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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

February 3 - 9, 2022

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Recall of George Gascon / A3

Free to Thrive



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Arcadia High Comes in First as JPL Marks 30 Years Hosting Regional Science Bowl

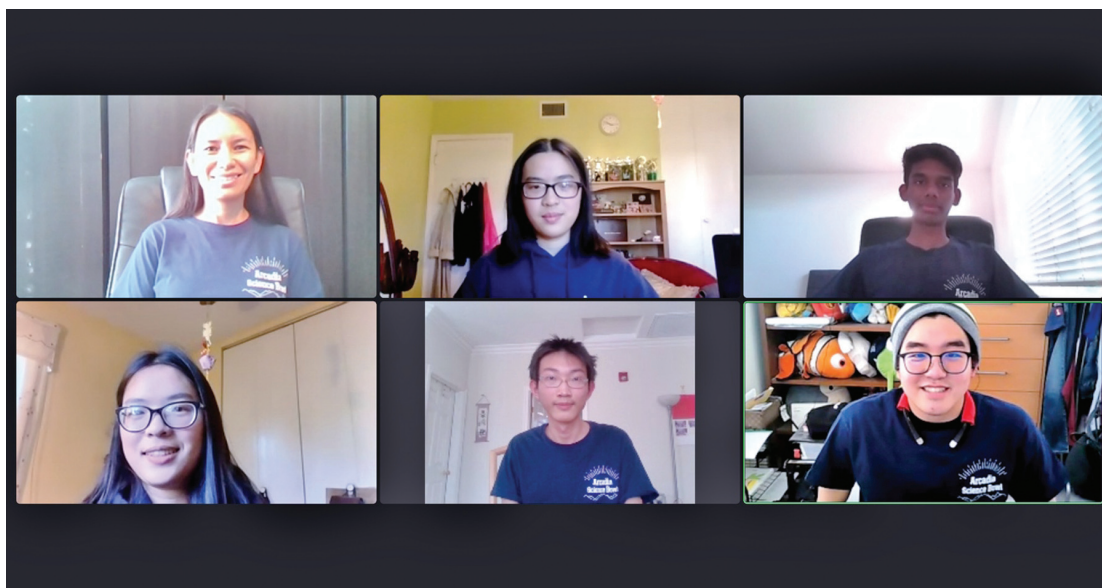
The team heads to the national championship after an intense virtual competition that also marked a milestone for the Lab.

ARCADIA - After months of training till midnight and hours of anxiety amid fast-paced competition, five Arcadia High School students took back their crown and are headed to the National Science Bowl in Washington, D.C.

The Arcadia team was victorious at the Jan. 22 regional competition, which marked the 30th year NASA's Jet Propulsion Laboratory in Southern California has hosted the tournament. The event brings together science- and math-minded high schoolers from across Los Angeles, Orange, Riverside, San Bernardino, and Santa Barbara counties. Arcadia last won the bowl in 2015; this year marked its eighth victory since the competition began.

The San Gabriel Valley school narrowly defeated Irvine's University High School, which came in second after winning for the past four years; another former winner, Troy High School in Fullerton, placed third. Twenty-two teams competed.

"It was pretty intense throughout," said Arcadia senior Sonia Zhang, who has competed in the bowl alongside her twin sister Selena since they were sophomores. "It was just a lot of hard



Arcadia High School's victorious Regional Science Bowl team after winning the JPL-hosted event on Jan. 22, 2022, clockwise from top left: coach Cherryl Mynster with students Sonia Zhang, Jeshwanth Mohan, Brian Lam, Xing Liu, and Selena Zhang.

questions. ... The pacing was really quick."

The team credits their victory in part to the "power of friendship," which regularly led to an extra hour of chatting after study sessions that ended at midnight. That closeness showed up on competition day.

"After every round, we were complimented about our teamwork," said Jeshwanth Mohan, also a senior.

Regional Science Bowl tournaments take place across the country in the lead-up to the Na-

tional Science Bowl, which is coordinated by the U.S. Department of Energy and includes an all-expenses-paid trip to Washington for participating teams. The first national competition took place in 1991; JPL has been hosting the regional annual event since 1993.

"It's like the Super Bowl of science," said Arcadia High coach Cherryl Mynster, who teaches advanced placement chemistry.

Since the beginning, Kim Lievense, who manages the Lab's Public Services Office in the Communications and Education Directorate, has been at the helm for JPL. She coordinates some 35 volunteers, largely from JPL and Caltech, which manages JPL for NASA, to run the tournament. "I love this competition. I love

interacting with the students, and I love interacting with the volunteers," Lievense said. "It's just fun."

The questions have gotten harder over the years, she said.

The students are quizzed at a first-year college level in biology, chemistry, Earth and space science, energy, math, and physics in a fast-paced verbal format. Teams have just seven seconds to answer questions like this sample from the chemistry category:

Dr. Ecniecs, who loves riddles, gave the following riddle about the periodic table: Element A is left-right adjacent to element B. Element A never shares what it holds. Element B is always taking from other elements. Both elements are a clear gas. Both elements are

nonmetals. Combined, they have a mass less than that of gallium. What are the identities of elements A and B?

The answer: neon and fluorine.

Students, who competed from home, had two cameras on them: one showing their faces and another monitoring their workspace in an effort to ensure they're not cheating. Each team joined with three volunteers in a private virtual Zoom "room" for individual rounds of the event, and - unlike the in-person tournament - never went head-to-head with other teams.

Competing remotely increased the pressure, members of the Arcadia High team said.

"In this format, you're under more pressure to know the information well because you can't rely on the other team to screw up," Sonia Zhang said.

And you don't have the fun of interrupting, her sister Selena said.

It's not quite the same when the events are online only, Lievense agreed, but it's still a unique challenge for the students. Next year, she hopes, the competition will be held in person.

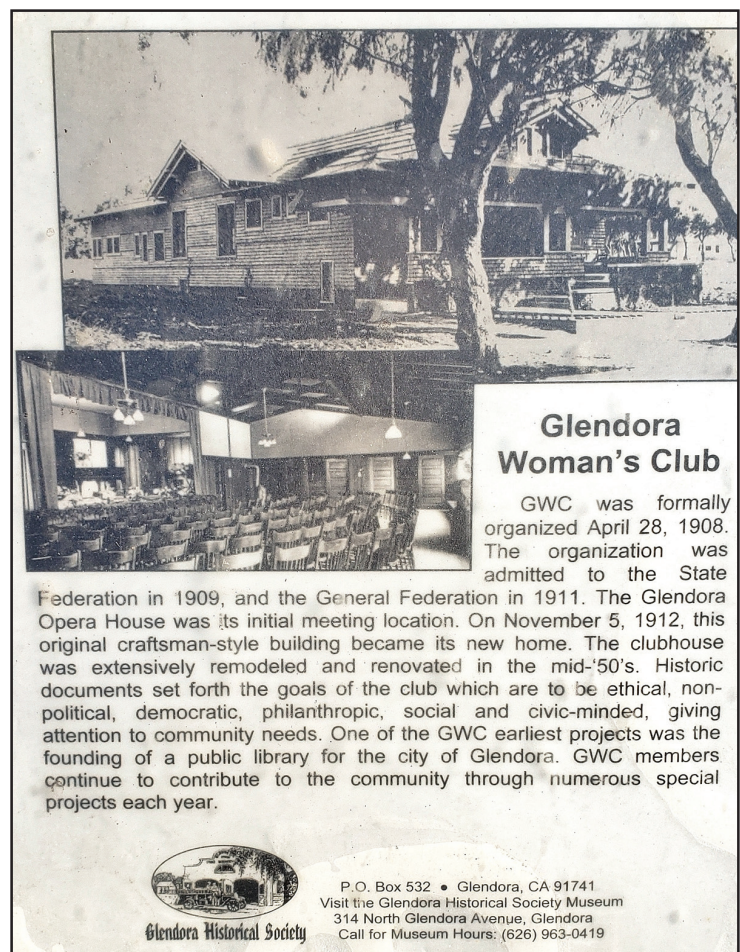
The Arcadia High team will face dozens of teams from other high schools at the national championship competition, which may also end up being virtual and is currently slated to begin in late April. Before that, there is plenty of time for more studying and late-night chatting. (Credit: NASA/JPL-Caltech)

Glendora Women's Club Historic Building Gets New Roof and Renovations

By Marsha Edwards Mason

GLENDORA - The Glendora Women's Club has a proud history. The clubhouse was originally built in 1912 and extensively renovated in the mid-50's. There is an historic plaque at 464 N. Glendora Avenue, Glendora, the club's location. The building is old and new renovations are needed. With the recent rains and heavy winds, the building needs a new roof and ceiling. Many other improvements are in the plans and the GWC members are doing their best to meet the task at hand.

Later this year the Glendora Women's Club will be having an Open House to show off this part of Glendora's history. They have an open invitation extended to the community to come to their Open House and witness their renovations and improvements. They will publish the date of the Open House later this year when the improvements are finished. It is an ongoing endeavor the members are earnest to complete. Please join them when they announce the date for their Open



House. Donations are welcome. Contact the Women's Club at 626 622-6111. Contribute to a piece of Glendora's historic building.

Glendora Village Wine & Shopping Makes Formidable Tandem

GLENDORA - On Wednesday, January 26th, CocoVino, the new wine and chocolate shop in the village, teamed with up Fiorina Boutique to orchestrate a collaborated master class on how to shop for the latest vines from Jeans to Chardonnays; meanwhile, sampling an arrangement of dark chocolate, bubbly crémant from Burgundy, proseccos from Vera Wang (Yes, I said Vera Wang), single vineyard chardonnay and Pinot Noir, ending with a helix shaped crystal decanter pouring deep ruby Napa Valley Cabernet Sauvignon from Rutherford by Sommelier and Founder of CocoVino, Jaunenito Pavon.

With the aroma of gentle candle-scented patchouli, intricately placed shimmering retail accessories and jewelry, guests were instantly greeted and welcomed by a procession of smart and beautiful associates guiding shoppers to a vivid ensemble of denim, racks wools, and a glass with a golden cascade of sparkling wine to boot. Scores of excited and curious gathered to toast the occasion, ask questions about wine and celebrate the seamlessness and harmony of, not just clothes and wine, but that of the Village working together to sustain the longevity and vitality of our beautiful city.

Nikki Bloomberg, celebrating her 17th year in the Glendora Village, was the ultimate host, assisting with personal fittings, introductions, and creating a relaxing mood. With multiple locations in Glendora and San Clemente, Fiorina Boutique has



Jaunenito Pavon, Nikki Bloomberg and Kurtis Wells

been the pillar of fashion for women's clothes in the 91741. A quintessential example of a successful business executive, Nikki Bloombe, along with CocoVino and others Village retailers, are forging alliances and helping to underscore Glendora Village as a destination.

After being displaced by Covid-19 for the better half of two years, the Fiorina and CocoVino experience seemed befitting of a small gathering of people who, like all of us, enjoyed the an intimate setting of communalism and human interaction not to mention Tony Bennett beguiling our ears, sipping wine, trying on new and amazing threads while meeting new friends and seeing old friends.

As we navigate through 2022

with the hope of normalcy, peace, health, and prosperity, the prospect of Glendora Businesses supporting each other makes these ideals more purposeful and familial. Look for this event to take place every other month at Fiorina Boutique with CocoVino from 6-8PM.

- Wines poured:
 - Vera Wang NV Prosecco, Italy \$25
 - Patriarche NV Crémant, Burgundy \$20
 - Windstream 2019 Chardonnay Sarmiento Vineyard, Santa Lucia Highlands California \$22
 - Windstream 2019 Pinot Noir Sarmiento Vineyard, Santa Lucia Highlands California \$30
 - Santo Stephano 2018 Rutherford Cabernet Sauvignon, Napa Valley \$28

LOS ANGELES SUPER HERO EXPO
5K RUN/WALK HEALTH & SAFETY EXPO

SATURDAY, APRIL 2, 2022
BONELLI REGIONAL PARK
120 E VIA VERDE DR, SAN DIMAS, CA 91773

7:00 am - 11:00 am Health & Safety Expo
7:00 am - Registration
8:15 am - Warm Up
8:30 am - Special Guest Presentations
8:45 am - Survivors Dove Release
9:00 am - Run/Walk

WWW.SUPERHERORUNWALK.ORG | INFO@SUPERHERORUNWALK.ORG | 844.853-HOPE

Foothill Unity Center Appoints Ms. Keesha Bowen And Dr. Ryan Smith, Ed.D To Their 2022 Board Of Director Roster.



Ms. Keesha Bowen

MONROVIA - Foothill Unity Center is proud to announce that effective December 1, 2021 Ms. Keesha Bowen and Dr. Ryan Smith, Ed.D have been added to their Board of Directors. They fill positions formerly held by Tomas R. Lopez and Dr. Kathryn Thorossian.

Ms. Bowen was born and raised in the Duarte-Monrovia area, and owns Simply Divine Salon, Barbershop and Apprenticeship Training Center. Her multicultural businesses are located in Monrovia, Pasadena and Oxnard. Having worked in the beauty industry for over 25 years, Ms. Bowen opened her own salon in 1993. Keshia works with the California Board of Barbering and Cosmetology to assist apprentice students to get licensed, as well as to provide advanced education in micro-blading, skin care and haircutting. She has a desire to not only educate but to also mentor, coach and guide others to be successful in the beauty industry.

Ms. Bowen is able to give back to persons in her community who are in need. Annually, she along with students and students from the Cosmetology Department at Citrus Community College provide volunteer services for Foothill Unity Center's Back to School event. Ms. Bowen also volunteers at the Fred Jordan Mission's Mother's Day Makeover

Dr. Ryan Smith is the current Superintendent of Schools for the Monrovia Unified School District. He earned his doctorate in Educational Leadership from the University of Southern California. He also holds a master's degree in Curriculum and Instruction and Educational Leadership from Chapman University and a bachelor's degree in Mathematics from California State University, San Marcos.

Dr. Smith comes to Monrovia Unified after five years in the Paramount Unified School District,

Dr. Ryan Smith, Ed.D

where he served as Assistant Superintendent of Secondary Educational Services and led the entire Educational Services division. During his time in Paramount, he oversaw a variety of key initiatives, including the development and implementation of the district's first strategic plan, the expansion of instructional technology to include a 1-1 Chromebook program for all district students, and the creation of the district's first new high school, Odyssey STEM Academy.

Foothill Unity Center was founded in 1980 as an emergency food pantry operating out of a church closet in Monrovia, to assist the low-income, disadvantaged and underserved. In the 1990's, having outgrown the church closet, the organization moved to another site in Monrovia in order to expand our service area to nearby cities. In 2004, a second site in Pasadena was opened. In 2018, Foothill Unity Center, culminating a two-year capital fundraising campaign, moved into a significantly larger facility at 790 W. Chestnut in Monrovia.

The organization's target population is the Foothills portion of SPA 3, which includes Altadena, Arcadia, Azusa, Baldwin Park, Bradbury, Duarte, Irwindale, Monrovia, Pasadena, Sierra Madre, South Pasadena and Temple City. In 2020, the organization served 15,650 unduplicated individuals with 288,023 services with our core programs (Food, Housing and Homeless, Health, Job Development and Crisis Case Management).

Foothill Unity Center looks forward to working with Ms. Bowen and Dr. Smith as new members of their Board of Directors. Their experience and commitment to help others bring added value that will benefit the families we serve.

Citrus College

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ENROLL NOW

citruscollege.edu

EmanateHealth

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When it Comes to Stroke, Every Second Counts.

Stroke patients who receive treatment quickly achieve better outcomes and faster recovery. Queen of the Valley Hospital is now a designated Comprehensive Stroke Center, where our medical experts treat even the most complex stroke cases. Learn more about our state-of-the-art technology and award-winning stroke care team here: emanatehealth.org/stroke

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CERTIFIED Primary Plus Stroke Center

LOS ANGELES COUNTY COMPREHENSIVE STROKE CENTER

2021 GET WITH THE GUIDELINES GOLD PLUS

The COVID Narrative and the Numbers



Karin Schott

was no tracking that this was one positive COVID case, rather the COVID count was increased by four thus continuing to drive up the hysteria.

Later we learned that the Center of Disease Control and Prevention (CDC) was not making any distinction between people who are in the hospital with COVID and people who are in the hospital because of COVID. This lack of distinction was finally confirmed by Dr. Rochelle Walensky, Director for the CDC in early January 2022. If you came into the hospital with a broken arm, received a mandatory COVID test from the hospital, it came back positive, you would be placed in a COVID ward and counted as a COVID patient in the hospital. Why you may ask. The federal government in March of 2020 created the Coronavirus Aid, Relieve and Economic Security Act, known as the CARES Act. This may have been well intended but it has had disastrous consequences for many. Hospitals that take money from the Federal Government, such as Medicare and Medi-Cal, and treat COVID get these financial benefits if the hospitals follow the government's rules, which of course they do, otherwise no money.

Hospitals make extra money for each positive COVID test. Hospitals make extra money for every COVID hospital admission. Even if you are in the hospital for something else, if you

are a COVID admitted, the hospitals get extra money. Hospitals get around \$13,000 for administering the dangerous drug Remdesivir. Hospitals get an extra \$39,000 for intubating you, even though modern practice is that intubation should rarely be used. If you are a COVID death, hospitals can tack on an extra 20% to the total bill. So there is lots of incentive for the hospitals to do things that are not in the best interest of the patient. It would not be unusual for a death to have over \$100,000 in hospital COVID charges. The government incentivized hospitals to do these "extra" things in order to get more money. Hospitals these days are corporations and the bottom line, profit, is determined by the administrators running the hospitals.

There has been an estimate of thousands and thousands of patients in the nation that have had needless COVID deaths due to lack of proper care in the hospitals. Wrong medications, lack of nourishment, lack of hydration, incorrect care and held against their will while in Intensive Care Units. Many hospitals have taken away the patient's Bill of Rights, including Medical Power of Attorney, because they feel they know what is better for the patient and are following National Institutes of Health (NIH) guidelines.

Be prepared, <https://www.truthforhealth.org/wp-content/uploads/2021/10/FACT-SHEET-STEPS-BEFORE-HOSPITALIZATION.pdf>

Karin Schott is a long-time Glendora resident, having lived in the city since 1989. Currently retired, having spent 34 years as a software engineer. She spends her time with gardening clubs, dancing classes, yoga classes and volunteering for Glendora causes. She defines herself as a "truth-seeker".

Testing My Patience



Farrah Hassen

A few weeks ago, my husband was in close contact with someone who got sick from Covid-19 shortly afterward. Like many others during the latest Omicron surge, we found ourselves needing to get tested. We had not experienced any symptoms but wanted to be certain. Although nearly two years into the pandemic, we soon discovered firsthand that getting tested for Covid still remains a difficult and uncertain ordeal.

The recent shortage of at-home test kits has been widely reported on and could have been easily avoided with some proper planning for the predictable winter surge of Covid cases. Pharmacies and other places quickly ran out. We had ordered several online, but they did not arrive in time.

In January, the Biden administration purchased one billion at-home test kits and launched COVIDTests.gov to distribute up to four free kits per residential address. Although a welcome measure, it falls short of the testing needs of larger families and most Americans will still need to front the costs of subsequent test kits. It also ignores the over 20,000 free testing sites across the nation and whether we can always rely on them to give accurate results in a timely manner and protect our personal data.

Lacking at-home tests, we opted for a free drive-through testing site at a nearby high school. This one seemed well-organized when we arrived. As we waited in the car for our turn, we were asked to scan a QR code and complete the linked form. I wondered at the time whether QR codes are a standard requirement at most testing sites.

After uploading photos of our insurance cards and IDs, one of the workers came to our car to administer the tests. "We'll call you later today with your results," she assured us. Later that evening,

my husband received a call. "Negative!" he exhaled. That was a relief.

But my test result never arrived. After three days without an answer, I embarked on a maddening search for ways to contact the supervising doctor affiliated with the testing center since no contact information had been provided. An email response several days later from the testing company stated that they were unable to find anyone in their system matching my information. Excuse me? The testing company advised me to return to the testing center for help, yet that pop-up testing site has not been open since.

Thankfully, our at-home test kits arrived shortly afterward and my results came back negative as well. But I'm still waiting for an answer from that testing company. The experience not only tested my patience, but made me question how these testing sites are managed and how they are held accountable, especially when our personal and health information are involved.

It turns out that my testing site experience was not so unique. NBC News reported on January 14 that the Illinois-based Center for Covid Control, which operates more than 300 pop-up Covid-19 testing sites across the country, is currently under investigation in multiple states after receiving several consumer com-

plaints. The concerns range from late test results to no tests being conducted.

In other instances, according to the January 18 Kaiser Health News, workers at a sidewalk testing center in Philadelphia falsely claimed to be working for the Federal Emergency Management Agency. The emergence of reportedly fraudulent testing sites throughout the U.S. puts customers at risk of identity fraud, inaccurate or missing test results, and possibly financial losses if they are charged. Attesting to the size of the problem, the Federal Trade Commission has received over 650,000 reports of fraud, identity theft and other scams related to Covid.

It's not always easy for the general public to determine which testing sites are legitimate or not. One way to check is to review state and local lists of the testing operators that they work with or fund (like Covid19.lacounty.gov/testing). But sometimes, noted Dr. Eve Bloomgarden in Illinois, legitimate testing operators are not always included in these official databases.

Many if not most testing sites are run without major issues, but they all should be held to minimum standards in order to ensure quality and reliability. Without oversight of the process, the entire basis for testing falls apart. Legislation could help counter the proliferation of unlicensed and scam testing centers. Federal, state, and local public health officials need to act now to streamline efforts in advance of new potential variants and surges.

Amidst a sea of Covid misinformation, testing sites should at least be dependable.

Farrah Hassen, J.D., is a writer, policy analyst, and adjunct professor in the Department of Political Science at Cal Poly Pomona

MY TURN: Why Do We Vote For These People?



Charles Lopresto

public and then denies citizens employment, or other life saving treatments if they chose not to take those vaccines, or denies the medical personnel from using other alternative treatments with those citizens, didn't we used to call that "a violation of the Constitution" or "a violation of medical ethics?"

If your party refuses to secure the border, or overturns policies that secure the border, and then allows illegal and uncontrolled entry by non-citizens in violation of our country's sovereignty didn't we used to call that "an invasion?"

If your party incarcerates people as political prisoners with no formal charges or due process, didn't we used to call that fascism or "a police state?"

If your party makes citizen tax

payers fund special interest groups who then turn around and support that party, as groups like Planned Parenthood or the Teacher's Unions have done, didn't we used to call that "a conflict of interest."

If your party has major organizations in the fourth estate, the media, big tech and communications who openly support your party and reports the news in a one-sided preference to your party, didn't we used to call that "state press" or even worse, "Pravda?"

Why are so many things being done that stink to high heaven from their illegality and no one does anything about it? Oh, that party may justify it by saying "we have to break the rules in order to save the rules." But are they saving anything or just knocking down our society one support column at a time? No, there are a lot of things that the Democrat party gets away with and we keep voting for them. Some of us do it out of laziness to the issues. Some who are life long Democrats will vote Democrat no matter how bad it gets. For them voting for anyone that is not Democrat is more difficult than changing the stripes on a tiger.

Are These People Insane? New Corvette for \$3.6 Million



George Ogden

That's just the way it is!

The first Chevrolet Corvette "Z06" model year 2023 was sold at the Barrett-Jackson auction in Arizona. As it turned out, the car sold for \$3.6 million USD or \$4.59 million CAD at the current exchange rate, during the Barrett-Jackson Scottsdale auction this past week. Same looking car that I have, just a little more "haul ass" built into it.

Some of you may recall, I bought a 2022 C8.R Corvette just recently. It is 1 of 1,000 that was made and sold. They come in just two colors... #3 Design Accelerate Yellow or #4 Design Hypersonic Gray. Yellow one has the gray stripe down the middle and the gray one has the yellow stripe down the middle.

This much we already knew, but the 0-30 mph time is listed at a blisteringly quick 1.1 seconds, and the 0-100 mph time is 7.6 seconds. In the quarter-mile, the standard C8 was clocked with a time of 11.3 seconds at 121 mph and a top speed of over 200 MPH.

Okay, so with all that new information for you, you can

assume the breakdown. The C8.R (not the C8), they have the gray which has the hardtop convertible and the coupe. The yellow one has also the hardtop convertible and the coupe. I am assuming that with the C8.R with only 1,000 of them made, guessing the breakdown is 250 of each design.

I ordered 3 Corvettes and they never showed up. The dealer had my money and I had to go shopping elsewhere and ended up with the one on the showroom floor in Glendale,

the Accelerate Yellow. This is not what I wanted, especially for the price I had to pay for it. Well, as it is, I had to learn to love it. Well, it didn't take long. I already had an offer for the car from a guy in Florida. I only gave it a thought as it was \$160,000 and would put me in a break-even deal, but I would have the cash to buy the Arctic White regular C8 and not the C8.R. Well he didn't qualify for his loan.

Now I see these same C8.Rs going for \$200,000 as they are listed, but not sure if they sold or not.

You can get just the C8 for \$30,000 over sticker price here on the West Coast. There are no C8.Rs available at any of the dealerships anymore as far as I know.

I know I am a little crazy for getting one, but that is what I wanted.

"That's Just the Way It Is!"

IF YOU SEE SOMETHING, SAY SOMETHING.

REPORT SUSPICIOUS ACTIVITY TO THE POLICE

Residential households in the U.S. can order their FREE At-Home COVID-19 Tests

* Limit 4 tests per household

covid19.ca.gov

HOUSE OF FOOD AND PRAYER FOOD BANK

Fighting Hunger by Feeding the Hungry
Stephen Casey and Eileen Casey set up and operate the House of Food and Prayer Food Bank.
Located at the: Vineyard Monrovia Church on 223 S. Encinitas Ave. Monrovia Ca. 91016
Day and Time: Every Friday from 3:00 pm until 5:00 pm.
 We are helping our local communities to fight hunger through local churches and other events to distribute food to the people who are outside living on the street.
 The Food Bank provides a variety of Produce, Vegetables, Meats, Dairy Products, Juices, Water, Sports Drinks, Sodas, Teas, Cereal, Chips, Crackers, Bread, Pastries and Bakery goods, Canned goods, Asian Food Items occasionally random items, Masks and Hand Sanitizers and much more.
If you need prayer for anything we also have people that will pray for you.

Blessings

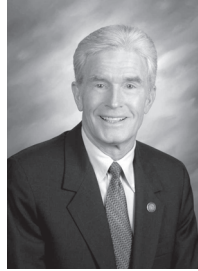
The USA's Continued Struggles

This past week was a disaster, recently the norm for both the President and Vice President. As markets struggled what else could go wrong did go wrong. The 10-year Treasury rate rose to 1.87%, inflation is at a 40-year high and crude oil is at a 7-year high. Partially due to the Keystone Pipeline closure we have gone from being oil and gas independent to dependent. Thousands of un-vaxxed illegals are roaming across the USA, and there is a growing sense that Washington has lost control, with no leadership at the top. The President's statements are so confusing that his staff restates what he really meant to say. Most Americans are concerned about grocery store and gas station prices as well as the direction of this country. Recent press conferences included unwarranted sarcasm and insults, calling one reporter "a stupid SOB". Even though much of the economy remains in fairly good shape, President Biden and his VP are very unpopular.

Stocks capped their worst week in nearly two years with another round of choppy trading on Friday (the 21st), sending the S&P 500 tumbling below its 200-day moving average, a level of support that had held up since May 2020. Both the S&P and Dow closed out their third straight week of losses, down 5.7% and 4.6% respectively, while the Nasdaq Composite plunged 2.7% Friday and 7.6% for the week, its worst weekly decline since March 2020. Major losses in growth stocks have pushed the Nasdaq further into correction territory, down more than 14% since its November high. Rising interest rates pressure stocks by making any lofty

In A Nutshell

What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

valuations look less attractive.

We have just passed the 2-year anniversary of China's COVID pandemic, but many things could not be worse. Fortunately, Americans try to remain optimistic. Everyone who wants a job now can get one, and wages have risen at the fastest pace in the past 20 years. The unemployment rate has fallen as the U.S. workforce shrinks and many workers have decided to retire (or live off welfare), while many working mothers still need to stay home where schools will not stay open.

Stock market investment themes come and go, but in the end, you simply cannot ignore fundamentals. We are now in the midst of a renaissance era for powerful growth stocks, which are increasingly emerging as market leaders by announcing better quarterly results than the overall market. The current inflationary environment is causing a major stock market rotation into quality stocks characterized by strong sales and earnings momentum.

Much of the market's daily performance is tied to the current narrative - be it bullish, bearish, or a mixture of both, depending on the dominant tone of headlines that move markets and influence investor sentiment. This past week showed just how much the current investor mindset is

focused on inflation and rising bond yields. It's amazing how much a 40-basis point rise in the 10-year Treasury apparently spooked stocks.

The question now is whether the bond market has adjusted enough to take a wait-and-see approach to further economic and earnings data. The one-year technical chart of the 10-year Treasury suggests that a short-term top of 1.80% in the 10-year bond yield will define the near-term. If not, then a move to 2.0% (by the 10-year) is almost assured.

By late 2022 the stock market will become increasingly distracted by the mid-term elections, after which the leadership in Congress is expected to change. If the Biden Administration would cooperate with the new Congress, like Bill Clinton did, that could save Joe Biden's legacy. But Wall Street usually loves gridlock. The political environment could become much more favorable for growth stocks.

Investors need to be in tune with "what the market wants to own now," and rebalance their portfolios accordingly. Inflation will remain elevated for some time longer than originally anticipated, and interest rates are reflecting not just higher inflation but expectations of eventually stronger GDP growth. Identifying sectors of the market seeing high-volume accumulation, acquiring those stocks and ETFs on pullbacks, should be beneficial. We believe there is always a bull market somewhere.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments :
kenherman46@hotmail.com

Your Money - Ask Julia

Do I have to pay income taxes on the unemployment benefits I received in 2021?

The IRS does tax unemployment benefits, including the extra \$300-\$600. Check to see if income taxes were already withheld. The State of California does not tax unemployment benefits. You might be asked to prove that you were employed (or planned to be employed) prior to claiming those benefits. If you cannot prove this, they will probably require repayment.

My landlord just served me with a 30-day notice that he's raising my rent. Can he do that?

Check with your local city and county rules as they might differ from the California state law. The State moratorium on rent increases ended, allowing landlords to raise rent starting in February 2022. Be aware of your Tenant's Rights. Although a landlord no longer needs to give a reason for evicting a tenant, there are legal methods of serving notice and specific rules when it's necessary to give a 30-day, 60-day, or 90-day notice. There are also specific rules as to whether or not a landlord must pay or credit a tenant one-month's rent in order to ease relocation costs. Check with a legal professional, and/or with a local Realtor.

We are going to have to pay taxes on our Social Security income because we earned too much interest and dividends on our investments. Is there a way to avoid this?

You could legally minimize your reportable earned-income, (thereby distancing yourself



Julia Yoder

from the Social Security income threshold), by moving your investment dollars to a tax-deferred product. Using a tax-deferred product, the compound interest helps your investment balance grow faster. There are even tax-deferred products that offer a bonus on money you move there. Perhaps that bonus would be a way for you to recoup some of the taxes you have to pay this year.

I'm the only employee in my own business. Is there a retirement plan for me?

What you might want to look at is a one-person defined benefit plan. There are pro's and con's to this type of plan. It allows the individual to build a retirement account fast, and can be a tax deduction for the business. However, it is expensive to make any changes in the plan. This is a problem if there is a lack of funds due to a down year in business. Instead, you might consider buying a life insurance policy with living benefits. The cash account of this type of life insurance can be used by you for anything, and does not have the government RMD (required minimum distri-

bution) rule that hits at age 72.

My wife has told me that she will take care of me when I get old rather than sending me to a nursing home. But, I'm thinking, what happens if she dies before me?

Or, what if she needs care first, or is unable to care for you? Talk to her about these concerns. It's a good idea to do some planning, just in case. Call around and find out the costs for Assisted Living and Nursing Homes. Learn the rules for Medicare, specifically with regard to assets. (Look for the "5-year-lookback Rule.") Also, get quotes on long-term-care insurance.

When we got married, my wife moved into my home. How do we add her to the Title?

The wording of the way you hold Title on a property is very important. Contact any Title company for clarification of which way might be best for you and your wife to hold Title on your property. To add a person onto the Title (Deed), you can contact an Escrow company or attorney to get that done.

Ask Julia by email:
juliyoder@yahoo.com

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Public Health Strategies Can Reduce Recent Spike of Outbreaks in Worksites

LOS ANGELES COUNTY - As a result of the winter Omicron surge, outbreaks in LA County have skyrocketed across a wide variety of settings from worksites, to congregate and group living facilities, to persons experiencing homelessness.

Out of the more than 1,200 total active outbreaks reported within LA County through January 27, worksites represented 28% with 336 active outbreaks, the most of any setting. Persons experiencing homelessness had the next highest with 289 active outbreaks (24%), followed by 268 active outbreaks (22%) within skilled nursing facilities, 237 active outbreaks (20%) within congregate and group housing, 45 active outbreaks (3.7%) within school settings, and 28 active outbreaks (2.3%) within other sectors.

Since the start of the pandemic, there have been more than 8,990 total active outbreaks across all sectors, with worksites again having the highest share with 2,816 total outbreaks (31%), followed by congregate

living and group housing with 2,176 total outbreaks (24%), skilled nursing facilities with 1,553 (17%), persons experiencing homelessness with 1,490 (17%), schools with 573 (6%), and other sectors with 385 (4%) total outbreaks.

To help mitigate the number of outbreaks in workplace sites, Public Health modified its Health Officer Order to include additional safety measures to reduce the risk of transmission. Employers are now required to provide their employees who work indoors in close contact with others with well-fitting medical masks, surgical masks, or higher-level respirators, such as N95 or KN95 masks.

Additionally, worker sites are required to implement measures that will protect workers and limit any further spread of disease at the site. Employers are required to report any cluster of worksite COVID-19 cases. A cluster is when three (3) or more laboratory-confirmed cases of COVID-19 are known or reported at the worksite within a 14-day

period. Reports to Public Health should be made as soon as possible and no later than 48 hours. Worksites can report a cluster to DPH online or by phone: 1-888-397-3993.

During an outbreak, employers are also required to identify and notify all close contacts, make available - at no cost - at least weekly or twice weekly testing to all employees within an exposed group, implement ventilation changes where appropriate, offer respirators to all employees, distance workers from each other by 6 feet where feasible, and provide exclusion pay to those with a COVID-19 workplace exposure.

Workers who are concerned about possible COVID-19 or other workplace safety concerns or that an employer may not be following the County Health Officer Order or other requirement have several options for filing a complaint. To file a complaint, which can be submitted anonymously, workers can call our Environmental Health Customer Call Center at (888) 700-9995.

Car Talk by THE CAR DOC

What You "AUTO" Know

By Gene Morrill - Certified Automotive Specialists

Finding An Auto Repair Shop You Can Trust

AAA did a survey and found that two out of three U.S.A. drivers do not trust automotive repair shops! Why?

The top reasons that U.S. drivers do not trust repair shops are:

- Recommending unnecessary services (76 percent)
- Overcharging for services (73 percent)
- Negative past experiences (63 percent)
- Concerns that the work will not be done correctly (49 percent)

The survey also noted that older drivers trust auto repair shops' more. Why?

- Baby Boomers are twice as likely than younger generations to fully trust auto repair facilities in general, with one-in-five reporting they "totally trust" the industry.

• Baby Boomers (76 percent) are also more likely to have a chosen auto repair shop that they trust compared to Millennials (55 percent) and Gen-Xers (56 percent).

What does this survey tell us?

- It takes time to find a great repair shop... many times through trial and error.
- Due to this, older, more established adults have found a shop they trust and they stick with them.
- Driver's happy with their repair shop aren't "repair shop hopping" based on coupons, but stick with the shop they know will do a good job at a fair price each and every time.
- The 75 million drivers who haven't found a trusted repair facility need to ask for recommendations from those who have.

What does AAA recommend?

- Find a shop you trust before you are in breakdown mode.
- Start off your search by having a shop do small items first such as oil changes, tire rotations and filter replacements.

There are a lot of great shops out there. Today it has never been easier to find one you trust! Read reviews and ask friends, family and neighbors. It pays great div-

idends in the long run.

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The dedication of the **Joyce McClendon Dill** Memorial Tree

Citrus College Foundation

Citrus College Foundation

1000 West Foothill Blvd., Glendora, CA 91741

On behalf of Citrus College, the Citrus College Foundation and the Citrus Alumni and Friends Association

Please join us to celebrate the legacy and contributions of our dear friend and loved one, at the dedication of the

Joyce McClendon Dill Memorial Tree

Located in the Citrus College Foundation Legacy and Promise Courtyard.

Friday February 4th, 2022
2:00 p.m.

(this outdoor event is being held near the Haugh Performing Arts Center Box Office and health and safety protocols will be implemented)

Please RSVP to the foundation by email foundation@citruscollege.edu or by calling 626-914-8825

Around the Valley & Senior News

"TIME JOCKEY" - Ram Football

Our Time... The Los Angeles Rams Football Team has been a part of Southern California since 1946.



Joe Castillo

bound to play in a championship game. When the NFL and AFL announced their merger in 1966...

When they finally moved to Anaheim and then St. Louis, many Ram fans moved to support other teams...

years back and have opened a brand-new stadium, SoFi Stadium. The city has embraced them like never before...

The 2021-2022 Los Angeles Rams have something different this year, they have more talent than most teams...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 11 years...

Seen Or Heard Around Town And All Around

By Ed "Hondo" Torres

1. Some folks, maybe especially men, for various reasons sometimes hesitate to ask for help.

2. The gentleman eventually mumbled something like, "...a-a-a-h, a-a-ah, uhhhh ... n-n-no..."

3. Often "we" hear people say that what's important in life is for people to "live, laugh, love"

4. Some people say that, concerning gender, normality is a debatable point (!?)

Furthermore, some believe that there is "gender fluidity" in humans - that during life, a person can be a particular gender at one point...

6. Zeiteist, referring to, the "Spirit of the Age" - the spirit, which in a nutshell represents what was happening in a particular point in history...

7. A major source of extra conflict between political parties seems to be that once elected, many politicians become entrenched...

cadec-too-long, seem to have become enamored with power and hate losing it, so continue with their at times personal hatred of politicians...

8. Not in the same kind of political system, of course, but poor little Prince Charles in England (yes, England) has been waiting to become KING for 150 years...

9. The president of Ukraine, reportedly, recently told President Biden that he does not believe Russia is going to invade his country...

10. The need to protect the Ukrainian border with American men and women is debatable... And with the president of Ukraine's reported comments in mind...

Comments/suggestions: honnod1@yahoo.com

Covina-Valley Unified Elementary Schools Named to U.S. News & World Report's 'Best K-8 Schools'

COVINA - Seven Covina-Valley Unified elementary schools have been recognized among the top-performing public schools in California...

Mesa Elementary School and Barranca Elementary School ranked in the top 15 percent of elementary schools in the state...

U.S. News & World Report's inaugural K-8 rankings draw from U.S. Department of Education data on student proficiency and performance in mathematics and reading.

analyzed student assessment data from the 2018-19 school year and considered the results in the context of socioeconomic demographics.

Covina-Valley Unified prides itself on fostering a "small district culture," where teachers and administrators know students by name and offer personalized services to teachers and students.

"Congratulations to our elementary schools for being named among the best elementary schools in the state by U.S. News & World Report," Covina-

Valley Unified Superintendent Elizabeth Eminhizer said. "This designation wouldn't have been possible without the hard work and commitment of our students as well as our teachers, staff, parents, and community to support student success."

Nominations for Senior Citizen of the Year

ARCADIA - Nomination forms are available at the Arcadia Community Center, 365 Campus Drive and the Recreation Department office, 375 Campus Drive for the 2021 Senior Citizen of the Year!

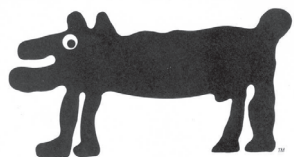
- 55+ years of age or older - A current resident of Arcadia for a minimum of one year - Contributed to better the Arcadia Community

- Not previously a recipient of the award

If so, please stop by to pick up a nomination form or log

onto the City's website at www.arcadiaca.gov and download the nomination criteria and form. Recipient of the award will be honored at the Arcadia Rotary Club Salute to Seniors Luncheon on Tuesday, May 10, 2022 at the Arcadia Community Center.

BART The BLOCKHOUND



Today navigate your vernacular with strength pride and temperance... let those who understand do so...

STATEPOINT CROSSWORD - THEME: VALENTINE'S DAY

- ACROSS: 1. Fantasy sports data, 6. Accounting acronym, 9. Stark daughter on "Game of Thrones", 13. Branch of economics, 14. All talk, no action type of service, 15. Relating to symmetry, in geometry, 16. Base-8 numeral system, 17. "___ the land of the free..."

CROSSWORD grid with numbers 1-74

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- 25. Uber alternative, 28. One on a pedestal, 30. Moderately wide, 35. Eye layer, 37. Twelfth month of Jewish year, 39. Cheese-covered chip, 40. Popped relief?, 41. "Love, ___" movie, 43. Splints site, 44. Muhammad's teachings, 46. Orchestra instrument, 47. Past of heave, 48. Avoids work, in British slang, 50. Give off, 52. Dose of sunshine, 53. Back seat, 55. Hair-raising product, 57. * ___ valentine, an opposite of love note

January 27, 2022 Puzzle Solution: LAND BOO DOS V I I I S I C K E J E C T I N N S P L E A M A L A Y T A M P A B A Y E G I S A A R O N G N U S A T Y R S S E D A T E D A D O R E D H O T R O L E D I T S Y O A F A S I D E L E A P E G G I E R L E D Y U L E L O G N O T E R S C A N S E A M Y R A I D L O M B A R D I P A P A L A B E L A I D S A N E L E M E R E N O E L S I X P R Y T R A Y

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Free to Thrive Transforms Lives

DUARTE - Jamie Beck of Free to Thrive has a critical message to share. Human Trafficking is happening all around us. Sex trafficking is the recruitment, harboring, transportation, provision, obtaining, patronizing, or soliciting of a person for the purposes of a commercial sex act, in which the commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such an act has not attained 18 years of age (22 USC § 7102).

Labor trafficking is the recruitment, harboring, transportation, provision, or obtaining of a person for labor or services, through the use of force, fraud, or coercion for the purposes of subjection to involuntary servitude, peonage, debt bondage, or slavery, (22 USC § 7102).

Too many times, victims are caught up in the legal system and then are unable to move forward with their lives. Over 50% of victims end up homeless. Many of the young victims have been in the Foster Care system. Free to Thrive is a 501(c)(3) nonprofit organization that empowers survivors of human trafficking to be free from exploitation and to thrive by providing them with holistic and trauma-informed,



Jamie Beck of Free to Thrive legal and support services in collaboration with service partners, and by increasing access to justice for all survivors.

The Duarte Kiwanis Club heard a very moving presentation from Jamie where she described the holistic approach her organization using to help victims. Free to Thrive is the only nonprofit law firm exclusively serving human trafficking survivors throughout Southern California. They deliver legal services through innovative community-

based legal clinics in partnership with other law firms and service provider partners across the United States. Free to Thrive has recently opened an office in Pomona to expand their reach into LA County.

If you are interested in joining the Duarte Kiwanis or presenting at a future meeting, please contact Tina Carey at tinac51@aol.com. The club is currently meeting virtually through Zoom.

Armed Gang Stealing Catalytic Converter

By George Ogden/WCPD

COVINA - A number of armed suspects committed Catalytic Converter theft on Sunday, January 23, around 3:40 AM. The theft occurred in the 16000 block of Ballentine Place, an unincorporated area of Covina. Video surveillance showed two separate cars were involved in the crime, each occupied by two suspects. The suspects were well organized performing a separate roll during the commission of the theft.

One suspect was directed to cover the front door of the victim's residence as the others stole the Catalytic Converter from the victim's vehicle. The suspect covering the front door appeared to be armed, holding a firearm partially concealed in their front sweatshirt pocket.

If you have any information regarding the suspects in this case, please contact Det. Sandoval at San Dimas Sheriff's Station (909-450-2700).

If you witness a theft occurring, remember... do not take independent action, remain a good witness and call 9-1-1.

If you are the victim of a similar crime, call your local law enforcement agency to report the incident.



The two vehicles used and the 4 armed suspects. One guarded the front door.

Man Arrested for DUI After Getting His Truck Stuck on Embankment

By George Ogden/WCPD

WEST COVINA - On Monday, January 24, around 4:25 AM, officers were patrolling the 2900 block of South Garvey Ave., when they noticed a cloud of smoke lingering in an area. It smelled like burnt rubber. When they went to investigate, they discovered a truck in a private parking lot that had been partially driven over an embankment. The driver was attempting to reverse the vehicle to get it out causing the rubber to burn off the rear tires.

The officers made contact with the driver and immediately noticed he was impaired. Officers conducted a field sobriety test (FST) and confirmed the driver was under the influence of alcohol. The driver was arrested.

It appears that the unidentified driver entered the private property of a business at 2934 East Garvey South to test his driving skills.

The business building is elevated and there is parking at

street level under the building. It appears that the driver may have been spinning donuts with his truck in that parking area and then lost control, exited the parking lot area and jumped the curb and flattening some bushes. The truck became stuck and he tried to back his truck back over the curb, but it wasn't going anywhere. That's about the time the officers showed up and made their evaluation and tested the individual. He did poorly with the field test and was over the .08 limit. He was arrested and taken into custody for DUI.



Glendora Women's Club Holiday Gifts to WINGS

GLENDORA - Being charitable thrives at the Glendora Women's Club with their 2021-2022 theme "We are Stronger Together." This December the Club donated gifts to WINGS (Women in Need Growing Strong). WINGS is a shelter for the current 27 children ages 2 months to 15 years old for Christmas.

Gifts donated were pajamas and socks for each child and numerous needed and fun items. In addition, Pat Overstreet's group at St. Dorothy Catholic Church were able to donate sixteen homemade quilts for the smaller children. Vons donated a beautiful Christmas Cake.

Thanks to all who donated and participated in wrapping and filling stockings and gift bags. They



Participants pictured are (L-R) Marguerite Bronkala, visiting from Illinois and sister of our President Chris Ohrmund, Hellen Speer, Connie Halbert, Carolyn Cunningham, Nancy Fry, Rose Myers, Chairman, & Chris Ohrmund. Not pictured are Sue Falls and Judy Gillham.

look forward to their next donation opportunity to WINGS at Easter 2022.

If you would like to join the Glendora Women's Club, please feel free to contact their President Chris Ohrmund at ohrmu@aol.com / 909-598-

0554 or Vice President of Membership Becky Rice at curtbecky@msm.com / 626-335-3946.



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