



# San Gabriel Valley Examiner

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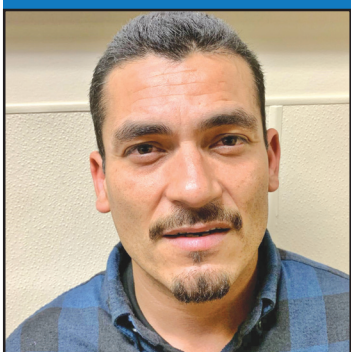
May 20 - 26, 2021

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# Remembering Our Fallen Peace Officers

By Joan Schmidt

Remembering fallen peace officers occurs at local, state and national ceremonies. Peace Officers Memorial Day is May 15th, and Police Week is the week in which Peace Officers Memorial Day occurs. This tribute began on October 1, 1961 when Congress asked President John F. Kennedy to designate May 15 to honor peace officers, and he quickly signed the bill.

Besides recognizing fallen peace officers as a nation, special tribute has occurred in Sacramento since 1977 with California Peace Officer Memorial Ceremonies. There is a beautiful bronze monument of three standing figures, representing an 1880's County Sheriff, a 1930's state trooper and a 1980's city policeman looking down at a life-sized figure of a woman comforting a child sitting on a bench, representing the grief-stricken families left behind.

Locally, the Sheriff's Department begins its tribute with the annual three-day Memorial Torch Relay Run totaling 339 miles and stopping at each mainland station. Also the Avalon Station has its relay run on Catalina Island. Because of



LASD Deputy Shane York's name is added to the Buena Park Police Department Fallen Officer's Memorial. Family and friends were present for the unveiling of the Memorial.

the Covid, this year there was no torch passed. However, each station held its own run. Runners met at Temple Station. Captain Reyes spoke of Deputy Dave March's sacrifice and of all peace officers who die in the line of duty. After stopping at Dave's Memorial and remembering him, Temple runners continued their 2nd 5-mile leg to Azusa.

The Sheriff himself conducted a special Memorial Ceremony at Sheriff's Headquarters in Los Angeles. Usually the torch is handed to the Sheriff. The name of any Law Enforcement Officer who died in the line of duty that year is added to the Memorial Wall. There is a special guest speaker and the Sheriff and Chief of Police (of the agency of the fallen officer) speak. Doves are released. There is a Presentation of Colors by a special honor guard and bagpipes. Very moving.

Something very wonderful happened in Buena Park, May 13, this year. At 9 a.m., they unveiled a new Buena Park

Police Department Fallen Officer's Memorial site. Inscribed are the names of their three officers who made the

ultimate Sacrifice: Detective Darrell "Bud" Cate, Corporal Tyler Matthew Pinchot, and Officer Daniel Ryan Ackerman. Also included is LASD Deputy Shane York. In 1997, he and his fiancée were off duty and at a Beauty Salon. Robbers made everyone lay on the floor and asked for their wallets. When they saw York's badge, they pointed the gun to the back of his head and executed him. The cowards were found. His fiancée and family were devastated.

Adding Deputy York to the Buena Park Police Memorial was a true act of brotherhood that exists in law enforcement. LASD was humbled and so appreciative of York's name being added. Sheriff Villanueva thanked Police Chief Corey Sianez, and the families of the fallen officers in the audience: "First and foremost, you will always be in our thoughts and prayers; it's a tribute we will never forget."



Buena Park Police Department Fallen Officer's Memorial.

## Emanate Health's "Welcome Line" Honors Health Care Heroes During National Hospital Week



Welcoming the health care workers were Angela Bernacki, Chief People Officer, Emanate Health, Gurjeet Kalkat, MD, Chief Medical Officer, Emanate Health, Glendora Mayor Karen Davis, Charles "Chip" Riddle III, Chief Support Services Officer, Emanate Health and Diane Martin, MBA, Chief Marketing and Communications Officer, Emanate Health. (Photo credit: Steve Miller, Emanate Health)

By Jayam Rutnam

**GLENDORA**- To mark National Hospital Week, elected officials in the San Gabriel Valley gathered to recognize health care workers during the morning shift changes at Emanate Health

Hospitals in Glendora and West Covina. Mayors and council members joined Emanate Health officials and staff to participate in surprise welcome lines to honor battle-tested health care heroes reporting to work or leav-

ing for the day. As COVID-19 begins to wane locally, Emanate Health used the celebratory gesture to launch National Hospital Week at Foothill Presbyterian Hospital in Glendora and Queen of the Valley Hospital in West Covina.

On Friday May 14th, at 6.30 a.m. there were about fifty people who lined the entrance to the Emanate Health Foothill Presbyterian Hospital with rattles, banners and signs, who cheered on the health care workers that have spent the last 14 months fighting COVID-19, whose impacts have not been seen in more than 100 years. The surprise welcome lines are part of a series of recognition events that took place at Emanate Health hospitals, May 9-15, to celebrate National Hospital Week. Other events included candy bar and ice cream giveaways, free In-N-Out Burger days at each hospital, raffle prizes and other surprises.

## Mihir Anand of Glendora Recognized For His Leadership Skills



Mihir Anand, Glendora High School Senior, is presented with a check from Dr. Ann Croissant.

**GLENDORA** - In recognition of leadership in outstanding projects, service and his high school commitment with extraordinary successes, focusing on Urban Ecological Conservation, and Preservation, Mihir Anand was awarded a \$1,000 Scholarship by the San Gabriel Mountains Regional Conservancy (SGMRC), which was presented by Dr. Ann Croissant (President of SGMRC).

Mihir, a Senior at Glendora High School, investigated the urban ecological need and formed an organization/ outreach initiative called *Fruitfully*

*Yours* (FLY) for seasonal harvesting of edible fruit trees, which contributed continuing resources for food pantries, as food supplies for those in need of special services and community care. Besides being key to the formation and continuing management of *Fruitfully Yours*, he has also been involved in outreach, training, scheduling, data collection and technology development. Mihir is a "community voice," resulting in thousands of pounds of fresh produce delivered as a staple resource to meet regional hunger needs.

Besides *Fruitfully Yours*, Mihir excels at school and tennis. After graduating from Glendora High School in June this year, he is committed to join Stanford's prestigious Computer Science undergraduate program in the fall, where he hopes to continue his social entrepreneurship track along with leveraging advanced technologies to define a better and more sustainable future for all.

*Fruitfully Yours* can be found at [www.fruitfullyyours.org](http://www.fruitfullyyours.org) and on Facebook and Instagram at [@fruitfullyyoursnp](https://www.facebook.com/fruitfullyyoursnp).

## Tribute to Veterans & Military Families

Honoring those who've served our country and county

Saturday, May 29

Virtual program: 9-10 a.m.

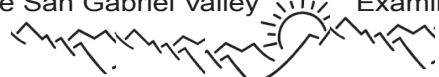
Breakout sessions: 10 a.m.-12 p.m.



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# Arrowhead Wealth Advisors Ribbon Cutting



**GLENDORA** - On Wednesday, May 5th, the Glendora Chamber of Commerce were able to have their first ribbon-cutting in nearly 14 months at Arrowhead Wealth Advisors' newest location in Glendora. Arrowhead Wealth Advisors' 2nd location is located at 1142 E. Route 66 in Glendora and is a full-service financial services company assisting clients with investments, financial planning, insurance, and much more. Welcome to Glendora!

# Celebrate National Bike Month by Adopting These Healthy Habits



This National Bike Month, pave the way for a healthy habit you and your family can enjoy together for years to come.

Whether rediscovering the joy of riding a bike or taking a ride for the first time, cycling saw a boom during the pandemic, and many believe this trend is here to stay.

May brings warm weather, sunshine and flowers, as well as the celebration of National Bike Month - an excellent time to recognize the many benefits of this healthy habit, and outfit yourself with everything you need to embrace your inner adventurer. To help celebrate the month, Huffly Bicycles is offering the following tips and insights to get you moving this month and beyond.

**Recognize the Benefits**  
Bicycling is a heart-healthy cardiovascular exercise that strengthens your lower body, yet is low-impact on joints, making it a terrific workout for adults of all ages, as well as kids and families. It's also great for the mind, and has been shown in studies to boost mood and improve cognitive function. But the benefits extend beyond the individual. Biking as a substitute for driving a car is good for the planet and your local community, cutting down on greenhouse gas emissions and air pollutants and improving traffic congestion.

**Find Time to Bike**  
Changing or creating a single habit can have unexpected and wide-reaching effects. Even with a jam-packed schedule, you can establish the habit of biking by seamlessly incorporating it into your current routine. Here are a few ideas for doing so:

- Pick one to two days a week to commute to work by bike.
- Swap out sedentary activities you do to unwind with your family, such as watching TV, with bike rides.
- Are weekends the time you spend connecting with friends? Suggest your next meet-up start with a bike ride.
- Whether you're a runner, swimmer or love working out at home, swap at least one workout a week with cycling. Cross training emphasizes different muscle groups and helps build out a more well-rounded fitness routine.

**Go Electric**  
Electric bikes are great alter-

natives for all adult riders, no matter your level of experience. An e-bike helps you get back on a bike if it's been a while since your last ride, if you have physical limitations that make riding a standard bike difficult, or if you want to keep up on a ride with more experienced friends. The pedal-powered boost can also provide a less intense alternative to traditional biking, especially for those looking to commute without breaking a sweat. Whether it's to ease back into biking or you just want a cool bike, the e-bike offers the same joys as a conventional bike ride with a bit of a kick.

**Get Equipped**  
Consider a one-stop brand, such as Huffly Bicycles to ensure

each member of your family is equipped with the bike that best meets their needs. Whether you're an adrenaline seeker in need of a tough, durable mountain or gravel bike, or a day tripper seeking a cruiser or comfort bike, Huffly offers a range of models in every style. They have tricycles, bicycles, scooters and battery-powered ride-ons for kids of all ages, from those still experimenting with foot-to-floor and first-bike fun, to active kids seeking adventure. Finally, if you're an RV-er or plan to regularly commute by bike, they also offer fun-to-ride electric bikes that make it easy to ride more miles and power up hills. For more information, visit [www.huffly.com](http://www.huffly.com). (StatePoint)

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# Masking Requirements Remain in L.A. County; Over 9 Million COVID-19 Vaccine Doses Administered

**LOS ANGELES COUNTY** - While the County's metrics continue to remain low and stable, there continues to be COVID-19 transmission in California, particularly among those who are not fully vaccinated. For that reason, the State will be keeping its current masking guidance until June 15, and L.A. County will do the same and remain in alignment with the Los Angeles County Health Officer Order of May 3. It is important to note that the Centers for Disease Control and Prevention (CDC) announcement last week was not meant to eliminate current safety modifications at local and state levels, and the CDC acknowledged the importance of maintaining local protections.

Masks are still required for everyone at:

- Large events, public transportation, retail, and business establishments
- Workplaces (under Cal/OSHA masking/distancing requirements)

Masks are still required for all unvaccinated people:

- Outdoors anytime distancing cannot be maintained

Masks are still not required for fully vaccinated people:

- Outdoors unless attending crowded events
- Indoor and outdoor visits with other fully vaccinated people and with unvaccinated people from one household without high risk people

As of May 14, more than 9,013,851 doses of COVID-19 vaccine have been administered to people across Los Angeles County. Of these, 5,326,360 were first doses and 3,687,491 were second doses. As of May 14, 58% of L.A. County residents 12 and older have received first doses and 44% have received two doses of the vaccine.

Public Health is tracking vaccination rates among teens since this is a newly eligible group and is delighted to report a great turnout among teens 12 to 15-years-old late last week and over the weekend. As of late Friday, more than 15,700 12 to 15-year-old had been vaccinated - that's in just two days of this group's vaccination eligibility. Public Health is also happy to report that 16 and 17-year-olds have continued to get vaccinated at a good

pace: 95,356 teens in this age group, 38% of all 16 and 17-year-olds countywide, have gotten at least one vaccination.

Parents are accustomed to vaccinating their children at pediatricians' offices, schools, and community centers, where they often know and trust the health-care providers they see. The goal is to help maximize these sites' capacity to deliver the COVID-19 vaccine, particularly the Pfizer vaccine, and as the warmer months arrive, to expand efforts to vaccinate teens in the parks, day camps, and other places where they spend their summers.

Public Health is focusing efforts on the 43 school districts located in the hardest hit communities in the county, including LAUSD. The first involves organizing school site pop-up clinics. There are 60 school sites where pop-up clinics are providing vaccines to people in their surrounding communities. LAUSD is hoping to send mobile teams to over 200 school sites starting next week. The second part of this strategy involves onboarding existing school-based clinics as COVID-19 vaccine providers.

The County is working with LA County and LA City Parks and Rec, Boys and Girls Club Alliance and YMCA to create partnerships aimed at educating fam-

ilies on vaccines and providing vaccine opportunities in cooperation with summer programs.

Public Health's efforts are focused on making it as easy as possible for eligible L.A. County residents to get vaccinated. This week, there are 755 sites offering vaccinations including pharmacies, clinics, community sites, and hospitals. Many of these vaccination sites are concentrated in areas that have been hard hit by the pandemic. Currently, you can obtain vaccines at the eight county-run sites, all the LA city run sites, almost all mobile sites and many of the community sites without an appointment. Many sites are open on weekends and have evening hours.

To find a vaccination site near you, to make an appointment at vaccination sites, and much more, visit: [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com) (English) and [www.VacunateLosAngeles.com](http://www.VacunateLosAngeles.com) (Spanish). If you don't have internet access, can't use a computer, or you're over 65, you can call 1-833-540-0473 for help finding an appointment or scheduling a home-visit if you are homebound. Vaccinations are always free and open to eligible residents and workers regardless of immigration status.

**Celebrate freedom.**

This Memorial Day, take a moment to remember the brave men and women who served and sacrificed for our freedom.

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Questions: Contact Pam Richards at 626-826-1445.



## Public Health Continues Tracking Variants of Concern; Studies Show Vaccine Appears to Be Effective Against Variants

LOS ANGELES COUNTY - Public Health continues to track and study variants of COVID-19 in the County. Like all viruses, SARS-CoV-2, the virus that causes COVID-19, changes constantly through mutation, and the more transmission there is of the virus, the more mutations there will be. The two most commonly circulating variants of concern in L.A. County have been, and remain, the UK (B.1.1.7) and California (B.1.427/429) variants. Of the 79 specimens analyzed by the L.A. County Public Health Laboratory in the past week, 35% were the UK variant and 6% were the California variant. The lab also detected 11 Brazil (P.1) variants last week, a significant increase from prior sequencing results.

The identification of these variants and the news of spreading variants from across the

globe highlights the need for L.A. County residents to continue to take measures to protect themselves and others; this is particularly true for those who are not vaccinated who can end up unknowingly being incubators of variants of concern. If you are not yet vaccinated or unable to get vaccinated, continue to wear a mask and maintain 6 feet of distance when around others not in your household and consider getting the COVID-19 vaccine as soon as you can. All of the information currently available indicates that vaccines appear to be highly effective in preventing transmission, hospitalizations, and deaths, even with the increased presence of variants.

Public Health continues to offer vaccinations without appointments at County-run vaccination sites while supply lasts.

Anyone 12 years and older living or working in Los Angeles County can now get vaccinated without booking an appointment (teens 12 to 17 years old must be accompanied by a parent or guardian). Registration for COVID-19 appointments will be completed on-site.

If you live or work in L.A. County and want a vaccine but are having a hard time getting away from work to get one, you can express interest in having a mobile vaccine unit come out to your business or workplace to provide vaccines to groups of employees. To express interest in a mobile vaccination team to visit you, complete the form on the vaccination site at, [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com) (English) and [www.VacunateLosAngeles.com](http://www.VacunateLosAngeles.com) (Spanish).

## Azusa Mom Stabbed in Front of Kids, District Attorney Drops Attempted Murder Charge Against Suspect

AZUSA - On May 11th, 2021 at approximately 7:55 pm, Azusa Police patrol officers were dispatched to the 500 block N. Azusa Ave regarding an assault with a deadly weapon that had just occurred. Azusa police officers arriving on scene located a female adult suffering from a stab wound to her upper torso area. The female victim told officers that she was at Edwards Park, 600 N Azusa Ave., playing with her two minor age children. A female adult approached the children and began looking at them as they played. The victim became nervous and immedi-

ately left the park with her children and began to walk southbound on Azusa Ave. The female caught up to the victim and her children and demanded that the victim "give me my daughter back." The female threatened to harm the victim if she did not return her daughter. The female then stabbed the victim in the upper torso area.

Bystanders in the area came to the aid of the victim and her children and called police. The female suspect fled on foot, but was quickly located and detained by police around the corner from the incident.

The victim was treated at the scene by Los Angeles County Fire personnel and transported to a local hospital with non-life threatening injuries.

The children who were unharmed were released at the scene to their father.

The female suspect, Brianna Hallquist a 23 year old transient from Phoenix, was arrested for attempted murder, assault with a deadly weapon, and criminal threats. Azusa Police requested Attempted Murder charges be filed, however, the District Attorney dropped those charges.

## L.A. County Begins Vaccinating 12 to 15-Year-Olds; Nearly 70% of Residents Over 64 Received Their Second Dose

LOS ANGELES COUNTY - The Centers for Disease Control and Prevention (CDC) released guidance indicating that people who are fully vaccinated against COVID-19 can safely resume activities that were done prior to the pandemic. L.A. County and the state will review the recommendations in order to make sensible adjustments. In the interim, please note that fully vaccinated people do not need to wear a mask when indoors around other fully vaccinated people, or outside in uncrowded areas. When at businesses and in crowded venues, masks are still required to be worn by everyone.

It remains important to protect workers at all worksites and all worksites must follow the requirements set forth by California's Division of Occupational Safety and Health, Cal/OSHA. Everyone must continue to adhere to required distancing and masking at all workplaces. Until Cal/OSHA changes these requirements, the County cannot be less restrictive. Proposed changes to Cal/OSHA's workplace safety standards were posted for consideration at the May 20 standards board meeting. We expect to hear more about these changes once the standards board meets this week.

The CDC affirmed the recommendation by the U.S. Food & Drug Administration (FDA) to expand the emergency use authorization for the Pfizer COVID-19 vaccine for adolescents 12 to 15 years of age, which represents nearly 500,000 individuals in L.A. County. Vaccination sites

across L.A. County began vaccinating younger teens today, and all eight County sites are offering Pfizer for younger teens as of this morning. At the County sites, and many other sites, appointments are available and walk-ins are welcome. Please note that many sites require that children be accompanied by a parent or guardian or that the child is accompanied by a responsible adult and has a signed consent form. Teens are also required to bring proof of their age at sites where they are not known to the provider. Visit the Public Health website for a map and list of sites offering Pfizer vaccines.

Schools are key partners for vaccinating everyone in a community, including newly eligible students, and the County has partnered with 60 schools to date to get vaccines into the arms of the L.A. County residents who need it most. Most of the partner schools are based in the communities hard hit by COVID-19. Of the schools currently vaccinating, 37 are already administering the Pfizer vaccine in their clinics - which means they are able to vaccinate children as well as adults.

As of May 9, more than 8,629,646 doses of COVID-19 vaccine have been administered to people across Los Angeles County. Of these, 5,194,588 were first doses and 3,435,058 were second doses.

Among people 65 and older, 83% have received at least one dose and 68% have received two doses. The County continues to make strides reducing gaps in vaccination rates among those 65

and older. Between April 9 and May 9, the proportion of Latino/Latinx seniors who have received at least one dose of the vaccine increased by 9%, Black/African American seniors by 8%, American Indian and Alaska Native and Asian seniors by 5%, and White seniors by over 4%.

Overall, 52% of residents 16 and older have received at least one dose of the vaccine and the past month has seen a lot of progress in adults of all ages in communities of color. The County has gone from 30% of Latinx adults vaccinated to 43%, a relative increase of 41%, from 54% to 68% of Asian adults vaccinated, and from 30% to 38% of Black adults vaccinated, both with relative increases of 26%. Rates among American Indian and Alaskan native adults also increased from 47% to 58%, a relative increase of 24%, and White adults increased from 51% to 61%, a relative increase of 20%. And while these are all gratifying to witness, there is still so much work to do to improve vaccination rates among Latinx and Black residents.

If you want a vaccine but are having a hard time getting away from work to get one, Public Health will work to get a vaccine to you. Employers and workers are encouraged to fill out the COVID-19 Mobile Vaccine Team Interest Form to express interest in having a mobile vaccine unit come out to your business or workplace to provide vaccines to groups of employees. The form can be found on [www.VaccinateLACounty.com](http://www.VaccinateLACounty.com).

## Deputies in La Puente Shoot Out! Suspect Arrested.

By George Ogden

LA PUENTE - On Thursday, May 13, at approximately 6:20 p.m. deputies arrived to serve an arrest warrant at an apartment complex in the 15500 1/2 block of Loukelton Street, in La Puente. This is near the intersection of Amar and Hacienda.

They were serving a warrant on a male adult. When the deputies did the door-knock and announced their presence and that they were there with a warrant, all hell broke loose. The suspect was in an upstairs apartment and he started shooting through the door. Deputies quickly scattered while returning fire. Some had to run down the stairs to get out of the line of fire while some ran away from the door on the upper level walkway.

This whole incident was caught on cellphone video by a neighbor through their security door. About a dozen shots were ex-

change.

A short time later the suspect surrendered to the deputies. It is believed that he may have been using a rifle to shoot through the door. Miraculously nobody was hit by the exchange of gunfire.

Whenever a deputy-involved shooting occurs involving Los Angeles County Sheriff's deputies, and no one is hit by the gunfire, multiple investigations immediately begin at the scene. These includes separate investigations by the Sheriff's Internal Affairs Bureau as well as sheriff's station or Detective Division investigators.

There will be a number of charges filed on the suspect who was not identified. Anyone with information about this incident is encouraged to contact the Los Angeles County Sheriff's Department's Homicide Bureau at (323) 890-5500.



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- We also believe in accuracy in fact and context. Journalists should be accountable for any news or subjects they write about.
- We believe in growth. Therefore, complaints or mistakes erroneously committed will be entertained and investigated diligently and corrected accordingly.
- We believe in performing our journalistic work to the best of our ability and will continue to present the facts clearly and fairly.

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## Reopening of Jail Visitations at CRDF

LOS ANGELES COUNTY - Los Angeles County Sheriff's Department (LASD) values the importance of visitation, and its role in family connectedness during this difficult time. LASD announced the phased reopening of jail visitation at Century Regional Detention Facility (CRDF). All other facilities are expected to reopen by the first week of June.

- Visitation Requirements:
- All visits must be scheduled in advanced. There will be no walk-in appointment allowed or scheduled at facilities.
  - Visitors will be screened for symptoms, such as fever, cough, or loss of taste. Visitors will be turned away if they have symptoms or are under quarantine or isolation orders.
  - Visitors must wear a mask at all times and maintain at least six feet of distance, or they will be asked to leave.
  - Only one adult visitor OR one adult with one child will be allowed. If more people show up, the entire visit will be canceled for everyone.
  - Visitors subject to a quaran-

tine or isolation order will have their appointment canceled.

- Visitors will have to show proof of a full COVID vaccination i, a negative COVID test within the last three days ii, or proof of previous infection iii.

Otherwise, the visit will be canceled.

For more information on visitation requirements, please go to [https://lasd.org/covid19updates/#inmate\\_visit](https://lasd.org/covid19updates/#inmate_visit).

## County Masking Guidelines for Fully Vaccinated People

LOS ANGELES COUNTY - The Centers for Disease Control and Prevention has released guidance indicating that people who are fully vaccinated against COVID-19 can safely resume activities that were done prior to the pandemic.

LA County and the state are reviewing the recommendations in order to make sensible adjustments. In the interim, please note that fully vaccinated people do not need to wear a mask when indoors around other fully vaccinated people, or outside in uncrowded areas. When at businesses and in crowded venues, both indoors and outdoors, masks are still required to be

worn by everyone. It remains important to protect workers at all worksites and all worksites must follow the requirements set forth by California's Division of Occupational Safety and Health, Cal/OSHA. Everyone must continue to adhere to required distancing and masking at all workplaces.

Proposed changes to Cal/OSHA's workplace safety standards were posted for consideration at the 5/20 standards board meeting. Until Cal/OSHA changes these requirements, the County cannot be less restrictive.

For the latest updates from the Department of Public Health, visit [publichealth.lacounty.gov](http://publichealth.lacounty.gov)



# Just the FACTS Please

FACT: Since 1913 we've seen 179 recall attempts on state elected officials in California. Ten placed on the ballot; six of those were successful; and now we are looking at the seventh with Recall Gavin Newsom and possibly the eighth with Recall D.A. Gascon.

When Newsom came into office in 2018, he told Californians he intended to accomplish ten goals during his four-year term as Governor. Three of them give me concern.

First was building 3.5 million new homes by 2025. What he didn't say to accomplish that goal, he would support efforts to override local building ordinances and increase densities of development through state-mandated general plans. Proposals I've seen so far, especially bills created by Sen. Scott Weiner (D-S.F.) make radical changes to local zoning ordinances with a huge impact on local budgets. Big question in the recall will be how seriously people take the issue of local control in their communities.

Second is solving the homeless problem and getting people into shelters leaving the question will it be with receiving proper assistance to return them to a productive part of our society. Average numbers indicate one-third of those on the streets need mental health intervention; one-third need drug and alcohol treatment; and the rest are on the street because they've fallen on hard times and need help getting back into the mainstream of life.

Newsom could have begun fixing some of those problems by supporting amendments to the Lantermann-Petris-Short Act dealing with mental health issues and reviewing Propositions 47 and 57 he supported releasing many of those with criminal records and drug problems back to our streets without intervention. No forwarding address re-



**Shade's Perspective**  
Lois M. Shade  
Former Mayor of Glendora

quired for those released. Newsom stalled out and decided it was counties and local government who should assume the responsibility for those on the streets, no matter the reason.

Part of Newsom's pre-election plan for California, was promises to end cash bail and, in office, put an end the death penalty. In both cases, the voters had spoken at the ballot box telling Newsom they approved of the death penalty and they wanted to retain cash bail. Newsom ignored the voters and proceeded to implement both with his collaborator in L.A. County, new District Attorney George Gascon. There is no doubt in my mind Gascon and Newsom are tied at the hip when it comes to the criminal justice system and both are out of touch with the voters who have initiated recalls.

Newsom has made it clear he intends to close at least one prison and signed off on AB 32, a bill authored in 2017 by our newly appointed Attorney General, Rob Bonta, to prohibit private prisons here. Private prisons are used to detain criminal illegals before being tried and/or deported. The message in that bill was to support Sanctuary State status created by SB 54 by then-Sen. Kevin De Leon, now L.A. Councilman, and to deter the federal ICE efforts to clean out the criminal il-

legals. With the collapse of border control in Texas based on Biden Harris Administration policies, if many of those criminals end up in California and L.A. County, I wonder how they will be treated based on current policies being promoted by Newsom and Gascon?

Newsom's campaign included a health care for all promise and that issue has been around since Ricardo Lara, now California Insurance Commissioner, was an assemblyman. Lara came up with a plan to provide health care involving funding through a payroll tax collecting a needed \$4 billion. That died, but with Newsom fighting off the recall, that promise may resurface again, especially since Xavier Becerra has become Biden Harris Administration's new health secretary in D.C.

If Newsom and California are going to be the new health agency, questions will need to be answered like how much will hospitals and doctors be paid; will there be co-pays and how much; and, how much will that payroll tax be, a move that could take many middle-class families down to just above the poverty level?

Newsom has already signed a bill making California the first state in the nation to provide health care to approximately 90,000 young illegal adults costing \$98 million a year. There is another proposal in this year's budget to expand that policy.

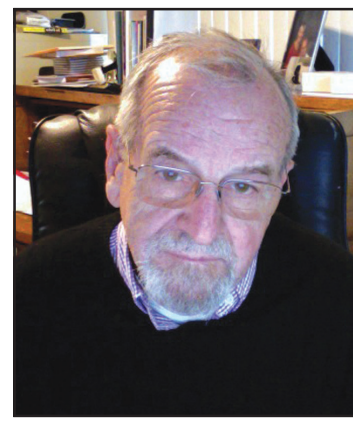
We are at a critical time in California and we need to consider carefully what is at stake in the recall elections. Promises made by Newsom were not promises kept. Gascon rewrote and is implementing the new criminal justice system based on phony ballot initiative titles and actions not supported by legal authorities. I will vote carefully this time.

# Two Of My Heroes

I am quick to admit that my occasional political commentaries must be read realizing that they flow from my biases, long-held presuppositions that to this day remain intact. Do you know anyone who comments on current issues without such biases? Some of the more popular TV and/or print journalists should not be heard or read without a heavy sprinkling of salt, even if you agree with much of what they offer. I think of Sean Hannity of Fox News on one side and Rachel Maddow of MSNBC on the other.

For me the most dedicated and trusted journalist is Bill Moyers. I tend to believe whatever he has to say, even while I run it through my own take on reality. From his early days working with LBJ he rarely missed the target, misrepresented the facts or mishandled the underlying issues. I have never read a word he has written without affirming its clarity and his humanity. In his published interviews Moyers has consistently asked the right questions and elicited from his subjects their best reasoning. I also find him and his wife Judith, to be solid, warm, caring friends, and have enjoyed their occasional visits to our community.

The other columnist whose judgment I continue to trust is David Brooks. For many years I have affirmed almost without exception what he has had to say. I never miss reading his comments in the New York Times and



Charles H. Bayer

listening to him on the PBS Friday News Hour. Even if he increasingly reinforces much of what I already hold to be true, the word that has rung true about him is "authentic." I trusted him when he was more conservative than he is now. He came from a Republican political tradition articulated by William Buckley, Irv Chrystal, John Danforth and others. But that party has now been hijacked.

To my surprise recent columns by Brooks are not about politics but instead focus on life's principal decisions. He examines the disaster generated by a brace of generations that have reduced life to "let me be me," and "do your own thing." The resulting individualistic ethos he sees as an erosion of community.

Brooks' exploration of community began with a classical Jewish childhood in Wayne, Pennsylvania, centered on the family's Shabbat meal and then on

the rituals found in his neighborhood synagogue. Somewhere along the way Brooks discovers Mother Teresa and her dedication to the wretched of the earth seen in the ministry of Jesus. It was as Jesus offered himself to the world's nobodies that he fulfilled God's eternal unqualified love for the creation. Brooks eventually discovered the gospel of Matthew which includes the Beatitudes and their formula for living a God-centered life. In these teachings Jesus challenged him not to believe doctrines about him, but to follow him.

This is not a story about conversion from one religion to another. David Brooks remains a Jew, but he has found in Jesus a new invitation to the God-centered life. For him now religious systems are only fingers pointing to that which is ultimate, which is God. And that definition of faith defines most western religious thought.

The louder columnists and commentators scream, the more I am driven back to the quieter testimonies of Bill Moyers and David Brooks.

*"The cries of crashing creeds are heard, on every side they sound. But no age is degenerate in which such lives are found."*

Bill Moyers and David Brooks, thank you.

Contact Charles Bayer at [candwbayer@verizon.net](mailto:candwbayer@verizon.net)

# For the People Act is actually a "For the Democrats Act"

**My Opinion: By D. B. Shimel**

Once again the onerous HR1 bill labeled as "For the People Act" has reemerged in Congress as SR1. If this bill were correctly titled it would be 'For the Democrats Act' as it is intended to keep them in power indefinitely and assure one party rule.

As I have previously written about this bill, a bill that would legalize voter fraud, I will only hit the highlights here so as to provide a basis for my theses, which is; this bill only serves to fortify the Democrat Party and its hold on the government.

Firstly, let me address what part of the Constitution the Democrats used as justification for the creation of this bill.

HR1 referred to Article I (1) section 4 for justification for this bill. I have copied it here for clarification:

**"The Times, Places and Manner of holding Elections for Senators and Representatives, shall be prescribed in each State by the Legislature thereof; but the Congress may at any time by Law make or alter such Regulations, except as to the Places of choosing (sic) Senators."**

The first clause of this Article is considered the primary clause and as such defines the true intent of the Article. The secondary clause - Congress passing laws - was added after much debate over the appropriateness of such a clause. The second clause was only intended to be activated if the states failed to exercise the first clause. During the Constitution ratification debates in 1787 opponents to this hotly contested clause, considered the clause to be unnecessary. The concern of the Anti-Federalists was that

the default prerogatives to Congress would result in Members of Congress manipulating election laws so that they could stay in office indefinitely. How prophetic.

So this where we are today: HR1 and SR1 are blatant attempts by Democrats to assure that they continue to hold power. Here is the rub: Article I paragraph 4 clearly only effects the vote for Congress; the Senate and House. The real effect of these bills would be to override the state laws already in place and bring elections fully under the control of the federal government - that is the Democrat party. Either states would have to adopt these rules universally or create an entirely separate system for presidential and local elections.

These bills would legalize voter fraud by removing voter ID requirements, allowing people who are in this country as undocumented residents the right to vote. Another clause of these bills would mandate that schools create a department charged with promoting the registration of 16 year-olds. But without requiring voter ID who would know if they voted illegally? Per the 26th Amendment only persons who have reached the age of 18 may vote.

Unlimited ballot harvesting would become the law of the land. Also these laws would promote mail in ballots. Ballots would be sent to all people who were ever registered to vote in a district whether they requested an absentee ballot or not. Local jurisdictions could not be required to purge voter rolls of people who have moved or passed away.

Another insult to the states

is that congress would be in control of the boundaries of voting districts. If a state wanted to change a district's boundaries the state would have to get permission from Congress. Fat chance of that happening unless it promoted more Democrat power.

The atrocities I have sighted here are only the tip of the iceberg when it comes to the impacts on voting integrity and fair elections.

In order for this bill to pass in the Senate it would require 10 Republican Senators and all 50 Democrats to vote in favor of the legislation. If this does not happen the Democrats will try to end the Filibuster. If the Democrats try to end the Filibuster Senate Republican leader Mitch McConnell has vowed to have all Republicans leave the Senate Chambers denying them a Quorum thus preventing a vote. We will see what happens.

Should this law pass congress and be signed into law by Biden, several Republican controlled states have vowed a monumental legal battle in the federal courts. Florida's Governor, Ron DeSantis, recently stated that his state will sue the Federal Government the moment that this pernicious bill is signed into law. Be assured that several more Republican controlled states, of which there are currently 30, will join this legal challenge to the Constitution and the Tenth Amendment.

**People who vote decide nothing. People who count the votes decides everything. Joseph Stalin.**

**If these bills become law the Democrats will decide everything.**

# Azusa Votes No Confidence On Gascon

**By Andrew Mendez, Council Member, Azusa**

At the May 3rd Azusa City Council meeting, I directed staff to return with an item enabling discussion of the recent "special directives" issued by L.A. County District Attorney, George Gascon, and place the item on the agenda for discussion of a "No Confidence" vote. Prior to the vote of "No Confidence" on Monday by Azusa Council, eight other cities throughout Los Angeles County had already taken similar action, passing resolutions over concerns with the District Attorney Gascon's current directives. The report was presented to Azusa City Council during the regular meeting on Monday, May 17th for consideration.

The City Attorney, Marco A. Martinez, Best, Best & Kieger prepared several different options for the resolution and Council's discussion and consideration.

SECTION 2A. The City Council of the City of Azusa expresses its concerns regarding the adoption of Los Angeles County District Attorney George Gascon's Special Directives and their impact on public safety in the City of Azusa.

SECTION 2B. The City Council of the City of Azusa expresses its concerns regarding the adoption of Los Angeles County District Attorney George Gascon's Special Directives, their impact on public safety in the City of Azusa and urges the District Attorney to reconsider and immediately repeal their adoption.

SECTION 2C. The City Council of the City of Azusa expresses its concerns regarding the adoption of Los Angeles County District Attorney George Gascon's Special Directives, their impact on public safety in the City of Azusa and affirms a vote of no confidence in Los Angeles County District Attorney George Gascon and his Special Directives.

Concerned residents of Azusa and other surrounding L.A. County cities spoke passionately during Public Comment, urging the Council to take the "No Confidence" ac-

tion. One of the speakers was a woman who was a recent victim of a violent crime. The incident took place last week, when the woman was at an Azusa park with her children. She was approached by a female suspect who demanded the victim give back "her daughter" or she would kill her. The victim told the suspect it was not her daughter. The victim offered the suspect cash and food, with the hope that she would go away. The suspect persisted demanding the victim give her daughter to her or she would kill her. A good samaritan from a nearby church saw the commotion and attempted to intervene. The good samaritan walked the victim away from the park. Unfortunately, the suspect continued following the woman and her two children. The suspect demanded of the victim once more that she give up her daughter. When the victim refused, the suspect stabbed the victim in the neck. The victim explained at the Council Meeting, despite the fact the suspect told her she would kill her, George Gascon's District Attorney's office initially declined to proceed with attempted murder charges against the suspect. In the victim's words, she believes the only reason they are now again considering attempted murder charges, was due to the media coverage over the event.

During the discussion with Council, several concerns were

brought up regarding Gascon's directives that overturn ballot issues approved by the voters. The first was elimination of cash bail, supported by state legislators, and overturned by the voters in the November 2020 election. The death penalty is an issue approved by the voters each time it has been placed on the ballot and Gascon's directives ignore that voice of the people. Three Strikes Law, an enhancement, adds 25 years to life for a three-time offender of a violent or serious crime and has been discounted by Gascon. Council acknowledged Gascon received more votes than incumbent D.A., Jackie Lacey, but the new directives were contrary to voter approved initiatives.

I highlighted the gang war activity going on with multiple violent crimes within the City and the unincorporated area near Azusa. Many of the suspects and victims are under the age of 18. With Special Directive 20-09 specifically, minors could not be charged as adults, even in extreme circumstances. This directive has resulted in juveniles being arrested with loaded and stolen firearms, only to be processed in jail, and then quickly released.

I made a motion to approved resolution 2c, was seconded by Mayor Pro Tem Jesse Avila, and unanimously approved by Azusa City Council to adopt a "No Confidence" vote in L.A. D.A. George Gascon.

**East Valley**  
COMMUNITY HEALTH CENTER

**It's YOUR turn Azusa!**  
COVID vaccine clinic appointments are available at:

**MyTurn.ca.gov**  
(search "Azusa" for locations)

Every Thursday through May at:  
**Memorial Park, Azusa, CA**

Appointments are available on a first come, first served basis. Please find details online as you make your appointment. Eligibility may vary depending on the type of vaccine available.



# Rapidly Rising Prices Increase Inflationary Concerns

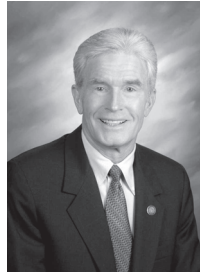
Rising prices are intensifying inflation realities throughout the economy. A growing number of companies warn that supply shortages and increasing demand will result in higher prices. In fact, tight inventories have generated price surges for raw materials, ranging from semiconductors and steel to lumber and cotton and homes. Manufacturers are scrambling to replenish stockpiles to keep up with accelerating demand as eager shoppers take out their stimulus-filled wallets.

As commodities and many materials become more expensive it appears that increasing inflation may be here to stay. Putting it in perspective, a sheet of 3/4" plywood at Home Depot is now selling for around \$60, up from about \$30 before the pandemic - that's a 100% increase. Investors and policymakers alike hope that recent price hikes prove transitory, though it's not likely to be the case considering all of the new federal government "hand-outs". Treasury Secretary Janet Yellen even made waves last week by suggesting tools that could combat an overheating economy.

"Straight price increases will continue to be an important element as we look at the back half of the year" Colgate-Palmolive CEO Noel Wallace told investors after the company's Q1 results. "I anticipate that you'll see more price increases across the sector, given the headwinds that everyone has faced in this space." Many other companies have also warned of price increases and supply chain disruptions on their earnings calls, including Apple, Coca-Cola, Proctor & Gamble and Kimberly-Clark.

Bloomberg News says companies ranging from manufacturers to fast food chains are struggling to find workers, probably due to government programs which pay people not to work. Executives

**In A Nutshell**  
What's up in the Economy?



**KEN HERMAN**  
Economic Analyst  
& Former Glendora Mayor

are increasingly blaming stimulus checks and generous unemployment benefits for hampering hiring efforts. Bloomberg notes that some liberal economists and policy makers don't know that these benefits are the problem.

However, it is noteworthy that those making the most noise about having trouble finding workers are trying to fill positions most likely to pay no more than the enhanced federal government payments. Apparently, many people prefer to be unemployed (and receive government payments) than work in fast food or do other less glamorous work, especially when being unemployed pays about the same and requires no effort. Employment incentive's work, and it is being proven that government sponsored disincentives work even better!

America's inflationary expectations have changed significantly in the past few months! While the magnitude of this transitory shock may have not been expected, the belief that the Fed will or can contain the shock is now being questioned. The Fed never was a producer of miracles.

Capital Markets can also expect some inflation from bottlenecks associated with the pandemic and restarting the global economy, compounded by fiscal and monetary stimulus. Bottleneck inflation is hard to predict, and therefore hard to quantify in advance. If the market is functioning properly there could be

more inflation reflected in the short-term than actually materializes longer term. How much more is tricky to quantify. Also tricky is forecasting when inflation will peak as well as when traders will figure out when it will peak.

There appears to be an infectious disease traveling through the White House called stupidity. The trillions of dollars - more payouts being talked about everyday - will have long-term negative consequences. The big picture is being missed, or the intent is to radically change and weaken America's economy. All this DEBT being created needs to be sold to investors that buy our debt. China has in past Treasury auctions been the largest purchaser of our debt.

If China - or any other country for that matter - stops purchasing our debt, interest rates will seek a level where that debt will be purchased. In other words, interest rates will significantly rise. More negative consequences will affect the value of our dollar, potentially even eventually bankrupting our country. Is one solution to significantly raise taxes? That has dramatic consequences also.

Taking spendable income out of our pockets also stifles economic growth.

Robinhood economics will have significant long-term negative consequences. Redistribution of wealth may sound good to many Americans, but it will come with many undesirable side effects.

There is a strangle hold currently brewing in the Capital Markets, and the current White House just does not get it!!

**LIVE LOCAL, SHOP LOCAL - THIS IS THE TIME OUR MERCHANTS NEED US**

*I welcome your questions and comments:*  
kenherman46@hotmail.com

## Retiring Single: 5 Strategies to Consider

Planning on retiring single? You aren't alone. Nearly 22 million Americans age 65 and older were unmarried in 2019, according to the U.S. Census Bureau, representing 41.5% of those in that age category. And for women, it's more likely to be the case. According to the Administration on Aging, 54% of older women are unmarried, as compared to 30% of older men.

"Retirement planning can be especially challenging for singles, who need to prepare without the decision-making and income support of a partner," says Scott Pedvis, financial advisor, Wells Fargo Advisors.

For those setting a course for solo retirement, Wells Fargo Advisors offers these five tips:

1. Create a fallback plan. Retirees commonly discover a gap between what they thought they'd need for retirement and what's actually needed. And if you're single, you may not have a second income stream to rely on should finances become unexpectedly disrupted. Periodically review your investment portfolio and build backup plans. Such contingency planning could involve more emergency savings and more robust disability and long-term care insurance protection than couples. You could also choose to take a part-time job for extra income.

2. Build a network of advisors. With autonomy sometimes comes a reluctance to seek advice. Consider forming a team of trusted professionals, including a financial advisor, accountant,

attorney and healthcare providers.

3. Count on loved ones—to a point. Friends and family can be a lifeline in good times and times of need. However, ensuring they don't take advantage of your independent status or create serious financial burdens for you is essential. For example, you should take extreme care before turning over financial matters to others. Stay actively involved and work with a trusted team to help make decisions in your best interests. Evaluate the possibility of engaging a corporate trustee to manage finances, should you become incapacitated.

4. Prepare key documents. According to Caring.com, more than half of American adults don't have estate planning documents such as a will or trust. Don't wait. Even if you've put some documents together, they may not ensure your wishes are carried out. Here are the key documents forming the foundation for most estate plans:

- Will
- Power of attorney (POA) for financial matters
- Durable power of attorney for health care
- Health Insurance Portability and Accountability Act (HIPAA) release authorization
- Living will
- Revocable living trust

To prevent confusion and misdirected bequests, carefully designate beneficiaries of IRAs, employer-sponsored retirement plans, insurance policies and annuities. Lay out clear directions for the distribution of remaining assets. Also, don't forget about digital assets and accounts. Will your executor or trustee have proper authority to access and manage those items? Talk to your attorney about keeping digital planning secure and up-to-date.

5. Plan for change. Entering into a committed relationship could mean making adjustments. Look at your insurance coverage, emergency fund and future income plan. Think about having a frank discussion with your new partner about how you'll divide assets in the event of divorce or death. If ex-spouses or children are in the picture, consider managing finances and estate plans separately. With the assistance of your financial advisor and estate-planning attorney, you can establish a basic estate plan, and, as appropriate, discuss other strategies for preserving wealth.

For more expert retirement guidance, visit [wellsfargo.com/advisors](http://wellsfargo.com/advisors). (State-Point)

# Your Money - Ask Julia

*Are mortgage interest rates going to go higher or lower?*

Yes. Mortgage interest rates could go up, and could go down. Recently, mortgage rates have been rising ever so slowly. The probability of them going down is slim because they are already incredibly low. A dip would be brief. We've grown so accustomed to historically low rates that we are becoming greedy. Think about it. Borrowing the amount of money needed to buy a house, at a rate that remains the same for 30-years regardless of changes in the economy, has to have its cost. I recommend you don't wait. Go to [FindAMortgageBroker.com](http://FindAMortgageBroker.com) to locate an independent, non-bank mortgage professional in your area. Be thankful, not greedy.

*We have life insurance policies. And, we have retirement accounts that we haven't looked at for years. We stopped opening our statements because we don't understand them anyway. We've turned 71 years old this year, so we know we need to figure out and pay RMD next year. We really don't know what we have, let alone if our policies expire or when they mature, or even if we have the beneficiaries right. We need help!*

Your situation is more common than you might think. Throughout our lifetimes there are many changes, (address, marriage, divorce, births, deaths, RMD, etc.), so it is wise and



**Julia Yoder**

quite important to periodically review your insurance, investments, and goals. You are doing well to plan ahead for RMD. Your life insurance policies will have your agent's information, the company's contact information, and your policy numbers. If your agent is still an agent, and if you trust him/her, set an appointment. Open the most-recent retirement account statements. Locate and highlight the contact information and account numbers. Make a list of questions you want to ask, with enough room to jot down the answers. Consider having the executor of your estate present when you call each company. For security reasons, the company representative will ask you some personal questions and will verify your policy or account numbers. They might also require follow-up paperwork. You've got this!

*You talk about it, but are there really "safe investments"?*

First of all, the safety of the investments I recommend to my clients depends on the financial strength of the company offering those investment products. Second, although you cannot lose your investment dollars, you also cannot gain all the "ups" of the stock market that these investments mirror (your money is not actually in the stock market). Picture two elevators. One can go all the way up to the penthouse and all the way down to the basement. That elevator is like the stock market; it can capture all the gains and suffers all the losses. Elevator number two can only go up to the 7th floor, for example, and it cannot go lower than ground level. This elevator is like the safe investments I talk about; it can capture some of the gains, but suffers none of the losses. Each policy anniversary, your balance is locked in. Ask yourself which elevator you want a good portion of your investment dollars in.

**Ask Julia by email:**  
[juliyoder@yahoo.com](mailto:juliyoder@yahoo.com)

This is your opportunity to simplify your life by having one professional working personally with you to coordinate your finances, investments, real estate, mortgage, insurance, retirement, and estate plans. CA Insurance 0C83859/Real Estate Broker 01238153/ Member of Nat'l. Ethics Assoc. Accident-Medical-Dental discount plans: [CalStarBenefits.com/28485](http://CalStarBenefits.com/28485)



## THE CAR GURU

**WHAT YOU "AUTO" KNOW**

**By Gene Morrill - Certified Automotive Specialists**

## An Oil Change and Fuel Economy

Usually, when we talk about fuel economy, an oil change isn't at the top of the list of discussion. The manufacturers are requiring lighter and lighter weight engine oil in all vehicles. 5w30 and 5w20 are being replaced with 0w16. I can hardly believe it, as 0w16 is like pouring water, it's so thin.

The reason for the light weight oil is to give better fuel economy to satisfy the CAFÉ (corporate average fuel economy) standards. This standard is set by our state and requires all car manufacturers to average 54.5 MPG by the year 2025. Don't think for a minute that the changes are going to slow down anytime soon.

Believe it or not an oil change

can and will affect your miles per gallon and here is why. Us old guys always grabbed the 20w50 oil for our cars and today two of the most popular oils is 5w20 and 0w30. The comparison would be 20w50 oil will pour like molasses, while 0w20 will pour like water. Thicker oil creates resistance inside the engine, slowing down moving parts and lowering your miles per gallon. A hybrid or very high mile per gallon car can lower mileage by 1 to 2 miles per gallon. We have observed this from some testing that we have done.

Is installing 5w30 oil in a car requiring 5w20 a concern? Yes and no. Yes, because it will affect fuel mileage, sometimes it is noticeable, sometimes not. And no, because using a slightly thicker oil will not hurt the internal engine components at all. Warning!! Thicker is not better, so

please don't use a very thick oil like a 20w50 in a modern car as that will cause issues.

Other ways car makers are working to meet the CAFÉ standards are:

- Using lighter materials
- Turbo chargers
- Gasoline direct injection
- Hybrids
- Smaller engine size
- 10 speed transmissions
- Synthetic oils in transmissions

With all these changes happening today, preventive maintenance is more critical than ever.

Certified Auto Specialists: the friendlier and more helpful auto shop! Feel free to call 626-963-0814 with any questions, and we will be glad to help, or visit our website at [CertifiedAutoCa.com](http://CertifiedAutoCa.com)

**Hometown Service You Can Count On!**

## Emergency Broadband Benefit Program Opens For Enrollment

The Emergency Broadband Benefit is an FCC program to help households struggling to pay for internet service during the pandemic. This new benefit will connect eligible households to jobs, critical healthcare services, and virtual classrooms.

As of Wednesday, May 12, eligible households will be able to enroll in the program to receive a monthly discount off the cost of broadband service from an approved provider. Eligible households can enroll through an approved provider or by visiting [GetEmergencyBroadband.org](http://GetEmergencyBroadband.org).

The Emergency Broadband Benefit will provide a discount of up to \$50 per month towards broadband service for eligible households and up to \$75 per month for households on Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute \$10 to \$50 toward the purchase price.

The Emergency Broadband Benefit is limited to one monthly service discount and one device discount per household.

### PACK THE PATROL CAR FOR BACK TO SCHOOL!



Help the Glendora Police Department fill our patrol cars with back to school supplies for Glendora students in need!

To see a complete list of items needed, or if you have any additional questions, please contact Community Services Officer Nita Ulloa at 626-914-8268, or [nulloa@glendorapd.org](mailto:nulloa@glendorapd.org).

**To Advertise In The San Gabriel Valley Examiner CALL 626-852-3374**



# Around the Valley & Senior News

## Europeans Think We are Freaks for Being Obese

As many of you may know, I'm a big guy. I've got myself overweight and I still like to eat. Not only is being overweight a health issue, but it's also a logistical issue many times over. For example, I have a couple of high-end sports cars that I think are built for little people. But I just have to have them, and getting in and getting out can be a challenge at times.



**George Ogden**  
*That's just the way it is!*

In the Scandinavian countries including England and Ireland I would be considered a fat freak. Those people in Europe think that the entire population in America is an obese Society. And basically they are correct. In a recent video sent to me by a friend from Ireland, which took me on a tour and I was extremely shocked at how the people are there. You hardly see an overweight person. The girls are usually dressed very nicely from casual to business and they mostly are in skirts and dresses. This is in all ages. The guys for the most part are dressed pretty good. As for the young girls and the women, you hardly see any tattoos or those facial piercings. Their casual attire such as dresses and skirts could actually bleed over into the cocktail hour. When I compared the people of our country to all of the Scandinavian countries out there, there is actually no comparison as to which people are fit and best dressed.

Here in the land of the big people, I don't care much when I see what other big people do, knowing that they are big and will do something stupid. You see big people doing things they shouldn't be doing at all. Sometimes they think it's funny. But

when it has a chance to hurt themselves, or somebody else or damage property they should rethink this.

If you haven't seen this in person, I'm sure you've seen it on YouTube or something similar to that. A big person getting on a kid's toy and trying to ride it only to have it crumble under them and crush it to pieces. Whoever it belonged to, no longer has it and whoever paid for it has just lost their money. Most of the time you see the big people try to go down a slide for the kids. I'll guarantee you that is the last time anybody uses that slide. I see big people trying to get on a horse for example, and that horse doesn't appreciate it and often times they get bucked off and they get hurt. There was a case where two large women tried to use a horse to cross a river and the horse couldn't maintain the extra weight and slipped on the rock and fell. It fractured its leg and the horse had to be put down. There was absolutely no reason for this. Somebody wasn't using their common sense.

Even one of the largest airlines in the world, Airbus, had to restructure their aircraft for Americans flying in their planes. Large people couldn't be accommo-

dated in the seating which is made to accommodate most regular sized people from around the world. I have to tell you, it was rather embarrassing when I was flying to Texas for a sit-down dinner in a free state, that when I tried to use the seat belt on the plane it was too small and I had to request the stewardess to get me an extension. Now that was embarrassing.

I was a lightweight when I was in the Army and I came out at about 190 lb. I can guarantee you I weigh more than that now.

As for me being overweight like I am, I can tell you that it's causing health problems for me. I get run down easily. I don't dare fall down because there's not a chance that there will be a fork-lift around to help me up. I had taken some medication that caused my ankles to swell up horribly bad and separated all my joints. I could hardly walk. It took me about two years to get through this and at times it is still painful. The long healing period was because of the "extra" weight. If I sleep wrong, again I have back issues.

It's not fun getting old especially when you're overweight. Finding clothes is a problem. They cost more. Fitting into certain places doesn't always work. I don't dare try to squeeze into a booth at a restaurant anymore. I can't tell you what happened to us, or most of us but obesity has become a big problem. Sadly, I'm part of that problem. It's sad to say, I think we are all set in our ways and things just really aren't going to change. Looks like those Europeans are right.

*"That's just the way it is!"*

## Merritt's Ace Hardware Donates 250 Flags to the West Covina VFW

By George Ogden

WEST COVINA - Merritt's Ace Hardware of La Puente donated 250 flags to the VFW Post 8620 in West Covina. The VFW will make the flags available to the public on a first

come first serve basis. They are accepted at most cemeteries to be placed at a veteran's grave. The VFW is inviting you to come by and pick them up at the Post and have a cold one while you are at it. VFW Post

8620 is located at 2328 W Merced Ave, West Covina

Merritt's Hardware is doing this in honor of Memorial Day. The VFW and its members express their gratitude and appreciation for their donation.

## West Covina Post Office Re-Opens After Two-Year Closure

By George Ogden

WEST COVINA - The West Covina Post Office is open again with regular hours. The U.S. Flag along with the POW-MIA flags are flying outside of the facility. The out-

door drop-off boxes are not in place. It is believed that they will not be put back into service because of the transients and homeless trying to steal the mail that is dropped off. The post office will have its regular

hours as before with drop-off boxes inside.

The West Covina post office at 396 S. California Ave. has been closed since March 19, 2019, due to structural damage caused by water leakage.

## Holden's Upward Mobility Act of 2021 Passes First Policy Committee

SACRAMENTO—Assemblymember Chris Holden's legislation, the Upward Mobility Act of 2021, Assembly Bill 105 that addresses barriers to upward mobility and inclusion for people of color working in California's civil services system passed the Assembly Committee on Public Employment and Retirement.

"Upward mobility is integral to achieving racial justice, and we should be setting the example," said Assemblymember Chris Holden. "The existing systems in place at our own state agencies fail to create inclusive workplace environments, and hinder qualified individuals to move on up within their department simply based on the color of their skin."

Data from the California Department of Human Resources reports shows that the majority of Non-White civil service personnel are paid a salary in the "\$40,000 and below" range, but when the salary range increases, the percentage of Non-White civil servants moving into management positions decreased. The exact opposite takes place for White civil servants.

The Sacramento Bee has published a series of letters written on behalf of Black employees working at state agen-

cies such as the California Air Resources Board (CARB) and the California Department of Corrections and Rehabilitation with detailed accounts of how Black employees are passed up for promotions over White employees. The problem, however, is not limited upward mobility. In early November, three Black employees at the California Office of Publishing found racial slurs written on cards at their desk.

"We already mandated the private sector to do their part. It's high time for the state to step up and do theirs," said Holden.

AB 105 requires diversity on all state boards and commissions that have volunteers. The bill would also reform processes that hinder upward mobility for people of color in the civil service system, giving attention to compliance, the appeals process, and annual parity goals for upward mobility.

In September 2020, California took a bold step to address racial inequity in the private sector when Governor Newsom signed AB 979 (Holden) that requires diversity on corporate boards of corporations based in California – a policy that will help drive upward mobility for people of color.

AB 105 will next be heard

in the Assembly Appropriations Committee.

Specifically AB 105 would:

- Require the California State Personnel Board (SPB) to establish a process that includes diversity and best practices in each aspect of the design, announcement, and administration of examinations for the establishment of employment lists.

- The bill provides that the Department of Human Resources (CalHR) may develop model upward mobility goals to include race, gender, and LG-BTQ as factors to the extent permissible under state and federal equal protection laws.

- Require that CalHR submit within its annual workforce analysis and census report all of the adverse actions taken by departments against employees. It calls for the report to include the type of adverse action, ethnicity, gender, and sexual orientation, if available. The goal is to see if there are patterns of discrimination in the departments.

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### STATEPOINT CROSSWORD

#### ACROSS

- Ivory, in the bathroom
- Letter of the \_\_\_\_
- Kiln for drying hops
- Marine eagle
- Muffin Man's Drury
- Zest
- Landlord's collection
- Chieftain in Arabia
- Frequently precedes "nonsense"
- \*Tabletop fun (2 words)
- Passage in a coal mine
- Clear the whiteboard
- Sean's mom Yoko
- Alpine structure
- Slabbered
- Clothing border
- Incense burning container
- Gauche or Droite, in Paris
- In a frenzy
- Unagi
- Fancy necktie
- Eye protection, sing.
- Not dangerous to health
- Dwight the President
- Worked the dough
- \*Screen-free message
- Hairpiece, slangily
- Libra symbol
- Buenos \_\_\_\_
- \*Dirty hobby?
- African prairie
- Like family lore
- Don't let it hit you on your way out
- \*Ten-pin establishment
- Challenge
- Purse to match a gown
- Lake of Scottish lore
- \*Between 'game' and 'match'
- Deliver a tirade

#### DOWN

- Belgrade native
- Dessert sandwich
- Pavlova, e.g.
- Tube-nosed seabird
- Tibetan priests
- Japanese cartoon
- Used to be
- \*Explore the great \_\_\_\_
- \_\_\_\_ spumante
- Editor's mark
- Craggy peak
- Official emissary
- Bird-deposited fertilizer
- Same as schlock
- Famous Bobby, on ice
- \*Sidewalk art medium
- Macho man
- \*Tell jokes, e.g.
- Sub station
- Permissible
- Extract a memory, e.g.
- Try to prevent
- It's not a want

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CROSSWORD													
1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
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59							60				61		
62							63				64		

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- \_\_\_\_ Bernie Sanders, abbr.
- \*Guessing game
- Administer an oil
- "Don't make me \_\_\_\_!"
- With pleasure
- Full of bunnies?
- Full of gentleness
- Ranee's wrap
- \*Macrame or wood carving,
- e.g.
- Expunge
- Bodily disorders
- Hermes and Apollo
- 'I' in Greek alphabet
- Person, place or thing
- John Wayne's "True \_\_\_\_"
- Delivery vehicle

### May 13, 2021 Puzzle Solution

T	A	C	H		S	O	B		B	E	R	N						
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O	S	L	O							H	A	S			T	E	N	T

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# Eight Arrested at Glendora Police DUI Checkpoint



Photo courtesy of the Glendora Police Dept.

DUI checkpoint at Grand Ave and Mauna Loa Ave.

**GLENDORA** – One driver was arrested for DUI, and seven others were arrested for other offenses, while conducting a DUI checkpoint on May 14, 2021 in Glendora.

The checkpoint was held at Grand Ave and Mauna Loa Ave from 6:30 pm to 1:30 am. Fourteen drivers were cited for operating a vehicle unlicensed or with a suspended/revoked license, and over 750 vehicles were contacted.

Checkpoint locations are based on a history of crashes and DUI arrests. The primary purpose of checkpoints is not to make arrests, but to promote public safety by deterring drivers from driving impaired.

The Glendora Police Department is committed to keeping the public safe when they are traveling.

The Glendora Police Department will hold another DUI/Driver's License checkpoint in August of this year.

Funding for this checkpoint was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

# Man Arrested For Stealing Catalytic Converter in La Verne

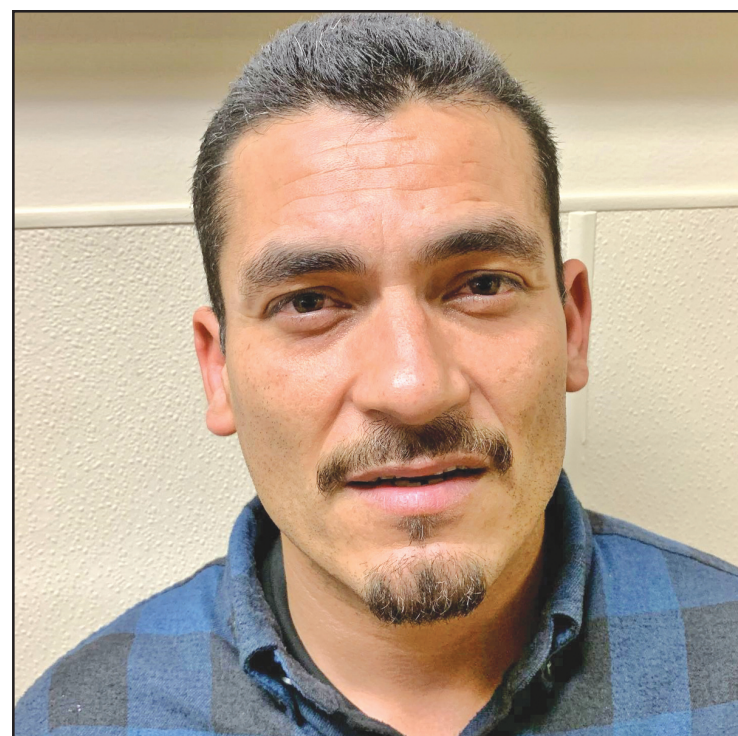
**LA VERNE** - On Wednesday, May 12, an alert resident observed a suspicious male under a neighbor's van. The resident contacted the La Verne Police Department as the suspect quickly fled the area towards the La Verne Police Department.

Officers quickly identified the male's vehicle based off of the detailed description provided by the resident and conducted a traffic stop of the vehicle.

Tools commonly used in the theft of catalytic converters were identified and found in plain view. Officers searched the vehicle and discovered a suitcase containing a freshly cut catalytic converter along with additional power tools and extra batteries.

The subject, identified as Tony Contreras Farias, 37, of Los Angeles, was taken into custody and is being booked on felony charges.

Thanks to the alert resident for seeing something and saying something! Reminding residents that if you see suspicious activity, call 909-593-2531.



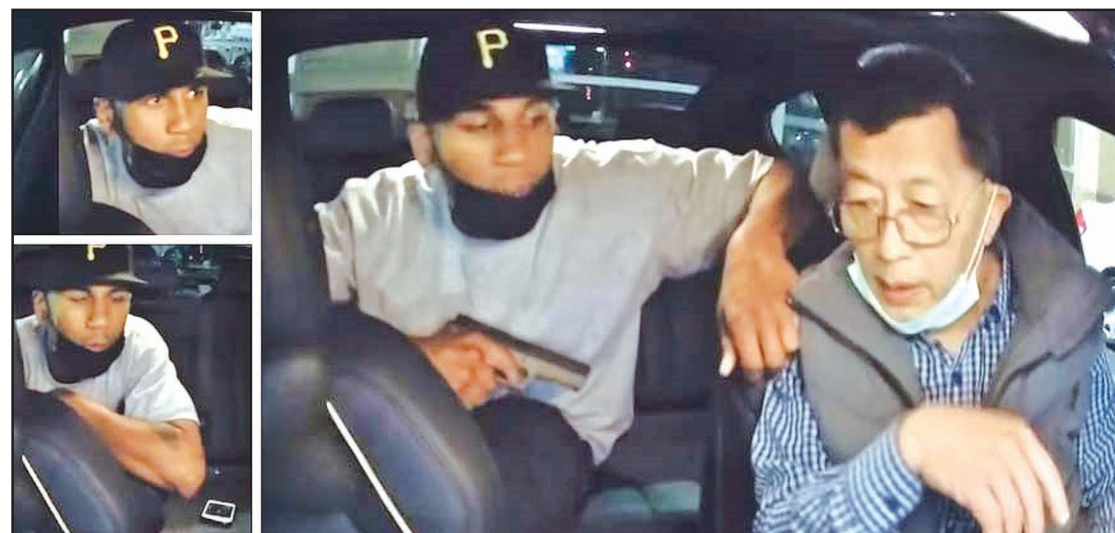
Tony Contreras Farias



Catalytic converter along with additional power tools and extra batteries found in the suspect's car.

Photos courtesy of the La Verne Police Dept.

# Asian Lyft Drive Pistol Whipped and Robbed in South El Monte



Lyft driver is robbed and beaten with a pistol by either a male black or Hispanic man

By George Ogden  
SOUTH ELMONTE - A Lyft

driver who was waiting for his next job was robbed and beaten

with a pistol by either a male black or Hispanic man. Dashcam footage shows the Lyft driver being pistol-whipped and robbed of cash and his cellphone.

Paul Liao, 67, said he was working Monday night, May 10, when a man jumped into his car at an Arco station in South El Monte and robbed him at gunpoint. The man grabs Liao's phone and Liao hands over his money. The video also shows the man hitting Liao twice in the face with the gun, which bloodied and broke his nose.

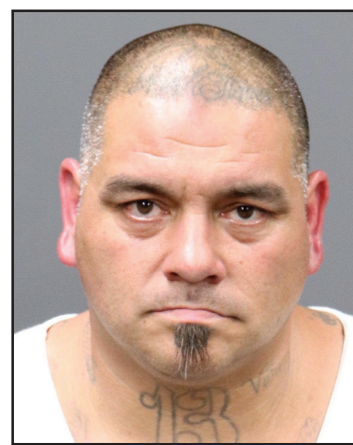
The man asked Liao, who is Taiwanese, if he was from China a number of times. He told the robber he was from Taiwan.

There was a Go Fund Me set up to cover the medical bills which was expected to be about \$3,000. Lyft has stated that they want to cover the bills. However, that Go Fund Me fund has generated a huge amount of money and is headed for the 6-figure bracket. It appears that there may be some rather large rewards for the capture and arrest of this individual.

The description of the man is 5'8" to 5'10" about 160 to 170 lbs. He has a dark complexion and is either Hispanic or Black. He has a tattoo on his left arm between the elbow and his wrist. He wore a black cap with the letter P on it.

The Temple City Sheriffs are investigating the crime. Most likely the charges will be: robbery, assault with a deadly weapon, battery with a deadly weapon, use of a deadly firearm while in commission of a crime, elder abuse, hate crime, racial attack, and attempted carjacking.

The Sheriff's Dept. considers the man armed and extremely dangerous. If you see him, call the police.



Eugene Hall

# Traffic Stop Yields 50 Grams of Meth

**IRWINDALE** - A traffic stop by an Irwindale Police Officer Monday afternoon, May 10 resulted in a narcotics arrest and the seizure of nearly 50 grams of Methamphetamine.

Eugene Hall, 47-years-old of Irwindale, was booked at our jail for vehicle code and drug related crimes. He was later released with a citation to appear in court on a future date.

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# New Hope for People with Alzheimer's Disease

There could be promising news for the more than six million Americans living with Alzheimer's disease and the people who care for them.

**The Problem**

Although nearly one in every three people will eventually be afflicted and it's the third leading cause of death of older adults in the U.S. (surpassed only by heart disease and cancer in non-pandemic years), there may be effective treatments on the horizon.

**An Answer?**

One contender is about to start a Phase I clinical trial. It's a novel drug known as NVG-291 and it's designed to repair damaged nerves. Originally developed by NervGen Pharma Corp. (TSX-V: NGEN) (OTCQX: NGENF) to treat spinal cord injury, it soon became apparent that the drug may be healing nerve damage at a biologically fundamental level. That suggests it can also help people who have multiple sclerosis and Alzheimer's disease.

**Why It May Work**

According to NervGen President & CEO Paul Brennan, NVG-291 is a truly unique and logical approach to treating Alzheimer's disease patients. "What differentiates NVG-291 from other drugs in development is that it leverages multiple mechanisms for repairing nerve damage," he explains, "while most others focus on a single approach. Alzheimer's disease is a complex condition and likely caused by multiple factors. We believe that a systems approach to treating the disease is an important distinction."

NVG-291 is designed to achieve this by liberating the body's own repair mechanisms to accelerate nerve repair.

When nerve damage occurs, either as a result of an injury or disease, molecules called chondroitin sulfate proteoglycan, or CSPG, accumulate and inhibit the body's ability to repair itself. NervGen's technology is designed to counteract this inhibition and result in the initiation of multiple repair mechanisms, including nerve regeneration and remyelination - the repair of the protective coating of the nerves. It should also improve plasticity, which is where surviving nerves take on additional function.

There are two additional mechanisms that are seen to be very important in treating Alzheimer's disease. Data in animal studies show that inflammation in the immune cells of the brain is reduced and autophagy, a cellular cleaning mechanism necessary for healthy neurons, is promoted. Researchers believe the same nerve-rejuvenating biotechnology can be adapted to remedy this mind-desecrating disease.

Currently approved Alzheimer's disease drugs merely address symptoms, whereas NVG-291 should act

at a more fundamental level to let normal repair mechanisms kick in to create a favorable environment for nerves to grow and form entirely new nerve connections, according to Brennan.

The ability to bring to bear numerous mechanisms of repair, including two that are increasingly viewed as critical to addressing Alzheimer's disease, represents an unprecedented medical breakthrough.

**Learn More**

For further facts on the clinical trials and NervGen, visit [www.nervgen.com](http://www.nervgen.com). (NAPSI)

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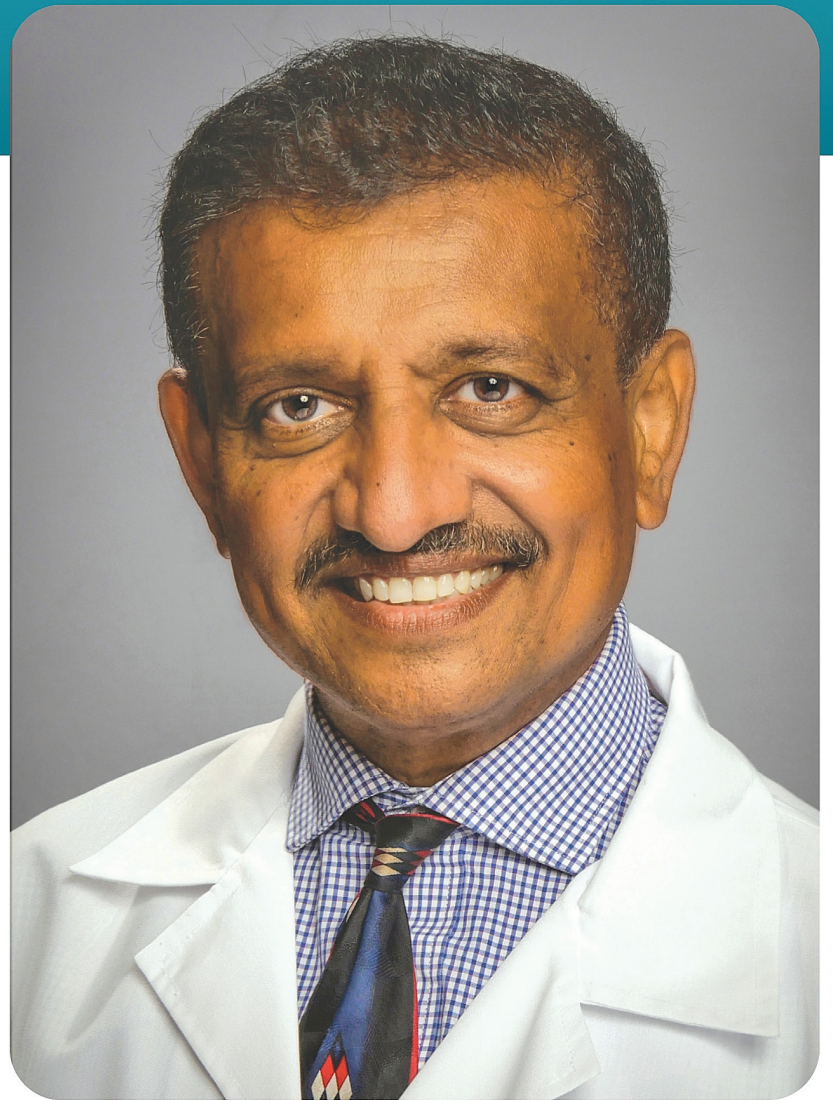
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