



San Gabriel Valley Examiner

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STRIVING FOR JOURNALISTIC EXCELLENCE IN LOCAL NEWS

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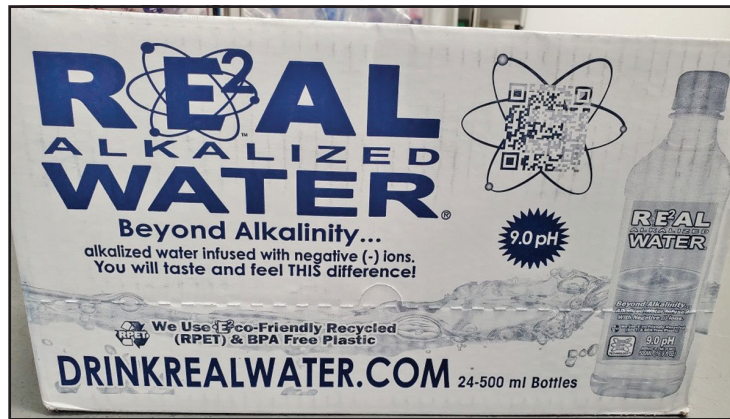
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Public Health Alerts Residents of "Real Water" Possible Link to Acute Non-Viral Hepatitis Illness

LOS ANGELES COUNTY - The Los Angeles County Department of Public Health (Public Health) is alerting everyone that the United States Food and Drug Administration (FDA) is recommending that consumers, restaurants, and retailers discontinue drinking, cooking with, selling, or serving "Real Water" alkaline water.

On March 13, the FDA was alerted to five cases of acute non-viral hepatitis (resulting in acute liver failure) in infants and children that occurred in November 2020 with an unknown cause reported to the Southern Nevada Health District. All five patients had been hospitalized but have since recovered. All patients were reported to have consumed "Real Water" brand alkaline water. These patients came from four different households. Five additional people, two adults and three children, from two of the four households were reported to have experienced other symptoms as well. Less severe symptoms included fever, vomiting, nausea, loss of appetite, and fatigue.

These products include but are not limited to: 5-gallon containers (sold through home delivery/subscription), bottles (sold on-line and in stores), and the "Real Water" concentrate (sold on-line).



Real Water bottles are sold on-line and in stores.

The 5-gallon containers are delivered to homes in the following areas, according to the firm's website:

- Honolulu, HI through Aloha Water
- Orange County, CA through Paradise Bottling Company
- St. George, UT through Real Water Southern Utah
- Tucson, AZ through Aqua Pure
- Ventura and Santa Barbara, CA through Real Water Gold Coast

Additionally, according to the firm's website, Real Water is sold in 1 gallon, 500 mL (16.9oz.), 1 liter, and 1.5 liter plastic bottles and in a 750 mL glass bottle.

The FDA along with the Centers for Disease Control and Prevention, the Southern Nevada Health District and partners are investigating reports of acute

non-viral hepatitis in Nevada. To date, the consumption of "Real Water" brand alkaline water was found to be the only common link identified between all the cases. The FDA is conducting a further investigation into the "Real Water" facility. The Southern Nevada Health District is continuing to monitor for cases of acute non-viral hepatitis.

Public Health has not received any reports of persons in L.A. County with acute non-viral hepatitis illness linked to this recall at this time.



The Real Water 5-gallon containers are sold through home delivery/subscription.

Since "Real Water" may be sold in Los Angeles County and surrounding jurisdictions, Public Health is advising consumers who have purchased the product not to consume the water. Consumers should either discard the product or return it to the place of purchase for a refund.

Acute non-viral hepatitis is an inflammation of the liver and symptoms often include fever, fatigue, loss of appetite, nausea,

vomiting, abdominal pain, dark urine, light-colored stools, joint pain, and yellow skin or eyes. Anyone who is experiencing these symptoms should contact their health care provider.

For more information regarding the recall, visit: <https://www.fda.gov/food/outbreaks-foodborne-illness/investigation-acute-non-viral-hepatitis-illnesses-real-water-brand-alkaline-water-march-2021>

City of Baldwin Park CEO Shannon Yauchzee Departing

By George Ogden

BALDWIN PARK - The Baldwin Park City CEO (City Manager) Shannon Yauchzee had retired from the city back in December of 2020. However, he stayed on serving on an interim basis while a search for his replacement is underway. The city appears that they may have a number of candidates to interview and the council will end its contract with Yauchzee in the next three months. He has been on board since 2014 as their CEO.

Yauchzee came from West Covina where he worked for 18 years. He was their Public Works Director/City Engineer. During that time, he led West Covina to be a leader in energy efficiency saving the City millions of dollars in energy costs. He also was responsible for managing and building over one hundred million dollars in improvements to the City's parks, streets, facilities, landscaping and infrastructure. After almost 18 years in West Covina, Shannon Yauchzee was hired by the City of Baldwin Park to join and lead the Executive team in for the City of Baldwin Park as their CEO (City Manager).

Yauchzee is well liked and respected by the people of West Covina and hated to see him go, however he didn't go far, he was right next door.

The Baldwin Park city council voted unanimously to keep Yauchzee on for another a 90-days, whereas his interim contract would be terminated or expire effective March 9. Yauchzee decided to retire before the new council came on board. This would give them an opportunity to have a totally new direction if that was what they would like to do.

While at the helm, the city



Baldwin Park CEO (City Manager) Shannon Yauchzee retires.

had some issues that were out of his control. They had nine different police chiefs in 7 years. One former chief suing for millions and winning. The city has faced numerous allegations of corruption from its police chiefs, police officers and outside law enforcement agencies. Baldwin Park Councilman Ricardo Pacheco retired after it was revealed he had plead guilty to accepting \$37,900 in bribes from a police officer secretly working undercover with the FBI in a public corruption sting.

Then in November, the FBI raided the offices of Baldwin Park City Attorney Robert Tafoya, the homes of Compton Councilman Isaac Galvan and San Bernardino County Planning Commissioner Gabriel Chavez as part of a probe into

cannabis-related corruption. There were allegations that they were shaking down the cannabis operators who were permitted to have a cannabis operation in the city. There were allegations that resulted in the "paper bag bribes" where money was handed over in a paper bag. Tafoya and the others have denied wrongdoing and no arrests have been made.

Yauchzee has not been mentioned in any case because he did not have a clue of these illegal activities. His hands on with the city were very clean and his efforts were greatly appreciated by those that were on the up and up in the city.

Yauchzee plans to retire with his wife to their 18-acre ranch home in Central Arizona, where he will be the "Assistant" CEO... just behind his wife.

Sierra Madre Search and Rescue Searches for Maria Loida Tice



Photo courtesy of SMSR

The difficult terrain of Iron Mountain called for long and demanding search assignments

By Carolyn Grumm

The Sierra Madre Search and Rescue Team (SMSR) has been assisting San Dimas Mountain Rescue Team (SDMRT) in the search for Maria Loida Tice. This 60 year old woman is missing after heading out on a hike to Iron Mountain with a Meetup group on Saturday February 13th. She was last seen by other hikers around noon as she was nearing the summit and still hiking towards the top.

Iron Mountain is considered one of the most strenuous hikes in Southern California. The trailhead at Heaton Flats starts at an elevation of 2,000 feet and the trail climbs about 7 miles up to the peak at just over 8,000 feet. The trail is rough and rugged. A few years ago this peak was rarely hiked, but it has recently become more popular. It is part of a worrying trend that the Search and Rescue team is seeing. Social media sites are pushing people to attempt hikes they never would have heard of before, and that are often beyond their capabilities.

Members of the Meetup group Tice was hiking with summited before her and saw her on their descent. She still wanted to continue to the summit. Tice was not reported missing until Wednesday February 17th by concerned coworkers. Members of the SDMRT and SMSR responded immediately and raced to get searchers inserted by helicopter onto the peak before sunset. Searchers then worked through the night on the moun-

tain.

On Thursday February 18th searchers were called in from around Los Angeles county. On the weekend the call for help extended throughout southern California with teams from Los Angeles, San Diego, Orange and San Bernardino counties responding. Dozens of searchers, dog teams and multiple airships have participated in the search. The terrain is vast and grueling. Search assignments have been starting first thing in the morning and sometimes aren't completed until the early hours of the next day.

Unfortunately this is not the first search SMSR has been a part of involving a Meetup Group or other hiking group. Below are some tips you can follow to keep yourself and others safe when participating in a hiking group. Following these simple steps could save someone's life:

Do not depend on someone else in the group to take care of you.

- Carry the 10 essentials
- Carry a map that you have looked at to get an idea of the area you are hiking
- Tell someone who is not on the trip where you are and when to expect you back

Take steps to look out for your fellow hikers. If the group leader isn't doing it, you can.

- When you meet in the parking lot create a list of everyone's name, cell phone number, emergency contact, license plate.

- Have a knowledgeable hiker who knows the route lead
- Put a strong hiker in the back (a sweep). The sweep never passes a group member.

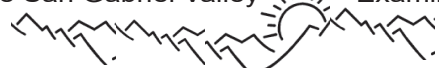
- Group up at trail junctions or any possible points of confusion
- Be sure everyone makes it off of the mountain.

If a group member decides to separate from the group for any reason be sure they get off of the mountain safely. Check for their car in the parking lot when you return (you have their license plate number on your list) or call them later in the evening (you have their number on your list.) If they don't make it off of the mountain call 911. This simple act could save a life.

SMSR is grateful to the people they have found on social media who were hiking the mountain the day Tice went missing. They have provided valuable information to help in this search.

Anyone with information on Tice's whereabouts is urged to call the sheriff's department's missing persons unit at 323-890-5500.

Since 1951, the all-volunteer Sierra Madre Search and Rescue Team has responded to calls for help in the local mountains and beyond. SMSR also provides a range of free wilderness safety education programs. For more information on the Team, to donate, or to arrange a wilderness safety demonstration for your school or group, visit www.smsr.org.



Don't Be a Fool This April 1: Celebrate '4/01(k) Day' Instead

Photo Source: (c) goir / iStock via Getty Images Plus



A comfortable financial future is something to celebrate. So this April 1, take stock of your retirement savings, starting with your 401(k).

April Fool's Day is just around the corner. Even in today's socially-distanced environment, people are sure to attempt a few pranks to mark the day. As in normal years, the majority will be silly, some will be hilarious, while others will fall flat.

This year, try something different and celebrate 4/01(k) Day instead. To mark the occasion, Lincoln Financial Group is encouraging savers to test their knowledge on three common misconceptions about saving for retirement revealed in a recent survey of U.S. employees by Lincoln Financial and CivicScience:

- True or False: "Saving enough to meet the employer match is enough to keep me on track for a comfortable retirement." This one is (most likely) false! An employer match (if offered) is a good place to start, but if you really want to make sure you have enough of a nest egg to retire when and how you want, a good rule of thumb is to save at least 10 to 15 percent of your salary.

- True or False: "Paying down my student loan debt as quickly as possible is more important than saving for my retirement." This can be true...or false, depending on your situation. While you should not delay saving for retirement, it's a good idea to

talk with a financial professional to determine how to strategize paying off debt while also planning for your future. You can also use free tools like the debt calculator found at LincolnFinancial.com to help you make a plan for paying off debt.

- True or False: "I've thought about moving money from an old employer's 401(k) into my current employer's 401(k), but it seems like it would be too much of a hassle." This one is false! While it is important to consider all options of your 401(k) platform prior to making a decision, the process for a rollover is typically very easy and brings multiple benefits. Instead of tracking investment selections, performance or statements for multiple accounts, for example, you'll only have to monitor a single account.

- "While there are certainly still some misconceptions when it comes to saving for the future, the majority of those surveyed understand the importance of not delaying saving for later in their careers," said Aaron Moore, senior vice president, Retirement Plan Client Engagement, Lincoln Financial Group. "This is cause for celebration, as delaying saving for retirement can have a significant impact on future savings."

This is another reason why we are focused on working with employers to educate their employees so they can achieve the retirement they envision."

Tips to keep your celebration going

If you're looking for more ways to celebrate 4/01(k) Day – and help set yourself up for a financially secure future – here are three tips to keep in mind:

1. Check your account. It might sound simple, but logging in regularly (try for at least once a quarter) can help ensure you're on track with your savings goal. Be sure to use the calculators and projection tools your retirement plan offers.

2. Update (or create) a goal. When you have a goal to work towards, research shows you'll be more likely to increase your contributions, and therefore, increase your savings.

3. Meet with a professional. If your employer offers retirement consultants, schedule a meeting, or consider speaking with a financial professional, who can help you understand the full picture of your savings and where to focus your efforts.

For more resources, tools and calculators, visit LincolnFinancial.com/retirement. (StatePoint)

Tips to Raise Earth-Conscious Kids



Photo Source: (c) Mariakray / iStock

Kids are absorbing new information all the time, especially when they're having fun. To raise earth-conscious kids, incorporate environmental values into playtime.

Children are never too young to learn the importance of sustainability or begin adopting eco-friendly habits. Earth Day, celebrated April 22, is a great time to get started, and experts say it all starts with playtime.

"Kids are built to absorb information at a tremendous pace," says Anna Yudina, senior director, Marketing Initiatives, The Toy Association. "During playtime especially, they form deep emotional connections to the values they're learning. This means that you can help your child embrace an earth-conscious mindset simply by making it fun."

Check out these Earth Day tips and insights from The Genius of Play -- a national movement to educate parents and caregivers about play's vital role in child development:

- Eco-Friendly Crafting: Crafting that uses household objects can demonstrate creative ways to reduce, reuse and recycle. For example, you can construct bird feeders from milk jugs and then have kids decorate them. The best part? This is a sustainable DIY project that benefits wildlife, plus gives children an opportunity to observe flying visitors to the yard.

You can also craft your own musical instruments. For example, rainsticks, so-named because they mimic the natural sounds of rain, can be made by filling paper towel rolls with uncooked rice. Or, keep the beat using homemade maracas made by filling empty plastic bottles with dried beans. Finally, with just a few rubber bands and some glue, you can transform yesterday's cereal box into a guitar. Now you have enough instruments to start your own band!

- Learn Through Play: Kids can benefit from toys as early as one month old with sensory play that helps stimulate senses and develops motor skills. However, they develop habits and values that will last a lifetime during ages 3-9 the most. During these

years, introduce toys that reinforce the importance of sustainability. For example, a plush sea turtle can help a younger child understand the connection between plastic pollution and the health of marine creatures. For a tween or teen, a wind turbine science kit can build STEM skills and interest, while introducing the concepts of sustainable energy and climate change.

- Outdoor Fun: Warmer, longer days expand opportunities to play outdoors, be active and explore the natural world. Build a nature scavenger hunt in your backyard or take an ecology walk and observe critters, rocks and leaves with magnifying glasses. Bonus: beyond boosting an appreciation for the environment, active play is critical for child development, helping hone coordination, balance and motor

skills and setting the stage for a lifetime of good health.

- Pretend Play: Pretend play is key for developing curiosity and critical thinking, and there are many avenues for role-playing activities that teach the importance of sustainability. Using action toys, kids can be anything they want to be, from farmers to explorers to environmental superheroes. Pretend play also presents a fun way to introduce eco-friendly habits that kids can adopt in their daily lives, like turning the water off while they brush their teeth or reducing their plastic footprint by opting for reusable products.

From building a mini greenhouse to studying animal habitats, there are tons of playful learning ideas for indoor and outdoor fun available at thegeniusofplay.org, a great online resource for parents. (StatePoint)

Doctors' Tips About The COVID-19 Vaccine

Photo Source: (c) Andrea Migliarini / iStock via Getty Images Plus



While the roll-out of the vaccine is encouraging, doctors say we're not out of the woods yet. Continuing to practice COVID-19 safety measures and getting vaccinated as soon as it's your turn will help protect you and your loved ones from illness.

More than 500,000 Americans have died from COVID-19 and there have been more than 28 million cases nationwide. Doctors say it's vital that Americans get vaccinated when it's their turn, and continue to take precautions against infection.

"Vaccinations are safe, effective, prevent illness and save lives. They offer an incredible opportunity for us to help defeat COVID-19 and regain normalcy," says American Medical Association (AMA) president, Susan R. Bailey, M.D. "But with more contagious variants of the virus circulating throughout the U.S., now is not the time to let your guard down or scale back on the measures that we know will work to prevent further illness and deaths, such as wearing masks,

practicing physical distancing, and washing hands."

To protect yourself and your loved ones, the AMA offers the following guidance:

- At some point, likely in the next few months, it will be your turn to get the vaccine. Talk to your physician about the vaccines, and ask any questions you may have.

- Any and all COVID-19 vaccines authorized will meet the highest standards of quality, safety and effectiveness set by the FDA's rigorous regulatory review process.

- Be prepared to get vaccinated. Know that vaccines can have minor side effects, including lethargy, mild fever, body aches and pains. When these side

effects occur, they typically last a few days. If you have any questions or concerns about side effects, contact your physician.

- Understand that public health measures like masks and physical distancing will still be required until the population is broadly vaccinated.

- Science and ingenuity have given us an opportunity to control or even defeat COVID-19, but wide acceptance of the vaccine is necessary for it to be effective. Encourage loved ones who are eligible for the vaccine to schedule an appointment.

For more information about COVID-19 and getting vaccinated, visit ama-assn.org or getvaccineanswers.org. (StatePoint)

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Napolitano Votes to Pass the American Dream and Promise Act & the Farm Workforce Modernization Act

WASHINGTON, DC - Rep. Grace F. Napolitano (D-El Monte) voted to pass H.R. 6, the American Dream and Promise Act, and H.R. 1603, the Farm Workforce Modernization Act, to secure permanent protections and a pathway to citizenship for undocumented immigrants who have been, and will continue to be, critical to the economic recovery of our nation. H.R. 6 provides relief to Dreamers, as well as to many Temporary Protected Status (TPS) and Deferred Enforced Departure (DED) holders, and H.R. 1603 provides stability, predictability, and fairness to the workers who feed America.

"I was proud to cast my vote today to protect Dreamers, TPS holders, those covered by DED, and farmworkers to provide these individuals with a long overdue pathway to citizenship and opportunity to fulfill the promise of the American Dream," Napolitano said. "Risking their own lives throughout the pandemic as

essential frontline workers to keep our country healthy, fed, and moving, these brave immigrants have again proven how indispensable they are to our economy, our communities, and our way of life. Our Hispanic Caucus has worked tirelessly on both bills, and while today's vote is a victory for thousands of immigrants in my district and millions across the U.S., we are far from the finish line. As we implore the Senate to follow suit and do what is right for these individuals and for our country, we will take additional legislative action to create an immigration system that is humane, fair, and efficient. I will do all I can to ensure that people of all creeds, backgrounds, and nationalities continue to comprise our great country, and that we as a nation embrace and celebrate this diversity, honoring our heritage as a proud nation of immigrants."

H.R. 6, The American Dream and Promise Act

Establishes a path to lawful permanent resident (LPR) status for Dreamers and for certain individuals who either held or were eligible for TPS or DED. The majority of these individuals have been in the United States for much of their lives, often with work authorization and temporary protections against deportation. Five years after attaining full LPR status, individuals are then eligible to apply for citizenship, a path that is supported by

nearly 75 percent of the American public. H.R. 6 promotes justice and fairness for our nation's Dreamers, and for the TPS and DED holders who fled ongoing armed conflict and other extraordinary conditions to come to this country and who have been contributing to our economy and our communities for years and are employed at high rates in industries that often struggle to find sufficient U.S. workers.

H.R. 1603, The Farm Workforce Modernization Act

Stabilizes the agricultural sector and preserves our rural heritage by ensuring that farmers can meet their labor needs by establishing a program for agricultural workers, their spouses and minor children can earn legal Certified Agricultural Worker (CAW) status through continued agricultural employment. H.R. 1603 also reforms the H-2A temporary agricultural worker program to provide more flexibility for employers, while ensuring critical protections for workers. And to ensure a legal workforce for the agriculture sector, the Farm Workforce Modernization Act establishes a mandatory, nationwide E-Verify system to ensure compliance with the reformed H-2A visa program while also protecting workers' due process rights.

H.R. 6 and H.R. 1603 both passed the House with bipartisan support and now move to the Senate for consideration.

Over 3 Million Doses of the COVID-19 Vaccine Administered in L.A. County

LOS ANGELES COUNTY - Nearly 3,235,000 doses of COVID-19 vaccine have been administered to people across Los Angeles County. Of those vaccinated, 1,057,794 people received second doses and 25,170 people received the single dose Johnson & Johnson vaccine.

This week, the Los Angeles County Department of Public Health (Public Health) is expecting to receive 280,000 vaccine doses. This allocation includes

approximately 6,000 doses of the Johnson & Johnson vaccine. The County expects to receive more Johnson & Johnson vaccine at the end of the month.

Of the 280,000 doses of vaccine we expect to receive this week, 64% of doses will go to sites located in the most vulnerable communities. Public Health is continuing to increase allocations to community sites serving hardest hit communities so that providers are able to vaccinate

more people.

Across vaccination providers, there continues to be much more capacity to vaccinate. This week alone there were over 627,000 appointment slots available, and we only had enough doses for about 259,000 appointments. Our large capacity vaccination sites alone had the capacity to provide 210,000 additional doses this week if there was sufficient supply.

Herald Christian Ensures Equitable Vaccine Distribution for Seniors, Teachers and Essential Workers in the West San Gabriel Valley

Vaccination sites feature English, Mandarin and Cantonese-speaking healthcare professionals

SAN GABRIEL - To ensure equitable access to COVID-19 vaccinations for hard-to-reach and under-served members of the community, the Herald Christian Health Center (HCHC) has launched community-based COVID-19 vaccination centers at select locations across the San Gabriel Valley. In partnership with the cities of San Gabriel, Monterey Park, Arcadia, Temple City and Rosemead, HCHC has helped overcome language, technology and transportation barriers for these hard-to-reach and under-served communities and provided equitable access to the vaccine for community members who are eligible but have not otherwise been able to get appointments.

HCHC has collaborated with local cities, school districts, community groups and the Los Angeles County Department of Public Health to administer over 9,000 vaccinations to seniors, school district teachers and staff and other essential workers. This month, the Herald Christian Health Center has begun administering vaccines to an expanded list of eligible groups, including grocery store, restaurant and other food service employees.

"Ensuring equitable access to the COVID-19 vaccine is critically important for our efforts to combat this global public health crisis," said Los Angeles County Supervisor Kathryn Barger. "It is a privilege to join with Herald Christian Health Center and local leaders in the community to support ample distribution of COVID-19 vaccine supply to help our residents stay safe and return to a sense of normalcy."

Together, HCHC and the City of San Gabriel have been able to reach thousands of hard-to-reach community members who were eligible for a vaccine, but were not able to otherwise get appointments by launching a COVID-19 vaccination center at the San Gabriel Mission Playhouse. HCHC and the City of San Gabriel have reached out to seniors, interfaith, nonprofits, Native Americans, school district and business communities to overcome supply limitations and language, technology and transportation barriers to ensure that eligible community members can get access to the COVID-19 vaccine. In doing so, HCHC and the City of San Gabriel have helped to ensure equitable access to the vaccine for the San Gabriel community.

"We are proud to partner with local organizations to facilitate access to critical resources during the COVID-19 pandemic," said San Gabriel Mayor Denise Menchaca. "The Herald Christian Health Center has provided a tremendous service to the community, and is a vital part of our continued effort to ensure that teachers and essential workers - as well as under-served members of our community - have access to vaccinations."

Herald Christian has also introduced vaccination hubs in the City of Monterey Park, the City of Arcadia, the City of Temple City and the City of Rosemead, which are available to community members by appointment on select dates.

"As COVID-19 vaccines become available, we continue to advocate for the underserved segments of the community," said Herald Christian Health Center CEO Carolin Eng. "Simply put, our mission is to close the disparity gap and reach those who may experience a language barrier, technology challenges and transportation limitations to ensure all can have access to the vaccine."

Department Of Public Social Services Celebrates Its Essential Social Workers

LOS ANGELES COUNTY - The Department of Public Social Services (DPSS) and the County of Los Angeles join the national observance of Social Work Month, saluting the front-line heroism of 866 dedicated social workers and social worker supervisors serving in the department's In-Home Supportive Services (IHSS) Division.

National Social Work Month is a time to honor and celebrate the social worker profession, one of the fastest growing professions in the country. Nationwide, there are more than 700,000 social workers serving youth, families, veterans, and older adults. During their March 9, 2021 weekly meeting, the Board of Supervisors proclaimed March as "Social Work Month" in the County of Los Angeles to highlight and thank them for their essential service to vulnerable

residents.

This year's national theme is "Social Workers are Essential," embracing the selfless accomplishments and contributions they make to their profession. At DPSS, IHSS Social Workers help blind, elderly, and disabled recipients to remain in their homes instead of moving into a nursing facility. During the COVID-19 pandemic, IHSS Social Workers have demonstrated just how much their services are needed.

"Our social workers have been essential to the well-being of 236,000 vulnerable recipients in L.A. County, many of whom are elderly, blind, and disabled," said DPSS Director Antonia Jiménez. "Our courageous and dedicated social workers have been on the front lines of the pandemic serving their customers with excellence."

IHSS Social Workers have

adapted to the pandemic environment and are using new methods to serve their clients, many of whom are at high risk of contracting the virus. Mandatory interviews are now being conducted through video conferencing and reassessments are completed by phone.

"I have adjusted and adapted to new ways of interviewing to keep my clients safe from COVID, and at the same time, making sure I am providing efficient assistance to help them with their needs," said Kelly Ho, a 14-year Social Worker at IHSS El Monte Regional.

Andrew Nemeth, a social worker at the Lancaster office, takes pride in being an essential worker. "I feel that in these circumstances, our duties are especially palpable to our communities, as they rely on our assistance and advocacy more than ever."

Social Worker Sirverold James, who has worked at the IHSS Metro office for 16 years, said it's his goal to let his clients know that they can count on him to help them, especially in the time of a pandemic. "It's important that at the end of the day they know they can count on social workers to help them," James said.

For more information on DPSS IHSS services, visit <https://dps.lacounty.gov/en/senior-and-disabled/ihss.html>

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The San Gabriel Valley Examiner is grateful for the articles submitted by our unpaid writers who have contributed to the success of our newspaper. Our only request is that articles submitted be of minimal length in order to accommodate each and every writer. Thank you for your cooperation.

The Glendora Chamber Presents The Glendora State of the Schools

GLENDORA - The Glendora Chamber of Commerce along with Athens Services, Southland Properties, and SoCalGas present the 2021 Glendora State of the Schools Zoom Webinar.

Please join the Glendora Chamber on **March 31st** starting at 6:30 PM.

At this year's Glendora State of the Schools, you will hear from the leaders of Citrus College, Glendora Unified, and Charter Oak Unified. Our presenters will update us on current and future openings, issues, successes, and much more. You don't want to miss it, and space is limited.

The Glendora Chamber would also like to thank Foot-hill Credit Union, Citrus College, America's Christian Credit Union, TelWorx, Marilyn Sparks Agency of Farmers Insurance, ProForma Quality Printing, SportClips Glendora, Banner Bank, Glendora Tire and Brake, Gary & Linda Clifford, Emanate Health, Leon Laub of Merrill Lynch Bank of America, Azusa Pacific University, Ottosen & Co, and Raising Cane's Glendora for their sponsorship of the event.

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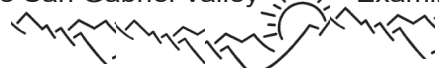
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Democrats: We Got a Handle on the Border

Biden Harris Administration announced deportation of migrants would not be allowed for the first 100 days of this presidency, promised to end illegal alien detention and quit building the border wall. Charlotte Cuthbertson/Epoch Times reported nearly 9,500 unaccompanied minors arrived at the southern border last month, 3,700 more than January.

Customs and Border Protection officials told NBC News, the Biden administration issued a gag order on Border Patrol agents and sector chiefs, limiting what they can share with the media ... Correspondent John Moore, Epoch Times, confirmed the gag order, saying, "There's no modern precedent for a full physical ban on media access to border operations."

El Faro, El Salvador newspaper, said coyote smuggling fees in the Northern Triangle (Guatemala, Honduras, El Salvador) are about \$4,700 per person to the U.S. border. Russian, Chinese and other nationalities who slip into that area brings a fee of \$5,000 to \$10,000 for the "full package" with end-to-end migration, including infiltration into the U.S.

Do those caravanning migrants appear to have that money or Master Cards or Visas? No, but they do have wrist bands, used by the drug cartels, to track and hold the immigrants accountable. The wrist bands identify the cartels who got them into the U.S., how much is owed to the cartel, and marks related to that person's personal information, and verification of their contract with the cartel.

Judicial Watch reported, "UAC (unaccompanied alien children) in American custody are not children, but rather young adults or adolescents ... [FY 2020] 72% are 15 to 17 year-olds. Most of the youths are Guatemalans and Hondurans and 68% are male, which has boosted gang recruitment in this country." Mara Salvatrucha (MS-13), reportedly recruits new members at shelters housing illegal minors.

January 2018, ICE said 64 of 214 MS-13 suspects arrested in Operation Raging Bull had ille-



Shade's Perspective
Lois M. Shade

Former Mayor of Glendora gally crossed the border as UACs. Of 214 arrested, 16 were U.S. citizens, 198 were foreign nationals, and only 5 had U.S. legal status. Foreign nationals arrested were from El Salvador (135), Honduras (29), and Mexico (17).

MS-13 gang members arrested during the operation were facing charges of murder, aggravated robbery, racketeering offenses, drug trafficking and possession, firearms offenses, domestic violence, assault, forgery, driving under the influence, illegal entry/reentry, and administrative immigration violations.

U.S. Customs and Border Protection illegal entry numbers in Texas for February were 16,583 Family Units and 11,242 UAC. These Texas counts are high because of gaps in the border wall. Rep. Bryan Slaton (R-Canton) has legislation pending for Texas Department of Public Safety (DPS) to complete the wall and name it after President Trump.

Texas in first two weeks of March:

March 4th - MS-13 gang member entering illegally with two previous deportations; Guatemalan national with a prior conviction for sexual assault of a minor, and previous deportation; Mexican national entered illegally, a registered sexual offender and deported previously.

March 8th - Honduran male illegally entering identified as an MS-13 gang member; Salvadoran national identified as member of 18th Street Gang; and, Salvadoran entering illegally with an outstanding warrant for sexual assault of a minor in New Jersey.

March 10th - Three illegal entries with marijuana. 72 pounds worth \$58K; 237 pounds worth \$190K; 1,564 pounds worth \$1.2M dollars.

March 17th - agents arrested 3 criminal aliens with prior convictions for sexual offenses. Guatemalan national arrested for indecency with a child/sexual contact. Sentenced to 8 years-probation; Mexican national in U.S. illegally, arrested for rape, sentenced to 20 years and served 5; Honduran national, had a prior arrest for indecency with a child and sentenced to 5 years-probation.

March 19th - Two Mexican residents arrived with \$944,500 worth of methamphetamine.

Special Directives issued by L.A. D.A. George Gascon is very troubling.

Gascon's Special Directive 20-08: Sentencing Enhancements, does away with additional years added to the offense if the crime is done by a gang or gang members and are repeat offenders. After Deputy District Attorneys spoke with Gascon, he may be open to some "enhancements and alternative sentencing," like those categorized as non-violent offenses under Prop 57.

Gascon's Special Directive 20-06: Pretrial Release Policy (Elimination of Cash Bail). Gascon says "Although California voters chose not to implement SB10 through the passage of Proposition 25, the conversation about bail reform remains active and robust." Meaning Gascon intends to override the voters, eliminate cash bail and release those charged on their own recognizance. Much like Gov. Newsom's refusal to implement the death penalty. Both may be recalled!

Update: 3/21/21 at 5:30 p.m. Department of Homeland Security (DHS) Secretary Alejandro Mayorkas says the U.S.-Mexico border is closed, and families and single adults will be expelled. Unaccompanied, young, vulnerable, children (UAC) who unlawfully cross the border, won't be turned back. Does that include 15 to 17-year-olds?

Doing And Being

During this decade—or more than likely just the first part of it—I have been taking a long look at what my 90 plus years have been about. These ruminations have largely focused on what I have done. It has been a partial history. I have not mentioned the pain I have both endured and often caused. There was the break up of a marriage, the death of two children, my failure to give a priority of time and energy to my wider family, my preoccupation with the world beyond my own front door. Need I go on?

Recently it has been suggested that while most of our decades may be dedicated to "doing," these final years must properly be dedicated to "being." If I have looked outward, the time has arrived when I have felt the need to look inward. I have heard this transition called "the care of the soul." A member of our community who died a few years back, would greet those he encountered with a cheerful, "how be you." I was never sure what Pete meant except that it reflected something that could not be answered with, "I'm fine" or some other innocuous response.

I understand all this may mean for me more reflection and fewer projects. I have read countless explanation of how to nurture the inner life, but part of me has resisted giving up a preoccupation with "doing" or finding courses on one's needs to pay more attention to "being."

While I admire those who tell me how they continually nourish the inner life, I have never been very good at prayer, meditation or similar disciplines. While I have been fascinated with East-



Charles H. Bayer

ern religious practices, I have been more an observer than a participant. While I have honored those who claim a profound spirituality, I remain wary, having observed some of the things that spirituality may imply. I have all I can handle in this mundane world without feeling any need to focus on some realm populated by specters or souls detached from bodies.

My path inward, however, has been aided by the results of last year's election with which I had been preoccupied. I no longer find myself consumed with a compulsion to discuss or write about politics. Nevertheless, I will never abandon a concern for what goes on in society. It was the heart of Jesus' ministry and central to mine. I remain committed to the power of the gospel to reshape society. While it is not quite the total preoccupation it once was, I'm trusting a younger generation to keep at that vision. I've done all I can do

So I am less tied to the political world—perhaps just a bit less. I now manage to delete the six to ten emails I get each day that ALWAYS end with a Party plea to "chip in."

A couple weeks ago I published a column—or two—listing many of the things I have done. It was an impressive list, if I say so myself. I'm proud of my record. But I have gotten the need to talk about it out of my system. In those columns I failed to include those who have supported my overblown ego. Most of all that includes Wendy who has been patient, supportive, and who provided an occasional deflation for my exaggerated self-worth. I've gotten out of my system a need to say, "look at what I have done."

Who knows? Perhaps even my need to produce these weekly 700 words of wisdom will diminish occupying my mornings. Maybe I've already said too much.

Most afternoons will continue to be taken trying to see the natural world through watercolor paintings. In recent weeks even that style has change from flowers to landscapes. But even these broader images reflect a different way to look at nature. Whoever saw purple yellow and orange skies? I'm now working on more reflective impressions which may not quite replicate nature. Perhaps art is an entrance to my inner self. But I paint because I enjoy it, not to make a point.

While I'm not ready to abandon "doing" I'm learning how to pay more attention to "being," without even understanding what that implies. I do not need lectures, a book or advice, but just knowing that there are persons who have listened.

Contact Charles Bayer at candwbayer@verizon.net

MY TURN: The Finale Must Go On. Thoughts After M*A*S*H.

A television event worth mentioning just marked an anniversary. I remember the morning discussions over coffee in the office I worked in at the time. We were all talking about the show we saw on television the night before.

On February 28, 1983, 38 years ago, the television show M*A*S*H ended its long series run with a two- and half-hour finale that was the most watched series ending of a show in TV history. It was the best made and most powerful of any finale, bringing closure to many parts of the ongoing story lines.

Series quite often just ended after they were concluded, or were cancelled in the early days of TV. Few had that many loose ends to clean up, anyway.

One of the first actual finales that wrapped up a story was in the 1960's when "The Fugitive," played by David Jansen, finally found the one-arm man that committed the murder he was blamed for, and revealing him to the po-



Charles Lopresto

lice officer, Lt. Phillip Gerard (Barry Morse), that was chasing him for so many years.

Some series had some pretty clever or highly unusual endings. The hospital in "St Elsewhere" turned out to be an image in a snow globe that sparked an autistic child's imagination. Bob Newhart ended his second comedy series by making that series revealed in the end as just a long dream for the Newhart character from his first and more famous series. In a surprise ending Bob wakes up and tells his wife laying under the covers that he had a weird dream where he owned a New England Inn. And his wife who revealed herself from under the covers was Suzanne Pleshette his wife in the first show, not Mary Frann, his wife in the second show.

As time went on, more shows were expected to have season ending finales. "Seinfeld, Friends" and some others continued the surprising exits. Many involved characters like those in

the "Mary Tyler Moore Show," hugging and saying goodbye. And some, like "The Sopranos" and "Cheers" had surprisingly uneventful endings, but endings none the less.

The era of the big finales might have run its course since few shows capture our imagination as much as so many of the old shows did. Some evolved into new sequel or spin off shows. Andy Griffith handed his show off to the other characters in his town plus some new ones in a show called "Mayberry R.F.D." And "All in the Family" became "Archie Bunkers Place." Some worked. Some didn't. Who remembers "AfterMASH?"

But still, hands down, Hawkeye's goodbye with B.J. is still the biggest. It is why I wrote in an article a few years ago, during the time when President Trump visited and met with the North Korean government, and actually "crossed the border," this thought. Any possible North Korean peace treaty, and possible ceremony that potentially President Trump was heading towards, should include some folks from M*A*S*H in commemoration. M*A*S*H was more than a sitcom. It put a face on the Korean War, a somewhat forgotten war.

Television, when it is done well, can put a face, for better or worse, on a lot of things in our life, our culture and our legacy.

When it doesn't, you get "Hello Larry."

Oh well, you can't win 'em all.

Our Government Is Out Of Control!

Is this country destined to become the USA (United Socialist of America)?

My Opinion: By D. B. Shimel

In case you were not watching, the Socialist Democrats in DC recently passed a 1.9 Trillion dollar funding measure that purportedly provided aid to those who are suffering financially because of the COVID - 19 virus. Don't be fooled, this bill is nothing but a huge list of 'pork-barrel' gifts to the 'blue' states. Less than 10% of this money goes to the people affected by the pandemic. The remainder of the funds go to non-COVID activities like Planned Parenthood and The Performing Arts. Lest I forget, it also included is a tunnel in Silicon Valley and a bridge in New York. Another interesting part of this bill is; it provides monies earmarked to help struggling farmers. Farmers can apply for loan assistance for up to 120% of their debt. That is, all farmers except white farmers. Only non-white farmers need apply.

Also pending is the onerous bill labeled HR 1 'For the people'. I recently wrote about that outrageous act of Congressional over-reach so I will not discuss it further here.

HR 5, another outrageous bill pending before Congress will allow biological males to compete against females in all levels of sports. Additionally, all a man would have to do to access women's restrooms and locker rooms is say that they identify as female.

The question is, can this egregious Congressional overreach be reined in? The answer is 'YES' it can, but only by the collective actions of the individual states.

I recently read an article written by Professor and Constitutional lawyer Robert G. Natelson on the subject of how the states can control the Federal Government. In this article I observed his use of the word 'Interposition' a word that I was unfamiliar with. Additionally, the author stated, the word and concept was used frequently by the writers of the Constitution in the Federalist Papers. Intrigued, I investigated further and found him to be correct. The term 'interposition' refers to the act of coming between. In this case the state gov-

ernments must come between the power hungry politicians in Washington D. C. and the millions of people in this country. In The Federalist No. 85, Alexander Hamilton wrote, "We may safely rely on the disposition of the State legislatures to erect barriers against the encroachments of the national authority."

I quote Natelson's conclusion to his article here simply because he is a highly regarded expert on the Constitution and it summarizes the issue better than I could hope to do. Natelson wrote: "The American Founders stressed the importance of state responses to federal excess, both on behalf of the states themselves and to protect the citizenry. James Madison suggested these efforts could be called 'interposition.'" He listed six forms of interposition expressly or implicitly authorized by the Constitution. He also mentioned the extraconstitutional remedies of revolution and its state concomitant, nullification. He cautioned against using the extraconstitutional remedies before the constitutional ones had been exhausted. State officials take an oath to preserve the U.S. Constitution. Madison and other Founders further emphasized state officials' obligation to interpose in a constitutional manner when the people are threatened by federal overreaching. Such interposition is not a mere option. It is a solemn duty."

The bottom line is that the legislatures of the states have the absolute power and responsibility

to reign in the politicians in Washington. An example of that power can be seen in a case pending before the courts. Twenty one state legislatures are suing the federal government over the cancelation of the Keystone Pipeline. The suit alleges, 'Congress authorized the pipeline and the Constitution does not give the president the power to overrule Congress.'

The list of Congressional and Presidential over-reach actions is expanding daily. There are at least two bills in the House of Representatives intended to curtail your Second Amendment rights by eliminating weapons designated as 'assault weapons'. Our southern border is under attack by thousands of people who would enter illegally into our country. Many of these immigrants come to the border wearing tee-shirts baring the words, "Biden please let me in". Biden's response was 'these people are the future of this country'. Really? How many Doctors or engineers are coming to the border seeking entry, illegally?

In summary; 'The government did not invent the states. The states invented the government.' Ronald Reagan. President Reagan was exactly correct. The states came together in 1776 and again in 1787 and created this Nation. The states created this nation and it is up to the states to save this country, again!

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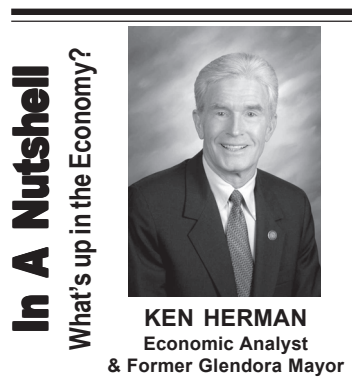
Rapid Economic Rebound In 2021 - Fasten Your Seatbelts?

As with any economic recovery interest rates and bond yields rise. Historically it's been a bullish development for stocks because the earnings rebound (fueling the "risk on" appetite) typically far exceeds that of the "risk off" fear of rising rates. The market normally transitions to this unfolding scenario.

The first resistance level of 1.5% (for the 10-yr Trsy) has been breached, and the market had a rough time, even as the Atlanta Fed raised its Q1 GDP forecast to 9.5%. Why would anyone not think bond yields wouldn't tick higher with a GDP forecast this bullish? High-flying stocks had to reset, but the market should absorb this initial pop in yields and head higher on brighter earnings prospects.

The next level round number of 2.0% will likely be challenged in the not-too-distant future as stronger employment data starts to cross the tape. Hiring within hotels, resorts, restaurants, bars, casinos, airlines, cruise lines, amusement parks, professional and collegiate sports venues, live concerts, movie as well as live theatres all appear headed back to near full employment and operational capacity.

An additional move higher to 2.5% for 10-year bonds could simply result from a continuation of good things happening in the economy over the next three to four months (in conjunction with initial and weekly stimulus checks going out, another whale-sized round of PPP loans being issued to small businesses, improving Covid data and more government spending in the form of



In A Nutshell
What's up in the Economy?

KEN HERMAN
Economic Analyst
& Former Glendora Mayor

a massive infrastructure package). A move to 2.5% will also imply the bond market expects the Fed to push forward its plans to taper QE. Considering that we're only expecting a move higher of just 1.0% from current levels, that's not much interest rate risk when one considers the potential equity rewards.

To what extent inflation is being anticipated is the big question. The Fed's goal of a 2% core inflation rate is being realized quickly, but at what point does \$70 oil take gas prices north of \$4 per gallon, or sky-high lumber prices, or roofing and other building material price increases slow the pace of new construction in places like California to a crawl? Profits may evaporate in an already super tight housing market where land acquisition costs are at a big premium? Like it or not, investors are on commodity watch.

In just the last three weeks there were big spikes in the prices of crude oil, gasoline, heating oil, ethanol, palm oil, rubber, coffee, lumber, oats, cotton, cocoa, sugar, lean hogs, copper, lithium, platinum, steel, cobalt, aluminum, tin, nickel, molybdenum,

iron ore, soda ash and rhodium. And shortages of key manufacturing components such as chips threaten to make it impossible to meet strong vehicle market demand. That chip shortage became worse when a major Japanese supplier recently experienced a significant fire.

Until this past week the stock market had been practically shouting: "There's a big recovery coming!" But Wall Street hasn't believed it. Wall Street has doubted the market's rapid rise, saying it is "overbought" and clearly ripe for a correction. But maybe the market has been right. Major stock indexes set 35 record highs in 2021 so far, and recently breached the 33000 mark. The market often looks six months ahead, so it apparently envisions a robust first half. A Wall Street colleague of mine making such a case, an economist at Bank of America Global Research says, "fasten your seatbelts, there is a strong case for a roaring economic comeback!"

Consumers have paid off much of their debt and are flush with cash, ready to spend when the coast is clear. The personal savings rate was 13.7% in December, almost double the 7.6% rate a year ago. Shouldn't we go shopping? But, what about the southern border disaster? Has confidence in government become a bigger market factor?

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I welcome your questions and comments : kenherman46@hotmail.com

Your Money - Ask Julia

When are income taxes due this year?

Individual income taxes, both Federal and California state, have been extended to May 17, 2021. It is expected that all states will extend their income tax due date accordingly.

Are we headed into a period of inflation?

The Feds were expected to raise their interest rate, but didn't. Understand, there are basically 2 types of inflation: demand-pull inflation, and hyper-inflation. Demand-pull inflation happens when there is a rise in prices due to more demand, and not enough supply. Hyper-inflation is when prices rise due to printing money. Historically, this has happened in several countries. In the U.S., the Treasury prints money, and the Federal Reserve Board controls the interest rate it charges banks. To avoid hyper-inflation, the Feds can also increase the Reserve Requirements (the amount of money a bank must hold in order to pay their debts and cover withdrawals). In response, banks tighten the amount of money available for loans to consumers and businesses, and raise interest rates on variable interest products (credit cards, adjustable-rate mortgages, car loans, etc.).

We have an adjustable-rate mortgage. If rates go up, how will that affect my loan?

It depends on how old your loan is. Years ago, adjustable-rate mortgages didn't have "caps" (limits), so the borrower could be



Julia Yoder

shocked by ridiculously large adjustments. Many lost their homes because they could not afford the payments. Nowadays, almost all adjustable-rate mortgages protect the borrower from huge adjustments through "caps" which clearly set the maximum amount of each adjustment. Interest rates are very low right now. Generally speaking, I suggest you consider refinancing into a fixed-interest loan. (Keep in mind, almost all credit cards are variable; those rates can skyrocket.)

Is it better to go to my bank for a home loan? Or is it better to use a mortgage broker?

Bank loan originators are only able to offer limited loan products they have in-house, often charge higher rates, higher fees, and are slower to adapt to change due to large organizational operations. An independent mortgage professional is a licensed mortgage expert (consistently undergoing continuous training), specializes in mortgages only, partners with several lenders to of-

fer multiple loan products giving you more options, often offers lower rates and cheaper costs due to less overhead, and adapts to industry changes quickly. FindAMortgageBroker.com is there to help. (I do not make any money referring you to this site.)

What taxes would I have to pay if I flip real estate?

When you buy a home, fix it, and sell it, you will have to pay taxes based on the amount of time you held onto this asset. If you hold onto it for a year or less, you're going to be taxed on your short-term gains at ordinary income-tax rates. If you hold this asset for more than a year, you're going to be taxed at the long-term capital gains rate. If you "flip" real estate too frequently, you are considered "in business" - opening a whole different set of rules. You can defer tax on your real estate gain by exchanging it for another property, known as a like-kind, or Section 1031 exchange. This must be clearly stated in escrow. You can do unlimited 1031 exchanges your whole life.

Ask Julia by email: julia.yoder@yahoo.com

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Member of Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: CalStarBenefits.com/28485

DCBA Investigation Helps Lead to \$10.5 Million Settlement for Latino Immigrant Consumers Harmed by Major Retailer

LOS ANGELES COUNTY - Extensive, years-long investigative work by the Los Angeles County Department of Consumer and Business Affairs (DCBA) assisting the Office of California Attorney General Xavier Becerra has resulted in a \$10.5 million partial settlement against Los Angeles-based retailer Curacao for business practices that unlawfully harmed primarily Spanish-speaking immigrant consumers and their families.

The settlement resolves multiple allegations included in a 2017 lawsuit filed by the Attorney General against Adir International, the parent company of Curacao, and its owner Ron Azarkman. The lawsuit alleged that Curacao lured in customers by advertising low prices and easy credit, then informed those consumers they could only buy at the advertised price after purchasing ancillary accessories, warranties, or installation services. In other cases, Curacao added items to payment contracts without the customers' knowledge.

DCBA investigators spent hundreds of hours interviewing dozens of Curacao's affected customers, nearly all of whom are Latino immigrants with low incomes who communicate primarily in Spanish, to collect and provide crucial evidence to support the Attorney General's lawsuit and eventual settlement.

"Immigrants in Los Angeles County, particularly those whose primary language is something other than English, face signifi-

cant challenges every day. The least they can expect is to be treated fairly and lawfully by businesses that serve and market to them in their preferred language," said DCBA Director Rafael Carbajal. "We are pleased that the Attorney General has secured relief for consumers who need it most, and that we were able to play our part to help keep the marketplace fair for both consumers and businesses which properly follow the law."

If you believe you've been a victim of unlawful practices by any business, please contact DCBA at (800) 593-8222 or file a complaint online at dcbalacounty.gov. DCBA provides free, one-on-one support for all residents of Los Angeles County and customers of Los Angeles County businesses.

As part of the Attorney General's announcement, Curacao must provide \$10 million in debt relief for consumers who were harmed by their conduct. The settlement also includes additional debt forgiveness for customers who are still paying Curacao for unlawful small claims judgments, plus \$500,000 in civil penalties. The settlement also includes injunctive terms requiring Curacao to comply with California law and treat its customers fairly and ethically. Those terms include:

- Curacao stores will prominently display a consumers' bill of rights;
- Curacao must sell items as they are advertised, and must provide additional disclosures in its

advertising;

- Senior management will review Curacao's advertising for compliance with the court judgment;

- Curacao must fully disclose all material contract terms before asking customers to sign contracts;

- Curacao must provide customers with a contract in their language before asking them to sign;

- Debt collection efforts will be limited to one phone communication per day with delinquent consumers;

- Curacao will stop debt collection activities against, and clear the credit records for, consumers who had default judgments entered against them in unlawful small claims actions;

- A corporate ethics expert will help Curacao create and maintain an effective sales incentive, compliance, and ethics program that incentivizes lawful behavior, and that includes annual ethical culture surveys and assessments; and

- Curacao will regularly report its compliance to the Attorney General for several years and provide access to its records for review.

The settlement is a stipulated judgment that resolves part of the state's lawsuit against Curacao. Unresolved claims related to Curacao's illegal payment protection plans and insurance practices will be tried in Los Angeles Superior Court.

THE CAR GURU
WHAT YOU "AUTO" KNOW
By Gene Morrill - Certified Automotive Specialists

Spam Alert - Do Not Be Fooled by Calls About Expiring Auto Warranties

We have all had them... robo calls telling us our vehicle warranty is about to expire! Sadly, once we answer the call, the company who initiated the calls knows your phone number is legitimate and they will keep calling. Even more aggravating, they make big bucks selling your number to other organizations! Even if you block the original number, they will simply use a different caller number next time.

Should you, for whatever reason, engage with a live person on such a call, do not give out any personal information such as social security number, driver's license number, credit card or bank account numbers. Always protect yourself from fraudulent scammers.

The best course of action is not to answer any phone number you do not recognize. Even though these callers know they are violating telemarket-

ing and robocall rules, they make enough money to take the risk and will simply pay the fine if they are caught.

If you want more information, visit www.fcc.gov/consumers/guides/spoofingand-caller-id. Here are some options if you would like to file a complaint:

- Visit <https://consumercomplaints.fcc.gov>
- Call 1-888-CALL-FCC (1-888-225-5322)
- Visit www.fcc.gov/stop-unwanted-calls for more information.

Hopefully, together, we can stop these annoying calls!

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Emanate Health Announces New Visitor Policy as COVID-19 Cases and Hospitalizations Continue to Drop

COVINA - Emanate Health, the largest health care system in the San Gabriel Valley, today updated its visitation policy allowing patients to see one visitor per day in its three hospitals.

With the number of COVID-19 cases and hospitalizations sharply dropping following the winter surge, Emanate Health is following public health guidance and allowing visitors to safely see patients. The new policy applies to Inter-Community Hospital in Covina, Queen of the Valley Hospital in West Covina and Foothill Presbyterian Hospital in Glendora.

"Allowing patients to see family and friends during their hospitalization is an important part of the recovery process," said

Emanate Health CEO Robert H. Curry. "Our new policy allows visitors to see their loved ones while maintaining the stringent protocols that promote the safety of all patients and staff in our three facilities."

The policy allows patients to see one visitor per day for more than one hour. The patient will select one person to be their designated guest during the extent of their hospital stay. Visitors—who must present identification and be at least 18 years old—will also be required to complete a temperature screening and properly wear a face mask throughout their stay. Visitor hours are between 11 a.m. and 8 p.m.

Patients with COVID-19 or

under investigation for potential exposure to the virus may not receive visitors. Visitors who are under quarantine or have tested positive for the virus within the last 14 days may not enter the hospitals. Visitors will be allowed in the Emergency Department. The new policy does not apply to the Family Birth & Newborn Center and end-of-life patients. Special exceptions are made on a case-by-case basis.

With surgeries safely returning to Emanate Health, patients are strongly advised not to delay their care, see their primary care physicians or reschedule any previous surgeries that may have been cancelled because of the COVID-19 pandemic.

FPH Announces Scholarships for Students Majoring in a Health Field

GLENDORA - Emanate Health Foothill Presbyterian Hospital Auxiliary in Glendora is happy to announce its 2022 scholarship program available to high school graduates and college students who are majoring in a health career field. All applicants must be United States citizens and California residents. Students must fully complete the entire 2022 application form in order to be considered by the Scholarship Committee.

The application link for 2022 scholarships is at <http://www.emanatehealth.org/fphauxiliary>.

Completed and signed scholarship applications must be received on or before the end of the business day on April 30, 2021. They may be mailed directly or delivered to Emanate Health Foothill Presbyterian Hospital Auxiliary Scholarship Committee at 250 S. Grand Ave., Glendora, CA 91741. There will also be drop off box in the Reception/ Lobby area of the hospital entrance. If you have further questions regarding the application please email the Volunteer office at tramirez@emanatehealth.org.

Around the Valley & Senior News

Are They Responsible and Are They Accessories to Crimes?

You have Gavin Newson during his campaign to become governor who was clearly asked a question about the will of the people with their vote to approve the death penalty. Newson clearly stated that he personally does not support the death penalty however, if elected he would support the will of the people. After being elected and within 3 months he basically abolished the death penalty in the state of California and removed all the apparatus that was needed to carry out an execution. He lied to the people.



George Ogden
That's just the way it is!

The reason I am talking about this is because of who should be liable with those individuals that may commit another murder, most likely while in prison.

The families of the victims were devastated. There was a cop killer on death row who killed the West Covina police officer and was sentenced to death. Officer Wrede did not deserve to die in the matter that he did.

Michael Jackson got into a confrontation with the officer and was able to actually rip the shotgun out of the patrol unit and shot the officer in the head. Jackson was arrested and convicted and condemned to the death penalty on 3 different occasions. Now, he will never be executed. The argument would be "cruel and unusual punishment" if try to re-establish his death penalty at a later date. First you sentenced

of Los Angeles County; Breed and Herrera instead endorsed his opponent, the incumbent Jackie Lacey.

Gascón is not from this country and is from a country that is infested with crime and criminals. My guess would be that he would do what he can to stop crime in this country. Apparently, he must think that is just the "way of life" and people should accept this.

In February 2021 an effort began to place a proposition on an upcoming ballot to remove Gascón from office. The recall is supported by the LA County Sheriff Alex Villanueva and some former Los Angeles legal and law enforcement leaders.

Now with these offenders being released back into our community, without any punishment at all but with more like a "pat on the back" and keep up the good work, terrorizing and committing crime in the community, you have to ask yourself... "If these same people commit more crimes because of the actions of the governor and the Los Angeles County Dist. Atty., are they not responsible as well?" They did not do their job and if they did, most likely these additional crimes were not have occurred or happened against the people if they were in jail. In my opinion, they are definitely responsible.

"That's just the way it is!"

him to death, now you don't and if you try to do it again... that is just absolutely cruel. Well that's just too freaking bad in my opinion.

Now you have this elected District Attorney for Los Angeles County, George Gascón who is in charge and appears to be failing to enforce the arrest laws. No jail, no bail, concept has turned into a disaster. This was demonstrated back in San Francisco during Gascón's time as District Attorney. Property crime increased by 49%. Some of Gascón's critics have blamed this increase on his office's reluctance to file charges against low-level offenders. During Gascón's tenure, misdemeanor charges were only filed in 40% of cases presented by the San Francisco Police Department. Having worked with Gascón, San Francisco Mayor London Breed and City Attorney Dennis Herrera declined to endorse him in his bid to become the District Attorney

Seen or Heard Around Town And in The Valley

By Ed "Hondo" Torres

1. In the late 1960s, psycho Charles Manson and his band of killers were convicted for the vicious murders they committed; purportedly in order to incite helter skelter, a race war between Blacks and Whites - the Manson killers did not succeed in their overall aim, and Americans rejoiced... But currently it seems that the print and electronic national press -- through their seemingly obsessed narratives of continuous White and Black conflict - are ignorantly promoting their own "Helter Skelter".

2. In this current wacky world, don't be surprised if someone accuses you of being a racist if you drive a white car, wear white tennis shoes or have your teeth whitened... If you can't-take-the-heat, you ought to consider keeping your yellow teeth.

3. The Valley is the crossroads and "cradle" of people from so many world cultures, and is better for it.

4. It seems America has become a nation of many "victims": there are Victim Bus Lines here and yonder. Every few seconds another bus pulls up and "victims" jump in - some who bite their nails, shave their eyebrows or have bad haircuts, and others with more complex issues, real or imagined. They're all comrades-in-arms and call out through the

window for others to join them in victimhood...

5. Someone mentioned that the Center for Disease Control once suggested not-wearing-a-mask. Then later added, wear-2-masks as well as two eye patches

6. At-the-drop-of-a-hat so many relish telling everyone within hearing distance that their dog is a "rescue dog" -- but don't non-rescue dogs deserve attention, too?

7. A sports boxing great died recently and received rightful accolades in memoriam because he boxed with heart and style - aside from that, though, seems that a "sport" in which the purpose of the participants is to beat their opponent to-a-pulp, maybe isn't a sport.

8. Public tennis courts become pig pens when hoggish players muddy the tennis courts for more than an hour at a time, even though other players visibly await their turn.

9. And, remember, it's always TRUMPS fault - so if you have gophers in your gas tank, it's TRUMP'S fault; and, drum roll please, if you have termites in your ears, it's most definitely TRUMP'S fault.

10. Finally, reportedly the Catholic Church announced recently that it would continue to prohibit priests from performing same-sex marriages, and some consider the decision a violation of civil rights - though, to paraphrase things, people need to remember to render-to-Caesar what belongs to him, but in turn give to individual churches what is their due.

Comments/suggestions to: honnod1@yahoo.com

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"TIME JOCKEY" - Cerro Azul No. 4

By Joe Castillo

Oil Strike... Edward L. Doheny accumulated over \$100 million in wealth in the early 1900's by extracting, transporting, storing and refining large amounts of oil from Southern California and Mexico natural resource pools. Doheny's timing could not have been better as the world was on the verge of conflict and oil was in great demand but supplies were limited causing a steep increase in price. Mexico was experiencing internal political conflict and the government both sought foreign intervention but at the same time wanted to nationalize many of the countries profitable natural resource operations.

One of Doheny's earliest land acquisitions in Mexico was a 10,000-acre site along the southern end of the Gulf of Mexico. The area was known as Cerro Azul, a vast acreage of land used

for cattle grazing since before the time of the Spanish arrival in the New World. Over 300 year later, Doheny would see asphalt seepage with cattle bones bubbling to the surface. The area had been identified as a potential site for large amounts of oil but the problem was how to extract the oil. But first Doheny had to build a 50-mile road and railroad to bring equipment and supplies through the jungle to build oil derricks, one of which would be named "Cerro Azul No. 4".

A large storage tank was built connected by two 8-inch pipelines which were adjacent to the newly built oil derrick. Without knowing how much oil was underneath the land, Doheny had put into place all the elements needed to extract, transport and store large amounts of undiscovered oil. Workers had drilled for weeks with no success but finally on February 9, 1915, a stream

of water shot out through drill shaft and a smell of gas filled the air shortly afterwards. Workers were instructed to back off proximity to the drilling site but a photographer was brought in to film any potential oil gusher.

Finally, a loud rumbling could be heard underneath the land and minutes later a water gusher of immense strength shot through the oil derrick forcing the equipment to fly as much as 120 feet away and with such a force it embedded the equipment 16 feet deep into the land. For several more hours, no oil came but finally, after a long wait, oil gushed from the shaft to a height of over 100 feet. For seven days, the oil could not be controlled and the stream shot higher and higher until it reached a height of nearly 600 feet. Over a 24-hour period, it was estimated that 260,000 barrels of oil had been released in a 24-hour period. Eventually, the stream of oil was brought under control and Doheny would be able to control its production while shipping it for refining.

For the next 14-years, Cerro Azul No. 4 would produce an astonishing 57 million barrels of high-quality crude oil. The production resulted in Edward L. Doheny becoming one of the wealthiest men in the world overnight and Cerro Azul No. 4 becoming one of the most productive oil discoveries ever, a discovery which was recorded on film...

Joe Castillo is a freelance historical writer who has been covering Southern California history for 13 years and has written 5 books on the topic. He can be reached at joeacastillo@aol.com.

STATEPOINT CROSSWORD

THEME: THE 1960s
ACROSS

- *Kennedy and Ruby
- Credit card acr.
- Just in case
- Yemeni's neighbor
- Scheduled to arrive
- *First full-disk image of it was taken in 1966
- Alleviated
- Wildfire remains
- One born to Japanese immigrants
- *"Catch-22" author
- *Oscar-winning leading lady of "Mary Poppins"
- Green or black beverage
- Piercing woodwind
- Mom in U. K.
- ___ and drab
- Good-for-nothing
- *TV's Batman, ___ West
- Figure skater's jump
- Make happy
- Hitchhiker's quest
- *"Wilt the ___" of pro basketball
- Femur, e.g.
- Cut it out
- Away from port
- Largest organ of human body
- Like anti-cruelty society
- Same as #42 Down
- Even, to a poet
- Roaster's spot
- *It's the loneliest number
- *Sam Walton's company
- *Haircut popularized by the Beatles
- Relating to axis
- PC brain
- *Sting Ray and Mustang, e.g.
- Threshing hand tool
- *"On ___ Majesty's Secret Service"
- Dostoyevsky's novel, with The
- Seaside bird
- Tibetan ox
- Condemn

- DOWN
- *Hasbro's G. I.
 - Same as ayah
 - Four six-packs
 - Genuflected
 - Sashayed
 - Month of Purim
 - Abscess contents
 - Repair
 - Bear's den
 - Gaelic tongue
 - Meat and potato dish
 - Not that
 - Take to one's heart
 - ___ Grey and James ___ Jones
 - Noggin or dome
 - #24 Across players
 - * ___ on Washington

CROSSWORD													
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Senior Services Virtual March Presentations

ARCADIA - The Recreation and Community Services Department, Senior Services Division is offering free informative virtual presentations in March. On Friday, **March 26** at 12pm, Methodist Hospital's Dr. Dana Pan, a gastroenterologist will discuss Stomach Issues, What You Need to Know!. Dr. Pan will talk about diseases of the "lower track", Colorectal Screenings, GERD, Peptic Ulcer Disease, and Irritable Bowel Syndrome. On Tuesday, **March 30** at 10am, California Health Advocates will discuss COVID-19 and Healthcare Fraud.

Some of the topics are: COVID-19 investment scams, learn how charitable giving scams work, healthcare scams and fraud.

If you are interested in learning about these programs but do not have a computer there is a dial-in option. All individuals must pre-register by calling Arcadia Senior Services at 626.574.5130 at least one day prior to the presentation. We will be requesting you to provide an email address if you have one. For more information, please call the Senior Services Office at 626.574.5130.

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- *First American astronaut to orbit the Earth
- Table in Spanish
- Type of bargain
- Best not mentioned
- Ultimate goal
- Slightly pointed on a Hobbit
- Pro bono
- Scratchy's nemesis
- Chopin piece
- Drift
- Rod for a hot rod
- One with pants on fire?
- Street in Anytown, USA
- Darkness or gloom
- Relating to ear
- Poverty-stricken
- Cause of Princess' downfall
- Pig's home

March 18, 2021 Puzzle Solution

C	H	A	S	M		B	B	C		L	E	A	S	
L	I	C	H	I		L	E	A		M	E	R	C	Y
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W	E	E	D	I	N	G		O	R	G	A	N	I	C
			E	M	U		P	L	A	Y				
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F	U	L	L	S	U	N		L	E	T	T	U	C	E
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Assemblymember Holden Recognizes Fran Robertson as Woman of the Year for 41st Assembly District

SACRAMENTO—As part of the California State Assembly’s annual celebration of Women’s History Month, Assemblymember Chris Holden recognized Fran Robertson as the 41st Assembly District’s Woman of the Year. Robertson is a La Verne resident and Director of Sowing Seeds for Life, a non-profit dedicated to eliminating hunger in the communities they serve and responding to emergencies for those in need.

“I am thrilled to announce Fran Robertson as Woman of the Year for the 41st Assembly District,” said Assemblymember Holden. “Fran was a hero before the Pandemic, now she’s a superhero with the impact she is making to help families put food on the table.”

In response to the COVID-19 Pandemic, Sowing Seeds for Life expanded its capacity to serve people and families in need and assembled a team of volunteers who served over 200,000 people in 2020 – more than double their pre-COVID-19 monthly average of about 9,000 people. Sowing Seeds for Life grew their capacity to serve both from their faithful corps of volunteers who transitioned to a contactless drive thru food pantry and from a successful partnership with the Fairplex.

“When Fran sees food insecurity in the community, she develops a plan and executes it to provide solutions that improves



Fran Robertson - 41st Assembly District's Woman of the Year

lives,” said Holden.

Over the years, Fran Robertson has initiated additional food programs that benefit seniors and Veterans. She also helped college students struggling with home and food insecurity, by establishing Sowing Seeds for Life’s first mobile food pantries in the San Gabriel Valley emphasizing service to college students who attended Cal Poly Pomona.

Fran Robertson is a graduate of Cal State San Bernardino with a degree in Marketing. In addition to her work with Sowing Seeds for Life, she has dedicated herself to non-profit organizations in the Inland Empire and San Gabriel Valley, including the Humane Society of San Bernardino and local branches of the Salvation Army, The United Way, The Pomona Valley Workshop and Inland Empire Hope Partners.

Chin Ho Liao Appointed Mayor of San Gabriel

SAN GABRIEL - Earlier last week, the San Gabriel City Council appointed Chin Ho Liao as Mayor of San Gabriel.

Of the appointment, Mayor Liao said, “After one year of the COVID-19 pandemic, we all have to work together with compassion so that we can bring love and peace to everyone in the San Gabriel community.”

Chin Ho Liao was elected to the City Council in March of 2013. He is a retired engineer who has been actively involved in community service in San Gabriel for over twenty years. Chin Ho’s priorities for San Gabriel are improving streets, strengthening the community voice, maintaining public safety, and ensuring a balanced City budget.

The City Council also appointed Tony Ding as Vice Mayor of San Gabriel. Of his ap-



Mayor Chin Ho Liao



Vice Mayor Tony Ding

pointment, Vice Mayor Ding said, “I am honored to be appointed Vice Mayor by the City Council. As Vice Mayor, I will continue to work hard to make San Gabriel a better place to live by working closely with my colleagues and everyone in our community.”

Tony Ding was elected to the San Gabriel City Council in March of 2020. His priorities are

attracting new and quality businesses while developing new streams of revenue for San Gabriel, improving infrastructure by resurfacing residential streets, fixing sidewalks, alleviating traffic issues/concerns, and increasing accountability and transparency by managing the budget efficiently and communicating more effectively with residents.

A Free Tool From The Social Security Administration You Need

Whether you are receiving Social Security benefits or retirement is years away, the Social Security Administration (SSA) has a free and secure online tool you want to check out today. According to SSA, more than 55 million people have already created their own online my Social Security account at www.ssa.gov/myaccount.

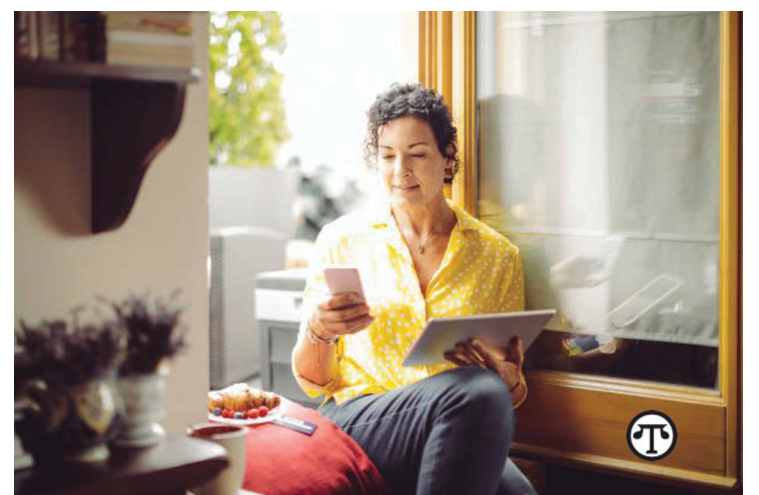
You can create your account in about 15 minutes. Why should you create an account? Your personal my Social Security account puts you in control of your Social Security information and benefits, and provides you immediate access to get or request assistance from SSA without calling Social Security or scheduling an appointment. Check out below what you can do whether you do or don’t receive benefits.

If you are not receiving benefits:

A my Social Security account provides personalized tools, tailored for you. You can:

- Request a replacement Social Security card (in most states);
- Estimate future benefits;
- View estimates for spouse’s benefits;
- View your Social Security Statement to verify your earnings history and see benefits estimates;
- Print proof that you do not receive benefits;
- Apply for benefits; and
- Check the status of your application or appeal.

Your personal earnings history and estimates of future benefits are great resources to help you plan for retirement. Working and paying Social Se-



You can control your Social Security account from the comfort of home.

curity taxes on those earnings is how you build Social Security credits to become eligible for Social Security retirement and disability benefits. If you have a financial planner, don’t forget to discuss how you can use the information in your Social Security Statement to help you plan and know what to expect when you are ready to retire.

When you do receive benefits:

Your personal my Social Security account gives you access to many Social Security services from the comfort of your home or on the go. You can:

- Request a replacement Social Security card (in most states) or Medicare card;
- Print your benefit verifica-

- Change your address;
- Set up or change your direct deposit;
- Print your Social Security 1099 (SSA-1099) for tax purposes; and
- Opt-out of mailed notices for those available online.

With a my Social Security account, you are no longer limited to phone, mail or an in-person appointment to get help from Social Security. The system safely protects your personal information, so you can access your account from anywhere.

Visit www.ssa.gov/myaccount today to sign up and take advantage of what you can do online with Social Security. (NAPSI)

ATM Burglary Suspects Arrested



Charles Fettel



Raymond Loftin

WEST COVINA - On March 21, 2021, at approximately 1:34 am, West Covina Police Department responded to a call regarding a burglary in progress in the area of Azusa Avenue and Rowland Avenue. Two suspects used chains to forcibly steal an ATM and fled the location. Officers arrived to the scene and immediately noticed that one standalone ATM was missing. Officers were able to follow a debris field to locate the stolen ATM and the commercial flatbed truck used;

both had been abandoned in a local residential area. While continuing to search the area, officers located a getaway vehicle, occupied by the two suspects, and attempted to stop it. However, the vehicle failed to yield and a short pursuit was initiated. The pursuit ended in the area of South Duggan Avenue, in the city of Azusa, when the vehicle collided into a fence. The driver and passenger fled on foot but were quickly located and taken into

custody.

The ATM and all currency was recovered.

The suspects, both residents of San Bernardino, were arrested. Charles Fettel, 35, and Raymond Loftin, 36, were booked for burglary and grand theft. Bail for Fettel is currently set at \$75,000.00. Loftin is being held on a no-bail warrant.

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 • Medical and/or prescription insurance card
 Please be on time and have all required documents ready. Expect to stay onsite for 15 to 30 minutes after your vaccination for observation.
 For more information visit foothilltransit.org/Covinvaccine or CovinaCa.gov.

Azusa Fire Injures Two Firefighters



LA County Firefighters responding to an apartment fire. (Courtesy of LA County Fire Dept.)

By George Ogden

AZUSA - On Saturday, March 20, L.A. County Firefighters responded to an apartment fire at 7:34 a.m. to the 1100 block of West Calle De Las Estrellas. They had the fire out at 8:21 a.m., according to a Los Angeles County Fire Department.

While fighting the fire, two firefighters were injured. The

two firefighters are expected to survive injuries sustained while battling a fire at a two-story apartment complex in Azusa. One firefighter suffered non-life-threatening burn injuries and was rushed to a local burn center for further evaluation. Another firefighter suffered minor injuries to his lower body and was taken to an area hospital.

Firefighters knocked down fire in a two-story apartment

complex in 41 mins. Two adjacent units were spared heavy damage through a coordinated effort and aggressive fire attack.

Prior to fire departments arrival, a quick acting neighbor threw a ladder to the roof and assisted two occupants of home safely to the ground. Their path downstairs and out the door was blocked by fire. As a result, they exited a 2nd floor window.

The cause of the fire was under investigation.

San Dimas Hiring Lifeguards

SAN DIMAS - Make a Splash and earn some Cash! Are you looking for a great job that is both challenging and fun? The City of San Dimas Parks and Recreation is a great place to start! The Lifeguard is a part-time hourly position. Apply here: <https://www.calopps.org/san-dimas/job-20075001>

Bonita Unified Prepares for April Reopening, Hybrid Learning

SAN DIMAS - Bonita Unified School District will welcome transitional kindergarten through fifth grade students back to campus on Monday, April 5. Elementary students will be taught in a hybrid model, designed to meet state and county health and safety pro-

ocols. The District also set an April 12 target date to reopen its middle and high schools using a similar hybrid model. Bonita Unified students will also have the option to remain in distance learning for the remainder of the year.

City of Duarte Cesar Chavez Day

DUARTE - Come take a walk into the farm workers' revolution! To commemorate the labor and civil rights activist Cesar Chavez, the City of Duarte's AmeriCorps cohort invites residents to walk through its pop-up exhibit along the Donald and Bernice Watson

Recreation Trail, March 27-31.

This all new exhibit will tell the story of Chavez's life, vision for equality, and this humanitarian work to help migrant farm workers. The exhibit opens Saturday, March 27 and will run until Wednesday,

March 31. Residents should practice social distancing and mask up while enjoying the exhibit.

For more information, please contact Daisy Perez, AmeriCorps Lead, at (626) 357-7931, ext. 206.

THE CITY OF DUARTE'S AMERICORPS COHORT PRESENTS:

CESAR CHAVEZ EXHIBIT

MARCH 27-31, 2021
DONALD AND BERNICE WATSON RECREATION TRAIL

This all new pop-up exhibit will serve to honor and celebrate labor and civil rights activist Cesar Chavez. It will focus on educating visitors about his life, vision for equality, and humanitarian work to help migrant farm workers. Residents are invited to view the visual display along the Donald and Bernice Watson Recreation Trail from dawn to dusk.

Exhibit visitors are strongly encouraged to practice social distancing and mask up while enjoying the exhibit.

City of Duarte, AmeriCorps, DUARTE, CalSERVES

For more information, please contact Daisy Perez at (626) 357-7931 ext. 206 or AmeriCorpspr@accessduarte.com

Easing Students' Anxieties as They Return to the Classroom



Photo Source: (c) kaili9 / iStock via Getty Images Plus

Opening the doors is only step one in returning students to the classroom. As the pandemic eases, parents and teachers will also need to actively address a year's worth of isolation and anxiety.

When it comes to the emotional well-being of students post-pandemic, a new study reveals that teachers expect significant challenges when schools make a full return to in-person learning.

The study, commissioned by the Crisis Prevention Institute (CPI), the world leader in de-escalation training, shows that 84% of teachers say student trauma, mental health issues and increased anxiety are their biggest concerns with full classroom re-entry.

"Many of those in school communities have faced adversity and trauma, ranging from upended routines to home isolation and loss of family members. Simply restarting school won't erase the aftereffects," says Susan Driscoll, president of CPI.

In many cases, the past year has simply exacerbated issues that predate COVID-19. It's estimated that prior to the pandemic, nearly half of all students in the U.S. had experienced some form of trauma, according to the nonprofit research organization, WestEd.

Driscoll says that while the federal government's COVID CARES Act will provide essential financial support at the district level, at the individual level, families and teachers are in a position to help make the transition as smooth and successful as possible. "Ideally, all individuals in a student's life will be aligned in helping them prepare for their return to school," she says.

Having trained more than 15 million individuals over four decades in its techniques, CPI is lending its unique knowledge during this transitional period.

Here are some of the organization's top tips for teachers and parents who are busy making preparations for the return to in-person learning:

- Create a good learning environment: Classrooms should be well-organized and structured, but also welcoming to re-establish a familiar routine.

- Listen empathetically: Offer your undivided attention, then provide thoughtful, nonjudgmental feedback.

- Rebuild trust: In a recent survey by the American Federation of Teachers and the New York Life Foundation, only 15% of educators said they feel very comfortable addressing students' emotional needs caused or intensified by the coronavirus outbreak. While teachers may feel a bit unprepared in this area, making it clear to students that sharing their feelings and concerns is appreciated and encouraged

will go a long way.

- Acknowledge your own anxiety: Take the time to understand the reasons you are feeling anxious and seek a positive outlet.

Additionally, CPI has created educator-specific supplemental content to its Nonviolent Crisis Intervention training. That training, which is approved for stimulus related federal funding via the Elementary and Secondary School Emergency Relief (ESSER) Fund, will focus specifically on recognizing the stages of an escalating crisis, as well as learning evidence-based techniques to appropriately de-escalate. During its 40-year history, CPI has trained more than 55,000 educators worldwide in non-violent crisis techniques that assist with de-escalating and managing heightened school situations. To learn more, visit crisisprevention.com/About-Us. (StatePoint)

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Hosted By: *Yvonne Diaz & Carolina Martinez*
626-722-9818

30+ VENDORS, COCKTAIL LOUNGE, FOOD, SWEETS, CLOTHING, ACCESSORIES, HANDMADE CRAFTS, PHOTO WALL, ARCADE, MASSAGE THERAPY, PLANTS, RAFFLES & MORE!

IF YOU SEE SOMETHING, SAY SOMETHING.

REPORT SUSPICIOUS ACTIVITY TO THE POLICE

PRESENTED BY:

Athens Services, SOUTHLAND Properties, SoCalGas, Sempra Energy

2021 GLENDORA

STATE OF THE SCHOOLS

MARCH 31ST, 2021 AT 6:30PM

Citrus College, GLENDORA UNIFIED SCHOOL DISTRICT, CHARTER OAK SCHOOL DISTRICT

RSVP at <https://WWW.GlendoraStateoftheSchools.com>