



San Gabriel Valley Examiner

To reach us:
Phone: (626) 852-3374
Fax: (626) 852-1904
E-mail: sgexaminer@aol.com
Web: www.sgvexaminer.com

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

May 25 - 31, 2017

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George Bennett Rides To Victory In Pasadena At The 2017 Amgen Tour Of California

PASADENA – After cycling for seven days and 583 miles across California, Team LottoNL-Jumbo's George Bennett (NZL) claimed the 2017 Amgen Tour of California race championship May 20th in Pasadena with an overall time of 22 hours, 54 minutes and 38 seconds at America's largest professional cycling stage race. In his third Amgen Tour of California appearance, the New Zealander had ridden in second place overall since Stage 2 Monday, until overtaking the race lead from BORA-hansgrohe's reigning Polish National Road Race champion Rafal Majka in an inspired Big Bear Lake Time Trial ride on Friday. The victory marks the first WorldTour overall race win for a New Zealand professional cyclist.

"It's a race all the riders look forward to. We used to think of coming to California as a holiday race, a fun, away from home time where you could sit and take it a bit easy, but now it has turned into a super-hard race and a really competitive race... You see a lot of big stars here now," said Bennett. "Today is really special. I had a few hours last night to let it sink in, and then it clicked over to business time, and we knew we



George Bennett of New Zealand (Lotto-Jumbo) comes home safely to win the overall.

had a job on our hands today, and we were up to the task. It's really relieving to be over the line and still have this jersey on."

After Stage 7 presented by Breakaway from Cancer® from Mountain High to Pasadena, Majka ended the race in second place, 35 seconds behind Bennett's overall time. Cannondale-Drac Pro Cycling Team's Andrew Talansky (Napa, Calif.) rode into third place overall, and maintained that position to earn his first career overall podium finish at this race (he was fourth overall last year). Talansky

and Majka attacked Bennett during the stage, but ultimately were not able to pull back enough time to realign the leader board. American riders Brent Bookwalter (BMC Racing Team) and Ian Boswell (Team Sky) round out the overall top-5.

Rally Cycling's Rob Britton (CAN), who spent the past three road stages in a breakaway, rode out front again today in a breakaway of six, along with teammates Sepp Kuss (USA) and Evan Huffman (El Dorado Hills, Calif.).

Huffman was contesting the King of the Mountain competition, a title he took at last year's race, which has been led by UnitedHealthcare Pro Cycling Team's Daniel Jaramillo (COL) since the second day of racing this week. Huffman swept the three KOMs today, and the bonus points nearly earned him the category win. Huffman instead took his second stage win of the week (he also won Stage 4) and clinched the Breakaway from Cancer® / Breakaway from Heart Disease™ Most Courageous Rider Jersey. Jaramillo retained the Lexus King of the Mountain Jersey.

Also in the lead group were

Team Sky's David Lopez Garcia (ESP) and Cofidis, Solutions Crédits' Nicolas Edet (FRA), who took second and third place on the stage respectively. Garcia's Team Sky will go home with the overall team classification win



Evan Huffman of Rally Cycling wins the last stage in Pasadena. That makes it 2 wins during this year's race!

as well.

After a disappointing time trial where he was plagued with mechanical issues, Team Dimension Data's Lachlan Morton (AUS) also spent the day in the breakaway. Morton picked up maximum Sprint points outside of Pasadena, and along with his determined ride, earned back the TAG Heuer Best Young Rider

Jersey, which Morton he had held since Stage 2, until it transferred to Team Sky's Tao Geoghegan Hart (GBR).

BORA-hansgrohe's two-time World Champion Peter Sagan (SVK) added a stage win to his Amgen Tour of California record (now 16) and will go home with his seventh Visit California Sprint Jersey.

"It's a very nice race. Good weather, nice people and good stages. I'm very happy I got one stage. That's very good for me...I got another green jersey, so I'm pretty satisfied with this [Amgen] Tour of California. Yes, we could have done more, but a race is a race, and everyone is different," said Sagan.

"What an amazing week of racing. We're really proud to have reached a new level for the Amgen Tour of California as part of the UCI WorldTour, which is the highest level of cycling," said

Kristin Klein, president of the Amgen Tour of California and executive vice president of AEG Sports. "While it might be the twelfth edition of this race, we continue to see major firsts with a new rider winning the Amgen Tour of California and a Continental team taking stages in a WorldTour race for the first time in history."

Glendora Community Coordinating Council's Youth Recognition and Humanitarian Award Recipients

GLENDORA - Lorraine Boyd is an extraordinary volunteer who does everything from her heart. Even though she works full time she doesn't let that stand in her way from serving her community to help others. In 2015, she became an Auxiliary with the Glendora Police Department. Since this time, Lorraine has volunteered for over 50 special events such as the DUI Checkpoint, Fingerprinting, Citizen's Academy and National Night Out to name a few. To date she has dedicated over 650 volunteer hours to the Glendora Police Department. In addition, Lorraine has been a very active member of the Azusa/Glendora Soroptimist. She jumped right in taking an active role in the club's newest project "Dream It, Be It", in which high school students are mentored giving them tools to make their lives and the world a better place. Lorraine is also very active in her church doing what she does best; serving from her heart. It is with honor that Glendora Community Coordinating Council recognize Lorraine with May's Humanitarian Award.



Gene Morrill, Glendora Community Coordinating Council President presents Lorraine Boyd with May's Humanitarian Award.



Victor Marroquin receiving the Youth Recognition Award for May from Glendora Community Coordinating Council President Gene Morrill, with Glendora High School teacher, Mrs. Summers.

Victor Marroquin is a senior at Glendora High School. In his service to others Victor's tenacious passion and resolve heartens him to meet each challenge with kindness for each person he encounters. With maturity beyond his years, Victor's sense of self and service to others is manifested in his deep commitment to those in need specifically children with special needs. He is a role model to all students who are active in Best Buddies at Glendora High School. Various projects include the Best Bud-

dies Homecoming and Best Buddies Talent Show. The children glow with delight as Victor encourages them on their journey with a warm and loving smile and a "Good Job". He becomes their big brother for a day. During his high school career Victor has been involved in Link Crew, a transition program where upper classmen welcome in-coming freshmen and make them feel part of their high school family. He is also a member of PALs which focuses on the

healthy well-being of every student. A role model to his peers Victor epitomizes the characteristics that we hope to see in the next generation of adults. We are very honored to recognize him with May's Youth Recognition Award.

The GCCC is always looking for volunteers from the city to be recognized each month. If you have a nominee please visit our website at www.glendora-coordinatingcouncil.org for a form and contact information.

Glendora Police Department Open House

By Jayam Rutnam

GLENDORA - Once again the Glendora Police Department's open house attracted residents of Glendora and visitors from surrounding cities. The open house was held on Saturday May 13th 2017.

The Glendora Police Department holds its open house annually and it seems that the numbers attending this event increases every year. This is an occasion when the citizens of Glendora can converse with police officers, whether they are motorcycle, K-9, code enforcement, Swat team officers etc. Guests were given a tour of the Police Station to observe for themselves, the process of how a suspect is booked, fingerprinted and they were shown the cells where the suspects are held. K-9 Police Officer Scott Salvage and "Bo" gave demonstrations of how they apprehend criminals. Motorcycle Officers allowed children to sit on their bikes for a photo opportunity. There were many more interesting exhibits and booths.

Police Chief Lisa Rosales was in her office greeting the many people who were given tours of the police station. Seen mingling with the crowd was Glendora Councilwoman Karen Davis, who is also the Police Chaplain and who was in her police uniform. Glendora Councilman Mendell Thompson was also seen speak-



K9 Police Officer Scott Salvage and his brother Police Officer Stephen Salvage with their Police dog "Bo" after a demonstration.

ing to the visitors. Free hot dogs, chips and water were served. The SWAT Team truck and guns were very interesting to visitors, who were awed at the possibility of holding weapons actually used by the police in dangerous situations. The

Pasadena Police flew in a helicopter for people to observe at close range.

Glendora Police Chief Lisa Rosales urges all Glendorans to follow Glendora PD's Facebook page for event updates - [Facebook.com/GlendoraPD](https://www.facebook.com/GlendoraPD)



Grand Opening of Azusa PostalAnnex

By Jayam Rutnam

AZUSA - The Glendora Chamber of Commerce and the Azusa Chamber of Commerce hosted a Joint Ribbon Cutting for the Grand Opening of the PostalAnnex in Azusa. The PostalAnnex specializes in day to day shipping, packaging, notary, live scan fingerprinting, printing, website and much more.

Coveniently located in the Stater Brothers shopping mini mall on Alost Avenue and Barranca Avenue, this full service establishment is run by Jinesh and Disho Vora who are two of the friendliest and helpful people in town.

Azusa Mayor Joe Rocha helped cut the ribbon, representing the Office of Los Angeles County Supervisor Kathryn Barger was Kyle Miller. From the office of Congresswoman Grace F. Napolitano was Representative Bob Pence. The Glendora Chamber Board was represented by Board Members Mercedes Castro, DJ Jafari, and Phil Goss. Chamber staff present were Membership and Events Coordinator Michele Street and President/CEO Joe Cina. Dinesh's parents Kirit and Panna Vora were also seen greeting the guests to this lavish affair. Some of the others present were Glendora Councilwoman Karen Davis, CEO of the Azusa Chamber of Commerce Steven Castro, Jigar



Kirit Vora, Azusa Mayor Joe Rocha, Jinesh, Disho and Panna Vora with Glendora Chamber of Commerce President/CEO Joe Cina.

Shah of Apex Global, Kenny Nguyen of Azusa Technology and Gina Rutnam of Castle and Cooke Mortgage.

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Glendora Heritage Day

GLENDORA - Heritage Day, sponsored by the City of Glendora's Community Services Department along with the Glendora Preservation Foundation, will be held on Saturday, June 10, 2017 from 11 a.m. - 3 p.m. This family - friendly event is held on the beautiful grounds of Centennial Heritage Park, 725 E. Mauna Loa Ave. in Glendora.

The event boasts numerous activities for young and old alike to participate in that are a part of Glendora's rich history. Tours of historic properties - The Hamilton House, and the Orton Englehart Workshop will be offered, as well as exhibitions in blacksmithing, spinning, panning for

gold, rope making, butter making, arrowhead making, archery, pottery, doll making and a number of other hands on activities for kids to enjoy. BBQ and refreshments will be available for purchase.

This year we will be incorporating the South Hills Trails into the festivities, by offering a guided tour for families with a scavenger hunt for children to participate in on the hike, and they will be rewarded with their very own butterfly net. The Glendora Trails Committee will be there with local insects and animals on display for kids to see and learn about local conservation.

We are excited to offer a new experience this year with live

animals from our local foothills. Come visit a brown bear, wolf, skunk, porcupine, snake and other local animals which reside in the foothills to learn about them and know how to preserve wildlife.

Due to limited on-site parking, a shuttle service from City Hall to the venue will be available beginning at 11am and running every 30 minutes until 3pm. The event is free; however a \$2.00 donation is suggested. Join us for this fun filled educational day where we celebrate the local surroundings and history. For additional information contact the Crowther Teen and Family Center at (626) 914-2357.

“Click It or Ticket” Seat Belt Campaign

Police Department will show zero tolerance for unrestrained drivers and passengers

MONTEREY PARK - As summer kicks off and families hit the road for vacations, Monterey Park Police Department and the California Office of Traffic Safety is reminding motorists to “Click It or Ticket.” Aimed at enforcing seat belt use

to help keep you and your family safe, the national seat belt campaign will take place through June 4, concurrent with one of the busiest travel and holiday weekends of the year.

Monterey Park Police Officers will conduct seat belt enforcement operations during the two week “Click It or Ticket” mobilization to help lower California's traffic deaths. In addition to these special patrols, officers on routine patrol will also be looking for unrestrained drivers and passengers to stop and cite.

“Our law enforcement personnel see firsthand the loss of life when people refuse to buckle up,” said Chief Jim Smith from the Monterey Park Police Department. “It's such a simple thing, and it should be an automatic next step after sitting down in a vehicle.” As the Memorial Day weekend approaches and the summer vacation season ramps up, “We want to keep our community members safe, and make sure people are doing the one thing that can save them in a crash: buckling up. If the campaign wakes up the hundreds of thousands of Californians who still don't heed the dangers of unrestrained driving and gets them to buckle up, we'll consider it a success.”

According to the National Highway Traffic Safety Administration (NHTSA), nearly half of the 22,441 passenger vehicle occupants killed in crashes in

2015 were unrestrained. During nighttime hours, that number soared to 57 percent of those killed. That's why one focus of the “Click It or Ticket” campaign is nighttime enforcement. Participating law enforcement agencies will be taking a no-excuses approach to seat belt law enforcement, writing citations day and night. In Monterey Park, the ticket cost for an adult seat belt violation is \$162, with penalties for not restraining a child at \$465.

In 2015, 545 Californians were killed because they did not buckle their seat belts according to the NHTSA. Nationally, almost twice as many males were killed in crashes as compared to females, with lower belt use rates. Of the males killed in crashes in 2015, more than half (52 percent) were unrestrained. For females killed in crashes, 42 percent were not buckled up.

“Please, help us spread this life-saving message before one more friend or family member is killed as a result of this senseless inaction,” said Chief Smith. “Seat belts save lives, and everyone needs to remember to buckle up, every trip, every time.”

Funding for these operations is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. For more information on the “Click It or Ticket” mobilization, please visit www.nhtsa.gov/ciot.

Man Charged with Trying to Murder Police Officer

By George Ogden

IRWINDALE - The DA's office has filed charges against Andrew Joseph Acuna, 33, of Fontana for attempted murder of an Irwindale Police Officer, assault on an officer with a dangerous weapon, carrying an illegal dagger and resisting arrest.

Andrew Joseph Acuna was arraigned Thursday, May 18, in West Covina Superior Court. His bail was set at \$1,070,000. His next court appearance will be June 12.

A motor-officer from Irwindale spotted Acuna walking in the middle of Azusa near Arrow Highway on Tuesday, May 16 in the early afternoon. The officer noticed the man wearing a bandana covering part of his face. The officer was not sure if Acuna was going to attempt to carjack somebody and attempted to detain him. Once the subject spotted the police officer, he started to walk away. The officer repeatedly told the man to stop and

he refused. The officer followed him on the motorcycle and again told him to stop. The officer got off the motorcycle and confronted the subject who became hostile. He then struck the officer knocking him to the ground. The suspect jumped on the officer and attempted to stab him numerous times.

During the struggle with Acuna, who was well over 200 pounds, the officer was able to punch the subject and was able to disarm him about the same time two detectives, who saw what was going on, came to the aid of the officer. The three struggled with the suspect to handcuff and arrest him. All three officers were injured in the struggle and received medical attention at the scene. Acuna was also treated at the scene for his injuries.

While searching the suspect they found hash oil on him. It is believed that he might be affiliated with a Mexican gang. Other charges may be pending.

American Dream Act Passes First Hurdle To Give Tax Relief To Homeowners And Renters

This Bill Will Help More Californians Achieve the American Dream of Homeownership

SACRAMENTO - In a historic first, legislation by Assemblyman Phillip Chen (R-Brea) and Assemblyman Matthew Harper (R-Huntington Beach) to give relief to homeowners and renters, passed the Assembly Revenue and Taxation Committee. Similar legislation had been attempted in years past but failed to successfully pass the committee.

Assembly Bill 1100, the "American Dream Act", increases the existing homeowners' exemption on their property tax from \$7,000 to \$25,000, giving relief to homeowners, renters and those aspiring to own a home.

"High property taxes are making it impossible for too many Californians, who spent their

lifetime living and working here, to stay in California", said Assemblyman Phillip Chen. "Our bill would provide immediate relief for millions of homeowners with an emphasis on helping those whose taxes far exceed their ability to pay. I would like to thank the Howard Jarvis Taxpayers Association, California Association of Realtors and Orange County Realtors for their support of AB 1100."

"Homeowners and renters in California are paying some of the highest overall taxes in the nation," Assemblyman Harper said. "It's about time that the size of the homeowner's property tax exemption kept up with the increases in cost of living. Also, I want

to thank Orange County Assessor Claude Parrish for working with me to bring this bill forward."

"The homeowner's exemption hasn't been increased in 40 years. Meanwhile, the cost of a median priced house has increased from \$21,000 to over \$450,000, and represents a home that only 30 percent of Californians can afford to purchase. California has a housing crisis and providing tax relief for homeowners and renters will unquestionably lead to enhanced economic stability," said David Wolfe, Legislative Director with the Howard Jarvis Taxpayers Association.

The "American Dream" bill will also adjust the renter's credit by a corresponding amount.

Supervisor Barger Increases Reward For Information In Case Of Missing 5-year-old Boy To \$20,000

LOS ANGELES COUNTY - At the request of law enforcement, the Board of Supervisors has unanimously approved a motion by Supervisor Kathryn Barger which increases by \$10,000, the reward currently offered for information leading to the apprehension and/or conviction of the person or persons whose willful misconduct led to the concealment or kidnapping of 5-year-old Aramazd Andressian Jr.

On Saturday morning, April 22, 2017, five year old Aramazd Andressian Jr. was reported missing by his mother to San Marino Police Department after Aramazd Jr.'s father failed to show up for their child custody ex-

change. At the time of the report, San Marino Police discovered that prior to the time of the exchange, the father had been found unconscious next to his vehicle at Arroyo Park in South Pasadena. South Pasadena Police transported Aramazd Sr. to a local hospital for medical treatment. At the time of this discovery, the missing child, Aramazd Jr., was not with his father.

An intensive search has been conducted by South Pasadena Police Department as well as Los Angeles County Sheriff's Department. To date, investigators have received no viable clues from the public regarding the

whereabouts of the missing child, Aramazd Jr.

Detectives are seeking information about any person who may be concealing the child or who may have information about the child's disappearance or his whereabouts. Aramazd Jr. is a male, 5 years-old, 55 pounds, short brown hair, brown eyes with a full round face.

Supervisor Barger urges anyone with information on the case to contact, LASD/Homicide Bureau Lieutenant Joe Mendoza at (323) 890-5564 or the Los Angeles Regional Crime Stoppers Hotline at (800) 222-TIPS (8477).

Unprecedented Rooster Seizure Moves To Next Phase Of Probe

Animal Care and Control officials praise multiagency effort

LOS ANGELES COUNTY - Fifty employees of the County of Los Angeles Department of Animal Care and Control (DACC) have completed their work at the scene of the largest seizure of fighting birds in U.S. history.

During the May 15 raid in Val Verde, nearly 7,000 birds were discovered in a remote canyon area. The seizure involved representatives from the Los Angeles County Sheriff's Department, the Society for the Prevention of Cruelty to Animals Los Angeles (SPCALA), the Humane Society of the United States and Pasadena Humane Society. All evidence collected will be provided to the Los Angeles County District Attorney's Office.

"We are extremely proud of our staff and support team," said DACC Director Marcia Mayeda. "We hope this sends a powerful message to those engaging in cockfighting that this crime is taken very seriously. If you observe any animal abuse or neglect, please contact us at (562) 940-6898. If you would like to report a fight in action, please call 911."

All the birds were euthanized because of public health concerns and their aggressive nature. Animal control and humane agen-

cies take this action to prevent the spread of diseases such as Avian Flu or Exotic Newcastle's Disease, which could affect not only the public health but also the poultry industry. In 2003, when Exotic Newcastle Disease was found in fighting roosters transported into California from Mexico, thousands of chickens in the state were euthanized to prevent devastation of the poultry industry.

Thirteen dogs and one cat seized during the operation are available for adoption on a first-

come, first-served basis. They can be found at the Castaic Animal Care Center located at 31044 N. Charlie Canyon RD. Castaic, CA 91384, and some of them may be at the Valencia Nissan adoption event on Saturday, May 20 from 10 a.m. to 2 p.m. at 24111 Creekside Rd, Valencia, CA 91355. Breeds available include German Shepherd, Belgian Malinois, Pomeranian, Labrador Retriever, Queensland Heeler and more. To search for animals available for adoption, visit <http://animalcare.lacounty.gov>.

San Gabriel Valley Examiner
INFORMATION GUIDE

1160 Englewild Dr.
Glendora, California 91741
Phone (626) 852-3374
Fax (626) 852-1904
E-mail: sgsexaminer@aol.com

EUGENE F. MOSES
Publisher/Editor

Edward M. Moses, Esq.
Legal Counsel

Jayam Rutnam
Contracted Reporter

George Ogden
Contracted Reporter

Glenn Purbaugh
Photographer

Contributing Writers
Pat Murphy
Joan Hallidy
Ken Herman
Charles H. Bayer
Jorge V. Rosales
Lois M. Shade
Julia Yoder
Gene Morill

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Democrat Convention Turns Turbulent

As a life-long Republican, I have always felt it was important to know and try to understand what I call "the other side" or political parties with differing positions on the issues that impact our everyday lives. The first step in reviewing those positions is knowing who the "they" are and taking a look at their backgrounds that led them to the decisions on party platform and their main focus points.

If the information below seems like a campaign support piece, please know it is not. Merely information to allow me, to put into perspective, the background in the leadership who will guide the Democrat party in the next gubernatorial election and what impact that could have on my lifestyle and pocketbook.

I hear the "other side" has internal issues and a few bumps in the road going into and at convention to elect a new leadership. The Democrats, I hear, did have a rousing and vigorous convention in Sacramento this last week to find new leadership within the ranks as John Burton, after an eight-year tenure as California Democrat Party Chairman, took leave of office.

The new Democrat Party Chair, Eric Bauman who reportedly won that chairmanship by 63 votes and still may be challenged for that seat by Kimberly Ellis, a close runner-up for that position, has a history of political involvement with the Democrat Party. Bauman, according to his website, is a registered nurse, been chair of the L.A. County Democratic Party since 2000, Vice-Chair of the state party since 2009, Vice-Chair of the L.A. Country Insurance Commission and serves on the County Voting Assessment Project Advisory Committee.

Bauman's grandparents were immigrants, was raised by a single mother and is living with his husband he met in the early 1980's, also a nurse and was formally married before Prop 8 took effect. Working within the medical community, he eventually gravitated to organizing the labor forces and became a member of SEIU Local 399. He also chaired the Gay & Lesbian Taskforce against the 1993 School Voucher Proposition, 174.

The first thing I noticed in Eric Bauman's campaign efforts to achieve the chairmanship, was his



Lois M. Shade
Former Mayor of Glendora

support of the Single Payer Plan being promoted by Sen. Ricardo Lara (D-Bell) and Toni Atkins (D-San Diego) couching it as "Make California a Healthcare Sanctuary State".

Bauman says: "Nobody innovates or experiments like California. So let's do it right: no questions about pre-existing conditions, annual or lifetime limits, or basic and important coverage. Just healthcare for all, with a single source of base funding - without the cost or interference of insurance companies."

In my world that translates as:

- To cover all medical expenses for every resident regardless of their income or immigration status, including inpatient, outpatient, emergency services, dental, vision, mental health and nursing home care.

- The bill would eliminate co-pays and deductibles

- Insurers [those who provide insurance on the open free market] would be prohibited from offering the same benefits covered by the state

- The system would be administered by an unpaid 9-person board appointed by the governor and legislature.

What the Democrat plan proponents, Ricardo Lara, Toni Atkins and Eric Bauman, don't tell me is how they intend to pay for this "free" healthcare plan. One source indicates the progressive leadership will be looking at a new tax - a payroll tax - to cover the cost for this. Numbers I've heard are minimum 9.5% payroll tax to cover an estimated \$100 billion cost. And, of course, if it is a payroll tax and a percent of income that leads to questions of fairness and equity.

Assembly Speaker Anthony Rendon took a lot of heat and booing at the convention because he has refused to take a position on the Single Payer Plan until he

knows how it is going to be financed. Apparently no one has told him how it will be financed even as it cleared the first committee hearing.

Kimberly Ellis, runner-up for chairmanship and supported by Bernie Sanders fans, endorsed by the Nurses Association, was suppose to give a concession speech that turned into a this ain't over yet speech. On her webpage she touts seven years working as the first African American Executive Director in Emerge America an organization that has the "goal of supporting, training, and inspiring Democratic women to step into power in California."

Kimberly Ellis' position on the healthcare issue doesn't work for me either with her statement:

"Medicare for All is the only system that can guarantee healthcare-based on-patient need. Eliminating private insurance and the high premiums, co-pays and deductibles associated with a greedy for-profit system will save families thousands of dollars, free up millions for businesses, increase wages for workers, and save hundreds of billions for taxpayers."

During the convention and jockeying for votes, Los Angeles Times reported charges surfacing on Eric Bauman's taking more than \$100,000 from pharmaceutical companies to oppose Prop. 61 on the November ballot through his political consulting firm, Victoryland Partners. Problem there for Bauman was two-fold. First, Bernie Sanders was supportive of the measure to achieve lower drug prices; and, Bauman was vice-chair of the Democrat Party that had taken no position or remained neutral on the Proposition. Response from Bauman when the issue surfaced was, per L.A. Times, "campaign work was handled by his business partners, including his husband, and that he never lobbied any Democrat on the measure."

As the Democrat Party wrestles with its chairmanship issues, the lawyers have been called in to review the situation because Ellis supporters are still not accepting defeat. One of the complaints oddly enough, no photo ID was required for voting at this convention. A little off message for the Democrat Party activists who have come out strongly again photo ID for voting.

ment made him a target among groups who did not agree with his coverage, including local police and sheriffs. His fears led him to complain to his manager stating that he felt his life was in danger.

On the day of the march, Salazar and his crew covered the march and then went to a bar along the parade route to get something cool to drink. It was at this time that the L.A. County Sheriff deputies arrived to disperse the crowd. As the crowd fled into any available location, a tear gas canister was fired into the bar which Salazar and his fellow workers were having a drink. Salazar was hit directly by the inbound canister and died immediately. Three other bystanders were killed during the event but no charges were filed against the responsible deputies. Forty years later, the records from the event associated with Salazar killing were released. The investigation revealed that the tear gas canister which killed Salazar was not an authorized type of canister and should not have been part of the sheriff's arsenal at that time.

In Ruben Salazar's memory, parks, streets and buildings were named after him but as a journalist he brought to light the problems of unemployment, poverty and education in the Chicano community bringing positive action to the largest minority group living in Los Angeles

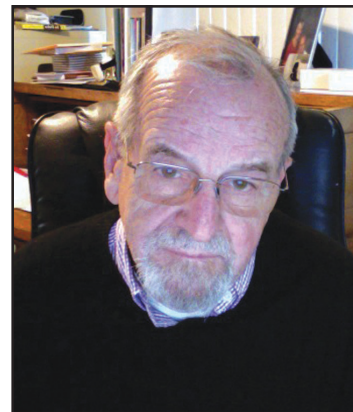
Joe Castillo is a freelance historical writer and can be reached at joecastillo@aol.com

Binding The Strong Man

There is much for which we Americans can be thankful. Consider the wisdom of our founders, and observe how they fashioned both a Constitution and a rationale leading to its implementation. The Federalist Papers of John Jay, James Madison and Alexander Hamilton describe their struggles, all under the perceptive eye of Thomas Jefferson.

Among the serious questions which confronted them was the allocation of political power. It quickly became clear that there was no stomach to install either a King or some other officer with kingly ambitions. Nevertheless, there was disagreement as to just how powerful a head of government should be. While Hamilton and Jefferson held differing answers to that question, in the end the founders came down much closer to Jefferson's popular democracy then to Hamilton's plea for a strong executive. The result was a three-headed Democratic Republic in which each branch had the ability to restrain the others. In addition, a further check on Federal power was a built-in recognition that the nation was a coalition of States, each of which possessed a degree of sovereignty. And in back of both a Federal government and the States stood the people, who had the last word.

To thwart domination by anyone who wanted to act like a King, Madison drafted the first of ten constitutional amendments: *Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble,*



Charles H. Bayer

and to petition the government for a redress of grievances. Thus the rights of a free press, free speech, religious liberty and the right of citizens to gather, demonstrate and petition were guaranteed.

Consider what has resulted in nations without these checks and balances. They have been the victims of countless strong men who seized power and who could not be bound. We could generate a sizeable list just from events of the past few years: Hussain, Mubarak, Khadafy, Putin, Assad.

For reasons which are still not altogether clear, we recently managed to elect someone who longed to be that sort of strong man, and has repeatedly claimed that he already was. Nevertheless, try as he might, he has been bound by all the safeguards of the nation's founders placed in the Constitution. His own party, which dominates Congress, has stonewalled him; the judiciary has declared his decrees illegitimate; the press has continued to hit him hard; religion that is not bound to his extreme ideology has resisted his ambitions; citizens by the hundreds of thousands have swarmed the streets

of almost every major city, beginning the day after his inauguration.

Consider the partial list of what this would-be strong man has already attempted. Even before he was sworn in he said that he would like to change laws to make it easier to sue journalists. He announced that he hoped to jail his electoral opponent. *Years ago* he spoke approvingly of the mass deportation of Mexicans. He proposed a travel ban from six nations, all of which are predominantly Muslim, prohibiting their citizens from entering the United States. He advocated freeing the military and the CIA from any governmental directive rejecting the use of torture. And all that just for a start!

To top it off, he has threatened to close down the government unless he gets his way—the essence of the sort of edict that would come from a tyrant.

But this would-be strong man has been bound by the thick ropes woven into the rules on which this nation is governed, ropes designed by Jay, Madison, Hamilton, Jefferson and others. The more furiously he has struggled to escape them, the tighter they have gotten. It now seems entirely possible that unless he changes course, which would result in his becoming someone else, he and his Administration will eventually come crashing down. But if he manages to continue along his present course, the greatest example of government of, by and for the people may become a failed historic curiosity.

Contact Charles Bayer at candwbayer@verizon.net

Smokers Try to Respect Others, but There are Still Issues

You have to say thanks to those who smoke cigarettes and cigars and go out of their way to stay away from non-smokers. It is greatly appreciated.

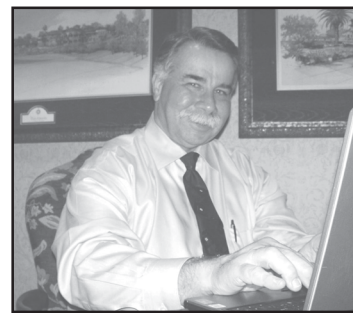
I'm a former smoker. I quit smoking just before I went into the Army. After my active duty abruptly ended in Vietnam, I was sent home. At that time, I wasn't smoking. A couple years after my recovery, I took an interest in law enforcement. I'm going to date myself now, but back then you could smoke in the classroom. I was still working when I entered the Academy, I worked the graveyard shift. I had a little trouble staying awake in the classroom and felt that if I started smoking again, it might help me stay awake.

When I got back from Vietnam, I had some respiratory issues and was still working on them. I started smoking again. I ended up with a horrible tobacco cough. I would burn a carton of cigarettes per week. I barely made it through the physical agility test. I had trouble breathing as my respiratory system was still acting up.

After couple of years, I quit cold turkey. April 1, 1974. For seven years I still wanted to have a cigarette, but I didn't. Strangely, I still have that cough. I'd gone to the clinic into the VA hospital. The VA eventually started treating me for chemical contaminant, which many know it as Agent Orange.

After the seven years, I found myself getting sick from people who smoked. This included my first wife. So you could say I got sick of my wife. We got divorced and went our separate ways. I actually got a little bit better.

I soon found out that when I hung around people that were smoking I would end up with respiratory issues again. I would sneeze repeatedly; my nose would burn and then bleed. My tongue felt like it would swell up and my gums did swell up and bleed. I did not have a clue as to



George Ogden
That's just the way it is!

what was going on with me.

After spending time in the hospital with numerous tests, it was found that I was highly allergic to nicotine. I could not understand why it was so bad because it affected me. The doctors told me, because I used to smoke I had built up a tolerance and a little bit of immunity to nicotine. However, the whole time I smoked I had a tobacco cough.

Things didn't get any better. In fact at times it is worse than it used to be when I'm around other people who smoke. I thought I was the lone Wolf that had this problem, and I find out I'm not. Special thanks to all the smokers that try to look out for me and the other non-smokers. I know you try, but sometimes there are still issues.

Just to give you a little heads up, when you go outside to smoke and you smoke near the door, we still get hit with cigarette smoke. Also some air-conditioning systems in buildings use an inhalation system to recycle the air. Every time those doors open or if there are cracks in the door, smoke comes into the building.

Today there are all kinds of laws that protect the community from smokers.

Here are a few things that some smokers may want to consider. If you smoke, do not shake hands with other people. Do not put your hands on their shoulders rub the back of a non-smoker. The nicotine is on your hands and it

transfers. If you reek of cigarette smoke, stay away from other people. For me, it burns my nose when people come up to me and they are smokers. I usually take a step back. If I shake hands with a smoker, I have to immediately wash my hands, or the nicotine contaminant on my hands will actually affect me. I think that really sucks, but there isn't anything I can do about it. I take medication and sometimes it helps. I guess I'm one of the chosen few that got punished for smoking early on in my life.

If you are a smoker and get mad at a cop, do not blow smoke in their face. You can be arrested for assault with a deadly weapon by blowing a contaminant into their face.

I can't appreciate those people that smoke in our parks and toss their cigarette butts on the ground. It is just wrong. The homeless and the transients that hang out the parks and beg for money always seem to have an expensive pack of cigarettes on them. They flip their cigarette butts on the lawns of these parks where the little kids run around and pick them up and put them in their mouths to emulate they are smoking. A number of these people that hang out at the park that are transients and/or bums are often HIV positive. So when that little kid picks up that cigarette butt and put it in their mouth, guess what? I will wish the parents the best of luck for those that do not watch the kids while at the park.

Most people go to the park to kick back and get some fresh air. You can't do that when you're downwind from these smoking transients. These are the people that give smokers a bad rap because they don't give a damn. But for those that do, I thank you.

"That's Just the Way it Is!"

"TIME JOCKEY" - Civil Rights

By Joe Castillo

Chicano Movement ... The 1960's were filled with war protests, civil rights marches and Latino civil rights protests throughout the United States. East Los Angeles became the center of the Chicano movement and marches were a common occurrence around East Los Angeles College and Whittier Boulevard.

On August 29, 1970, thousands of people marched to protest the number of Hispanic casualties in Vietnam. An estimated 25,000 people turned out to march against the war and civil rights marking the event as the largest protest of its kind as of that date. The march proceeded down Whittier Boulevard and was only 20 blocks away from its concluding destination when chaos broke loose. The Los Angeles

County Sheriffs responded to a report of looting and arrived in force to quell what was thought to be a riot situation. Tear gas canisters were fired into the large crowd to disperse the marchers and many ran into local buildings to avoid the effects of the gas.

Ruben Salazar, 42 years old, was a journalist for the Los Angeles Times, who was assigned to cover the Chicano Movement and the march on that day. Salazar was a veteran reporter who had covered the war in Vietnam as well as interviewing President Eisenhower, Caesar Chavez and Robert Kennedy. He was the leading Mexican-American journalist at that time and was the first Mexican-American reporter hired by the Los Angeles Times. Salazar's continuous coverage of the Mexican-American move-

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Examiner

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The Fundamentals Support an Even Higher Market

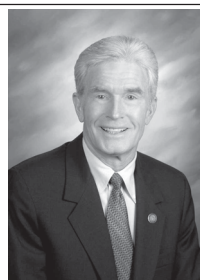
In light of the fact that very few people can time the market just right, most investors might improve their returns by knowing where we stand in the business cycle. Historical market trends are fairly well correlated to the business cycle, and with this particular recovery in its ninth year, one would think we would be at or near the end of the cycle. However, this isn't your average business cycle by any means and this argues for a different vantage point based on current inflation, interest rates, and growth expectations.

When taking these economic components into account we might hope to make proper asset allocation to take full advantage of the various phases within the business cycle. The typical business cycle has four stages:

- An Expansion, in which the economy grows by about 2% to 3%, and stocks are in a bull market.
- The Peak, when the economy grows by more than 3% and inflation re-emerges, leading to asset bubbles, including market peaks and sky-high evaluations, including extremely high P/E levels.
- A Contraction, when economic growth slows but isn't negative. P/E ratios and stock values fall.
- The Trough, when the economy contracts for more than two quarters, which signals a Recession.

So where are we right now? Since the election of President Trump, things have changed to the positive. Wall Street is optimistic that we are still in an expansion phase that we have been in since June 2009. That's almost eight years - about four years longer than the average historical expansion - but this isn't a typical business cycle. The "Great Recession" of 2008-9 was one of

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

the four steepest economic contractions in U.S. history and the worst since 1929. So, the recession of 2008-9 was atypical, leading to a longer workout for the broader economy. We have also seen inflationary forces remain fairly subdued.

In less than two years, this bull market made its first doubling. On February 18, 2011, the S&P 500 closed at 1343, doubling its 666 low. The Wall Street Journal called it "the fastest doubling since 1936." But it wasn't smooth sailing. There was a Flash Crash in May 2010, followed by a European debt crisis in June.

There was never smooth sailing in this bull market. I recall the particularly panic-prone summer of 2011, when there was a near-shutdown of the U.S. government, a U.S. sovereign debt downgrade, and several Euro-based panics in the PIGS nations - Portugal, Italy, Greece, and Spain. Then, at the end of 2012, fear of a "fiscal cliff" caused another 7.7% correction. Next came fears of sequestration and recession. Last year, we saw surprise votes for Brexit and Trump. They not only failed to generate panic but energized the bull market to higher highs. After Brexit, the market fell for just two days before soaring to new highs. After the Trump win, the market fell sharply overnight but then started surging the next morning.

We may not be anywhere near the peak because inflation is still

at or below 2%. The bond market votes every day on interest rates and, of late, there is rising conviction that even as corporate earnings appear to be generally on the rebound, the fall in commodity prices led by the steep decline in crude oil speaks loudly to a massive global supply/demand imbalance that will take years to work off. Following the surge in yield on the 10-year T-Note after Trump's win, the benchmark bond has shed 30 basis points to 2.35%, which is not much above the 1.95% yield for the S&P 500. Before the 2008 correction, the 10-year yield was 5.3%.

It's hard to come up with a more accommodative scenario for equities than the present situation - expanding earnings growth, low inflation, cheap commodity inputs, pro-business tax reform, deregulation, and few alternatives to blue chip stocks for high after-tax yields.

This market still may have room to grow, from a long-term perspective. Despite the 260% gain in the S&P 500 since 2009, that index is still just 56% above its 2000 peak. That's an average gain of under 2.7% per year, which is far below historical norms. NASDAQ is hot so far this year, but it is still up just 19.8% in the last 17 years. The Dow index, surprisingly, is up four times the rate of NASDAQ. Earnings have been up more than the market so far this year, so stocks appear to have room to run. Barring trade wars or long-running shooting wars, we'll likely continue to see a continuance of this bull market.

LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US

I welcome your questions and comments :
kenherman46@hotmail.com

Glendora's First Chick-fil-A Restaurant Opens June 1, Creating 100 New Jobs

Celebration Includes Unique Road Trip Experience with Participants Earning Year Supply of Meals

GLENDORA - Franchise owner Carlos D. Mayen Solorzano opens Glendora's first Chick-fil-A restaurant on June 1 and will celebrate with a special May 31 grand opening Road Trip - transporting up to 100 participants on an interactive field trip around the area in order to earn a year supply of Chick-fil-A meals.

The new restaurant at 1247 S. Lone Hill Ave. will bring 100 new jobs to the area, provide the opportunity for the community to donate children's books to benefit the Glendora Public Library and for his First 100 guests to partner with Feeding Children Everywhere to package 10,000 meals.

Chick-fil-A's First 100 campouts have given away more than \$31 million in free food through 2016 and continue to be the chain's signature event to celebrate the opening of a new location. However, this

Chick-fil-A grand opening celebration will not involve any overnight activities. Instead, up to 100 eligible participants, 18 years and older, can start gathering shortly before 6 a.m. on May 31 to register and immediately participate in the grand opening celebration.

Designed to be an exceptional experience on many levels, the First 100 Road Trip will take participants around the Glendora area on chartered buses while spending approximately six hours being engaged in activities that will provide opportunities to get up and move in addition to impacting and moving others in the community with acts of service along the way. Upon completion of the road trip, each eligible participant will return to the Glendora Commons restaurant around 3 p.m. to continue the celebration. The post-road trip party will include dinner and

participants being awarded with a digital offer card loaded with a one-year supply of free Chick-fil-A meals (52 meals with each consisting of a Chick-fil-A Chicken Sandwich, medium Waffle Potato Fries and a medium beverage).

Registration will be held at the restaurant that morning from 6 a.m. until 8:30 a.m. or until 100 eligible participants are reached, whichever comes first. If more than 100 people are onsite when the line officially opens at 6 a.m. on May 31, a drawing will be held to randomly select 100 guests with each required to participate in the road trip and celebration being held until 4 p.m. that day. The event is open to guests residing in specific zip codes surrounding the restaurant. A list of eligible zip codes and event rules can be found at www.chick-fil-a.com/Locations/Opening.

Waste Management Reminds Customers Of Memorial Day Holiday Schedule

Trash and recycling services delayed one day in observance of Memorial Day

BALDWIN PARK - Waste Management of San Gabriel Valley's curbside residential trash and recycling and commercial pick-up schedule will be delayed by one day throughout the week of **May 29**, in observance of Memorial Day. In

addition, all Waste Management operations will be closed on Monday, May 29, with normal operations resuming on Tuesday, May 30.

Customers in the following cities list (Arcadia, Baldwin Park, Diamond Bar, La Verne,

San Dimas) should place their carts out for pick-up one day later than usual, beginning Tuesday, May 30 through Saturday, June 3.

Customer service is available at 800-266-7551.

Your Money - Ask Julia

What's the difference between Memorial Day and Veteran's Day?

Memorial Day is to remember those who gave their lives. Veterans Day is to honor all those who have served in the armed forces of the United States. On Memorial Day, honor those who loved our freedoms so much that they were willing to die to protect those freedoms from enemies, foreign and domestic. Remember the families, too.

You talk about it, but are there really "safe investments"?

Yes, there are safe investments, and as with most things in life, there are conditions. First of all, the safety of the investments I recommend to my clients depend on the financial strength of the company. Second, although you cannot lose your investment dollars, you also cannot gain all the "ups" of the stock market that these investments mirror. Picture two elevators. One can go all the way up to the penthouse and all the way down to the basement. That elevator is like the stock market; it can capture all the gains and all the losses. Elevator number two can only go up to the 7th floor, and it cannot go lower than ground level. This elevator is like the safe investments I talk about; it can capture some of the gains, but suffers none of the losses. Which elevator do you want a good portion of your investment dollars in?

We have life insurance policies and retirement accounts



Julia Yoder

that we haven't looked at for years. We really don't know what we have, let alone if or when they expire or mature, or even if we have the beneficiaries right. Would you be able to take a look, tell us what we've got, and advise us if we need to make any changes?

Throughout our lifetimes there are many changes, so it is wise to take a good look at what we have in terms of insurance, investments, and goals. Besides getting older, marriage, children, college, empty nest, sickness, divorce, and death all have a huge impact on our financial planning. It can be overwhelming to go through the various policies and accounts, but it is very important to make the time to sort paperwork and get organized. Consider getting a trusted family member or long-time friend to help you with this task. Another method is to call each company for the most recent statement. They are usually quite helpful in answering your questions, too. Then we can talk about possible changes that could be in your best inter-

est.
Our son just graduated from college, cannot afford to live on his own, so he's moving back in with us. Do you have any suggestions on how to handle this situation?

Welcome to the modern-day "boomerang" phenomenon. Issues to consider and communicate are: length of stay, rent and/or contribution to household expenses, duties (chores), and mutual respect, freedoms, and communication. Be careful - don't sacrifice your own financial future. Make an effort to keep your sense of humor, express your love, and try to enjoy the extra time together. With housing prices and interest rates low, you might want to help her with the down payment on a house or condo. There are first-time homebuyer loans with very low down payment and interest rates which allow 'gift' funds to help with that initial outlay necessary to purchase.

Ask Julia by email:
juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Realtor 01238153/NMLS 248681/Nat'l. Ethics Assoc. Home loan application: <http://blink.mortgage/app/sign-up/p/allsourcemortgage/juliayoder>. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morill - Certified Automotive Specialists

Cars Through The Ages: 1961-1990

During these years we seem to realize that safety, fuel economy and emissions are important!

- 1961 - 1970**
- 1961 - Jaquar E-type is shown at the Geneva Motor Show.
- 1962 - The Chevy Nova is introduced.
- 1963 - Porsche's W-RS Spyder wins again at Le Mans.
- 1964 - The Ford Mustang is released and sells over 500,000 in just 18 months.
- 1965 - The rear-engined Chevy Corvair is criticized by Ralph Nader as unsafe.
- 1966 - U.S. Congress passes an Auto Safety Act.
- 1967 - Energy-absorbing steering column introduced by General Motors.
- 1968 - Federal law requires front seat belts for all passenger cars.
- 1969 - Head restraints are required in U.S. vehicles.
- 1970 - Airbags become standard.
- 1971 - 1980**
- 1971 - Chrysler introduces a

- brake-slip control system.
- 1972 - Federal law requires front bumpers meet 5 mph crash standard.
- 1973 - Arab-Israeli War causes fuel supply problems and pain at the pump as prices rise around the world.
- 1974 - Manufacturers try to look at ways to improve fuel economy in vehicles.
- 1975 - All American cars have catalytic converters to cut air pollution emissions.
- 1976 - The Ford Fiesta is launched with a front drive.
- 1977 - Volkswagen stops production of the "Beetle" in Germany after 40 years.
- 1978 - Tennessee is the first jurisdiction in the world to pass a child passenger safety law.
- 1979 - AMC produced the Eagle 4 x 4 car.
- 1980 - 1990**
- 1981 - General Motors launches Saturn in the USA.
- 1982 - Honda starts production at its first US factory.
- 1983 - Toyota introduces Lex-

- us as its luxury brand in USA.
- 1984 - First U.S. seat belt law is enacted in New York.
- 1985 - Every U.S. state passes the use of child safety seats.
- 1986 - General Motors announces the rear seat lap/shoulder safety belt will replace the lap safety belt.
- 1987 - The Ford Motor Company acquires 75% of shares in Aston Martin Lagonda.
- 1988 - Ford's first 6-cylinder car with front-wheel drive is the Lincoln Continental.
- 1989 - Honda starts Civic production in East Liberty, Ohio plant.
- 1990 - First accident with both cars equipped with airbags occurs and both drivers walk away.
- Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com. Home-town Service You Can Count On!

Older Americans Month Luncheon 2017: Age Out Loud

GLENDORA - Getting older doesn't mean what it used to. For many aging Americans, it is a phase of life where interests, goals, and dreams can get a new or second start. Today, aging is about eliminating outdated perceptions and living the way that suits you best.

On Thursday, **May 25** at 11:30am the La Fetra Center will host its annual Older Americans Luncheon at the La Fetra Center. Tickets are \$5 for partners members and \$6 for

non-members and go on sale from April 24 to May 19. Tickets include lunch and entertainment. Please join us as we celebrate Older Americans Lunch and together we will #ageoutloud!
The City of Glendora will use OAM 2017 to focus on how older adults in our community are redefining aging-through work or family interests, by taking charge of their health and staying independent for as long as possible, and

through their community and advocacy efforts. We can also use this opportunity to learn how we can best support and learn from our community's older members.
Join us and ACL as we speak up for #OAM17 and #AgeOutLoud this May!
Tickets must be purchased in person at the La Fetra Center: 333 E. Foothill Blvd. Glendora, CA 91741. Please call the La Fetra Center at (626)914-8235 for more information.

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Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinocle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

COVINA

Volunteer Your Gift Of Music

Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email at tramirez@mail.cvhp.org to start the application process.

EYE-DAS Potluck and Bingo Night

WEST COVINA - This is an annual end-of-year party for all three clubs. Potluck and Bingo Night with prizes is always a fun way to cap off the year. Meetings resume in September.

EYE-DAS ("Eye Diseases are serious") provides social and educational services to the visually impaired throughout the San Gabriel Valley. Clubs meet in West Covina on **June**

DUARTE

Blood Pressure Checks

Health Care Partners will provide a medical assistant to do free blood pressure checks. No appointment needed. **Every 2nd Tuesday** of every month from 10:00 a.m. - 12:00 p.m. For more information call the Senior Center at (626) 357-3513.

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$2. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

GLENDORA

Regional Food Bank Distribution Program

The La Fetra Center and the Los Angeles Regional Food Bank invites SENIORS (Ages 60+) to participate in the Commodity Supplemental Food Program. Current Food Bank participants can receive a FREE food kit once per month which contains items such as canned meats, canned fruits and vegetables, dry milk, cereals, and related products.

Participants must meet the following income guidelines to be eligible: one person household income must not exceed \$1,211 per month and a two per-

5 at noon in the West Covina Senior Center on Cortez; in Glendora on **June 12** in the La Fetra Center at 6:30p.m.; in Arcadia on **June 13** at the Assistance League Building on Alta at noon. Both the visually impaired and their friends and family members are always welcome. For more information, contact EYE-DAS at (626) 335-3937 or (909) 392-0488.

Summer Specialty Camps

ARDADIA - Looking for something fun and educational for your children this summer!? Registration for week-long specialty camps starts April 3. These Specialty Summer Camps offer academic and creative programs for youth of all ages. Below is a list of these fun and exciting camps:

Engineering - Play-Well
TEKnologies
Science - Mad Science
Digital Media - Fresh Media
Skateboarding - Skatedogs
Acting & Improvisation -

Melinda Milton, Creative Artist
Sewing - Diana Aria, Certified Fashion Design Teacher

Specialty Summer Camps are one week long from June 12-July 21. Prices vary depending on the camp. Extended care in the morning and afternoon is also available for most camps. Don't miss out and sign-up early! For more information, please visit our website at www.arcadiaCA.gov/recreation or call the Recreation Office at 626.574.5113.

son household income must not exceed \$1,640 per month. You must provide income verification and a photo ID with birthdate at your first visit. The La Fetra Center distribution takes place on the **Fourth Tuesday of Every Month** from 1:00 p.m. 3:00 p.m. For additional information, please call the Center at (626) 914-8235.

Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Join the Summer Reading Challenge at the Library

How much will YOU read this summer?

GLENDORA - Last year, the Library challenged Glendora to read 35,000 over the course of the summer. Readers responded by smashing 35,000 hours and earning the right to slime the Librarian, Ms. Cindy. Can Glendora's readers reach 38,000 hours read this summer? If so, some of the summer's top readers will have a chance to color-bomb the Librarian. Join the Glendora Public Library's Summer Reading Challenge and help us reach our goal of 38,000 hours read by Glendorans this summer.

Register online at www.glendoralibrary.org beginning May 27th, or come to the Library May 30-July 22, 2017, and visit the Library weekly. All participants will receive a free incentive upon registration. The more you read, the more incentives you will receive. Check the

Toastmaster Club 5880 Toast To The Best Meeting

SANDIMAS - The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Monday from 7PM to 8:45 PM. Learn to motivate and lead? Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere.

At our May 18th meeting we elected new officers for the year beginning July 1st. President - JoAn Haase, VP Education - Rich Watson, VP Membership - Art Douglas, VP Public Relations - Idaly Acosta, Secretary - Shauna

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

MONROVIA

Tenth Annual Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active

Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Monday from 7PM to 8:45 PM. Learn to motivate and lead? Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

Volunteer Your Gift Of Music

COVINA - Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email her at tramirez@mail.cvhp.org to start the application process.

WEST COVINA

Meeting of Republican Women

West Covina Mayor Pro Tem Mike Spence will address the Republican women on Friday, **May 26** at the Holiday Inn in West Covina (off the 10 Freeway). He will speak at 11:00 on the topic "How Cities Can Fight Sacramento." Considering a new and outrageous gas tax and cities being broken into "districts," by a powerful group driven by an agenda, Mike can shed some light on what is happening from an extensive knowledge on how things work on the inside.

For reservations, please call (626) 378-7244 or (626) 332-4341. Lunch is \$18.00. Guests are welcome.

Social Dance

San Gabriel Valley Social Group will sponsor a dance, from 7:30 to 11:30pm Friday, **June 9** at the Elks Lodge; 841 W. Merced Ave., West Covina. Admission cost \$12. For more information call (626) 332-9530.

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center is an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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A Busy Season For Glendora Public Library Trustee Helen Storland

GLENDORA - As the Glendora Chamber of Commerce puts it, Helen Storland is "an active member of the Glendora Woman's Club, ..., sits on the Glendora Library Friends Foundation Board, is a member of the Delta Kappa Gamma Society and is an active member of Glendora United Methodist Church, just to name a few."

Clearly, Helen is used to having a crowded calendar.

But this spring that calendar has been full to bursting.

On April 21, 2017, Helen was honored at a special ceremony as one of Congresswoman Grace F. Napolitano's "Unsung Heroines" 2017 Women of the Year for exemplary service. All in all, 21 women received the award. Napolitano gave out the awards and thanked the women personally. Library Director Janet Stone nominated Helen on behalf of the Glendora Public Library and Board of Library Trustees, explaining that "Since 2008, Helen's work on the Board of Library Trustees has helped connect the Library with the community, support programs for all ages, develop partnerships, and connect the Library and our generous Friends Foundation."

Helen was also recently selected by the Los Angeles County Commission for Older Adults (LACCOA) to receive the 52nd Annual Older Americans Recognition Award for outstanding



Photo Courtesy of Glendora Chamber of Commerce

Glendora Public Library Trustee Helen Storland

community service. She will be honored by the Los Angeles County Board of Supervisors and LACCOA at a reception scheduled for May 31, 2017.

This seasonal whirlwind began when Helen was named the 2016 Glendora Citizen of the Year. As that recent press release from the Glendora Chamber of Commerce states: "Helen has made numerous important contributions to the welfare of the Glendora community for many years. As a Reading Specialist, while teaching for over 30 years in the

Glendora Unified School District, Helen has a heart for literacy. After retiring she used her passion to start the Glendora Community Read-In program ... Helen exemplifies the definition of a true community partner and is most deserving for this year's honor..."

It's not just her calendar that shows it: Helen Storland has truly supported the community's work, education, personal growth, and enjoyment in the library realm and beyond.

Adrienne Ferguson: The New Principal of St. Dorothy's Parish School

By Jenny Park

SGVE: What is your favorite part of St. Dorothy's so far?

Ferguson: I love going into their classrooms and learning their names, getting their love and hugs, and as an administrator. That's why I love teaching because I can return the favor of my teachers, help them out, and affect change. I think we can collaborate and make this place exciting.

SGVE: How did you survive middle school for 12 years, teacher-wise.

Ferguson: I don't think of it as surviving. I love that age. We can have really good conversations. But they also like fun things like stickers. It wasn't survival. It was fun. It's a good age. Because you can still impact their lives before they go to high school. You can see them grow. It's awesome.

SGVE: Where you grew up, was it dangerous?

Ferguson: San Gabriel? No, it was Mayberry. You walked to school. The most dangerous thing was the train. The train tracks. Even East L.A. was once like Mayberry. You could ride your skate-board. Your grandparents had watermelon on the porch. Sandia.

SGVE: Mayberry?

Ferguson: The fictional town from the Andy Griffith Show. It was a safe, sleepy, nothing ever happened there.

SGVE: I remember that show. The black and white show. That's what Glendora is, right?

Ferguson: Yes! You could walk your dog at any time you want. That's why we love Glendora and why we moved here. We can walk the dog, walk the kids, and I know it's exciting because you can go to the new Village and get a cup of coffee and see your neighbors or grab a slice of pizza. Now I am the one sounding like a commercial!

SGVE: Can you share with the Examiner, more about yourself?

Ferguson: I was born and raised in East Los Angeles. I grew up and moved to San Gabriel Valley and then went to Jefferson



Adrienne Ferguson, Principal of St. Dorothy's Parish School

Middle School and San Gabriel High School. I was a Matador. It was a good time. I never wanted to be a teacher.

SGVE: That's not what you want to be when you are twelve years old.

Ferguson: I wanted to be a doctor or wanted to work with deaf children. I hated science class and then when I got out of college I got into CSULA. I worked for the county of Los Angeles and that's when I kind of fell into teaching.

SGVE: Do you have any shout-outs?

Ferguson: A shout out to my junior high history teacher Mr. Rosenthal. Mr. Rosenthal was at the original Jefferson Jr. High School at the time. He had a big afro and he made history fun. I remember him at the time; you don't appreciate what your teacher is going through; nor history. In a girl's gaze, Mr. Rosenthal was big. Without knowing it he built a love of history. I love history. That was my niche as a teacher.

SGVE: Who were the most inspiring to you to continue as a teacher. I understand it is not very easy to teach, competing with the Internet and snapchat these days.

Ferguson: Without a doubt, my grandparents. They were the foundation of my faith. My grandfather, Arturo Mesa, actually sent me to Our Lady of Guadalupe in East L.A. That's where my faith was instilled. You don't quite appreciate it until I started working in Catholic school. It's affected the way I teach and the way I live.

Lastly, to Sr. Mary of the St. Joseph Sisters of Carondelet. They allowed us to use their pool and grill when they were filming The Gilmore Girls at Mount St. Mary's College/University. She was my aunt.

SGVE: Do you golf?

Ferguson: Just Mini. My dad was a big golfer. Although our golf tournament is our biggest fundraiser, I just only play mini-golf.

SGVE: Do you enjoy your job?

Ferguson: Of course. I wouldn't be here if it was a boring job.

SGVE: What is the biggest challenge and biggest joy?

Ferguson: The biggest challenge is that I have to wear so many different hats. I have learned so much about plumbing, budgets, and missing the classroom. Being okay with a messy desk. Talking with parents, giving tours, learning what the administration wants, and of course talking to the public especially.

SGVE: And the biggest joy?

Ferguson: The biggest joy is that I have been able to change things and leave a plan-- a legacy; it's so wonderful to see what's going to happen in the next six years.

SGVE: Next topic-- parents. What is one advice you can give to new parents and old?

Ferguson: Listening to what they say. It's amazing to see what kids can do these days. We don't give them enough credit. Letting your child discover what it's like to fail. I think that it builds the want in them to do better. I have a Junior at USC and a freshman at Citrus College. I have always encouraged them to try everything and remind them that they are not always gonna win. As long as they try their best, I am happy. The world is in their hands these kids have so much. Oh, and I have a quote to share with you.

SGVE: I love quotes.

Ferguson: "Anything worth doing is worth doing poorly." (GK Chesterton)

SGVE: That sounds like a perfectionist.

Ferguson: That's right. We want to protect them so much and when they fail; they can rise to the occasion. They are so much better, stronger, and faster than I am. We just had a spring concert. We are changing a music program. We just got a grant too for a new music program. And it's not a five-year plan.

SGVE: Yes, I was at the spring concert. It was a moving song we heard-- "True Colors" (Cyndi Lauper). The conductor was magnificent. He received a bouquet of flowers at the end. I just wished we reserved tickets to eat tacos afterwards.

Ferguson: He is our music teacher at the school.

SGVE: How do you know Fr. Mark, the pastor of St. Dorothy's Church?

Ferguson: Fr. Mark? He was the man that interviewed me. That's how I know him. Now we have a good working relationship. We work together really well.

SGVE: In the dunk-a-man booth correct?

Ferguson: No, that was only allowed in Mayberry.

SGVE: Right, the fictitious town where Andy Griffith lived.

Ferguson: Well, thank you for your time. I have to get back to my desk.

Northview Builders Club "Graduates"



Board Members from the Northview Builders Club, Ashley Leone and Duarte Kiwanis President, Cheryl Reynolds.

DUARTE - Ashley Leone has been the advisor for the Northview Builders Club for a number of years. The Duarte Kiwanis Club honored Ashley with a DSA (Distinguished Ser-

vice Award) for all her hard work and commitment to the Builders Club. Next year, as DUSD transitions to K-8 Elementary Schools there will be a different vision for Builders Clubs. Ashley

is hoping to begin one for her new site - Royal Oaks.

For further information on speaking or joining the club, contact Dr. Diane Hernandez at drdiane@drhemanandezoptometry.com.

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Monrovia Unified Students Experience Drunken Driving Dangers through Simulated Auto Crash

MONROVIA – Twisted metal, shards of broken glass and pools of fake blood littered West Colorado Boulevard on May 16 in front of Monrovia High School, where two colliding vehicles kicked off the school's "Every 15 Minutes" program to demonstrate for juniors and seniors the very real perils of operating a car while under the influence of drugs or alcohol.



The Grim Reaper and more than 200 Monrovia High juniors and seniors look on as emergency medical service workers rush a victim to a nearby ambulance on May 16 as part of the "Every 15 Minutes" program, which illustrated for students the dangers and consequences of driving under the influence.

"Hopefully, this event will help some people see how important it is to not drink and drive," Associated Student Body President Brenda Hernandez said. "I hope showing them how a drunken driving scenario plays out will make an impact on the students this year."

The program comes ahead of Monrovia High School's prom on May 19 and graduation on June 7.

"Monrovia Unified's top priority is providing a safe environment for all students," Monrovia Unified Board Vice President Terrence Williams said. "With prom, summer vacation and college right around the corner, it's imperative that our students take these lessons to heart."

The event, coordinated by activities director and math teacher Sandy Duff, featured a simulated car crash, rescue efforts from police officers and firefighters, dramatized injuries and deaths of several students, a mock student arrest and guest presentations detailing real-life drunken driving consequences.

"I would love for this event to make students think about drinking and driving and the

effects it can have on others," Duff said. "We want them to make smart decisions and to think about their families and other people on the road before they drive under the influence."

A Monrovia High counselor and alumnus dressed as grim reapers to pull several students from their classrooms every 15 minutes before the crash scenario to become the "living dead," representing lives lost to drunken driving. All "living dead" students and crash scene participants were kept overnight at a nearby hotel with no contact to the outside world for 24 hours, hosting team-building activities and writing sorrowful letter to their families. Mock vigils with eulogies from family and friends were also held.

During the second day, all Monrovia High juniors and seniors attended a mock funeral with the living dead students hoisting a casket to the front of the auditorium and placing flowers inside. All students re-

flected on their experiences as they watched a video of the simulated crash scene from the day before and as their peers were transported to the hospital and mortuary.

"This event is gut-wrenching – even knowing that it is a simulation," Monrovia Unified Superintendent Dr. Katherine Thorossian said. "It takes a great deal of coordination between the school, California Highway Patrol, Monrovia Police Department and the City of Monrovia to pull this off. This is an investment given without hesitation because it is an investment in our students."

This is the sixth "Every 15 Minutes" event held by Monrovia High, funded by a \$6,000 grant from the California Highway Patrol. Duff said applying for the grant, choosing students to participate in the crash scene, selecting "living dead" students, hiring makeup artists and coordinating with police officers, firefighters and mortuary companies is a year-long process.

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