location, was one of those spots where surf enthusiasts congregated to ride the wild waves.

Starting for the 1950's to the 1970's, Hermosa Beach was the epicenter of the surfing world. From San Diego to Santa Cruz, other beach cities had staked their claim as the Surfing Capital of California. Surfing had evolved from the Hawaiian "King of Sport" form to a life saving effort used by watermen and lifeguards alike. But in 1959, the hit TV show "Gidget" with Sally Fields turned surfing into the new activity for teens and young adults. The craze spread faster than anyone would realize and pioneers of the sport pushed it at an exciting speed.

George Freeth was one of the first pioneers who promoted the sport of surfing and turned it into an event. Freeth was born in 1883 and died in 1919 at the age of 36. He wasn't around when surfing became the center of beach life in the 1950's but his impact may have been the most influential. Freeth was just enjoying life at the beach while living in Hawaii and learned to surf from his early days growing up in the islands.

While on vacation in Hawaii, Henry Huntington saw Freeth surfing the waves. The year was 1907 and Huntington was driving his Red Car Railway project. Southern California still offered tons of opportunity especially in real estate and Huntington was trying to attract more investors and potential home owners to the sunshine of Southern California. His Red Car Railway offered a

special excursion to Hermosa and Redondo Beach which Huntington called the "Hermosa Observation Car" with the hope of attracting investors to see what Southern California had to offer. The idea hit Huntington that he needed to bring someone to surf the beaches of Southern California to serve as an attraction to potential investors. Freeth was hired by Huntington to be the "showman" and Huntington's Red Car special tours would bring potential investors to a selected site and then disembark to watch Freeth surf the waves. He became known as the man "who could walk on water" and his popularity soon grew among local beach people.

Freeth was a master showman and showed off his wave-riding capability, and traveled along the California coast when not working for Huntington's Red Car

Railway. He eventually became employed as California's first lifeguard and was awarded the Gold Lifesaving Medal when he rescued several fishermen off the coast of Venice Beach. At the age of 36, Freeth contacted a global flu pandemic and never recovered. He was memorialized with statues at Redondo and Hermosa Beaches, inducted into the Surfer's Hall of Fame and was given the title of "Father of Surfing" in Southern California. Thirty years after Freeth's death, the sport he brought to Southern California became bigger than even he could have imagined...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.

Free Oil Filter In Exchange For Your Used Oil Filter

SAN GABRIEL - Free Oil Filter & Motor Oil Recycling Event! Everyone is invited to bring in their used motor oil and used oil filters to O'Reilly Auto Parts store, 965 E. Las Tunas Dr., San Gabriel on Saturday, **March 21st**, from 10 a.m. to 2 p.m.

All those who recycle their used oil filter will receive one FREE new Oil Filter. Recycling motor oil and filters helps save our environment and keeps our water clean. So don't miss out - we're making it easier for you to keep your car running smoothly and efficiently.

The Glendora Police Department
CITIZEN'S ACADEMY

The Glendora Police Department is proud to sponsor a FREE, educational program designed to inform the residents of Glendora in a variety of Police functions.

PARTICIPANTS WILL LEARN ABOUT: Jail & Dispatch Services, Mock Traffic Stops, Fraud and Identity Theft, Fingerprinting Techniques, Auxiliary Program, and much, much more!

Next Class Begins March 11th, 2020

One night per week
6pm - 9pm

For information & application, go to www.CityOfGlendora.Org or email / call
Community Services Officer
Nita Ulloa-Pedroni
nulloa@glendrapd.org | 626-914-8268

All participants must be at least 18 years old.

What An Amazingly Shocking Week!

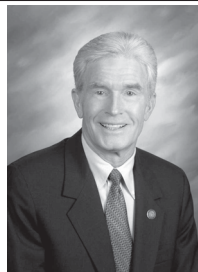
It's time to take a deep breath! After six days of significant selling, US stocks are down 13% (well into correction territory). Yesterday domestic stocks were below the 200-day moving average. Asian equities were also sharply lower, and Europe was getting hammered again Friday morning.

With risk assets tumbling, it's no surprise bond yields are falling, too. Friday morning, UST 2-yr yields were .87%, UST 10-yr yields were 1.12%, another record low! German 10's were -0.599%, Spanish yields were 0.326%, Greeks were 1.329%, while JGBs were -0.160%.

About the coronavirus, Janet Yellen told a Michigan audience on Thursday, "We could see a significant impact on Europe, which has been weak to start with, and it's just conceivable that it could throw the United States into a recession." She added, "If the virus doesn't hit in a substantial way in the United States, that's less likely. We had a pretty solid outlook before this happened - and there is some risk; but basically, I think the U.S. outlook looks pretty good."

Yellen is, of course, right on all counts. The US economy was in solid shape going into this China created mess, but all economies are now at risk. China, we know, is operating at a severe disadvantage. Late Friday night China reported their PMI and it was a shocker: Chinese Feb PMI numbers printed well below consensus, into never-before-seen, unimaginably bad territory. The manufacturing PMI was 35.7, the non-manufacturing PMI was 29.6, and the composite PMI was 28.9. Any reading under 50 indi-

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

cates contraction. European and US February PMIs follow on Monday (March 2).

So far, we understand that China experienced a 92% drop in car sales (year-on-year) during the first half of February. China's industrial output reportedly has been running at about half capacity, and internal travel by air and rail during February were down about 80%.

Friday's WSJ warned of shortages developing in the vehicle parts market. Companies are tight lipped about it, but some suppliers are very worried about parts - mostly electronics - sourced in both China and Japan. Some manufacturers have started flying parts from Asia, while others are scrambling to find alternative suppliers. While no one was willing to offer too many details (for fear of revealing something confidential, or frightening to their customers), some sources warned the shortages would get worse before they get better. They also noted that some commercial as well as personal vehicles contain 30,000 parts and no vehicle leaves the factory until every part is in place.

So, is there any good news? For one thing, Bloomberg News reports China is making progress getting back to work. Activity has

picked up from maybe 50% of capacity to 60-70%, (if we can believe what they report). Some companies, especially the biggest state-owned industrial firms and companies making medical equipment, have tried to ramp up output. China's passenger and truck traffic rose by 96% and 136%, respectively, in the week through February 22, according to the transport ministry. Of course, this traffic was rising from extraordinarily low levels. Companies are reportedly also organizing busses to return migrant workers to China's factories.

In a Bloomberg Opinion article recently, John Authers warned us about stocks: "Don't mistake this selloff for a panic. It's aimed at correcting economic expectations, rather than market excesses. Losses are centered on sectors that stand to be affected most, such as airlines and companies including Apple. Unlike the Fed, the coronavirus isn't susceptible to financial pressure."

That sounds pretty obvious, but there's an important point (at the heart of that advice) echoing: The economic fallout from Covid-19 is real and recovery will take time! Markets cannot stabilize until the full extent is understood, and the full extent cannot be understood as long as the disease is on the move. (Not to mention that fake news is NOT monopolized by the USA's main street media.)

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

I'm scared about the new coronavirus and the losses in the Stock Market. How can I not panic with this threat to my health and my money?

We all must hope for the best, and plan for the worst. The World Health Organization and CDC have published guidelines for helping avoid contracting the new coronavirus. There are also guidelines on having an emergency fund, and what to stockpile, just in case. These guidelines are very similar those for Earthquake preparedness. (Water, toiletries, medications, long-shelf-life foods.) Take immediate steps to put those guidelines into action in your life. Regarding the Stock Market: historically, whenever the Stock Market goes down, it recovers over time. The Stock Market will probably see more losses if the new coronavirus continues to spread. Remember the basic investing guideline: Buy low, Sell high. This is a good time to review your financial plans. Is all your money invested in your 401k? Or have you looked into diversifying by putting some of your money into a fixed-indexed annuity, or fixed-indexed universal life insurance policy?

I saved and planned, but various things happened during my life which have undermined my plans to have plenty of money in retirement. How can I get over these feelings of depression and move forward?

Good and bad events in our lives (marriage, buying a house, unemployment, dependents' needs, serious health issues or accidents, divorce, economy) impact our best-laid plans. Each event typically derails a person's savings for almost 5 years. Insur-



Julia Yoder

ance and emergency funds help in many cases. Your feelings are normal, and to be expected. What you're experiencing is equivalent to the death of a loved one. And, as such, the 5 stages of grief are applicable. Stage one is denial. This involves not looking at your investment statements, hoping your losses are not real. The second stage is anger, when you ask, "Why did this happen to me?" Stage 3 is reasoning. When it comes to investments, this involves hoping the market will rally enough to return your retirement investment and plans to the way they were. Then comes Stage 4, depression, where folks find themselves giving up in hopelessness. And finally, there's the 5th stage, acceptance. This is where you realize that you've got to make the best of what you have, that bad things don't last forever, and that you need to make necessary adjustments.

We'd like to buy a new home or condo. Is it best to use the agents that are at these newly built places, or should we use a different Realtor?

If you want your best interest to be of utmost importance, get your own Realtor. The agents on-

site are representing the builder-seller. As the buyer, you don't pay realtor fees, the seller does. So, the price is right for you to have a Realtor on your side! By the way, this principal is best for almost all real estate transactions. And remember, get pre-approved (not just pre-qualified) for your home loan before looking for a place to buy.

Am I going to have to pay taxes on all the profit I make from selling my house?

As a single homeowner, you can exclude up to \$250,000 of capital gains. If you are married, filing separately, each of you can exclude up to \$250,000. If you are married, filing jointly, together you can exclude up to \$500,000 of capital gains. This exclusion is allowed each time you sell or exchange your principal residence, as often as every three years. You are not required to reinvest your proceeds into a new residence to claim the exclusion. To be eligible for the exclusion, you must have owned and lived in your home as your primary residence for a combined period of at least three of the last five years prior to selling or exchanging your principle residence.

Ask Julia by email:
juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

How Often Should You Have Your Car Serviced?

I know in this day and age it is sometimes difficult to remember certain appointments...like going to the dentist or the doctor every six months...or having your vehicle serviced at least twice a year! You can ignore it until suddenly you aren't feeling your best, or you experience a toothache, or your car breaks down.

Here is what your car's owner manual tells you should happen and how often. We recommend you visit us every six months to keep your vehicle in tip-top shape!

Your owner's manual states that every time you stop for fuel you need to:

- Check engine oil level and add as required.
- Check windshield washer solvent and add if required.

Once a month you are supposed to:

- Check tire pressure and look for unusual wear or damage
- Inspect battery and clean and tighten terminals as required.

- Check fluid levels of coolant reservoir, power steering, brake master cylinder, and transmission and add as needed
- Check all lights and all other electrical items for correct operation

At every oil change you are supposed to:

- Inspect exhaust system
- Inspect brake hoses
- Rotate tires at each oil change interval shown on schedule "A" (Highway miles) or every other interval as shown on schedule "B" (Stop and go miles).
- Check coolant level, hoses, and clamps.
- After completion of off-road operation, the underside of the vehicle should be thoroughly inspected.
- Examine threaded fasteners for looseness

That is what the kindly, full-service gas station attendant used to do for us. Now that everything is self serve, we tend to drive up, fill up and drive off. Think about it. Do you check your engine oil

level or your washer solvent at each fuel stop? Do you monthly check your tire pressure, inspect your battery, and check fluid levels, lights and other electrical items? The majority of consumers never lifts the hood of their car or even looks at their tires, much less checks the pressure. Some, when it is time for an oil change are adamant that we just change their oil as they are in a hurry and everything else seems fine.

It is true that our cars are increasingly sophisticated pieces of machinery and that our oil is better able to withstand a couple of extra thousand miles between changes but how about all those other services that the gas station attendant used to take care of for us? Sadly, the answer for the most part is no one! You should at least have your vehicle serviced twice a year at the minimum. If you don't, think about what can go wrong between visits without someone lifting the hood and someone checking your tire pressure and fluid levels.

Remember, we love cars, trucks and SUV's! We want them to run at peak efficiency so that they are safe and reliable for you! Don't be a stranger. Stop on by and let us lift the hood for you!

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

Hometown Service You Can Count On!

San Gabriel Valley's Emanate Health Physicians Recognized as Top Doctors and Physicians of the Year

Emanate Health, the largest nonprofit health care provider serving residents of the San Gabriel Valley, recently had two of its physicians recognized as "Top Doctors" in the region by the Los Angeles Business Journal.

Emergency Department physician, Dr. Augusto Cigliano, of Emanate Health Foothill Presbyterian Hospital, and Orthopedic Surgeon, Dr. Ankur Patel, of Emanate Health Orthopedics, were the latest Emanate Health doctors to receive this distinction. Last year, Dr. Fahed Bitar in Cardiology, Dr. Claudia Muñoz in Neurology and Dr. Edward Tangchitnob in Women's Health, were named "Top Doctors."

The doctors were selected from a field of 150 physicians in 12 disciplines of focus from throughout Southern California based on their "good standing, reputation, thought leadership and success," among other factors.

"Dr. Cigliano and Dr. Patel represent the very best that Emanate Health has to offer our patients, our community and our industry," said Gurjeet Kalkat, MD, Emanate Health Chief Medical Officer. "This recognition demonstrates that they're both providing world-class medical care for people that we serve throughout the San Gabriel Valley."

Emanate Health also named its 2019 Physicians of the Year. Physicians include Dr. Sophia S. Kangarlu, Internal Medicine at Foothill Presbyterian Hospital, Dr. Kevin Hua, Emergency Medicine at Inter-Community Hospital, and Dr. Chi Truong, Pediatrics at Queen of the Valley Hospital.

"The 2019 Physicians of the Year continue to raise the bar of the level of care that Emanate Health provides to the people we serve in the San Gabriel Valley," said Dr. Kalkat. "These noteworthy physicians exemplify the best in our network and are the embodiment of our mission to help people keep well in body, mind

and spirit by providing quality health care services in a safe, compassionate environment."

Dr. Kangarlu has been practicing medicine for more than 20 years and is board certified in Internal Medicine. She is a published author on breast cancer, bio-touch sense simulation and mobility aid for visually disabled. She has also developed and published more than 100 hospital admission order set templates available on online. As the night physician at Foothill Presbyterian Hospital, her professional focus is the general medical care of its hospitalized patients.

Dr. Truong has been practicing medicine for more than 20 years and is board certified in pediatric medicine. She has more than 10 years of hospitalist experience in area hospitals in Orange and Los Angeles counties and is a Fellow of the American Academy of Pediatrics. Prior to becoming a physician, she earned a Master of Science degree in Microbiology at California State University, Long Beach where she conducted several years of research in Virology, and taught Microbiology/Virology labs.

Dr. Hua has been practicing medicine for more than 12 years and is double board certified by the American College of Osteopathic Emergency Physicians and the American College of Osteopathic Family Physicians. He has been a champion for improving the delivery of Sepsis care at Emanate Health where he currently serves as the Emergency Department Operations Director at Inter-Community Hospital. He

is also an active member of both the Emanate Health Medical Center and Foothill Presbyterian Hospital medical staffs.

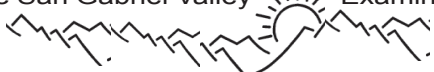
Emanate Health's 2019 Physicians of the Year were selected by their peers for demonstrating extraordinary compassion with patients and the highest level of professionalism in the workplace.

To learn more about all the doctors and connect with them, visit www.emanatehealth.org/doctors.

Emanate Health, www.emanatehealth.org, is the largest nonprofit health care provider serving the one million residents of the San Gabriel Valley in California. The system provides specialized care in Behavioral Health, Cancer, Cardiovascular, Emergency, Neurosciences and Stroke, Orthopedics, Sports Medicine, and Women's Health. Its family of hospitals and hospice include Emanate Health Foothill Presbyterian in Glendora, Emanate Health Inter-Community in Covina, and Emanate Health Queen of the Valley in West Covina, Emanate Health Hospice and Emanate Health Home Care in West Covina, as well as other clinics throughout the region. Year after year the health care system has been voted "Best Hospital" and "Best Place to Work" and physicians are consistently among the "Top Doctors" in Los Angeles County and hospitals are graded A for Patient Safety by The Leapfrog Group. Visit emanatehealth.org.

Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. Articles should be in Word format while photos should be in jpeg. Articles should be in good taste.



Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

Wanted: Men and Women who want to lose weight. TOPS (Take Off Pounds Sensibly) is a non-profit group that encourages men and women to lose weight. TOPS is a hands on, Pounds Off approach to weight loss. No Quick Fixes, just helpful information you need to reach your weight loss goal. We offer the latest nutrition, fitness and medical information. We also have information on the latest Diabetes resources. Motivational stories from successful TOPS members. Our meetings are every Thursday at 9:30am to 11:00am at Azusa Memorial Park at 320 N Orange. For more information please call 626-967-8829

ARCADIA

Orchid Hobbyists Monthly Meeting

San Gabriel Valley Orchid Hobbyists invite you to our **March 19** Monthly Meeting at the L.A. County Arboretum 301 N. Baldwin Ave. Arcadia. Palm Room. Judging at 7:00 p.m. Meeting at 7:30 p.m. Our Program will be an A.O.S. Webinar on Stanhopea, which is in the Cymbidium Group, Epidendrum Subfamily. They are found from Nicaragua to Colombia and Venezuela. The Webinars answer all our questions. Refreshments. All welcome!

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK McNeill Fitness Program

A challenging but accessible workout regimen, which includes

basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

COVINA

Patty's Bash

Folks, it's time to "strut your stuff!" It'll be more than a "wee bit" of fun and even better than a "pot of gold" at Patty's Bash on **March 13**. Well, maybe not a pot of gold, but it will sure be fun being a mean, green, dancing machine at this festive holiday event! Register by February 28

Cane Self-Defense Workshop

Here's how to turn your walking cane into a way to protect yourself. Learn real world cognitive and physical self-defense skills and safety awareness that will allow you to respond under stress. Please wear loose clothing, bring water and your own cane. Class is easily modified for students of all abilities. Instructor: Don Frack Date & Time: Friday, **March 6**, 9-11 am Fee: \$20/1 day

Community Garden Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

DUARTE

Income Tax Preparation For Seniors

Volunteer tax aides will be available to people 55+ to prepare 2019 income tax returns. Visit the Duarte Senior Center (1610 E. Huntington Drive) to sign up. Appointments are required.

Duarte Museum Needs Docents

It's fun and educational! Volunteer to serve as a docent at the Duarte Historical Museum in Encanto Park. You will serve about every other month on a Wednesday (1-3 p.m.) or Saturday (1-4 p.m.) with a seasoned docent who will train you. Greet visitors, show them around the

museum and learn about local history. Training sessions are available. Call Claudia at (626) 358-0329 for more information.

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Alzheimer's Safe

Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

Senior Lunch

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

GLENDORA

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. For more information, please call Toni Levyssohn at 909-843-5239. The program is **Wednesdays** 8:30 a.m. - 12:00 pm.

Instructors Needed At

The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds. This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

LA VERNE

Eulalia Pérez: Her Life and Times

La Verne Historical Society Historian Roberta H. Martinez will tell us about the life and times of Eulalia Pérez de Guillén Maríné (1766?-1878) a cook and midwife during the time of Governor Pio Pico. She is one of only two non-clergy buried in the courtyard of Mission San Gabriel. Come hear this fascinating story of a lady who lived in pre-statehood California. The program will be held at Hillcrest Meeting House, 2705 Mountain View Dr. La Verne, Monday evening, **March 9th** from 7:00 pm to 8:00 pm. All are welcome and refreshments will be served.

Get About

Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free. To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

MONROVIA

Senior Blood

Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday** of the month from 9:15

a.m. - 10:15 a.m. and on the **Fourth Wednesday** of the month from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn

GIANT COMMUNITY PARKWIDE SALE

1630 W Covina Blvd, San Dimas, Ca 91773

One Day only Saturday 3-14-2020, 9 am to 1pm

No Early Birds. 15 plus homes participating.

Many items priced to sell. Please park on Covina

Bldv and walk in to community. Sale located in

front just on the other side of the block wall only in

the front of the park.

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6th Annual Fundraiser For The Glendora Welfare Association

GLENDORA - On Saturday, **May 2nd** from 3-7 p.m., the Glendora Welfare Association will be holding its 6TH Annual Fundraiser at the Rubel Castle in Glendora. Enjoy dinner, music, live and silent auctions and more! The Glendora Welfare Association is a 501.c (3) organization which helps Glendora residents in their time of need.

The Glendora Welfare Association has been providing year-round emergency services since 1958. Through fundraisers such as this one, we are able to help Glendora residents with emergency shelter, assistance with utilities, food and referrals for other services. The Glendora Welfare Association relies on donors that include local busi-

nesses and churches, service organizations and private citizens.

Tickets are available at GWAtickets.com.

For more information about the event or if you would like to learn more information about the Glendora Welfare Association, please contact President Matt Bartlett at 626-221-8252.

Covina Woman's Club Monthly Meeting

COVINA - The Covina Woman's Club monthly meeting will take place on **March 9**. The public is cordially invited. Lunch will be available at a cost of \$10 and reservations are required. The meeting will be held at the club house located at 128 South San Jose Ave, Covina. The meeting will start at 11am, Lunch at 12:15

and our program will begin at 1:15.

This month's speaker will be Drexel L Smith, his presentation will focus on the Rotoplast Arusha 2019 mission. What is the Rotoplast Mission? It is an organization that is committed to helping the children and families worldwide to eliminate the bur-

den of cleft lip and/or palate, burn scarring and other deformities.

We hope you will join us. Check out our web site, www.covinawomansclub.org.

Please contact Carlene Saria at (626) 335-6741 to make your reservation for lunch. All reservations must be received by **March 5**.

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WHITE'S FUNERAL HOME

El Monte High Senior Awarded Prestigious QuestBridge Scholarship

EL MONTE – When El Monte High School senior Dana Hua competes in a 24-hour computer coding hackathon, her ambition and drive compel her to sacrifice sleep so she can concentrate on helping her teammates develop praiseworthy apps and games that are educational and fun. Those long hours of hard work have finally paid off.

Hua – a first-generation college-goer with a 4.41 GPA and 1550 SAT score – is among 1,127 seniors (out of 15,000 applicants) to be awarded the 2019 QuestBridge National College Match Scholarship, guaranteeing her a full four-year ride to a college partner.

To top it off, Hua has been accepted to Stanford University. She is awaiting word from Yale, MIT and Columbia, all of which are QuestBridge college partners. The scholarship, worth over \$200,000 over four years, will cover tuition and fees, room and board, books and supplies.

“Winning the QuestBridge feels surreal. It hasn’t settled in yet,” said Hua, who plans to study computer science. “After four years of not sleeping, I can’t believe I got into my dream school.”

Hua’s passion for science, technology, engineering and math (STEM) began in second grade, when she began participating in the Johns Hopkins University Center for Talented Youth summer enrichment program.

During her freshman year, Hua enrolled in Pasadena City College’s Upward Bound Math Science program, opening the door to her to be selected for the Girls Who Code Summer Immersion Program at the Walt Disney Co. in 2018.

“Girls Who Code really opened my eyes to all the possibilities in the computer sci-



El Monte High School senior Dana Hua to be awarded the 2019 QuestBridge National College Match Scholarship, guaranteeing her a full four-year ride to a college partner.

ence field,” Hua said. “We got a behind-the-scenes look at new apps Disney was developing, including Disney Plus. I was introduced to several coding programs, which helped me when I started competing in hackathons.”

Hua and a friend won Best Beginner’s Hack at the inaugural Hack SoCal for their educational web-based game, Save the Seals. Hua subsequently traveled to Northern California to compete in Los Altos Hacks, learning about android app development and hardware-software integration, and helping her team win first place overall for its face-detection app, Dotmentia.

She has since founded the

Lions Hack Club on campus, introducing students to hackathons, web design, and game and app development. Meanwhile, she remains president of the National Honor Society and Academic Decathlon.

“Dana Hua is an amazing young lady who constantly demonstrates her commitment to excellence, earning recognition as a QuestBridge College Prep Scholar and AP Scholar with Distinction,” Principal Robin Torres said. “She truly exemplifies what can be achieved when a student rises to meet academic and physical challenges. I am confident our proud Lion will continue to thrive in her academic and coding endeavors.”

Female Transient Starts Bush Fire

By George Ogden

WEST COVINA - On Thursday, Feb. 27 around 10 a.m., a female transient started a fire in the 400 block of South Vincent in West Covina next to the Pizza Hut. Witnesses stated that they saw her start the fire and then tried to put it out but couldn’t so she fled from the scene heading south on Vincent to where it turns into Glendora Ave.

The woman has been seen in the area and as to why she started the fire is unknown. She set trash behind a bush on fire and the bush itself caught fire and burned.

Police arrived quickly and the



Female suspect seen leaving the fire she started. Fire burns out of control. Photos by Lily Garcia FB.

fire department also responded. The bush was destroyed and as it burned, burning embers became airborne and there were concerns of them landing on buildings and businesses in the area.

Christian Community Credit Union Awarding \$90,000 In Multi-Year Scholarships

Christian Community Credit Union’s 2020 Scholarships for Success program is awarding \$90,000 in scholarships. Awardees will receive multi-year scholarships of \$1,000 per year! The scholarship program is open to members of Christian Community Credit Union with a Checking Account (newly-opened or existing). The scholarship application deadline

is March 31, 2020 and scholarships will be awarded by mid-May. To date, the Credit Union has given nearly \$960,000 in scholarships.

Christian Community Credit Union offers Student Advantage Banking—a money saving program exclusively for students age 16-24. The Credit Union also offers Student

Choice—a private loan solution to help fill educational funding gaps. Contact the Credit Union for details.

For more information about the multi-year “Scholarships for Success” program, visit myCCCU.com/scholarship. To learn more about Credit Union membership, please call 800.347.CCCU (2228) or visit myCCCU.com/membership.

Celebrating 20 Years!

SAVE THE DATE


Night on the Plaza

SATURDAY, JULY 11, 2020

All proceeds benefit the Glendora Public Library

Join the celebration!
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Gary & Connie Andrews

Glendora’s 2019 Citizens of the Year

The 72nd Annual Glendora Citizen of the Year Banquet is presented by the Glendora Chamber of Commerce and will be held on **April 16, 2020** at the Glendora Country Club..

Join Us for an Upcoming Community Meeting



Major Construction From Glendora to Pomona Is Starting This Summer!

The Foothill Gold Line light rail project from Glendora to Montclair will extend Metro Gold Line service to the cities of Glendora, San Dimas, La Verne, Pomona, Claremont and Montclair. The first nine miles of the project, from Glendora to Pomona, is fully funded and will begin major construction in late summer (and take five years to complete). If the additional funding needed is secured before October 2021, the entire project from Glendora to Montclair will be completed altogether under the same design-build contract and take eight years.

Sign Up to Start Receiving Construction Alerts!

Make sure you get electronic updates on this important project by signing up on-line at www.foothillgoldline.org.

COMMUNITY INFORMATION MEETINGS

Attend a community open house to learn the latest about the project, meet the recently hired Kiewit-Parsons design-build team, and gain information on how and when construction may impact you. Each station artist/artist team will also be available to discuss the public artwork planned at their city-specific meetings.



Foothill Gold Line

There will be no formal presentation; arrive any time between 5:30 PM - 7:30 PM:

Thursday, March 5, 2020
Glendora Library, Bidwell Forum
140 S. Glendora Ave., Glendora, CA 91741
Station Artist: Michael Hillman

Tuesday, March 10, 2020
La Verne Community Center
3680 D St., La Verne, CA 91750
Station Artist: Blue McRight

NOTE: Future meetings will be held in Claremont and Montclair when funding is secured.

Si necesita información del proyecto o servicios de interpretación en español, llame a Yesenia Arias al 626.305.7012

Wednesday, March 11, 2020
Palomares Park Community Center
499 E. Arrow Hwy., Pomona, CA 91767
Station Artist: Stephen Farley

Thursday, March 12, 2020
Stanley Plummer Community Building
245 E. Bonita Ave., San Dimas, CA 91773
Station Artists: Eugene and Anne Olsen Daub

Stay connected! www.foothillgoldline.org [facebook.com/iwillride](https://www.facebook.com/iwillride) [@iwillride](https://twitter.com/iwillride) iwillride.org (626) 471-9050



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MARCH 7, 2020

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