



# San Gabriel Valley Examiner

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# Jared Brown's Troop 491 Eagle Scout Project along Glendora's Marshall Trail

**GLENDORA** - On the morning of September 8th, Jared Brown, age 17, of Troop 491 Glendora, lead over twenty five fellow Scouts, adult Scout leaders, and other volunteers as they braved high temperatures, poison oak, and cactus to restore the Marshall Trail in the hills above Glendora. Together they used fire-style rakes to cut back the overgrown brush along the popular hiking trail. This service project was part of Jared's requirement to earn the rank of Eagle Scout.

Jared chose to work on the Marshall Trail for his Eagle Scout Project after talking to Dick Swinney, Chairman of the Glendora Trails Council. The third of a mile trail that connects the Morgan Ranch Road in north-eastern Glendora to the Mull Canyon Debris Basin Road had become overrun with local brush and unpleasant to hikers. Jared formed and executed his plan to restore the trail according to Eagle Scout requirements for leadership, safety, local impact, and hours of work and materials needed. Volunteers for Jared's project included fellow Damien High School students as well as



Left to right, back row: Jose Vasquez, Josip Mikulian, Wes Alameda, Jonathan Ortega, Chase Rushie, Eagle Scout Project Leader Jared Brown, Anthony Carrion, Spencer Moya, Eric Elias, Scoutmaster Michael Moya, Middle Row: Ludy Brown, Lea Brown, Kitty Hang, Isaac Le, Andres Vasquez, Logan Files, Tyler Tran, Andrew Amezcuita, Phillip Tran, Front Row: Dave Brown, Andy Tang, Alex Chice, Adam Erickson

Scouts and their parents. Material support of the project for food and sun shelters were donated by Pizza Hut and St Dorothy Catholic School. The heavy rakes used were provided by the Glendora Trails Council.

The work on the trail proved hard but uneventful for all concerned. Immediately after-

ward, Jared reflected on the lessons learned, largely about preparing for the day of the event. "I should have set up earlier in the morning," he

quipped.

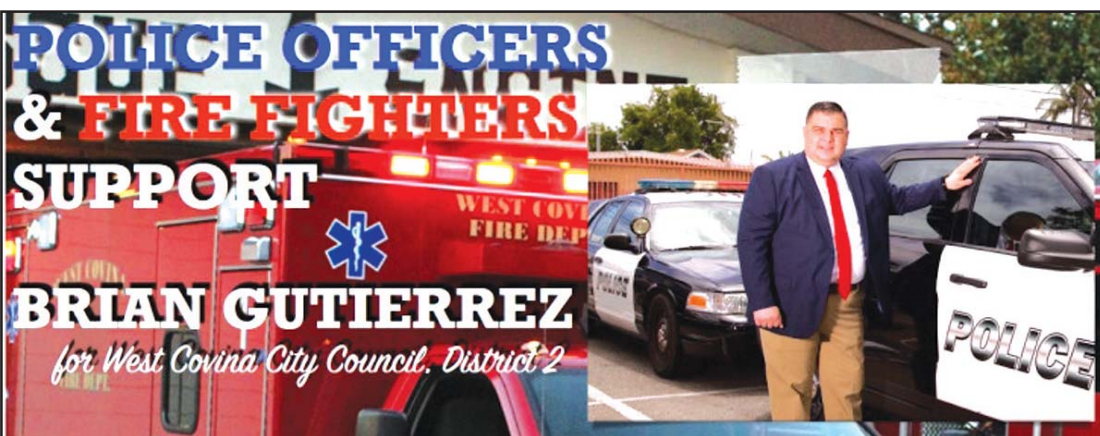
A Scout since 2012, Jared Brown is a 12th grade student at Damien High School in La

Verne and plans to attend college next year.

The Eagle Scout Service Project, or more simply the Eagle Scout Project, provides Boy Scouts in the Boy Scouts of America (BSA) the opportunity to demonstrate leadership skills while performing a project for the benefit of his community. This is the culmination of the Eagle Scout candidate's leadership training, and it requires a significant effort on his part.

For people interested in volunteering for similar work The Glendora Trails Council is sponsoring the Glendora Trails Day in Big Dalton Canyon on Saturday-Nov. 3, 2018, 8:00am-12:30 pm. All participants will be supplied with tools by the trails council. We will be doing trail maintenance on the Big Dalton Canyon Trail, Coulter Pine Trail, Dunn Canyon Trail, and the Paul Keiser Trail.

## West Covina Council Candidate Brian Gutierrez Criticized



Picture on Gutierrez's mailer with fire and police vehicles with "West Covina" photoshopped out of the picture.

By George Ogden

**WEST COVINA** - A West Covina City Council candidate for District 2, Brian Gutierrez sent out a political mailer that implied that he was endorsed by the West Covina firefighters' union when he was not. This was echoed by the union president Matt Jackson.

Gutierrez has sent out mailers "Police Officers & Fire Fighters Support Brian Gutierrez" with pictures of him in a group of people including uniformed West Covina Police Officers as well as fire and police vehicles with "West Covina" Photoshopped out of the pictures.

This has upset a number of people including both agencies. According to a local paper, "Gutierrez said he meant that individual West Covina police officers and firefighters support him, not the unions representing either group as a whole." In an attempt to contact Gutierrez, he has "blocked" the

contact venue so we could not get his statement.

Planning Commissioner for West Covina Herb Redholtz commenting only as a citizen has been outspoken about Gutierrez campaign ethics and the inability to follow the rules. He has made it clear that apparently the rules don't apply to him. Everything from campaign sign placements to filing an unfounded complaint with the Fair Political Practice Commission (FPPC) with has the authority to fine and remove people from office and jail time. Gutierrez took issue with a sign installed at a business center for Letti Lopez who is a city commissioner and running in the same district. Gutierrez filed the complaint with the FPPC and it denied for the fact that it was unfounded. Letti Lopez has the permission to install the signage and furthermore, the people allowing for the sign installed it for her. Many feel that the complaint was stupid

and a waste of time for the FPPC.

The West Covina Police Officers' and Fire Associations have not endorsed any candidate as of yet.

Redholtz believes Gutierrez has violated a number of California Fair Political Practices Commission's campaign rules including photos of the West Covina ambulance and others of uniformed West Covina police officers in his campaign literature. Also violating city ordinance rules regarding legal sign placements. "This guy can't be trusted, and he shouldn't be elected," Redholtz said. In fact, the Mayor and other councilmembers don't care for him and don't think it would be wise to vote for him because of the negative record showing up in this and past campaigns.

City Council District 2 candidates are: incumbent former Mayor and present councilman Mike Spence, former State Assemblyman and former councilman Roger Hernandez, city community and senior services commissioner Leticia Lopez and former Upper San Gabriel Municipal Water District board member Bill Robinson and Brian Gutierrez.

## Duarte Route 66 Parade



**DUARTE** - The colorful Duarte Route 66 Parade, co-sponsored by the City of Duarte, the Duarte Community Coordinating Council, and the Route 66 Parade Committee, will take place on Saturday, **September 22**. A "Thank You" will be presented to Michael Antonovich, who served our community for years as a Los Angeles County Supervisor. He is going to be the Parade Grand Marshal. Duarte High School's 2017-2018 CIF-SS 5A Champion Boys Basketball Team and Coach plus Erika Sanchez, a national Golden Glove Champion from our Duarte's Boxing Club, are this year's Community Marshals.

Celebrating the theme "Livin' The Good Life," the parade will feature antique and classic cars, marching bands, floats, and much more. This is a special anniversary year for Model A Fords ... and we will see number of them

from more than a few regional restoration clubs. Some 1,400 participants in all will take part in the event, including local schools, church and community groups, and 12 high school marching bands will compete for trophies. Participants include Duarte High Marching Band, Beckman Marching Band, Crescent Valley Falcons, Diamond Bar Thundering Herd, Diamond Ranch Band, Elsinore High School, Elsinore MS Marching Tigers, Ganessa's Own Giants Marching Band, Katella Knights Royal Regiment, and Mayfair HS Monsoon Marching Corps.

Thanks to the hard work of all the volunteers and the financial support of the sponsors, the Duarte 66 Parade is set to be a smashing success once again this year.

Thanks to a referral from Council Member Sam Kang, the Golden Eagle Aviation Group

will be at the parade with a fly over, courtesy of the Chinese American Pilot and Aircraft Owner Assn. Fulgent Genetics Inc. is sponsoring this entry. Other participants include L A County Assessor Jeffrey Prang, State Senator Anthony Portantino, and State Assembly Member Blanca Rubio. County Supervisor Kathryn Barger is sponsoring the event as well.

There will be more than 75 entries, including Duarte High's Cheerleaders, and CS Arts-SGV dancers. The new DUSD Supt. Dr. Gordon Amerson will be one of our parade announcers.

Come down on Saturday, September 22 from 10AM to 1PM along Huntington Dr between Buena Vista and Mt Olive, and join us in cheering the Parade entries and enjoy the festivities at the City Picnics at Royal Oaks Park immediately thereafter.

## League of Women Voters and Duarte Chamber to Hosts Candidates Forum

Candidates for City Council and Unified School Board will participate in separate Forums

**DUARTE** - The Duarte Chamber of Commerce and the League of Women Voters, Pasadena Area will host two separate candidate forums in the month of October. The forums will provide an opportunity for the community to meet and hear from candidates who are vying to serve on the City Council and the Duarte Unified School Board in the upcoming November elections.

The first forum on Tuesday, **October 2** will feature seven candidates competing for three seats on the Duarte Unified School Board. The Forum will

take place at the Duarte Community Center located at 1600 Huntington Drive, Duarte from 6:30 p.m. to 8:30 p.m.

Residents in the City of Duarte will participate in the first district-based election when they go to vote in the city's upcoming council elections. A field of twelve candidates are contending for five City Council seats in the November 6, 2018, election. The Duarte City Council Candidates forum will take place on Wednesday, **October 10** at the Duarte Community Center, 1600

Huntington Drive, Duarte from 6:30 p.m. to 8:30 p.m.

The League of Women Voters, Pasadena Area will moderate both forums and attendees will have the opportunity to submit written questions of the candidates during each event.

Both forums will be viewable through Duarte Public Access (DCTV) on Spectrum Cable Channel 3 in Duarte or via the web at www.dctvduarte.com.

For more information, please contact the Duarte Chamber of Commerce at 626-357-3333.

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# 9-Time Billboard Jazz Charts Legend And Grammy Award-Winner Steve Tyrell Headlines Star Party Gala

ARCADIA - The Arcadia Performing Arts Foundation opens its 2018-19 Season 7 with 9-time Billboard Jazz Charts legend and Grammy Award-winner Steve Tyrell on September 22, 2018 at the Arcadia Performing Arts Center.

The Star Party Gala supports the Arcadia Performing Arts Foundation's mission of fundraising for the performing arts center, arts education in the schools, and cultural programming in the region. The VIP red carpet experience features concert tickets plus appetizers donated by local restaurants, four-course dinner, premiere silent auction, and private meet-and-greet in the venue's outdoor courtyard. Following dinner, VIP will join general guests in the Center's state-of-the-art concert hall for the gala concert.

Dinner catering is provided by Danielson Creations. The menu features lemon chicken with capers, slow-cooked beef brisket, light alfredo penne with veg-



Grammy Award-winner Steve Tyrell

etables, roasted vegetables in mushroom compote, spring salad, and dinner rolls. Cheese and fruit table, Poke Bar, LBK Pizza, Six2Six cookies, and Merengue Bakery were donated to the event. Silent auction items include exclusive donations from St. John Couture, Swarovski, Kate Spade, Delta Airlines and many more sponsors.

Star Party Gala was organized by committee chairs Christine Lee and Patty Soldo, and honors philanthropists Alan and Sandy Whitman. Congresswoman Judy

Chu, Congresswoman Grace Napolitano, Los Angeles Board of Supervisors Kathryn Barger, Arcadia Mayor Sho Tay, and Arcadia Performing Arts Foundation Jim Romo have been invited to present certificates to the honoree.

Red carpet VIP begins at 5:00 PM and the gala concert begins at 7:30 PM. For more details and ticket information, please visit [www.arcadiapaf.org/star-party](http://www.arcadiapaf.org/star-party) or call the box office at (626) 821-1781. Tickets start at \$20 for mezzanine to \$300 VIP.

# Monrovia Unified Elementary Celebrates Reopening as Creative Arts School



Monrovia Unified community members celebrating Wild Rose's reopening as a school of creative arts on Sept. 7 with a ribbon-cutting ceremony.

MONROVIA – Wild Rose fourth-grade students grooved to and sang "Can't Stop the Feeling" in celebration of the renaming of their school as Wild Rose School of Creative Arts during a ribbon-cutting ceremony on Sept. 7.

The school now integrates visual and performing arts across all core curricula to enhance learning. Students can explore their interests while honing their creative outlets in various fields, including vocal music, show choir, dance with California Dance Institute, ceramics, and band.

Fifth-grade student Joshua Menlove, who participates in theater, dance and arts lessons, told fellow students, community representatives, parents, and school leaders during the ceremony that he is excited about attending a school dedicated to the visual and performing arts (VAPA).

"I am happy that there are more opportunities here at Wild Rose for kids to show their talents," Menlove said. "We can improve our skills so that when

we are older we can choose what we like to learn."

Monrovia Unified Board of Education President Terrence Williams lauded the school's new focus.

"We want our students to explore their passions and interests so that they have a clear vision of the college majors and careers they want to pursue after high school," Williams said. "It all starts here – where many of our students will receive their first exposure to the arts and move forward in their education and careers with confidence in their potential."

Wild Rose has garnered multiple honors for its strong VAPA program and highly qualified educators and staff, including state recognition as an Exemplary Arts School and Gold Ribbon School, and a Golden Bell from the California School Boards Association.

"I am thrilled that Wild Rose is now able to offer this experience that can so powerfully and positively impact the lives of thousands of students," said Dana

Elliott, a Wild Rose fourth- and fifth-grade combo teacher. "The arts enrich academics, as well as life, allowing us to express ourselves, and giving our students the well-roundedness with which to take on the world."

The school incorporates opportunities for students to produce a variety of artwork for public display. Halls are lined with work demonstrating integration of arts in multiple subjects. At the front of the school, a banner created by fourth-grader Melissa Monjardin depicts a bear, the school's mascot, reading a book with the tagline "Bears Strive for Excellence in Reading."

Additional live performances included an opening from students in kindergarten through grade five, singing "The Star-Spangled Banner" and a hip-hop dance routine.

"The success of our students is the reason behind everything we do," Monrovia Unified Superintendent Dr. Katherine Thorossian said. "We are so excited to have a school focused on visual and performing arts, providing a venue for our earliest learners to build their foundation in core subject skills, while extending their thinking and developing their creative talents."

# Senior Gift Shop Fall Craft Fair

ARCADIA - The City of Arcadia Recreation & Community Service Department, Senior Services Division operates a gift shop at the Arcadia Community Center at 365 Campus Drive and is open to the public, Monday-Thursday 9:30am-1:30pm and Friday 9:30am-12:30pm. Just in time for the holidays, the Arcadia Community Center Gift Shop is hosting a Fall Craft Fair, on Saturday, **October 27** from 9am-2pm at the Community Center in the main ballroom.

Crafters who wish to participate may enroll at the Gift Shop during open hours. The table rental fee is \$30 with all sales going to the crafters. Crafts can be gen-



eral or holiday themed and must be self-crafted. Sorry, no baked goods or homemade edibles are allowed. For more information

please contact the Recreation and Community Services Department Senior Services at 626.574.5130.

# Ask the Doctor: What should I do if I have an abnormal mammogram?

Every one or two years, women over the age of 40 must endure the dreaded mammogram. It is not a pleasant experience to say the least, made even more challenging by the possibility that mammogram will reveal "something wrong." Rest assured this is a completely normal reaction - even oncologists have the same thoughts when getting mammograms. But it's important to remember the facts: 9 out of 10 women's results are completely normal.

For the 10% of women whose results aren't completely normal, the next step usually involves a radiologist examining the breast from different angles, and possibly performing an ultrasound.

Of these women, only 8% will need a biopsy, and only 2% of biopsies will show cancer cells.

Once we hear the word "biopsy," anxiety and panic sets in and we often jump to the worst possible outcomes. This is also a completely normal reaction, but remember that panicking won't help the situation. Instead, putting together a plan of action (something most women are naturally good at), would be much more productive.

If you get the news that you need a biopsy, first, take a deep breath. Next, schedule the biopsy as well as an appointment with a primary care doctor to discuss your biopsy results, and if necessary, get referrals for specialists.

If your biopsy results come back with a confirmed cancer diagnosis, remember that worry, fear, and anxiety are to be expected. But try to focus on the positives and stay in "action mode." The next step at this stage is to get a consultation with a surgical oncologist and medical oncologist. You'll have to wait for this consultation to get more information about the stage or aggressiveness of the disease.

Your surgical oncologist will



Dr. Gargi Upadhyaya

discuss your options for surgery. Typically, the surgical options are a lymph node biopsy, removal of part of the breast (lumpectomy) or removal of the entire breast (mastectomy)

Whether you need a lymph

node biopsy will depend on the size of the tumor and whether your doctor can feel anything in your arm pit (axilla).

If you can, it's a good idea to meet with a medical oncologist prior to surgery. If you can't, at least ask your primary care physician or surgeon to speak to a medical oncologist about your case. For some patients, chemotherapy to shrink the tumor may be advisable before surgery. This is a decision made by the medical oncologist.

You may wonder what will happen during a surgery. During the surgery, which could include a lymph node biopsy, the surgeon will put the patient under full anesthesia. Then, they will inject a dye into the area of the tumor, and the surgeon will remove the first lymph node that picks up the dye.

It will then be sent to a specialist who will examine the lymph node and tumor under a microscope. If the lymph node shows evidence of cancer cells, the surgeon will remove more lymph nodes.

As for the tumor itself, the surgeon will remove it along with some of the surrounding, healthy breast tissue. The rule of thumb is to remove about 1 centimeter of healthy breast tissue around the tumor for a clear margin. This surgery typically takes about 2 hours, and the patient can go home the same day.

Post-surgery, the medical oncologist and radiologist will determine the stage of cancer and other factors. They'll also discuss next steps for treatment options.

Needless to say, receiving a breast cancer diagnosis is a scary, nerve wracking experience. It's natural to feel scared, sad, and overwhelmed. But if you take the process one step at a time, and communicate your concerns with your doctors, it can help alleviate some of that anxiety. Remember that doctors are on your side and rooting for your full recovery from this scary but often manageable diagnosis.

Dr. Gargi Upadhyaya is a medical oncologist/hematologist with a private practice in Glendora. Her office is located at 412 W. Carroll Ave., Suite 200. She can be reached at (626) 914-3921. To learn more about Dr. Upadhyaya and other physicians in the area, visit [www.cvhp.org](http://www.cvhp.org).

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# County Supervisors Approve Effort To Prevent Suicide And PTSD Among First Responders

**LOS ANGELES COUNTY** – The Board of Supervisors unanimously passed a motion by Supervisor Kathryn Barger, co-authored by Supervisor Janice Hahn, to review current policies, programs and services that address suicide prevention, PTSD, secondary trauma and mental health care, as well as education and outreach for first responders, emergency room personnel and crime scene personnel.

A recent report published by the Ruderman Family Foundation said that the number of firefighters and law enforcement officers who took their own lives outnumbered all line-of-duty deaths in 2017, “Constant exposure to death and destruction exerts a psychological toll on first responders, resulting in post-traumatic stress disorder (PTSD), substance abuse, depression and even suicide.”

“These brave men and women face extremely tough situations

every day, sacrificing so much to save the lives of others – they deserve our help to save theirs,” said Supervisor Barger.

The report also says that not enough agencies have programs and policies in place to address suicide prevention. “Silence can be deadly, because it is interpreted as a lack of acceptance ... that prevents first responders from accessing potentially life-saving mental health services.”

“The situations our first responders are asked to respond to can be horrific and their experiences can have lifelong effects,” said Supervisor Hahn, who co-authored the motion. “We need to ask ourselves, ‘What can we do to support our first responders and how can we get them the services they need?’”

With input from the Fire Department, the Sheriff’s Department, Probation, the Chief Med-

ical Examiner/Coroner, the Mental Health Department, labor partners and others, the motion calls for the Chief Executive Officer to work with county agencies and other relevant stakeholders and report back to the Board of Supervisors in 90 days.

The report back to the supervisors will include a collaborative and comprehensive plan to address and mitigate mental health issues and suicide among first responders resulting from job-related stress and trauma. It will examine data, best practices and research from experts concerning the unique issues related to suicide by first responders in order to improve protocols and policies. This includes training for peers and superiors to help recognize the warning signs of suicide and trauma, and extensive public education and outreach.

## Arcadia Moon Festival

**ARCADIA** – The Arcadia Chinese Association and the City of Arcadia are hosting the City’s Annual Moon Festival on Saturday, September 29, 2018 from 6:00PM to 9:30PM at Arcadia City Hall. The event will feature delicious food including moon cakes, Chinese dance performances and music, games, and arts and crafts exhibits. In addition, there will be a Moon Festival Story played by the Elite Performing Arts Group and a musical performance by the LA Young Artists Orchestra.

“We are very honored to be partnering with the Arcadia Chinese Association to host the Moon Festival,” said Mayor Tay. “This year is about building brid-

es and bringing the community together. This is the first of many opportunities for Arcadians to learn more about each other in a spirit of friendship and cooperation.”

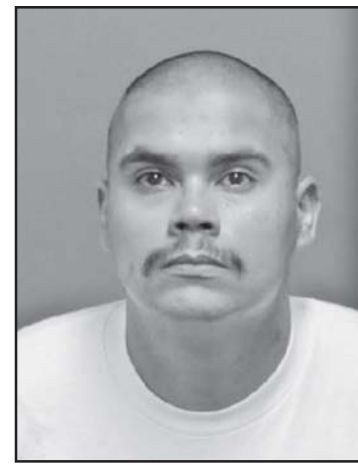
“This year’s Moon Festival is going to be very exciting,” said Arcadia Chinese Association President Jamie Lee. “We are proud of our partnership with the City and look forward to a wonderful event. Bring your picnic, blankets, and chairs to the City Hall lawn and watch the moon rise on September 29.”

Free parking for the Moon Festival is available at Santa Anita Race Track through Gate 5. For more information, please call Arcadia City Hall at 574-5401.

# Monterey Park Police Announce Arrests of Home Depot Robbery Suspects

**MONTEREY PARK** - On August 25, 2018 at approximately 7:56 p.m., two suspects entered Home Depot in Monterey Park. Both suspects selected numerous items and exited the store failing to pay for the items. The suspects were confronted by a store employee and one of the suspects engaged the employee in a brief struggle. The suspects then fled the location.

The follow up investigation and video evidence led detectives to believe these suspects additionally committed numerous commercial burglaries in multiple jurisdictions including, but not limited to, Home Depot stores throughout the San Gabriel Valley. On September 6, 2018, detectives located and



**Roger Nava**

arrested the two suspects for robbery (211 P.C.). The investigation is ongoing and the suspects may be charged with additional crimes.

The suspects are identified as Roger Nava, 28, from Alhambra. Nayeli Crystal Molina, 30, from Alhambra.



**Nayeli Crystal Molina**

Nava and Molina are currently being housed at the Monterey Park Police Department with bail set at \$100,000. Nava and Molina were set to be arraigned in the Alhambra Superior Court on Monday September 10, 2018.

## Wildfire Preparedness Subject of Duarte Town Hall Meeting, September 20

**DUARTE** - Preparing for a Wildfire Emergency will be the topic of a Duarte Town Hall Meeting held at the Duarte Community Center, 1600 Huntington Drive, Thursday, **September 20** at 6:30 pm. The general public and members of the Duarte community are in-

ited to attend.

Members of the County of Los Angeles Fire and Sheriff’s Departments along with representatives of Duarte Public Safety will lead the discussion focusing on the threat of brush fires, the importance of emergency preparedness, evacua-

tion routes, pet/equine movement and communication methods.

Free informational materials will be available. Refreshments will be served. For more information, call Duarte City Hall at (626) 357-7931.

## Help Us Help Vets During September, Suicide Prevention Month

The U.S. Department of Veterans Affairs (VA) is shining a light on effective ways to prevent Veteran suicide with its Be There campaign. The campaign highlights the risk factors and warning signs for suicide, provides information about VA mental health and suicide prevention resources, and helps individuals and organizations start the conversation around Veteran mental health in their communities.

Talking with a Veteran about mental health or suicide risk may be challenging, but we encourage community leaders, colleagues, family and friends to simply “Be There” by sharing messages of support that can help show a Veteran you care. The VA collaborated with community partners and is asking individuals across the country this month to share resources with Veterans via the

BeThereForVeterans.com webpage.

Veterans in crisis or having thoughts of suicide—and those who know a Veteran in crisis—can call the Veterans Crisis Line for confidential support 24 hours a day, seven days a week, 365 days a year. Call 800-273-8255 and press 1, chat online at VeteransCrisisLine.net/Chat or text to 838255.

## Barger Calls For Review Of Mobile Home Ownership As A Part Of Affordable Housing Effort

**LOS ANGELES COUNTY** – The Board of Supervisors unanimously approved a motion by Supervisor Kathryn Barger to develop a plan that includes mobile home parks in the effort to increase affordable housing stock for county residents.

“One of the core issues with

mobile home park ownership is the high interest rate they pay for their coach ownership – which is typically between 9 and 10 percent,” said Supervisor Barger. “This creates a hurdle for those wishing to purchase a mobile home and enter into home ownership. I

want to explore the potential of employing effective private/public partnerships we already use for single family and affordable housing development.”

The County’s Community Development Commission has 120 days to present their findings to the Board.

## A Million Reasons to Love Public Defender’s CARE Program

**LOS ANGELES COUNTY** - The LA County Public Defender’s holistic approach to juvenile legal services has won the LA County Quality and Productivity Commission’s coveted Mega Million Dollar Award.

Called Client Assessment Recommendation and Evaluation (CARE), this Juvenile Division program extends legal representation to include advocacy and service linkage. To greatly reduce recidivism, youths work with their trial lawyer in addition to in-house clinical social workers and resource attorneys who specialize in mental health and educational advocacy.

The award is given to the program that generates the most cost savings, cost avoidance and/or revenue for the County.

Since 1999, CARE has assessed and linked clients to critical services related to mental illness, intellectual or develop-

mental disability, special education, commercial sexual exploitation, homelessness, trauma, abuse and neglect. After analyzing 886 youths who received services and 1,224 who did not, an independent study conducted by Resource Development Associates found that CARE clients had significantly less repeat contact with the juvenile justice system.

A former client spoke highly of the program and the CARE social worker assigned to him. “She was like a mentor basically ... She made me think about my actions and start taking advice ... and thinking before you do something,” he said. “She made me start thinking about my future.”

Since its inception, CARE has assisted on average 1,350 youths each year and some 20,000 children overall.

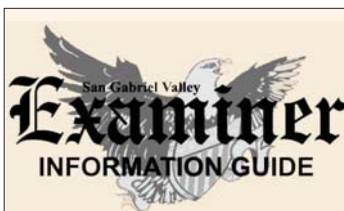
In 2005, CARE was voted Program of the Year by the California Public Defenders Asso-

ciation and in 2008, CARE received the California Council on Mentally Ill Offenders (COMIO) “Best Practices” Award.

COMIO was created by the legislature in 2001 “to investigate and promote cost-effective approaches to meeting the long-term needs of adults and juveniles with mental disorders who are likely to become offenders or who have a history of offending.”

The LA County Public Defender’s Office launched its holistic approach — expanding its legal efforts to include connecting clients to resources — in the late 1990s. The approach was implemented in the Mental Health Court to include social workers then to the Juvenile Division with the creation of CARE.

The 2018 Productivity and Quality Awards Program will take place Wednesday, Oct. 10 at the Dorothy Chandler Pavilion Music Center’s Grand Hall.



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**BART The BLOCKHOUND**  
believe me, the eyes in my back of my head are for you..



# Gas Tax and More Money Grab

Gavin Newsom supported the gas tax, then didn't support the gas tax, now supports the gas tax ... where will Gavin Newsom stand on the gas tax next week?

John Cox has flatly said he opposes the gas tax from the beginning, has not flip-flopped on the issue and says he still does not support the gas tax and continues to support Prop 6 to repeal that gas tax.

Democrat Newsom and his party portray themselves as the party for the poor and down-trodden folks of California, but I wonder how he justifies his support for this tax, or any new tax, to those who are already struggling to make ends meet

I own a fuel thirsty tank and could, I suppose, revert to a more fuel efficient vehicle or perhaps an electric vehicle, but then the car registration costs would balloon up this year and on-going into the next year unless Prop 6 passes. The electric vehicle owners were promised no increase in vehicle registration fees for going to clean energy, but the Sacramento powers that be supporting the gas tax reneged on that promise and now those owners are paying an additional \$100 a year this year. That doesn't make me want to buy a new car.

If Prop 6 is approved by the voters on November 6, any gas tax increases will require voter approval via ballot proposition for the California State Legislature to impose, increase, or extend fuel taxes or vehicle fees in the future after the recent tax is repealed. We, the voters, should have the right to vote on any tax increases the government decides it wants to levy and it is time to send that message loud and clear via Prop 6.

One of the issues coming to the forefront for many in the East San Gabriel Valley is the increasing numbers of homeless. Recently a Community Forum was



**Shade's Perspective**  
**Lois M. Shade**

**Former Mayor of Glendora**

held so residents could come out and voice their concerns to the police department and each other about the abundance of trash, feces and used needles laying around their city. The loitering in the streets and parks by their homes is an intimidation factor and is creating a sense of fear for their children's safety as well as their own. As one resident reported, the sprinklers in an adjacent park have become a place to shower for one of the homeless in her neighborhood. It isn't just this city but homelessness has become rampant throughout the state. Has anyone noticed the Sacramento majority hasn't picked up the ball and tried to do anything about the problem?

In fact, Gov. Brown and his cronies have exacerbated the problem by refusing to build new prisons or contract out to other jails or prisons to relieve the overcrowding in our prisons. Brown, and our Gubernatorial Candidate, Gavin Newsom decided instead to support and implement AB 109, Prop 47 and Prop 57 putting more than 45,000 criminals back onto our streets and into our communities. Those three pieces of legislation provided reduced sentences and early release for criminals that should still be in jail; reduced felonies ... possession of heroin, cocaine, methamphetamines

... to misdemeanors; and, redefined violent crime calling rape, hate crimes and human trafficking of a minor, to name a few, as non-violent offenses. Many of those criminals are back out on the street without the promised addiction and mental health intervention making them a number on the "do-it-again" list because there is no real penalty for their actions. We need to begin to deal intelligently with the outlaws running wild in this state and come up with a way to implement a sound mental health program that isn't just incarceration.

As our local governments struggle to maintain law and order and meet their budget needs we find twelve propositions on the November ballot and some of them have a huge impact on the state general fund and ultimately our pocketbooks and lifestyles. On the ballot are three general obligation bond proposals totaling \$14.877 billion. General obligation bonds are paid off using state general fund money and as a rule of thumb cost 85% to 95% in interest on the bond. So an \$8.877billion bond will end up costing \$8.4 billion in interest over 40 years. That means the total cost to the state's general fund on this one bond would be \$17.3 billion.

How do any of the proposed bonds deal with the homeless issue, with reducing the criminal activity and help our local governments meet the needs of their citizens without having to levy tax increases of their own?

I haven't read all of the twelve propositions but will be listening to Brad Jensen, Director of Public Policy for the San Gabriel Valley Economic Partnership, on Saturday, September 22nd, 9:00 a.m. at the Citrus Valley Board of Realtors, 504 Rt. 66, Glendora. Come join the group and know and understand the propositions, all twelve of them.

# Stand Your Ground Laws

Before I get started, I want to thank all those who responded to and gave me and the paper accolades for my article re: the so called "Boycott attempt against In-N-Out Burgers." A special thanks to a couple of people, Olive Mc Dowell and Brian Mc Nerney. Your kind words are greatly appreciated by me and this paper.

With the high influx of undesirables in our communities over the last few years, it has become dangerous to even go into your back yard as you may find an undesirable person up to no good. This can turn deadly if you're not careful.

So, what about the "Stand Your Ground Laws"? Although California does not specifically have a "stand-your-ground" law, the Castle Doctrine is similar. Under Penal Code Section 198.5, you are allowed to use deadly force within your own home if you have a "reasonable fear of imminent peril or great bodily injury."

With the comment, "within your own home" ... be careful not to compromise your safety or the safety of others by thinking that



**George Ogden**  
**That's just the way it is!**

a criminal must be in your home. If your life is in danger, you need to do what you have to do to save your own life or those around you.

In California, "A person is not required to retreat. He or she is entitled to stand his or her ground and defend himself or herself and, if reasonably necessary, to pursue an assailant until the danger of (death/great bodily injury/<insert forcible and atrocious crime>) has passed. This is so even if safety could have been achieved by retreating."

So in California, not only could you stay and fight, you can even chase your attacker if it will neutralize the threat to your life.

It is sad that today we can't be safe anywhere it seems. You have gang members that terrorize neighborhoods by having gun fights, committing crimes such as strong-armed robberies, burglaries, robberies, thefts and so on. To add to that, you have, homeless, transient, vagrants and other undesirables. Sadly, many of these people are dangerous as hell. You go into your backyard and end up confronted by one of these people, good chance you could get stuck with a knife or screwdriver. You need to be careful all the time. You "can" carry a loaded firearm into your yard anytime you want. You do not need a permit. You need a permit if you carry a gun in public. Again, you need a weapons permit to carry a gun in public.

The best way to be safe is not to get into a bad situation in the first place. However, sometime it cannot be avoided. Just do what you can to keep yourself and your family safe.

Sad to think that one may have to carry a gun just to be safe in your own yard.

**"That's just the way it is!"**

# A Tale of Two Cities

**By Charles Lopresto**

It is a tale of two cities. Well, maybe more like two villages. Shanksville, Pennsylvania, population 237 as of the 2010 census, is a tiny town some 75 miles southeast of Pittsburgh. It has only been made famous by the events that took place on September 11, 2001 with a airline called Flight 93. Farther east is Gettysburg, Pennsylvania, population 7620 from the same census. Though larger in size and more than hundred miles away, Gettysburg has been molded together with Shanksville because of events that have shaped our history as a nation. Gettysburg has been known to us since the Civil War when it defined the high water mark of General Lee's insurgence into Yankee territory. His efforts thwarted by Union forces, somewhat miraculously, brought about the beginning of the end of the Confederacy and what would have been its solidifying of a divided nation, had it succeeded. It also gave the controversial and much maligned President Abraham Lincoln his signature victory, needed to introduce from a position of strength, his emancipation proclamation.



**Charles Lopresto**

President Lincoln made a speech at Gettysburg merely two minutes or so in length, that would forever define a lot of what America was to become. And with his embattled Presidency, his burden from a tragic and desperate war, and his inability to truly bring about any unity to date, Lincoln needed this speech to work as much as his country needed this speech to work.

Shanksville was the high water mark for an invasion of a different type and a different time. The demise of Flight 93, though very tragic, was miraculously the event that thwarted the final most devastating blow of 911, had it succeeded...the destruction of either the White House or the Capitol.

So much like the hallowed ground of Gettysburg, a modern President, much maligned, controversial and embattled as well, burdened with a tragic and desperate ongoing war against Islam and his inability to truly bring about any unity to date, came to this field and made a speech acknowledging the day that reshaped what America was to become.

While Gettysburg's fires were still smoldering when Lincoln came to speak, Shanksville's claim to destiny was formed seventeen years ago under the watch of another President whose term was defined by the event. But the current President will have to continue to deal with the results of what happened almost twenty years earlier. It will be somewhat a part of what makes his "definition."

And maybe President Trump needs what President Lincoln needed...prayers instead of parody, help instead of hindrance, support instead of sarcasm and the chance to "Make America Safe Again."

It is the least we can do for two hamlets in rural Pennsylvania that both define America.

# Dealing With Grief, Part Three

More often than one might imagine, I find myself in a conversation with someone who has also experienced the death of a child. The conversation always includes this grief-centered comment; "There is something wrong when the generations are reversed like that. I was supposed to die before my child. I just don't understand it." I'm sure that when my son John died at twenty-five, that same notion went through my mind. But that logical question was smothered in the brutal painful grief I could not escape—sleeping or waking.

It was weeks following John's death that the dam was broken in a dream. Wendy and I were attending some unclear function in the auditorium of our local high school. In the midst of whatever was going on, John appears on the stage looking very uncomfortable. Our church choir was there, and had prepared a song for the occasion. It was called, "John is back." As they sang, John, still on the stage, said with his body, "I'm not back. I am gone for good. I don't want to be back." Whatever that dream may have meant, the sharp grief I was experiencing eased.

I still mourn for little John Mark. He had a thirst for life that in me has stayed remote. He was free in a way that I am not. I still live with a grief that may not be as biting, but has not gone away and lives silently just behind my right shoulder. But every so often it emerges and confronts me face to face. And I cannot hide from it.



**Charles H. Bayer**  
**THE OCEAN BY NATHANIEL HAWTHORNE**

**The Ocean has its silent caves,(Deep, quiet, and alone;)**  
**Though there be fury on the waves,(Beneath them there is none.**

**The awful spirits of the deep(Hold their communion there;)**

**And there are those for whom we weep,(The young, the bright, the fair.**

My daughter, Carol, died of lung cancer in February 2017. She had recently retired from a marvelous medical career. Her death was gradual, and after struggling with a variety of treatments, she finally said, "that's enough." I hope I can face my own death with the same courage.

Will I see my children again in some heavenly world? I think not. The gift of God is the few years of this life. I have come to believe that just as we did not physically exist in all the eons before we were born, I doubt that there is a conscious personal existence after we die. So making the most of the flash in between

birth and death is God's gift and our precious opportunity.

Their remains the last residue of a guilt I have had in taking these three little children from a safe world to the south side of Chicago. When I have expressed it to Beth, my living vital daughter who still is a nurse in New Orleans, here is her response.

*One time, a long time ago, you said something in a quiet moment to me and Carol that a huge regret in your life was moving us out of Alexandria into the chaos of Chicago. Carol, I remember well, told you very strictly and firmly, that she would not have become anything of what she is had she spent more years raised in an upper class lily white suburb. I totally agreed. What if we had ended up being raised in Alexandria? John: would never have cut up enough to end up on a sailing ship high school, and never would have become the lighthearted free spirit that travelled all over the world in his short life.*

*Carol: would never have been a high school dropout, and therefore would never had walked into Wheaton College demanding they let her be a token dropout. Therefore, she probably would never have become a physician. She certainly would not have become the first psychiatrist, the youngest person, and the only woman to have been elected a delegate from Louisiana for the AMA. She would have never born the father of your great-grandtwins.*

So that matter is settled. Now it is left for me to spend the gift of every day thankful for my children, supported by Beth, Wendy, and friends here and far, as I seek to make the most of my remaining days—thankful for every minute.

Contact Charles Bayer at [candwbayer@verizon.net](mailto:candwbayer@verizon.net)

## Community Articles Are Welcome

We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to [SGExaminer@aol.com](mailto:SGExaminer@aol.com). Articles should be in Word format while photos should be in jpeg.

# "TIME JOCKEY" - County Fair

**By Joe Castillo**

**Los Angeles...** It's that time of year when County Fair season hits and the biggest of them all, the Los Angeles County Fair is in full swing. Now in its 96th year, the Fair seems bigger and better than ever before. Since August 31st and running through September 23, hundreds of thousands of fun seekers have flocked to the Pomona Fairgrounds to see for themselves what a real county and country fair is all about.

Hundreds of rides and food booths are scattered throughout the fairgrounds with pavilions housing everything from the latest sewing machine to the newest type of cleaning solvent. This year's theme was Preserving Route 66 and displays were located in a variety of places with stories of America's Mother Road. Live entertainment was also showcased with notable groups like The Commodores, KC and the Sunshine Band, Grand Funk Railroad, The Beach Boys, War and the Tower of Power and Bad Company all scheduled to appear on stage.

It would appear that the Fair is all about fun and entertainment but there's also a large amount of education taking

place with the country animal and agriculture pavilions providing an ample opportunity for kids to learn anything they wanted to about farm animals. For instance I came across a 3 week old Holstein calf that I was told weighed 200 pounds already. The Holstein originated in the Netherlands and Germany and as far back as 1621 there are references to the breed arriving in this country. They are black and white in color with cows weighing up to 1,500 pounds and bulls weighing 2,100 pounds at maturity. Holsteins are the most popular breed and the highest in production. The Jersey breed originated on the island of Jersey and was brought to this country in 1850. The breed comes in a variety of colors; they are very angular and are known for their ease of calving. The Mexican Corrientes cattle are a breed of Criollo or Spanish cattle first brought to the new world in 1493. The cattle were small in breed and were mainly used for sport. The average weight was 800 pounds but their high fertility rate made them a great breed to quickly grow a herd. The root of the Texas Longhorn breed goes back to the 1400's when gold

seeking Conquistadores brought them here. By the 1800's they were used throughout the west and their resistance to Texas fever made them one of the few breeds to survive the fast spreading disease. The Guinness Book of World Records recorded the widest spread of Texas Longhorn horns at 9.7 feet from tip to tip making it an animal you didn't want to mess with.

Goats, chicken, sheep and horses were all on display at the Fair and petting zoos were set up for kids to get an up close look and feel. But perhaps the best thing was to drink a carton of cold fresh chocolate milk. On a hot day, it was the best way to way to enjoy the fun at the L.A. County Fair ...

*Joe Castillo is a freelance historical writer who has been covering Southern California history for 10 years and has written 4 books on the topic. He can be reached at [joecastillo@aol.com](mailto:joecastillo@aol.com)...*

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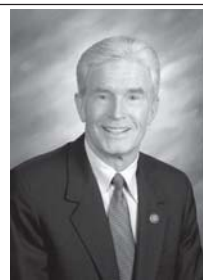
# Global Liquidity Pours into U.S. Equity Markets

Most investors are well aware that the stock market is a forward-discounting mechanism that trades more on forward guidance than on current financial performance. A company can put up huge quarterly numbers and blow out all the Wall Street estimates, but if it "guides" down sales and/or earnings for the upcoming quarter or full year, its stock may get crushed. That's just the way it is, and we all have been on the receiving end of this good news/bad news quarterly release whipsaw. Investing is subject to the dynamic psychology of perception versus reality, and much of the time perception wins out.

As of the end of August, investors' perceptions of forward market conditions are nothing short of exuberance. Capital flows into U.S. equities seem unquenchable with the heavyweight favorite (tech stocks) charging to new all-time highs. Euphoria is running high for the U.S. stock market, now considered the only game in town relative to global investing. All the right things to keep the rally in an uninterrupted run may be falling into place. That has caught many fund managers underinvested and aggressively upping their equity weightings so as to at least keep pace with the major averages.

When bullish perception and bullish reality converge, as they have in the present investing environment, the "I have to own it" attitude can be unleashed. Third-quarter GDP is set to top 4% again, core inflation is holding near the Fed's 2% target rate, the yield on the 10-year Treasury is camped out below 3%, and the

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

dollar has pulled back on a narrative that further Fed tightening may cease in 2019 and quite almost unbelievably after the September 26 FOMC meeting. Translated, we might anticipate a year-end rally - which may already be under way.

What is most impressive is that the current rally is broad-based, evidenced by strong weekly rotation from sector to sector with technology and consumer discretionary stocks outperforming the other nine market sectors. The current market rally is grounded on solid earnings growth. According to the latest FactSet Earnings Insight (August 31, 2018), 99% of the companies in the S&P 500 have reported results for the second quarter, with 80% reporting a positive EPS surprise and 72% a positive sales surprise.

Sure, tax reform can juice up earnings, but there is no substitute for strong top-line revenue growth. The year-over-year revenue growth rate for Q2 2018 was 9.9%, marking the highest growth rate reported since Q3 2011 (12.5%). Business investment and consumer spending are stoking investor confidence.

The second-quarter numbers

were historic. For Q2, the blended earnings growth rate for the S&P 500 was 25%, marking the second highest earnings growth since Q3 2010 (34.1%). Spending by businesses on technology and automation led the way. For Q3, analysts currently expect earnings to grow 20.3% and revenues 7.7%. That could even prove conservative, as have both the first- and second-quarter estimates.

There is also a bullish story for the S&P 500. While the market is trading at all-time highs, earnings are robust enough to maintain a forward P/E for the market of around 16.5 times earnings, which is slightly above fair value (but not overvalued relative to double-digit earnings growth). Stocks are moving higher in tandem with earnings growth. With analysts currently expecting earnings to grow near 20% for the rest of 2018, the prospect of the S&P 500 trading to 3,000 by year-end is imaginable.

Aside from positive economic fundamentals, there is a huge volume of global liquidity seeking total return from both growth and dividend income in a place where the underlying currency is stable, interest rates may be leveling off, with tame inflation, a proactive tax policy, and full employment, in a place known for its robust consumer spending - which accounts for 70% of GDP growth. That place is the USA!

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*I welcome your questions and comments : kenherman46@hotmail.com*

# Your Money - Ask Julia

*Is there an investment that I can rely on to get payments for my whole retirement lifetime?*

My clients usually either decide to invest in fixed or fixed-indexed annuities, or get a fixed-indexed universal life insurance policy. Both of these product lines have changed tremendously in the last 5 years. Insurance companies that issue of these product lines came to realize the negative points that scare folks away from investing in them, so they have re-written the book. Now these products are packed with a variety of living benefits, and most, if not all, carry a promise that you can receive income for life.

*The stock market is doing okay, but I'm older now, and I don't have time to recover from another big loss. How can I protect my retirement savings?*

If you leave your money where it is, you stand the chance of the same thing happening again. If you move your money to CDs and Money Market accounts, your money is safer, but when you factor in the low rates, taxes, and inflation, you're probably losing money. There are new and better places for your money. When you look at these, don't get caught up in "semantic biases." Here's what I mean. What's the first thing that comes to mind when I say, "Nitroglycerine." About half of you will say, "Explosives." The other half of you will say, "Heart-attack, life-saving medication." Neither is wrong; you're just expressing your "semantic bias." When



**Julia Yoder**

looking at different places for your money, it really doesn't matter what the product is named - focus on what it can do for you. The good news is that there are a couple of much safer places for you to put your money.

*I know that term life insurance is the least expensive, and that whole life insurance is the most expensive. Is there anything in-between?*

What my clients like to do is get a life insurance policy that can, like whole life, build a cash account, and then add to it a term life insurance policy to cover the "what ifs" during the earlier years of life. The "what-ifs" usually include the possible loss of a breadwinner's income that is spent for housing and college educations. When the house is paid for, and the kids are through college, the term policy can expire with the whole-life-like policy still in effect.

*Is there a way to offset the copays of Obama's "Affordable" health insurance plans?*

There are 4 levels: Bronze,

Silver, Gold, and Platinum. Copays on the Bronze are higher than the Silver level, which is higher than the Gold level, with the lowest co-pay at the Platinum level. You're going to pay higher premiums for lower co-pays. For more adequate coverage, you might want to check out supplementing with non-insurance medical discount plans and accident plans. (See below.)

*We're new to southern California and need to know how to be prepared for an earthquake. How can we get supplies without busting our budget?*

You can find earthquake preparedness on various internet sites. The Red Cross site gives you a Before, During, and After guide. Check to see what you already have on hand. Then go to an Army Surplus store, and check bargain racks at grocery and drug stores. Start by getting the absolute necessities, then continue to add items.

**Ask Julia by email: juliayoder@yahoo.com**

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/RE Broker 01238153/NMLS 248681/Nat'l. Ethics Assoc. Home loan application: <https://blink.mortgage/app/signup/p/allsourcemortgage/juliayoder>. Accident-Medical-Dental discount plans: [CalStarBenefits.com/28485](http://CalStarBenefits.com/28485)

## Future Planning Saves Time And Money

When I first opened my first business in Glendora, I was at the lowest point in my life. People would ask me, "How are you?" and I would respond, "Thank God!" There wasn't anything I could lose and it was a natural response for me said autopilot.

Now I choose my responses carefully. I used to be afraid of questions and not knowing all the answers. After all, we all care about living and not about dying. No one is immune to losing. Least of all those in my family.

Asking Questions

As a funeral coordinator for 20 years, I don't generally ask too many questions. I like to listen and answer with my 20 years of aggregate experience. Going back to the most dreaded question: "How much does this cost?" To quantify a human experience in a tangible form takes an entire family discussion. So please discuss with your loved ones what is needed before calling me. Another



**Maria Cho**

good one is: "How soon can the funeral take place?" Please discuss this with your religious leaders.

This & That

I look forward to my trip to Israel with Msgr. Norm Pribe. I will be praying for your families and my own too. They need to be coming home early enough to cook for their children. I personally don't care too much for fast-food in general anymore (In-n-Out may be the exception.) Also, I don't care too much for Chinese food in America (No MSG?).

My daughter Jennifer keeps

telling me about this "Restaurant" in Torrance. I can't remember the name but eating Chinese food or any restaurant for that matter is like asking me to pay for something I don't want or need. Having pass my national Korean chef certification, I love to cook with fresh ingredients and make my own kimchi.

People often say: If you want something done right, you've got to do it yourself. If you want a tailor-made memory, then leave a beautiful funeral service behind.

My children will do everything for me. This is MYTH #1. My children can't do anything right for themselves. That's why I made them also take out their own funeral insurance under their own insurance licenses.

If you have any questions, please do not hesitate to contact me at (626) 890-9545 or email me your questions at mariacho911@gmail.com.

## THE CAR GURU

WHAT YOU "AUTO" KNOW

By Gene Morrill - Certified Automotive Specialists

## How Is Your Transmission?

There are two types of transmissions, as you all know; manual and automatic. Here are some signs that they might need a checkup by a professional:

**Automatic**

- Thankfully today we don't have to guess as much as we did in days gone by. We have dashboard lights that illuminate to alert of a potential problem. It could be the "check engine light" and it may pinpoint it even better as a transmission problem by showing the "reduced power" light.

- If your car simply won't move even after it starts just fine, this could be telling you a major transmission failure has occurred.

- Slippage is another indication and is an odd sensation if you have never experienced it before. It may be a simple issue like a control solenoid or a serious issue such as loss of pressure.

- If you notice a leak on the ground it could be transmission fluid. Look for red (fresh fluid) or shades of red/brown as the fluid ages.

- Noises you may experience if your transmission is not as healthy as it should be are grinding or whining.

**Manual**

- Just like with an automatic transmission, if your vehicle starts fine, but won't move, it could be a transmission issue.

- Shifting issues often indicate worn rings or gear teeth. These can make it difficult to shift gears, cause the gears to clash or

even jump out of gear!

- If you notice a brown leak on the ground, this tells you the gear oil is leaking. A professional can find the leak for you as it can come from a few locations.

- If you hear a growling, grinding or whining noise, this can signal low fluid, worn bearings and/or gears.

If your car is experiencing any of these problems, please contact your automotive repair professional. They can quickly diagnose the problem and tell you the best solution for your vehicle.

Certified Auto Specialists wants to be your GO-TO place! Feel free to call 626-963-0814 with any questions and we will be glad to help, or visit our website at [CertifiedAutoCa.com](http://CertifiedAutoCa.com).

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## City Of Duarte Seeks New Parks And Recreation Director

**DUARTE** - The City of Duarte is seeking a community-focused municipal parks and recreation leader to serve as its next Director of the Parks & Recreation Department. Long time Parks and Recreation Director Cesar Monsalve recently announced his intent to retire effective December 13th of this year. The ideal replacement will be a well-respected, proven leader who understands all aspects of Parks and Recreation, is forward thinking and willing to promote new and exciting ways to deliver recreation programs that enrich the community. He/She will be an excellent communicator who practices active listening and presents information in a clear and compelling manner to the

City Council, city commissions and committees, outside agencies, and members of the community. This person will also be skilled at hiring, training and motivating staff. Finally, the selected candidate will be someone who thrives in an environment where interdepartmental coordination, a team mentality and a high degree of professional courtesy are expected.

In terms of training and experience and skills and abilities, a typical applicant for this position would have a Master's degree in Public Administration, Management, Recreation or a closely related field AND 8-10 years progressively responsible experience in the field, including at least 5 years in a supervisory capacity.

The salary range for this position is \$132,972 - \$158,916 per year, DOQ. Duarte also provides an excellent benefits package, which includes CalPERS retirement based on appointment date and membership status with CalPERS, e.g. 2% @ 60 or 2% @ 62; generous City contribution to family medical insurance; City-paid dental, vision, short and long-term disability insurances. City-paid Employee Assistance Plan (EAP) and life insurance in an amount equal to employee's annual salary. 4/10 work schedule (closed Fridays), 11 paid holidays, 82 vacation hours (to start), 96 sick hours. Deferred compensation plans, credit union, tuition reimbursement, and computer loan pro-

gram available. Department Heads are provided with a City vehicle for City business and limited personal use.

Please apply on-line at [www.allianceRC.com](http://www.allianceRC.com) by October 5, 2018.

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# Around the Valley & Senior News

## AZUSA

### Volunteer Drivers Needed

Do you have some extra time to spare? Are you a good driver? The Azusa Senior Center has a great volunteer opportunity for you! The Azusa Senior Center is currently recruiting volunteer drivers to deliver lunches to our homebound seniors in the city of Azusa between the hours of 10:30 a.m. and 12:30 p.m. If you are interested, please contact Lynda Prewitt for more information at (626) 812-5204, ext. 5303.

### TOPS Meeting

TOPS (Take Off Pounds Sensibly) #950 Azusa has been serving the San Gabriel Valley since 1967 and has successfully supported and assisted men and women in their pursuit to lose weight. Through group support to start living the good life by eating healthy and doing exercise.

TOPS is a non-profit weight loss group which meets weekly every Thursday at 9:00AM to 11:00AM at Soldano Senior Village in their meeting room in Azusa. There is no obligation, all visitors are welcome.

For more information, call Norm Klemz, 626-967-8829

## ARCADIA

### Orchid Hobbyists Meeting

San Gabriel Valley Orchid Hobbyists welcome you to our **September 20** Monthly Meeting at the L.A. County Arboretum 301 N. Baldwin Ave. Arcadia, Ca. Palm Room. Judging at 7:00 p.m. Meeting at 7:30 p.m. Our Program will be an American Orchid Society Webinar "What is an Orchid?" The Webinars are popular and informative! Refreshments. All are invited.

### Father Daughter Dance!

Fathers, Grandfathers and Uncles, treat your princess to a night filled with fun and excitement while creating wonderful memories together. Come dressed in your most elegant attire for an evening featuring gourmet dining, a DJ, dancing, exciting games, and activities. This event is for girls ages 4-13 and is \$52 per couple, \$25 for an additional daughter and will take place at the Arcadia Community Center, 365 Campus Drive, Arcadia on Friday, **September 28**, 6:30-9pm. Advance registration is required. No registration will be taken on site. For more information please call 626.574.5113.

### Instructors Needed

Do you have a talent you want to share or have a love for teaching? The City of Arcadia is always looking for quality, dedicated instructors to offer a variety of programs to residents and surrounding communities. The best contract instructor candidates are individuals who combine a sincere interest in community service with a desire to supplement their existing income. Go to [www.ArcadiaCA.gov/recreation](http://www.ArcadiaCA.gov/recreation) for the Prospective Instructor Application or call the Recreation Office for more information.

### Arcadia Senior Card Club Looking For New Members

The Arcadia Senior Card Club is accepting new members. Arcadia residency is not required. Play contract bridge or pinocle. The group meets at the Assistance League Community House, 100 So. Santa Anita Avenue every Monday from 9:00 AM to 3:00 PM. Lunch is provided for a nominal fee or bring your own lunch.

The group is open to men and women 50 or older. The annual dues are \$5.00. For more information call 626-281-6771.

### BALDWIN PARK McNeill Fitness

## Program

A challenging but accessible workout regimen, which includes basic calisthenics, arm workouts, legs and torso, and a steady run/walk around Morgan Park. Nutritional guidance is also offered. Eating well and exercising will not only improve your overall health, but also improves your mood and energy levels. Group meets in senior center dining hall Monday through Thursday from 8:00am - 9:00am. This class is free to participate. For more information on the class or registering, please visit the Julia McNeill Senior Center or call (626) 813-5245, Ext. 323

## COVINA

### Friendship Garden Club Meeting

The Friendship Garden Club welcomes back its members and guests at the first meeting of their new year on Thursday, **September 27** at Noon. The Club meets at the Covina Woman's Club, 128 S. San Jose Avenue in Covina. The Garden Club was founded in 1949 and members today continue its goal of exchanging gardening ideas, to interest more people in home gardening, and to develop friendships. Following a brief business meeting, a representative from the Huntington Library and Gardens will speak on the highlights of the Japanese Garden. A lovely tea will be offered following the speaker's presentation. All interested parties are welcome to attend. For more information, call 626-422-7904.

### BUNCO!

The City of Covina Parks & Recreation Department is hosting BUNCO at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on the 2nd and 4th Thursday of each month, 1-3 p.m. The cost is \$2. For more information, call (626) 384-5380.

### Indoor Chair Beach Volleyball

The City of Covina Parks & Recreation Department hosts "Indoor Chair Beach Volleyball" at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Thursdays, 1:30-2:30 p.m. For more information, call (626) 384-5380.

### Free Ice Cream Social! (Ages 50+)

The City of Covina Parks & Recreation Department, along with co-sponsor AGA, inc. is hosting Free Ice Cream Social at the Covina Senior Center (temporarily located at Lark Ellen Elementary School, 4555 N. Lark Ellen Ave., Covina) on Friday, August 3 at 12:30 p.m. For more information, call (626) 384-5380.

## DUARTE

### Meals on Wheels

Eligible seniors can receive a hot lunch and cold dinner plate delivered each weekday, or seven frozen meals delivered once a week by YWCA Intervale Senior Services. For more information, please contact the Duarte Senior Center at 357-3513 or Intervale at (626) 214-9465.

### Hot Lunches at Senior Center

The Senior Center serves hot lunches Monday through Friday to individuals over 60 years, or the spouse of someone over age 60, and must check in by 11:45 a.m. for lunch. Reservations are requested by calling 357-3513, 24 hours in advance, and 48 hours, in advance, for a choice day. The suggested donation is \$3. The Duarte Senior Center is located at 1610 Huntington Drive.

### Alzheimer's Safe Return Registration

Safe return is a service of the Alzheimer's Association to help identify, locate and return Alzheimer's victims who wander and become lost. The one time registration includes identification items, preventative information, membership in the Alzheimer's Association, and participation in a nationwide search system. Call the Duarte Senior Center at 357-3513 for an appointment.

### Volunteering Does Your Heart Good!

The Duarte Senior Center is always in need of volunteers. If you would like to give back to the community, please consider being a Senior Center volunteer. For more information call 357-3513.

## GLENDORA

### Drawing Classes

Drawing is the basis of all arts. Anyone can learn how to draw because it is a skill. Artistic talent is not necessary, only a desire to learn! Explore line quality through the study of master drawings as well as negative space, proportion, chiaroscuro, composition, and perspective. Or take your drawing skills to the next level! Draw on a larger scale by trying different mediums and paper.

Fee: \$100\* for the session. A supply list will be given to you on the first day of class. Thursdays, Sept 6 to Oct 11, 2018, 6:00pm - 8:00pm

Register online at [www.cityofglendora.org/register](http://www.cityofglendora.org/register) or in person at the La Fetra Center.

### Alzheimer's Peer Support Group

Caring for a loved one with Alzheimer's can be frustrating, challenging, and sometimes distressful. This peer support group is designed to share experiences, coping strategies, information, and ideas with each other, and to offer understanding and encouragement to one another. We meet the **2nd Thursday of each month** from 6:30-8:30 pm at Glenkirk Church, 1700 Palopinto Ave., Glendora, in Room #11. We caregivers look forward to lifting each other up as we journey through this season of life. For more info, visit [glenkirkchurch.org](http://glenkirkchurch.org) or call Glenkirk's church office at (626) 914-4833.

### Glendora After Stroke Center

A non-fee program for stroke survivors and their families. This supportive program offers re-learning (reading, writing, speech), caregiver support, current events, card games, snacks, resocialization, exercise, music, speakers, day field trips, and stroke support. Lunch is available (\$3 senior lunch or \$2.75 deli sandwich). For more information, please call Sonia Schupbach at (626) 963-6186. The program is **Wednesdays** 9:00 a.m.-3:00 p.m. Co-sponsored by The After Stroke Center and the Glendora Community Services Department.

### Cars 4 the Community

Glendora Rotary has a new and exciting vehicle donation program, called Cars 4 the Community. We are asking for your old car, boat, motorcycle or RV, running or not, be donated and receive a 100% tax deduction for the proceeds.

This program helps our schools, community, country and the world. Call 626-963-0814 for more information.

### Instructors Needed At The La Fetra Center

The City of Glendora's La Fetra Center is looking for new class instructors! We are seeking out instructors to teach the following: Cooking classes, Spanish lessons, and American Sign Language (ASL) classes. Share your talents with your

peers! If you would like more information on teaching a class at the La Fetra Center contact Jennelle Markel at (626)9148-8235, or email at [jmarkel@ci.glendora.ca.us](mailto:jmarkel@ci.glendora.ca.us).

## LA VERNE

### Get About

### Transportation

Get About provides transportation for seniors aged 60+ and disabled residents of Claremont, La Verne, Pomona, and San Dimas. The door-to-door service can be used for shopping, doctor's appointments, church, senior nutrition sites and many other locations within the four cities. The service operates seven days a week and membership is free.

To Register: (909) 621-9900. To Schedule a ride: (909) 596-5964. For more information, contact Abby Nuyda at 909.621.9900, Extension 228.

## MONROVIA

### Senior Blood

### Pressure Screenings

The Department of Community Services invites active adults and seniors, 50 years and older, to attend a monthly blood pressure screening. The free program is hosted by Methodist Hospital. The program is designed to detect high blood pressure. For additional information, please contact the Department of Community Services at (626) 256-8246.

Blood Pressure Screenings is at the Community Center, 119 West Palm Avenue on the **Second Tuesday of the month** from 9:15 a.m. - 10:15 a.m. and on the **Fourth Wednesday of the month** from 9:00am - 10:00am

### Caring Crafters

If you have an interest in knitting, crocheting and hand work or would like to learn, join us at the Monrovia Community Center **every Wednesday**. The Friendly Crafters is a social group that meets every Wednesday from 12:00 p.m. to 3:00 p.m. and is designed to foster friendships and provide social opportunities while crocheting and knitting. The group always welcomes new participants to teach and share new ideas! This free program is offered to all Seniors and Active Adults! Crafters meet every Wednesday from 12:00 p.m. - 3:00 p.m. at the Monrovia Community Center.

### Senior Stretch & Exercise Class

Stretching is essential for our bodies. The Department of Community Services invites seniors to join our weekly senior stretching and exercise class. The class includes stretching techniques geared toward seniors over 50, though the class is great for anyone in need of a good routine. Movement increases range of motion, relaxation, and decreases risk of injury. Participants should wear comfortable clothing and shoes. Bring a towel and bottled water. For additional information, please contact the Department of Community Services at (626) 256-8246.

Classes are at the Community Center, 119 West Palm Avenue on Mondays from 1:00 p.m. - 2:00 p.m. and Fridays from 9:00 a.m. - 10:00 a.m. Fee: \$2 per class.

## SAN DIMAS

### San Dimas

### Toastmasters Club

The San Dimas chapter of Toastmasters International, Toast To The Best Club, Club # 5880 meets every 1st and 3rd Thursday from 7PM to 8:45 PM. Learn to motivate and lead. Challenge yourself with Toastmaster's proven education programs. Let us help you grow your strengths and accomplish your goals. Become a better speaker and learn to communicate with confidence. Learn these skills and more in a supportive, self-paced, fun atmosphere. Meets at the

Faith Lutheran Church, Parish Hall, 505 E Bonita Ave. Contact Art Douglas at (951) 505-0555.

## WEST COVINA

### TOPS Meeting

TOPS (Take Pounds Off Sensibly) meets **every Thursday** at 6 pm at the West Covina Senior Center, 2501 E. Cortez St in the classroom building. The weight loss group seeks members who wish to lose weight and maintain a healthy lifestyle. Meetings last until about 7:30 and the first meeting is free. Visitors are always welcome. Come for support with your weight loss journey. You can do it! For more information, contact Erika Hernandez 626-384-0502 or email: [ehernandez57@aol.com](mailto:ehernandez57@aol.com)

### Go West Shuttle Service

The Go West Shuttle service consists of three alignments (Red, Blue, and Green) that serve destinations throughout the city including Plaza West Covina, Eastland Shopping Center, Heights Shopping Center, West Covina Civic Center, West Covina Senior Center, Cameron Community Center, and many

more.

• For questions on the location of shuttle stops, assistance in locating the stop closest to you, and route schedules please call (800) 425-5777.

• The fixed-route service operates Monday through Friday from 6:30 a.m. to 7:00 p.m.

• The fare is only \$1.00 each way.

• No Service on Thanksgiving, Day after Thanksgiving, Christmas Eve, Christmas Day, New Year's Day, President's Day, Labor Day, Memorial Day, and Independence Day.

### Senior Lunch

The West Covina Senior Center has an award-winning lunch program that provides a **daily lunch service** for seniors, Monday through Friday at 11:30 a.m. The lunch program is funded in part by the Los Angeles County Area Agency on Aging.

There is a suggested lunch donation of \$2.00 for those 60 years and older. Persons younger than 60 years old pay \$4.00, and persons with disabilities younger than 60 years pay \$3.00. West Covina Senior Citizens Center is at 2501 East Cortez Street.

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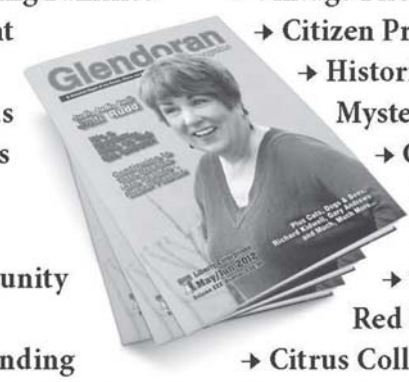
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# The San Dimas Charity Pro Rodeo



Bob Hardcastle of the San Dimas Rodeo gives his presentation about the Rodeo while Glendora Chamber of Commerce, Director, Joe Cina looks on.

By Jayam Rutnam

**GLENDORA** - The Glendora Chamber of Commerce "jumpstarted" their networking with a Coffee Mixer on the morning of September 7th, with an interesting speaker, Bob Hardcastle of the San Dimas Rodeo.

About thirty members of the Chamber and their guests attended the mixer, where Bob

spoke about the 24th Annual San Dimas Charity Pro Rodeo, which will be held on October 13th and 14th (Saturday and Sunday).

The San Dimas Rodeo is held at the Horsethief Canyon Park in San Dimas.

Tickets can be purchased online at [www.sandimasrodeo.com](http://www.sandimasrodeo.com) or telephone 909-394-7633.

# 64 Year-Old Veteran Makes Solo Run Across Death Valley in Heat of Summer for Charity

To say that John Radichis not your average military veteran could be the understatement of the century. John ran his first marathon in 1974 and his first ultra-marathon in 1980. Ultra marathons are defined as long distance running longer than a marathon.

Since then, he has ran 90 marathons and over 100 ultra marathons, including the Douglas Arizona 6-Day race (where he is the course record holder at 375 miles), 21 times across Death Valley, 4,500 km from Athens, Greece to Hamburg, Germany, over 2000 miles across America and across the middle of Australia non-stop.

So for John Radich to say, "I don't think I've ever been that tired in my life," means something.

In the middle of one of the hottest summers on record, at the young age of 64, John Radich finished a 135-mile non-stop solo run while pushing a 75-pound baby jogger with supplies from Whitney Portal Road (8100 feet), across Death Valley, to Badwater Basin (-282 feet), the lowest point in the Western Hemisphere...in only 61 hours.

During his run (which averaged 40-50 miles per day), he braved scorpions and rattle snakes along with several potentially deadly windstorms with winds topping 75 miles per hour and temperatures that reached a blistering 127 Fahrenheit (over 180 Fahrenheit on stretches of asphalt). He recounts his adventure with almost surrealistic calmness:

"Last year I got bit by a scor-



John Radichis

pion. This year I was lucky, I didn't get bit by anything.

"At one point, I was running up Panamint Valley Road. I had 13 miles of a 10% grade uphill. Oh, my god, you can't run on the up-hills unless you're a super-human cyborg," John said, as if anyone could run 135 miles across Death Valley in the middle of summer.

Why was John doing this?

John is a Goodwill Ambassador for The Way to Happiness Foundation International, a non-profit organization based in Glendale, California, with chapters in many countries around the world. Its purpose is to uplift kids and families, towns and entire countries by instilling decency and social responsibility using the booklet, The Way to Happiness.

To put it in John's words:

"I am an ultra marathoner. It's a passion. I thrive on the

adventure. It's you versus the environment. Death Valley is the hottest place in the world. Having run for so many years,

it's a God-given gift but to be able to do it and to help a Foundation that helps kids stay clear of drugs, and helps them with bullying and helps them to make good choices - I couldn't run across Death Valley on my own without a purpose. My purpose is to help people on this planet, especially kids.

"Some patches were rough; the heat was getting to me. But, you know, the world is tough - people getting shot and overdosing on drugs and human trafficking. In my own little way, by doing this, I AM making a difference on this planet."

More information about The Way to Happiness Foundation and its programs can be found at [www.TheWayToHappiness.org](http://www.TheWayToHappiness.org). To donate, go to [www.GoFundMe.com/JohnRadich](http://www.GoFundMe.com/JohnRadich).

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# Twelve Initiatives on November Ballot

**GLENDORA** - On Saturday, **September 22**, the 48th Assembly District Republican Central Committee (48th ADRCC) and the Citrus Valley Board of Realtors is joining with the SGV Economic Partnership presentation of the November 6th ballot initiatives. This is a non-partisan informational event open to all in our San Gabriel Valley communities and members of the Board of Realtors.

Do we know what those initiatives really say, really do and really cost? Our goal is to ensure we are all well-informed, knowledgeable voters casting ballots in the November 6th election!

All twelve of the initiatives

on the ballot will be presented by Brad Jensen, Director of Public Policy for the San Gabriel Valley Economic Partnership. The Partnership Board includes business, local government, colleges and universities and non-profit organizations committed to advancing the economic vitality and quality of life in the San Gabriel Valley.

Please join us for a factual presentation of the twelve initiatives on the November 6th ballot on Saturday, September 22nd at Citrus Valley Association of Realtors, 504 E Rte 66, Glendora at 9:00 a.m.

RSVP please  
lmshade1043@gmail.com so we have enough coffee and chairs for all.

# Warner Pacific Properties Announces Grand Opening of Ulta Beauty at Monrovia Landing

*Ulta Joins T.J.Maxx, HomeGoods, ALDI and Two New Tenants*

**MONROVIA** - Warner Pacific Properties, a real estate investment and development company, announced today the opening of Ulta Beauty at Monrovia Landing shopping center at 729 E. Huntington Drive (Historic Route 66) and S. Shamrock Avenue, in the City of Monrovia, California. The new store celebrated its grand opening on Friday, September 14th. Ulta Beauty joined T.J.Maxx, HomeGoods, ALDI, O'Reilly Auto Parts and two new tenants.

Ulta Beauty is the largest beauty retailer in the U.S. and the premier beauty destination for cosmetics, fragrance, skin care products, hair care products and salon services. Ulta Beauty offers more than 20,000 products from over 500 well-established and emerging beauty brands across all categories and price points, including Ulta Beauty's own private label. Ulta Beauty also offers a full-service salon in every store featuring hair, skin and brow services.

"We're thrilled to welcome Ulta Beauty to Monrovia Landing," said Michael Odell, principal and co-founder of Warner Pacific Properties. "We have also signed two new tenants, Kids Empire and Tapioca Express, which brings the occupancy to 100 percent with long-term quality tenants that provide the best-possible synergy for this completely renovated and repositioned center."

Odell continues, "We are very proud to deliver to the community a new center that offers them the shopping experience that they deserve."

Kids Empire, which was de-



Ulta Beauty's Monrovia staff at the ribbon cutting ceremony held on Friday, September 14. The woman with the pink necklace cutting the ribbon is the store manager, Amanda Saint.

veloped in Southern California, will open a 10,500-square-foot facility at Monrovia Landing. Kids Empire provides a safe, high-quality place for the children to play, explore, and expend energy in a way that is fun for the whole family. There is a café that provides an area where adults can relax and enjoy food and drinks with friends and family. Kids Empire is expected to open by the end of January 2019.

Tapioca Express, a South El Monte, California-based Taiwanese-American fast-food franchise chain specializing in bubble tea, coffee, a variety of fruit juices, yoghurt, smoothies and slushes, and small meals, sandwiches and light snacks. Tapioca Express is expected to open its 1,200-square-foot restaurant at Monrovia Landing in November.

"Adding Kids Empire and Tapioca express, Monrovia

Landing is 100 percent leased to category-leading, value-focused and necessity/grocery retailers providing a bulwark against internet competition," said Philip Voorhees, executive vice president, CBRE National Retail Partners - West. "In fact, T.J.Maxx, HomeGoods, ALDI, O'Reilly Auto Parts and Ulta Beauty account for 80 percent of the total leasable area in the project, and at one of the most visible, high traffic locations in this trade area."

Warner Pacific Properties

originally acquired the property in February 2016, and at the time of the acquisition, the 98,000-square-foot neighborhood retail center consisted of a vacated Albertsons grocery store building and an O'Reilly Auto Parts store and was shadow anchored by Michaels (not included in the sale). Monrovia Landing is part of a larger retail development referred to as the Shamrock Center, which includes a 24-Hour Fitness, Yoshinoya and Taco Bell.

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**Community Articles Are Welcome**  
We are seeking articles, photos, and news event items for future issues of the San Gabriel Valley Examiner. Information can be sent to [SGExaminer@aol.com](mailto:SGExaminer@aol.com). Articles should be in Word format while photos should be in jpeg.

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