



# San Gabriel Valley Examiner

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# Duarte High School Students Produce Authentic Cancer Research At City Of Hope

**DUARTE** - A dozen students from Duarte High spent much of their summer participating in a research project at City of Hope that helped produce authentic results for the scientists working to gain a better understanding of cancer.

The students were part of a City of Hope program for the Science Education Partnership Award Collaborative (SEPA) which completed the fifth and final year of its cycle, with impressive results for the students.

"High school students from Duarte got experience working in the lab under the direction of research scientists," said Marisa Bowers, program coordinator for SEPA in the cancer biology department of City of Hope. "These are highly motivated students who got a chance to do research work not normally introduced to students until college. They were participating in authentic research."

The program began in the summer of 2012 and has now covered five sessions, with 12 to 24 students working alongside the research scientists each year on a project based on DNA repair mechanisms and how cells can repair mistakes, explained Bowers.



Duarte High School summer research students and DHS Biology teacher, Jeff Radsick, presented with certificates of completion for the SEPA program from the City of Hope and Duarte Unified School District at a ceremony held on August 11, 2016. (Photos courtesy of the Duarte Unified School District.)

The students from Duarte were under the direction of biology teacher Jeff Radsick, and were committed to work two days a week for three hours a session for the eight-week program. At the end of the program, the students presented their findings in a group culmination and shared their efforts with faculty, families, DUSD and COH administrators in a culmination program on August 11, 2016.

"We take high school students who come in with a certain skill set and give them an opportunity to leave with a higher set of skills, and hopefully motivate them to pursue science or other related careers," said Radsick.

The 12 students from Duarte who attended this summer are all juniors and seniors. They are: Sarah Bouza, Ashley Castaneda, Bianca Delgadillo, Marianna Delgado, Danica Espinosa, Eli

Faliti, Tiffany Hui, Sabrina Juarez, Leslyn Kiara, Lindsay Lathrop, Lisette Leon, and Palak Malak.

The SEPA Summer Research Program is taught by City of Hope staff scientist Glenn Manthey and Radsick, and each of the students worked in various labs with additional scientists on the City of Hope campus.

The project, which began with the summer of 2012 group, and has continued each summer, involves experiments with yeast and DNA as they relate to a cancer tumor and the DNA's ability to repair. "This research is essential to the understanding of cancer," said Radsick. "We looked at various mutants and sequencing strains. The students helped produce data that will be of value to the professional research staff."

Bowers explained the origination of the research project.

"Glenn Manthey runs a lab that uses yeast in breast cancer research," she said. "Yeast grows fast, and is a common model organism for studying basic biology. How the proteins react to one another with the DNA repair

mechanism is what we are studying."

And the scientists and teachers were learning along with the students.

Radsick said the difference between the City of Hope summer program and his work with students on the Duarte High campus produced "a huge learning experience for me. I'm used to practicing in labs with high school students, and the labs have predictable and expected results, demonstrating a core principle. These are experiments that have never been done before and we were looking at some interesting results. This translates into real-life scenarios that I can translate into the classroom."

The City of Hope has long been a partner with Duarte Unified School District, offering programs to spark the scientific interest of students. The summer research program and a year-long program during the school year are geared to those who have identified science as a viable educational and career path.

Other programs include field trips for 2nd, 5th and 8th grade students. There is also a Girls Only STEM after school science club at Andres Duarte Elementary School, and additional Saturday Science Days on the City of Hope campus.

The summer research program was funded by a five-year, \$1.3-million grant from the National Institutes of Health. Bowers said the goal is to find grant funding going forward because "we want to keep working with the students. Our evaluation team is doing a longitudinal study to learn what the students are doing with their interest in science."

Given the chance to do authentic research in the labs of the internationally renowned City of Hope, many of these Duarte students will likely be pursuing science majors in college in the years to come.

# Kathy's Cool Kutz for Kids Attracts Over 250 Children

By Jorge V. Rosales

**AZUSA** - For the past nine years, Azusa Councilman Robert Gonzales, with the assistance of Azusa Mayor Joe Rocha has made sure that many children, boys and girls, obtain a free haircut by professional stylists and barbers. For eight years it was known as the Cool Kutz for Kids. This year it was renamed to "Kathy's Cool Kutz for Kids" in memory of Gonzales' sister who passed away in December 2015 and who was a great supporter of this event from its inception.

On Sunday, August 14, the ninth annual "Kathy's Cool Kutz for Kids" free back-to-school hair cut event once again took place at Memorial Park in Azusa. It was the Sunday before school started in the Azusa Unified School District on Thursday, August 18.

Close to 250 school-aged girls and boys from Azusa showed-up to receive free professional back-to-school hair cuts from stylists and barbers who have their business in Azusa or daily work in one of the establishments in Azusa. Hair Salon such as Instyles Hair Salon, located at 1169 E. Alosta Avenue which is owned by Yvonne Potter. The other nine stylists were Maria Becerra, Karla Buck, Daniel Chavez, Soksan Chorn, Stephanie Contreras, Dina Diangelo, Patty Guillen, Patty Tomassacci, and Carlos Torres.

Potter and Councilman Gonzales came up with the idea for this event eight years ago. During the first year in 2008, 97 kids were serviced. The next year in 2009, the number of kids who received a free hair cut increased to nearly 200 kids. And ever since 2010, the number of children who receive haircuts has averaged about 250.

Kathy's Cool Kutz for Kids IX was a success. It took place from Noon until 4:00 P. M. at the Memorial Park Gymnasium, which for one day became the largest hair stylist shop in Azusa or perhaps in the San Gabriel Valley at over 5000 square feet.

The event aimed to give children preparing for their first day of school a free hair cut to relieve some burden off the parents while giving kids the opportunity to look sharp on the first day of school.

This year's "Kathy's Cool Kutz for Kids" was coordinated by Councilman Gonzales and sponsored by the Azusa Chamber of Commerce, the City of Azusa, 10 local stylists/barbers, as well as Vulcan Materials, the organization Mothers Helping Others, and Dr. Barbara Dickerson. Lunch and other snacks for the stylists and other volunteers were provided by Max's Mexican Cuisine and Larry Carlos of Chick-Fil-A.

Vulcan Materials Company donated very colorful backpacks to each boy and girl, and Mothers Helping Others and Dr. Barbara Dickerson from Citrus College Board of Trustees contributed much needed school supplies, such as pens, pencils, writing notebooks, and many more tools for schools. Azusa Mayor Rocha and School Board President Yolanda Pena once again helped with clean up duty.

"I can't begin to express the gratification that overcame in me as I saw all those kids with their 'Cool Kutz' and smiles," said Gonzales. "They are now ready to face the new school year with a clean-cut look and with some very special free back-to-school backpacks and school tools that every child received with their 'Cool Kut'."



Stylists and barbers were split to dedicate five stylists/barbers for girls only on one side of the Gym. Here two stylists/barbers cut or style the hair of two young girls while their parents watch and wait for them.



After each boy or girl receive their haircut or hair styling, they get to pick a backpack of their choice with school supplies in them such as pencils, rulers, pens, and writing tablets.



Stylists and barbers were split to dedicate five stylists/barbers for boys only on one side of the Gym. Here two stylists/barbers cut the hair of two young boys.

# San Dimas HEROES Golf Tournament Set for Monday, September 12th

**SAN DIMAS** - This year the San Dimas HEROES (Helping Establish a Remembrance Of Every Serviceperson) Golf Tournament will be held on Monday, **September 12** at Via Verde Country Club in San Dimas. The shotgun start will be at 11:00AM, with signups starting at 9:00AM. A western BBQ will take place at 5:00PM followed by a live auction. All proceeds will go towards the maintenance and future improvements of the Veterans Monument site in Freedom Park. Currently the HEROES Organization is working with the City Of San Dimas to install a Monument Sign for Freedom Park.

With a western theme this year, all golfers are encouraged to dress in their western best. Special prizes will be awarded

for the best dressed cowgirl/boy.

The cost to golf is \$125.00 per golfer and \$500.00 for a foursome. Sponsorship is available as well as tee sign sponsors. Raffle prizes are also needed to make this year's event a successful fundraiser for the HEROES Organization.

San Dimas HEROES can be contacted by email at [SanDimasHEROESgolf@gmail.com](mailto:SanDimasHEROESgolf@gmail.com) or on their golf tournament hotline at 909 542 8511. San Dimas Community Foundation/HEROES is a non-profit 501(c)(3) organization. Tax ID # 37-1591712.

Some of this year's sponsors include Care Meridian, Golden State Water Co., Glendora Hyundai, Walmart, Wells Fargo Home Mortgage, Via Verde Country Club, and LA County Fair.

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# Azusa Unified Introduces New Administrators, Prepares for First Day of School

**AZUSA** – Azusa Unified School District is introducing new administrators – including principals of Azusa and Gladstone high schools – and celebrating the promotion of staff members who will lead their respective schools and carry on the District’s tradition of success in the new school year. The first day of school is Thursday, Aug. 18.

“We have a group of all-star school administrators joining the Azusa Unified team or ascending the career ladder to the highest positions in our schools,” AUSD Superintendent Dr. Linda Kaminski said. “I extend my congratulations to these new leaders who are passionate about helping our students excel.”

Leading the Gladiators as principal of Gladstone High is 20-year educator Chris Silvas, who was previously an assistant principal and coordinator for student services at Nueva Vista Continuation High School in Bassett Unified School District. He attended UCLA as an undergraduate and received a Master of Science in educational leadership at Concordia University Irvine.

Linda McNary will helm Azusa High School as principal after serving as principal at Slauson Middle School. She also taught at Azusa and Gladstone high schools prior to her administrative roles. McNary studied at Cal Poly Pomona and went on to receive her Master of Education in secondary education from Grand Canyon University.

All new and returning principals and teachers participated in the District’s annual staff development day at Gladstone High School on Monday, Aug. 15, for a day of group collaboration and planning for the new year school year.

Other new appointments include:

Laura Clarke, principal at Dalton Elementary – Nearly a 20-year veteran of the District, Clarke was previously director of special education. She also worked as a coordinator for special education, teacher on special



New and returning principals and teachers participated in AUSD’s annual staff development day at Gladstone High School on Monday, Aug. 15, for a day of group collaboration and planning for the new year school year.

assignment for special education and resource specialist teacher. She studied at Azusa Pacific University as an undergraduate and received a Master of Education from Cal Poly Pomona.

Shanti Molina, principal at Ellington Elementary – Previously a principal of Buford Elementary School in Lennox School District and assistant principal at Central City Value High School, Molina worked as a bilingual elementary school teacher in three Los Angeles County school districts. She studied at Willamette University as an undergraduate and obtained a Master of Education from University of La Verne.

Adriana Garcia-Medina, principal at Valleydale Elementary – Most recently the principal of Tracy Elementary in Baldwin Park Unified School District, Garcia-Medina received a Master of Arts in education from Brandman University, emphasizing in educational leadership, curriculum and instruction.

Diana Rojas, assistant principal at Center Middle School – Previously a teacher at Murray Elementary for fifth grade, second grade and kindergarten, Rojas specializes in working with bilingual students. She attended Cal State Northridge as an undergraduate and earned a Master of Arts in education from Azusa Pacific University.

Rob Velasco, assistant principal at Azusa High School – Previously assistant principal at Gladstone High and Center Middle School, Velasco was a teacher for 10 years at Dalton Elementary School. He obtained a Master of Arts in education from Azusa Pacific University. Suzanne Murphy, assistant



AUSD teachers conduct scientific experiments using Bunsen burners during the annual staff development day at Gladstone High School on Monday, Aug. 15.

principal at Gladstone High School – Murphy previously served a combined 10 years at Artesia High School in the ABC Unified School District as a teacher, athletic director and as-

## Supervisor Antonovich’s Pet Of The Week: “Bosley”



**LOS ANGELES COUNTY** — At the Board of Supervisors meeting, Supervisor Michael D. Antonovich presents “Bosley,” a 1-year-old male Terrier, ready to be adopted. For more information about adopting a pet, please call (562) 728-4610.

# Duarte USD Selects New K-8 Arts Coordinator

**DUARTE** - On the eve of Duarte Unified School District’s collaborative partnership with California School of the Arts-San Gabriel Valley (CSArts-SGV), the district has selected Erin Fish to coordinate the emphasis on education in the arts.

Fish, a longtime teacher and coordinator of International Baccalaureate programs at Maxwell Elementary, will work under the direction of Superintendent Allan Mucerino and serve as the district’s main liaison with CSArts-SGV when that school opens at the Northview site in 2017-18.

“Higher analytical thinking, reasoning, and student voice fit well within the structure of arts education” said Dr. Mucerino. “This is an important position because Mrs. Fish is responsible for building powerful coalitions of teachers that integrate content and art to help students find creative confidence and voice in their expression.”

The primary responsibilities of the new position include developing an integrated arts program for the K-8 schools that will evolve under the current realignment of Duarte USD schools as laid out in the district’s new five year strategic plan.

“Over the years, we’ve seen less and less arts being taught in the K-6 schools and at the 7th and 8th grade levels,” said Fish. “The high school has had arts electives, but it is important that kids have an opportunity to identify with the arts at an early age.”

“With all the focus on technology in the schools, kids are forgetting how to express themselves and we need to give them that chance. A student may not see himself as an artist, but there are different artistic ways of expression, including music, writing, visual arts, dance and even culinary arts.”

Through the vision of Dr. Mucerino, DUSD has reached out to the highly regarded Orange County School of the Arts in Santa Ana, and formed the partnership that will open the CSArts-San Gabriel Valley campus in Duarte next year. This will attract highly motivated students with an artistic talent to a high school environment rich in op-



Erin Fish

portunities. But in the years of schooling leading up to high school, arts must once again be part of the curriculum, according to Fish.

“OCSA has an existing grades 7-to-12 program, so with that program, we can work from the 7-8 level and backwards map towards pre-K and through 6th grade. OCSA is going to provide the expertise through their 7-8 model and we will improve what Duarte can offer.”

Although not a formal artist, Fish has taught at Duarte for 17 years, first as an elementary teacher, and then moved into the IB program at Maxwell. She served as summer school principal this year for the STEAM program.

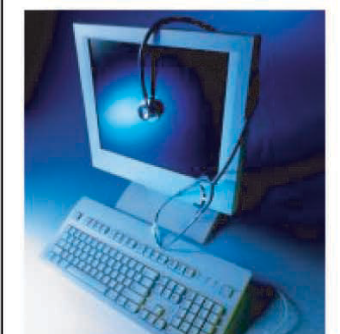
“What I’ve learned over the years is that the cross-disciplinary approach and teaching across content is very successful. We can use that model to develop an arts program,” she said.

She plans to coordinate with the OCSA contingent, led by president and executive director Ralph Opacic, and including William Wallace (principal of CSArts-San Gabriel Valley) and Abbe Levine (dean of the new school).

Fish’s first task will be adapting a curriculum and program for Duarte.

“We’re still in the developmental stage, but that will involve lots of collaboration, work with our teachers, and much professional development to give the kids of Duarte the education they deserve. Bringing arts back and finding new ways to express them should be a great opportunity for our kids and for our community.”

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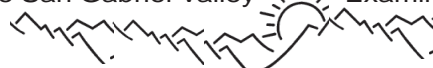
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# Support For Human Trafficking Minors To Testify Via Closed Circuit Television

**LOS ANGELES COUNTY** – The Board of Supervisors unanimously approved a motion by Supervisor Michael D. Antonovich to support Assembly Bill 1276 (Santiago - Los Angeles) which would authorize human trafficking victims under the age of 15, to utilize closed circuit television to testify against their alleged perpetrator.

“Asking young victims of trafficking to testify in court is intimidating and terrifying, especially when they have to recount the horrors of their abuse caus-

ing them to painfully relive the ordeal,” said Supervisor Antonovich. “This legislation meant to protect minors and effectively prosecute criminals, supports Los Angeles County’s own efforts to address and combat human trafficking.”

A.B. 1276 has a long list of supporters including Sheriff Jim McDonnell and the Los Angeles County Sheriff’s Department; Children’s Law Center of California; Court Appointed Special Advocates of Los Angeles; California Coalition for Youth; and

the California District Attorneys Association, among others.

If enacted, this legislation would prevent the minor victim from the horrors of facing their perpetrator in court and reliving the personal and emotional details of the abuse from which they suffered, which can be traumatic. Furthermore, some minors are unable to effectively communicate in the presence of their alleged perpetrator, thus diminishing the efforts to effectively prosecute the case.

# City Of Azusa Receives Recognition For Excellence In Financial Reporting

*The City’s Comprehensive Annual Financial Report (CAFR) Recognized for its High Standards*

**AZUSA** - A Certificate of Achievement for Excellence in Financial Reporting has been awarded to City of Azusa by the Government Finance Officers Association of the United States and Canada (GFOA) for its comprehensive annual financial report (CAFR). The Certificate

of Achievement is the highest form of recognition in the area of government accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

In its presentation, the GFOA states that City of Azusa “has been judged by an impartial panel to meet the high standards of the program including a constructive

spirit of full disclosure to clearly communicate its financial story and motivate potential users and user groups to read the CAFR”

The GFOA is a nonprofit professional association serving approximately 17,500 government finances professional with offices in Chicago, IL, and Washington D.C. To contact the GFOA, please call Stephen Gauthier (312) 977-9700

# Assemblyman Chris Holden’s 2016 Bills Clear Senate Appropriations Committee

**SACRAMENTO** – Three of Assemblyman Chris Holden’s bills cleared the California State Senate Appropriations Committee. The legislation, Assembly Bill 1696, which helps California’s neediest residents quit smoking; Assembly Bill 2148, which protects wildlife from drones; and Assembly Bill 2364 that strengthens dual enrollment all passed the key committee and now head to the Senate Floor. In addition, Assembly Concurrent Resolution 158 that would help students transfer credits between California universities also passed.

Assembly Bill 1696 requires tobacco cessation medications, counseling, and assessments to be covered for Medi-Cal patients. Besides the detrimental health effects, smoking takes an \$18.1 billion toll on California annually, according to a University of California, San Francisco study.

“Smoking continues to be the leading preventable cause of the death in the United States” said

Assemblyman Chris Holden. “We have an opportunity to save lives and money with this bill.”

Assembly Bill 2148 provides the National Resources Agency the ability to develop regulations regarding drone use on publically managed lands. Recent incidents have shown that drone use in close proximity to wildlife can have serious impacts. Assembly Bill 2148 strives to create a cohesive, statewide system of rules governing the use of unmanned drones on public lands. The regulations can include conditional use or outright prohibitions when necessary to protect the safety of wildlife, natural habitats or visitors.

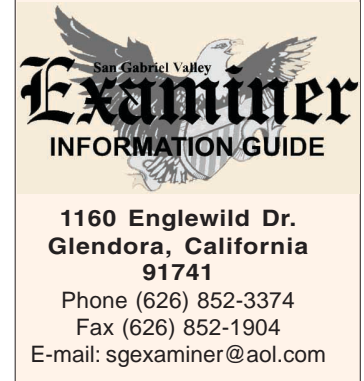
“There’s no denying the rapidly increasing number of drones in public spaces,” said Holden. “Now is the time to take preventative steps to protect California’s wildlife and natural habitats before it becomes a problem.”

Assembly Bill 2364 would provide Californian’s undocumented high school students’

equal right to access higher education opportunities. Earlier this year, California’s legislature passed SB 75 that expanded Medi-Cal to all undocumented students under the age of 19 in California public schools. AB 2364 seeks to continue the legislature’s commitment to bring greater equity and fairness to all Californians.

“Every child in California should have the opportunity to access our high quality education system,” said Holden. “This bill strengthens previous dual enrollment legislation by ensuring greater equity and access.”

Assembly Concurrent Resolution 158 would help students transfer credits from one public California university to another. Streamlining the transfer process enables students to graduate faster and acquire less debt. Currently credits do not transfer from one CSU to another or one UC to another if a students has not completed 2 full years with 60 credits.



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# Ribbon Cutting & Open House For New Public Works Facility

**SAN GABRIEL** – The San Gabriel Public Works Department will host a ribbon cutting ceremony and open house on August 31 to commemorate the completion of the brand new Public Works Facility at 917 E Grand Ave.

The \$11.2 million, 23,000 square foot facility is a big step forward in modernizing the department and will increase productivity, efficiency and enhance the department’s ability to better take care of city parks, streets, sidewalks, trees, signals, sewers and storm drains. The new building will bring the majority of the Public Works divisions together under one roof, housing Administration, Fleet Maintenance, Engineering and Field Operations.

The facility includes many upgraded features that will improve operations in the department, in-

cluding a larger, up-to-date fleet maintenance shop, new fueling station, increased storage space, advanced security and space for large trash and green waste bins. In addition, the facility was built to high sustainability standards, reducing the department’s impact on the environment.

In addition, the facility’s completion clears the way for the long-awaited construction of the new Police Facility, which will take over the old Public Works site on Mission Road. Initial work is scheduled to begin on the new \$27.6 million Police Department this fiscal year.

The ribbon cutting and open house will be from 3-5 p.m. on Wednesday, August 31 at the new Public Works Facility, 917 E Grand Ave. It is free to attend and open to the public.

# Young Female's Body Found by Railroad Tracks

By George Ogden / LASD  
**DUARTE** - Los Angeles County Sheriff's Department Homicide Bureau detectives are assisting Glendora Police Department by continuing with the death investigation of a woman found deceased at South Lone Hill Avenue and Auto Centre Drive in Glendora, on Thursday, August 18, 2016, just after 10 a.m.

Maintenance workers from Metro Rail were in the area doing work on the railroad tracks when they discovered a female adult deceased. They quickly notified authorities.

Glendora Police Department began their investigation at that time. The woman's body was found a couple of feet from the tracks. There were no obvious signs of trauma or foul play. She was not struck by a train and it appeared she may have been there for a day or two.

She is a female, white, 26

years-old, and a resident of Glendora.

The woman was known to suffer from various health problems.

The cause of death and identity of the deceased will be determined by the Los Angeles County Department of Medical Examiner-Coroner.

There is no further information at this time.

Anyone with information about this incident is encouraged to contact the Los Angeles County Sheriff's Department's Homicide Bureau at (323) 890-5500. If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477), or use your Smartphone by downloading the "P3 Tips" MobileAPP or "P3 Mobile" for the hearing impaired on Google play or the App Store, or by using the website <http://lacrimestoppers.org>.

# Baldwin Park Unified Bolsters Commitment to College Prep Program

**BALDWIN PARK** - Thirty-eight members of Baldwin Park Unified's Advancement Via Individual Determination (AVID) team came together this summer for three days of intensive training to strengthen the college-readiness program's offerings at

two District high schools, two junior high schools and a middle school. The teachers and administrators attended the AVID Summer Institute at the Anaheim Convention Center in Anaheim, splitting their days between learning essential curriculum and devel-

# Assemblyman Chris Holden’s Talent Scam Prevention Bill Passes Senate Floor

**SACRAMENTO** – Assemblyman Chris Holden’s Talent Scam Prevention Bill, AB 2068, passed the Senate Floor with a vote of 38-0. AB 2068 strengthens the Talent Scam Prevention Act by expanding the list of communication forms that can be regulated such as online and computer applications. The bill now awaits Governor Jerry Brown’s signature.

“With the unprecedented popularity of reality television and social media sites such as YouTube, Instagram, Tumblr, and others, the quest for instant stardom has become prevalent

among all ages, especially teens and young adults,” said Assemblyman Chris Holden. “Unfortunately, this creates a ripe situation for illegitimate talent agencies to scam young, aspiring artists.”

There are nearly 500 talent agencies registered within Los Angeles County ranging from large powerhouses to smaller companies. Although most registered talent agencies are legitimate, it is often the smaller, unlicensed talent agencies that charge upfront fees or refuse to remove content at the request of

a client.

The Talent Scam Prevention Act outlawed such practices; however, the law passed in 2009 and did not regulate newer forms of technology. This bill updates the talent service laws to accommodate new technologies, such as mobile apps and online services that are not on the internet as websites. The bill applies the same 10-day deadline that currently applies to the removal of website content and photos to the removal of content and photos from mobile apps and online services.

# Baldwin Park's Annual 5K Run/Walk Draws Record Numbers

*Recognition for 'Pride of the Valley' reaches beyond Southern California*

**BALDWIN PARK** - More than a thousand youth and adults poured out onto Morgan Park last Saturday, August 6, for a venture through the heart of the city. Officials said Baldwin Park’s 22nd annual Pride of the Valley 5K drew record crowds and participants that further highlighted the city’s 60th anniversary this year.

Six-year-old Jaylean Aguiar of Baldwin Park wandered near the starting line early Saturday morning to psych herself up for the running event. She said she’d gone to bed early and had a waffle-and-milk breakfast to prepare for her first race. “I signed up because I really like to run,” said the Kenmore Elementary School first grader. “I’m going to try to win my highest achievement while I’m running.”

Jaylean’s mom, Aliese Aguiar, said this is the first year she and her family are participating in Baldwin Park’s 5K. The Aguiars have been conditioning throughout the summer, said Aguiar, 29, as a way to prepare for the event and stay active as a family.

Just before Saturday’s race, the Aguiar matriarch said her main goal was to keep up with energetic Jaylean. “She said her God-given ability is running fast. I just want to make it across the finish line without passing out,” Aguiar joked.

Manny Carrillo, director of Recreation and Community Services, said the city’s 5K traditionally draws out hundreds of residents, elected officials and their families for a morning run, jog, or walk. For the last decade, registrations have steadily tripled after organizers began inviting high schools, sports teams and running clubs to participate.

Saturday’s event attracted hundreds of high school youth from as local as Baldwin Park and as far as Corona Del Mar and Fountain Valley - among many other Southern California teams - for a 3.1-mile cross-country race that closes out the summer break for many students. Cross-country running clubs including Equalizers and Southern California Roadrunners also enrolled, bringing 100-plus runners apiece for the race.

This year’s Pride of the Valley 5K, officially dubbed a “High School Road Race, Run/Walk and Tike Trot,” included newcomers as young as 2 years old and veteran runners up to age 80-something. The event kicked off with the Tike Trot, a half-mile race geared for children up to age 8, and was followed by the traditional 5K run/walk at 8 a.m.

Jaylean participated in both events. Aguiar pushed her youngest daughter, 7-month-old Zoey, in a stroller as she trailed Jaylean for both competitions.

Vanessa Carbajal, program coordinator for Baldwin Park, said the Pride of the Valley 5K reinforces the city’s campaign for health and wellness. In fact, the race has become well known beyond the San Gabriel Valley, noted Carbajal, adding that this year’s registrations filtered in from Washington, Florida, Arizona and Colorado.

“It shows that a small, diverse community [like Baldwin Park]

can be able to have a different kind of event that our community members are also a part of, and it shows that we do a good job,” she said.

Saturday’s 5K competitors included male top finisher Sydney Gidabuday of Orange and female top finisher Valerie Sanchez of Pacoima. Gidabuday completed this year’s race with a time of 14:36; Sanchez finished the course with a time of 17:10.

Gidabuday said this is the second consecutive year in which he won Baldwin Park’s 5K, and it was his fourth year participating in the event. The 19-year-old currently attends Adams State University in Colorado, but said he looks forward to running in the Baldwin Park 5K when he’s home for summer vacation.

“I like it because it’s flat, and it’s hosted well, so I like to come back every year,” Gidabuday said.

Amid the emphasis on exercising and staying active, organizers conceded there are also potential perks for those who participated in Saturday’s race. Two \$200 cash prizes were given to the top overall male and top overall female 5K finishers, respectively. Gold, silver, and bronze medals were also given to the top three finishers, accordingly, in each age division. Awards were also granted to the overall top three boys’ and girls’ teams within the high school bracket.

Regardless of the runners’ outcomes, participants of the Pride of the Valley 5K were also eligible for raffle prizes such as amusement park tickets, gift cards, and running gear at the tail end of Saturday’s event. Proceeds from registrations will benefit youth programs offered through the Department of Recreation and Community Services, according to officials.

# Education: Billions Headed for November Ballot. Who Will Pay It Off?

By Lois M. Shade

Former Mayor of Glendora

One sentence in Consumer Watchdog's recent publication, *Brown's Dirty Hands*, caught my attention quickly but also raised a bevy of questions and issues in my mind.

*The passage of Prop. 30 in November 2012* (Brown's temporary tax initiative) cemented *Brown's national reputation as a budget-balancing governor after the election, likely saving the Brown Administration from presiding over persistent state budget problems and economic turmoil.*" (p.5)

Backtracking here a bit - Prop 30, Temporary Taxes to Fund Education & Guaranteed Local Public Safety Funding passed providing legally required funding to education in 2012 and guaranteed local governments receive tax revenues annually to fund program responsibilities transferred to them by the state in 2011. In the mailings I got, it seemed a choice that I had to make - did I

want cuts in education or law enforcement or did I want to pass a tax increase.

Prop 30 provided a temporary 7-year personal income tax increase on earnings of more than \$250,000 and would expire in 2019; and, it also provided for a quarter cent sales tax increase set to expire this year. Various sources estimated this proposition would raise/raised about \$6 billion a year, but the required state audit of that fund to ensure the legal requirement of 89% to K-12 education and 11% to community colleges has been met, has not yet occurred in the state controller's office. Estimated time arrival for that audit: October just before November 8th election.

Prop 30, even before it expires, will have a proposed replacement initiative on the November 8th ballot in the form of Prop. 55. That proposition allows the sales tax to expire but provides for a 12-year extension of the personal income tax that

would not expire until 2030. The Legislative Analyst Office (LAO) had projected in July 2012 revenue from Prop 30 would begin to taper off in FY 2017-18 and 2018-19. With no audit done as required, I'd be guessing the LAO's projections are accurate and Prop 55 is the plan-ahead strategy by Governor Brown to maintain his budget guru status.

Prop 55, Tax Extension to Fund Education and Healthcare, would continue to fund education, but would additionally fund health care through the Medi-Cal Program, on a formula basis, that serves the 13 million residents or an estimated 1/3 of the California population. Additionally, this increased income to the state, once basic needs of education and health care are met, would be used for debt payments and to fund the required budget reserves or "rainy-day fund". Currently the California education budget is \$50 billion to meet its legal obligations and the cost for

Medi-Cal is \$23 billion out of the general fund.

California Legislative Analyst Office, in its analysis of Prop 55, points out what I think are considerable flaws in this initiative:

- Director of Finance, the governor's appointed main budget advisor, will determine whether General Fund revenues exceed the required education spending.
- If revenues exceed these spending amounts, 50% of the excess, up to \$2 billion, would be allocated to Medi-Cal, and that could be reduced in "difficult budget years".
- Roughly 1/2 of the revenue estimated at \$4 to \$9 billion would go to education. (That's a pretty wide "guesstimate" for me)
- Remainder of those dollars would go to debt payments unidentified to me and reserves.

Prop 38, on the ballot at the same time as Prop 30, failed but would have provided 60% of the revenue collected to various edu-

cation programs and 30% to paying off state debt using that Personal Income Tax increase.

Proposition 51 is also on the November 8th ballot and is asking for a \$9 billion school bond:

- \$3 billion for the construction of new school facilities;
- \$500 million for providing school facilities for charter schools;
- \$3 billion for the modernization of school facilities;
- \$500 million for providing facilities for career technical education programs; and
- \$2 billion for acquiring, constructing, renovating, and equipping community college facilities.

That \$9 billion will cost about \$17.6 billion to pay off both the principal (\$9 billion) and interest (\$8.6 billion) on the bonds. Payments are estimated to be about \$500 million per year for 35 years with the payments escalating at the end. That means as my grandchildren get ready to retire, that bond might be almost

paid off.

According to Ballotpedia, Governor Jerry Brown has voiced his opposition to Prop 51 quoted on their website:

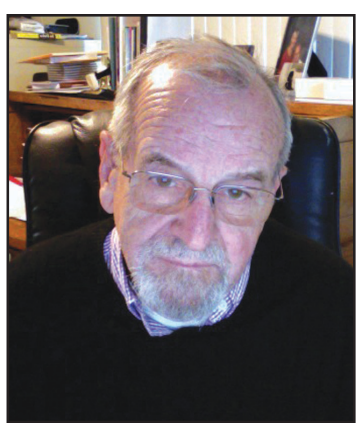
"I am against the developers' \$9 billion bond. It's a blunderbuss effort that promotes sprawl and squanders money that would be far better spent in low-income communities." So far, \$8.5 million has been raised by three PACs - a building industry, community college coalition, and Tom Torlakson's PAC. - all in support of this facilities improvement measure.

Ballotpedia shows a list of 40 school bonds on the June 7th ballot ranging from \$4 billion to \$950 million with a variety of charges per \$100,000 that will land on property tax bills if approved.

It is reported Los Angeles County has 28 school bond measures proposed for the November ballot; and, Orange County already has 10 school bonds set for the November election.

# Is Our Choice Between Two Crooked Candidates?

Among the drumbeats that keep pounding away at the American electorate is the demoralizing suggestion that we are stuck with a sour choice between two prevaricating and despised candidates for President. The only real option is said to be between what is bad and what is worse. Many people are considering voting for one-a bad option-so that the other one-a worse option-is not elected.



Charles H. Bayer

My position has been clear. Trump is probably the most unworthy candidate ever to be nominated by a major political party. His election would not only be tragic, but would also serve as evidence of an emotional and intellectual disease deeply embedded in the American psyche.

Joe Scarborough was a four-time elected Republican congressman, and currently is a political commentator for NBC. He

is certainly no wild-eyed leftist, and after Trump's suggestion that people with guns should solve the Hillary problem, here is how he put it in the Washington Post:

1. "The Secret Service should interview Donald Trump and ask him to explain his threatening comments."
2. Paul Ryan and every Republican leader should denounce in the strongest terms their GOP nominee suggesting conserva-
3. Paul Ryan and every Republican leader should revoke their endorsement of Donald Trump. At this point, what else could Trump do that would be worse than implying the positive impact of a political assassination?
4. The Republican Party needs to start examining quickly their options for removing the Republican nominee.

A bloody line has been crossed that cannot be ignored. At long last, Donald Trump has left the Republican Party few options but to act decisively and get this political train wreck off the tracks before something terrible happens."

As for Hillary Clinton, she has been trusted as First Lady of the United States; trusted by the people of New York who twice

elected her to the Senate; and trusted even by Barack Obama, who selected her to be his secretary of state. In that demanding job she has traveled throughout a dangerous world and has been consistently trusted.

So how is it now, according to many accounts, Hillary cannot be trusted and is incapable of telling the truth? From Travelgate, the death of Vince Foster, the Whitewater episode, the Benghazi tragedy, to the e-mail debacle, Hillary has been accused of being duplicitous. Every one of these occurrences has been thoroughly investigated, and little has been found. Now the Republican opposition, which is intent on destroying her, has been reduced to finding some tangential e-mail connection between the Clinton Foundation and the State Department. Having no real issues, they continue to probe the one area that has proved produc-

tive for them-e-mails!

For 25 years her right-wing adversaries have kept the drumbeat going. She has occasionally been circuitous and has sometimes muddled issues about which she should have been clearer, but long ago she admitted that using one server for public and private mail was a bad mistake. However, many Americans, including some progressives, believe her to be untrustworthy because that accusation has been and is still continually repeated. They may not repeat the scurrilous mantra of "crooked Hillary," but they've been infected by it. When you hear something often enough--as every advertiser knows-- you are tempted to buy it.

Too many people I know tell me they will vote for her realizing that she has a very unsavory history. I have disagreed with her over her too-hawkish behavior

and her refusal to hear the cries of the Palestinians, but on major issue after issue she is solidly in line with the best progressive thinking, and given a Congress that decides to cooperate instead of block, she will lead this nation in dealing responsibly and creatively with a score of domestic and international quagmires.

We have rarely had a candidate with the wide-ranging experience and the intellectual depth that we find in Hillary. The Democratic Party, including the great preponderance of those in the Bernie wing, is solidly behind her. She is not the lesser of two evils, and progressives need to quit thinking and saying that we are stuck with a candidate who cannot tell the truth.

Hillary has the qualifications to be America's Chief Executive!

Contact Charles Bayer at [candwbayer@verizon.net](mailto:candwbayer@verizon.net)

# Is Hillary Clinton Medically Unfit to Serve?

by Jane M. Orient, M.D.

Some Republicans as well as Democrats have used the term "unfit to serve" about Donald Trump, based on things he said, and what they assume he might have meant.

Surely his style can be abrasive and blunt. But a huge number of ordinary Americans cheer him, probably because he said what they were thinking. They don't have an evil, ungenerous, uncompassionate, racist, bigoted heart, and they assume he is like them. They are sick of being pushed around and disrespected by the politically correct crowd who are hypersensitive about almost everything--but constantly

spew profane, obscene, and vulgar language that demeans American and Christian culture and blames it for all the world's evil.

In the past, others have spoken forcefully and unapologetically about things nobody wanted to hear about: Winston Churchill, for example. A lot of proper Englishmen thought he was unfit--until they saw the truth of his words.

With Trump, some people are even tossing out psychiatric diagnoses. But keep in mind that a lot of them think conservatives, Christians, and pro-life advocates are crazy too.

Strangely silent is the main-

stream media about the fitness of the Democrat candidate. And causes for concern are growing. Without considering any statements she has made or positions she has taken, and without presuming to speculate on psychiatric diagnoses, one can point to certain observations.

There's the photograph of Secretary Clinton's difficulty walking up some steps. Now inability to climb stairs does not necessarily disqualify a person for public office. However, neither she nor people with her apparently anticipated a problem. The people helping her seem to be preventing a fall. Did she simply trip? Or was it a seizure or a

stroke?

Videos widely circulated on the internet are, if authentic, very concerning. One shows prolonged, inappropriate laughter; another, strange head movements. In a third, she appeared momentarily dazed and confused, and lost her train of thought. Reportedly, she has a volcanic temper. (This is probably not new.)

A man who stays close to her, who is reportedly not a Secret Service officer, was photographed carrying something in his hand that purportedly might have been an autoinjector of Valium.

While we don't have Mrs. Clinton's medical records, it is widely stated that she experienced a fall that caused a concussion. Since then, she is sometimes seen wearing eyeglasses with prisms, as are used to correct double vision.

Concussions often cause traumatic brain injury, which might not be visualized on standard CT or MRI. Many of our veterans who experienced blast injury from improvised explosive devices suffer from it. These are some symptoms: difficulty thinking, attention deficits, confusion, memory problems, frustration, mood swings, emotional outbursts, agitation, headaches, difficulties with balance and coordination, and seizures. Many veterans with such an injury cannot hold a job or interact normally with their families.

Obviously, it would be very dangerous for a person subject to symptoms like this to be dealing with foreign leaders or making critical decisions. The President of the United States may have to make world-changing decisions

on a moment's notice. For example, should we launch nuclear-armed missiles? And if the Commander in Chief is confused, who will make the call?

The U.S. has had problems with incompetent leaders in the White House before. Mrs. Woodrow Wilson (the "First First Lady President") was effectively President for the last year and a half of her husband's term after he suffered a disabling stroke. She managed to conceal the seriousness of Wilson's condition for a long time. This was the reason for the 25th amendment to provide for replacing the President in case of disability.

While the U.S. government knows more and more about our medical histories and other aspects of our lives, many details about the President are a secret. The press appears to care more about the tax returns of Republican candidates than the medical records of Democrat Presidents or candidates. And Secretary Clinton's public appearances have been rather carefully controlled.

Is it conceivable that Hillary supporters would really be voting for Huma Abedin, Clinton's top aide, or for the First First Husband President, Bill Clinton? The American people are entitled to know the objective medical facts about Secretary Clinton.

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of

Arizona Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. Since 1988, she has been chairman of the Public Health Committee of the Pima County (Arizona) Medical Society. She is the author of YOUR Doctor Is Not In: Healthy Skepticism about National Healthcare, and the second through fourth editions of Sapira's Art and Science of Bed-side Diagnosis published by Lippincott, Williams & Wilkins. She authored books for school-children, Professor Klugimkopf's Old-Fashioned English Grammar and Professor Klugimkopf's Spelling Method, published by Robinson Books, and coauthored two novels published as Kindle books, Neomortsand Moonshine. More than 100 of her papers have been published in the scientific and popular literature on a variety of subjects including risk assessment, natural and technological hazards and nonhazards, and medical economics and ethics. She is the editor of AAPS News, the Doctors for Disaster Preparedness Newsletter, and Civil Defense Perspectives, and is the managing editor of the Journal of American Physicians and Surgeons. <http://www.aapsonline.org/>

# What Kind of People are They?

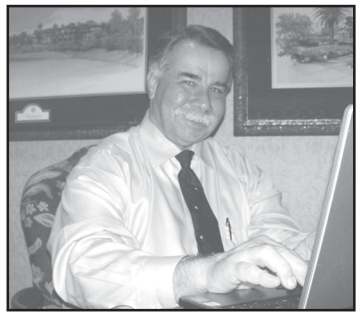
By George Ogden

As we look around, you can't help but ask, "What kind of people are they?"

We see horrible fires going on with homes evacuated. If the residents are lucky enough to still have a home when they return, they find their home has been looted. Personal property and vehicles that were left behind during the evacuations were stolen from the homes.

There have been some looters arrested. I have to ask, what happened to "Looters Will Be Shot on Sight!"? Why do the tax payers have to be victims as well to prosecute these people when it could have been solved the old way?

These people don't deserve to be victims again. They are victims of the fire when they have to leave, then to return, to find their home destroyed and looted. Very sad.



George Ogden *That's just the way it is!*

Back in the old days, horses were main transportation for farmers, ranchers and just about anybody who needed to get around. The horses got people where they needed to go because in most cases, it takes them to work, stores and doctors. It was part of the "Bread and Butter" equations.

Today, it is our cars, pickup trucks and SUVs that is our main transportation. Again, part of the "Bread and Butter" of today. Lose either one, and your life style

becomes compromised.

Need to ask what has changed here? Both were needed transportation to maintain one's life and health. Back in the old days, you steal a horse and you hang for it. They executed horse thieves. The horse was replaced by vehicles and when you steal one of these and get caught, you get a slap on the wrist and nothing really happens. The victims however, end up with the same results... a loss to their life style.

So, I have to ask you this. If we were to change the law where a car thief gets executed for stealing a vehicle, I wonder how quickly vehicle thefts would drop off. Same with looting, "hang em all" should be the motto for these criminals.

However, our lenient laws will put these people back out in the street so they can do it to us again.

"That's Just the Way It Is!"



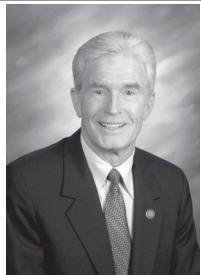
# Company Buybacks

For 20 years buybacks have had a significant and growing influence on share prices. When buybacks surge, as they did in 2007 and 2014, they drive the market higher. And when they dry up, as they did in 2008 and for a brief time in the first quarter of this year, they can cause the market to stumble.

The widening gap between growth of the S&P 500 share index and total S&P 500 market capitalization is at least partially a reflection of how the pace of buybacks has accelerated in the past two years. This makes analyzing stock prices in relation to market capitalization (rather than share prices) integral to understanding the health of the equity market and the pace of overall wealth creation. After all, higher share prices do not necessarily translate into more wealth if there are fewer outstanding shares.

If a company is new and growing, investment makes more sense than distribution through buybacks or dividends. Shareholders favor investment because they can get more value from company growth than they can find elsewhere. There are fewer worthwhile investment opportunities for mature companies, however. Mature corporations tend to shift from investment to distribution, allowing shareholders to put cash to work in other ways. Pension funds, insurance companies, and seniors living on a fixed income value distribution through dividends as a way to gain more certainty when balancing income and expenses, creating demand for companies that offer a stable, fixed dividend. A stock repurchase, on the other hand, is a more flexible way to

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

distribute profits to shareholders, as excess cash can be dispersed on a one-time basis.

In a 2014 study, Brookings economists Ian Hathaway and Robert Litan found what many of us have experienced anecdotally: The economy is increasingly dominated by mature firms. Over the 22-year span from 1992, the share of firms aged 16 years or more increased from 23% to 34%. These firms share of employment increased from 60% to 72%. No wonder buybacks have increased. A firm might also repurchase stock to shrink cash on its balance sheet, reducing the likelihood of a takeover.

Activist investors often push firms to buy back stock as well, arguing that cash sitting on the balance sheet will be more productive (or safe) in the hands of shareholders. More menacingly, a drop in the supply of shares gives a boost to earnings per share (EPS), a frequent incentive barometer for corporate stock options and executive pay. For these reasons and more, companies in the S&P 500 spent \$161.4 billion buying back shares in Q1, the second-most on record (after Q3 2007). Buybacks were up 12% from Q4 2015, and for the 12 months ending in March 2016, a record \$589.4 billion was spent repur-

chasing outstanding shares, beating the previous 2007 high. Since 2005, companies have spent roughly \$5 trillion buying their own shares.

While often beneficial for investors, buybacks have some negative effects on the overall economy. Since interest paid on business debt is tax-deductible, firms cut their tax bills by issuing debt to buy shares. Now, not only is the firm investing less, the government has less revenue to spend, too.

**Bottom Line:** Theory suggests companies repurchase stock when it is undervalued or when balance sheets are so awash with cash they choose to distribute, hardly an economic concern. But if history provides a lesson, buybacks rarely signal an undervalued stock market. Rather, it seems some companies use low interest rates to finance stock buybacks, even when shares are rich, replacing equity with debt on the balance sheet and increasing risk in the financial system. At the same time, they reduce investment in the real economy. If the low cost of money fails to spur long-term investment, instead providing the means to maneuver balance sheets to reduce total shareholder equity, it becomes one more reason inflation has remained under target, wages have been relatively stagnant, investment tepid, the wealth divide exacerbated, and the Fed remains reluctant to normalize interest rates.

**LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US**

I welcome your questions and comments!  
kenherman46@hotmail.com

# Financial - Ask Julia

*If the Stock Market takes another dramatic loss, I know I don't have time to recover before retirement. What's your advice?*

Some of your investment dollars should be in 'safe' investments like the ones I recommend. They don't make all the gains, but they suffer none of the losses.

As you may know, I don't put my clients' money into any investment that can lose money. (Based on the strength of the company.) As a result, none of my clients' accounts dropped in value (not even a penny) during any of the Stock Market downturns. Their accounts may have made zero increase, but with no loss, the balance doesn't have any catching up to do.

*How can I make sure that I don't outlive my retirement income?*

While it is good that about half of the people who are retired live beyond the average life expectancy, it also creates several risks, such as being unable to protect your standard of living, the ability to pay for increased healthcare costs beyond what Medicaid (MediCal in California) doesn't cover, losing purchasing power due to inflation, and unplanned-for long term health care cost. In fact, thanks to advances in healthcare, it's not uncommon for a couple, age 65, for one or both of them to live



**Julia Yoder**

well into their 90's. That means that retirement income must last 25 or more years! There are investment vehicles in place that allow you to convert your 401(k) into a lifetime income stream, and also guarantee that you will not lose any principal or interest, and defer taxes, sometimes over several generations.

*What is meant by the "annual reset" on an annuity?*

Each year (on the purchase-date anniversary) the amount (principal plus interest earned that year) in the fixed or fixed-indexed annuity contract is locked in. That amount becomes the new contract balance that you are guaranteed you cannot lose. Even if the index goes down, your annuity's contract balance does not go down. The worst-case scenario is that your balance stays the same. Conversely, if the market goes up, you'll only get part of the increase. This limit

is called a "cap." With annual reset, your money does not have to make up for losses, yet can participate in gains.

*Since you are a Realtor and a mortgage professional, I figured you're a good person to ask. I'd like to invest in some residential real estate. Can you tell me where to start?*

I can guide you through the whole process. Start by learning as much as you can online. Study 1031 Exchange rules in California, property management, and landlord and tenant laws and rights. Whether you are an all-cash buyer, or if you are financing part of the purchase, there are choices available for you to take advantage. While you are studying, also get pre-approved for a mortgage. There are several ways to find properties for sale, so don't limit your search to only online websites.

**Got a question? Ask Julia by email:**

Email questions and comments to:  
juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Realtor 01238153/NMLS 248681/Member: Nat'l. Ethics Assoc.

# Blood Donations Urgently Needed In The Final Weeks Of Summer

**SAN GABRIEL VALLEY** - The American Red Cross urges blood donors to give in the final weeks of summer to help overcome a critical summer blood shortage.

The summer months are among the most challenging times of years to collect enough blood and platelet donations to meet patient needs. Many regular donors delay giving while they take vacation and participate in summer activities. The need for blood doesn't take a summer break though.

Two summers ago, Kelly Griswold was involved in a life-threatening jet-ski accident while vacationing. She was airlifted to a hospital and underwent three surgeries over the course of two days. Griswold, a blood donor prior to the accident, suddenly knew what it was like to be on the receiving end of blood donations. "Without the support of people that can give blood, the ones who have needed it would not be here today - myself included."

Donors of all blood types are urgently needed to give now to help ensure blood is available for patients in need. Those who donated blood earlier this summer may be eligible to donate again. Blood can be safely donated every 56 days, and double red cells can be donated every 112 days. In appreciation for helping to save lives, those who come to

donate blood or platelets with the Red Cross now through Aug. 31 will receive a \$5 Amazon.com gift card claim code.

Upcoming blood donation opportunities in the San Gabriel Valley area:

**Alhambra**  
8/25/2016: 9 a.m. - 3 p.m., Alhambra Fire Department, 301 N 1st St.

**Arcadia**  
8/25/2016: 9:30 a.m. - 3:30 p.m., American Red Cross Arcadia Chapter, 376 W Huntington Dr.

8/29/2016: 1 p.m. - 7 p.m., American Red Cross Arcadia Chapter, 376 W Huntington Dr.

8/30/2016: 9:30 a.m. - 3:30 p.m., American Red Cross Arcadia Chapter, 376 W Huntington Dr.

**Pasadena**  
8/25/2016: 8 a.m. - 2 p.m., Blair High School, 1201 S Marengo Ave

8/31/2016: 9 a.m. - 3 p.m., City of Pasadena Police Department, 207 N Garfield Ave

**South El Monte**  
8/25/2016: 9 a.m. - 3 p.m., The City of South El Monte Senior Center, 1530 Central Ave

**Walnut**  
8/30/2016: 10 a.m. - 4 p.m., Mt San Antonio College, 1100 N Grand Ave

8/31/2016: 10 a.m. - 4 p.m., Mt San Antonio College, 1100 N Grand Ave

**West Covina**  
8/25/2016: 1 p.m. - 7 p.m., West Covina Masonic Center, 1201 S Orange Avenue

8/27/2016: 9 a.m. - 3 p.m., West Covina Community, 1201 S Orange Avenue

Download the American Red Cross Blood Donor App, visit [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

To help reduce wait times, donors are encouraged to make appointments and complete the RapidPass online health history questionnaire at [redcrossblood.org/rapidpass](http://redcrossblood.org/rapidpass).

Blood donors can save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, prior to arriving at the blood drive.

# Assemblyman Hernández to Host 48th Assembly District Community Health Fair

**WEST COVINA** - Assemblyman Roger Hernández (D-West Covina) invites residents of the 48th Assembly District to join him at the 48th Assembly District Community Health Fair. Every year, with the help of organizations, Assemblyman Hernández is able to provide FREE medical resources to our residents in the San Gabriel Valley, this year there will be over 100 service providers.

Service Employees International Union (SEIU Local 99) along with the City of Azusa will be partnering this event. There will be FREE screenings for Stroke, Thyroid, Cholesterol, Dental, Blood Pressure, Blood Sugar, BMI, Memory, Perinatal, and Mental Health Screenings. Plenty of healthy activities will be available for families and participants. This event is open to

the residents of the 48th Assembly District.

48th Assembly District Community Health Fair will be at Memorial Park North Recreation Center, 340 N Orange Pl, Azusa on Saturday, August 27th from 10:00am-2:00pm.

If you have any questions or to RSVP, please contact Dayana Partida at [Dayana.Partida@asm.ca.gov](mailto:Dayana.Partida@asm.ca.gov) or (626) 960-4457

# For All The Football Fans Out There: Keeping Your Vehicle's Components in the Game

Football season is here again and even though the staff at Certified Automotive Specialists are not football superstars, we are the superstars of auto service and repair! Just like a football game where it takes each player doing their job correctly to have a winning team, it takes each component operating in peak efficiency to have a properly running car!

- Fluids - just like you, your car must have fluids to be healthy. We offer products that give you the home field advantage each and every time.
- Filters - just like in football when the players block the defense from getting to the ball carrier, filters block contaminants from entering your car's operating systems.
- Battery & Charging System - If this system fumbles you aren't

going anywhere. We will keep it charged and ready to go when you are!

- Belts and Hoses - One snap or break and you are stranded and you will be calling personal foul!

- Lights - Your lights keep you from getting picked off in the dark because others can't see you coming or going!

- Wipers - If your wipers aren't working in the rain and snow and morning condensation, you risk getting sacked!

- Tires - Proper inflation and tread keep your car rolling along in a rush.

- Suspension - Steers your car going in the right direction so you have a complete pass.

- Brakes - Stopping when you need and want to is a very good thing and keeps you from getting

tackled by trees or other vehicles!

- Exhaust System - If you don't want to be put on the sidelines these systems need to operate properly. Keeps your car pleasant and safe for you and others to be around.

This is just a small example of all the systems that keep your car running properly. Most mechanical failures can be traced to neglected maintenance. Just like a football team, if each player does their job well they all benefit and run like a well-oiled machine. Touchdown!

Please call us with any questions at 626-963-0814 or visit our website at [www.CertifiedAutoCA.com](http://www.CertifiedAutoCA.com).

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# Majestic Realty Returns As Title Sponsor For San Dimas Heroes Golf Tournament

**SANDIMAS** - Majestic Realty Co. in the City of Industry will once again be the Title Sponsor for this year's HEROES Golf Tournament. Majestic Realty has been a leader in the Real Estate development profession since 1948. Their current portfolio of approximately 76.5 million square feet includes industrial, office and retail space, as well as sports, entertainment and hospitality projects. Majestic Realty Co. is the largest Privately Owned Industrial Developer in the US.

Also joining Majestic Realty as sponsors are Via Verde Country Club, CareMeridian, Casa Colina Hospital and

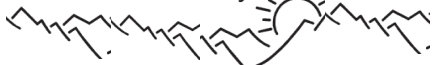
Healthcare Centers, Custom Cooler Inc. of San Dimas, Golden State Water Co., San Dimas Community Hospital, Waste Management, Walmart, and Pomona Valley Hospital Medical Center. Other contributing sponsors include Albertsons of San Dimas, Los Angeles County Fair (LACF), Glendora Hyundai, and Inland Valley Humane Society & SPCA.

This year's San Dimas HEROES (Helping Establish a Re-

membrance Of Every Serviceperson) tournament will be held at the Via Verde Country Club in San Dimas on Monday, September 12, 2016. Check in time is from 9 to 10:45AM with a shotgun start at 11AM. LAST MINUTE GOLFERS ARE WELCOMED. For more information you can call the San Dimas HEROES Golf Tournament Hotline at 909 542 8611 or by email at [SanDimasHEROESgolf@gmail.com](mailto:SanDimasHEROESgolf@gmail.com).

# Community Articles Are Welcome

We are seeking articles, photos and news and event items for future issues of the San Gabriel Valley Examiner. Information should be emailed to [SGExaminer@aol.com](mailto:SGExaminer@aol.com) and articles should be in Word format while photos should be in jpeg.



# Around the Valley & Senior News

## AZUSA TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

## Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

## ARCADIA Senior Dances for Adults 50 years +!

The City of Arcadia Recreation & Community Services Department - Senior Services Division offers a live band dance on the first, third, and fifth Monday of each month. August dance is scheduled for the 29th (Linda Herman) from 1:30-3:30pm. Tickets are sold at the door for \$3 per person and include light refreshments. Dances are located at the Community Center, 365 Campus Drive.

For specifics on future dance dates, please contact Arcadia Senior Services at 626.574.5130 or log onto the City of Arcadia Website at [www.arcadiaCa.gov](http://www.arcadiaCa.gov).

## Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinocle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

## COVINA Patriotic Exhibition & Thank You Letters

Experience U.S. patriotism by viewing panel displays and honoring those in the U.S. Armed Services in memoriam of September 11. Write letters to active military members and New York Police and Fire Departments who served or were affected by the events of September 11. Blank letters will be available and mailed to military and first responders.

For more information, please call (626) 384-5303.

## Root Beer Floats Fundraiser

The City of Covina Parks and Recreation Department - Library Services Division is inviting the public to join them on Saturday, August 27 from 1-3pm to come and cool off with a root beer float. For just \$1 donation you will receive a scoop of vanilla ice cream with root beer. All proceeds go towards Library and Literacy programs, while supplies last. Covina Public Library is located at 234 N. Second Ave, Covina.

For more information, please call (626) 384-5303.

## Toy Loan Program At Covina Public Library

In partnership with Los Angeles County Department of Public Social Services, the Covina Public Library offers a new Toy Loan Program, a toy lending service allowing children to borrow toys. Honor Awards are also given to children who bring toys back on time. The Toy Loan Program is sponsored by the LA County Board of Supervisors and the Department of Public Social Services. For more information, or to sign up please visit the Children's Department. Covina Public Library is located at 234 N. Second Ave, Covina.

For more information, please call (626)384-5303.

## Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

## DUARTE Youth Boxing Program

Youth Boxing is an excellent program to help boys and girls ages 8-17, develop their self-esteem and self-discipline. Our knowledgeable coaches are here to teach the fundamentals of boxing, while developing footwork, speed and upper body strength. The training program will also help children gain flexibility, stamina, and coordination.

The Duarte Teen Center Gym is open Monday through Thursday from 4:00 p.m. - 8:00 p.m. and Friday from 4:00 p.m. - 7:00 p.m. There is a \$10 monthly fee for each participant. Non-residents are welcome for \$20 per month. Register now at the Duarte Teen Center. Call (626) 303-0863 for more information or just stop by to see if you are interested.

## Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$2. The Duarte Senior Center is located at 1610 Huntington Drive.

## Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

## Commodity Supplemental Food Program

The Commodity Supplemental Food Program sponsored by the Los Angeles Regional Food Bank provides food to low-income elderly, 60 years and older. Please bring a picture identification and proof of income: Social Security, SSI or pension (bank statement, check stub, benefit award letter.) Every 4th Thursday of every month from 2:00 p.m. - 3:00 p.m. For more information call the Senior Center at (626) 357-3513.

## Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and par-

ticipation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

## GLENDORA Glendora Public Library launches e-magazines!

GLENDORA - Visit the Glendora Public Library website, [www.glendoralibrary.org](http://www.glendoralibrary.org), to download the latest copies (and back issues, too) of your favorite magazines. Titles available include: Consumer Reports, Cooking Light, Men's Health, People, Sports Illustrated, Lonely Planet Traveller and more! For more information, please contact the Glendora Public Library at (626) 852-4891 or visit us at [www.glendoralibrary.org](http://www.glendoralibrary.org).

## Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-9:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit [glenkirkchurch.org](http://glenkirkchurch.org) or call Glenkirk's church office at (626) 914-4833.

## Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is avail-

## Searching for Volunteers

ARCADIA - The Arcadia Community Center is in search of adult volunteers for a number of fun and rewarding programs. Volunteering is a great way to give back to your community, enrich your life, make friends and find purpose. The City of Arcadia Community Center has many areas in which you can donate your time and

able (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

## MONROVIA Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00 a.m. - 10:00 a.m.

## Senior Movies & Munchies

The Department of Community Services invites you to attend the FREE Movies and Munchies program open to all active adults and seniors 50 years and older. Enjoy an afternoon movie and then browse the Library's collection of movies available for rent. For additional information and future movie titles, please contact (626) 256-8246. Movies & Munchies is at the Library Community Room, 321 South Myrtle Avenue on the **Last Friday of the month** at 12:00 p.m.

## Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every **Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is

designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

## Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

## WEST COVINA Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

•For questions on the location of shuttle stops, assistance in locating the stop closest to you, and

route schedules please call (800) 425-5777.

• The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

• The fare is only \$1.00 each way.

•No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

## Senior Lunch

The West Covina Senior Center is an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

## Senior Center Dances

Come on over to West Covina Senior Center and meet other single and amazing couples. The fun awaits you every first and fourth Thursday of each month. Dance to the Big Band Sounds of Sentimental Journey at West Covina Senior Center, 7:30 to 10:00pm, 1st and 4th Thursday of each month. 2501 E. Cortez St.

## West Covina Dance

Dancing Seniors and friends will meet for dancing and socializing on Thursday, August 25th at the VFW Hall 2328 West Merced, West Covina from 7:00 to 10:00pm. Music provided by DJ. Cost \$6.00 per person. Beverages will be available for purchase.

For information call Carol at 626-858-6619.

## Volunteers Needed

Become a Docent Naturalist! We are looking for people who have a passion for nature and enjoy working with children and adults. Trained Docent Naturalists will lead and assist with hikes given to the public and school groups.

To Apply Complete a Volunteer Application at [www.habitatauthority.org/WaysToHelp](http://www.habitatauthority.org/WaysToHelp) or for more information, email Terri at

[THernandez@Habitatauthority.org](mailto:THernandez@Habitatauthority.org)

The training is free and covers the natural history of the Puente Hills flora and fauna. You will also receive our Volunteer Docent Manual and CPR certification. 2016 Classes will be held Wednesdays, September 14th, 21st, 28th and October 5th.

Applicants must be at least 18 years of age and requires flexible schedules and a 48 hour minimum annual commitment.

## Musical Presentation "Songs from 1900's to 1967"

ARCADIA - Arcadia Senior Services will be having a musical presentation provided by Timeless Melodies Foundation for Education on Tuesday, **Sept. 6** at 1:15pm. Musical Historian, Larry Maurer, will focus on songs dating back to the 1900's that are considered the most thoroughly enjoyable songs of the Great American Songbook. Larry will discuss songs by Irving Berlin,

George Cohan, songs from Broadway musicals and much more. There will be twelve songs with lyrics for a group "sing-along". This presentation will be held at the Arcadia Community Center, 365 Campus Drive, Arcadia. The cost is \$3. Please call Arcadia Senior Services at 626.574.5130 for additional information. This program is for individual's age fifty and over.

**Have MEDICARE QUESTIONS???**

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08/25/2016, 09/01/2016, THE SAN GABRIEL VALLEY EXAMINER. AAA2209977.

FICTITIOUS BUSINESS NAME STATEMENT 2016178842 The following person(s) is/are doing business as: TACQOL, 7549 ALONDRA BLVD, PALMOUNT, CA 90723.

Los Angeles County on (Date) 07/22/2016. NOTICE: The following person(s) is/are doing business five years from the date it was filed in the office of the county clerk.

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# Antonovich Honors The 2016 Nisei Week Queen And Court



Supervisor Mark Ridley-Thomas, Princess Kaya Minezaki, Princess Shannon Aiko Rose Tsumaki, First Princess Megan Tomiko Ono, Queen Jaclyn Hidemi Tomita, Supervisor Hilda Solis, Supervisor Michael D. Antonovich, Nisei Foundation President Terry Hara, Supervisor Don Knabe, Miss Tomodachi Julia Kiyomi Tani, Princess April Leilani Nishinaka, and Princess Heather Yoneko Iwata

**LOS ANGELES COUNTY** – Supervisor Michael D. Antonovich honored the 2016 Nisei Week Japanese Festival Queen and Royal Court at the Board of Supervisors meeting. Founded in 1934, the annual Nisei Week Japanese Festival promotes Japanese culture and heritage through exhibits, sporting events, martial arts exhibitions, street art festivals, a grand parade and a car show in Little Tokyo.

On August 13, with a crowd of nearly 700 in attendance at the Aratani Theatre in Little Tokyo, the 2016 Nisei Week Queen and Royal Court were chosen. Queen Jaclyn Hidemi Tomita is a 24-year-old and a graduate of San Diego State University, where she received her Bachelor of Arts degree in Art and Multimedia. She plans to become a Registered Nurse. Jaclyn represents the San Fernando Valley Japanese-American Community Center and will support the "Michael J. Fox Foundation" as her platform.

1st Princess Megan Tomiko Ono is 23-years-old and a graduate of the California State University of Long Beach where she received her Bachelor of Arts degree in Communications Studies and a Minor in Marketing. She plans to attend graduate school and pursue a career in the nonprofit field where she hopes to utilize her marketing and communication skills. Megan represents the Orange County Nikkei Coordinating Council and will support "Lakers Youth Foundation" as her platform.

"Miss Tomodachi" Julia



Queen Jaclyn Hidemi Tomita and Supervisor Michael D. Antonovich

Kiyomi Tani is 24-years-old and a graduate of the California Maritime Academy where she received her Bachelor of Science degree in International Business and Logistics. She plans on becoming a special education teacher or speech pathologist. Julia represents the Pasadena Japanese Cultural Institute and will support "path" as her platform.

Princess Heather Yoneko Iwata is 25-years-old and a graduate of the University of Southern California, where she received her Bachelor of Arts degree in Communications. She plans to be a leader in cultivating diversity within the entertainment industry by opening a small business in Little Tokyo. Heather represents the East San Gabriel Valley Japa-

nese Community Center and will support the pediatric cancer research program as her platform.

Princess Kaya Minezaki is 24-years-old and a graduate of the University of Hawaii at Manoa, where she received her Bachelor of Arts degree in Biology with a Minor in English. She plans to attend medical school and specialize in emergency medicine. Kaya represents the Japanese Restaurant Association of America and will support "Project Angel Food" as her platform.

Princess April Leilani Nishinaka is 23-years-old and a graduate of the University of Southern California, where she received her Bachelor of Arts degree in Physics with a minor in American Studies and Ethnicity. She plans on teaching high school math or science. April represents the Evening Optimist Club of Gardena and will support "Expanding Your Horizons Network" as her platform.

Princess Shannon Aiko Rose Tsumaki is 22-years-old and a graduate of Whittier College, where she received her Bachelor of Arts degree in Sociology and a Minor in Anthropology. She is currently working as a cost planner/analyst at Northrop Grumman Aerospace Corporation and ultimately plans to attain a management role in human resources. Shannon represents the West Los Angeles Japanese American Citizens League and Venice Japanese Community Center and will support the "Susan G. Komen for The Cure" as her platform.

# Chinese Student Delegation Arrives At Duarte High School For Three Week Cultural Exchange Visit



Thirty students visiting from Ningbo Binhai International Cooperative High School arrive at Duarte High School on August 22, 2016. (Photos courtesy of the Duarte Unified School District.)

**DUARTE** - They'll be speaking Mandarin on the campus of Duarte High School for three weeks, starting August 22, thanks to a program that is bringing 30 Chinese students from Zhejiang Province (near Shanghai) for a cultural exchange visit.

The 30 students are visiting from Ningbo Binhai International Cooperative High School and chose Duarte for its diverse population, and its proximity to the large Asian community in the east San Gabriel Valley.

"They're coming here because they wanted as much of an authentic American experience as possible," said Kevin Morris, Duarte USD's director of college and career services and principal of alternative education. "They looked at different districts on the internet and they liked what we represent and they also liked the proximity to the City of Hope."

The 30 students, 15 males and 15 females, will be accompanied by a group leader and two teachers, and will experience a sampling of truly American events during their August 22-September 9 stay. Included are a Friday night Falcons football game, a DHS volleyball game, a pep rally, and a performance by the Duarte High choir.

They'll also attend classes at Duarte High, pairing up with their host students from the DHS Man-

darin classes, as well as the school's Link Crew leadership program. They will bring their own electronic devices (phones, tablets, laptops) to class and learn about the American way of education, although they will not be expected to turn in homework after class.

"One of the goals is to allow our students and the visiting students to experience a true cultural exchange, without any disruption of the educational process," said Morris.

During their stay here, the students will live with families who regularly host international students as part of various exchange programs. Morris said each of these families will host 2-to-4 students, and will provide transportation to and from school as well as many of the activities.

In addition to the athletic events and other events on the campus, the students will also visit the internationally renowned City of Hope, Azusa Pacific University and Citrus College. The visit will culminate with a performance by the Chinese students, and the traditional gift exchange with their host students.

Morris said the decision to pair up Duarte High and the Chinese students originated during the superintendency of Dr. Terry Nichols, and was brought to fruition after Dr. Allan Mucerino became superintendent. A num-

ber of Duarte administrators and teachers have been involved in scheduling the visit, including director of educational services Michael Chavez, and Mandarin teacher Jessie Wong.

"Ms. Wong is super excited because this will spotlight the successes of the Mandarin program, and she will be able to build the program and build interest by planning a future reciprocal trip to China," explained Morris.

When the likelihood of the exchange trip became a reality, Morris contacted an administrator with the Chino Valley School District, which had hosted students from the same exchange group in the past, and learned a lot about how to handle this type of major undertaking.

"He graciously walked me through the process," said Morris. "He was very pleased with the efforts of Susan Tao and the Ivy League Group which sponsors the students. He showed me the ins and outs and how to avoid issues."

The Duarte administrative team is hopeful that this visit could lead to additional visits focusing on Mandarin students at the lower levels, possibly including the IB program and Mandarin students at Maxwell Elementary, and other district schools.

"We hope this is the beginning of a cultural exchange program for all of our students."

# National Association Black Military Women 20th Biennial Reunion Convention

**LOS ANGELES** - The NABMW 20th Biennial Reunion Convention was held August 10-14, 2016 at the Newark Renaissance Marriott Hotel, Elizabeth, NJ. The Theme for the convention was "Black Military Women Rock." The National Association Black Military Women (NABMW) is an association of women located throughout the country who are veterans or current members of the United States Armed Forces. The mission is To seek out, record, maintain and tell the history and heritage of African-American Military Women who served, and are serving, in the United States Armed Forces.

The Los Angeles Chapter of NABMW and its members throughout California were magnificently represented at the convention. COL (RET) Irma H. Cooper, President of the LA-NABMW proudly reported the Chapter's Achievements & Accomplishments to the NABMW Board. She also presented the 1st edition of the History of the Los Angeles Chapter-NABMW which included the members "Tell HerStory" which was a significant accomplishment for the chapter. During the convention there were Business Operations Meetings, educational workshops, and tours of Women Military History in New York.

Among the many speakers, Key Speakers were:

Dr. Gayle Porter, Co-Author of Prime Time - The African-American Woman's Complete Guide to Midlife Health and Wellness will deliver the keynote address at the 20th Biennial Reunion Convention of the National Association Black Military Women (NABMW). Dr. Porter, a licensed clinical psychologist is the co-director of the award-winning nonprofit Gaston and Porter Improvement Center in Potomac, MD. An internationally known expert and lecturer in mental health she has been featured in national radio and television programs including ABC's Nightline

Major La Shone Garth, US Army Retired, the 2016 Miss American Elegance, is a combat veteran with 22 years of service, and a suicide survivor. She is the founder of the Blanket of Freedom nonprofit program focused on reducing veteran suicides. (www.blanketoffreedom.com). She is the national president of Sigma Phi Psi, the first sorority for US Armed Forces women; and an acclaimed philanthropist, writer, producer, and actress.

For more information on NABMW or how to become a member contact the Los Angeles Chapter NABMW at www.nabmwchapter.weebly.com or call 626-290-2074.

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## Patricia Mattera Named Highland Oaks Elementary School Principal



AUSD Board of Education President Janet Chew, Patricia's husband Larry, her daughter, Patricia, AUSD Superintendent Dr. Vannasall, AUSD Board of Education Member Lori Phillipi, AUSD Board of Education Member Kay Kinsler

**ARCADIA** - Patricia Mattera has been selected as the new Principal of Highland Oaks Elementary School. The Arcadia Unified School District Board of Education approved the recommendation of Superintendent Dr. Vannasall and staff at its most recent meeting on August 9, 2016.

"Patti brings a wealth of knowledge and leadership experience to our district, and really shares our vision of innovation with a student-first approach," said Arcadia Unified School District Superintendent Dr. Vannasall.

Mrs. Mattera brings more than 20 years of experience with her to Highland Oaks Elementary School. She was most recently

the principal at Naramake Elementary School in Norwalk, Connecticut. In addition to having experience as a principal, she has also been an assistant principal, elementary classroom teacher, literacy resource coach, and a district coach.

"Patti is actually one of several out-of-state candidates that applied for the position. We are very fortunate to have had a large pool of qualified candidates that applied," said Arcadia Unified School District Assistant Superintendent of Human Resource Services Kevin Hryciw.

Mrs. Mattera has a Master of Arts Degree in Teaching from Sacred Heart University where she also earned her Administrative Credential. She also has a

Bachelor of Science Degree in Elementary Education from Southern Connecticut State University.

"I am thrilled to be joining AUSD as the new Principal of Highland Oaks Elementary School. I look forward to working collaboratively with the Highland Oaks Community," remarked Mattera.

Highland Oaks is one of the highest rated elementary schools in California. The Blue Ribbon school has a distinguished music program, offers numerous extracurriculars, and is rated 10 out of 10 by GreatSchools.

Mrs. Mattera and her husband Larry have three daughters, Toni-Ann, Alyssa, and Nicole.

## West Covina Officer Benitez Returns to Work after Being Shot by Suspect

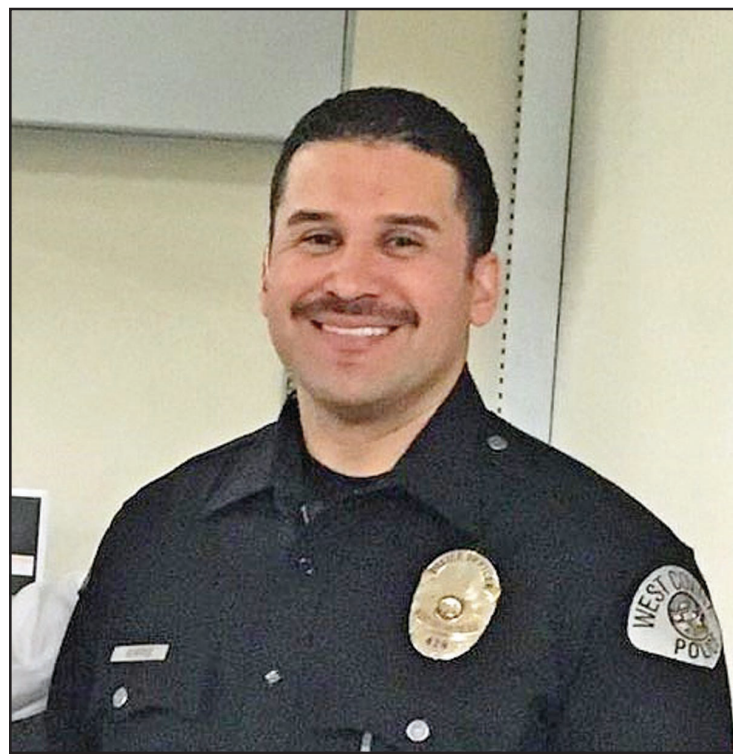
By George Ogden

**WEST COVINA** - Officer Kenney Benitez returns to work at the West Covina Police Department. Officer Benitez was involved in a shooting with a suspect 3 months ago and was shot and is now returning to work and ready to hit the streets once again. "A true hero and warrior!" was a comment stated at his first briefing. The briefing was attended by many of the department personnel to show their support for Kenny.

Three months ago, after a week long search for the suspect, the 47-year-old man was found in Valinda, has been charged with attempted murder of an officer in the shooting. He was identified as Jose Luis Chavez. He has not yet entered a plea. There have been a number of postponements.

Chavez was stopped by the officer while walking with a bicycle with a woman on May 20 on Badillo Street just west of Sunset Ave. As Officer Benitez approached the two, the suspect pulled a gun and started shooting, trying to kill the officer. Officer Benitez was hit in the chest as the bullet missed the protective vest. Benitez was able to return fire and hit the suspect. The suspect then turned and ran. The female started running as soon as the shooting started.

At the time, a containment area was set up and it was believed he was holed up in a house where he often stayed on Yaleton Avenue. SWAT entered the home the next day he was at the location. He was able to flee before the containment area was set up. He was arrested a week later in Valinda and taken to the hospital and was treated for a gunshot wound to his arm. Bail was set at \$2,000,000.



Officer Kenney Benitez returns to work at the West Covina Police Department after being shot 3 months ago. Benitez is happy to be back and happy to be alive.



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