



San Gabriel Valley Examiner

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

July 26 - August 1, 2018

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FOR SALE



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Azusa Beautiful Announces Honorees of 2018 Beautification Awards

AZUSA - Azusa Beautiful has announced the honorees of its 2018 Beautification Awards, which will recognize Azusa's neighborhood heroes who make Azusa a beautiful place to live, work, and play. The awards will be presented on Thursday, August 9, at the Azusa Greens Country Club in Azusa. Azusa Beautiful will honor Los Angeles County Board of Supervisors, Hilda Solis with the Visionary Award; Miles R. Rosedale, CEO, Monrovia Nursery with the Impact Award; Ross Montes, Urban Forester for the City of Azusa with the Unsung Hero Award; and Mantra Coffee Company with the Curb Appeal Award.

"Our goal is to present an award annually, which recognizes efforts on the part of Azusa residents, homeowners and business owners who have beautified their home or business, either through landscaping, or building renovation,"



Hilda Solis says Azusa Mayor and Founder of Azusa Beautiful Joseph R. Rocha. "It is important that we acknowledge the significance of their efforts and contributions they have made to elevate the quality of life in the community and the region."

Azusa Beautiful is a not-for-profit volunteer organization whose mission is to keep Azusa beautiful through tree plantings, plant sales, clean-ups, graffiti removal, general beautification projects and more. Azusa Beautiful is comprised of volunteers dedicated to enhancing the beauty of the City of Azusa



Miles R. Rosedale by encouraging and facilitating community participation in beautification projects throughout the city including the Utility Art Box Pilot program that commissioned artists to paint six utility boxes in downtown Azusa.

Sponsors of the 2018 Beau-



Ross Montes tification Awards include West Coast Arborists Inc., Rivers and Mountains Conservancy, Watershed Conservation Authority, Waste Management, VCS Environmental, Rosedale Land Partners, Canyon City Foundation, Monrovia Nursery



Mantra Coffee Company and Cardinal Labs. Individual tickets are \$35 and can be purchased online at <https://tinyurl.com/y7jttksf>.

For more information, visit www.azusabeautiful.org or follow on Facebook, Twitter and Instagram @Azusabeautiful

San Gabriel Honors WHAM-O at San Gabriel Blvd Bridge

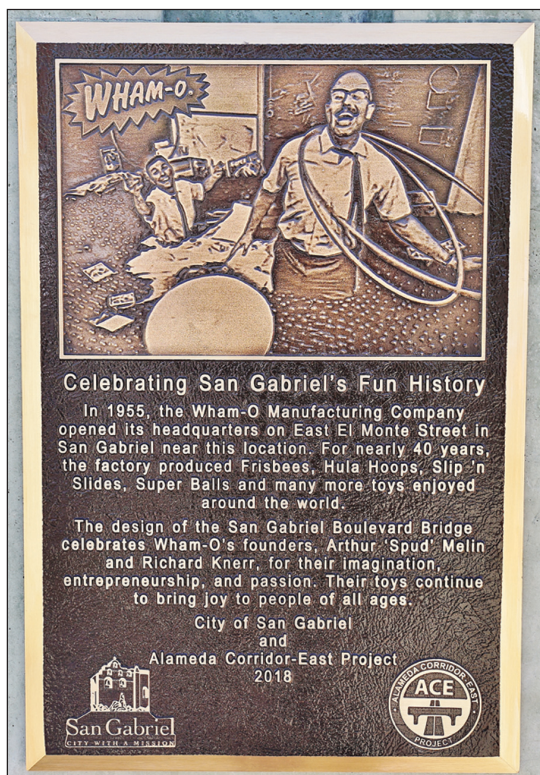
SAN GABRIEL - The City of San Gabriel, in partnership with the Alameda Corridor-East Project, unveiled a plaque and decorative installation commemorating the history of Wham-O at the San Gabriel Boulevard Bridge.

Featuring decorative Hula Hoops, the bridge - located footsteps away from Wham-O's original headquarters on East El Monte Street - celebrates Wham-O's founders Arthur "Spud" Melin and Richard Knerr for their imagination, entrepreneurship and passion.

"We're very proud to honor San Gabriel's past with these decorative elements celebrating Wham-O's history in San Gabriel," said San Gabriel Councilmember Juli Costanzo, who serves as the Chair for the ACE Project Committee. "These design flourishes will allow visitors to learn more about Arthur and Richard's tremendous spirit and the impact they had on our community."

A pioneer in the toy industry, Wham-O originally opened its San Gabriel factory in 1955, producing Frisbees, Hula Hoops, Slip 'N Slides, Superballs and other iconic toys for nearly 40 years.

"We are very excited and proud to be honored by the City of San Gabriel with a unique plaque celebrating the history of Wham-O and its founders," said Olyvia Pronin, Director of Marketing at Wham-O. "Arthur and Richard dedicated their lives to develop fun and unique toys that have created unforgettable memories



The plaque celebrating the history of Wham-O and its founders.

A \$293.7 million project, the newly constructed 1.4 mile San Gabriel Trench eliminates crossing congestion, collisions and horn noise from trains carrying goods to and from the San Pedro ports. The project includes four new bridges for cars, trucks and pedestrians.



Duarte Kiwanis Scholarships



Duarte Kiwanis President, Diane Hernandez presents scholarship checks to Anthony "AJ" Smith and Melissa Zaragoza

DUARTE - Two outstanding students received their scholarships from Duarte Kiwanis. Anthony "AJ" Smith will be attending PCC with intention of then transferring to Seattle Pacific University with a major in English. AJ recently traveled to San Antonio for the 10th annual ACT-SO competition and competed as a local gold medalist in essay and spoken poetry. AJ intends to write

his own screenplay and eventually would like to create his own Anime series!

Melissa Zaragoza is attending UCI this fall with a major in Biology. Melissa was able to participate in a number of programs at City of Hope and was most inspired by her mentorship program and seeing the impact research programs are making on people's

lives as they battle disease. Melissa has been an active volunteer in the DART program. Duarte Kiwanis President, Diane Hernandez was able to present them both with scholarship checks.

If you are interested in joining Duarte Kiwanis or being a speaker at a future event, contact Tina Carey at tinac51@aol.com.

International Cultural Club of San Dimas



At the Board Meeting on July 16th were President Victoria Lopez, Hemant Shah, David Aston, Esther Koch, Gladys Dyo, Mary Ann Goodman, Gisella Pickens, Pranee Pranintupang.

By Jayam Rutnam
SAN DIMAS - Founded by Victoria Lopez twenty years ago, the International Cultural Club of San Dimas is thriving with 70 active members from all over the world, such as North America, South America, Europe and Asia. Specifically the countries are Jamaica, Puerto Rico, Russia, Sweden, Switzerland, Peru, Chile, Viet Nam, Colombia, the Philip-

contributions, customs, music, potlucks and outside events of different cultures." The International Cultural Club is a non profit organization. They can be contacted at 909-394-6290.

President Victoria Lopez said that "this friendly group is for anyone who is interested in sharing and appreciating the

Upcoming Event?
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Get Smart About 'Smart' Home Cooling This Summer

As temperatures rise, homeowners can beat the heat by combining "smart" home climate control technologies with the latest air-conditioning systems to heighten energy efficiency and take customized comfort to new levels.

With home cooling accounting for nearly half of all energy use, costing homeowners more than \$11 billion each year, it's clear why the American smart home marketplace is exploding. In fact, the industry is expected to reach \$46.2 billion in 2018 and \$112.8 billion by 2022. Household penetration is 32 percent and is predicted to reach 53 percent by 2022, with an annual growth rate of nearly 15 percent.

What Is "Smart" Home Climate Control?

What is a smart home? A home with Internet-connected "smart" products used to control, automate and optimize functions such as lighting, security, entertainment and temperature either remotely by a mobile device, smart speaker or separate home system.

When it comes to smart home temperature control, there are Smart HVAC Systems and Smart Thermostats. Smart HVAC systems have built-in Internet capability and can be controlled directly without additional equipment. Smart Home Thermostats create "smart" systems by enabling remote temperature control via a mobile or Internet-connected device or voice-operated home automation system. Several leading manufacturers, including Fujitsu General America, offer Smart Systems as well as a Thermostat Converter, which can control their single and multi-zone Halcyon and Airstage heating and cooling systems using a third-party thermostat.

Boost Energy Efficiency, Lower Bills Up to 25 Percent

Upgrading your system and installing a smart home thermostat can significantly reduce your utility expense. The most ener-



It can be easier to sleep and more comfortable to wake up in a climate-controlled bedroom.

gy-efficient heating and cooling products on the market, ductless mini-split systems, can save as much as 25 percent on your energy bill. Further, an efficiently controlled thermostat could save an additional 10 percent a year.

Here's how ductless mini-split systems work. Thin copper tubing is used to pump refrigerant from an outdoor compressor directly into an indoor air-handling unit, where the air is quietly distributed to the interior space. This eliminates the need for basement or attic evaporators and bulky, expensive ductwork. Minisplits are easy to install and usually require only a 3- to 4-inch hole through a wall or ceiling to connect the indoor and outdoor units.

Customized Home Comfort Control

Take control of your comfort. Most HVAC manufacturers offer apps that enable systems to be controlled from anywhere using a mobile device. Now, voice-control capability uses digital assistants, like Amazon Alexa, to verbally dictate home temperatures—"Alexa, set the living room temperature to 70 degrees." For instance, Fujitsu offers a free FGLair app that enables Web-activated control via mobile devices and now voice-activated control via Amazon Alexa.

Built for optimal customization, ductless mini-split systems let you control the individual temperature in each room, so you don't waste money cooling unused spaces such as guest bedrooms, bonus rooms, sunrooms and basements. Ductless systems operate at much higher efficiency levels than central forced-air

systems and window units, as duct losses in a central AC system can account for more than 30 percent of your energy consumption.

The smart home revolution has empowered homeowners with the latest home cooling systems and smart technology to create the perfect storm of cost and energy efficiency and customized comfort. Many Fujitsu systems with the Energy Star rating are more than twice as efficient as the minimum standard set by the government.

To learn more or find a contractor nearby, call (888) 888-3424 or visit www.constantcomfort.com or www.fujitsugeneral.com. (NAPSI)

Big Ideas For Businesses Of All Sizes

If you own or run a business, you're not alone. There are some 30 million businesses in the U.S., ranging from small storefronts to large enterprise entities, according to the U.S. Census Bureau. While businesses of all sizes play a critical role in the economy, each workplace faces its own unique challenges, especially as it relates to growth and scalability.

With company and workforce growth comes changing telecommunication needs. You might need to hire staff in new areas or cater to mobile millennials. Employees often expect their employers to provide them with flexible communication tools. Most business professionals want multiple connectivity options from their business phone solution, according to recent research from leading tech firm IDG.

If you're like most managers, you desire top-of-the-line technology that can help drive operational efficiencies and cater to your growth projections. Growing a business can be expensive but you shouldn't have to miss out on communications solutions that can empower your workforce and spur continued growth. When you're looking at your telecommunication needs, keep these important factors in mind.

First, consider durable, affordable Session Initiation Protocol (SIP) deskset phones, which can manage Voice over Internet Protocol (VoIP) calls. Moving your telecommunications to the cloud can expand



Flexible, scalable, durable communications equipment can help your business blossom.

your phone system while maintaining central control. Cloud-based VoIP scales up or down, making it easy to add new locations or increase head count. SIP can also improve your business if you're upgrading from an Ethernet jack or a traditional circuit transmission. This technology provides clear audio and reduces the need for costly installation and maintenance contracts. Some SIP desksets offer excellent user experience. Think color LCD screens for easy navigation, second screen displays with programmable keys, HD sound quality for natural conversations, and Bluetooth connectivity for hands-free headset calls.

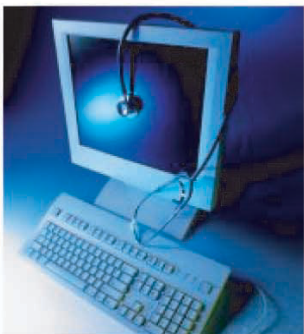
Secondly, take an introspective look at what's truly needed from a communications perspective of your business. Evaluate what your operational landscape looks like. You may require full-featured desksets and desksets, which can hold, transfer, conference and intercom. Or you may need cordless solutions to dramatically improve mobility around a busy workplace. Cordless handsets and wireless head-

sets let people take calls as they move around a restaurant, warehouse or large office, for example. Also consider whether you'll need the ability to expand your communications system as your business grows. You may find multiple cordless handsets or desksets, with their own phone numbers or extensions, essential to future-proofing your company for more employees and customers.

Remember, the right communications tools can have a major effect on the productivity, experience and growth of your company. Select a phone solution that meets your unique needs, as well as one with flexibility, mobility features, dependable call quality, advanced call handling, reliable U.S.-based technical support, and warranty coverage. Good examples of these solutions include the new ErisTerminal SIP desksets and cordless mobility solutions from VTech Business Solutions.

Learn More For further facts, visit <https://businessphones.vtech.com>. (NAPSI)

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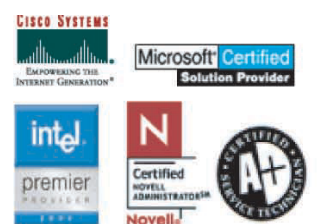
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California Chapter Of The American Planning Association Awards A "2018 Great Places In California" To Azusa's Civic Center

AZUSA - The Azusa Civic Center has been awarded the "2018 Great Places in California Award." The Civic Center is one of three Great Places in California to receive this prestigious award from the California Chapter of the American Planning Association for 2018.

"A great place in California is one that exemplifies character, quality and excellent planning," says the American Planning Association of California. "A Great Place is unique, in that it can range from the beach to the mountains and from a large city to a small community. Furthermore, it can encompass a vibrant downtown, a suburban gathering place, a historic small town, a public park, or a preserved open space."

"We are honored that the California Chapter of the American Planning Association has selected Azusa for a 2018 Great Places in Californian Award for our

Civic Center," said Azusa Mayor, Joseph R. Rocha. "Azusans are especially proud of all of the resources that they have available to them in the Civic Center, we're especially proud of the monuments that honor those residents who have served and made the ultimate sacrifice for their country and city."

The Azusa Civic Center has always been a gathering place for the entire family -- it's the focal point of community involvement and the city's identity. The open spaces contribute to the quality of life by providing opportunities for active recreation and outdoor community events. Centrally located on the legendary Route 66 and with its unique architecture and historic buildings and memorials, the Azusa Civic Center is a reflection of local culture and history.

Visually interesting and historic, the Azusa Civic Center's West Wing and the civic auditorium were built in 1928 in early California mission revival architectural style. The period auditorium is on the national registry of historic places.

The Civic Center serves as the venue for the City's community events such as the annual Christmas Tree Lighting Ceremony known as the Winter Family Fiesta that features a live petting zoo, entertainment, pictures with Santa, imported snow, sleds and even an ice skating area.

The Civic Center is also home to the Barnes and Durrell Houses. The Barnes House is known by many as the Sister City House. This facility provides varied services to the community and the

region.

The site is home to the Azusa Sister City program and a partnership with Azusa Pacific University allows their nursing students to provide no cost blood pressure checks to a growing elderly population who often does not have the means to obtain simple health monitoring.

The Barnes House is also used by the Azusa Library's Neighborhood Connections program where a bilingual Community Resource Specialist provides access to resources on employment, housing, health care, education, citizenship, family services, senior services and nutrition services. In addition, the Service Core of retired Executives (SCORE) uses the site twice a month to provide one-on-one business mentorship to local businesses at no cost.

The Durrell House is maintained and operated by the Azusa Historical Society and serves as a museum for local and regional history and artifacts.

A one-acre tree lined mini park with gazebos and amenities is situated in the central portion of the Civic Center complex adjacent the Azusa Public Library.

The Civic Center is conveniently located adjacent a regional multi-modal transit center that includes a Metro Gold Line light rail station, Foothill Transit bus station, a 547 space parking structure and is a block away from the City's historic downtown.

For more information on this award, please contact Economic and Community Development Director, Kurt Christensen at kchristensen@ci.azusa.ca.us

Glendora Police Department Announces National Night Out Against Crime Event

GLENDORA - Join the Glendora Police Department in celebrating the 35th Annual "National Night Out Against Crime" event which will take place on Tuesday, August 7th from 5:30 p.m. to 8:30 p.m. This Free event has a brand new location; please join us at the Glendora Library Bidwell Forum and patio at 140 S. Glendora Avenue.

The entire community is invited to join us and enjoy free hot dogs provided by the Glendora Police Officers Association, have their children fingerprinted and faces painted and the kids can

also try their hand at winning a free backpack. Booths will include Auxiliary Volunteers, Social Media Team, Code Enforcement, along with Glendora City Departments, such as the library, community services water and more. Bring your families, neighbors and friends and join us for a night of fun.

National Night Out is designed to heighten crime and drug prevention awareness, generate support for and participation in local anticrime programs as well as sends a message to criminals let-

ting them know that neighborhoods are organized and fighting back. Residents throughout Glendora and across the nation are asked to turn on their porch lights, lock their doors, and spend the evening outside with neighbors and law enforcement to help build stronger police-partnerships and neighborhood unity in our fight for a safer community.

For additional information, please contact Community Services Officer Nita Ulloa-Pedroni at 626 914 8268.

Month Old Baby Dies in Solo Crash

By George Ogden
WEST COVINA - On Thursday, July 19 around 5:15 a.m., 9-1-1 operators for the West Covina Police Department received calls of a solo car crash in the 2100 block of East Cortez.

When officers arrived, they found a car that hit a utility pole. They found a 1-month-old baby girl who was in the car that was not responsive and in grave con-

dition. She was transported to the hospital where she died from the injuries due to the accident.

It was found that the mother failed to properly restrain the baby in a safety car seat. The baby was in the front seat and was badly injured when thrown forward against the dashboard in the crash.

The 32-year-old mother from Covina did not appear to be un-

der the influence. The investigation continues in the case to find the cause of the accident. Charges may be filed against the mother for failing to properly restrain the baby.

Police are saying that this is a sad reminder to properly secure you children in your car. Don't let a tragedy like this happen to you.

Four Teens Arrested in West Covina Burglary

By George Ogden
WEST COVINA - On Tuesday, July 17, at 5:50 p.m., West Covina Police received a call of a burglary that had just occurred in the 200 block of North Walnuthaven Drive, West Covina. The resident was in the home at the time of the burglary.

After arriving, the officers set up a containment area and began a search for the 4 males seen running from the location. Two of

the suspects were chased by neighbors and they provided information that led Officers to locating and detaining the suspects. Two additional suspects were seen jumping into the property located in the 1300 block of West Garvey N Avenue which is an apartment complex parking lot. A search of the area was made and the two suspects were located hiding in a dumpster.

All four suspects were arrested for burglary. Arrested were four male juveniles ages 16, 16, 15 and 13, all from West Covina. The two older males were detained at Los Padros Juvenile Hall, and the younger ones were released to the custody of their parents.

No property was taken and no one was injured during the incident.

Collaborating to Combat Homelessness in Los Angeles County

Resources from New and Existing Programs Dedicated to Ending Homelessness

LOS ANGELES COUNTY - The Community Development Commission/Housing Authority of the County of Los Angeles (CDC/HACoLA) is working hand-in-hand with the County of Los Angeles and community partners to combat homelessness.

For the first time in four years, the Los Angeles County Homeless Count saw a 3% decrease in the homeless population. While progress has been made, there are still more than 53,000 people living on the streets or in temporary shelters that need to find permanent and supportive housing.

To help with this effort, Measure H, a voter-approved county-wide sales tax, is funding innovative programs that will help individuals and families escape homelessness and enable others to stay housed.

In January 2018, the CDC/HACoLA, along with the Los Angeles County Department of Regional Planning, launched the County's Accessory Dwelling Unit (ADU) Pilot Program. The program incentivizes homeowners to construct new ADUs or preserve existing, unpermitted ADUs in exchange for accepting residents with limited means or homeless families.

In collaboration with the Los Angeles County Arts Commission, civic art played a role in the pilot program, opening up the conversation to a community of architects, designers, planners, and creative strategists. Through a design competition, contestants re-imagined the potential of ADUs and submitted concept designs.

As homeowners help in their own backyards, landlords are also in a unique situation to lend a helping hand. The County's Homeless Incentive Program (HIP) provides monetary incentives to landlords to rent their available units to homeless indi-

viduals, families, and veterans. Since the launch of HIP in spring 2016, more than 800 formerly homeless households now have a safe place to call home.

One of the families HIP helped is a single mother who was a victim of domestic violence. She and her four children left her hostile living situation and had nowhere to go. After staying with friends, the family ended up living in their car or different shelters for several months.

After connecting with the St. Joseph Center and HIP, the family found a property owner willing to rent to them. "Getting connected with HIP was the best thing that could have happened to me and my family," the formerly homeless single mother shared.

Due to the success of the County's HIP, nine cities have also adopted the model and committed 2,600 housing vouchers annually, including the City of Los Angeles, Long Beach, Pomona, Burbank, Pasadena, Redondo Beach, Glendale, Inglewood, and Baldwin Park.

"It's the collective strength and power of all Los Angeles County residents, businesses, and government officials that will yield the collaboration and innovation necessary to help in the fight to end homelessness," Monique King-Viehland, CDC/HACoLA Executive Director, shared.

While Measure H is helping to fund new, innovative programs, there are also examples of how existing programs are adapting to help homeless families. For example, the CDC/HACoLA's Public Housing Program is giving priority to homeless families, veterans, and victims of domestic abuse, as units at the South Scattered Sites (SSS) Family Public Housing Developments become available. As of June 12, 2018, 32 homeless families, totaling 139 household members,

have been housed in subsidized units.

Additionally, the Los Angeles County Department of Children and Family Services found over 880 homeless families have children in the foster care system -- and the only barrier to reunification is the lack of housing.

In lieu of placing children in foster care, the Family Reunification Housing Subsidy program provides housing assistance -- which allows the family to live together in a stable environment. As of June 15, 2018, 70 families -- totaling 157 children -- were successfully housed. This also provided \$2.5 million in savings for the County.

Affordable housing development in Los Angeles County has also made great strides in creating units for formerly homeless individuals, families, and veterans. Over the past five years, the County invested \$182 million, which enabled developers to leverage \$1.7 billion toward the production of 3,362 units. This means for every dollar the County invested, it yielded \$6.50 of outside investment. Of those units, 230 were reserved for persons with mental illness; 434 for the homeless; and 123 for homeless veterans.

This is just the beginning. In fall 2018, the CDC/HACoLA will release its Notice of Funding Availability 24A, which will provide more than \$100 million in funding towards new affordable housing development.

The good news -- there has been significant progress in Los Angeles County's fight to end homelessness. The CDC/HACoLA and its partners -- the County, cities, homeowners, landlords, and community organizations -- are investing time and resources so the 53,000 people experiencing homelessness can find a safe and affordable place to live.

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INFORMATION GUIDE

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Barger Votes NO on New Property Tax

David Fleming, guest commentator, Daily News, June 28th, said, "For the last two years, the Los Angeles County Board of Supervisors has been quietly developing a \$10 billion property tax scheme that is supposed to clean up stormwater to prevent ocean pollution and create a local source of water supply for the county's 10 million people."

That plan surfaced on Tuesday, July 17th and on a 4-1 vote, with 5th District L.A. County Supervisor Kathryn Barger voting against the proposed property tax, the proposal passed creating a 2.5 cent per square foot parcel tax on impervious surfaces on properties in the County. It is headed to the November ballot for a vote. Barger's concern: this is not just a stormwater issue but a tax that goes way beyond that.

Impervious surfaces are roofs, concrete driveways, patios, swimming pools, anything that will not allow water to seep into the ground, becoming run-off and ending up in the storm drains and the ocean. Aerial imagery and other survey technology will provide each parcel's impermeable area generating an estimated \$300,000 million a year to the County. Schools, government agencies and perhaps non-profits will be exempt.

The new tax is being promoted as a solution to the MS4 stormwater \$20 billion unfunded mandate by U.S. EPA and regulations promulgated by State and Regional Water Boards.

L.A. County Flood Control Act of 1915, gave the District the responsibility to provide flood protection, water conservation, recreation and aesthetic enhancement within its boundaries. Today Flood Control shares some of the responsibilities with Public Works and the storm drain system with City of Los Angeles and Army Corp of Engineers.

Generally speaking, a fee is a charge to cover the cost of a specific government service or program. A tax is revenue to raise money to defray the general costs of government. The ability to level this tax was done with AB 1180 by Democrat Assembly Member Chris Holden (AD-41 Pasadena) ... "amending the LA County Flood Control Act to authorize the [District] to levy a tax to pay for projects and programs to increase stormwater capture or reduce stormwater and urban runoff pollution ... would in-



Shade's Perspective
Lois M. Shade

Former Mayor of Glendora clude projects that provide multiple benefits to increase water supply, improve water quality, provide community enhancements, such as the greening of schools, parks and wetlands ... increased public access to rivers, lakes and streams, including the LA and San Gabriel Rivers."

A hundred twenty-eight people came to speak on this issue, most from environmental groups supportive of the tax. Those who had defined issues talked fast and in bullet points to get their concerns out in two minutes allotted.

John Capoccia, Councilmember and former Mayor of Sierra Madre, involved in discussions when the MS4 debacle and bankrupting costs surfaced told the Supervisors, "Sierra Madre is opposed to the proposed [tax] measure ... Sierra Madre and San Gabriel Valley voters will receive no benefit in return for their tax dollars. As Supervisor Barger correctly noted, 90% of the San Gabriel Valley stormwater is already captured and percolated [through the ground] and thus does not contribute materially to ocean pollution. To build capture facilities upstream from the Santa Fe and Whittier Narrows settling basins is redundant and wasteful."

Capoccia continued saying, "... Los Angeles Regional Water Control Board has imposed arbitrary and unreasonable pollution limits on the San Gabriel Valley's engineered waterways ... despite the U.S.E.P.A.'s determination that certain stormwater pollutants do not impair beneficial uses in San Gabriel Valley waterways."

Ray Tahir, stormwater consultant in L.A. County, voiced early on his opposition to MS4 pollution control issues. He told the Supervisors, "According to the 2017 State Auditor's Report, the water boards, especially the L.A.

Board, did not adequately consider overall costs for the cities and the county to implement the T.M.D.L." (Total Daily Maximum Load) or the maximum amount of a pollutant a body of water can receive while still meeting water quality standards." Tahir said, "L.A. and other Water Boards created T.D.M.L.s based on outdated information ... the L.A. [Water] Board used data that is 20 years old ... and requires compliance with non-existent T.M.D.L.s. Parts of the County are located above groundwater recharge basins where 95% of runoff is infiltrated for water storage. This makes it unnecessary to fund costs for watershed management programs, like green streets and regional infiltration projects that meet the capture and reuse requirement. That requirement is not a Clean Water Act requirement but an MS4 permit requirement made pursuant to the California Water Code."

Mike Lewis, Co-Chair of BizFed Water Committee told the Board of Supervisors, "There's no specific plan, there are no projects or timelines, there's no objectives against which you can measure your progress. The implementation ordinance hasn't been drafted yet so this proposal is a far cry from anything that the business community would support because we simple don't believe it's ready for consideration by the voters."

Lewis said if a real dusk or sunset clause is not created then you are telling voters the problem will never be solved and they will never be given a chance to reapprove the tax -- it will just go on forever. BizFed Committee will not support the tax proposal until the identified issues, along with proposed credit program, are specifically addressed.

Peter Herzog, Commercial Development Association, "There's been almost no discussion about what this is ... it is a tax, a brand-new permanent parcel tax ... it is on homes, it is on residents, it is on housing ... and at times when there's great concern and an awful lot of press about the cost of affordable housing. This will increase the cost of housing. Additionally this will tremendously increase the cost on small business, small business owners, the ones with the small margins that can least afford this [new tax]."

Who Is A Fascist?

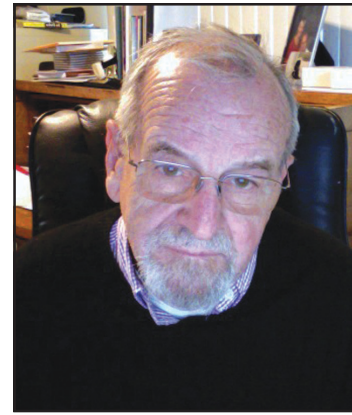
One of today's popular parlor games involves finding parallels between Hitler and whoever is one's least popular public figure. Right now listing ways President Trump seems to mirror Hitler or Mussolini is the game of choice. Not many game players, however, have gone to the trouble of detailing the specific ways the current tyrant reflects historic fascists. But I have come across a book by one of America's foremost scholars, Madeleine Albright, which sets out how a fascist in any age or political culture might be identified.

Instead of starting with Trump and describing how he is like some past tyrant, on the last pages of her book Albright defines just what policies and programs are common to fascists past and present. Making the connection between this definition and one's choice for fascist of the year is left up to the reader. (*Madeleine Albright, FASCISM: A WARNING Harper Collins New York N.Y. 2018*)

Here is a series of questions Albright poses describing how fascists might be identified.

"Do they cater to our prejudices by suggesting that we treat people outside our ethnicity, race, creed or party (and I would add nation) as unworthy of dignity and respect?"

"Do they want to nurture our anger toward those we believe have done us wrong, rub, raw



Charles H. Bayer

our grievances, and set our sights on revenge?"

"Do they encourage us to have contempt for our governing institutions and the electoral process?"

"Do they seek to destroy our faith in the essential contributors to democracy such as an independent press?"

"Do they exploit the symbols of patriotism—the flag, the pledge—in a conscious effort to turn us against one another?"

"Do they brag about their ability to solve all our problems?"

"Do they solicit our cheers by speaking with a pumped-up machismo about using violence to blow enemies away?"

"Or do they invite us to join with them in building and maintaining a healthy center for our society, a place where rights and duties are appropriated fairly, the social contract is honored, and all have room to

dream and grow?"

I'm sure that any of us might find in history's long and troubled past a list of those who have disgraced the nations or tribes that nurtured them. Clearly fascists are made, not born, and their making is almost always the product of populations that allowed them to foul the nations' nests. So who is responsible? It is not the fascist alone, but all those who for some reason allow the tyrant to gain and hold positions of overwhelming power. It is the political party which believes that it is to its advantage to support what will eventually cripple the nation. It is the co-opted popular religion that lies back and allows itself to be raped. It is the already wounded who in desperation have swallowed the poison that kills but cannot cure. It is the racists and lovers of violence who find common cause with tyranny. It is the gentle souls who simply smile from the silent sidelines while the nation is being dismantled piece by piece. It is the innocent aloof citizen who says, "I choose not to be involved."

So where is America today? What is the clear direction the President is intent on moving us? Where is he in light of the questions Albright has posed?

Well, if it quacks like a duck... Contact Charles Bayer at candwbayer@verizon.net

The Art Empire Strikes Back

The latest display of madness from the art community comes to us from Portland, Oregon. A gallery called the "One Grand Gallery" has a retrospective of gory depictions of President Trump. One such picture, having the controversial President getting his throat cut, has been made into prints and the proceeds from the sale are split between Planned Parenthood, the ACLU and an organization called the National Immigration Law Center.

Great, Planned Parenthood gets more funding, as if our tax payers dollars are not enough. All so they can claim aid for "women's health." More like aid for "Democrat's wealth."

During a somewhat recent awards show cycle, Meryl Streep was accepting a Golden Globe and expressed, rather arrogantly, and with much condescension, that "martial arts are NOT the arts." Apparently she had to lecture us regular folks about the cultural superiority of her crowd because they recognized the real arts, not the interest we all had in sports and populist activities.

But what are the "real arts" of which she speaks of?

At one time the Guggenheim Museum had an art piece that was a gold plated toilet. They encouraged their patrons to actually "use" the comode entitled "America." We have heard about the sculpture of Christ dipped in urine. We have seen the Kathy Griffin ISIS-like beheading of Trump, which was disturbing enough to upset 10 year old Baron Trump, believing something had happened to his father. Griffin, I believe, claims to be one of the Hollywood minions that decries "bullying."

Ivanka Trump, at one time, purchased some paintings from a gallery showing the works of an up and coming artist. He saw a photograph of Ivanka in her home, with, what he noticed, was one of his paintings on her wall. He demanded its removal. It seems that we need to "qualify" for the right to buy certain products just like we need a restaurant morality permit to dine in The Red Hen. I guess the artist is advocating for "comprehensive artwork control." Ivanka must have failed to follow the 30 day waiting period before buying his paintings.

And we can't forget all of the artist and entertainers' boycotts of Trump, Trump family and staff



Charles Lopresto

people and Republicans, in general, denied the use of their services. No dress designers for Melania Trump. No magazine covers. No permission for music used for their campaigns. No inaugural appearances. I think you get it.

And the new version of a Hollywood "blacklist," which is not much different from the old McCarthy era blacklist that celebrities all rail against in awards show speeches, is used against Conservatives. And that includes employment opportunities denied, and public ridicule granted, anyone that breaks these norms. I refer you to Kim Kardashian in her meeting with Trump that resulted in a pardon for an unfairly imprisoned, Black woman. And then there is Kim's husband Kanye, who had the audacity to compliment Candace Owens on social media.

It has been going on for a

while. Chris Mitchum, son of Robert, was denied an opportunity to audition for a film called "Steelyard Blues," because its producers, Jane Fonda and Donald Sutherland didn't like the fact that young Mitchum appeared in some John Wayne pictures. And Chris was NOT even a Conservative.

What is the point of all these above mentioned examples of "the art empire strikes back?" Two points.

One is this. The "arts" used to provide beauty, freedom of expression, inspirational themes and uplifting concepts. It made our society a more beautiful and meaningful place. But now it is all about hate, ridicule and anger. And rather than being a point of defiance against what our society deems as hateful, ridiculous, and anger filled, it now just contributes to it.

And the second point is even more important. Meryl Streep and her circle of pop culture icons are asking, in spite of all this, for the regular folks to support, participate in, and donate to, the "arts." So the people that this art is making fun of, are the same people Ms. Streep wants to ask for support. And money. But what she fails to realize, as they all fail to realize, the regular folks and the President they elected are not welcome in The Guggenheim, the One Grand, or The Red Hen.

"Time Jockey" - Battle Of Los Angeles II

By Joe Castillo

Upcoming Dedication - Part II... On September 9, 1926, the historic La Mesa Battlefield site was marked by placing four large granite boulders weighing between 6 1/2 and 9 tons each. The boulders were brought in by the Union Pacific Railroad from the San Gabriel Arroyo Seco and were presented as a gift from the President of the Union Pacific. Upon three of the granite boulders were placed bronze plaques, one with an engraving of the battle logistics and the other two commemorating General Stockton and Lieutenant Joseph Warren Revere. The plaques were placed by the Native Sons of the Golden West, Ramona Parlor #109, the Historical Society of Southern California, and Union Pacific Railroad Company and Los Angeles Railroad Stock Yards. The dedication ceremony was finalized by a committee consisting of the Native Sons, the Historical Society of Southern California and the Union Pacific Railroad Stockyards. The original monument was placed in front of the Administration Building of the Union Pacific Los Angeles Stockyard located in Vernon, an unincorporated area of Los Angeles at that time, upon the site of the La Mesa Battlefield when it was fought on January 9, 1847.

On March 6, 1935, California Historical Landmark #167 was approved and plans were initiated to place the plaque within proximity of the three large granite boulder monuments which were installed nine years earlier. The location marked the actual site of the 1847 historic battle and a flag pole was installed to identify the exact historical location. In 1940, the official unveiling of both monuments took place with hundreds of Los Angeles residents attending the event.

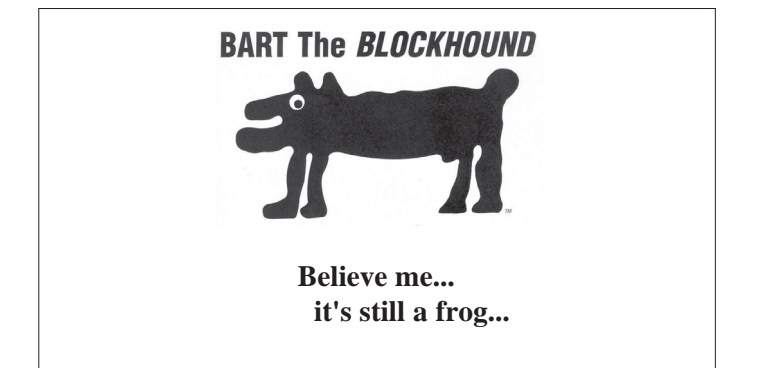
Eventually, the Union Pacific Stockyards property was sold and when Exchange Road was widened, plans were made to move the three large granite rocks to a site in front of Vernon City Hall. However, it was decided that California Historical Landmark plaque #167 would remain at the location as it marked the exact site of the battlefield. With growth and development, a line of railroad tracks was placed within yards of the historical monument and the area turned into an industrial city of rail lines, manufacturing shops and warehouse buildings. The historical plaque location became unreachable by the public and its significance lessened as the surrounding area became more desolate and isolated. In 2012, the plaque went missing and after four years of trying to locate it, it was determined that

the plaque no longer existed and the Native Sons of the Golden West were contacted to try and replace it. The California Office of Historical Preservation, City of Vernon and The Native Sons of the Golden West all worked together to finance the funding of a replacement plaque, and reunite it with the original granite boulder plaques from 1926.

The City of Vernon is an industrial city of 5.2 square miles located several miles to the southeast of Downtown Los Angeles in Southern California. Vernon currently houses more than 1,800 businesses that employ approximately 55,000 people, serving as a vital economic engine in the region. Offering an environment uniquely friendly to business, Vernon is the home to industries including food and agriculture, apparel, steel, plastics, logistics and home furnishings. City Hall is located at 4305 S. Santa Fe Ave., Vernon, California, 90058.

For more information on the rededication on Aug. 7, please contact Joe Castillo at joeacastillo@aol.com.

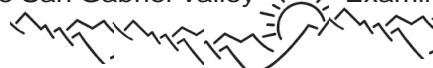
Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 4 books on the topic. He can be reached at joeacastillo@aol.com...



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Should We Worry Much About A Tariff War?

Has a real tariff war begun? Recently foreign markets heaved on the prospect of an unchecked tit-for-tat scenario that could escalate (maybe targeting up to half a trillion dollars or more in trade subject to various import taxes). Investors recently got tired of vacillating thoughts about China's "trade war" rhetoric, and just wanted to focus on the bullish domestic manufacturing and employment data that underscored the strong GDP momentum for Q2.

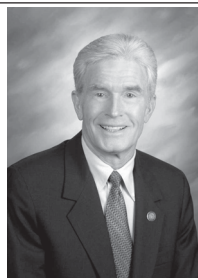
However, Wall Street may begin to refine their forecast reflecting the escalating trade war between The United States and its significant trading partners. Tariffs are taxes but may not truly be inflationary in the sense that they do not result in sustained price acceleration. They do boost prices in the short run, impacting the concern of FOMC participants who are convinced the economy is overheating. Because the tariff "tit-for-tat" is escalating, there is a real threat to global trade and global growth. The GDP effects in the US should be small, but outside the US, trade disruptions could be significant, especially in emerging markets.

Tariffs will affect the economy directly, and they will also affect Fed decisions. The FOMC's job is complicated enough without a trade war. The Global Financial Crisis (almost 10 years ago) transformed the economy. Last year's tax cut transformed it further. The ebb and flow of regulation in the past decade may have negatively distorted growth incentives even more than the tax windfall has done positively. The Fed has little experience overseeing a USA economy with an unemployment rate well below 4.5%, even in a familiar economic environment. They now appear to be convinced inflation is a concern.

Tariffs will increase the cost of thousands of sold goods, lifting year-on-year PCE and CPI by however much manufacturers and retailers pass through to customers. (Tariffs affect the price of goods much more than services.)

Market analysts have been

In A Nutshell
What's up in the Economy?



KEN HERMAN
Economic Analyst
& Former Glendora Mayor

pontificating for weeks about the glaring headwinds that the stock market has had to contend with, namely the strong dollar, wage inflation, a proactive Fed, spiking oil prices and a brewing global trade war. With all due respect to what are expected to be rock star second quarter earnings, global macro-economic headlines such as stagnant emerging markets could steal the thunder from US record profit growth if investor sentiment would suddenly turn sour.

We saw some of this kind of behavior during first-quarter earnings season when geopolitics had a negative impact during what was a terrific reporting season. It wasn't until mid-May that the market started paying more attention to the robust earnings and economic data that took the Nasdaq and Russell 2000 to new all-time highs. Now, tough trade talk has turned into real-time tariffs that could move the market back onto its heels.

It's been a "battle royal" between the bulls and bears of late, with the bulls starting to gain the upper hand recently, but that too could change quickly. News of North Korea playing dodgeball with the terms of the June 12 Summit, and a second round of tariffs by China and the US set to be triggered could undercut any new rally attempts fueled by strong earnings. Wall Street is digesting every word carefully as dialogues are important to putting to rest fears of escalation on both fronts.

Any stalemate by North Korea on moving forward with the agreements laid out in the North Korea Summit is a function of China pressuring Kim Jong Un to stand down while the trade war is heating up with the US. North Korea remains a puppet state of

China and it remains unclear (after Secretary of State Mike Pompeo's visit recently) where the deal stands on de-nuking, sending home remains of U.S. soldiers and determining a timeline for the destruction of a missile engine test site.

Back-and-forth whipsaw action by the market has tested the patience of investors since February, given that there is no history of a "tweet-driven" market. At least in a "headline-driven" market, the news was usually out before the opening bell and could be traded accordingly. Today, anytime during market hours tweets by President Trump, other world leaders, hedge funds, activists and government officials in high places sparks extreme bouts of volatility exacerbated by high-frequency traders and program trading.

Investors sent a clear message late last week that the US is taking the lead on leveling the global trading field. China will most certainly retaliate in every way they think is effective, but their already highly-leveraged economy is considerably more vulnerable if the velocity of trade with the U.S. slows.

Perhaps most important to investors, current risks may lead to similar fixed-investment strategies. Either the Fed tightens until it feels it has done enough to contain excessive inflation and then backs off next year, or the Fed overtightens (partly because monetary policy is hard enough without fiscal and trade-related challenges added by the President) and the economy falls into recession by 2020. Either way, medium- to long-term yields could fall. The biggest wildcard is short term rates, which could go more than a little higher by 2020 if the hawks get their way (before plunging when the Fed realizes a recession is underway). Or, more optimistically, short term rates might rise only a bit further before stabilizing in 2019 (assuming cooler heads prevail).

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I welcome your questions and comments:
kenherman46@hotmail.com.

Your Money - Ask Julia

In regard to financial planning, what are the important ages, and why?

At age 59 1/2, as long as certain conditions are met, you can start taking withdrawals from qualified retirement plans and IRAs without incurring a penalty. Since these have been growing tax-deferred, you'll now have to pay ordinary income taxes. At age 62, you could start collecting reduced Social Security benefits. Depending on what year you were born, you could take full Social Security benefits when you reach "full retirement age" (usually ranging from 65 to 67). At age 65, you're eligible to enroll in Medicare. (Enroll 3 months before turning 65.) For those eligible for SS, if you do not get Part D (prescription drugs), you will be charged a higher premium for the rest of your life. Part B is basically for doctor visits, and Part F pays the deductibles for Parts A and B. At age 70 1/2, you are required to take minimum distributions (as determined by the federal government life expectancy chart) from most tax-deferred retirement plans if you want to avoid a 50% penalty on the amount that should have been withdrawn.

We rent, but we'd love to own. Can you help us figure out the real cost of being homeowners vs. continuing to rent?

It's a really good time to get out of renting and into owning your own property. Housing prices and mortgage loan interest rates are both on the rise, but not at the high rate that rent keeps rising. Get a basic answer to your question by using an online Rent vs. Own calculator. Then, contact



Julia Yoder

an independent loan originator (let me know if you want help) who will shop many different loan programs on your behalf to find the best loan program for you. (Your bank loan originator is limited to the loans offered by that bank. Internet lenders sometimes quote great rates, but the fine print disqualifies most borrowers.)

What do you suggest for us to set up some sort of an account for our granddaughter?

There are several investment accounts you could establish for your grandchild, but one that my clients fall in love with is a cash-value life insurance policy. Starting while your granddaughter is young, and paying less than \$100 per month into a \$100,000 life insurance policy, the cash-value could be enough to pay for college or enough to put a sizeable down-payment on a house. Of course, if she waited even longer to access the cash value, she could possibly have more than a million dollars for her retirement.

Is there a way for me to cash out my existing annuity contract and trade into one that better suits my financial needs, but

without having to pay income taxes on what I've accumulated?

Do you have any early surrender fees that would be due on your annuity? Sometimes this can be countered with all or part of a bonus offered on a new annuity. With that said, we could look into whether or not it would be beneficial for you to do an exchange (IRS Code Sec. 1035). A 1035 exchange would allow you to exchange an existing annuity contract for a newer one without having to pay taxes on the accumulation in your old contract. If we find that it's a good thing for you to do that, you could gain new opportunities for flexibility and tax-deferred accumulation without paying taxes on what you've already accumulated. Newer annuities offer anything from a bonus, easier access to funds, nursing-home benefits, guaranteed lifetime income, possible increase in retirement payout, and/or a bonus to beneficiaries willing to take the money over several years rather than in one lump sum.

Ask Julia by email: juliayoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/RE Broker 01238153/NMLS 248681/Nat'l. Ethics Assoc. Home loan application: <https://blink.mortgage/app/signup/p/allsource/mortgage/juliyoder>. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

Complete Your Driver License Application from Home

New electronic application allows customers to fill out form before visiting a DMV field office

SACRAMENTO- The California Department of Motor Vehicles (DMV) is offering customers a convenient way to complete a driver license or identification (ID) card application before visiting a field office. The easy-to-use online application guides applicants through the process of filling out the required fields for a driver license or ID card. When customers arrive at a DMV field office, technicians can quickly access the completed form.

"This new electronic form is a significant game changer in

our continued commitment to streamline processes at field offices statewide," said DMV Director Jean Shiomoto. "Our goal is to use the electronic application to shorten the amount of time customers spend at our field offices. Scheduling an appointment can also reduce your wait time."

When customers fill out the electronic application, they will first need to create an account and then complete the DMV electronic driver license and ID card application. Customers will need an active phone num-

ber and email address to verify their identity through a secure two-factor authentication process.

The electronic application also allows customers to choose to be an organ donor and begin the process to register to vote. Voter registration will not be completed until an applicant visits a field office and submits the application with the DMV technician.

Customers can use the TouchScreen Terminals at field offices to complete the electronic driver license and ID card application.

More information on the new electronic application is available at eDLapp.dmv.ca.gov.

Dipsticks - They are Disappearing

I remember when we checked engine oil and transmission fluid by pulling the dipstick out, wiping it clean, putting it back in, and pulling it back out. That simple process enabled us to check the fluid level. We could tell many things by that dipstick, but today it isn't that simple. Many new models don't even come equipped with an engine oil or transmission dipstick!

Modern automobiles have become marvels of precision and durability over the years. Many transmissions have 5, 6, 7 or even 8 speeds and do not have a dipstick to allow checking or adding to the fluid level or inspecting the fluid condition, unless you have specialty tools to do so. Some engines are following suit by removing the dipstick as well. These cars rely on the engine computer to check oil level and condition. Not sure about you, but that scares me.

Vehicles with dipstick-less engines and transmissions

came about to keep people from adding incorrect fluid. A person or non-qualified shop would add or change the fluid using the incorrect type. The engine and/or transmission would fail prematurely because the less-expensive fluid did not lubricate properly, and failure was eminent. The consumer might put the fault on a poorly designed or defective car. This is happening more and more.

Some of these engines and transmissions are filled with what the manufacturer says is "long life" fluid, claiming it does not require changing for many miles. I recommend you find a trust worthy service center and use the manufacturer recommendations along with your service advisor recommendations to make the final decision on when to service your car.

With rules regulating the automotive manufacturers that mandate fuel mileage be increased every year, vehicles require very specific synthetic fluids. The cost of today's flu-

ids can be staggering, ranging from \$6.00 to \$26.00 per quart. Adding the wrong fluid will damage the internally lubricated parts over time.

Please do your homework when having any service performed; it can be devastating if the wrong fluid or incorrect fill procedure is performed.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at CertifiedAutoCa.com.

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Volunteer Your Gift Of Music

COVINA - Volunteer Services of Citrus Valley Health Partners is looking for volunteers to share the gift of music with the patients, families and staff. If you sing or play an instrument and have a passion for bringing peace, comfort and joy to others please call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email her at tramirez@mail.cvhp.org to start the application process.

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Around the Valley & Senior News

AZUSA

Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

ARCADIA

Instructors Needed

Do you have a talent you want to share or have a love for teaching? The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their existing income. Go to www.ArcadiaCA.gov/recreation for the Prospective Instructor Application or call the Recreation Office for more information.

Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinochle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

BALDWIN PARK

Whale Watching Cruise in Newport Beach

Come whale watching with us in Newport Beach on Thursday, **July 27th** from 9:00 am – 5:00 pm. The Nautilus boat has an indoor snack bar with beverages and munchies available for purchase. The Nautilus also has both indoor and outdoor seating. View the whales from the top observation deck for great photo opportunities. The boat tour will last approximately two hours. The boat will depart at 12:00 pm. Upon return, you will then be able to spend the rest of the day strolling through Balboa Pier and nearby food and dining areas. Limited Tickets! Meals not included. Tickets are \$25 for Baldwin Park Residents and \$35 for Non-Residents. For more information, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

McNeill Fitness Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will

not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am – 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

COVINA

Oldies But Goodies Singing Club!

The City of Covina Parks & Recreation Department hosts Oldies but Goodies Singing Club at the Covina Senior Center (Temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays (July 26 and August 16 and 30) from 2:15-3 p.m. For more information, call (626) 384-5380.

Free Ice Cream Social! (Ages 50+)

The City of Covina Parks & Recreation Department, along with co-sponsor AGA, inc. is hosting Free Ice Cream Social at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Friday, August 3 at 12:30 p.m. For more information, call (626) 384-5380.

BUNCO!

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

Senior Lunch Program

The City of Covina Parks & Recreation Department hosts a daily nutrition program for senior citizens at their senior programs site, located at the former Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina. Lunch is served Monday-Friday at 12 pm. For those 60 and older there is a \$3 suggested donation. For those under 60, the fee is \$5. For more information, call (626) 384-5380.

Community Garden Parcels

The City of Covina Parks & Recreation Department has a Community Garden located at Cougar Park. Parcels are now available. Grow your own vegetables alongside other gardeners who are passionate about gardening and growing healthy organic produce! Annual fee of \$50 for large or handicap accessible parcel, and \$44 for small parcel. Applications are available at covinaca.gov. For more information, call (626) 384-5340.

Walk The Walk

The City of Covina Parks & Recreation Department offers "Walk the Walk." This is a casual walking experience where you can walk at your own pace, improve your heart's health, and meet new friends. Wear your walking shoes and bring water. The walk takes place on Wednesdays at 9 a.m. at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina). For more information, call (626) 384-5380.

Medicare & Vitality Center

The City of Covina Parks & Recreation Department in conjunction with Inter Valley Health Plan, invites seniors to the Medicare & Vitality Center on Tuesdays, 11 a.m.-12 p.m. and Fridays, 9-11:30 a.m. at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina). Obtain information on how to maintain your vitality and

stay healthy. Vitality Center offers free screenings, informative presentations, "Doc Talks" and refreshments. For reservations, call (800) 251-8191, ext. 625. For more information, call (626) 384-5380.

DUARTE

Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

Alzheimer's Safe

Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

GLENDORA

Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit glenkirkchurch.org or call Glenkirk's church office at (626) 914-4833.

Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our

schools, community, country and the world. Call 626-963-0814 for more information.

Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at jmarkel@ci.glendora.ca.us.

LA VERNE

Get About

Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free.

To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

MONROVIA

Senior Blood Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

SAN DIMAS

San Dimas

Toastmasters Club

The San Dimas chapter of

Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

WEST COVINA

TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets **every Thursday** at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: ehernandez57@aol.com

Go West Shuttle

Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve

destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many more.

- For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

- The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

- The fare is only \$1.00 each way.
- No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

Concert & Movies in the Park Series!

ARCADIA- Arcadia's summer concert and movie series are now both on Thursday evenings. Concerts start at 6:30pm and movies at dusk on the west lawn between City Hall and the Police Department (240 West Huntington Drive). Bring your lawn chairs, blankets, and picnic baskets and enjoy an evening outdoors. There is also a FREE fun zone, featuring games, crafts, and activities each week. The Surfer Taco Food Truck at all of the events! Parking is provided at City Hall and Santa Anita Race Track at Gate 5 only. For more information, please call 626.574.5113. Below is the lineup for July 26.

Smith Band (Country/Rock) AND Sherlock Gnomes (PG)

Smith Band is a six-piece pop country music group located in Southern California that performs hits from artists such as Maren Morris and Miranda Lambert to Luke Bryan and Thomas Rhett. Mix modern country with classics and you have the musical recipe for awesome. Comprised of seasoned musicians who have worked with Albert Lee, Kenny Loggins, Johnny Lee and Keith Emerson, Smith Band can rock your favorite country as well as Top 40 hits.

Sherlock Gnomes (PG)

After a string of garden gnome disappearances in London, Gnomeo & Juliet look to legendary detective Sherlock Gnomes to solve the case of their missing friends and family.

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Glendora's Historic Scofield House for Sale

Here's your chance to own and live in one of the finest pieces of Glendora history! One of Glendora's oldest and most beautiful homes, the historic Scofield House, is for sale for the first time in over 40 years.

Known to most as the elegant Victorian home on Baseline near Grand, the Scofield House was built for Sanford and Mary Scofield in 1887. The couple, who were among the first to participate in the area's citrus industry, had recently arrived in what is now Glendora from Illinois with a large inheritance and dreams for a stylish house that they had no idea would still be standing in all its glory 130 years later.

The grand Scofield House tells a story spanning three centuries. It begins during a time of horses and buggies and new railroads and pioneering cities and groves of citrus trees, and it involves prominent families in Glendoran history, like the Gordons and the Bakers in addition to the Scofields. This amazing house has seen Glendora grow, new housing divisions built around it, the advent of automobiles, and the unveiling of the 210 Freeway. The house has been held by specific families for decades, and it was used as a fraternity house for Citrus College. It's been rented to various folks, and it's been neglected and run down and then carefully and lovingly restored.

The current owners, Herbert



The Historic Scofield House

and Teresa Nelson, have spent years carefully and affectionately restoring this beautiful home to its original grandeur while adding modern touches like solar panels and making it the perfect home for their family. Herbert bought the home in 1977, and he and Teresa were married in its parlor in 1983. They raised their children there and spent the past 40 years living their dream in their historic Victorian home. From holidays with large family gatherings in the grand home to Halloween each year with all the decorations going up and down in a single day to add to the magic for the neighborhood, this beloved home stands proudly at the

center of so many cherished memories for the Nelsons and plenty of others. The home has been the Nelsons' hobby, their passion, their link to an earlier era in history, and the place where they have loved spending their time and sharing life together with family and friends.

And now the time has come to pass the torch to the next lucky family who will purchase the famous Scofield House and carry on its legacy. Contact Caleb Hanson with Keller Williams Realty at (626)328-4199 for more information, or visit the website at www.thescofieldhouse.com. BRE# 01773995.

Combating Cancer In Young Women Online



Several online programs offer young women vital information about dealing with breast cancer.

Women from the ages of 18 to 50 are the most active group of adult Internet and social media users. And even though women in this age group are less likely to get breast cancer than older women, it does happen. Now, three southern states are making sure these women have reliable online resources.

Tailored to the Territory

The program could be lifesaving throughout the country. African-American women are more likely to be diagnosed with breast cancer younger, and more likely to get a type of breast cancer that grows quickly and is hard to treat. Louisiana—especially the southern part of the state—has a large African-American population.

Dr. Donna Williams, director of the Louisiana Cancer Prevention and Control Programs (LCP), says she was surprised to see the number of women under 50 in the area with breast cancer.

Many of these cancers were found through a program started by LCP and local partners. The program sponsors two mobile vans carrying equipment to give mammograms, the recommended screening test for breast cancer. Still, diagnosis is just the beginning of the breast cancer journey.

Raising Awareness

LCP searched for breast cancer resources for young women

on the Gulf Coast, but found only a handful. Practically none of them talked about fertility, early menopause or discussing cancer with kids—problems most older women with breast cancer don't face.

So, with a grant from the Centers for Disease Control and Prevention (CDC), LCP started a series of workshops just for younger women with breast cancer. It held meetings all over southern Louisiana and set up a Facebook account.

LCP called the project "SurviveDAT" after the rallying cry of New Orleans Saints football fans: "WHODAT!"

Going Regional, Going Viral When LCP applied for another CDC grant for the successful program, it had a big choice: keep SurviveDAT live or go totally online. While the in-person workshops drew only about 20 people at a time, the Facebook page had gained more than 2,000 followers statewide. The decision was easy from there: It was time to go virtual.

All of Louisiana could be reached with the planned website. But why stop there? LCP also got in touch with cancer control programs in other states. Right away, Mississippi and Alabama signed on, creating SurviveMISS and SurviveAL.

The goal of the "Gulf States Network" was to reach 7,000 us-

ers online in the first year. It took only 90 days to exceed that.

Information Machine

A single small team manages the websites. Each site has the same look and basic structure and facts. Individual states can add regional information such as meeting dates and support group contacts separately.

All the websites share resources such as expert advice, survivor videos and frequently asked questions. Many conferences and other live events are also recorded or streamed live online.

Looking to the Future

Dr. Williams and her partners want the project to keep growing. Already, cancer control programs in Arkansas and Florida have expressed interest.

And there are more issues to discuss. Women often have concerns about fertility, a good reason to talk to a doctor before beginning cancer treatment. Many are interested in genetic counseling, or speaking with a professional before genetic testing about possible test results and what they could mean.

Learn More

CDC has a nationwide campaign about breast cancer in young women called Bring Your Brave. To find out about your risk and steps you can take, visit www.cdc.gov/BringYourBrave. (NAPSI)

Veterans Today



Hundreds of veterans work for an organization that supplies the military and the VA.

If you or someone you care about is among America's more than 20 million veterans, here are a few facts and figures you may find interesting:

- About one in 10 Americans is a veteran.
- About three-quarters of veterans have served during wartime.
- Gulf War-era veterans now account for the largest share of all U.S. veterans.
- More than a million veterans are legally blind or have low vision.

Employing Our Nation's Veterans

National Industries for the Blind (NIB) and its network of associated nonprofit agencies employ more than 5,800 people who are blind, including nearly 600 of our nation's veterans.

These dedicated men and women working in NIB's network support our nation's veterans by manufacturing products and providing essential services for the federal government and U.S. military, including the U.S. Department of Veterans Affairs (VA). People who are blind also produce hundreds of products available to veterans and their families in military commissaries and exchanges.

One Vet's Story

U.S. Navy veteran Antonio Arbelo is one of the 27 employees who are blind or visually impaired who work around the clock to make, pack and ship medicine bottles at Alphapointe. Headquartered in Kansas City, Missouri, Alphapointe has manufactured nearly 1 billion medicine bottles for the VA since the mid-1990s.

Arbelo enlisted in the U.S. Navy in 1985. After basic and advanced training, he was assigned to an Explosive Ordnance Disposal Unit. Wound-

ed on a mission, he lost sight in one eye and was medically discharged in 1992.

After his discharge, Arbelo joined Alphapointe full-time as packer and machinist in the plastics department in support of the VA medicine bottles contract. "I'm pretty sure I've made a lot of the bottles in my medicine cabinet," he says with a laugh.

Learn More

NIB and its associated agencies are the nation's largest employer of people who are blind. For more information, visit www.NIB.org. (NAPSI)

Medical Auxiliary Needs Volunteers

COVINA - The Citrus Valley Medical Center Inter-Community Auxiliary needs volunteers. If you are a senior citizen, retired, or simply looking for something to do, join the auxiliary and be a volunteer! Volunteers are needed in the following areas: The Front Desk; the Gift Store; The Sur-

gery Waiting Room; the Bargain Box; Newspaper Delivery to patients and other areas of the hospital. Call Tiffany Ramirez, Director of Volunteer Services at (626) 925-6237 or email her at tramirez@mail.cvhp.org to start the volunteer process.

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Gabrielino High Receives Silver Medal, Named to 2018 Best High Schools List



Gabrielino High School's efforts to promote college readiness and boost student achievement have earned a silver medal ranking on U.S. News and World Report's 2018 Best High School list.

SAN GABRIEL – Gabrielino High School's comprehensive approach to promoting college readiness and boosting academic achievement has yielded a silver medal ranking on U.S. News and World Report's 2018 Best High School list. This is Gabrielino's eighth appearance on the list in nine years.

"This recognition is a testament to our staff's belief in the school's mission of 'a commitment to constant and never-ending improvement,' a mission that is at the heart of everything we do," Gabrielino Principal Sharron Heinrich said. "The school's focus on lessons that are intentional, explicit, engaging and student-centered is reflected in our students' accomplishments."

U.S. News and World Report evaluated more than 20,500 public high schools through a four-step process and awarded gold, silver and bronze medals to the top 5,948 public high schools.

The organization first analyzed proficiency in math and English language arts on state tests as well as graduation rates. Eligible schools were then evaluated on their college preparedness efforts. Advanced

Placement and International Baccalaureate participation rates and test scores were used to calculate a College Readiness Index (CRI).

Gabrielino High offers 19 AP courses that challenge students to embrace college-preparatory coursework and potentially earn college credit. Heinrich said the school has added three AP studio art courses in recent years and may add economics and psychology classes in the future.

Gabrielino students begin planning for the future during freshman year through a college prep and transition course. Students are introduced to career technical education (CTE) courses, dual-enrollment courses offered through a partnership with Rio Hondo Community College and after-school enrichment programs.

Gabrielino also has a robust college and career center with a dedicated CTE counselor who aids students with college planning and applications, financial aid and scholarship opportunities.

The center also organizes college and career fairs and coordinates college field trips and guest speakers each year to

help students explore their higher education options.

Schools ranked between 501st and 2,711st nationwide – all of which had a CRI at or above 21.51 – were awarded silver medals. Gabrielino earned a CRI of 48.1 and was ranked 145th in California and 871st nationwide.

Gabrielino's Class of 2018 graduates have enrolled at institutions like UCLA, UC Irvine, Stanford, Pomona College, Syracuse, USC, Carnegie Mellon, Northwestern and Art Center College of Design.

"Gabrielino High School works hard to prepare our students for the rigors of higher education by pairing challenging academics with programs and resources that support student achievement," SGUSD Superintendent Dr. John Pappalardo said. "Congratulations to Gabrielino High students, teachers and staff on this well-deserved recognition."

Brass Ensemble to Perform Classic Works at Lake Avenue Church

PASADENA - Organist Elvin Rodriguez and the Lake Avenue Church Brass Ensemble will perform a concert of favorite pieces by Bach, Gabrieli, Karg-Elert, and Widor, as well as hymn arrangements and original improvisations on **July 27** from 7:30 to 8:30 p.m. in the Lake Avenue Church's Worship Center. Rodriguez will play the Casavant Organ, considered one of the

world's finest organs. Admission is free and an offering will be taken. A reception will follow the concert.

Lake Avenue Church is located at 393 N. Lake Avenue in Pasadena, at the corner of Lake Avenue and the 210 Freeway. For more information, contact worship@lakeave.org or (616) 844-4721.

Americans Are Flossing in the Strangest Places

Where have you flossed other than your bathroom? If you're like nearly 40 percent of Americans, the answer is... in a car.

How about on a date? Seven percent admitted to flossing on a date. Another six percent said on an airplane, and then there was the five percent who said in a work meeting.

While experts agree that even some flossing - no matter where - beats none at all, the survey by Atomik Research for the American Academy of Periodontology (AAP) illustrates a bit of a dichotomy: Only seven percent of Americans name flossing as most important to their personal care routines when it comes to perfecting their smiles, revealing that

Military Banner For Marcus R. Moran Unveiled By AVMC Members



Marcus Moran's family at the unveiling of his military banner, Mother, Nancy Mendez, Father, Augustine Moran, Paternal and Maternal Grandparents and Members of the Azusa Veterans Memorial Committee.

By Jorge V. Rosales

AZUSA - The hanging of military banners along Azusa Avenue is a program that was started shortly after war started in Iraq, which was March 20, 2003, by the then Director of the Downtown Azusa Business Association (DABA), Peggy Martinez and then Councilman Joe Rocha. The City at that time was unable to fund the program due to budgetary constraints and as such authorized DABA to hang the banners honoring Azusa soldiers along Azusa Avenue between 5th and 9th Streets at street light posts paid through donations and fundraisers.

The preparations of banners up until January 2016 were possible due to donations by businesses, families, or individuals at a cost of approximately \$100 per banner and were hung by volunteers from the Azusa Veterans Memorial

Committee (AVMC) under the supervision of Martinez and the direction of the AVMC's Chairman, Mayor Joe Rocha.

The City did not have a formal policy for the placement of banners on streetlight poles located throughout the City up until January 2016. The adopted policy permits banners on streetlight poles that promote cultural, educational, civic, and patriotic or veterans' issues and events which contribute to the community's quality of life. The policy established three (3) distinct districts for banners: the Downtown District, the Civic Hall Campus District; and Transit Square District. Each District follows a specific theme or has a set schedule for when certain banners are to be displayed. Banners may be hung in any District for a period not to exceed sixty days. In no event shall the time period exceed ninety days.

Military banners are hung in the downtown district twice per year, from May 1 to July 31 for Memorial Day and 4th of July and October 1- mid-November for Veterans Day. The City is now responsible for all banner installations and removals. The City is also responsible for storing all banners removed and for accepting applications for new banners.

A new military banner for Marcus Moran, U.S. Army was installed by the City recently. On Saturday, July 21, the banner was unveiled for Moran in a ceremony by members of the AVMC and community volunteers. Present with Moran were his parents, Nancy Mendez and Augustine Moran, both paternal and maternal Grandparents. Moran's banner is located in front of Tardino Bros. Italian Kitchen along Downtown's Azusa Avenue.



adults can be better educated about healthy smiles and gums.

"Healthy gums are the foundation of a great smile," said Steven R. Daniel, DDS, president of the AAP and a practicing periodontist in Murfrees-

boro, Tenn. "Taking care of your gums means more than just flossing when there's popcorn stuck in your teeth or when you're killing time in traffic. It also requires integrating diligent at-home care into your

personal care routine and regular visits to a periodontist to ensure your mouth is healthy and free of periodontal disease."

So when it comes to our personal care routines, how much of a priority do we place on flossing?

Among those surveyed who said they do floss, only 23 percent rated it the single most important part of their personal care routine, as opposed to:

- * Brushing their hair (48 percent)

- * Applying moisturizer (38 percent)

- * Shaving (32 percent)

- * Cleaning their ears (25 percent)

The good news is periodontal disease is preventable and actually reversible by rethinking your oral health regimen. Follow the advice of periodontists - dentistry's experts in the treatment and prevention of periodontal disease - by brushing twice a day, flossing daily, and having an annual comprehensive periodontal evaluation. Taking these steps will soon give you that strong smile we all crave.

Visit Gumbl.org for more information, including articles and quizzes, and to find a periodontist near you who can create a personalized plan to help support a life-long commitment to healthy gums. (NewsUSA)



**LEARN MORE.
EARN MORE.
BE MORE.**

Take control of your future — today!
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626-914-8511

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