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Holiday Party for Foster Children

By Feli Gutierrez,
DCFS Adoption

COVINA - On December 15, 2017, the Asian Pacific Program and Deaf Services Unit of the Department of Children and Family Services (DCFS) hosted its fifth annual holiday celebration for foster children. Supervisors Richard Kwang and Mari Nakayama, with guidance of Assistant Regional Administrator Robert Rodriguez and Administrator Frank Ramos, oversaw the preparations and year-round fundraising, allowing children serviced by their office to experience a brighter holiday season. The event was held at the Child Advocacy Center through the generosity of Masonic Home in Covina. The hall was decorated by the Holiday Party ommittee and students from local high schools and colleges assisting.

Trent of TDang Photography took beautiful instant photos of the guests with Santa Claus Juan Cabrera. The youth in attendance were delighted with the Valerie's bubble show, face painting by Elizabeth, manicures from Jill and Grace of Getting Nailed, balloon artistry by Dimitri and caricatures by Jared. Seventy four children, their caretakers and foster siblings enjoyed a variety of

food consisting of numerous Chinese, Mexican, Italian entrees, pizza, cookies and cupcakes.

This year's holiday celebration saw more participation of community partners. Deaf Services Supervisor Karen Bowman and her Sherman Oaks neighbors donated proceeds from recyclable bottles and provided toys for the children. The Korean American Family Service Center (K Fam) donated gift cards. URI Global and Hyundai provided blankets. Additional gifts came from the Mandarin Baptist Church, Dr. Kanonknuh Shifleft, Dr. Dan Banh, Trieu Dentistry, Dr. Gloria Romero and food trays from Avolio's Italian Restaurant.

The Asian Pacific Program and Deaf Services provide care for dependent children placed in foster homes throughout Los Angeles County. Anyone interested in becoming a resource family for foster care or adoption, please call 1-888-811-1121 or visit fosterLAKids.org. Those interested in helping holiday cheer to more children in 2018, please contact Richard Kwang or Mari Nakayama at 626-938-1601. With help from our community partners, we can provide holiday cheer for more deserving children.



"Bubblogist" Valerie entertaining the children with Pete Chavez, ASL interpreter.

Photo by Trinh Huynh

America's Christian Credit Union Funds Research

Revealing \$60 Billion Annual Impact Of Christian Higher Education In The United States

GLENDORA — In early 2017, America's Christian Credit Union (ACCU) funded a \$100,000 "seed" grant given to the Council for Christian Colleges & Universities (CCCU) to underwrite research on the economic impact that Christian colleges and universities have in the United States. On December 14, 2017, the full research results were revealed at a private event on Azusa Pacific University's (APU) campus.

After a year of research, the study discovered the national impact of Christian higher education institutions affiliated with the CCCU, totaling \$60 billion dollars annually (or \$166 million a day) contributed to the U.S. economy. By-products of the CCCU included those relating to the collective economic, societal, and community impact. The CCCU is graduating students who are interested in bettering the world through human services at nearly 3x the rate of traditional four-year institutions. And with a call to be good neighbors in the cities the universities reside, the CCCU proudly announced its annual contribution of 5.4 million hours of community service offered by current students.

"If we want to be effective communicators of the full value of Christian higher education, we must know the vital statistics of how and why Christian colleges impact their locality, their state, and the nation," said CCCU President Shirley V. Hoogstra. "We are grateful for the leaders at ACCU, who recognize both the value of Christian colleges and universities and the need for this research."

As the largest Christian university in California, APU was selected as the first individual institution to undergo the impact study. Findings show APU's economic impact spans far beyond the city of Azusa, the Southern California region and dramatically impacts the state at large. Each year, APU contributes \$1.25 billion to the California economy, within that, \$37 million in state taxes alone, and furthermore, supports 7,260 jobs statewide.

When announcing the results of the research grant, ACCU President/CEO Mendell L. Thompson said, "At ACCU, we strive to play a constructive role



ACCU President/CEO Mendell L. Thompson with CCCU President Shirley V. Hoogstra and APU President Jon R. Wallace.

in mission-aligned outreach and expanding the Kingdom. We recognize and support the very significant role that God-honoring institutions like Azusa Pacific University play."

As discussions in government around the funding of higher edu-

cation continue, the CCCU is prompting each of the participating universities to acquire research regarding the economic impact created by the individual university to defend the value and worth of its higher calling, higher education experience.

Carolers in Glendora



The carolers are students at Cullen Elementary School. They are Jackson Blair, Jameson Blair, Kennedy Bowers, Addison Bowers, Ellington Steward, Keaton Steward, Tessa Boyer and Derek Boyer.

By Jayam Rutnam

GLENDORA - It was a cold Christmassy night in Glendora. Fireplaces were turned on and some Glendorans were having parties to celebrate the season with friends and relatives. One such home was that of the

Camous on North Loraine Avenue. Their home was beautifully decorated with lights and also with animated carolers in their large front window.

The party was in full swing, with cocktails and all kinds of food and music. There was a

knock on the door. The hostess of the party, Iswari Camou opened the front door and lo and behold, there were eight bright eyed children who started singing "Jingle Bells," they were accompanied by their parents and friends two of whom were Glendorans, Cory Ellenson President of the Glendora School Board and Daniel Boyer, President of the Glendora Education Foundation, and also the President of Southland Properties.

The host of the party, Rene Camou, opened the other door and invited the caroling party into their home, which already had around forty guests.

It was absolutely fantastic, was the contention of the guests. The carolers sang all the popular carols and songs. It was obvious that these children had practiced hard and that they were enjoying themselves. The hosts, Iswari and Rene Camou said that this was the highlight of the party and that it really put everybody into the Christmas spirit.

Volunteers Meeting for "The Wall That Heals"

SAN DIMAS - San Dimas HEROES is proud to announce that they will be hosting "The Wall That Heals," a Vietnam Veterans Memorial Replica & Mobile Education Center, on March 22 - 25, 2018. We are one of only 38 cities in the United States who will be hosting the "Wall" in 2018. The "Wall" will be located at Lone Hill Middle School at 700 S. Lone Hill in San Dimas.

The HEROES Organization will be holding a meeting for anyone who would like to donate some of their time during the four days. The meeting will be

held on Monday, **January 15, 2018** at 6PM, at the San Dimas Sheriff's Station located at 270 S. Walnut Ave in San Dimas. If you're interested in being a part of this once-in-a-lifetime experience and would like to attend the meeting, please RSVP at 909 677 9557.

For updated information you can follow the HEROES on Facebook or visit their website at www.SanDimasHEROES.org. The City of San Dimas and Walmart of Glendora are co-sponsors of this event.

Recognized for Service to Duarte Community



Lydia Carswell, Duarte Rotary Club, Anna Wu, Kiwanis Division 35 Lt. Governor, Brian Villalobos, Duarte Rotary, Tzeitl Paras-Caracci and Aida Torres, Duarte Kiwanis.

DUARTE - Duarte Kiwanis and Duarte Rotary are proud to recognize the wonderful community work Council Member Tzeitl Paras-Caracci provides every day in the Duarte community. Tzeitl was a crucial link in helping create the successful Family Fun Fest bringing both organizations together to serve

the Duarte Community. She was presented with a Kiwanis Distinguished Service award and a Rotary "Mouse that Roared" pin for her continued support.

If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at tinac51@aol.com.

Ribbon Cutting and Grand Opening for Creamistry



GLENDORA - The Glendora Chamber of Commerce hosted a Ribbon Cutting and Grand Opening for Creamistry in Glendora. Creamistry is a unique ice cream store that uses liquid nitrogen to hand-craft their ice cream, for a delicious frozen treat!

Creamistry was represented by owner Paramjit Sohi, along with his staff and community members. From the Office of State Senator Anthony Portantino was Kristi Lopez. Representing Assemblymember Blanca Rubio was Ari Ruiz. And from the Office of Los Angeles County Supervisor Kathryn Barger was representative Sandra Maravilla. Representing the City of Glendora was Mayor Gary Boyer,

and Councilmembers Karen Davis and Michael Allowos. The Glendora Chamber Board was represented by Board Chair Gary Clifford along with Board Members Arif Taj, Fawn Imboden, Ken Salzman, Diedre Young, and DJ Jafari. Chamber Ambassadors present were Keith Van Vliet and Sue Laub. Chamber Staff present were Membership and Events Coordinator Michele Street and President/CEO Joe Cina.

At Creamistry, their specially trained Creamologists use liquid nitrogen to hand-craft their premium ice cream, one scoop at a time! They don't make it until you order it - it doesn't get any fresher than that! They take pride in using high quality, premium ingre-

dients. With more than 60 flavors and topping options, including all natural and organic choices, your fresh frozen satisfaction is their guarantee. Not only is their ice cream incredibly rich, creamy and fresh, it is also entirely customizable. From your base to your flavor, toppings, and mix-ins, you can create the ultimate ice cream!

Creamistry is conveniently located at: 651 S. Grand Ave #104 Glendora, CA 91740, stop by for all your ice cream craving needs! For more information on their menu options or hours of operation, visit their website at: <https://creamistry.com/> or call 626-852-2727.

Live Life Well: Keeping Your Resolutions In 2018

The New Year is a wonderful time to not only evaluate your past, but also explore your goals for the year ahead. While it is common that health and fitness resolutions land at the top of people's list, the truth is that achieving any goal in 2018 is dependent upon good health. Whether planning that bucket list vacation, trying a new hobby or spending more time outdoors, a healthy fitness routine is the backbone of making these goals achievable.

This year, create an attainable health and fitness goal to help you reach all your resolutions. SilverSneakers, the nation's leading fitness community for older adults, offers the following tips on how to make resolutions that will help you live life well in 2018:

1. Set a SMART goal: SMART stands for Specific, Measurable, Action Oriented, Realistic and Time Bound. "Losing weight" is not a specific measurable goal; instead, say you want to lose 10 pounds in three months. That way, you have something to strive toward and measure against.

2. Start small: If you only focus on an ambitious long-term goal, you may be setting yourself up for failure. It is important to set weekly milestones that allow



Next year could be better than ever if you resolve to follow five ideas.

you to see progress and achieve success early and often.

3. Bring a friend: Knowing that you promised a friend you would join her for that 6 a.m. class keeps you accountable for showing up and doing your best. Having a friend to work out with also makes the experience more enjoyable.

4. Track progress: As you work toward your goals, make sure to track your activities and the progress you make along the way. Whether it be pounds lost or miles ran, it will be encouraging to see where you started and where you are now.

5. Celebrate success: Each milestone toward the end goal should be celebrated. Comple-

ing your resolution won't happen overnight and the journey should be an exciting time as you work toward a healthier you.

For more than 25 years, SilverSneakers has been helping older adults enjoy and get the most out of life by engaging participants in physical activity, as well as fostering new friendships with a welcoming member community. Through exercise, SilverSneakers helps people maximize their health and well-being, and maintain their active lifestyle in retirement.

To find out if you are eligible or to find a class in your area, visit www.SilverSneakers.com. (NAPSI)

"TIME JOCKEY" - Darkest Hour

By Joe Castillo

Latest Release... Over the Christmas holidays, the general release of 'Darkest Hour' was in theaters throughout the area. The movie covers Sir Winston Churchill's appointment as Prime Minister of the United Kingdom at a time during World War II when all of Europe was being overtaken by German military forces. Winston Churchill was in the midst of battling political forces in Parliament after Prime Minister Neville Chamberlain resigned his office and was trying to establish the proper course of action to defend England from being invaded by German forces.

Gary Oldman superbly portrays Churchill including his mumbling, intonation, physical characteristics and forceful actions. In addition, actual locations are used in the filming especially the site of the military war rooms located underground in London. Today, the rooms have been preserved and are known as the Churchill War Rooms managed by the Imperial War Museum. The War Rooms were secret underground headquarters for Churchill's War Cabinet to run the operations of the British War effort. Dozens of rooms are included in the complex which was designed to contin-

ue of the operations of the war and cabinet during attacks from Hitler's German forces. The site was originally an underground department store and its proximity to Parliament and the Prime Minister's residence at 10 Downing Street made it an ideal location.

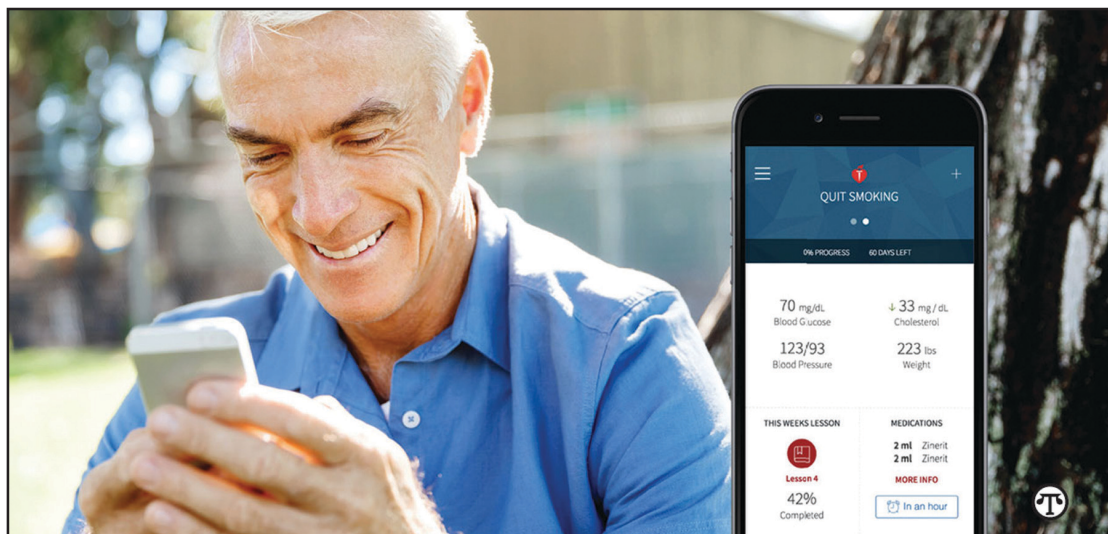
In May 1940, Churchill became Prime Minister and announced he would lead the war from these rooms. The location was of most use during the blitz bombing raids between September 1940 and May 1941, and the V-rocket raids from June 1944 to March 1945 which caused heavy damage in and around London. Even though the war room never was hit in an attack, the importance of the room was enough to keep its actual location secret. The War Cabinet was the supreme directing body of the central government which brought the Prime Minister and the other ministers of the British parliament together to make difficult choices in the war strategy. There were no more than eight ministers representing the Conservative and Labour parties with Churchill holding the title of Minister of Defense. The War Cabinet included Chamberlain, the previous Prime Minister, and Clement Attlee who was the leader of the Labour Party and

was the Deputy Prime Minister from 1942 - 1945. Attlee succeeded Churchill as Prime Minister following the election of July 1945.

One of the most secured and protected room in the War Rooms was the Map Room. It was here that Allies and Axis troop movements were tracked and positioned throughout the world arena. Access to the Map Room was limited to security clearances and was always under highly controlled access as British war plan were clearly displayed on a multitude of maps. The 'Darkest Hour' provides you with a view of the actual war rooms as they were in 1945 and allows you to see for yourself how Churchill and the British ran their country during the stressful war years. For World War II enthusiasts, the 'Darkest Hour' provides you with the inside story on Winston Churchill and his strength in never giving up the fight for freedom....

Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 3 books on the topic. He can be reached at joeacastillo@aol.com.

Reducing Your Risk Of Heart Attack



While heart attack risk is highest in winter, maintaining a healthy lifestyle is a good idea all year.

While death from heart attack is highest during the winter holidays, you can protect heart health with diet, exercise and taking prescribed medication.

The Problem
Juggling all the extra pressures of a busy holiday schedule can wreak havoc on your healthy habits, but it's one of the most dangerous times to lower your guard. Research shows deaths from heart attacks peak during December and January.

"Changes in diet and alcohol consumption; stress from family interactions, strained finances, travel and entertaining; and even respiratory problems from burning wood are all possible reasons for the increase in heart attacks during the holidays," explains John Osborne, M.D., Ph.D., a preventive cardiologist for State of the Heart Cardiology.

A Solution

If you've had a heart attack, it's especially important to maintain a healthy diet, stick to an exercise plan and take medicines as prescribed. About 20 percent of heart attack survivors over the age of 45 will have another heart attack within five years of their first.

"Making lifestyle changes can be difficult," adds Osborne. "Many of my patients use mobile apps that provide education and electronic reminders to help stay focused on how to protect their heart health and minimize risks."

One such app is My Cardiac Coach, a free and easy-to-use mobile app developed by the American Heart Association that empowers people to take control of their heart health using interactive tools to learn about their condition, track medications and closely monitor any changes.

One Man's Story
For example, Lex Roulston overhauled his diet and increased exercise after having a quintuple bypass surgery in 2001, since all five of his coronary arteries were blocked. Roulston said he "never thought about what he ate or worried about his health," and that his

bypass surgery "was a big wake-up call" to take his health seriously and protect his heart health.

Roulston, now 84, relied on in-person resources through a cardiac care program following his bypass surgery, but said mobile tools such as My Cardiac Coach can provide the support, as well as access to medical information, that proved so crucial as he made significant lifestyle changes.

"It's just another tool to help you make a lifestyle change," said Roulston, who, with his wife, funded the Lex and Eileen Roulston Lifestyle Change Initiative and Lee County Support Network for Survivors and Caregivers to provide a local support network to people in Lee County, Fla. "Having the tools to support you makes it a lot easier to make changes, especially as you face challenges."

Learn More
For further facts about My Cardiac Coach and to download the app for Apple or Android mobile devices, go to www.heart.org/MyCardiacCoach. (NAPSI)



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To resolutions that last...

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1101456.1 State Farm, Home Office, Bloomington, IL

Duarte Man Arrested for Killing Wife in Crash

By George Ogden

ARCADIA - A Duarte man who was involved in a crash on Chantry Flat Road on Saturday, Dec. 23., in Arcadia, where he flipped his pickup truck and killed his wife and injured his son has been arrested. Ernesto Garcia, 50, of Duarte has been charged with Manslaughter and DUI.

Killed in the crash was his wife Cristina Melgarejo, 47, of Duarte in the 10:30 a.m. crash when the pickup truck she was riding in flipped and rolled over. The age of the injured juvenile son was

not released.

Ernesto Garcia was booked around 7 p.m. and bail was set at \$100,000. The D.A.'s office may consider murder charges and child endangerment due to the fact he was committing a crime when the tragic accident happened. The DUI would be the crime.

It appears that Garcia was driving at excessive speed on the windy road and lost control and rolled the truck. The investigation continues.

City Of Azusa Now Accepting Applications For Scholarship Program

AZUSA - The City of Azusa is now accepting applications for the Scholarship Program which annually awards \$4,000 in scholarships.

The scholarship program, made possible by a generous contribution from Vulcan Materials, was established to provide financial assistance to qualified Azusa residents who pursue post-secondary education. The scholarship program is open to high school seniors and adults to offset the cost of higher education. The program allocation is divided into two categories: One for

high school seniors and one for adult applicants. Each category will be awarded two \$500 scholarships and one \$1,000 scholarship.

Eligible applicants must be Azusa residents for at least one year and are first time students with no previous college credit. Other requirements for consideration are: A minimum grade point average of 2.75, demonstrated leadership in their school or in the community, acceptance to an accredited college, university or trade school and financial

need.

The Scholarship Program application is available online at <http://www.ci.azusa.ca.us/1445/Scholarship-Program>. The deadline to apply for the program is March 15, 2018. Scholarship recipients will be invited to receive a certificate at a future at a City Council meeting.

For further information on the Scholarship Program contact Carina Campos, City of Azusa, Economic Development Specialist (626) 812-5102 or ccampos@ci.azusa.ca.us.

Baldwin Park Police Are Arresting Drunk Drivers This Holiday Season

Remember: Drive Sober or Get Pulled Over

BALDWIN PARK - This holiday season, Baldwin Park Police Department will work around the clock to keep drivers and passengers safe as they search for impaired drivers. From December 15, 2017 through January 1st, law enforcement is partnering with

the California Office of Traffic Safety (OTS) and National Highway Traffic Safety Administration (NHTSA) in a special year-end Drive Sober or Get Pulled Over enforcement mobilization to get impaired drivers off the street and to spread the word about this dangerous crime. As part of the holiday enforcement campaign period, police, sheriff and the CHP will be deploying DUI Checkpoints and DUI Saturation Patrols during the upcoming 18-day DUI crackdown throughout the region. Baldwin Park PD has and will be conducting DUI Saturation Patrol Operations on 12/15, 12/16, 12/22, 12/23, 12/29, 12/30, and 12/31/2017.

"This holiday season, drivers will notice increased enforcement watching closely for anyone who is driving impaired," said Michael Taylor, Baldwin Park Police Chief. "It is vital that we keep our roads and our travelers safe, not just at the holidays, but every day. With extra travelers on the roads, and people attending holiday parties, we will likely see an uptick in drunk driving. We'll be arresting anyone we catch breaking this life-saving law."

Driving under the influence of alcohol can have deadly, devastating consequences. Nationally in 2016, 37,461 people were killed in motor vehicle traffic crashes, and 28 percent (10,497) died in crashes where a driver had a blood alcohol concentration (BAC) over the limit of .08. California reported 1,059 DUI

deaths at .08 or above.

In recent years, California has seen an increase in drug-impaired driving crashes. Baldwin Park PD supports the new effort from the Office of Traffic Safety that aims to educate all drivers that "DUI Doesn't Just Mean Booze." If you take prescription drugs, particularly those with a driving or operating machinery warning on the label, you might be impaired enough to get a DUI. Marijuana use can also be impairing, especially in combination with alcohol or other drugs, and can result in a DUI.

"Two simple words can keep your holiday festivities safe - plan ahead," said OTS Director Rhonda Craft. "Before you head out to any celebration, plan how you are getting home safely. If you are drinking, that means knowing what sober driver or service will be using."

Drivers are encouraged to download the Designated Driver VIP, or "DDVIP," free mobile app for Android or iPhone.

The DDVIP app helps find nearby bars and restaurants that feature free incentives for the designated sober driver, from free non-alcoholic drinks to free appetizers and more.

Funding for this DUI operation is provided to Your Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to 'Report Drunk Driver - Call 9-1-1'.

San Gabriel Appoints Mark Lazzaretto City Manager

SAN GABRIEL - After an extensive search, San Gabriel officials announced that Mark Lazzaretto will be appointed as the next City Manager by the City Council. Lazzaretto topped the field of 36 candidates recruited from across the west.

Lazzaretto, 47, comes to San Gabriel from the City of Pomona, where he served as the Development Services Director for over a decade. With an extensive background in public administration and community development, Lazzaretto oversaw the adoption of the City of Pomona's first general plan since 1976 as well as a major redevelopment plan to revitalize the city's major commercial corridors. Previously, Lazzaretto served as the Redevelopment Manager for the City of Pomona and as the Economic Development Manager for the City of Buena Park.

"I'm born and raised in the San Gabriel Valley, and I've lived most of my life in and around the community," Lazzaretto said. "It just feels like home to me, and it's a community that has the kind of people, buildings and businesses that I thrive in."

In his new role, Lazzaretto will serve as the city's chief executive, overseeing the city's staff to meet the objectives of the City Council.

"We're delighted to welcome

County Launches Court-Referred Community Service Program

Community Service as Alternative Sentencing Option Preserved

LOS ANGELES - The Community Development Commission of the County of Los Angeles (CDC) negotiated and executed a three-year funding agreement with the Countywide Criminal Justice Coordination Committee (CCJCC) to implement the Court-Referred Community Service (CRCS) Program at the Superior Court of California, County of Los Angeles (Court).

Community service provides an alternative sentencing option in lieu of fines and/or incarceration for individuals who are convicted of infractions or misdemeanors. Individuals who choose to perform community service in a matter before the Court contact one of nine community service referral agencies, which service 24 courthouses located throughout the County. These referral agencies charge a fee, arrange the performance of community service at a non-profit organization, and review and assist the participants in reporting to the Court the hours of community service performed.

Due to the lack of regulation

of community service referral agencies, there have been many issues with fraud. This has prompted concern with the Court to consider reducing or discontinuing the use of community service as a sentencing option. Such action could lead to loss of driver's licenses, additional criminal violations, and, ultimately, an increase in the number of incarcerations.

The newly implemented CRCS Program addresses the Court's concerns regarding community service as an alternative sentencing option, as well as the need to monitor the community service providers.

"Community service is a vital criminal justice program," said CDC Acting Executive Director Monique King-Viehlend. "We are proud to partner with the CCJCC and the Courts to ensure it remains a reliable replacement for exorbitant fines or incarceration."

The CRCS Program will institute uniform standards for community service referral agencies, including common fee sched-

ules, insurance requirements, and forms to report completed service hours to the Court.

Additionally, the program has established a countywide list of approved community service referral agencies to be used by the Court and defendants sentenced to community service. These providers will be periodically monitored to ensure they are operating in compliance with the established program standards.

The CDC serves the County of Los Angeles as an affordable housing, and community and economic development agency. The CDC's wide-ranging programs benefit residents and business owners in the unincorporated Los Angeles County areas and participating cities. Since 1997, the CDC's Traffic Administration Services (TAS) has provided administrative and customer services for, and on behalf of, the Court.

For more information about the CRCS Program, please contact TAS at TAS@laedc.org or (800) 555-4452.

LA County Library Debuts New Student Card As Part Of The National Library Card Challenge Program

LOS ANGELES COUNTY - LA County Library is rolling out a new student card as part of the Library Card Challenge, a national effort to ensure that every child enrolled in school has access to the books and valuable learning resources of America's public libraries. The Challenge was launched in 2015 by President Obama and the Institute of Museum and Library Services, with support from the Urban Libraries Council and American Library Association, and encourages libraries nationwide to get library cards into the hands of local students. The Los Angeles County Board of Supervisors accepted this Challenge in November 2016.

The new LA County Library student card is for students 17 years old and under. It allows students to check out a maximum of three print items at a time, fine-free, and offers full access to online resources, like free online tutoring, language classes, and various databases. The card expires after three years.

For the initial phase of the Challenge, LA County Library will be issuing cards to third grade students attending schools within the LA County service area. This was selected as a key age for reading development, as only 41 percent of third graders in LA County are currently reading at grade level. (Source: Children Now, 2016-17 California

County Scorecard.)

"In a continued effort to remove barriers by providing greater access to services and resources in underserved communities, staff at all of our libraries will soon be reaching out to local schools to arrange classroom visits, and speak briefly about the student card, and what the LA County Library provides," said LA County Library Director Skye Patrick.

"Our librarians will answer questions and distribute library cards with a free book cover and book mark to each student."

For more information on the student cards, please visit colapublib.org/students.

San Gabriel Adopts New Marijuana Ordinance

SAN GABRIEL - At a recent San Gabriel City Council meeting, the City Council unanimously voted to approve a new ordinance that prohibits all nonmedical cannabis activity, including restrictions on personal growing. The ordinance also repealed and adopted new provisions prohibiting commercial uses related to medical cannabis. The City Council also passed an urgency ordinance so that the marijuana ordinance takes into effect immediately.

City agrees to work with San Gabriel Valley Council of Governments to enhance region-wide infrastructure

In addition, by a vote of 4-1 with Vice Mayor Harrington voting 'no', the City Council approved several amendments to a joint powers agreement with the San Gabriel Valley Council of Governments (or SGVCOG). With the passage of Measure M, Measure A and SB 1, the city believes that there is an opportunity for the SGVCOG to assist with the planning, design and construction of future large capital projects across the San Gabriel

Valley. By partnering with SGVCOG, the city will be able to work with other SGVCOG member cities on large-scale infrastructure projects that benefit from collaboration. A notable example of this type of agreement in action is the Alameda Corridor-East Construction Authority (otherwise known as ACE), which oversaw the San Gabriel trench project.

After conducting its yearly review, the SGVCOG governing board approved to integrate ACE as an ongoing division of the SGVCOG and expand ACE's jurisdiction as a construction and projects entity that can serve the San Gabriel Valley. As part of this integration process, SGVCOG must first modify its joint powers agreement with member cities, including San Gabriel. You can read the terms of the modified joint powers agreement here.

Council amends salary and benefits changes for employees

In a 5-0 vote, the City Council also voted to amend the salary and benefits of the Police Management Group, the Fire Management Group and unrepresented employees.

City upholds Zi Liang Massage (at 835 West Las Tunas Drive) denial

At the November 21 meeting, the City Council denied the appeal of the Planning Commission's decision to deny Zi Liang Massage a conditional use permit. The Council then directed staff to prepare a resolution de-

tailoring the reasons behind the denial, which was reviewed at last night's meeting.

The City Council voted to approve the resolution by a vote of 5-0, upholding the Planning Commission's denial of Zi Liang Massage's conditional use permit.

City upholds Oriental Massage Spa (at 288 South San Gabriel Boulevard #105-106) denial

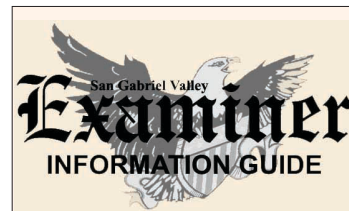
In addition, the City Council also instructed staff to prepare a resolution outlining the Planning Commission's denial of a conditional use permit to Oriental Massage Spa at the November 21 meeting.

This resolution was presented at last night's meeting, and was approved with a vote of 4-1, with Mayor Costanzo voting against the motion. This upholds the Planning Commission's decision to deny Oriental Massage Spa a conditional use permit.

Finally, the City Council unanimously voted to approve the consent calendar, which included:

The second reading and adoption of an omnibus ordinance that reaffirms and ratifies ordinances that have already been approved by the City Council in 2017

A request from Councilmember Menchaca to attend the League of California Cities New Mayors and Council Members Academy which is being held from January 17-19, 2018 in Sacramento, California.



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Mission Statement

• We believe that journalism should be free from any motives other than relaying information to its readers. It should not be used to win a favor by flattery, to enhance a particular political interest, or for the purpose of financial gain.

• We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.

• We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.

• We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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Repair Our Criminal Justice System

The little footnote at the bottom of the last article confirmed the West Covina crime-spree-criminal, Christopher Arenas, had been captured and is behind bars. I am told that is, in part, because of the good work by one of the West Covina K-9 units and the specially trained dog that went into an area, searched around, found Arenas and won the battle when Arenas was confronted by this determined little puppy.

While this dude is behind bars for a while, there are thousands of other ones out there just like him that should cause all of us to take a long hard look at the California criminal justice system and what three bad pieces of legislation led by a liberal leadership in Sacramento have created.

Let me just throw out the raw numbers and facts to think about and for future discussion and hopefully garner the support to fix this broken system when the new initiative hits the streets in January for signatures.

The hard core reality of crime in California:

- 166,588 victims of violent crimes including homicide, rape, and assault, or a 10% increase in victims according to a 2015 report by the Attorney General.
- 1,023,828 victims of property crimes including burglary, car theft, and larceny or an 8.1% increase according to the same 2015 Attorney General report.
- In 2013 there were 228,419 property crimes (pre Prop 47)



Shade's Perspective
Lois M. Shade
Former Mayor of Glendora

- In 2016, there were 252,224 property crimes (post Prop 47)
- 2013, 40,384 violent crimes (pre Prop 47)
- 2016, 56,351 violent crimes (post Prop 47) or a 40% increase in violent crime.
- Theft for anything under \$950 is a consequence-free crime; and, I'm told most time a citation is written just like a ticket for jay-walking
- Prop 47 reduced certain drug possession charges from felonies to misdemeanors including heroin, cocaine and methamphetamines.
- Prop 47 eliminated DNA testing.
- Prop 47 allowed 13,000 criminals to be released back onto our streets.
- Prop 57 eliminated direct filing by the district attorney on juveniles as adults and now referral has to be done to a judge for the judge to make the determi-

nation.

• Allowed "non-violent" offenders in prison to be eligible for early parole.

• Prop 57 says non violent offenders are those who have done hate crimes, assault with a deadly weapon on a peace officer, human trafficking of a minor, first degree burglary, exploding a device to cause injury, rape by intoxication and active in a street gang.

This is what the average citizens are confronted with on a daily basis. Take a look at those numbers and how in the world can our local law enforcement personnel deal with this kind of crime, with these number of violations on a regular basis. What would you do if you, or one of your loved ones, were one of these numbers?

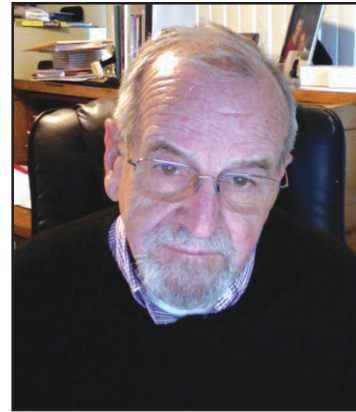
The lost dollars hurt. The cost of medical to repair the physical encounters that do so much damage put a hole in our pocket-books. But what about the toll it takes mentally on the victim and on the victims' families? It takes a tremendous toll on all.

It is time come the New Year for us law abiding citizens to get busy and do what we can to repair the damage the liberals in Sacramento have done with these laws. There will be an initiative and we all need to read and sign to begin putting our California Criminal Justice System back together again.

Christmas A Humbug?

In earlier years I often got my knickers in a twist fuming about the commercialization of Christmas. "Santa has replaced the manger child! Ain't it a shame? Grumble, grumble, grumble!" The issue has not gotten any simpler. The whiskered man in the red suit still increasingly dominates the season, and the manger has been increasingly replaced by the mall or in more recent days, the internet catalogue. But an important change has taken place in me. I am devoted to the story of the manger child. And while I still tend to avoid the malls and the hectic shopping sprees, I now spend more time and energy listening to those I casually encounter as they talk about childhood memories, family gatherings, the empty place at the Christmas table and ways they plan to do something for needy people they don't even know.

Some of those to whom I listen find themselves regularly in church. Some just show up at Christmas, and perhaps Easter. And others never darken the church door. But regardless of their religious practice, or even their religious attitudes—or lack of them—there is something about the carols and songs, the decorations, the colored lights framing the eaves of houses or viewed through picture windows, the manger scenes and even the



Charles H. Bayer

plastic snowmen silently performing their sentry duties on neighborhood lawns.

Some people sing out "Merry Christmas" to friends and strangers alike. Others say "Happy Holidays," but it's the same message. "No matter who you are, we are neighbors on this troubled planet, and at least for this short time, we have each other."

Sometime during these days many of us will either see a production or listen to a reading of Dickens' *Christmas Carol*, and take pity on Ebenezer Scrooge with his dismal "humbug." And if we run across someone who also sneers at the season because it is too religious or not religious enough, we will smile, perhaps invite them in for a hot drink and recall the words of Scrooge's nephew when confronted with his lonely, old, grumpy uncle.

Humbug uncle? I have always thought of Christmas time, when it has come round — apart from the veneration due to its sacred name and origin, if anything belonging to it can be apart from that — as a good time: a kind, forgiving, charitable, pleasant time: the only time I know of, in the long calendar of the year; when men and women seem by one consent to open their shut-up hearts freely, and to think of people below them as if they really were fellow-passengers to the grave, and not another race of creatures bound on other journeys. And therefore, uncle, though it has never put a scrap of gold or silver in my pocket, I believe that it has done me good, and will do me good; and I say, God bless it!

And finally we will recall the words of Tiny Tim, who was not making a theological statement, but offering a heart-warming song of love to anyone with ears to hear and hearts softened by the season, when he said, "God bless us, every one."

So whoever you are and wherever you find yourself in life's journey, my word to you echoes that sentiment, and I also say, "God bless us, everyone!"

Contact Charles Bayer at candwbayer@verizon.net

Setting National Health Priorities: Trump and Climate Change

by Jane M. Orient, M.D.

The Trump Administration has announced the removal of climate change from the list of national security threats. This Obama Administration priority was responsible for policies such as trying to make the U.S. Navy a "Great Green Fleet" running on "advanced biofuels." The rationale was that global warming (re-named "climate change") was a bigger threat than terrorist attacks or North Korean nuclear-tipped intercontinental ballistic missiles, and that running aircraft carriers on a blend of 90% diesel and a very costly additive made from beef fat or palm oil would somehow protect against bad weather over the next century.

Climate change is also supposed to be the greatest global health threat, according to a consortium of medical organizations and Pope Francis, who oppose President Trump's decision to withdraw from the Paris climate agreement. The predicted climate disruption is evidently worse than poverty, AIDS, poor sanitation, Ebola, or other emerging infectious diseases, in their opinion. It is, indeed, supposed to worsen those factors, for example by increasing the range of insect vectors like mosquitoes. (Never mind that mosquitoes thrive in Alaska and Siberia.)

Fifty years of public health gains could be reversed, warn 22 authors in the prestigious British journal *The Lancet*, if we don't take urgent action to limit emissions of carbon dioxide from the fuels that now power 80 percent of the world's economy (coal, oil, and natural gas—"fossil fuels"). The "planet still has time to heal," they say, but we are on a "countdown."

It's a little hard to get the public aroused about heat waves 50 years from now, while people are shoveling "heart attack snow," or trying to keep from freezing to death. Deaths from cold are historically far more prevalent than deaths from heat waves. Arctic cold is setting dozens of records for low temperatures in the U.S. Northeast, and a Siberian cold front has already killed dozens in Central and Eastern Europe, with 50-year record lows as far south as Bulgaria.

European countries such as

England and Germany that are taking the lead on turning to "renewables"—the German *Energiewende*—prices for fuel and electricity have soared. Many people have to choose whether to "heat or eat."

It takes an apocalyptic threat to get people to accept economic hardship. The UN's Intergovernmental Panel on Climate Change (IPCC) and prominent U.S. academics constantly trumpet a litany of horrors that will supposedly be inevitable without drastic, immediate changes. California and other jurisdictions claim that they will take unilateral action to "protect" or "stabilize" earth's climate despite Trump's opposition. Dozens of Congressmen of both parties have joined the Climate Solutions Caucus to oppose Trump.

President Trump's priority is energy security—or energy dominance for America. His initiatives include:

- Removing climate alarmism messages from official government websites;
- Cutting the funding of the multi-billion dollar infrastructure devoted to "finding" human-caused climate change and promoting an agenda of global energy rationing;
- Demanding that the Environmental Protection Agency (EPA) include all scientific viewpoints instead of silencing critics of the "sky is falling" narrative; and
- Rolling back Obama regulations and policies designed to kill the coal industry and suppress use of America's petroleum and natural gas resources.

The world's greatest killer is poverty. Prosperity depends on adequate, reliable, affordable energy. Income rises with increased use of hydrocarbons (and CO2 emissions), and life expectancy rises with income.

But perhaps even more important to public health than energy is scientific integrity. Trump is basically at odds with the self-anointed scientific authorities who demand that their computer models be accepted as gospel and used to impose trillions of dollars in costs. This authoritarianism garbed in science is in itself a disaster. Moreover, the models give wrong answers, and the policy recommendations are all pain for no gain. To demonstrate this, Doctors for Disaster Prepared-

ness posed 10 Climate Change IQ Questions to the Climate Solutions Caucus, inviting them to seek a refutation from their go-to experts. So far, not a single argument has been presented.

President Trump's initiatives on energy and climate challenge medical and public health authorities to prove their anti-carbon case, instead of just imposing it on the world. That is both a national security and a health priority.

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She has served as Executive Director of the Association of American Physicians and Surgeons (AAPS). She is currently president of Doctors for Disaster Preparedness. She has been chairman of the Public Health Committee of the Pima County (Arizona) Medical Society. She is the author of *YOUR Doctor Is Not In: Healthy Skepticism about National Healthcare*, and the second through fourth editions of *Sapira's Art and Science of Bedside Diagnosis* published by Lippincott, Williams & Wilkins. She authored books for schoolchildren, *Professor Klugimkopf's Old-Fashioned English Grammar* and *Professor Klugimkopf's Spelling Method*, published by Robinson Books, and coauthored two novels published as Kindle books, *Neomorts* and *Moonshine*. More than 100 of her papers have been published on a variety of subjects including risk assessment, natural and technological hazards and nonhazards, and medical economics and ethics. She is the editor of *AAPS News*, the *Doctors for Disaster Preparedness Newsletter*, and *Civil Defense Perspectives*, and is the managing editor of the *Journal of American Physicians and Surgeons*.

And Life Goes On...

Well folks, I'm back. I've been gone for about a month for medical and physical issues. I have been in and out of the hospital for operations and procedures. Looks like almost everything is successful. The only major issue is my shattered knee which I thought I could brilliantly deal with it myself. I found out that I'm not a doctor. With this decision, I only made the matter worse. So I will have to deal with this over the next few months as it certainly did not heal properly, actually did not heal at all. As for the other medical issues, let's just say all is well for now.

With all the hospital visits, procedures, along with a couple of operations that were in my opinion, minor, it has taken up a lot of my time. However, "Life



George Ogden
That's just the way it is!

Goes On".

We will let this piece be dedicated to the fact that most of us are not doctors. Many of us are stubborn and think we can do it ourselves. Let me be a living testimony, it does not work. Although I'm under the care of the Veterans Administration, if you have an issue, make an appointment and get it taken care of. In

my case I would wait for my regular appointment date and let things go until that time. Not a good idea. On that knee which I shattered at the end of July, I did not have an appointment until November, by then I could hardly walk on it. Since then, I can't tell you how many different visits I had at the hospital in West Los Angeles. The doctors and specialists said this could've been resolved a long time ago if I would have got to the doctor right after the incident, I was just too stubborn to go.

Many of us are getting much older; in fact, I don't know any of us that are getting younger. Take care of yourself; this is the only life that you have.

"That's Just the Way it Is!"

2018 Legislative Changes Make Sex a Dangerous Proposition

by Jerome E. Horton, Member, 3rd District, State Board of Equalization

Having sex with a person with the specific intent of infecting them with the HIV/AIDS virus is a felony punishable by imprisonment for 3, 5, or 8 years. At least that was the case until this year, when the California legislature reduced the penalty for intentionally exposing someone to HIV without telling them, or for deliberately donating blood contaminated with the HIV/AIDS virus, from a felony to a misdemeanor punishable by county jail time of not more than 6 months. However, under California Penal Code Section 502(c) a person can be fined up to ten thousand dollars and/or sentenced to state prison for up to three years for intentionally contaminating a computer with a virus. Go figure!

As recently as 2015, California was 2nd in the U.S. in annual HIV infections, according to the California Department of Public Health. Thankfully, California is making progress in its fight against HIV and AIDS and the number of new infections is declining. Equally significant, every drop of blood donated in the United States (U.S.) since 1985 has been tested for HIV, according to the American Red Cross. The last known case of someone contracting HIV from a blood transfusion in the U.S. was in 2008, according to the Center for Disease and Control Prevention.

Studies show that decriminalizing the act of intentionally donating HIV-infected blood may actually increase the occurrence. According to the Food and Drug Administration (FDA), the success in reducing the incidence of donated blood being infected with HIV is attributable in part to the ban on collecting blood from certain people. Further, according to FDA, there would be greater risk involved with relying solely on the testing system to prevent transmission, suggesting that without the donor ban an additional 31 units of HIV infected blood would slip past the screening annually, potentially exposing as many as 54 people.

Supporters of the legislation have argued the opposite: that criminalizing the act of intentionally, deliberately, and purposefully donating infected blood would increase the risk of the infection through donated blood. The primary concern about HIV-positive blood entering the donor system is the lag between when a person becomes infected and when the infection is detectable, which is what scientists refer to as the "window period." Proponents of the legislation also suggest that as of 2017, laws that criminalize infecting someone with HIV are not based on modern scientific data, as the Center for Disease Control and Prevention states that those persons who are treating the virus with medication de-

crease their chance of transmitting the virus by over 95%.

According to the Joint United Nations Programme on HIV/AIDS (UNAIDS), the U.S. has a concentrated HIV epidemic, primarily among men who have sex with men (MSM) and injection drug users, and it has greatly affected the economically disadvantaged in many urban areas. Equally impactful, the cost of HIV/AIDS medication can range from \$2,000 to \$5,000, which is especially challenging for poor to middle-income Californians. Thus, the reason many argue that this legislation is inherently discriminatory is because if a person intentionally, purposely, and deliberately infects a low- to middle-income person who cannot afford the cost of the medicine, the victim will effectively get a death sentence while the perpetrator of the crime only gets up to six months in jail without required restitution.

This article is dedicated to my surrogate brother, Tony, who died from the AIDS virus.

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How Much Tax Certainty and Economic Boost Might the Republican Tax Bill Provide?

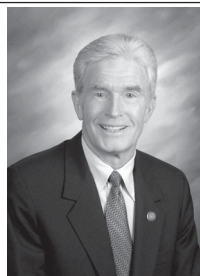
Due to universal Democratic opposition to any tax change proposed by President Trump, Republicans were forced to make most of their changes (within their tax bill) temporary (to comply with rules for passing tax legislation with a simple majority vote). Almost everything other than the much lower Corporate Tax Rate (which was critically needed to return American Corporations to a competitive tax position with the rest of the world) will be either time-limited or likely to be changed in future legislation. While such uncertainty about future tax rules is not ideal, it could help to generate "eye popping" economic benefits over the next five years!

While this tax bill is projected to cut taxes by \$1.5 Billion over the next decade, well over 70% of that tax reduction is expected during the next five years! Full write off (meaning full deductibility) of business investments and equipment purchases ends in 2022, which will almost certainly cause significant increases in economic activity during the next five years! All American businesses should directly or indirectly benefit as a result of increased expenditure levels between 2018 and 2022 (likely at the expense of a noticeable slowdown in business commitments after this "full write-off" window closes).

Corporate tax reductions and international tax rules becoming permanent (at least until changed by future tax laws) will likely become even more beneficial for our economy after the initial five-year business expansion period driven by "full write off of investments". The point is, Republican tax changes will be beneficial well beyond the initial 5 years! The fact that nearly all other tax reductions will be phased out by 2030 probably will cause many taxpayers to hope another tax bill can be passed before then. However, based upon today's unprecedented political hatred and increasing philosophical polarization, we should question when that might be possible.

Now that the Republican Tax Bill is certain to become law, providing much needed future tax relief to American Corporations,

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

plus incentives for all businesses to spend heavily for the next 5 years, taxpayers may want to posture themselves for these tax changes. All significant taxpayers (especially high bracket individuals and profitable businesses) may want to consider accelerating deductions and deferring income to recognize more taxable income in 2018 (and less in 2017). Individuals should consider maximum retirement plan and IRA contributions for 2017 to take advantage of potential tax deferral while tax rates are highest. Individuals should consider paying itemizable deductions in 2017, including all legally allowable state and local taxes, medical expenses and planned charitable contributions (instead of paying them in 2018). Individuals should also consider updating their estate plan during 2018.

Future scheduled tax changes and related planning uncertainties (for businesses and taxable entities which elect not to be taxed as a corporation, as well as for individual taxpayers) should not cause decision makers to look beyond the significant opportunities which the Republican tax bill will offer, especially during the next five years. Whatever your political opinions might be about who benefits the most from the Republican tax bill, related tax changes are almost certain to generate an "economic winner" for America!

Rising Corporate After-Tax Profits Should Also Drive Stocks Higher

There's nothing mysterious about the market's recent rise. Corporate profits keep rising by double digits (or nearly so), and they may rise even faster when corporate tax rates are dramatically decreased.

We already know that corporate earnings were up strongly in the third quarter. With nearly all

(495) of the S&P 500 companies reporting their third-quarter results, the near-final results are that earnings are at record highs, up 8.4% over the third quarter of 2016. When you expand that to all of the companies in America, as published on November 29 in the National Income & Product Accounts (NIPA), after-tax corporate profits rose to a record high of \$1.86 trillion last quarter. Many other numbers from the NIPA report are also at record highs. Corporate cash flow rose to a record \$2.38 trillion last quarter, while the S&P 500's operating profit margin was said to be at a record high 10.8%.

Profits can fuel a lot of shareholder-friendly actions, like dividends, share buy-backs, expansions, mergers, strategic hiring, and more product research. That's another reason why jobs reports and confidence surveys have been rising.

This third-quarter data plus rising online sales feedback on Black Friday and recent holiday sales are evidence that the fourth quarter could also deliver 3% or greater growth, which may sustain 10% or greater profit growth, (especially if we anticipate tax reform and much lower corporate tax rates taking effect in 2018).

We can't "count our chickens before they're hatched", but the major historical tax cuts of the 1920s, 1960s, 1980s, and 2000s each fueled rapid economic as well as huge stock market gains. The Coolidge tax cuts in the 1920s, the Kennedy-Johnson cuts in the 1960s, Reagan in 1983, and Bush in 2003 all resulted in stunning gains.

Corporate tax cuts may be even more important for investors than personal tax changes. With so much corporate cash stored overseas, a dramatic lowering of corporate rates should also support an economic surge as some of this cash is repatriated. The 21% corporate rate should be a massive inducement to bring capital "home".

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I welcome your questions and comments:
kenherman46@hotmail.com

Your Money - Ask Julia

Happy New Year--2018! New Year. New Start.

Plan ahead to either have a designated driver or take a taxi/Uber/Lyft home. ADUI is really expensive, not only short-term. Be aware of your surroundings. Please be safe. Live to make and keep your New Year's resolutions!

What is your take on the new tax laws?

I suggest letting the dust settle. Unfortunately much of the news we see or read is politically biased, interweaving fact and fiction to a point that we don't really know what to believe. It takes time to get the true facts and figure out how the new tax laws will affect individuals and businesses. I'll write more in this column over the next few weeks. For now, enjoy your time with family throughout the holidays.

In the past, I've failed to accomplish my New Year's resolutions. That makes it really hard to set any new resolutions. Any advice?

Most of us don't remember what last year's resolutions were, let alone which ones we accomplished! Why? Lack of a written plan. Write down your goals in a very specific manner. Write down the daily actions necessary, and a date to accomplish this goal. Add WHY you want to accomplish this, and the reward you'll give yourself. Now, here's a difficult challenge: give a copy of your written plan to a friend or coach. Read your goals every morning and take action. Every evening review what you did that



Julia Yoder

day and decide to do even better the next day.

I know that I'd save time and money by being more organized, but I cannot seem to get into a routine. Do you have any recommendations?

"Time is money" - you're right, you can save money by being more organized. Start with a budget. Using your bank and credit card statements, receipts for cash payments, and memory, write down every expense you've had for the last 2 or 3 months. Include cash withdrawals from ATMs. Make special note of semi-annual and annual bills (taxes, car registration, etc.). Take that information and create a monthly budget. Every day, make a note of your income (paycheck, pension) and your outgo (bills, and all money spent). It will soon become apparent to you where you could reduce your spending, or what you could do without in order to get something you want. For example, if you really want to save for a vacation, what part of your budget could you trim?

Create a specific place to put your receipts, bills, tax returns. For a free monthly TO DO list, go to www.GetOrganized.com. For routines that you could customize and use right away, try www.flylady.net.

What are the differences between a 401k and a Roth IRA?

401(k)'s and Roth IRA's each offer something worthwhile, but are different. 401(k)'s are funded with pre-tax dollars, while Roth IRA's are funded with money you've already paid taxes on. 401(k) money is taxed when withdrawn, but Roth IRA money is not. 401(k) money is subject to Required Minimum Distributions, but Roth IRA's are not. Contributions to your 401(k) are tax deductible from your gross income; Roth IRA's are not. 401(k)'s have higher contribution limits than Roth IRA's. For tax information specific to your circumstances, check with your CPA.

Ask Julia by email: juliayoder@yahoo.com

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Burglary Prevention Tips: Don't Let Your or Neighbors' Home Become Part of a Burglary Growing Trend

By Sara Rodriguez, Deputy

Did you know the Los Angeles County Sheriff's Department (LASD) has a Residential Burglary/Robbery Task Force (RBRTF), which investigates the ever increasing residential burglary trends?

A unit out of Major Crimes Bureau (MCB), RBRTF works closely with station detectives on impacting this crime trend. The task force services all LASD stations as well as smaller law enforcement agencies throughout Los Angeles County. Year-to-date, RBRTF is responsible for over 600 felony burglary arrests. These felony arrests are primarily residential burglaries and burglaries associated with extremely high-dollar amounts.

As residential burglaries have become a trend, middle and upper middle class neighborhoods, near freeways, are often targeted. Although, working class neighborhoods, throughout Los Angeles County, are also victimized.

With the holidays fast approaching, and on any other given day, the LASD would like to remind the various communities we serve to remain vigilant and help us protect your homes and that of your neighbors, by fol-

lowing these burglary prevention tips:

- Homeowners should make an attempt to give the impression someone is home at all times, which would include leaving a car in driveway, leaving lights on in and around the home at night.
- Noise inside the house (leave TV or radio on) to give the impression someone is home.
- Commercial security services that have become popular, inexpensive and easy to use, including but not limited to video recording devices.
- Use pets such as a dog for property protection and deterrence.
- Most importantly, making contact with neighbors and looking out for one another's homes.
- We don't want our residents to be paranoid; however, they should appropriately suspicious of unusual vehicles or persons slowly traversing through their neighborhood.
- We encourage residents to ALWAYS and IMMEDIATELY contact law enforcement when they believe they are seeing something suspicious in the neighborhood.
- Law enforcement recognizes the value of social media, but information should not just be posted on social media without

also sharing with such information with local law enforcement agencies.

Have a safe and happy Holidays!

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THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

Transmission Service Explained

Simple wear and tear can take its toll on your transmission. Over time the additives in the transmission fluid can be depleted and the transmission fluid will become oxidized and contaminated. This means the fluid may not lubricate properly and cause the internal parts to wear prematurely, shortening the life of your transmission.

I'm often asked, "How much should it cost and how often should I service my transmission?" The automotive industry has no published standards for servicing a transmission. This is sad but true. The only guideline is the owner's manual from the

manufacturer. Some car company's say never service the transmission, while others have specific intervals.

In general, we suggest the time to service your transmission is 50,000 miles on an average car, however, some cars will go longer intervals and some shorter, that is why I recommend you find a shop you trust and let them help you find a service track that fits your needs and driving style.

Cost can range from \$149.95 for a service, while others are at \$300.00 or more at times. The type of car, type of fluid, type of transmission (there are CVT, constant velocity transmission that take very specific fluid) must be factored in. Most new cars have five, six, seven and even eight gears now and the wrong fluid will destroy these transmissions and possibly void the warranty.

When you ask for a transmission service or one is recommended by your service provider, here is a list of ways a transmission can be serviced.

1. Automatic Transmission Fluid Exchange (replace all or some of the fluid) This can be dangerous, due to the fact that the filter is NOT changed, only the fluid.
2. Automatic Transmission Fluid Drain & Fill (remove a drain plug and replace a small amount of fluid) again, this has no filter change included.
3. Automatic Transmission Filter Replacement (remove the

transmission pan and replace the filter and some of the fluid)

4. Automatic Transmission Fluid Exchange & Filter Replacement (remove the transmission pan and replace all the fluid)

Note: not all transmissions have a replaceable filter, so be sure to ask you service provider which option is best.

Type of fluid is another concern. At last count I have 25 different transmission fluids alone, costs ranging from \$3.99 a quart to a Jaguar fluid that is \$25.99 a quart. Any transmission fluid will work in a transmission, but the wrong type of fluid will shorten the life significantly. So how do you know if you're getting the correct fluid installed? You have to trust your service person to use the car specific fluid. It is truly "buyers beware" so I recommend getting educated about your car and type of transmission fluid. It is a good idea to be knowledgeable about all other fluids that are used in your car. Build a relationship with your car care provider and use common sense and your transmission will last for a long time.

If the price seems too good to be true, yep, it most likely is.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

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Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to SGExaminer@aol.com. Articles should be in Word format while photos should be in jpeg.

Around the Valley & Senior News

AZUSA Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK International Potluck

Join the Senior Center on Thursday, **December 28** from 9:00 am – 1:00 pm as we celebrate our accomplishments of our year with a taste of dishes from different cultures. There will be a slideshow of the events of 2017. Live music by Baltazar. Please register your dish at the Julia McNeill Senior Center. There will not be Intervale lunch.

McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am – 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

DUARTE Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45

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a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

GLENDORA Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

Introduction To Computers And Internet Learning

Never touched a computer before?! You did, but felt confused? It's never too late to learn! Explore the basic skills to enrich your knowledge and understand the terminologies and access the online world through the Internet. Our hands-on practice can accelerate students to master computer learning while making it easy and fun. Register online at www.ci.glendora.ca.us or at the La Fetra Center; 333 E. Foothill Blvd. Glendora. \$120 Tuesdays, September 26- October 31, 11:15am to 12:00pm

LA VERNE Farmers Market

"La Verne Fresh," Old Town La Verne's certified Farmers Market continues every Saturday from 8:00 a.m. - 1:00 p.m. The Farmers Market is located at the corner of D Street and Third Street, south of Bonita Avenue. The market features a wide variety of fresh fruits and vegetables, specialty foods, fresh flowers and plants, tasty food offerings, and unique handcrafted artisan goods. Live music is always provided. The merchants of Old Town La Verne sponsor and support this Farmers Market and hope you will support La Verne's own Farmers Market. For current information please check out La Verne FRESH Old Town Certified Farmers Market on Facebook, or call (714) 345-3087 or City Hall at (909) 596-8706.

Get About Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free.

To Register: (909) 621-9900
To Schedule a ride: (909) 596-5964

For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

MONROVIA Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Chal-

lenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets **every Thursday** at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: ehernandez57@aol.com

Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina,

Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

Covina Senior Services has Moved to Lark Ellen Elem.

COVINA - The City of Covina Senior Services programs has moved to Lark Ellen Elementary School located at 4555 N. Lark Ellen Ave., Covina. Parking and entrance is at the corner of Cypress Street and Lark Ellen Avenue (North Parking Lot).

They will officially open on Tuesday, January 2, 2018 and

all classes and programs will be held in the new location.

For more information, please contact the Senior Services Division at (626) 384-5380 or the Parks & Recreation Department office at (626) 384-5340.

Holiday hours - Dec 18 - 29, 8am - 1pm. Closed Monday, Dec 25 and Monday, Jan 1.

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Newcomers and Friends of San Gabriel Valley Invites Local Residents to Events

ARCADIA - Are you interested in meeting new people, making new friends, exploring well-known landmarks, and enjoying new activities? Newcomers and Friends of San Gabriel Valley, a social club, invites local women to attend their January meeting.

On **January 3**, at 10:00 am, Newcomers and Friends of SGV's "meet-and-greet" coffee will be held at the Fireside Room, Santa Anita Church,

226 West Colorado Blvd., in Arcadia.

This general meeting is a great way to meet the members of Newcomers and Friends and learn about the club's wide variety of daytime, weekday, fun activities. Anyone interested in joining is welcome to attend.

Additional Newcomers and Friends' mostly-daytime weekday activities include a Book

Club, Bridge, Crafters, Games (Bunco, Rummikub, etc.), Hiking, Happy Hour, Day Trips, Lunch Bunch, Mah Jongg, Meditation, Movies, Golf, and Wine Tasting.

To learn more about Newcomers and Friends of San Gabriel Valley, contact them via email at sgvnewcomers@gmail.com or visit them online at <http://www.sgvnewcomers.com>

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Glendora Police Chief Lisa Rosales To Speak At Glendora Woman's Club

By Joan Hallidy

GLENDORA - Glendora Police Chief Lisa Rosales will be the guest speaker at the Glendora Woman's Club's luncheon-meeting on January 2. She will be presenting a program titled "The Challenges of Law Enforcement," said program vice president Helen Storland.

The Woman's Club meeting day will begin at 10:30 a.m. with a social time, followed by the business meeting at 11:00 a.m., said club President Chris Lear. The luncheon by Ritz Catering, scheduled around noontime, will be followed by the program by Police Chief Rosales.

A regular feature at each club meeting is the Members' Participation Art Display that features a different theme each meeting, said committee member Susan Lepkojus. This month's theme is Hobbies and members are encouraged to share an item from home to display.

One of the club's ongoing service projects each month is the donation of nonperishable food items by clubmembers for Shepherd's Pantry, said project chair Gloria Liddle. Located in Glendora, the Pantry serves families in need in 10 area cities, and donations are always appreciated.

The Glendora Woman's Club has a special arrangement with the New Unto Others Thrift Store, located at 175 N. Vermont Avenue, said ways and means vice president Joy Martau. When clubmembers and community residents donate saleable useable items or make purchases at the store and mention the Glendora Woman's Club name at the time, the Woman's Club will



Glendora Police Chief Lisa Rosales in scheduled to speak at the Glendora Woman's Club's luncheon-meeting. Her presentation is titled "The Challenges of Law Enforcement."

receive credit. This special arrangement replaces the club's Annual Rummage Sales held previously at the clubhouse, said Mrs. Martau.

For information about membership, service projects, or special events call Patty at 909-929-0684. For information about renting the clubhouse or hall for a special event or meeting, call Ryan at Ritz Catering at 909-592-1130. The clubhouse is located at 424 N. Glendora Avenue in Glendora.

Department of Motor Vehicles Reminds Motorists of New 2018 Laws

SACRAMENTO - With the new year just around the corner, the California Department of Motor Vehicles (DMV) wants to inform the public of several new laws or changes to existing law that, unless otherwise noted, take effect January 1, 2018.

Cannabis Use in Vehicles (SB 65, Hill): This law prohibits smoking or ingesting marijuana or marijuana products while driving or riding as a passenger in a vehicle. The DMV will assign negligent operator point counts for this violation. In addition to the California Driver Handbook, the DMV also will revise the Motorcycle Handbook and the DMV's website to include information relating to marijuana violations.

Buses and Seatbelts (SB 20, Hill): Beginning July 1, 2018, this law requires a passenger on a bus equipped with seat belts to be properly restrained by a safety belt. This law also prohibits a parent, legal guardian, or chartering party to transport on a bus, or permit to be transported on a bus, a child who is at least 8 years of age but under 16 years of age, unless they are properly restrained by a safety belt or an appropriate child passenger restraint system that meets federal safety standards. A violation of these provisions is an infraction punishable by a fine.

DUI - Passenger for Hire (AB 2687, Achadjian): Beginning July 1, 2018, this law makes it unlawful for a person to operate a motor vehicle with a blood alcohol concentration of 0.04 percent or more when a passenger for hire is in the vehicle at the time of the offense. This will mean that drivers of passenger for hire, in their personal vehicles, will be held to a higher standard of safety while transporting people. The DMV will suspend a person's driver license if a conviction is added to their record. Commercial driver license holders will receive a disqualification.

Parking Violations for Registration or Driver License Renewal (AB 503, Lackey): This law makes changes to a requirement under which vehicle registration renewal and driver license issuance or renewal is not granted for having unpaid parking penalties and fees. The law creates a process for low-income Californians with outstanding parking violations to repay their fines and penalties prior to the parking violation being reported to the DMV. The law also allows the registered owner of a vehicle to

file for Planned Non-Operation status when unpaid parking penalties are on the vehicle's record. It also allows for someone with outstanding parking penalties and fees, to obtain or renew a driver license.

HOV Decal Program (AB 544 Bloom): Beginning January 1, 2019, this law creates a new decal program to allow certain low emission vehicles to access high-occupancy vehicle lanes, regardless of vehicle occupancy level, for a four-year term. Access to high-occupancy vehicle lanes for vehicles with green and white decals will expire January 1, 2019. Vehicles issued a green or white decal in 2017 or 2018 will be eligible to reapply for a decal in 2019 granting them access to high-occupancy toll lanes until January 1, 2022.

Disabled Person Parking Placards and Plates (SB 611, Hill): This law makes changes to the administration of the Disabled Person Parking Placard and Disabled Person License Plate Program, including requiring applicants to provide proof of true full name and birthdate. The law also will limit the number of replacement disabled person parking placards an applicant can request without obtaining a medical certification to four in two years. It also requires the DMV to establish a renewal process that requires applicants to return a renewal notice by mail every six years. Currently, all permanent disabled placards expire in June 2019 and they are automatically renewed every two years. The placards expiring in June 2023 will be the first batch of placards subject to renewal. Applicants will not be required to obtain a medical certification as part of the renewal process. For more information about the new law effecting Dis-

abled Person Placard and Plates, visit the DMV website.

Motorcycle Training Courses (AB 1027, Acosta): This law authorizes the DMV to accept a certificate of satisfactory completion of any motorcyclist-training program approved by the California Highway Patrol in lieu of the required motorcycle skills test. Applicants for an original motorcycle license or motorcycle endorsement under 21 years of age continue to be required to complete a novice motorcyclist-training program.

Firefighter License Plate Program for Surviving Family Member (AB 1338, Low): This law allows a surviving spouse, domestic partner, or child of a deceased firefighter or deceased retired firefighter to independently apply for and receive a California Firefighter Special License Plate for their vehicle.

Private Carriers of Passengers (SB 19, Hill): Beginning July 1, 2018, this law transfers regulatory authority over private carriers of passengers (such as church and youth buses) from the California Public Utilities Commission to the DMV.

Road Maintenance and Rehabilitation Program (SB 1, Beall): Beginning January 1, 2018, the DMV is required to begin collecting at the time of registration or renewal the Transportation Improvement Fee (TIF) ranging from \$25 - \$175, based on the vehicle's current value. The law also requires the department, beginning July 1, 2020, to collect a Road Improvement Fee for zero-emission vehicles with a model year of 2020 or later. The TIF is based on the vehicle's current market value. Customers with a vehicle renewal notice due on January 1, 2018 and later will include the TIF.

\$50,000 Auxiliary Gift to Hospital

by Jody Mentzer, Vice President, Public Relations

At the December luncheon President Janice Clark presented the Auxiliary's gift of \$50,000 to the Citrus Valley Health Foundation. This check was the second installment of a \$200,000 pledge the Auxiliary made two years ago.

Present to receive the Auxiliary's Gift were Roger Sharma, Executive V.P. and Chief Financial Officer of Citrus Valley Health Partners, Michelle Stoddard, Chief Executive Officer of Citrus Valley Health Foundation, and Mary Jane Bettfreund, Chairman of the Board of the Citrus



Roger Sharma, Executive V.P. and Chief Financial Officer of Citrus Valley Health Partners, Michelle Stoddard, Chief Executive Officer of Citrus Valley Health Foundation, and Mary Jane Bettfreund, Chairman of the Board of the Citrus Valley Health, Janice Clark, President Inter Community Hospital Auxiliary.

Valley Health Foundation preceding the luncheon, The Gift Box presented the Auxiliary with \$20,000. Please continue to support The Gift Box, especially now that you can see what a tremendous asset it is

to our Auxiliary. Not only were we reminded of the purpose of having and belonging to the Inter-Community Hospital Auxiliary but we can feel very proud that we were a part of this wonderful group.

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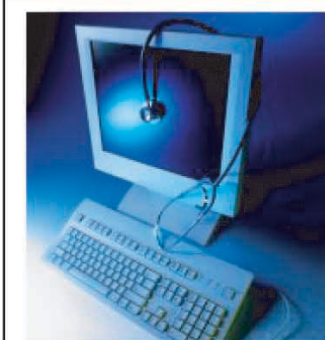
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Winter Kid's Camp

ARCADIA - The Recreation and Community Services Department offers the Winter Kid's Camp at Baldwin Stocker Elementary School, 422 W. Lemon Avenue, Arcadia starting Wednesday through Friday, December 27-29 and Wednesday through Friday, January 3-5 from 8am-6pm. Each day is filled with fun group activities including crafts, board games, movies, and snacks for youth ages 5-11. Parents are able to sign their children up for one day or all six.

Participants should bring a sack lunch along with drinks. Two snacks will be provided throughout the day. Dress casual and tennis shoes are recommended. Participants may need to bring a jacket or sweatshirt for outdoor activities.

Winter camp is \$27 per child per day. To register in person come by our office or you can go to the city's website at www.arcadiaCA.gov. For more questions, call the Recreation Department at 626.574.5113.

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Foothill Presbyterian Hospital Auxiliary Installs 2018 Board of Directors

GLENDORA - On Tuesday, December 11th, the FPH Auxiliary introduced their 2018 board at a breakfast held at The Village Eatery in downtown Glendora. Leading the group will be Garry Reynolds (President), Mary Barham (1st VP publicity), Jack Mateer (3rd VP finance), Dlorah Gonzales (secretary), and Patty Mateer (membership). Helping them to make this a successful year will be the many members that volunteer their time and services.

Because of the hard work of last year's auxiliary, a check for \$27,500, the third, and final installment of the promised \$100,000, was presented to the hospital. This donation will go to help finishing its education building. This generous dona-



Jack Mateer and Garry Reynolds give Michelle Stoddard, president of the Citrus Valley Health Foundation, a check to go towards helping to complete the new education building.

tion was made possible by the support the community gave to the 2017 auxiliary fundraiser, the dream car raffle, and the hospital's Gift Shop.

If you would like more in-

formation or would like to become a part of this very worthwhile community organization, please call the volunteer office at (626)857-3103.



2018 FPH executive board includes Mary Barham, Jack Mateer, Patty Mateer, Dlorah Gonzales and Garry Reynolds.

Grand Opening for New Youth Training Facility at David & Margaret Youth and Family Services



LA VERNE - David & Margaret Youth and Family Services is pleased to invite the public to the grand opening of its Youth Workforce Training Center, featuring The Store @ David & Margaret and Dave & Maggie's Café, on Wednesday, **January 24** from 11:30 a.m.-1:00 p.m., at 1351 Palomares Ave., La Verne (on the agency's south campus).

Both the store and café had a "soft opening" in November and are now open to the public. The store's hours are Monday, 1:00-6:30 p.m.; Tuesday-Friday, 9:00 a.m.-6:30 p.m., and Saturday, 9:00 a.m.-5:30 p.m. (It is closed Sunday.) The café is open Monday-Friday, 8:00 a.m.-3:00 p.m. Both provide training opportunities for foster youth.

The center is a key component of the agency's Youth Workforce Training Program. Another component, the Cedar Springs Village apartment complex, opened in 2016 on David & Margaret's campus and provides 25 safe and affordable homes for former foster youth.

"When foster children reach the age of 18, they are legally considered adults," says Executive Director Charles Rich. "They begin to 'age out' of the foster

care system. Without supportive families, they face challenges no youth should have to face alone."

The hurdles youth face in today's world are daunting. The odds are against those between the ages of 18 and 25 who strive to complete an education, acquire a stable job, secure housing, and begin building a family. Few are ready to face the economic and social trials awaiting them. In fact, recent studies indicate that on average, most young Americans do not achieve self-reliant financial independence until age 26 or beyond.

"Now imagine tackling these challenges alone, without the support of a family," Rich says. The Youth Workforce Training Program aims to provide support to these challenged youth as they start to make their way in the world. "David & Margaret has worked long and hard to introduce more opportunities for these youth to secure safe housing, gain confidence with job training, and receive assistive supervision from social workers until age 25, and beyond, if necessary."

The center also includes a resource center that provides job

and education research facilities and coaching, and a lending wardrobe for interviews. The agency's iconic Whitney Building will be remodeled in the next year or two to provide a safe space for leisure activities for former foster youth that includes counselors' offices.

David & Margaret, established in 1910, serves more than 1,700 clients annually through a comprehensive range of services, including a residentially-based program for adolescent girls, shelter care for adolescent girls, a foster family agency, adoption assistance, mental health services, treatment for learning disabilities, transitional living programs, school- and community-based education and mentoring programs. Additionally, it has a chemical dependency program that is certified by the State of California for residents who are recovering from substance abuse. Joan Macy School, a specialized nonpublic on-grounds school, serves special education students in grades 1-12 from D&M, as well as students referred from surrounding school districts.

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