



San Gabriel Valley Examiner

To reach us:
Phone: (626) 852-3374
Fax: (626) 852-1904
E-mail: sgexaminer@aol.com
Web: www.sgvexaminer.com

25 cents

Since 1997 • Published in GLENDORA, California
A Weekly Adjudicated Publication Serving all of Los Angeles County

Volume XX, Issue No. 27

STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

July 6 - 12, 2017

INSIDE



New Tax Rate / A3

Eagle Scout



Lowell Ivory Lindner / A7

INDEX

Financial/Consumer	A5
Legal Notices	B1
City Notices	B14
Classifieds	B20

Azusa: A Community That Remembers And Honors

By Jorge V. Rosales

AZUSA - The replacement and rising of the American Flag at the northeast corner of the intersection of Azusa Avenue and Foothill Boulevard, also known by many as the "The Heart of Downtown Azusa," has been a historical and patriotic event since March 22, 2003. A crisp and colorful new American Flag is replaced by Members of the Azusa Veterans Memorial Committee, under the leadership of then Councilman and now Azusa Mayor Joe Rocha and special veterans or active military guests.

March 22, 2003 at 11:00 a.m. was the reestablishment of an old patriotic tradition. It was the rising of the American Flag on the rooftop of the Wells Fargo Bank. The tradition dates back to 1906 at the then single story United States Bank. The building was taken over by the then the First National and Azusa Valley Savings Bank. The present two story bank building was designed in 1927 in the Spanish Moorish style under FN&AVSB and it was completed on August 11, 1928. One of the final touches of this building was the placement of a flagpole on the rooftop. In 1968, Wells Fargo Bank acquired the building, along with the tradition that no American Flag had been flown over the top of the building since World War II.



Joe Leal, Founder, Veterans Hunting Project raises the new American Flag on the rooftop of the Azusa Wells Fargo Bank Building at the intersection of Azusa Avenue and Foothill Boulevard

The reestablishment of the American Flag being flown over the Wells Fargo building was in honor of those serving in the Iraq and Afghanistan wars. A special guest at that ceremony 15 years ago was Mr. Robert A. Sotela, the father of an Azusan serving in

Afghanistan. Sotela said, "I had the pleasure of going up on the roof of Wells Fargo Bank with Mr. Joe Rocha back in 2003 and putting up the first Flag in honor of one his students and my Son Staff SGT Rick Sotela who at the time was serving in Afghanistan with the US Army. Thank you Joe, for your continued support for all our troops."

The last time that the Ameri-



Members of the Azusa Veterans Memorial Committee and Veterans Hunting Project on rooftop of the Azusa Wells Fargo Bank building replacing the American Flag

can Flag had been replaced was on Friday, September 30, 2016. This time the flag lasted approximately three months more than it usually does. The flag condition is monitored by Jim Griffin, Azusa Veterans Memorial Committee Member. He notifies Mr. Rocha of the need to replace the flag so that he can coordinate with the Wells Fargo Manager to obtain permission and access to the roof.

On Saturday, July 1, a dozen AVMC volunteers and guests climbed two flights of stairs to gain access to Wells Fargo building's lower roof portion. In

order to gain access to the rooftop where the flagpole is mounted, each of the volunteers individually was required to climb a fixed steel ladder secured to a wall. Joe Leal, Founder, Veterans Hunting Project, who is an Iraq combat veteran, was a special guest. Leal has dedicated his life to serve "All who have served" and their families. He brings to VHP the same honor and dedication that he gave while in military uniform and in-service to the United States of America and he lives the VHP values of loyalty duty, respect selfless service and honor.

Glendora Education Foundation Honored At Cal Nonprofit Day

SACRAMENTO - The Glendora Education Foundation was honored in Sacramento, CA on June 28, 2017 by Assemblywoman Blanca Rubio as the 48th District's nonprofit of the year. Board members Daniel Boyer and Melinda Dilwicius, accompanied by Mayor Gary Boyer, visited the capital to meet Assemblywoman Rubio and accept the honor.

Boyer and Dilwicius were greeted by Denise Barajas, a representative from the assemblywoman's office. After quick introductions they visited the Senate floor and were then escorted to the Cal Nonprofit event luncheon at the Sacramento Convention Center. Assemblywoman Rubio joined the group for lunch where all honorees were named and a keynote address was given by Attorney General Xavier Becerra.

This second annual California Nonprofits Day honored nearly 100 organizations from all over California. "We are thrilled to celebrate the second annual California Nonprofits Day," said CalNonprofits CEO Jan Masaoka. "CalNonprofits initiated California Nonprofits Day as a way not only to honor and spotlight the excellence of individual nonprofits, but to raise the profile of the entire nonprofit community to legislators."

Dilwicius said, "It was an honor for the Education Foundation to be selected as the



Assemblywoman Blanca Rubio with Glendora Education Foundation Board members Daniel Boyer and Melinda Dilwicius, accompanied by Glendora Mayor Gary Boyer.

nonprofit of the year for our district. It's especially gratifying to know that representatives like Assemblywoman Rubio recognize the importance of education and what a large impact even a small organization

can make in the lives of so many."

To date, the Glendora Education Foundation has raised more than \$4 million for Glendora Unified students. Other fundraising efforts include an annual golf tournament, Glendora Schools Week, and school-based campaigns that target the needs of individual schools.

To learn more about the Glendora Education Foundation, visit their website at www.GlendoraEdFoundation.org.



Members of the Azusa Veterans Memorial Committee along with Azusa Mayor Joe Rocha (5th from right), Councilman Eddie Alvarez (2nd from left), and Joe Leal, Founder, Veterans Hunting Project, (5th from left) get ready to go up to the roof of the Azusa Wells Fargo Bank building to replace the American Flag.

Sic Psycles' Motor Cycle Club Girls Wish Veterans a Happy 4th of July at VFW Post



Lloyd Johnson and the Sic Psycle Girls wishing veterans a Happy 4th of July at the VFW Post 8620.

By George Ogden

WEST COVINA - The West Covina VFW Post had the Sic Psycles motorcycle club come by and have a club meeting. The women of the club wanted to wish the VFW and other veterans a happy Fourth of July. So they gathered around Lloyd Johnson's car which is dedicated to the veterans and held flags that were donated by Albert Robles who is

a real estate broker in the area as well as a bartender for the VFW.

Mr. Robles, has donated hundreds of flags not only to the VFW, but throughout the community. It does two things. It gets the patriotic flag, our symbol of freedom, out there in our community as well as advertising his real estate business. The flags can be stuck in the ground, or put on the antenna of the car, or dis-

played any way you would like.

The VFW would like to thank the Sic Psycles for their support in the community and of our veterans as well as Albert Robles for all that he has done.

The VFW Cmdr. has stated that the VFW will soon recognize Albert Robles for helping a number of veterans with reverse mortgage issues and actually aided in saving their homes.

San Gabriel Valley
Examiner
To Advertise In
The San Gabriel Valley Examiner
CALL 626-852-3374

What to Do to Stop Unwanted Phone Calls



PHOTO SOURCE: (c) auremar - Fotolia.com

formation: If you receive an unsolicited call from any company, including one you do business with, tell them that you will not give them information until you verify the call is legitimate. Then, call the phone number you know or that you get from the company's website to confirm.

- Ask your phone company to block the number. Your carrier may be able to block certain numbers, although robocallers frequently change and disguise their numbers.

- You can use technology to block calls. Various companies offer products or services that help you control what calls ring on your phones. They range from mobile apps for wireless phones to devices you can plug into your home phone jacks in order to block robocalls to your wireless phone.

The FTC encourages consumers to report unwanted calls to www.donotcall.gov or 1-888-382-1222. Complaints may also be filed with the FCC online or 1-888-CALL-FCC (1-888-225-5322).

More information can be found at ntca.org/robocalls and fcc.gov/consumers/guides.

As a consumer, you have more power than you may realize to control who calls you and when. Thanks to new resources, you can take concrete steps to help put a stop to robocalls. (StatePoint)

Whether you use a landline, mobile phone or both, you've likely received those pesky robocalls -- phone calls that use a computerized auto-dialer to deliver a pre-recorded message. As a consumer, here is what to know about this common annoyance to your home or personal line.

- Robocalls are often illegal. However, keep in mind that some robocalls are permitted, such as companies you have done business with under certain circumstances, medical appointment confirmations and school closing calls. Political and charitable calls are among others that also may be allowed, along with banks and telephone companies, provided those companies make the calls themselves. Remember, many robocalls illegally disguise, or "spoof," their Caller ID information or violate other rules.

- Advocates are working to mitigate the problem. For example, NTCA--The Rural Broadband Association and its members of more than 800 independent, community-based telecommunications companies are working to provide information to the Federal Commu-

nications Commission (FCC) Robocall Strike Force to further develop and implement solutions to detect, assess and stop unwanted calls from reaching customers.

- Never respond to a robocall. The Federal Trade Commission (FTC) recommends that if you receive a robocall, simply hang up. They also warn consumers not to press any number to speak to a live operator or to unsubscribe from the list, as this will tell the robocaller that it's reached a live number.

- Don't give out personal in-

P & M Management, a healthcare partner you can rely upon with four nearby locations to service your individual needs. We invite you to take a tour of our beautifully appointed facilities where caring for you and about you is our pleasure and our commitment.

Mesa Glen Care Center



Available services include:

- Skilled rehabilitation services
- Weekly MD supervised wound evaluations
- Respite, Short term, Long term & Hospice stays
- Nutritional oversight of medical conditions
- Cable TV provided to each resident
- Wi-Fi availability throughout the facility
- Accepting Medicare, Medi-Cal, HMO and Kaiser insurances

638 E. Colorado Ave., Glendora Ca. 91710
(626) 963-6091

Offering our residents:

- Skilled rehabilitation services
- Wound care management
- Short-term recovery and long term needs
- Stroke Recovery Programs
- Cable TV provided to each resident
- Wi-Fi availability throughout the facility
- Accepting Medicare, Medi-Cal, and HMO insurances

9333 La Mesa Dr., Alta Loma, Ca 91701
(909) 987-2501

Rancho Mesa Care Center



Villa Mesa Care Center



99 Bed Skilled Nursing Facility

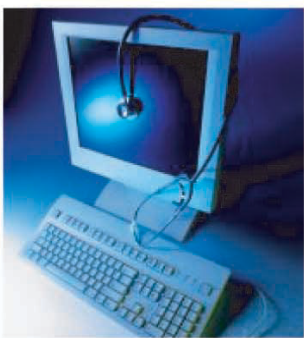
Programs provided include:

- Physician directed plan of care
- Post surgical and wound care
- Pain Management
- Skilled Rehabilitation services
- Cable TV provided to each resident
- Wi-Fi availability throughout the facility
- Accepting Medicare, Medi-Cal and HMO Insurances

867 E. 11th Street, Upland, CA. 91786
(909) 985-1981 (909) 981-6888

AD SPACE AVAILABLE AT REASONABLE RATES.
CLASSIFIEDS, DISPLAY ADS, LEGALS ADS
CALL 626-852-3374

COMPUTER SERVICE & SUPPORT



EPOCH NETWORK LTD.
COMPUTER MGMT. SOLUTION

FAST • AFFORDABLE • RELIABLE
Serving Business & Residential

- Troubleshooting
- On-Site Repairs, Installation, & Upgrades
- Virus / Spyware Protection & Removal
- Data Backup & Recovery
- Website Development & Hosting
- Network Cabling Design, Set-Up, & Maintenance

Call Now!

(626) 650-1100

Mon-Fri from 9 am - 5 pm
20628 E. Arrow Hwy, Suite 7
Covina, CA 91724
www.epochnetwork.com





CELEBRATE YOUR INDEPENDENCE
and Hear Better with HearUSA!



INTRODUCING PURE® 13 BT HEARING AIDS

The world's first hearing aid that connects directly to your iPhone® and TV via Bluetooth® to deliver HD sound.*

- ★ Pair with your iPhone for **effortless and hands-free calling**
- ★ Stream your favorite shows and music **directly to your hearing aids** using StreamLine TV
- ★ Powered with advanced technology that delivers **clinically proven** better than normal hearing with less effort in demanding listening situations**

FEATURED ACCESSORY!
★ ★ ★ ★

The new StreamLine TV is specifically designed for ultra high-definition streaming of audio directly to your Pure 13 BT hearing aids. Compatible with most TVs and stereos!



FREE \$25 GIFT CARD
with a **FREE Hearing Screening.**

Must have hearing loss. Valid one gift card per customer per 12 month period. Offer expires 7/31/17

\$1,000 OFF
purchase of a pair of advanced and premium level digital hearing aids.

Everyday retail price for Signia level 5 is \$3,845 each. Sale Price \$3,345 each. Offers cannot be combined. Excludes previous purchases. Not valid with any other discount health plan. Offer expires 7/31/17

Call 1-855-244-1920

for your FREE Hearing Screening!



HearUSA
America's Most Trusted Name in Hearing Care.

New Location!
2360 S. Azusa Avenue
Ste. A-3, West Covina



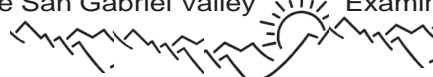
Jimmy Trimble
Licensed Hearing Aid Dispenser (LHAD)

* iPhone is a trademark of Apple Inc., registered in the U.S. and other countries. The Bluetooth® word mark and logos are owned by the Bluetooth SIG, Inc., and any use of such marks by HearUSA is under license. Other trademarks and trade names are those of their respective owners.

** Two independent clinical studies have shown that Signia hearing aids with binaural processing provide better than normal hearing capabilities in certain demanding listening environments.

www.hearusa.com

© 2017 HearUSA, All Rights Reserved.



City's Downtown Street Market Returns By Popular Demand

Annual debut slated in collaboration with summer concerts

BALDWIN PARK - What once began as a seasonal outdoor market during the summer months has become an annual tradition in Baldwin Park, with an extended opening into early fall. Beginning Thursday, July 6, local residents and visitors - as well as their family and friends - are invited to join in the city-operated Downtown Street Market.

The weekly outdoor event will be held every Thursday from 5 p.m. to 9 p.m. at Morgan Park, 4100 Baldwin Park Blvd. Both attendance and parking are free.

Beginning July and through August 10, the Downtown Street Market will fall in line with the city's annual Summer Concerts in the Park series, providing invigorating live band entertainment for guests. It will then be relocated to Maine Avenue (between Ramona Boulevard and Palm Street) from August 17 through September 21.

The Downtown Street Market will offer traditional fare from

local produce farmers, free inflatable jumpers for children, and artisan and commercial vendors. Associates from various eateries, including several Baldwin Park businesses, will offer an array of cuisines. In addition, Via Mar Restaurant will provide a beer garden for adults age 21 and over, organizers noted.

"This is a great opportunity to bring the business community together with the private groups, and for residents and families to come out and enjoy a fun activity for all ages. We offer something that entertains everybody - from the youngest to the oldest," said Maria Moreno, acting operations supervisor with the Department of Recreation and Community Services.

Along with promoting community comradery, Baldwin Park's Downtown Street Market complements the city's healthy living campaign, an ongoing effort to promote health-conscious activity and habits for all residents.

"This allows an opportunity for the community to have access to fresh fruits and veggies," said Manuel Carrillo, director of the recreation department. "It also provides opportunities for families to come out, recreate and enjoy themselves."

Introducing a farmers' market-style event to Baldwin Park came as an extension of a seasonal event that had been organized by the Department of Recreation and Community Services beginning in 2014. At that time, recreation department staff had coordinated and hosted a six-week Summer Street Fair along Maine Avenue. It drew hundreds of residents, merchants, and other businesses to the downtown area to shop and spend time among community.

The success of that summer fair continues with the city-sponsored Downtown Street Market. The timeline of the outdoor market has since doubled, now totaling 12 Thursday evenings with more than half a dozen new features.

For example, Techniques Los Angeles Car Club will host a classic collectible car show every

Thursday. In addition, a LEGO® Play-Well TEKologies play zone will feature tens of thousands of LEGO® pieces and parts designed to help spark children's engineering skills. The LEGO® display will be available during the last four weeks of the Street Market, said Moreno.

"We wanted to bring in something new for the kids, to be bring in something simulating a challenge for them to build," she added. "I think it'll be fun; it's something new to experience."

Other amenities during this year's Street Market include a special presentation by Ford Motor Company. On August 31, a Ford F-150 vehicle will be on display to showcase as well as test drive. Downtown Street Market guests will be invited to test drive the vehicle, and a \$10 gift card will be given to those take up the opportunity.

In addition, POWER 106 radio associates will be on-site at the event on August 17 and again on September 14 to showcase the station's DJ Party Bus.

A slew of local businesses and organizations have collaborated with the city to sponsor the Downtown Street Market. Included are: Journey Fitness; Lakeside Financial Services; Imagine Printing Solutions; Via Mar Restaurant; Sprint; CareMore; Football Transit; Garduno's Taco King; Park Plaza; Guadalajara Grill Restaurant; Central City Community Health Center; El Jacal Restaurant; Papa John's Pizza; Premiere Career College; and Party 360.

"Our community deserves an event like this, and the success of the Street Market speaks volumes of how well both the businesses and the community have embraced it," Moreno said.

An estimated 80 vendors are expected weekly at this year's outdoor market. Local business and organizations are invited to participate, with priority registration rates available to Baldwin Park groups, officials said. To reserve a booth for the Baldwin Park Street Market, call Moreno at (626) 813-5245, Ext. 316, or e-mail her at mmoreno@baldwinpark.com.

Baldwin Park Unified School Meal Applications Available

BALDWIN PARK - Applications for free-and-reduced-price school meals for students will be mailed home to families during the summer and is also available at school offices and online after July 1 at www.bpusd-mealapp.com/.

Families can also pick up meal applications in the Nutrition Services Department at the District Office located at 3699 N. Holly Ave.

To apply, households must complete one application per household and return it to the Nutrition Services Department. Applications may be submitted at any time during the school year. An adult household member must sign the application.

Household size and gross income are used to determine eligibility (see chart below). Children who are members of CalFresh households, California Work Opportunity and Responsibility to Kids (CalWORKs), the Food Distribution Program on Indian Reservations (FD-PIR), foster children, homeless, migrant, runaway and children enrolled in Head Start are automatically eligible regardless of household income in which they reside.

Baldwin Park families that do not receive a letter stating that their children qualify automatically should contact the Nutrition Services Department at (626) 856-4224.

City Of Arcadia Code Services And The San Gabriel Valley Mosquito & Vector Control District Workshop

ARCADIA - City of Arcadia Code Services and the San Gabriel Valley Mosquito and Vector Control District will be hosting a workshop on Wednesday, July 19, 2017 at 5:00 p.m. at the Arcadia Public Library Auditorium, located at 20 W. Duarte Road. Arca-

dia residents are invited to attend.

Residents will have the opportunity to meet staff from Code Services and the San Gabriel Valley Mosquito and Vector Control District. This interactive workshop will include useful information on

Probation Opens New Juvenile Facility, Marking Introduction of the "L.A. Model" for Juvenile Rehabilitation

LOS ANGELES COUNTY - For the first time in nearly a generation, the Los Angeles County Probation Department will open its doors to a new era in juvenile rehabilitation with the much-anticipated opening of the completely redesigned Campus Vernon Kilpatrick in Malibu, CA.

Campus Kilpatrick's re-opening not only celebrates the physical transformation of the former juvenile residential treatment detention facility, but also introduces a new research-based model for that utilizes therapeutic and holistic approaches to juvenile rehabilitation.

Campus Kilpatrick has been three years in the making. Supervisor Sheila Kuehl who represents the area, said, "The new L.A. Model being implemented at Campus Kilpatrick emerged from years of collaboration between County Probation leaders, Supervisors' offices, community advocates and outside experts. Working together, we are ready to roll out a new research-based, rehabilitative juvenile justice model based on best practices gathered from across the nation. Campus Kilpatrick represents another major step in the County's effort to move away from punishment and towards rehabilitation in accordance with contemporary science and legal

opinion. We have a responsibility to provide the County's young people with a second chance and the programs needed to stabilize their lives and set them on a path to success. I want to extend special thanks to the incredible staff in the County's Third Supervisorial District who worked tirelessly to make this new vision a reality."

Among many new practices at Campus Kilpatrick, youth will be housed in cottages, not military style barracks, and will be permitted to wear their own clothes. Campus Kilpatrick will also have improved staff-to-youth ratio and programming that emphasizes education, counseling and vocational training led from a trauma-informed child centered approach. Over time, this new "L.A. Model" piloted at Campus Kilpatrick is expected to become the model for all the county's juvenile facilities.

Terri McDonald, L.A. County's new Chief Probation Officer said, "I am very appreciative of the work of the many people -- from leaders in the Probation Department, along with other County departments, Supervisors' offices, and perhaps most significantly, the participation of community advocates -- all of whom have informed our thinking about how Campus Kilpatrick

should look and how it should operate. The L.A. County Probation Department is committed to providing our young people with the environment and treatment they need to build a productive future for themselves."

Campus Kilpatrick and the new "L.A. Model" have attracted the attention of national juvenile justice leaders. Vincent Schiraldi, Senior Research Fellow, Harvard Kennedy School Program in Criminal Justice, and former juvenile justice director in Washington, DC and New York City Probation Commissioner, said, "The opening of Campus Kilpatrick marks the beginning of a new era for Los Angeles Probation - one marked by a renewed focus on rehabilitation and building on youths' strengths. Combining state-of-the-art facilities with a strong programmatic model and a robust continuum of community programs create the potential for this to truly represent the "L.A. Model!"

L.A. County operates the largest juvenile probation program in the country, with 11 juvenile camps, three juvenile halls, and over 2,000 employees dedicated to juvenile probation services.

Campus Kilpatrick received its official dedication in a June 30th ribbon-cutting ceremony in Malibu.

New Tax Rate on Tobacco Products Effective July 1st

SACRAMENTO - On July 1, 2017, the tax rate on tobacco products other than cigarettes has increased from the rate of 27.3 to 65.08 percent of the wholesale cost. In November 2016, California voters approved Proposition 56, which increased the excise tax rate on cigarettes, and expanded the definition of "tobacco products" to include little cigars, tobacco and nicotine intended for human consumption, and electronic cigarettes sold in combination with nicotine.

In keeping with California law, the Board of Equalization (BOE) adjusts the tobacco tax rate annually during its April meeting. In accordance with Revenue and Taxation Code section 30123(b), the BOE is required to annually calculate a tax rate on tobacco

products that is equivalent to the combined rate of tax imposed on cigarettes (\$2.87 per pack of 20, or \$0.1435 per cigarette). The tobacco products tax is imposed upon the first distribution in California, paid by the licensed tobacco products distributor, and based on their wholesale cost prior to any discounts or trade allowances. The fiscal year 2017-18 Tobacco Products Tax Rate is based on the wholesale premium brand cigarette price as of March 1, 2017, as published by the Tobacco Merchants Association. The new tobacco products tax rate will stay in effect through June 30, 2018.

Other tobacco products include, but are not limited to, cigars, little cigars, smoking tobacco (including shisha), chewing

tobacco, snuff, nicotine delivery devices (for example, e-pipes, vape pens, e-hookahs) sold in combination with any liquid or substance containing nicotine, and any products containing, made of, or derived from any amount of tobacco or nicotine that is intended for human consumption. Nicotine delivery devices sold independently, without nicotine, are not subject to the excise tax. This includes any battery, battery charger, carrying case, or other accessory used in the operation of a nicotine delivery device. "Tobacco products" do not include cigarettes or any product that has been approved by the United States Food and Drug Administration for sale as a tobacco cessation product or for other therapeutic purposes.

Vacancy On Charter Oak Unified School District Governing Board

CHARTER OAK - There is a vacancy on the Charter Oak Unified School District Governing Board due to the passing of Mr. Joseph M. Probst.

The Governing Board will be making a provisional appointment in lieu of a holding a special election. Los Angeles County Registrar-Recorder/County Clerk has estimated the cost of a special election to be \$111,000. The provisional appointment term expires with the November 2018, general election and at that time, voters will decide who will fill the remaining two-year term.

Applications for this 16 month appointment are now available at the District Service

Center (DSC), located at 20240 E. Cienega Avenue, Covina. Deadline to submit an application is Thursday, July 20, 2017, at 4:30 p.m. Interviews are scheduled for Thursday, July 27, 2017 at 5:00 p.m. in the Board Room at the DSC.

A Governing Board member

must reside within the school district, be 18 years of age or older, a citizen of the United States, and a registered voter. Please contact the Superintendent's Office at (626) 966-8331, extension 90501, if you require further information.

Meet Glendora's Police Chief Lisa Rosales at Republican Koffee Klatchers Meeting

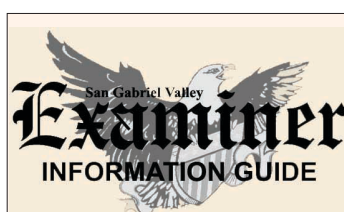
GLENDORA - Glendora's new Police Chief, Lisa Rosales, is one of seven female police chiefs in Los Angeles County and is facing the myriad of challenges all policing agencies deal with today. Open communication and building positive relationships is a first on her "to do" list but she will touch on some of the serious situations Glendora and cities face today.

Come meet Glendora's new police chief who was, in one article touted as having "an unorthodox policing style..." and find out what that style is and what it means to Glendora and how it impacts all of us.

Join the Republican Koffee Klatchers on Saturday, July 8th at Denny's Restaurant, 546 W. Baseline Rd., Glendora (210 freeway at Grand Ave.). 8:30 a.m. Registration and 9:00 a.m. our speaker.

Please RSVP to 626-963-3895 or lmshade1043@gmail.com. Cost: \$12 for breakfast; Coffee only \$5.

Upcoming Event?
Send us an email at SGExaminer@aol.com



1160 Englewild Dr.
Glendora, California
91741
Phone (626) 852-3374
Fax (626) 852-1904
E-mail: sgexaminer@aol.com

EUGENE F. MOSES
Publisher/Editor

Edward M. Moses, Esq.
Legal Counsel

Jayam Rutnam
Contracted Reporter

George Ogden
Contracted Reporter

Glenn Purbaugh
Photographer

Contributing Writers
Pat Murphy
Joan Hallidy
Ken Herman
Charles H. Bayer
Jorge V. Rosales
Lois M. Shade
Julia Yoder
Gene Morill
Jenny H. Park

San Gabriel Valley Examiner, published weekly by Eumo Enterprises, has been adjudicated as a newspaper of General Circulation for the County of Los Angeles, California in Court Case No. KS 005341.

Mission Statement

- We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain.
- We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.
- We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.
- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

DISCLAIMER

Views and opinions of writers, contributors and columnists are their own and do not necessarily reflect the views of the publisher or the newspaper.

SUBMISSION POLICY

All submissions for publication become the property of San Gabriel Valley Examiner and will not be returned. San Gabriel Valley Examiner does not guarantee submissions to be published. All submissions are subject to editing, including to conform to space limitations.

Contributing Writers:

The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer. Thank you for your cooperation.

MS4: Taxpayers Win Round One

We have good news and other news about the MS4 stormwater permit issue and Hertzberg's SB 231 legislation, a proposal that could have added anywhere from \$1,000 to \$1,400 a year to your property tax bill without allowing you to vote on that tax increase.

The good news is the sleeping giant called the Sacramento Legislators has been awakened thanks to our local elected officials, the Howard Jarvis Taxpayers Association (HJTA) and especially all those average citizen taxpayers who took 2 minutes to phone, fax or email their VOTE NO message to their representatives on Hertzberg's second attempt at passing this bill.

SB 231 was scheduled for a vote on Monday, June 24, and was pulled back to be voted on Thursday, June 27, and then, disappeared from the agenda on Thursday. A reliable insider source confided that 15 Democrats after hearing from HJTA and an outpouring of citizen phone calls decided to take another look at the bill and back off. We thank those members for listening.

Hertzberg called the bill a "solution" to the \$20 billion cost to L.A. County cities to meet the federal Clean Water Act (CWA) mandate ensuring when stormwater leaves their jurisdiction it is chemical free using infiltration through various watershed projects or structural means.

There are 33 chemicals considered pollutants that cities are responsible for through the MS4 permit issued by the Regional Water Boards, all appointed board members by the Governor and not elected. No funding from the federal or state governments is provided.

The "solution" became a process that circumvented Prop 218, the voter approved proposition to allow voters to vote on property tax increases, by calling stormwater runoff sewer water and let local governments add a property tax assessment to pay for MS4. Cities are allowed to levy costs for water, sewer and trash without a vote and if stormwater was added to that list, you



Lois M. Shade
Former Mayor of Glendora

would have been had that property tax increase. A 2002 court ruling had already said stormwater runoff was not sewer water and a tax proposal would require a vote of the people.

State staff had asked members during the bill hearing process: "Should the Legislature override the courts, and potentially the will of the people, by allowing local governments to raise fees [taxes] for storm water cleanup projects without a vote?" To counteract the staff diagnosis of the bill, Hertzberg came up with a mail-in ballot solution at additional cost to local governments who would have to oversee the mail-in ballots and count the votes all to accomplish Hertzberg's dance around Prop 218 rather than "play be the rules".

Let's go back a bit to sometime around June 2014, when there were hearings in D.C. concerning expansion of the authority of the U.S. EPA and redefinition of the "waters of the U.S." in the CWA. That redefinition expanded EPA's jurisdiction and definition of navigable waters from oceans, lakes, and rivers to drainage canals and ditches in farm country to flood control channels in urbanized areas in the name of pollution control.

Comments in the record then included: Larry Martin representing National Water Resources Association (NWRA) who referred to this EPA rule as "jurisdictional creep" with implications and impacts on farming, water providers, water recycling and the courts.

Senator Ted Cruz (R-TX) said, "The EPA's unilateral expansion

of the Clean Water Act [could] include regulation of puddles and temporarily flooded areas [and] is an abuse of power that would allow the EPA to march into the backyards of many Americans."

I think this is where I should say - We met the enemy and it has arrived ... at least at the doorstep of the cities in Los Angeles County.

This new Clean Water Act rule is why our cities are not allowed to use existing flood control channels to discharge stormwater to spreading basins to filter through the ground where it would be cleaned up through that filtration process and become drinkable. We would be discharging polluted water into "waters of the U.S." which according to the new EPA rules is illegal. Cities must construct new systems to ensure the "polluted" water with 33 named chemicals doesn't leave their jurisdiction. And, that is where the \$20 billion comes in and puts your Prop 13 property tax bill at risk.

As promised, there is other news and it comes in the form of a request from Assemblyman Al Muratsuchi (D-66) Chair, Joint Legislative Audit Committee. He has requested approval of an audit of Los Angeles, San Francisco and Central Valley Regional Water Quality Control Boards to review the MS4 permits issue. The objective is to determine and compare the requirements the Regional Boards are issuing to cities and the costs associated with the requirements for the MS4 permits. This is a first step that should be supported across party lines to understand exactly what is going on before we all go bankrupt.

Second step and last comment: In February, President Trump signed an executive order directing the EPA and Army Corps of Engineers to review the expanded definition of navigable waters based on Justice Scalia's opinion ... "Clean Water Act confers federal jurisdiction over non-navigable waters only if the waters exhibit a relatively permanent flow, such as a river lake or stream ..."

Missing South Pasadena Little Boy Found Dead

I'm sure that we all have been following the story of the five-year-old little boy from South Pasadena who went missing April 22 when his father failed to return him to his mother after a custody visit. The father, Aramazd Andressian, 35, was found passed out next to his car which was covered with gasoline and a rag sticking out of the gas tank. When questioned, the father of Aramazd Andressian Jr. claimed that he did not know what happened to his son. The police originally arrested the father and questioned him and were unable to get sufficient information to hold him.

The search was on for the little boy. Police considering the fact that this may be a custody battle, the little boy may be with relatives or friends of the father. An extensive search for the boy was launched. It was found that the father had taken the little boy to Disneyland and later was seen at another location near Lake Cachuma. Witnesses claimed that they had seen the father and the boy in that area and the police started a search around the lake and in the lake for the little boy. As time passed and with the father being released, this was compromising the investigation and the search. However, law enforcement did not give up the search or the investigation.

Public pleas from the mother and other relatives to anyone out in the community to please



George Ogden
That's just the way it is!

come forward with any information and help reunite the son and the mother.

The father soon left the area and ended up in Las Vegas, however, it wasn't without the watchful eyes of the authorities. After staying in Las Vegas for 47 days, they observed the father who shaved his beard off and changed his hair color, was a clear indication that he was changing his appearance and was planning to leave the United States. The authorities had developed enough information to arrest the father once again. Law enforcement did not state what kind of information that they had to put him back into custody on June 23rd.

Soon, we found out. The little body of Aramazd Andressian Jr. was found Friday during search of the area near Lake Cachuma on Friday, June 30th. There was no information on the cause of death.

I cannot help but feel it is a sad day for law enforcement when they are handcuffed so bad that they have to let a murderer loose because of techni-

calities. They were lucky to arrest this piece of garbage again when they were able to uncover some additional information that allows them to make the arrest. Now, he is being charged with first-degree murder and I do not think bail has been set as of yet. Presently, I believe there is no bail because he is a flight risk.

For all of us who have been following this story, I am sure we are all saddened with the final outcome.

I have to say, it is beyond the scope of my imagination or comprehension that a father would kill his five-year-old little boy because of a custody battle. Sadly, things like this have happened in the past.

Unless "We the People", take back control from our legislators in the Assembly and even in the Senate who has gone out of their way to relax the laws to let criminals out into our community. That assembly Bill that the assembly had passed, AB - 109, which allows convicted criminals an early out of prisons because they are too full. Time and time again, we have heard about the claims against property and people, including rapes and murders, committed by these early out prisoners. This puts blood on the hands of those assembly members who voted for AB - 109. This Assembly Bill in my opinion is a crime against the people.

"That's Just the Way it Is!"

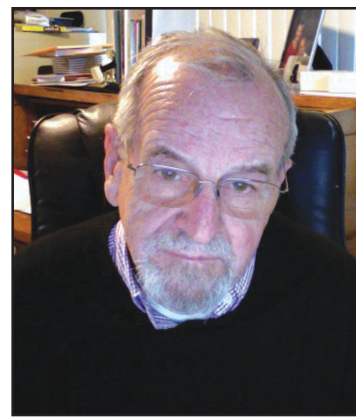
A Recipe For The End Of Human Habitation

The world's leading climatologists, historians and archeologists have joined in spelling out some of the ways by which a variety of civilizations have brought about their own demise. Often the cultural collapse was the result of the community's profound insult of mother earth. Pick a fight with nature, and eventually you will lose. We may be in a hurry, but nature will take her time as she moves incessantly toward an inevitable conclusion. Here are seven sure-fire losers in which civilizations have tried to outwit nature, and lost.

1. Deforestation.
2. The erosion of topsoil.
3. Salinization of fresh water, and the improper management of both surface and underground reservoirs.
4. Over hunting and over fishing.
5. Population explosions overwhelming natural resources.
6. Polluting the atmosphere.
7. Human generated climate change, in particular, global warming.

In each of the above the civilization was decimated when, for a variety of reasons, the culture simply failed to pay attention, or pretended that the natural world offered unlimited resources for it to use or use up. Any one of these natural affronts will eventually bring down the culture that fails to pay attention. One of our most difficult lessons is our willingness to realize that the planet does not have unlimited natural resources, and that when we use them up there just aren't any more.

The only adequate response



Charles H. Bayer

must be for us to take a conservative approach. While our way of life is based on continual growth, that perspective will ultimately spell our demise. While we may long for a six percent economic growth rate, the final answer might mean a zero growth rate. While that may be a bitter pill to swallow in a capitalistic economic world, we may have no other responsible choice.

When in 1972 "The Club of Rome" published a book spelling out The Limits of Growth, the industrialized world was scandalized. Now forty-five years later we may just be beginning to confront what these scientists and business executives were trying to tell us-we live on a ball of mud, water and rock whose resources are finite.

Here is the contemporary shock. We are currently faced with the reality that we are involved with every one of these potentially catastrophic issues. We are losing the nation's topsoil at an alarming rate. Trying to make up for the rape of the soil by the increased application of artificial fertilizers only complicates the problem. In a decade we

are managing to destroy the nutrient-rich soil it has taken nature a century to create. Our forests and undeveloped wilderness areas are disappearing. The depletion of our oceans' abundance cannot be rectified by resorting to fish farming. Efforts to feed the billions of hungry stomachs means that millions will starve to death-are already starving!

This brings us to the most immediate problem: climate change and global warming. There is no need for me to make the case here. The world's scientists have already made it. The earth is heating up, and central to the cause is human activity, principally the burning of fossil fuels. We have been warned by those who know best that we may be approaching a tipping-point leading, on the downhill side, to a planet no longer hospitable to human life. Scientists from more than a hundred nations gathered in Paris determined to do something about the crisis.

A month ago Trump pulled the United States out of this effort, having convinced himself that the whole thing is a made-up sham. His justification? What the scientific community asks nations to voluntarily do might interfere with our economy, so we can have no part of it. So the nation, and the earth itself, will have to bear the shame produced by a non-scientist who is an ignorant buffoon. Whatever the ensuing environmental catastrophe, the political lemmings following him over the cliff will have no one to blame but themselves.

Contact Charles Bayer at candwbayer@verizon.net

"TIME JOCKEY" - Rancho Castilla

By Joe Castillo

Rose of Castille.... You're probably thinking that this column is about my rancho but the names are only coincidental. This is the story of one the earliest ranchos in the Los Angeles area, a rancho that had its own unique history in Southern California. But first a little background on ranchos in California. In the Spanish era, the crown dedicated land to be used for special purposes such as livestock grazing, cattle raising and agricultural crops. The ranchos were usually located around pueblos, Missions and presidios but ownership still belonged to the King and Spain.

The first California rancho was granted to Juan Jose Dominguez who was given a 48,000 acre rancho which became known as Rancho San Pedro. When the Mexican era began, the Mexican government solicited settlers for the frontier area of Alta California. The objective was to provide an incentive of free land to prospective new land owners. From 1821 - 1846, the Mexican government authorized Mexican governors to award large land grants to individuals, which the governors usually 'gifted' to their close friends. When the Mexican government secu-

larized the vast land holdings of the California Missions in 1833, the number of land grants significantly increased especially to the 'friends' of the governor. Following the founding of the Mission San Gabriel in 1771, the Spanish Franciscans surveyed the entire area of the present day San Gabriel Valley and Los Angeles. Approximately six miles west of San Gabriel, in the San Rafael Hills, a small river flowed through the rolling hills. The Spanish named the river El Rio Rosa de Castillo. "The Rose River of Castillo". The Kizh Indians lived in large numbers in the hill and river area and called the location Otsunga, "Place of Roses". Throughout the location native and wild Wood roses grew in abundance. The Wood roses thrived in Alta California and were eventually given the Latin name Rosa Californica.

Fast forward to 1823, when a prominent Californio named Juan Ballesteros became the Registrar of the Pueblo of Los Angeles. He held the position for two years and gained the favor of future Governor Manuel Victoria. In order to climb in the order of prominence in Mexican society, one must acquire land, lots of it. In 1831, Ballesteros requested a land grant from current

Governor Victoria and was awarded 3,283 acres in the southwestern portion of the San Rafael Hills. He named his new rancho "Rancho Rosa de Castilla", after the number of wild Wood roses on his new property and the red Spanish rose of Castille.

When the Treaty of Cahuenga was signed to end the Bear Flag Revolt, an agreement was reached which would honor the existing Mexican land grants. By now Juan Ballesteros was deceased but Anacleto Lestrade, a priest at Mission San Gabriel, filled a claim as required by the Land Act of 1851. The land claim was denied based on unclear boundaries and the lack of continuous occupancy by the original land grantee Juan Ballesteros. Title to Rancho Castilla would eventually change hands but an adobe built on the property under the direction of Franciscan Priests by Juan Ballesteros would eventually become one of the first 36 adobes built in all of California....

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 3 books on the topic.

He can be reached at joecastillo@aol.com.

Registrations open for Baldwin Park's Annual 5K

BALDWIN PARK - Calling all residents, runners, families and friends! Registrations are now open for Baldwin Park's 23rd annual "Pride of Valley 5K," slated for Saturday, August 5, at Morgan Park. The official 3.2-mile run/walk begins at 8 a.m., but it will be preceded by the half-mile "Tike Trot" race at 7:30 a.m. for participants age 8 and younger.

Registrations are available at the Esther Snyder Community Center, 4100 Baldwin Park Blvd., or online at www.runsignup.com.

Participants must pay \$20 for the 5K, and \$10 for the Tike Trot, now through July 7. An extra \$5 fee will be added to registrations thereafter, including on event day. Participants may also reserve a souvenir shirt for an additional \$5 at the time of registration, organizers said.

Organizers with the Department of Recreation and Community Services said the city's 5K is a family-friendly event that draws out residents, elected officials and their families. Several cross-country running clubs, youth sports teams and running

enthusiasts from throughout Southern California have also participated throughout the last several years.

All race finishers will receive a medal for their participation, officials noted. Two, \$200 cash prizes will also be given to the first male and first female 5K finishers, respectively. Gold, silver, and bronze medals will additionally be handed out to the top three finishers, accordingly, in each age division.

For more information, visit www.baldwinpark.com or call (626) 960-7171, Ext. 312.

Market Keeps Rising - Disaster Soon to Follow?

A Wall Street Journal article last Wednesday stated that 2017 has been strong for stocks, bonds, gold, and bitcoins. It said this "unusual lockstep" is raising concern of a "sharp reversal" in the months ahead.

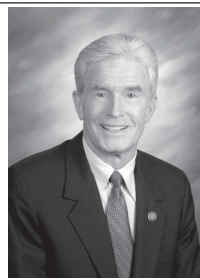
Not everything is up this year. Oil is down 14.7%, the CRB commodity index is down 8.2%, and the WSJ Dollar Index is down 4.8%. Several sectors are hurting badly, including retail stores. That's why this negative spin on a positive situation is so unnecessarily confusing. Why can't we simply enjoy good market outcomes without this pessimism?

I'm also baffled by the terms "risk-off" and "risk-on." Are investors really so manic-depressive that they have alternating "risk-off" and "risk-on" days in quick succession, like "bad hair" days? Reporters also like to say, "Stocks fell on profit-taking." Aren't there buyers for all those stocks? How do they know these stocks were all sold at a profit? Smart investors also sell their losers, don't they? Sometimes they sell because they need the money. Why not just say that a stock index rose or fell without making up reasons?

Media moguls know that bad news sells, since fear is a more powerful emotion than joy or hope - or even greed. Most of the press have found a wonderfully easy whipping boy in President Donald Trump, so they are working overtime to fan the flames of fear about what he once did, is doing now, or may do next. That is their privilege. We shouldn't begrudge them the best path to publishing profits - fear, anger & outrage - but they are also ignoring a whole raft of good news, not necessarily attributable to President Trump, but happening on his watch and therefore off limits since colleagues might accuse them of being pro-Trump.

Negativity is getting worse. A Harvard study published May 20 revealed that three of four major news networks produce more than 90% negative coverage of President Trump. The study focused on the tone and content of four shows typical of each network's news coverage: CNN's

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

Situation Room, NBC Nightly News, CBS Evening News, and Fox's Special Report. According to the study, CNN and NBC aired 93% negative coverage of the President. CBS was next at 91%, while the much-maligned Fox News network turned out to be the most "fair and balanced" with 52% anti-Trump coverage. Among the leading national newspapers, The New York Times was 87% negative on Trump, the Washington Post was 83% negative, and even Wall Street Journal came in at 70% negative in their coverage of President Trump.

Overall, the media surveyed in the Harvard study were 80% negative on Trump vs. half that level (41%) on President Barack Obama, 57% negative on George W. Bush, and 60% negative on Bill Clinton.

While musing over these patterns of negativity I was assaulted by a series of negative headlines, including this doozy: "Jim Rogers: Worst Crash in Our Lifetime is Coming". Rogers is not alone. Many on Wall Street - some my former colleagues - are also predicting doom and gloom.

In his televised interview with Business Insider's CEO Henry Blodget, Rogers said, "Some stocks in America are turning into a bubble. The bubble's gonna come. Then it's gonna collapse." Fair enough. Some specific stocks are likely in a bubble condition, but when Blodget asked, "How big a crash could we be looking at?" Rogers responded, "It's going to be the worst in my lifetime" (Rogers was born in 1942).

A decade ago, the S&P 500 fell 57.7% in 17 months, from 1,576 on October 9, 2007 to 666 on March 9, 2009. It will be a dis-

mal planet indeed if we see a 60% S&P drop, or more than 22% in a day (as on October 19, 1987), but Jimmy Rogers is apparently expecting the greatest drop since the 1930s within a year or two.

This prediction flies in the face of U.S. and global growth, rising earnings, the potential for a corporate tax rate cut this year or next, low borrowing costs, low inflation, and lowest unemployment in years.

This perma-bear proclivity isn't limited to maverick newsletter editors. Economist Ed Yardeni wrote last Monday that he attended an investment strategists' and portfolio managers' conference the previous week and noted their concerns over stock price overvaluations, but, Yardeni added, "Most of them have been bearish on stocks since the beginning of the bull market."

Specifically, Yardeni told CNBC last Friday that there have been 56 Wall Street "anxiety attacks" since the current bull market began. "I've kept a diary of these things since March 2009," he said on CNBC's "Halftime Report". These anxiety attacks were most frequent early in the bull market, he said. Then, "I started to detect after we didn't go over the fiscal cliff in 2013 that my clients were starting to get anxiety fatigue. They were just tired of being scared that we were going to fall into 2008 all over again."

Recently, even though we had fallout from the poor showing of British Prime Minister Theresa May in the U.K. elections, and some concerning testimony by former FBI Director James Comey regarding President Trump, the market shot up rapidly. According to CNBC there were 17 days this year that this "fear index" traded lower, "accounting for nearly half of the 35 occurrences on record going back to 1990." This indicates that many investors are getting as tired of the fear mongers as I am.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

We're retired and would like to downsize from our large home in the Inland Empire to a much smaller house closer to the beach. Our main concern is that we will lose our Prop. 13 property tax status. What can we do?

If you are 55 years old or older, you could sell your home and buy that beach house (of equal or higher value) and transfer your Prop. 13 property tax status with you!

I have a safety-deposit box at my bank. Are the contents insured?

No. FDIC does not insure the contents of safety-deposit boxes. You can contact your homeowner's insurance company agent and purchase your own insurance for this purpose. An alternative would be to purchase a good-quality safe for your home, and add the value to your current homeowner's policy.

With my Stocks and Bonds, I'd like more safety. With my CDs, I like the safety, but I'd like a higher return. I'd also like a guaranteed income when I retire. My peers give me a big chuckle and look at me like I'm crazy. Can I have what I want?

Others might tell you, "You're dreaming! Face reality! Can't happen!" I'm here to tell you, they are wrong. You can have better returns than you're getting with your CDs and still have the safety you enjoy. You can have index-like returns without the worry about losses. And, you can have a guaranteed, lifetime in-



Julia Yoder

come when you retire.

Why do you recommend certain annuities?

I recommend Fixed and Fixed-Index annuities, with very little or no cost nor expense, 100-percent participation (all of your money has potential growth, not just a percentage of it), and guarantees that you cannot lose your principal, locking in any growth each contract anniversary. (Some 'Riders,' added for additional benefits, can have an annual fee, but this is clearly disclosed to you before you invest; it's something you decide to include or not.) The SEC warns people about the dangers of Variable annuities due to their costs, expenses, and risk to principal.

My financial advisor told me I should buy an annuity from him because the insurance companies he represents are members of some California guarantee company that would assure my protection if the company went bankrupt. Is this true?

Your financial advisor has crossed a legal line. Here's a quote from the California Life and Health Insurance Guarantee Association Act Summary Document and Disclaimer, "Insurance companies and their agents are prohibited by law from using the existence of the California Life and Health Insurance Guarantee Association (CLHIGA) to induce you to purchase any kind of insurance policy." The existence of this Association cannot be used by an agent or advisor to induce you to buy. Annuities are policies issued by insurance companies.

Will I have to pay taxes on the (sizeable) income I receive for being the administrator of an estate?

Yes. See IRS Publication 559, Survivors, Executors, and Administrators

Other people have reported it on line 21 of IRS Form 1040.

Ask Julia by email: julia.yoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Realtor 01238153/NMLS 248681/Nat'l. Ethics Assoc. Home loan application: <https://blink.mortgage/app/signup/p/allsourcemortgage/juliyoder>

Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

City To Consider Medical Cannabis Development

Additional meetings organized to address potential concerns, questions

BALDWIN PARK - Months after California voters passed legislation regarding the use of cannabis, local officials are exploring economic development opportunities pertaining to the indoor cultivation, testing or manufacture of medical cannabis products in Baldwin Park. City officials conceded that no purchase or sale of medical cannabis or cannabis products will be done in Baldwin Park. The new ordinance will only allow for growing or the cultivation of cannabis in industrial, commercial areas of the city, not the sale of any cannabis in Baldwin Park.

Before moving forward with the proposed cannabis growing ordinance, however, community informational meetings have been extended to include one additional meeting scheduled for residents and business members. Three workshops have already been already carried out this month, and another pre-scheduled meeting will begin at 7 p.m. on July 10 at the Baldwin Park Performing Arts Center (4640 North Maine Ave.).

Now officials have lined up an additional information gathering for July 17 at the Arts and Recreation Center, 14403-B East Pacific Ave., at 7 p.m. The extension of an additional workshop was coordinated to ensure that community members and business owners have the opportunity to address questions or concerns.

"These meetings are designed to get input from the residents and business owners to incorporate into the potential ordinance, where appropriate, and to answer any questions the community has regarding the proposed new cannabis ordinance," stated the city's

Chief Executive Officer Shannon Yauchzee.

City Attorney Robert Tafoya added that the proposed new ordinance comes with strict regulations.

"The proposed new ordinance will only allow the indoor growing or cultivation and manufacturing of cannabis products, but not the sale of cannabis products," Tafoya said. He stressed that, if the ordinance is passed, cannabis products that may be manufactured in Baldwin Park will be transported and sold in cities and states in which it is legal to do so.

The topic of medical cannabis on a local level may be raise many brows, officials recognize. For the past decade, the state's cannabis laws have regulated medical cannabis. But in the recent November elections, a majority of California voters approved Proposition 64 regarding the use of recreational cannabis. The new law allows adults age 21 and over to purchase, possess, and consume a limited amount of cannabis within specific facilities.

Industry experts say that the cannabis industry will be the new "gold rush" in California. Tafoya noted that other Southern California cities have already passed ordinances exactly like the one Baldwin Park is considering. If cities do not pass new laws to regulate the cannabis trade, the cities will miss out on the development revenue cannabis can generate, according to the city attorney.

Baldwin Park officials want to take advantage of the revenue possibilities that exist within the cannabis industry. If the ordinance passes, these new businesses could generate a tax revenue that may bring in as much as \$3.3 million to Baldwin Park each year, in addition to creating many new jobs for Baldwin Park residents. Tafoya added that officials plan to utilize part of the \$3.3 million in additional revenue for funding the Baldwin Park Police Department, which will be heavily involved in the surveillance and patrol of the premises in ques-

tion.

Specifically, the proposed ordinance will impact large companies and developers looking to set up an industrial workplace for the cultivation of cannabis. The new law calls on any cannabis operator in Baldwin Park to follow very strict licensing requirements and stringent safety requirements that may include, but are not be limited to, 24-hour security and 24-hour video feeds that will go directly to the police department, officials said.

Ordinance associates also want to ensure that all operations are safe and law-abiding. For example, the new ordinance will mandate that these new businesses be located within a safe distance away from schools, residences, churches and other sensitive-use facilities.

City planner Amy Harbin ensured that project associates are also accounting for various considerations as they prepare the upcoming proposal.

"We're looking at different types of security measures, including the type of signage on these businesses," she said. "We don't want it to intentionally give the impression that this is something that can have an impact on the surrounding community."

Workshop organizers urge residents to attend an informational meeting to learn more about the proposed new cultivation ordinance. The Baldwin Park Police Department, the city attorney and elected officials will be on-hand to address the public's inquiries. Workshop speakers said they intend to outline related safety measures, as well as the "trials and tribulations," that other communities have experienced as they allow this new type of business.

Added Police Chief Michael Taylor, "I am comfortable with this new ordinance if it is done in a safe way. I would not be in favor of this new ordinance if it was not going to be safe."

Thank you for Patronizing our Advertisers
San Gabriel Valley Examiner



THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morill - Certified Automotive Specialists

Is It Hot Enough For You?

How many times do you hear that phrase in the course of the summer? We hear about the importance of taking care of ourselves during hot weather on the news and read about it in various publications. We are told to drink lots of water to keep hydrated, especially when exercising or doing physical labor. I know I sometimes feel a visit to Classic Coffee in the Glendora Village for a famous frozen hot chocolate will hit the spot.

Take a moment and think about your car...it gets hot too! We often take for granted just how hard it does work for us in all kinds of weather. When you see a car sitting on the side of the road with steam rising from the hood, that is an overheated vehicle!

Many things will cause a car to overheat... a hose, radiator, head gasket, thermostat, water pump or even the computer controlled electric fans may not be functioning. With so many critical components that have to work together to keep the engine cool,

we recommend an inspection every 3 to 4 months of these items.

I keep repeating this statement and here it is again, it is always less expensive to maintain your car versus waiting for it to break and then fixing it. Most newer cars have a warning system to alert you of a failure. Please don't ignore these warnings. We have many customers who kept driving after a warning light came on and destroyed the engine.

If you think your car is overheating, get to the side of the road quickly and safely. Turn off your radio and air conditioner, then turn your heater on to high while keeping the engine idling.

If no heat comes out, turn the car off as soon as possible, no heat means no coolant in the engine.

It is never wise to try to drive a car with a problem, unless safety is a concern. Most drivers have a roadside assistance program... if you don't, ask us about our free assistance service with some purchases.

Paying \$100 for a hose repair, instead of a \$5,000 engine, is always a great call. Please contact us with any questions at 626.963.0814 or visit our website at CertifiedAutoCa.com. Have a great day!

Hometown Service You Can Count On!

Los Angeles's Largest Mixer

PASADENA - Join local chambers of commerce and business organizations at L.A.'s Largest Mixer at the Pasadena Convention Center. Discover new business service providers from over 150 exhibitors. Discover new ways to grow and

improve your business, connect with potential customers, gain new leads and referrals.

Enjoy samples from local restaurants and caterers. The general public and the entire business community are wel-

come.

Mix and mingle at the ultimate business networking event. The mingling takes place **July 18** from 5 - 8 p.m. Admission: \$20 at the door (no credit cards or checks).

Around the Valley & Senior News

AZUSA

AUSD Free Meals to Children

Azusa Unified School District will offer free lunches this summer to children ages 18 and under through the federal Summer Food Service program. Lunches will be served from noon to 12:30 p.m. Monday through Friday through July 28 at school campuses and public parks. Meals are available to any child residing within Azusa Unified boundaries. Call Nutrition Services at 626-732-8057 for specific locations and times.

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA

Orchid Hobbyists Meeting

San Gabriel Valley Orchid Hobbyists welcome you to our July 20 Monthly Meeting at the L.A. County Arboretum, 301 N. Baldwin Ave. Arcadia, Ca. Judging at 7:00 p.m. Meeting at 7:30 p.m. Our speaker will be Peter Lin, program on Brassavola Species and Hybrids. Refreshments. All are invited.

Tennis Anyone, Classes and Camps

Tennis Anyone has been teaching successful tennis classes for the Arcadia community since 2012. Tennis Anyone believes in the development of tennis players from beginning through competitive tournament levels. Their goal is to run a comprehensive program of classes that will suit the needs of all ages and levels of players. Coaches are energetic, dynamic, friendly, fun, and passionate about the game.

This summer, Tennis Anyone is offering Pee Wee, Beginner Junior Tennis, Intermediate/Advance Junior Tennis, Small Group, and Adult classes, as well as weeklong camps. Don't miss out and sign-up today! For more information, please visit our website at www.arcadiaCA.gov or call the Recreation Office at 626.574.5113.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

COVINA

Volunteer Your Gift Of Music

Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email at tramirez@mail.cvhp.org to start the application process.

DUARTE

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. Every 2nd Tuesday of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$2. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

GLENDORA

Regional Food Bank Distribution Program

The La Fetra Center and the Los Angeles Regional Food Bank invites SENIORS (Ages 60+) to participate in the Commodity Supplemental Food Program. Current Food Bank participants can receive a FREE food kit once per month which contains items such as canned meats, canned fruits and vegetables, dry milk, cereals, and related products.

Participants must meet the following income guidelines to be eligible: one person household income must not exceed \$1,211 per month and a two person household income must not exceed \$1,640 per month. You must provide income verification and a photo ID with birthdate at your first visit. The La Fetra Center distribution takes place on the Fourth Tuesday of Every

Month from 1:00 p.m.3:00 p.m. For additional information, please call the Center at (626) 914-8235.

La Fetra Center Day Trip

Don't miss out as the "Woman of 1001 Voices and Faces!", Bethany Owen presents "One Voice" at the Central Park Library in Huntington Beach. This one woman show, on Tuesday, July 10, includes voice impressions, comedic parody, and vocal singing tributes. Bus departs promptly at 11am from the City parking lot at Cullen Ave and Mountain View, across from Finkbiner Park. Cost is \$40 per person. Register online at www.ci.glendora.ca.us or at the La Fetra Center; 333 E. Foothill Blvd. Glendora. Call the La Fetra Center at 626-914-0560 for more information.

Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the 2nd Thursday of each month from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is Wednesdays 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for

the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

MONROVIA

Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center every Wednesday. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Have MEDICARE QUESTIONS???

Call Us::

(626) 963-3244

Kirk Warner Insurance Agency

137 N. Glendora Ave. Glendora, CA 91741

LICENSE #0809588

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Monday from 7PM to 8:45 PM. Learn to motivate and lead? Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many

more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a daily lunch service for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

No matter what you drive--We are your GO-TO PLACE

Serving Glendora Since 1978

CERTIFIED Automotive Specialists

626.963.0814

www.CertifiedAutoCa.com

Approved Auto Repair

\$50 OFF Your 1st Visit

Use this offer on your first visit to check out our company and see the benefit of letting us care for your car!

Limited time offer. Cannot be combined with any other discounts or coupons. Expires 8/31/17. 110



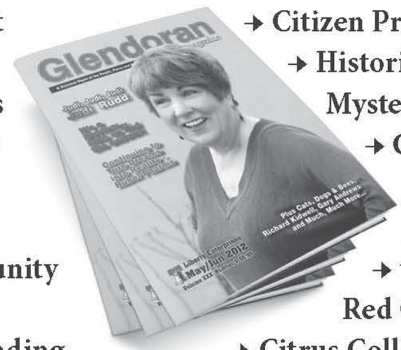
From old to new... HOMETOWN SERVICE YOU CAN COUNT ON!

the Glendoran magazine ... is growing!

Now hiring experienced advertising sales people!

Recording the Past, Present and Future of Glendora and surrounding communities.

- Rubel Castle
- Home tours
- Local Organizations
- Local Merchants
- Founding Families
- Vintage Photographs
- Current News
- Citizen Profiles
- Famous Residents
- Historical Mysteries
- Local Politics
- Citrus Industry History
- Community Events
- the Big Red Car
- Outstanding Community Leaders
- Citrus College
- Youth Contributors
- Local Schools
- Youth Organizations
- And much, much more!



6 Issues still only \$25 direct to your door!

(626) 335-7769

For advertising & subscription information

the Glendoran magazine
Box 1174 • Glendora, CA 91740
editor@glenmag.com

BART The BLOCKHOUND



Today...Liberate yourself from the obsession to do something you have no idea about....

TRUST - Nearly 100 years of Service to the community
QUALITY - Highest standards of service in the industry
AFFORDABILITY - Pricing plans to meet all needs
COMPASSION - Bereavement Minister on staff
Free monthly Grief Support group

White's FUNERAL HOME
Life Celebrations • Burial • Cremation • Advance Planning

404 E. Foothill Bl., Azusa, CA 91702 (626) 334-2921
www.whitesfuneralhome.com

WHITE'S FUNERAL HOME

Lowell Ivory Lindner Eagle Scout 126 of Troop 483 Glendora

GLENDORA - Robert and Lori Lindner announce their son Lowell Ivory Lindner has earned the rank of Eagle Scout, the highest honor in Boy Scouts of America. Lowell received his honor on November 20, 2016 and was honored at the Court of Honor held on March 20, 2017 at the United Methodist Church in Glendora. Lowell was also recognized on April 27, 2017 at the 57th Annual Eagle Scout Recognition Banquet at the California Science Center in Los Angeles with fellow Eagle Scouts from Greater Los Angeles Area Council Class of 2016 Eagles while enjoying dinner under the space shuttle "Endeavor." Lowell began his scouting career with Pack 491 Glendora, and received his Arrow of Light award in 2012, the highest honor for Cub Scouts. He continued on to Boy Scouts with Troop 483 Glendora where he earned his Eagle Rank. Lowell is also a member of The Order of the Arrow, Scouting's National Honor Society.



Eagle Scout Lowell Ivory Lindner

Lowell's Eagle Scout Service Project involved the renovation of the PTA storage room at Goddard Middle School, Glendora. This project was a multi-day event, which included support from A & R Safe & Lock Corporation, Angelo's Burgers,

The Home Depot, Mauricio's Kreme Doughnuts, and Lowe's Mexican Food & Pizza all located in Glendora and Sherwin Williams Paint, Michaelangelo's Pizza, Mike's Pizza, Krispy Kreme Doughnuts, and Lowe's all located in San Dimas and the West Covina Elks Lodge and members of Troop 483 Glendora, friends and family.

West Covina Councilmen Visit China



West Covina Councilmen Lloyd Johnson and Tony Wu in China

By George Ogden

WEST COVINA/CHINA - Okay, who was it? Was it Sam Elliott and Jackie Chan who made a special visit to China? Or was it Councilman Tony Wu and Lloyd Johnson from the city of West Covina? Actually, it was Tony Wu and Lloyd Johnson who had the opportunity to go to China on an economic as well as a public relations visit from the city of West Covina. This event was actually produced by a number of companies that offered the invitation to Tony Wu who extended it to Councilman Lloyd Johnson.

This was no cost to the city of West Covina for the trip. Most of the trip and accommodations were hosted by a number of companies. They wanted to connect with Tony Wu, and Tony Wu brought the city of West Covina

with him.

This China visit was about the same time that California Gov. Brown was visiting China. There was more publicity for Wu and Johnson then there was for Gov. Brown's visit in China.

The two councilmembers were treated like royalty as they visited China. Councilman Johnson, went with his cowboy attire and his trademark cowboy hat. At around 6'2" - 6'3", Johnson was easily found in a crowd. Not only did the two have business meetings, but they also visited a number of schools.

Many thought Johnson was a movie star from the United States thinking that he might be Sam Elliott. Some may have thought that Councilman Wu was Jackie Chan. They had fun with their celebrity status. Men and women, girls and boys ran up to Johnson

to get their pictures taken with the big cowboy.

China went all out for Johnson and Wu as well as the city of West Covina which included signs all over the country where they were visiting as well as electronic billboard signs welcoming the city of West Covina and the councilmembers to their area.

Councilman Lloyd Johnson was extremely thankful for having the opportunity to go to China and represent West Covina and to find out more about the culture. He said this is one of the best things that have ever happened to him; however, it will not beat out his happiest day of his life that was when he married his wife Linda.

Tony Wu and Lloyd Johnson put West Covina on the map in China.

Prevent Isolation As You Age!

Did you know that an estimated one in five adults over age 50 are affected by isolation? This is a problem, as research has shown that prolonged isolation can be as bad for you as smoking 15 cigarettes a day—and these negative health consequences of chronic isolation may be especially harmful for older adults.

Here are some suggestions to combat the problem of social isolation and loneliness:

- Nurture and strengthen existing relationships; invite people over for coffee or call them to suggest a trip to a museum or to see a movie.
- Schedule a time each day to call or visit someone.
- Meet your neighbors.
- Don't let being a nondriver stop you from staying active. Find out about transportation options.
- Use social media to stay in touch or write letters.
- Stay physically active.
- Take a class.
- Revisit an old hobby.
- Volunteer.
- Visit a senior or community center to see what's going on.
- Check out faith-based or-



Getting out and meeting people can be good for your health at any age.

ganizations' groups and events.

To connect to aging services and programs in your area:

Contact the Eldercare Locator, a public service of the U.S. Administration on Aging, a part of the Administration for Community Living. This nationwide service is a trusted gateway to connect older adults and their

caregivers with local resources for older adults. Call the Eldercare Locator at 1-800-677-1116 to speak with a knowledgeable Information Specialist or visit the website www.eldercare.gov to find local resources on a broad range of topics and access help today. (NAPSI)

Tips to Avoid 'Summer Brain Drain'

It's only natural that kids get excited for summer vacation. However, parents may be concerned about "summer brain drain," which occurs when students lose the knowledge they gained during the school year.

Unfortunately, many children show learning losses when they return to school in the fall, and these summer setbacks are cumulative, resulting in increasing levels of learning loss over time, according to RAND research.

"Parents can keep minds sharp by creating fun summer learning opportunities at home," says Dr. Clement Chau, director of learning for VTech and LeapFrog, home to a number of educational learning products.

To help families avoid summer setbacks, Chau is offering the following ideas and tips.

- Visit a library. Many libraries offer summer reading challenges which can prove to be great motivation to crack open a book. Enlist the expertise of librarians to help children find



titles they'll enjoy, and use the "five-finger" test to be sure your child has books at the proper reading level: read one page of a book; if there are more than five unknown words, have your child choose another book.

- Learn about a new topic. Has your child been collecting rocks when playing outdoors? Does he or she like to point out different shapes of clouds in the sky? Encourage children to research and learn more about the subjects that fascinate them. If they are passionate about a topic, they'll be more

likely to seek out more information.

- Set aside required reading time. On average, children who read more than 20 minutes a day scored above the 90th percentile on standardized reading tests, and reading just six books during the summer may keep a struggling reader from regressing, according to the Scholastic Kids & Family Reading Report. Make reading a daily habit in your home.
- Look for teachable moments. Going to a baseball game? Show your child how to calculate a batting average or a pitcher's ERA. Making dinner? Let your child measure the ingredients. Clipping coupons? Show your child how much money will be saved in your grocery budget. Going on a road trip? Look up some fun facts about the different states you'll see on license plates.

• Read together. Forty-eight percent of children ages six to eight report that they want adults to read aloud to them, even though they are able to read on their own, according to the Scholastic Kids & Family Reading Report. Use this time with your child to discuss the topics in the book and ask questions that help build critical thinking skills. Try such prompts as: Tell me about your favorite character. What was your favorite part of the book and why? Would you recommend this book to a friend?

"With a fun focus on learning, you can help children stay academically active all summer, which will help ease the transition back to the classroom in fall," says Chau. (StatePoint)



GET STARTED

APPLY | ENROLL | SUCCEED

626-914-8511 citruscollege.edu



Degrees



Transfer Programs



Certificates



Doctor's Orders: How to Protect Your Skin this Summer

Photo Source: (C) Kirill Grekov - Fotolia.com



The summer can really take a toll on skin, when more of it is exposed to sun, bugs and poisonous plants.

To keep skin cool, comfortable and irritation-free no matter what conditions you encounter, use these tips from NYC-based dermatologist, Dr. Angela Lamb of Mt. Sinai hospital.

Stay Hydrated

Proper hydration is crucial when you're busy and active outdoors. It's also essential for skin health. So be sure to drink plenty of water and eat hydrating fruits and vegetables.

Treat the Itch

The itch, hives, rash, redness and irritation associated with insect bites, poison ivy, oak and sumac, and sunburns can be agonizing. However, it's important not to scratch the affected area and create an open wound susceptible to infection, even though it does provide temporary relief.

Dr. Lamb suggests treating

discomfort right away with a dermatologist-recommended solution that stops the itch and heals the skin. One easy to apply steroid-free treatment to consider is The Itch Eraser, which contains soothing aloe, vitamin E and tea tree oil to calm, nourish and moisturize the skin while reducing redness and inflammation. Available as a gel, spray or cream, it can be used to treat every kind of skin itch, (formulas vary). Find a retailer near you at TheItchEraser.com.

Dress for Success

Whether it's your blanket on the beach or your sundress, fabrics should be well-chosen for the warm weather. For maximum comfort, stick with cotton, linen and other breathable choices. Working out? Look for moisture wicking materials that will dry quickly. Also, be sure to protect your scalp from sunburn with a wide-brimmed hat.

Keep it Cool

Hot water is never great for skin, but after too much sun exposure, it can be particularly irritating. Luckily, it's easy to turn down the heat on your shower in summer. Use the hot weather as an opportunity to give skin a break and refresh with cooler water in the shower or bath.

Use Common Sense

Avoid burns and itches to begin with by applying plenty of sunscreen and bug spray, and by taking precautions in wooded areas to avoid poison ivy, oak and sumac. While preparation may not always be top of mind when you're headed outdoors for a day of fun and adventure, being sidelined by these issues is even more of a downer.

Additional tips on how to protect and treat your skin this summer can be found at TheItchEraser.com.

For a happier summer, treat your skin right from head to toe. (StatePoint)

Tips to Prevent Slips, Trips and Falls

Slips, trips and falls that cause injury and death are all too common, and they disproportionately affect older people. Indeed, one-third of older U.S. adults suffer falls each year, according to the Centers for Disease Control and Prevention. What's more, a fear of falling can alter habits, negatively impacting one's quality of life.

Fortunately, many such falls are highly preventable. Changes in vision, balance and muscle strength that can occur as one ages can be addressed, and other external risk factors can be prevented.

Staying Vital

Regular exercise is important for maintaining the physical strength and mobility needed to reduce the risk of falls. Taking classes to improve balance, such as tai chi, has also been shown to reduce the risk of falls.

Many community centers and fitness clubs offer classes designed for older individuals, so be sure to consult your healthcare provider for an exercise routine that is appropriate for you.

"Set a reminder to get regular health screenings for bone density, vision and other fall risk factors. Staying aware of these physical changes and adapting to them, can help you remain healthy and independent," says Carrie Nie, director, Safe Communities America, National Safety Council.

Home Modifications

"Most falls happen at home, so it's important for individuals, caregivers and loved ones to focus on keeping the home free of safety hazards that increase the likelihood of falls," says Nie.



Photo Source: (C) Toa555 - Fotolia.com

Installing grab bars, additional handrails and extra lighting can make it easier to maintain balance, improve vision and avoid tripping hazards. You should also free walking areas of tripping hazards, such as electrical and phone cords and open drawers and cabinets. To avoid slips, use non-skid rugs, clean up spills immediately and wear proper footwear.

Community Engagement

Individuals and loved ones should look into local resources available that can help prevent falls and maintain older adults' independence, as well as get involved in efforts to make their community more accessible.

Many communities are already engaged in such efforts. For example, counties, cities, towns and universities accredited by the National Safety

Council Safe Communities America program, put initiatives into place to raise awareness of the risk of falls and increase older adult independence and safety at the local level. The program also works with volunteer groups to make the homes of older adults safer. For example, one such volunteer group, "Team Handyman," installs grab bars, hand rails and other safety features in the homes of older adults in Midland, Michigan.

To learn more about fall prevention, as well as community safety efforts, visit nsc.org.

While aging itself is not the cause of falls, older people are at greater risk of taking a spill. To reduce your risk of falling, keep your home safe, your body strong and your community engaged. (StatePoint)



Honesty. Respect. Professionalism. Courtesy.

Kyle A. Cline, Agent
Insurance Lic. #: OD16727
1275 E Route 66
Glendora, CA 91740-3779
Bus: 626-335-0815
Toll Free: 888-400-5551

It's how I treat all my customers. And you can be sure I'll always do my best to meet your needs.
Like a good neighbor, State Farm is there.®
CALL ME TODAY.



1101013.1 State Farm, Home Office, Bloomington, IL



24 Hour Towing... 7 Days A Week
Emergency Hotline Call (626)357-3220



Now Hiring Drivers

- Official Police Tow
- We Haul Junk and Abandoned Vehicles
- Auto Lockouts
- Lien Sale Auctions


(626) 914-1841

134 N. Valencia, Glendora
1045 W. Kirkwall, Azusa

www.janstowing.com

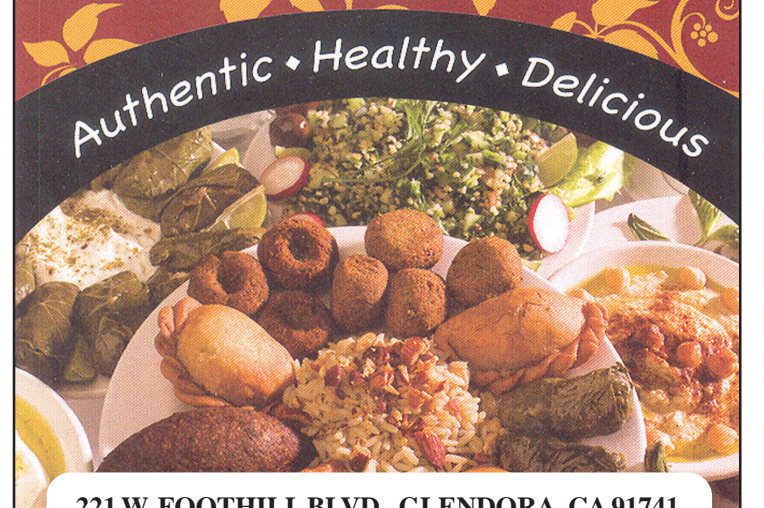
To Advertise In The San Gabriel Valley Examiner CALL 626-852-3374

Mediterranean Catering



Waffa's K.I.T.C.H.E.N

Authentic • Healthy • Delicious



221 W. FOOTHILL BLVD - GLENDORA, CA 91741
TEL: 626-914-3500 --- FAX 626-914-3511

ALL PUBLIC ARE WELCOME TO THIS FREE EVENT!



Sri Lanka Day 2017

PRIDE PRESENTED BY SRI LANKA FOUNDATION

SATURDAY, JULY 15, 2017
Parade of Lanka on Colorado Boulevard
Sri Lankan Food Festival
Exotic Cultural Dances









Fashion Show Exhibitors from Sri Lanka Sri Lankan Food Festival Traditional Dance Performances Musical Performances Famous Sri Lankan Drumming Parade of Lanka